


NORTHWEST TRIMAN

CLASIFICACIÓN

ABSOLUTA FEMININA

OFICIAIS		DATA 15/06/2014											
Delegado Técnico		HORA DE PUBLICACION 16/06/2014 3:47 Horas											
Xuiz Arbitro													
Responsable Oficiais													
COMITE DE APELACIÓN		<table border="1" style="margin: auto;"> <tr><td>Inscritos</td><td>10</td></tr> <tr><td>Remataron</td><td>8</td></tr> <tr><td>Retirados</td><td>1</td></tr> <tr><td>Descalificados</td><td>0</td></tr> <tr><td>Non presentados</td><td>1</td></tr> </table>	Inscritos	10	Remataron	8	Retirados	1	Descalificados	0	Non presentados	1	Firma conformidade do Xuiz Arbitro
Inscritos	10												
Remataron	8												
Retirados	1												
Descalificados	0												
Non presentados	1												
Distancias													
Natación	3,8	Kms.	Ciclismo	180	Kms.	Carrera	42,2	Kms.					


*NF=Non finalizado;NP=Non presentado; SD=Descalificado

POS.	Nº	NOME	CLUB	P. Natación	T1	P. Ciclismo	Km/h.	T2	P. Carrera	META	Dif.			
1	6	SUSANA SIMÕES	PORTO RUNNERS	4	1:26:51	06:18	1	6:28:05	27.83	02:29	1	4:10:50	12:14:31	
2	4	MAR ALSINA LLURBA	LICENCIA 1 DIA	5	1:28:51	06:08	2	6:41:06	26.93	05:57	2	4:58:38	13:20:37	1:06:07
3	5	NATALIA MIGUEZ LOPEZ	TRISADA	1	1:16:12	07:55	4	7:26:04	24.21	05:58	4	5:36:42	14:32:50	2:18:20
4	8	MANUELA BLASCO MORENO	CLUB ILICITANO TRIATLÓN	6	1:32:35	11:26	7	7:42:40	23.34	02:17	3	5:14:37	14:43:33	2:29:03
5	1	MARIA LUISA RUA PRIETO	TRISADA	7	1:32:38	04:26	5	7:27:57	24.11	02:33	5	6:01:43	15:09:15	2:54:45
6	7	PAULINA ANDREA MOSQUERA	NOSPORTLIMIT-TREK GALICIA	2	1:24:37	06:08	6	7:40:38	23.45	03:00	7	6:24:07	15:38:29	3:23:59
7	2	ERIKA GUIJARRO DEL POZO	NOSPORTLIMIT-TREK GALICIA	9	1:43:12	08:22	3	7:11:51	25.01	03:47	8	6:31:52	15:39:02	3:24:31
8	10	MARIOLA GARCIA-GUTIERREZ CAST	CLUB ILICITANO TRIATLÓN	3	1:26:20	06:45	8	8:08:08	22.13	04:21	6	6:02:27	15:47:59	3:33:29
NF	9	CLARA CARMONA RUBIO	LICENCIA 1 DIA	8	1:40:05	10:55								
NP	3	SANDRA GARCIA SANCHEZ	LEGIOTRI											

NORTHWEST TRIMAN

CLASIFICACIÓN POR GRUPOS DE EDAD

ABSOLUTA FEMININA

OFICIAIS		DATA 15/06/2014											
Delegado Técnico		HORA DE PUBLICACION 16/06/2014 3:49 Horas											
xuiz Arbitro													
Responsable Oficiais													
COMITE DE APELACIÓN		<table border="1" style="width: 100%; border-collapse: collapse;"> <tr><td>Inscritos</td><td style="text-align: center;">10</td></tr> <tr><td>Remataron</td><td style="text-align: center;">8</td></tr> <tr><td>Retirados</td><td style="text-align: center;">1</td></tr> <tr><td>Descalificados</td><td style="text-align: center;">0</td></tr> <tr><td>No presentados</td><td style="text-align: center;">1</td></tr> </table>	Inscritos	10	Remataron	8	Retirados	1	Descalificados	0	No presentados	1	Firma conformidade do Xuiz Arbitro
Inscritos	10												
Remataron	8												
Retirados	1												
Descalificados	0												
No presentados	1												
		Distancias											
Natación <input type="text" value="3,8"/> Kms.		Ciclismo <input type="text" value="180"/> Kms.											
		Carrera <input type="text" value="42,2"/> Kms.											

