

CLASIFICACION GENERAL **MASCULINA**

TRIATLON POPULAR

DISTANCIAS		VUeltas	Temp.	
NATACION	750 MS	1	18	C
CICLISMO	20,2 KMS	4	16	C
CARRERA A PIE	4.940 MS	2	17	C

Jurado de Competición:
JUAN LUIS BOTANA MOSQUERA
FRANCISCO VILLANUEVA GONZALEZ
OSCAR JOSE SURIS REGUEIRO

Oficiales:
 Delegado Técnico: **JUAN LUIS BOTANA MOSQUERA**
 Juez General: **JESUS ALVAREZ RODRIGUEZ**
 Clasificaciones: **SPORTCHIP**

COMIENZAN 191

FINALIZADOS 186

NO PRESENTADOS

DESCALIFICADOS

Pos	Dorsal	Nombre	Apellidos	Club	Categoría	Pos		Natación		T1	Ciclismo		T2	Carrera a pie		Tiempo Meta	Dif		
						Cat.	Pos / Tiempo / Vel	Pos / Tiempo / Vel	Pos / Tiempo / Vel										
1	142	MANUEL	SIMON COTELO	CLUB NATACION LICEO	CDM	1	1	9:59	1:19 min/m	1:21	36	32:01	37.9 km/h	1:11	16	18:42	3:47 min/km	1:03:17	+0
2	150	ALEJANDRO	BALSA CASTRO	CLUB TRIATLON CORUÑA	ABM	1	22	12:42	1:41 min/m	1:41	10	31:15	38.8 km/h	33	2	17:39	3:34 min/km	1:03:51	+34
3	148	MANUEL DOMINGO	DOSIL LAGO	CLUB OLIMPICO DE VEDRA	ABM	2	42	13:32	1:48 min/m	1:25	25	31:42	38.3 km/h	32	1	16:49	3:24 min/km	1:04:02	+45
4	144	ANTONIO	GOMEZ DORRIO	CLUB NATACION RIVEIRA	ABM	3	2	10:18	1:22 min/m	1:35	16	31:27	38.6 km/h	1:23	38	19:20	3:54 min/km	1:04:05	+48
5	186	ANTONIO	SOUTO PRIETO	Independiente	JNM	1	5	11:14	1:29 min/m	1:28	77	32:58	36.8 km/h	31	18	18:51	3:49 min/km	1:05:04	+1:47
6	228	XESUS MARTIÑO	IGLESIAS CAMPAÑA	TALLERES DAVID TRIATLON CC	CDM	2	4	10:46	1:26 min/m	1:25	90	33:33	36.2 km/h	29	23	18:58	3:50 min/km	1:05:13	+1:56
7	118	PABLO MANUEL	MUÑIZ SAMPEDRO	ARTROGAL-TRI 498	ABM	4	8	11:45	1:34 min/m	1:28	62	32:26	37.4 km/h	32	28	19:05	3:51 min/km	1:05:18	+2:01
8	230	ALVARO	GIL GONZALEZ	TRI OURENSE	ABM	5	64	14:19	1:54 min/m	1:38	1	30:49	39.4 km/h	42	4	17:54	3:37 min/km	1:05:24	+2:07
9	242	CARLOS JOSE	CANDANO BELLO	TRIATLON FERROL	SUB23M	1	17	12:17	1:38 min/m	1:32	31	31:52	38.1 km/h	39	29	19:05	3:51 min/km	1:05:26	+2:09
10	120	MIGUEL	CASTRO RAMOS	ASOCIACION DEPORTIVA MEDI	ABM	6	25	12:48	1:42 min/m	1:24	12	31:24	38.7 km/h	32	40	19:24	3:55 min/km	1:05:34	+2:17
11	178	DAVID	GONZALEZ ALVAREZ	HERCULES XTRM	ABM	7	11	11:55	1:35 min/m	2:11	20	31:34	38.4 km/h	38	35	19:18	3:54 min/km	1:05:37	+2:20
12	117	ELOY	GONZALEZ HORTA	ARTROGAL-TRI 498	ABM	8	37	13:19	1:46 min/m	1:37	32	31:54	38.0 km/h	37	8	18:14	3:41 min/km	1:05:44	+2:27
13	119	OSCAR VALENTIN	COSTAS OTERO	ARTROGAL-TRI 498	V1M	1	55	14:03	1:52 min/m	1:41	5	31:00	39.1 km/h	49	9	18:16	3:41 min/km	1:05:51	+2:34
14	171	CELSO	COMESAÑA PEREIRA	CLUB TRIATLON MAR DE VIGO	ABM	9	49	13:49	1:50 min/m	1:36	13	31:24	38.7 km/h	44	10	18:21	3:43 min/km	1:05:57	+2:39
15	226	VICTOR	ANDRES ALMENDARIZ	NOSPORTLIMIT	SUB23M	2	14	12:02	1:36 min/m	2:18	66	32:36	37.2 km/h	53	7	18:12	3:41 min/km	1:06:02	+2:45
16	258	DAVID	ARIAS DIAZ	TRIATLON FERROL	V1M	2	23	12:43	1:41 min/m	1:38	61	32:26	37.4 km/h	47	11	18:28	3:44 min/km	1:06:04	+2:47
17	136	BORJA	CANTO BAÑA	CLUB NATACION LICEO	ABM	10	48	13:40	1:49 min/m	1:31	17	31:29	38.5 km/h	33	17	18:51	3:48 min/km	1:06:05	+2:48
18	239	ALVARO	GARCIA ALVAREZ	TRIATLON FERROL	V2M	1	41	13:31	1:48 min/m	1:53	15	31:25	38.6 km/h	36	14	18:39	3:46 min/km	1:06:07	+2:50
19	149	XURXO	CARBALLO MONTEAGUDO	CLUB OLIMPICO DE VEDRA	ABM	11	44	13:37	1:49 min/m	1:50	11	31:21	38.7 km/h	44	19	18:52	3:49 min/km	1:06:26	+3:09
20	133	JESUS	SALETA CASTRO	CLUB CICLISTA RIAZOR	ABM	12	13	11:56	1:35 min/m	1:32	45	32:13	37.7 km/h	35	58	20:12	4:05 min/km	1:06:30	+3:13
21	112	ROBERTO	PICON ESPINO	ARCADE INFORHOUSE SANTIA	ABM	13	56	14:04	1:52 min/m	1:43	9	31:07	39.0 km/h	39	30	19:10	3:52 min/km	1:06:45	+3:27
22	266	DAVID	ESTEBAN FERREIRO	LICENZA 1 DIA	SUB23M	3	35	13:16	1:46 min/m	2:01	21	31:36	38.4 km/h	53	25	19:00	3:50 min/km	1:06:47	+3:30
23	166	CARLOS	MAIZ MANSO	CLUB TRIATLON CORUÑA	ABM	14	30	13:02	1:44 min/m	1:33	48	32:15	37.6 km/h	40	33	19:16	3:54 min/km	1:06:48	+3:31
24	126	JAVIER	RAMOS BOTANA	CIDADE DE LUGO FLUVIAL	V1M	3	88	14:50	1:58 min/m	1:53	14	31:25	38.6 km/h	35	5	18:04	3:39 min/km	1:06:49	+3:31

