

Lugar	Dorsal	Licença	Nome	Género	Escalão	Nome do Clube	Natação	Ciclismo	Corrida	Total
1	3140	100783	Tiago Maia	M	SEN	Sport Lisboa e Benfica	00:08:20	00:39:45	00:17:13	01:05:18
2	3412	100436	Rui Dolores	M	SEN	AMICICLO GRÂNDOLA	00:10:44	00:39:34	00:16:39	01:06:57
3	5103	0	CRISTOBAL DIOS RIOS	M	SEN	A.D. TRI-PENTA TERRAS DE LUGO	00:08:57	00:41:50	00:16:37	01:07:24
4	1118	101538	Guilherme Pires	M	CAD	Clube de Triatlo do Fundão	00:08:06	00:42:15	00:17:39	01:08:00
5	5000	0	DAVID LANDEIRA CASTRO	M	SEN	ASOCIACION DEPORTIVA MEDIA DUCIA	00:09:48	00:42:19	00:17:05	01:09:12
6	5218	0	DIEGO JESUS SOTELO FERNANDEZ	M	V1	C. TRIATLON OURENSE	00:08:21	00:41:47	00:19:06	01:09:14
7	5332	0	JAVIER FERNANDEZ FERNANDEZ	M	SEN	TRIATLON VILAGARCIA /ATENAS RUNNING	00:11:18	00:41:48	00:16:54	01:10:00
8	3261	100588	Nuno Preciado	M	SEN	SFRAA TRIATLO	00:11:19	00:42:08	00:16:58	01:10:25
9	3232	103128	David Coelho	M	SEN	SFRAA TRIATLO	00:13:18	00:41:43	00:15:39	01:10:40
10	5582	102465	Antonio Barata	M	CAD	GCA Donas - TRIATLO	00:10:57	00:42:29	00:17:14	01:10:40
11	5314	0	VICTOR ALONSO SAA	M	SEN	CLUB ATLETISMO PORRIÑO	00:09:01	00:43:36	00:18:16	01:10:53
12	3305	101551	Roger Vicente	M	SEN	GCA Donas - TRIATLO	00:14:20	00:41:06	00:16:52	01:12:18
13	3318	101515	Leandro Pinto	M	SEN	Mc Donald's/Tribraga	00:10:51	00:42:51	00:18:39	01:12:21
14	3141	100894	Luís Fernandes	M	SEN	Byke Mania - Frankfurt - CPA	00:12:08	00:42:55	00:17:32	01:12:35
15	4710	101553	Sérgio Santos	M	V1	GCA Donas - TRIATLO	00:13:17	00:43:05	00:17:10	01:13:31
16	5189	0	RAUL BLANCO PORTO	M	S23	A.D. TRI-PENTA TERRAS DE LUGO	00:08:42	00:47:21	00:17:31	01:13:34
17	3594	101996	Rui Viana	M	V1	Pedalarte	00:11:32	00:43:44	00:18:19	01:13:35
18	5316	0	DAVID SANISIDRO REGO	M	SEN	CLUB NATACION RIVEIRA	00:11:00	00:44:47	00:17:50	01:13:37
19	4316	101992	Pablo Menendez	M	V1	Pedalarte	00:10:54	00:44:11	00:18:53	01:13:58
20	4146	101513	José Filipe Afonso	M	V1	Mc Donald's/Tribraga	00:12:02	00:43:59	00:18:11	01:14:12
21	5328	0	CARLOS GARCIA BLANCO	M	V1	TRIATLON VILAGARCIA /ATENAS RUNNING	00:10:39	00:44:41	00:19:06	01:14:26
22	3631	101998	V BARBOSA	M	SEN	Pedalarte	00:10:01	00:44:43	00:19:50	01:14:33
23	5323	0	PABLO PEDROSA PAZ	M	JUN	TRIATLON FERROL	00:08:48	00:47:37	00:18:09	01:14:34
24	3712	103805	Carlos Sousa	M	SEN	Varzim Sport Club	00:15:41	00:40:35	00:19:02	01:15:18
25	5333	0	RAMON VALIÑAS MARTINEZ	M	V1	TRIATLON VILAGARCIA /ATENAS RUNNING	00:10:13	00:44:44	00:20:23	01:15:20
26	4190	101534	António Catarino	M	V2	Clube de Triatlo do Fundão	00:13:31	00:42:23	00:19:54	01:15:48
27	3369	103463	Ildefonso Mendonca	M	SEN	Byke Mania - Frankfurt - CPA	00:13:05	00:41:59	00:20:46	01:15:50
28	4284	100423	Emanuel Matos	M	V1	Varzim Sport Club	00:13:08	00:45:01	00:18:08	01:16:17