*NF=Non finalizado;NP=Non presentado; SD=Descalificado

DE 30 A 34 AÑOS FEMENINA

POS.	Nº	NOME	CLUB	P.	Natación	T1	P.	Ciclismo	Km/h.	T2	P.	Carrera	META	Dif.
1	1	MARIA LUISA RUA PRIETO	TRISADA	7	1:32:38	04:26	5	7:27:57	24.11	02:33	5	6:01:43	15:09:15	2:54:45
2	2	ERIKA GUIJARRO DEL POZO	NOSPORTLIMIT-TREK GALICIA	9	1:43:12	08:22	3	7:11:51	25.01	03:47	8	6:31:52	15:39:02	3:24:31

DE 35 A 39 AÑOS FEMENINA

POS.	Nº	NOME	CLUB	P.	Natación	T1	P.	Ciclismo	Km/h.	T2	P.	Carrera	META	Dif.
1	4	MAR ALSINA LLURBA	LICENCIA 1 DIA	5	1:28:51	06:08	2	6:41:06	26.93	05:57	2	4:58:38	13:20:37	1:06:07
NP	3	SANDRA GARCIA SANCHEZ	LEGIOTRI											

DE 40 A 44 AÑOS FEMENINA

POS.	Nº	NOME	CLUB	P.	Natación	T1	P.	Ciclismo	Km/h.	T2	P.	Carrera	META	Dif.
1	6	SUSANA SIMÕES	PORTO RUNNERS	4	1:26:51	06:18	1	6:28:05	27.83	02:29	1	4:10:50	12:14:31	
2	5	NATALIA MIGUEZ LOPEZ	TRISADA	1	1:16:12	07:55	4	7:26:04	24.21	05:58	4	5:36:42	14:32:50	2:18:20
3	7	PAULINA ANDREA MOSQUE	NOSPORTLIMIT-TREK GALICIA	2	1:24:37	06:08	6	7:40:38	23.45	03:00	7	6:24:07	15:38:29	3:23:59

DE 45 A 49 AÑOS FEMENINA

POS.	Nº	NOME	CLUB	P.	Natación	T1	P.	Ciclismo	Km/h.	T2	P.	Carrera	META	Dif.
1	8	MANUELA BLASCO MORENO	CLUB ILICITANO TRIATLÓN	6	1:32:35	11:26	7	7:42:40	23.34	02:17	3	5:14:37	14:43:33	2:29:03
NF	9	CLARA CARMONA RUBIO	LICENCIA 1 DIA	8	1:40:05	10:55								

DE 50 A 54 AÑOS FEMENINA

POS.	Nº	NOME	CLUB	P.	Natación	T1	P.	Ciclismo	Km/h.	T2	P.	Carrera	META	Dif.
1	10	MARIOLA GARCIA-GUTIERRE	CLUB ILICITANO TRIATLÓN	3	1:26:20	06:45	8	8:08:08	22.13	04:21	6	6:02:27	15:47:59	3:33:29

NORTHWEST TRIMAN, 15/06/2014
ABSOLUTA FEMININA
CLASIFICACION POR EQUIPOS

1 TRISADA Inscritos: 2 Llegados: 2 Tiempo total: 29:42:04

PtoG	PtoClub	Nombre	T_Meta	CLUB
3	1	NATALIA MIGUEZ LOPEZ	14:32:50	TRISADA
5	2	MARIA LUISA RUA PRIETO	15:09:15	TRISADA

2 CLUB ILICITANO TRIATLÓN Inscritos: 2 Llegados: 2 Tiempo total: 30:31:31

PtoG	PtoClub	Nombre	T_Meta	CLUB
4	1	MANUELA BLASCO MORENO	14:43:33	CLUB ILICITANO TRIATLÓN
8	2	MARIOLA GARCIA-GUTIERREZ CASTEJON	15:47:59	CLUB ILICITANO TRIATLÓN


3 NOSPORTLIMIT-TREK GALICIA Inscritos: 2 Llegados: 2 Tiempo total: 31:17:30

PtoG	PtoClub	Nombre	T_Meta	CLUB
6	1	PAULINA ANDREA MOSQUERA	15:38:29	NOSPORTLIMIT-TREK GALICIA
7	2	ERIKA GUIJARRO DEL POZO	15:39:02	NOSPORTLIMIT-TREK GALICIA

NORTHWEST TRIMAN

CLASIFICACIÓN

ABSOLUTA MASCULINA

OFICIAIS		DATA 15/06/2014						
Delegado Técnico		HORA DE PUBLICACION 16/06/2014 2:32 Horas						
Xuiz Arbitro								
Responsable Oficiais								
COMITE DE APELACIÓN		Inscritos	398	Firma conformidade do Xuiz Arbitro				
		Remataron	331					
		Retirados	20					
		Descalificados	4					
		Non presentados	43					
Distancias								
Natación	3,8	Kms.	Ciclismo	180	Kms.	Carrera	42,2	Kms.