Pos	Dorsal	Nombre	Apellidos	Club	Categoría	Pos Natación				Ciclismo				Carrera a pie			Tiempo Meta	Dif	
						Cat.	Pos	Tiempo	Vel	T1	Pos	Tiempo	Vel	T2	Pos	Tiempo			Vel
25	108	DANIEL	BALADO NEIRO	ARCADE INFORHOUSE SANTIA	ABM	15	61	14:17	1:54 min/m	1:35	3	30:57	39.2 km/h	40	39	19:21	3:55 min/km	1:06:52	+3:34
26	234	GUILLERMO	MOSQUERA VICENTE	TRIATLON ARTEIXO	ABM	16	12	11:55	1:35 min/m	1:33	44	32:10	37.7 km/h	33	70	20:49	4:12 min/km	1:07:01	+3:44
27	244	JOSE	FERRACES REGUEIROMASC	TRIATLON FERROL	V2M	2	29	13:01	1:44 min/m	1:30	51	32:17	37.6 km/h	35	43	19:40	3:58 min/km	1:07:05	+3:48
28	141	JORGE	CARREIRA POSADA	CLUB NATACION LICEO	CDM	3	3	10:32	1:24 min/m	1:36	93	33:35	36.1 km/h	34	69	20:48	4:12 min/km	1:07:06	+3:49
29	164	JOSE ANDRES	ALDREY VARELA	CLUB TRIATLON CORUÑA	V2M	3	19	12:36	1:40 min/m	1:44	57	32:22	37.5 km/h	35	48	19:51	4:01 min/km	1:07:10	+3:53
30	113	ANTONIO	VIDAL ARES	ARCADE INFORHOUSE SANTIA	V2M	4	57	14:09	1:53 min/m	1:36	8	31:07	39.0 km/h	44	47	19:43	3:59 min/km	1:07:20	+4:03
31	114	ANTONIO	VILAS GOMEZ	ARTROGAL-TRI 498	ABM	17	18	12:26	1:39 min/m	1:46	18	31:34	38.4 km/h	35	76	20:59	4:14 min/km	1:07:22	+4:05
32	102	JOSU MIKEL	GUTIERREZ RAMOS	A.D. NAUTICO DE NARON	ABM	18	54	14:02	1:52 min/m	1:45	7	31:06	39.0 km/h	41	52	20:00	4:03 min/km	1:07:37	+4:20
33	227	JESUS FRANCISCO	GOMEZ SANTOS	NOSPORTLIMIT	ABM	19	21	12:41	1:41 min/m	1:54	58	32:23	37.5 km/h	40	50	19:57	4:02 min/km	1:07:38	+4:21
34	218	FERNADO	SIERRA GARCIA	NOSPORTLIMIT	ABM	20	65	14:20	1:54 min/m	2:05	28	31:46	38.2 km/h	42	15	18:42	3:47 min/km	1:07:38	+4:21
35	224	ROBERTO JOSE	MENDEZ QUINDIMIL	NOSPORTLIMIT	V1M	4	50	13:55	1:51 min/m	1:52	4	30:59	39.2 km/h	41	57	20:12	4:05 min/km	1:07:41	+4:23
36	246	JUAN CARLOS	GONZALEZ OROZCO	TRIATLON FERROL	V1M	5	106	15:28	2:03 min/m	1:31	41	32:08	37.8 km/h	30	6	18:04	3:39 min/km	1:07:44	+4:27
37	162	JAIME	CARRODEGUAS MARTINEZ	CLUB TRIATLON CORUÑA	V2M	5	33	13:11	1:45 min/m	1:45	30	31:52	38.1 km/h	43	55	20:11	4:05 min/km	1:07:45	+4:27
38	248	PABLO	SANJURJO POVEDA	TRIATLON FERROL	V1M	6	16	12:11	1:37 min/m	1:36	34	32:00	37.9 km/h	36	85	21:25	4:20 min/km	1:07:50	+4:33
39	177	CARLOS	MARTIN MORENO	HERCULES XTRM	ABM	21	9	11:47	1:34 min/m	1:39	89	33:31	36.2 km/h	43	61	20:21	4:07 min/km	1:08:03	+4:46
40	251	MANUEL	DALMEIDA LOPEZ	TRIATLON VILAGARCIA /ATENA	ABM	22	73	14:30	1:56 min/m	1:56	24	31:41	38.3 km/h	44	32	19:15	3:53 min/km	1:08:08	+4:50
41	198	IGNACIO	GARCIA GONZALEZ	NOSPORTLIMIT	ABM	23	26	12:49	1:42 min/m	2:18	22	31:38	38.4 km/h	37	72	20:51	4:13 min/km	1:08:14	+4:57
42	254	PABLO	VILAS CABO	TRISADA	ABM	24	28	12:59	1:43 min/m	1:31	63	32:30	37.3 km/h	37	67	20:42	4:11 min/km	1:08:21	+5:04
43	247	MARCOS	CANEIRO CANEIRO	TRIATLON FERROL	V1M	7	115	15:45	2:06 min/m	1:43	23	31:40	38.3 km/h	42	12	18:30	3:44 min/km	1:08:22	+5:05