29	5315	0	ALBERTO FERNANDEZ ENCINA	M	SEN	CLUB DEPORTIVO TRIATLON BIERZO	00:11:30	00:46:51	00:18:10	01:16:31
30	3630	103766	João Tinoco	M	SEN	Individual	00:13:14	00:45:03	00:18:37	01:16:54
31	5535	0	Pedro Silva Santos	M	V1	X Não Federado	00:13:03	00:45:23	00:18:28	01:16:54
32	3613	100258	Rui Pina	M	SEN	Byke Mania - Frankfurt - CPA	00:12:21	00:45:53	00:18:41	01:16:55
33	5331	0	JAIME VAZQUEZ MEIJIDE	M	V1	TRIATLON VILAGARCIA /ATENAS RUNNING	00:10:32	00:48:52	00:17:40	01:17:04
34	4472	100570	Carlos Fernandes	M	V1	SFRAA TRIATLO	00:10:38	00:48:17	00:18:12	01:17:07
35	1624	101688	Pedro Pencas	M	JUN	Escola Triatlo Santo António Évora	00:10:51	00:46:40	00:19:41	01:17:12
36	1144	100842	Rodrigo Amoreira	M	CAD	GCA Donas - TRIATLO	00:12:17	00:45:05	00:19:52	01:17:14

Lugar	Dorsal	Licença	Nome	Género	Escalão	Nome do Clube	Natação	Ciclismo	Corrida	Total
37	4825	101514	Jose Ferreira	M	V1	Mc Donald's/Tribraga	00:11:42	00:45:45	00:19:50	01:17:17
38	4520	101554	Vítor Delgado Pereira	M	V1	Clube de Triatlo do Fundão	00:11:21	00:46:02	00:19:54	01:17:17
39	5297	0	ESTEBAN MARTIN ALVAREZ	M	S23	C. TRIATLON OURENSE	00:11:04	00:47:47	00:18:28	01:17:19
40	3519	102340	Ricardo Franco	M	SEN	Clube de Triatlo do Fundão	00:12:41	00:43:10	00:21:56	01:17:47
41	1570	103380	Pedro Manuel Silva	M	JUN	Escola do Movimento	00:08:36	00:51:25	00:17:47	01:17:48
42	4402	100426	Joaquim Carlos Lopes	M	V1	Mc Donald's/Tribraga	00:15:09	00:45:54	00:16:56	01:17:59
43	5312	0	FRANCISCO JAVIER RODRIGUEZ FERNANDEZ	M	V2	CLUB ATLETISMO PORRIÑO	00:10:37	00:46:22	00:21:04	01:18:03
44	3231	102886	João Pires	M	SEN	Clube Triatlo de Abrantes	00:11:44	00:47:24	00:18:57	01:18:05
45	5216	0	SILVIA DEIRA BARCALA	F	V1	ARCADE INFORHOUSE SANTIAGO	00:10:14	00:47:20	00:20:37	01:18:11
46	5320	0	JOSE LUIS ABADIN IGLESIAS	M	SEN	TEAM CORBELO	00:10:56	00:47:00	00:20:40	01:18:36
47	3230	103353	João Jesus	M	SEN	AMICICLO GRÂNDOLA	00:16:10	00:44:16	00:18:13	01:18:39
48	2126	100434	Rita Maria Lopes	F	S23	Mc Donald's/Tribraga	00:10:20	00:48:24	00:20:01	01:18:45
49	4124	101505	André Peixoto	M	V1	Varzim Sport Club	00:11:39	00:46:30	00:20:52	01:19:01
50	5325	0	ALFONSO AGRASO TORRES	M	SEN	TRIATLON O TREITO	00:12:58	00:45:55	00:21:18	01:20:11
51	5158	0	MARCOS RODRIGUEZ BALIÑA	M	V1	A.D. TRI-PENTA TERRAS DE LUGO	00:09:40	00:50:36	00:20:07	01:20:23
52	4644	101543	Luís Gonçalves	M	V1	Clube de Triatlo do Fundão	00:10:43	00:50:27	00:19:39	01:20:49
53	3596	101993	Paulo Bouça	M	SEN	Pedalarte	00:13:11	00:45:00	00:23:08	01:21:19
54	4127	101031	Emanuel Marque	M	V2	Associação Académica de São Mamede	00:11:06	00:50:49	00:19:43	01:21:38
55	3020	101518	Rui Barbosa	M	SEN	Varzim Sport Club	00:11:07	00:49:49	00:20:48	01:21:44
56	1209	103314	Ruben Venancio	M	CAD	GCA Donas - TRIATLO	00:08:56	00:50:16	00:22:46	01:21:58