*NF=Non finalizado;NP=Non presentado; SD=Descalificado

POS.	Nº	NOME	CLUB	P.	Natación	T1	P.	Ciclismo	Km/h.	T2	P.	Carrera	META	Dif.
1	58	JOSE MANUEL VIEITO VILACOBA	ARCADE INFORHOUSE SANTI	7	0:57:44	02:28	5	5:12:06	34.61	01:14	2	3:14:32	9:28:02	
2	211	FERNANDO LUIÑA VELA	T. MURALLA LUGO	5	0:56:45	02:02	4	5:04:50	35.43	02:37	10	3:35:29	9:41:40	0:13:39
3	45	ALVARO GOMEZ CARDESIN	ARTROGAL-TRI 498	1	0:52:25	02:05	14	5:19:06	33.85	01:19	6	3:30:49	9:45:42	0:17:41
4	291	LUIS ALBERTO PAREDES COYA	CLUB TRIATLON MORRAZO	28	1:02:49	02:24	16	5:21:11	33.63	01:39	3	3:20:34	9:48:34	0:20:33
5	135	ENRIQUE MORAN GONZALEZ	CLUB ATLETISMO PORRIÑO	130	1:12:54	02:22	3	5:03:08	35.63	01:28	7	3:31:30	9:51:19	0:23:18
6	210	PABLO ISRAEL RODRIGUEZ LOPEZ	LICENCIA 1 DIA	15	1:01:05	02:01	10	5:17:23	34.03	01:33	5	3:29:45	9:51:45	0:23:44
7	240	TELMO VELOSO	PORTO RUNNERS	161	1:14:36	03:32	26	5:26:16	33.1	01:30	1	3:12:33	9:58:26	0:30:25
8	241	JAIME TIZÓN DAVILA	DEXTER TRIATLON COMPOST	76	1:08:18	03:20	12	5:18:19	33.93	02:17	4	3:29:22	10:01:35	0:33:34
9	114	PEDRO ESCOLANTE BILBAO	TRINITY TRIATLON	23	1:02:21	02:23	19	5:22:10	33.52	01:35	12	3:38:07	10:06:34	0:38:33
10	93	JOAO FRAGOSO		167	1:15:09	02:36	7	5:16:43	34.1	01:28	9	3:32:38	10:08:32	0:40:31
11	198	JUAN FRANCISCO FERNANDEZ MOL	CICLISMO TRIATLON MONTE	12	0:59:57	01:42	2	4:59:36	36.05	01:45	52	4:06:08	10:09:05	0:41:04
12	67	LUCIANO JESÚS CARRETERO SANC	TRINITY TRIATLON	115	1:11:31	01:29	6	5:13:44	34.43	01:35	17	3:42:05	10:10:21	0:42:20
13	348	RAMON ARIAS GARCIA	T. MURALLA LUGO	13	1:00:03	02:57	27	5:26:28	33.08	01:34	16	3:41:54	10:12:53	0:44:52
14	231	JOAQUIN RODRIGUEZ MELERO	AD COREBO	34	1:04:06	02:56	21	5:23:20	33.4	01:34	18	3:42:30	10:14:23	0:46:22
15	208	JOSE RIVEIRO NUÑEZ	ARTROGAL-TRI 498	36	1:04:08	02:57	8	5:17:12	34.05	02:35	23	3:47:48	10:14:38	0:46:36
16	85	DAVID LANDEIRA CASTRO	INDEPENDIENTE	32	1:03:49	02:38	20	5:22:36	33.48	01:31	20	3:45:07	10:15:38	0:47:37
17	146	VIRGILIO JOÃO LAGES BARBOSA	PEDALARTE TRIATLO	27	1:02:47	04:47	24	5:24:16	33.31	02:17	21	3:45:55	10:20:01	0:52:00
18	158	RAMON VARELA GARCIA	ARTROGAL-TRI 498	25	1:02:25	02:35	22	5:23:28	33.39	02:03	31	3:55:31	10:26:00	0:57:59
19	304	DANIEL SAMALEA MOLINA	PILOÑA.DEPORTE	98	1:10:07	05:10	13	5:18:25	33.92	02:48	36	3:58:52	10:35:19	1:07:18
20	259	JUAN CARLOS AUÑÓN GARVÍA	LICENCIA 1 DIA	9	0:57:50	03:40	59	5:43:28	31.44	01:45	25	3:49:56	10:36:37	1:08:36