44	110	ENRIQUE	RIVAS RODRIGUEZ	ARCADE INFORHOUSE SANTIA	V1M	8	15	12:07	1:37 min/m	1:33	38	32:05	37.8 km/h	38	95	22:07	4:28 min/km	1:08:31	+5:14
45	252	JUAN	MENDEZ LOPEZ	TRISADA	V1M	9	70	14:27	1:55 min/m	1:50	33	31:55	38.0 km/h	38	42	19:40	3:58 min/km	1:08:32	+5:14
46	223	RAMON LUIS	CARNOTA MENDEZ	NOSPORTLIMIT	V1M	10	20	12:39	1:41 min/m	1:57	52	32:18	37.6 km/h	35	79	21:07	4:16 min/km	1:08:38	+5:21
47	168	MARCOS ANTONIO	SANCHO REY	CLUB TRIATLON CORUÑA	V1M	11	77	14:33	1:56 min/m	1:35	39	32:06	37.8 km/h	44	46	19:43	3:59 min/km	1:08:42	+5:25
48	237	ROBERTO	ANDRADE VILLAR	TRIATLON ARTEIXO	ABM	25	39	13:25	1:47 min/m	1:43	26	31:42	38.3 km/h	40	83	21:13	4:17 min/km	1:08:45	+5:28
49	231	BRAIS	RODRIGUEZ LOPEZ	TRI OURENSE	ABM	26	103	15:23	2:03 min/m	1:53	82	33:12	36.5 km/h	37	3	17:52	3:37 min/km	1:08:59	+5:42
50	196	CARLOS	RODRIGUEZ RODRIGUEZ	NOSPORTLIMIT	ABM	27	72	14:29	1:55 min/m	2:09	19	31:34	38.4 km/h	43	53	20:03	4:03 min/km	1:09:01	+5:44
51	241	BORJA	CATRUFO URES	TRIATLON FERROL	ABM	28	36	13:18	1:46 min/m	2:09	74	32:50	37.0 km/h	45	51	20:00	4:03 min/km	1:09:03	+5:46
52	153	CARLOS	GARCIA SALGADO	CLUB TRIATLON CORUÑA	ABM	29	32	13:10	1:45 min/m	1:46	29	31:46	38.2 km/h	41	89	21:43	4:23 min/km	1:09:07	+5:50
53	129	FRANCISCO	RIOS PEREZ	CLUB CICLISTA RIAZOR	ABM	30	100	15:15	2:02 min/m	1:39	50	32:17	37.6 km/h	39	34	19:17	3:54 min/km	1:09:08	+5:51
54	155	DIEGO	SOTO VIÑAS	CLUB TRIATLON CORUÑA	V1M	12	45	13:38	1:49 min/m	2:05	65	32:33	37.3 km/h	35	59	20:15	4:06 min/km	1:09:09	+5:52
55	138	ALEJANDRO	RODRIGUEZ FRAGUELA	CLUB NATACION LICEO	ABM	31	98	15:09	2:01 min/m	1:42	60	32:26	37.4 km/h	44	36	19:19	3:54 min/km	1:09:22	+6:05
56	128	MARCOS	GONZALEZ TALAVERO	CLUB CICLISTA RIAZOR	V1M	13	47	13:40	1:49 min/m	2:01	6	31:04	39.1 km/h	59	88	21:41	4:23 min/km	1:09:26	+6:09
57	146	ADRIAN	CAMPAÑA BARROS	CLUB OLIMPICO DE VEDRA	ABM	32	6	11:25	1:31 min/m	2:24	42	32:09	37.7 km/h	48	110	22:40	4:35 min/km	1:09:27	+6:10
58	279	BERNARDO	DOMINGUEZ MANTEIGA	LICENZA 1 DIA	ABM	33	108	15:33	2:04 min/m	1:48	80	33:10	36.6 km/h	43	13	18:31	3:45 min/km	1:09:48	+6:31
59	245	MANUEL ANGEL	PITA PEREIRA	TRIATLON FERROL	V2M	6	75	14:31	1:56 min/m	1:35	37	32:03	37.9 km/h	37	78	21:07	4:16 min/km	1:09:56	+6:39
60	270	ENRIQUE	MUÑOZ CANTERO	LICENZA 1 DIA	V2M	7	60	14:14	1:53 min/m	1:50	47	32:13	37.7 km/h	42	80	21:08	4:16 min/km	1:10:09	+6:52
61	207	JAVIER	ROCHELA CALVO	NOSPORTLIMIT	ABM	34	95	15:02	2:00 min/m	2:07	35	32:01	37.9 km/h	36	63	20:28	4:08 min/km	1:10:16	+6:58
62	235	JAVIER	MON FERNANDEZ	TRIATLON ARTEIXO	V1M	14	34	13:15	1:46 min/m	1:45	27	31:45	38.2 km/h	43	117	22:58	4:39 min/km	1:10:29	+7:12
63	204	HECTOR	SIMON MARTINEZ	NOSPORTLIMIT	ABM	35	85	14:49	1:58 min/m	2:21	88	33:27	36.3 km/h	38	37	19:19	3:54 min/km	1:10:36	+7:19