57	3413	101036	Joana Cunha	F	SEN	Associação Académica de São Mamede	00:11:56	00:47:56	00:22:36	01:22:28
58	5401	103489	Vítor Silva	M	SEN	Pedalarte	00:11:41	00:50:44	00:20:08	01:22:33
59	5337	0	BENITO URGAL DOMINGUEZ	M	V1	X Não Federado	00:12:40	00:46:54	00:23:07	01:22:41
60	5322	0	JUAN IGNACIO GARCIA VALLEJO	M	V1	TRI OURENSE	00:12:34	00:49:59	00:20:25	01:22:58
61	4914	103698	Analberto santos	M	V1	Individual	00:13:08	00:50:08	00:19:59	01:23:15
62	5574	0	Marco Silva	M	SEN	X Não Federado	00:13:10	00:48:22	00:21:47	01:23:19
63	5338	0	Carvalho	M	S23	X Não Federado	00:09:51	00:53:17	00:20:29	01:23:37
64	4774	100417	Aníbal Oliveira	M	V1	AMICICLO GRÂNDOLA	00:13:17	00:44:31	00:26:01	01:23:49
65	5319	0	AIDA GARCIA LOPEZ	F	V1	OLIMPICO DE VEDRA	00:12:06	00:51:44	00:20:12	01:24:02
66	1651	102467	Ricardo Sousa	M	JUN	GCA Donas - TRIATLO	00:13:12	00:52:38	00:18:16	01:24:06
67	4529	103770	Gonçalo Mota	M	V1	Individual	00:16:00	00:48:13	00:20:29	01:24:42
68	5208	0	ROBERTO PICON ESPÍÑO	M	SEN	ARCADE INFORHOUSE SANTIAGO	00:13:11	00:52:27	00:19:19	01:24:57
69	5313	0	LUIS ALBERTO DIAZ PORTAS	M	V1	CLUB ATLETISMO PORRIÑO	00:10:48	00:53:27	00:20:53	01:25:08
70	5409	0	José Gonçalves	M	V1	X Não Federado	00:11:54	00:54:22	00:19:09	01:25:25
71	5329	0	FRANCISCO JAVIER REY PADIN	M	V1	TRIATLON VILAGARCIA /ATENAS RUNNING	00:14:17	00:51:21	00:20:13	01:25:51
72	1219	103028	Tiago Sousa	M	CAD	Clube Triatlo de Abrantes	00:12:29	00:52:22	00:21:33	01:26:24

Lugar	Dorsal	Licença	Nome	Género	Escalão	Nome do Clube	Natação	Ciclismo	Corrida	Total
73	4185	101049	Nuno Barros	M	V1	Associação Académica de São Mamede	00:09:59	00:52:35	00:24:01	01:26:35
74	1145	102562	Abilio Dias	M	CAD	GCA Donas - TRIATLO	00:18:36	00:48:57	00:20:00	01:27:33
75	5300	0	MODESTO ARAUJO DOMINGUEZ	M	V2	CLUB TRIATLON MAR DE VIGO	00:13:48	00:52:46	00:21:04	01:27:38
76	5317	0	DIEGO FERNANDEZ MAROTO	M	SEN	C. TRIATLON OURENSE	00:10:34	00:53:04	00:24:03	01:27:41
77	5451	0	MONTERRAT MARTINEZ ALONSO	F	SEN	X Não Federado	00:15:17	00:46:20	00:26:14	01:27:51
78	5207	0	FRANCISCO JAVIER IGLESIAS PRADO	M	V1	ARCADE INFORHOUSE SANTIAGO	00:16:09	00:49:52	00:22:42	01:28:43
79	1529	101645	Ana Torres	F	JUN	Escola Triatlo Santo António Évora	00:14:08	00:53:16	00:21:52	01:29:16
80	5381	0	JAVIER ESTEFANELL UCHA	M	SEN	X Não Federado	00:12:11	00:55:17	00:22:05	01:29:33
81	4827	103240	Adolfo Ribeiro	M	V1	Mc Donald's/Tribraga	00:12:31	00:57:56	00:19:23	01:29:50
82	5551	0	Vítor Torres da Silva	M	V1	X Não Federado	00:13:56	00:55:23	00:21:58	01:31:17
83	5418	0	JUAN CARLOS LOMBA QUEIRUGA	M	SEN	X Não Federado	00:13:41	00:55:05	00:23:03	01:31:49
84	4432	101541	João Matos	M	V1	Clube de Triatlo do Fundão	00:12:27	00:55:39	00:24:02	01:32:08