21	244	EUGENIO GOMEZ MIQUEL	EL CANTERO DE LETUR TRIA	31	1:03:46	02:19	33	5:30:46	32.65	01:08	39	4:00:55	10:38:53	1:10:52
22	296	JUAN RAMON GARCIA HERNANZ	A.D. FOGAR	16	1:01:19	03:05	79	5:49:25	30.91	02:05	19	3:43:48	10:39:41	1:11:40
23	287	MITXEL SAGARZAZU CASTRILLO	TRI-ORACULO SANTA POLA	46	1:04:47	03:49	36	5:31:37	32.57	02:26	37	3:59:06	10:41:42	1:13:41
24	321	DAVID VAZQUEZ RODRIGUEZ	TRI OURENSE	96	1:10:01	02:25	15	5:20:21	33.71	01:37	56	4:07:49	10:42:10	1:14:09
25	347	MANUEL JOSÉ DÁVALOS JARAMILL	RECORD-TRIATLÓN PACENSE	162	1:14:42	03:56	56	5:41:24	31.64	01:52	15	3:41:21	10:43:12	1:15:11
26	219	RUI MIGUEL COVINHA VIANA	PEDALARTE TRIATLO	172	1:15:27	04:43	35	5:31:16	32.6	03:18	26	3:51:44	10:46:26	1:18:25
27	387	FERNANDO ALVAREZ HINOJAL	LICENCIA 1 DIA	63	1:07:20	03:21	108	6:02:15	29.81	01:26	8	3:32:17	10:46:37	1:18:36
28	187	JORGE RODRIGUEZ GARCIA	LICENCIA 1 DIA	79	1:08:25	03:50	32	5:29:55	32.74	03:34	41	4:01:23	10:47:05	1:19:04
29	227	GUSTAVO LÓPEZ MARTÍNEZ	TRINITY TRIATLON	196	1:17:07	03:43	17	5:21:32	33.59	03:09	46	4:03:07	10:48:36	1:20:35
30	188	FEDERICO JOSÉ LESENDE VALIÑO	NOSPORTLIMIT-TREK GALICIA	10	0:58:38	02:43	61	5:43:55	31.4	01:25	44	4:02:55	10:49:34	1:21:33
31	206	GUSTAVO CORROCHANO MELERO	LICENCIA 1 DIA	220	1:19:04	04:49	39	5:32:33	32.48	03:09	28	3:53:31	10:53:03	1:25:02
32	53	RUBEN CAAMAÑO NIETO	LICENCIA 1 DIA	49	1:05:46	04:08	49	5:36:30	32.1	02:33	49	4:05:27	10:54:21	1:26:20
33	326	PEDRO ANTONIO FERNÁNDEZ ROD	PILOÑA.DEPORTE	108	1:10:56	04:05	37	5:31:55	32.54	03:32	50	4:05:41	10:56:09	1:28:08
34	295	ALBERTO CABANAS NISTAL	C.D.T. NOVASCHOOL AÑORET	19	1:01:55	02:27	110	6:02:28	29.8	02:47	22	3:47:34	10:57:10	1:29:09
35	92	ANGEL DOS ANJOS SENDON	CICLISMO TRIATLON MONTE	40	1:04:18	02:43	9	5:17:12	34.05	01:51	134	4:31:47	10:57:48	1:29:47
36	344	JORGE MERINO ALVARO	CDE AGUERVERDE	35	1:04:07	02:43	46	5:35:53	32.15	03:17	63	4:13:29	10:59:27	1:31:26
37	100	PEDRO ANGEL MARTÍNEZ GRAÑA	CLUB CICLISTA RIAZOR	4	0:56:41	03:16	53	5:39:42	31.79	01:59	84	4:18:18	10:59:54	1:31:53
38	316	ILDEFONSO CEGARRA MANZANERA	LEGIOTRI	14	1:01:01	02:21	41	5:33:53	32.35	01:55	93	4:20:50	10:59:58	1:31:57
39	258	JOSÉ ANTONIO MARQUÉS VILAPLA	C.D. TRIATLON MONTILLA	104	1:10:34	03:44	31	5:28:27	32.88	02:08	73	4:15:37	11:00:28	1:32:27
40	122	JAVIER FERNANDEZ FERNANDEZ	TRINITY TRIATLON	216	1:18:57	03:45	97	5:57:43	30.19	02:13	13	3:38:21	11:00:57	1:32:56
41	233	JOSÉ ALBERTO CARBALLO LOUZA	LEGIOTRI	83	1:09:05	03:53	34	5:31:08	32.62	01:44	102	4:22:20	11:08:08	1:40:07