Pos	Dorsal	Nombre	Apellidos	Club	Categoría	Natación				Ciclismo				Carrera a pie			Tiempo Meta	Dif	
						Pos	Pos /	Tiempo /	Vel	T1	Pos /	Tiempo /	Vel	T2	Pos /	Tiempo /			Vel
64	103	HECTOR ALFONSO	MARTINEZ FERNANDEZ	A.D. NAUTICO DE NARON	V1M	15	38	13:25	1:47 min/m	1:34	122	35:45	33.9 km/h	58	21	18:56	3:50 min/km	1:10:40	+7:22
65	123	MARCOS	PERISCAL REY	ASOCIACION DEPORTIVA MEDI	V1M	16	101	15:15	2:02 min/m	1:43	46	32:13	37.7 km/h	1:00	66	20:39	4:10 min/km	1:10:52	+7:35
66	184	SERGIO HILARIO	CASTELLANOS JIMENEZ	HERCULES XTRM	V1M	17	46	13:39	1:49 min/m	2:02	95	33:39	36.1 km/h	42	73	20:52	4:13 min/km	1:10:56	+7:39
67	127	JOSE LUIS	GONZALEZ BLANCO	CIDADE DE LUGO FLUVIAL	ABM	36	40	13:27	1:47 min/m	1:52	55	32:22	37.5 km/h	49	107	22:30	4:33 min/km	1:11:02	+7:45
68	174	ADRIAN	PEREZ DIEGUEZ	HERCULES XTRM	ABM	37	83	14:42	1:57 min/m	2:01	69	32:38	37.2 km/h	51	71	20:50	4:13 min/km	1:11:04	+7:47
69	232	PABLO ALEJO	BRANCATI ALVES	TRI OURENSE	V1M	18	99	15:10	2:01 min/m	1:49	49	32:16	37.6 km/h	41	82	21:10	4:17 min/km	1:11:08	+7:51
70	143	JOSE BENITO	MUÑOZ VILAR	CLUB NATACION RIVEIRA	V1M	19	31	13:04	1:44 min/m	1:44	43	32:09	37.7 km/h	48	130	23:29	4:45 min/km	1:11:16	+7:59
71	250	JOSE MARIA	EIROA FEAL	TRIATLON FERROL	V1M	20	90	14:52	1:58 min/m	2:09	91	33:33	36.2 km/h	42	60	20:16	4:06 min/km	1:11:34	+8:17
72	249	ROBERTO	MARTINEZ CASTRO	TRIATLON FERROL	ABM	38	81	14:39	1:57 min/m	2:16	97	33:57	35.7 km/h	47	49	19:55	4:01 min/km	1:11:36	+8:19
73	259	ADRIÁN	FERNÁNDEZ GARCÍA	LICENZA 1 DIA	ABM	39	62	14:18	1:54 min/m	2:13	73	32:46	37.0 km/h	47	87	21:33	4:21 min/km	1:11:39	+8:22
74	201	ENRIQUE	GRIÑAN TORRADO	NOSPORTLIMIT	V1M	21	82	14:42	1:57 min/m	1:59	70	32:40	37.1 km/h	40	90	21:45	4:24 min/km	1:11:48	+8:31
75	137	CRISTIAN	BRAVO CONDE	CLUB NATACION LICEO	CDM	4	7	11:32	1:32 min/m	35	94	33:35	36.1 km/h	43	152	25:26	5:08 min/km	1:11:52	+8:35
76	236	JUAN JOSE	GONZALEZ ARIAS	TRIATLON ARTEIXO	ABM	40	97	15:06	2:00 min/m	2:14	101	34:14	35.4 km/h	40	44	19:41	3:59 min/km	1:11:58	+8:41
77	257	VÍCTOR	DEL OLMO BARRIOCANAL	UNO PUBLICIDAD TRAGALEGUSUB23M	4	84	14:44	1:57 min/m	1:55	67	32:37	37.2 km/h	50	104	22:22	4:31 min/km	1:12:30	+9:13	
78	122	CARLOS	AÑON CEAN	ASOCIACION DEPORTIVA MEDI	ABM	41	149	17:28	2:19 min/m	2:07	84	33:13	36.5 km/h	47	24	18:58	3:50 min/km	1:12:35	+9:18
79	274	FRANCISCO JAVIER	DOPICO LÓPEZ	LICENZA 1 DIA	ABM	42	136	16:28	2:11 min/m	2:33	54	32:20	37.5 km/h	50	62	20:26	4:08 min/km	1:12:39	+9:22
80	130	IÑAKI	DE SANTIAGO MARIN	CLUB CICLISTA RIAZOR	V1M	22	71	14:27	1:55 min/m	1:42	40	32:07	37.8 km/h	1:05	125	23:16	4:42 min/km	1:12:40	+9:22
81	220	FRANCISCO JAVIER	FERNANDEZ PEREZ	NOSPORTLIMIT	ABM	43	93	14:59	1:59 min/m	1:49	59	32:26	37.4 km/h	43	116	22:56	4:38 min/km	1:12:54	+9:37
82	213	JOSE LUIS	NAYA ORGEIRA	NOSPORTLIMIT	V1M	23	144	17:04	2:16 min/m	2:31	86	33:25	36.3 km/h	54	26	19:00	3:50 min/km	1:12:56	+9:39