85	5302	0	JOSE MANUEL MERA ALONSO	M	V1	CIDADE DE LUGO FLUVIAL	00:18:08	00:54:48	00:21:27	01:34:23
86	1620	103037	Rute Leonardo	F	JUN	Clube Triatlo de Abrantes	00:10:11	00:58:28	00:25:50	01:34:29
87	4020	103503	Ricardo Neves	M	V1	Mc Donald's/Tribraga	00:15:37	00:54:34	00:24:43	01:34:54
88	4571	101957	Amândio Norberto	M	V3	Leões do Sul	00:15:51	00:56:50	00:22:49	01:35:30
89	5433	0	MANUEL LORENZO MEJUTO	M	V1	X Não Federado	00:14:00	00:58:15	00:23:45	01:36:00
90	1193	103067	Marco Calado	M	CAD	Escola Triatlo Santo António Évora	00:11:46	01:03:51	00:20:27	01:36:04
91	4748	102218	Nuno Fernandes	M	V1	Clube Triatlo de Abrantes	00:15:09	00:56:25	00:27:23	01:38:57
92	5003	0	JOSE HERMINDO PRIETO GARCIA	M	SEN	ASOCIACION DEPORTIVA MEDIA DUCIA	00:18:17	00:54:56	00:26:22	01:39:35
93	749	103010	Pedro Lagarto	M	CAD	Escola Triatlo Santo António Évora	00:10:53	01:04:34	00:24:22	01:39:49
94	5578	0	Henrique Baixinho	M	V2	X Não Federado	00:14:40	01:04:09	00:22:42	01:41:31
95	5543	0	Ricardo Pereira	M	SEN	X Não Federado	00:13:50	01:06:25	00:21:18	01:41:33
96	5547	0	Rui Ramos	M	SEN	X Não Federado	00:15:51	01:01:46	00:24:29	01:42:06
97	5308	0	ALICIA ARAUJO LOPEZ	F	SEN	CLUB ATLETISMO PORRIÑO	00:13:28	01:04:00	00:24:44	01:42:12
98	4868	103332	José Venda Lira	M	V1	Individual	00:15:44	01:01:55	00:25:43	01:43:22
99	5538	0	Raul Pereira Fernandes	M	V3	X Não Federado	00:19:59	01:01:37	00:23:24	01:45:00
100	5442	0	MARIA DELCARMEN LORENZO LODEIRO	F	SEN	X Não Federado	00:17:06	00:58:25	00:30:26	01:45:57
101	4558	101545	Maria João Rico	F	V1	Clube de Triatlo do Fundão	00:18:43	01:09:00	00:22:28	01:50:11
102	5549	0	SOFIA RODRIGUEZ GOMEZ	F	SEN	X Não Federado	00:16:11	01:10:33	00:25:52	01:52:36
103	5581	0	Ana Guedes	F	V1	X Não Federado	00:15:17	01:15:02	00:27:04	01:57:23
	3708	100835	Octávio Vicente	M	SEN	Byke Mania - Frankfurt - CPA	DNS			
	3729	102513	Guilherme Vieira	M	SEN	Varzim Sport Club	DNS			
	4521	101552	Rogério Pires	M	V1	Clube de Triatlo do Fundão	DNS			
	4627	101509	João Ferreira	M	V1	Mc Donald's/Tribraga	DNS			
	4631	101868	João Correia	M	V1	SFRAA TRIATLO	DNS			

Triatlo de Vila Nova de Cerveira  
Triatlo da Amizade Ibérica  
18 de Setembro de 2016  
Geral Individual



Lugar	Dorsal	Licença	Nome	Género	Escalão	Nome do Clube	Natação	Ciclismo	Corrida	Total
	5127	0	LUIS MIGUEL VELASQUEZ RAMOS	M	S23	A.D. TRI-PENTA TERRAS DE LUGO	DNS			
	5309	0	DAVID DOMINGUEZ MARIÑO	M	SEN	CLUB ATLETISMO PORRIÑO	DNS			
	5318	0	ALEXANDRE RODRIGUEZ PAZ	M	SEN	CLUB TRIATLON MORRAZO	DNS			
	5326	0	ANDRES LOPEZ TORRES	M	V2	TRIATLON VILAGARCIA /ATENAS RUNNING	DNF			
	5334	0	FRANCISCO MANUEL VILA ESTEVEZ	M	V1	VIGO MASTER CLUB	DQ			
	5335	0	André Saleiro	M	V1	X Não Federado	DNS			
	5531	0	Nuno Romeu	M	SEN	X Não Federado	DNS			