POS.	Nº	NOME	CLUB	P.	Natación	T1	P.	Ciclismo	Km/h.	T2	P.	Carrera	META	Dif.
42	144	FELIPE MARTINEZ MERA	ROQSPORT.COM-SAN ROQUE	67	1:07:27	04:50	25	5:25:04	33.22	01:53	122	4:29:12	11:08:24	1:40:23
43	82	JUAN CARLOS CANDAL DE LA CRU	NOSPORTLIMIT-TREK GALICIA	179	1:16:00	02:47	42	5:34:43	32.27	01:28	65	4:14:10	11:09:06	1:41:05
44	47	CARLOS GONZÁLEZ FLÓREZ	INTELLIGENT RUNNING - INTE	90	1:09:46	04:35	54	5:39:53	31.78	03:25	61	4:11:50	11:09:26	1:41:25
45	150	JOSE RAMON SANCHEZ QUINTELA	NOSPORTLIMIT-TREK GALICIA	240	1:19:57	04:25	68	5:46:48	31.14	03:00	32	3:55:32	11:09:39	1:41:38
46	129	JACOBO PEREZ CALVO	TRIATLON FERROL	93	1:09:55	03:26	86	5:52:54	30.6	02:22	40	4:01:04	11:09:40	1:41:39
47	215	JOSE RAMON TRABAZO BARCALA	CICLISMO TRIATLON MONTE	226	1:19:11	04:36	30	5:27:44	32.95	02:46	78	4:16:45	11:11:00	1:42:59
48	103	ANTONIO JESUS GONZALEZ BARRE	C.T. MORON	114	1:11:29	03:44	51	5:38:33	31.9	04:16	64	4:14:08	11:12:09	1:44:07
49	379	PEDRO LISTA SUÁREZ	A.D. FOGAR	73	1:07:53	02:31	52	5:39:31	31.81	01:22	96	4:21:26	11:12:42	1:44:41
50	307	FERNANDO SILVARREY REDONDO	NOSPORTLIMIT-TREK GALICIA	74	1:08:11	03:02	113	6:03:15	29.73	01:26	34	3:57:14	11:13:05	1:45:04
51	384	EUGENIO MARTÍNEZ PÉREZ	LICENCIA 1 DIA	71	1:07:45	06:23	69	5:46:58	31.13	03:16	59	4:10:05	11:14:25	1:46:24
52	61	RODRIGO CEREIJO VAAMONDE	LICENCIA 1 DIA	65	1:07:23	06:36	82	5:50:45	30.79	03:54	54	4:07:16	11:15:52	1:47:51
53	311	PEDRO MANUEL ESMORIS GARCIA	ROQSPORT.COM-SAN ROQUE	137	1:13:27	03:42	89	5:54:00	30.51	01:35	47	4:03:13	11:15:56	1:47:55
54	226	JOSE MANUEL BOQUETE CASAS	LICENCIA 1 DIA	92	1:09:54	05:05	62	5:44:10	31.38	03:54	81	4:17:30	11:20:31	1:52:30
55	343	ANTONIO RIBEIRO	PORTO RUNNERS	123	1:11:48	06:50	75	5:48:07	31.02	03:12	60	4:10:58	11:20:53	1:52:52
56	83	ESTEBAN NALDA JIMENEZ	TRIATLÓN BENALMADENA	47	1:05:17	03:15	28	5:26:33	33.07	02:49	173	4:43:44	11:21:37	1:53:36
57	105	FRANCISCO GUEIMUNDE CABALEIR	LICENCIA 1 DIA	251	1:20:34	06:06	100	5:58:10	30.15	03:47	27	3:53:05	11:21:39	1:53:38
58	166	IVAN MARCOS ALVAREZ	CLUB TRIATLÓN OVIEDO	26	1:02:36	03:08	50	5:36:48	32.07	01:58	157	4:37:34	11:22:02	1:54:01
59	94	ALEJANDRO CANAL GAMAZO	LICENCIA 1 DIA	261	1:21:19	05:15	95	5:56:26	30.3	02:58	35	3:57:15	11:23:11	1:55:10
60	355	CARLOS ROCA RODRIGUEZ	LICENCIA 1 DIA	11	0:59:39	06:24	240	6:33:10	27.47	05:29	14	3:39:10	11:23:49	1:55:48
61	189	JORGE PABLO RUIZ DE OÑA CRESP	PILOÑA.DEPORTE	318	1:32:57	08:07	38	5:32:22	32.49	04:26	55	4:07:41	11:25:31	1:57:30
62	136	EDUARDO FIGUEIRAS NÚÑEZ	DEXTER TRIATLON COMPOST	110	1:11:17	03:53	45	5:35:48	32.16	03:00	135	4:31:56	11:25:52	1:57:51