83	229	NICOLAS MANUEL	BOTANA PRINI	TALLERES DAVID TRIATLON CC	CDM	5	51	13:57	1:51 min/m	1:51	118	35:13	34.5 km/h	30	86	21:26	4:20 min/km	1:12:59	+9:41
84	121	EMILIO	GONZALEZ GARCIA	ASOCIACION DEPORTIVA MEDI	V1M	24	92	14:56	1:59 min/m	2:00	53	32:18	37.6 km/h	50	119	23:05	4:40 min/km	1:13:13	+9:56
85	200	EDGAR	CASTELO RODRIGUEZ	NOSPORTLIMIT	ABM	44	128	16:05	2:08 min/m	2:22	110	34:41	35.0 km/h	50	31	19:15	3:53 min/km	1:13:14	+9:57
86	135	PABLO	GARCIA BARBEIRA	CLUB CICLISTA VILALBA-AS PC	V1M	25	78	14:34	1:56 min/m	1:57	76	32:51	36.9 km/h	1:15	108	22:38	4:35 min/km	1:13:16	+9:59
87	225	RUBEN	SANCHEZ VAZQUEZ	NOSPORTLIMIT	ABM	45	116	15:47	2:06 min/m	1:53	75	32:50	37.0 km/h	45	99	22:10	4:29 min/km	1:13:27	+10:10
88	214	LUCAS	GONZALEZ ROCHA	NOSPORTLIMIT	ABM	46	122	15:56	2:07 min/m	1:59	64	32:32	37.3 km/h	48	100	22:11	4:29 min/km	1:13:28	+10:11
89	156	FEDERICO	PORTO ARIAS	CLUB TRIATLON CORUÑA	V2M	8	127	16:03	2:08 min/m	2:05	85	33:16	36.5 km/h	39	84	21:23	4:19 min/km	1:13:28	+10:11
90	183	MARCOS	LAGO CASTRO	HERCULES XTRM	V1M	26	117	15:48	2:06 min/m	2:27	102	34:17	35.4 km/h	51	54	20:06	4:04 min/km	1:13:30	+10:13
91	160	JOSE ANGEL	JURADO ALBARRACIN-MART	CLUB TRIATLON CORUÑA	V2M	9	87	14:50	1:58 min/m	2:24	87	33:26	36.3 km/h	43	96	22:07	4:28 min/km	1:13:32	+10:15
92	101	RUBEN	BLANCO DIAZ	A.D. NAUTICO DE NARON	V1M	27	76	14:31	1:56 min/m	2:05	68	32:38	37.2 km/h	52	132	23:31	4:45 min/km	1:13:40	+10:22
93	222	PABLO JOSE	SANGIAO ROCA	NOSPORTLIMIT	ABM	47	141	16:57	2:15 min/m	2:13	92	33:35	36.1 km/h	43	65	20:32	4:09 min/km	1:14:01	+10:43
94	205	JESUS	HEVIA GOMEZ	NOSPORTLIMIT	V1M	28	134	16:27	2:11 min/m	2:05	109	34:38	35.0 km/h	1:07	45	19:42	3:59 min/km	1:14:01	+10:44
95	264	CARLOS ALBERTO	GRACIA FERNÁNDEZ	LICENZA 1 DIA	V1M	29	79	14:34	1:56 min/m	2:26	141	37:34	32.3 km/h	35	22	18:57	3:50 min/km	1:14:07	+10:50
96	203	FERNANDO	SINES CRESPO	NOSPORTLIMIT	V1M	30	91	14:56	1:59 min/m	1:51	106	34:23	35.3 km/h	52	97	22:08	4:28 min/km	1:14:12	+10:55
97	111	FRANCISCO JAVIER	IGLESIAS PRADO	ARCADE INFORHOUSE SANTIA	V1M	31	150	17:30	2:20 min/m	1:26	56	32:22	37.5 km/h	41	106	22:24	4:32 min/km	1:14:25	+11:08
98	159	GUSTAVO	BARRAL PREGO	CLUB TRIATLON CORUÑA	ABM	48	120	15:51	2:06 min/m	2:09	71	32:41	37.1 km/h	42	120	23:06	4:40 min/km	1:14:32	+11:14
99	211	JOSE	RILO LOPEZ	NOSPORTLIMIT	V2M	10	132	16:25	2:11 min/m	2:32	99	34:03	35.6 km/h	25	81	21:10	4:17 min/km	1:14:35	+11:17
100	199	DAVID	VAZQUEZ DOCE	NOSPORTLIMIT	V1M	32	67	14:25	1:55 min/m	2:07	112	34:46	34.9 km/h	54	105	22:23	4:31 min/km	1:14:37	+11:20
101	267	DANIEL	SÁNCHEZ ROMERO	LICENZA 1 DIA	V1M	33	68	14:26	1:55 min/m	2:00	103	34:17	35.4 km/h	47	122	23:10	4:41 min/km	1:14:42	+11:24
102	169	PABLO JOSE	PAZOS HERNANDEZ	CLUB TRIATLON CORUÑA	V1M	34	113	15:44	2:05 min/m	2:01	79	33:01	36.7 km/h	52	118	23:02	4:39 min/km	1:14:42	+11:25

Pos	Dorsal	Nombre	Apellidos	Club	Categoría	Natación				Ciclismo				Carrera a pie			Tiempo Meta	Dif	
						Pos	Pos / Tiempo / Vel	T1	T2	Pos	Pos / Tiempo / Vel	T2	Pos / Tiempo / Vel						
103	161	ALEJANDRO	BLANCO BLANCO	CLUB TRIATLON CORUÑA	ABM	49	105	15:28	2:03 min/m	1:56	83	33:13	36.5 km/h	59	127	23:21	4:43 min/km	1:14:59	+11:41
104	152	ARTURO	LOPEZ LAGO	CLUB TRIATLON CORUÑA	V2M	11	69	14:26	1:55 min/m	2:07	113	34:51	34.8 km/h	51	112	22:43	4:35 min/km	1:15:00	+11:43
105	115	JOSE MARIA	FERNANDEZ SAMPEDRO	ARTROGAL-TRI 498	ABM	50	164	20:15	2:42 min/m	2:02	78	33:01	36.8 km/h	41	27	19:03	3:51 min/km	1:15:04	+11:47
106	261	ALBERTO	MÉNDEZ RODRÍGUEZ	LICENZA 1 DIA	V1M	35	94	14:59	1:59 min/m	2:51	72	32:44	37.1 km/h	58	136	23:45	4:48 min/km	1:15:19	+12:02
107	116	DAVID	FERNANDEZ FORNIS	ARTROGAL-TRI 498	ABM	51	109	15:35	2:04 min/m	2:17	105	34:20	35.3 km/h	1:14	98	22:09	4:29 min/km	1:15:37	+12:20
108	191	ALBERTO	SOTO BARRIOS	NOSPORTLIMIT	ABM	52	124	16:00	2:08 min/m	1:56	114	34:53	34.8 km/h	1:03	94	22:06	4:28 min/km	1:15:59	+12:42
109	265	DANIEL	ROSELL HURTADO	LICENZA 1 DIA	ABM	53	53	14:00	1:52 min/m	2:05	128	36:49	33.0 km/h	59	93	22:05	4:28 min/km	1:16:00	+12:43
110	276	JORGE	GARCIA MALLO	LICENZA 1 DIA	ABM	54	137	16:30	2:12 min/m	2:31	100	34:14	35.4 km/h	1:03	92	21:53	4:25 min/km	1:16:13	+12:55
111	158	FRANCISCO	DOCAMPO DIAZ	CLUB TRIATLON CORUÑA	V1M	36	89	14:51	1:58 min/m	1:54	96	33:56	35.8 km/h	1:10	145	24:23	4:56 min/km	1:16:15	+12:58
112	215	MARCOS ANDRES	ORDÓÑEZ RODRIGUEZ	NOSPORTLIMIT	V1M	37	159	18:53	2:31 min/m	2:18	81	33:11	36.6 km/h	1:04	75	20:58	4:14 min/km	1:16:25	+13:08
113	221	MANUEL	OTERO GOMEZ	NOSPORTLIMIT	V2M	12	158	18:45	2:30 min/m	2:01	108	34:32	35.1 km/h	53	64	20:31	4:09 min/km	1:16:43	+13:26
114	197	JACOBO ANICETO	SANCHEZ-BALGOMA LOPEZ	NOSPORTLIMIT	V1M	38	147	17:23	2:19 min/m	1:48	98	34:02	35.7 km/h	1:14	101	22:15	4:30 min/km	1:16:43	+13:26
115	106	SAMUEL	MENDEZ PEREZ	A.D. TRI-PENTA TERRAS DE LU	CDM	6	59	14:12	1:53 min/m	2:15	107	34:26	35.2 km/h	1:07	150	24:56	5:03 min/km	1:16:58	+13:41
116	176	CELSO	BLANCO GARCIA	HERCULES XTRM	V1M	39	43	13:36	1:48 min/m	3:00	129	36:50	32.9 km/h	53	115	22:51	4:37 min/km	1:17:12	+13:55
117	189	ANTONIO	BAAMONDE SANDE	NOSPORTLIMIT	V1M	40	96	15:03	2:00 min/m	3:03	152	39:22	30.8 km/h	1:10	20	18:53	3:49 min/km	1:17:33	+14:15
118	187	LUIS	FERNANDEZ ESPADA	KURAI	V1M	41	129	16:10	2:09 min/m	2:47	131	36:58	32.8 km/h	1:37	56	20:11	4:05 min/km	1:17:44	+14:27
119	263	ALEXANDRE	VEIRA RODRÍGUEZ	LICENZA 1 DIA	ABM	55	125	16:01	2:08 min/m	2:34	111	34:41	35.0 km/h	1:24	128	23:24	4:44 min/km	1:18:05	+14:48
120	188	PEDRO	ARIAS URONES	KURAI	ABM	56	118	15:50	2:06 min/m	2:56	104	34:20	35.3 km/h	1:00	141	24:05	4:52 min/km	1:18:13	+14:56
121	243	IVAN	GOMEZ LOPEZ	TRIATLON FERROL	ABM	57	133	16:25	2:11 min/m	1:50	137	37:16	32.6 km/h	34	103	22:18	4:30 min/km	1:18:26	+15:09