63	115	PABLO GONZÁLEZ FERNÁNDEZ	NOSPORTLIMIT-TREK GALICIA	88	1:09:41	03:45	55	5:40:06	31.76	02:54	127	4:29:48	11:26:12	1:58:11
64	180	VICTOR MANUEL MOURIÑO FORTES	CLUB ATLETISMO PORRIÑO	21	1:02:08	02:23	109	6:02:25	29.8	02:15	82	4:17:55	11:27:04	1:59:03
65	253	SANTIAGO GARCIA GONZALEZ	LICENCIA 1 DIA	228	1:19:15	08:53	188	6:17:49	28.59	05:22	11	3:36:42	11:28:00	1:59:59
66	185	ANGEL LOZANO NOVAS	NOSPORTLIMIT-TREK GALICIA	177	1:15:54	03:50	118	6:04:11	29.66	02:49	42	4:01:35	11:28:19	2:00:17
67	157	AVELINO CAAMAÑO NIETO	LICENCIA 1 DIA	203	1:17:51	03:57	146	6:08:37	29.3	03:04	30	3:55:09	11:28:36	2:00:35
68	126	HUGO FILIPE CAMPOS GOMES	PORTO RUNNERS	232	1:19:26	05:40	134	6:06:42	29.45	03:13	29	3:53:40	11:28:40	2:00:39
69	223	ROBERTO LOPEZ SOBRADO	NOSPORTLIMIT-TREK GALICIA	205	1:18:09	03:56	78	5:48:46	30.97	01:44	76	4:16:21	11:28:54	2:00:53
70	127	RAFAEL RAMOS FOJÓN	TRINITY TRIATLON	175	1:15:44	05:54	101	5:58:41	30.11	03:10	51	4:05:44	11:29:11	2:01:10
71	352	ANTONIO DIAZ MEIGENGO	BIKESTRADA TRIATLON	102	1:10:20	04:04	84	5:52:40	30.62	02:23	92	4:20:01	11:29:26	2:01:25
72	403	FAUSTINO BLANCO MANCEBO	CLUB DEPORTIVO TRIATLON	164	1:14:53	05:38	130	6:06:18	29.49	02:53	38	4:00:26	11:30:06	2:02:04
73	128	PEDRO GALVEZ PEREZ	TRIECJA NEVALUZ	44	1:04:43	03:34	80	5:49:26	30.91	03:30	125	4:29:36	11:30:46	2:02:45
74	69	IVAN RAMOS CADIerno	NOSPORTLIMIT-TREK GALICIA	78	1:08:24	04:00	104	5:59:55	30.01	03:54	69	4:14:41	11:30:51	2:02:50
75	184	RAUL GOMEZ SOTO	TRIATLÓN PACENSE	134	1:13:22	04:01	58	5:43:10	31.47	03:00	117	4:27:47	11:31:18	2:03:17
76	99	NACHO RUBIO SAMBONE	LICENCIA 1 DIA	210	1:18:24	05:11	70	5:47:08	31.11	04:39	83	4:18:17	11:33:37	2:05:36
77	43	EDUARDO SAAVEDRA LAGARES	TRIATLON FERROL	64	1:07:22	03:05	156	6:10:37	29.14	01:15	67	4:14:36	11:36:55	2:08:53
78	77	MANUEL SANTOS DOCAL	CLUB MONTE PENARUBIA RU	62	1:07:15	03:32	40	5:33:49	32.35	02:33	189	4:50:18	11:37:26	2:09:25
79	55	FÉLIX MARTÍNEZ GIGIRÍN	LICENCIA 1 DIA	53	1:06:04	05:27	66	5:46:12	31.2	03:46	150	4:36:28	11:37:56	2:09:55
80	329	EMILIO GONZALEZ GARCIA	A.D. FOGAR	112	1:11:18	04:08	83	5:51:02	30.77	01:46	126	4:29:45	11:37:58	2:09:57
81	243	RAFAEL ROMERO BELLO	LICENCIA 1 DIA	206	1:18:10	04:04	87	5:53:34	30.55	02:41	91	4:19:50	11:38:18	2:10:17
82	46	IVÁN GUIJARRO DEL POZO	TRIATLÓN CLAVERÍA MÓSTOL	209	1:18:19	04:17	57	5:42:23	31.54	02:52	130	4:30:58	11:38:48	2:10:47
83	306	ANDRÉ LUIZ GOMES DE MACEDO	TRIOURENSE	41	1:04:24	04:06	92	5:55:40	30.37	03:58	138	4:32:55	11:41:02	2:13:01
84	75	JAVIER CARREIRAS CUADRADO	C.E. TRIATHLONBCN	152	1:14:23	03:08	72	5:47:33	31.08	02:28	145	4:34:48	11:42:17	2:14:16