122	167	MANUEL	SANMARTIN MALVAREZ	CLUB TRIATLON CORUÑA	V1M	42	110	15:37	2:05 min/m	2:12	117	35:11	34.5 km/h	1:07	146	24:26	4:56 min/km	1:18:36	+15:19
123	283	ROI	BARROS CORRAL	LICENZA 1 DIA	ABM	58	114	15:44	2:05 min/m	2:22	158	40:10	30.2 km/h	52	41	19:26	3:56 min/km	1:18:36	+15:19
124	170	MANUEL	DURO GONZALEZ	CLUB TRIATLON CORUÑA	V1M	43	24	12:48	1:42 min/m	2:17	146	38:30	31.5 km/h	50	144	24:16	4:54 min/km	1:18:43	+15:26
125	208	JORGE JUAN	GONZALEZ VAZQUEZ	NOSPORTLIMIT	ABM	59	155	18:15	2:26 min/m	2:24	126	36:33	33.2 km/h	47	68	20:47	4:12 min/km	1:18:48	+15:31
126	125	JOSE MARIA	REIGOSA MARTINEZ	CIDADE DE LUGO FLUVIAL	V2M	13	138	16:45	2:14 min/m	2:36	121	35:44	34.0 km/h	57	113	22:44	4:36 min/km	1:18:48	+15:31
127	105	ROBERTO	VENTUREIRA DOPICO	A.D. NAUTICO DE NARON	V1M	44	121	15:54	2:07 min/m	2:00	151	39:06	31.0 km/h	54	74	20:53	4:13 min/km	1:18:49	+15:31
128	139	JOSE LUIS	CRUZ BARRO	CLUB NATACION LICEO	CDM	7	10	11:54	1:35 min/m	2:11	130	36:55	32.9 km/h	52	158	27:27	5:33 min/km	1:19:20	+16:03
129	212	FRANCISCO	ALONSO CUEVAS	NOSPORTLIMIT	V1M	45	112	15:43	2:05 min/m	2:12	125	36:29	33.3 km/h	54	140	24:03	4:52 min/km	1:19:23	+16:06
130	281	FRANCISCO JAVIER	DOPICO IGLESIAS	LICENZA 1 DIA	V1M	46	58	14:09	1:53 min/m	2:18	157	39:50	30.5 km/h	54	102	22:15	4:30 min/km	1:19:29	+16:12
131	190	ADRIAN	MORALES ENRIQUEZ	NOSPORTLIMIT	ABM	60	139	16:48	2:14 min/m	2:35	120	35:40	34.0 km/h	59	131	23:31	4:45 min/km	1:19:34	+16:17
132	173	OSCAR JOSE	SURIS REGUEIRO	CLUB TRIATLON MAR DE VIGO	V2M	14	131	16:23	2:11 min/m	1:55	133	37:13	32.6 km/h	55	126	23:18	4:43 min/km	1:19:45	+16:28
133	172	JULIO	ALVAREZ-BUYLLA DE LA UZ	CLUB TRIATLON MAR DE VIGO	V1M	47	152	17:44	2:21 min/m	2:59	127	36:38	33.1 km/h	1:26	77	21:06	4:16 min/km	1:19:55	+16:38
134	140	JULIO	FIERRO FERNANDEZ	CLUB NATACION LICEO	ABM	61	80	14:36	1:56 min/m	2:31	139	37:23	32.5 km/h	1:09	143	24:15	4:54 min/km	1:19:55	+16:38
135	134	TOMAS JOSE	COELLO PENA-MANSO	CLUB CICLISTA RIAZOR	V1M	48	104	15:26	2:03 min/m	1:53	149	38:54	31.2 km/h	46	123	23:13	4:42 min/km	1:20:15	+16:58
136	210	JOSE MANUEL	PATIÑO ABEIJON	NOSPORTLIMIT	V1M	49	145	17:05	2:16 min/m	2:16	123	35:53	33.8 km/h	1:20	138	23:52	4:50 min/km	1:20:28	+17:11
137	282	RAMON	SEOANE FREIJIDO	LICENZA 1 DIA	V1M	50	123	15:57	2:07 min/m	2:47	119	35:30	34.2 km/h	1:17	151	25:03	5:04 min/km	1:20:36	+17:19
138	193	ALEJANDRO	RODRIGUEZ LORENZO	NOSPORTLIMIT	V1M	51	119	15:51	2:06 min/m	2:47	142	37:35	32.3 km/h	54	129	23:28	4:45 min/km	1:20:37	+17:20
139	124	OLIVER	GRAÑA PEREZ	C. NATACION CEDEIRA MUEBLI	V1M	52	154	18:11	2:25 min/m	1:54	132	37:13	32.6 km/h	33	114	22:44	4:36 min/km	1:20:37	+17:20
140	182	JOSE ANTONIO	MARTINEZ LEMA	HERCULES XTRM	V1M	53	160	18:56	2:31 min/m	2:33	116	34:53	34.8 km/h	54	134	23:40	4:47 min/km	1:20:58	+17:41
141	275	IAGO	FONTENLA SANTISO	LICENZA 1 DIA	ABM	62	157	18:38	2:29 min/m	2:36	138	37:20	32.5 km/h	1:04	91	21:52	4:25 min/km	1:21:32	+18:15