85	271	DAVID HERRERO GUTIERREZ DEL A	TRIATLON SANTANDER	131	1:13:05	05:39	189	6:17:50	28.58	03:26	43	4:02:38	11:42:37	2:14:36
86	370	JAVIER MONTERO LOPEZ	TRIATLON FERROL	120	1:11:39	03:24	73	5:47:48	31.05	02:32	156	4:37:24	11:42:45	2:14:44
87	27	ALEJANDRO CRUZ BOO	NOSPORTLIMIT-TREK GALICIA	153	1:14:28	02:48	76	5:48:19	31.01	02:52	144	4:34:47	11:43:11	2:15:10
88	272	ARTURO RAMOS FERROL	DEXTER TRIATLON COMPOST	202	1:17:51	03:07	60	5:43:34	31.44	01:40	158	4:38:08	11:44:18	2:16:17
89	369	MIGUEL CARBALLO GONZÁLEZ	TRI OURENSE	54	1:06:28	04:25	155	6:10:04	29.18	03:05	98	4:21:30	11:45:30	2:17:28
90	139	GABRIEL CARRIO ORTEGA	ZONA BOXES - DESNIVEL 0%	190	1:16:47	04:41	122	6:05:21	29.56	02:28	80	4:17:04	11:46:20	2:18:19
91	174	FRANCISCO JAVIER LASTRE MOLIN	C.D. TRIATLON MONTILLA	75	1:08:15	03:31	166	6:12:19	29.01	03:27	89	4:19:29	11:46:58	2:18:57
92	323	MIGUEL MARTINEZ BASURCO	ULTRASPORT-TEAM	38	1:04:14	04:12	150	6:09:51	29.2	03:13	112	4:26:48	11:48:16	2:20:15
93	371	JOSE ARMANDO REQUENA PEÑA	CLUB TRIATLON HELLIN	60	1:07:11	03:13	141	6:07:44	29.37	02:52	119	4:28:28	11:49:25	2:21:23
94	209	RUBEN ORTIZ MISAS	CLUB DEPORTIVO TRILEON	242	1:20:02	03:58	116	6:03:58	29.67	02:14	87	4:19:17	11:49:27	2:21:26
95	363	JOSE JAVIER GOMEZ IGLESIAS	TRI OURENSE	339	1:40:50	06:21	88	5:53:34	30.55	02:09	53	4:06:41	11:49:33	2:21:32
96	57	ALVARO FRANCISCO MANZANO AR	TRIATLON NAZARI	299	1:26:52	02:27	23	5:23:44	33.36	01:17	208	4:55:27	11:49:44	2:21:43
97	345	JUAN MÉNDEZ LÓPEZ	TRISADA	198	1:17:26	05:03	153	6:09:58	29.19	02:40	70	4:14:55	11:49:59	2:21:58
98	120	FRANCISCO JOSE CASTRILLON VAZ	CENTRO ASTURIANO OVIEDO	116	1:11:33	03:54	121	6:05:20	29.56	02:32	111	4:26:45	11:50:03	2:22:02
99	201	JOSÉ REY-SEIJO ALCALÁ	C.T. BAHIA DE MALAGA	30	1:03:25	04:35	131	6:06:21	29.48	03:09	140	4:33:23	11:50:52	2:22:51
100	168	ISMAEL GARCÍA VÁZQUEZ	CLUB OLIMPICO DE VEDRA	219	1:19:04	04:59	98	5:57:52	30.18	02:23	113	4:27:09	11:51:24	2:23:23
101	303	CARLOS LOBELLE CARUS	CLUB TRIATLON MORRAZO	207	1:18:10	03:16	96	5:57:33	30.21	02:29	129	4:30:55	11:52:21	2:24:20
102	293	MANUEL LEIRACHA VALENTIN	TRIATLON FERROL	265	1:21:39	05:13	180	6:16:10	28.71	06:24	45	4:02:58	11:52:22	2:24:21
103	145	ROMÁN DIEZ GEA	INDEPENDIENTE	191	1:16:55	03:36	90	5:55:23	30.39	02:21	143	4:34:39	11:52:52	2:24:51
104	351	LUIS ANGEL MARCOS GARCIA	TRI-ORACULO SANTA POLA	254	1:20:46	05:33	125	6:05:49	29.52	03:30	85	4:19:00	11:54:36	2:26:35
105	76	BRANDÁN XESÚS VALBUENA GARC	NOSPORTLIMIT-TREK GALICIA	66	1:07:25	03:07	182	6:16:23	28.69	02:17	108	4:26:27	11:55:37	2:27:36
106	173	MARCOS PERISCAL REY	NOSPORTLIMIT-TREK GALICIA	147	1:14:02	04:44	176	6:15:23	28.77	02:08	90	4:19:37	11:55:52	2:27:51