Pos	Dorsal	Nombre	Apellidos	Club	Categoría	Pos Natación				Ciclismo				Carrera a pie			Tiempo Meta	Dif	
						Cat.	Pos	Tiempo	Vel	T1	Pos	Tiempo	Vel	T2	Pos	Tiempo			Vel
142	216	RAMON	MORGADE VIÑAS	NOSPORTLIMIT	ABM	63	102	15:20	2:02 min/m	2:45	153	39:24	30.8 km/h	51	124	23:16	4:42 min/km	1:21:37	+18:20
143	262	ALEJANDRO	SANTOS FOLGADO	LICENZA 1 DIA	V1M	54	140	16:50	2:14 min/m	2:41	124	36:05	33.6 km/h	1:17	149	24:50	5:01 min/km	1:21:44	+18:27
144	255	RAMIRO	BLANCO MONTERO	TRISADA	V1M	55	86	14:49	1:58 min/m	2:23	136	37:15	32.6 km/h	1:17	155	26:04	5:16 min/km	1:21:50	+18:33
145	202	FEDERICO JOSE	LOPEZ FERREIRO	NOSPORTLIMIT	V1M	56	148	17:26	2:19 min/m	2:29	147	38:40	31.4 km/h	1:00	109	22:40	4:35 min/km	1:22:16	+18:59
146	217	MANUEL	SAZ CEBRIAN	NOSPORTLIMIT	V1M	57	153	17:47	2:22 min/m	3:27	135	37:14	32.6 km/h	1:20	111	22:40	4:35 min/km	1:22:30	+19:13
147	154	DIEGO ANTONIO	RIVAS OLIVEIRA	CLUB TRIATLON CORUÑA	V1M	58	130	16:11	2:09 min/m	2:46	155	39:37	30.6 km/h	57	137	23:50	4:49 min/km	1:23:23	+20:05
148	271	ENRIQUE	PEÑA GONZÁLEZ	LICENZA 1 DIA	V1M	59	135	16:28	2:11 min/m	3:07	148	38:47	31.3 km/h	1:27	135	23:41	4:47 min/km	1:23:32	+20:15
149	284	SANTIAGO	SANTALLA LOURIDO	LICENZA 1 DIA	V1M	60	146	17:22	2:18 min/m	2:43	144	38:02	31.9 km/h	1:00	148	24:39	4:59 min/km	1:23:48	+20:31
150	260	ALBERTO	PEDROSA PÉREZ	LICENZA 1 DIA	V1M	61	111	15:43	2:05 min/m	2:23	154	39:24	30.8 km/h	51	153	25:38	5:11 min/km	1:24:00	+20:43
151	175	OSCAR JACOBO	CASTELLANOS JIMENEZ	HERCULES XTRM	V1M	62	156	18:29	2:27 min/m	2:28	140	37:33	32.3 km/h	1:16	147	24:31	4:57 min/km	1:24:20	+21:02
152	132	ROBERTO MIGUEL	PICOS FONTICOPA	CLUB CICLISTA RIAZOR	V1M	63	151	17:40	2:21 min/m	2:38	143	37:45	32.2 km/h	56	154	25:47	5:13 min/km	1:24:46	+21:29
153	256	ROBERTO JOSE	VIZOSO BLANCO	TRISADA	V2M	15	126	16:01	2:08 min/m	2:21	150	39:00	31.1 km/h	58	157	27:24	5:32 min/km	1:25:47	+22:30
154	277	JOSE MANUEL	FACAL FARIÑA	LICENZA 1 DIA	V1M	64	63	14:18	1:54 min/m	3:30	156	39:38	30.6 km/h	1:28	159	27:32	5:34 min/km	1:26:28	+23:11
155	268	DANIEL	LOSADA GONZÁLEZ	LICENZA 1 DIA	V1M	65	163	19:40	2:37 min/m	5:48	134	37:13	32.6 km/h	1:44	133	23:32	4:45 min/km	1:27:58	+24:41
156	269	EMILIO JOSE	GARROCHO DURAN	LICENZA 1 DIA	V1M	66	142	16:58	2:15 min/m	2:27	159	40:42	29.8 km/h	1:17	161	28:26	5:45 min/km	1:29:51	+26:34
157	194	ALVARO VALENTIN	GARCIA DIEGUEZ	NOSPORTLIMIT	V2M	16	143	17:01	2:16 min/m	3:34	145	38:16	31.7 km/h	1:43	162	29:45	6:01 min/km	1:30:21	+27:04
158	209	JOSE FRANCISCO	SUAREZ NUÑEZ	NOSPORTLIMIT	V1M	67	162	19:35	2:36 min/m	3:26	162	43:05	28.2 km/h	1:02	139	24:02	4:52 min/km	1:31:12	+27:55
159	180	JOSE ALEJANDRO	ALVAREZ RODRIGUEZ	HERCULES XTRM	ABM	64	165	21:03	2:48 min/m	3:28	160	41:54	29.0 km/h	1:19	142	24:08	4:53 min/km	1:31:54	+28:36
160	280	OSCAR	REGAL GONZALEZ	LICENZA 1 DIA	V1M	68	166	21:20	2:50 min/m	5:21	163	44:11	27.5 km/h	1:26	121	23:07	4:40 min/km	1:35:27	+32:10
161	278	MIGUEL	MOSQUERA MONTERO	LICENZA 1 DIA	V1M	69	161	19:18	2:34 min/m	3:07	164	47:17	25.7 km/h	43	156	27:16	5:31 min/km	1:37:43	+34:25
162	181	JUAN	FERNANDEZ GONZALEZ	HERCULES XTRM	V1M	70	167	22:35	3:00 min/m	2:34	161	42:29	28.6 km/h	1:43	160	28:19	5:44 min/km	1:37:43	+34:26
RET	179	DAVID	ESCUDERO DANS	HERCULES XTRM	V1M		66	14:22	1:55 min/m	2:07	115	34:53	34.8 km/h	54					
RET	192	ALVARO	CIMARRAS IGLESIAS	NOSPORTLIMIT	ABM		74	14:30	1:56 min/m	2:07									
RET	109	JAVIER	PENA BOQUETE	ARCADE INFORHOUSE SANTIA	ABM		52	13:59	1:51 min/m	1:51	2	30:51	39.3 km/h						
RET	145	RAMON	FERNANDEZ LAGO	CLUB NATACION RIVEIRA	V1M		27	12:53	1:43 min/m	1:53									
RET	253	GUILLERMO	LIAÑO VIDAL	TRISADA	V1M		107	15:29	2:03 min/m	2:09									
NP	272	FELIPE	VILARIÑO CUTRÍN	LICENZA 1 DIA	V1M														
NP	273	FERNANDO	ALVAREZ CID	LICENZA 1 DIA	V2M														
NP	151	ANDRES	DOMINGUEZ SILVA	CLUB TRIATLON CORUÑA	ABM														
NP	147	ANTONIO	MATALOBOS BUSTELO	CLUB OLIMPICO DE VEDRA	ABM														
NP	157	FERNANDO	MATO VIDAL	CLUB TRIATLON CORUÑA	ABM														
NP	163	JESUS	ROBRES ZARDOYA	CLUB TRIATLON CORUÑA	V1M														
NP	165	JUAN	RODRIGUEZ VAZQUEZ	CLUB TRIATLON CORUÑA	V1M														
NP	107	BERNARDO	MAIZ BAR	ARCADE INFORHOUSE SANTIA	V1M														
NP	104	JUAN JOSE	CANOSA RODRIGUEZ	A.D. NAUTICO DE NARON	ABM														
NP	131	VICTOR	PEREZ RODRIGUEZ	CLUB CICLISTA RIAZOR	ABM														
NP	195	BORJA	FERNANDEZ BERMUDEZ	NOSPORTLIMIT	V1M														
NP	206	IVAN	LOPEZ NOVO	NOSPORTLIMIT	ABM														
NP	185	SERGIO	COUTO WORNER	HERCULES XTRM	V1M														

Pos	Dorsal	Nombre	Apellidos	Club	Categoría	Pos	Natación	Ciclismo		Carrera a pie	Tiempo	
						Cat.	Pos / Tiempo / Vel	T1	Pos / Tiempo / Vel	T2	Pos / Tiempo / Vel	Meta
NP	219	OCTAVIO AUGUSTO	SUSACASA NOVAL	NOSPORTLIMIT	V1M							
NP	233	ANGEL	SANCHEZ ENJAMIO	TRIATLON ARTEIXO	V1M							
NP	238	PASTOR ADRIAN	POSE REGUEIRO	TRIATLON ARTEIXO	SUB23M							
NP	240	BASILIO	SEIJAS FRANCO	TRIATLON FERROL	ABM							