POS.	Nº	NOME	CLUB	P.	Natación	T1	P.	Ciclismo	Km/h.	T2	P.	Carrera	META	Dif.
107	90	GONZALO JIMÉNEZ MARTÍN	MARLINS TRIATLON MADRID	106	1:10:36	07:48	152	6:09:57	29.19	05:19	105	4:22:57	11:56:35	2:28:34
108	84	RICARDO ZABALEGUI MENDEZ	INDEPENDIENTE	154	1:14:29	05:14	191	6:17:57	28.58	03:51	75	4:16:15	11:57:44	2:29:43
109	33	FRANCISCO JAVIER NIETO LÓPEZ	C.D.E. PEGASO H30 TRIATLÓ	59	1:07:00	05:03	210	6:23:54	28.13	04:58	79	4:16:54	11:57:47	2:29:46
110	41	EMILIO PONCE LOPEZ	AGM TEAM TRISAB	229	1:19:22	09:50	169	6:13:47	28.89	05:30	57	4:09:27	11:57:55	2:29:54
111	16	PABLO MARCOS PAZOS	LICENCIA 1 DIA	100	1:10:08	04:09	138	6:07:09	29.42	03:13	142	4:33:45	11:58:22	2:30:21
112	394	JUAN JOSE GONZALEZ RAMIL	CLUB TRIATLON CORUÑA	109	1:11:01	05:31	106	6:01:13	29.9	02:39	159	4:38:43	11:59:06	2:31:04
113	102	JOAO PEDRO AFONSO		17	1:01:23	03:07	167	6:13:29	28.92	02:07	161	4:39:04	11:59:09	2:31:08
114	285	MARCELO RODRIGUEZ FILGUEIRAS	CLUB CICLISTA RIAZOR	144	1:13:51	03:21	147	6:08:37	29.3	01:47	139	4:32:56	12:00:30	2:32:29
115	249	IBON KORTAZAR AURRE	EXTREM ZORNOTZA	95	1:09:58	05:13	145	6:08:31	29.31	04:55	136	4:31:56	12:00:31	2:32:30
116	389	RICARDO REYERO HERMOSILLA	INDEPENDIENTE	221	1:19:05	07:02	85	5:52:47	30.61	04:58	152	4:36:43	12:00:34	2:32:33
117	112	EUTIQUIANO APARICIO MARTINEZ	ROQSPORT.COM-SAN ROQUE	298	1:26:51	07:44	107	6:01:30	29.88	03:28	97	4:21:29	12:01:00	2:32:59
118	264	MANUEL LÓPEZ CARBALLEIRA	TRINITY TRIATLON	315	1:31:42	05:36	132	6:06:26	29.47	02:41	68	4:14:38	12:01:01	2:33:00
119	192	RAFA MARCO SANCHIS	AGM TEAM TRISAB	306	1:29:04	06:33	137	6:06:56	29.43	05:33	62	4:13:01	12:01:04	2:33:03
120	25	NUNO MIGUEL JESUS PINTO	ASSOCIAÇÃO ACADÉMICA DE	81	1:08:45	04:28	190	6:17:52	28.58	02:48	114	4:27:14	12:01:05	2:33:04
121	78	PEDRO SALGUEIRO RILO	CICLISMO TRIATLON MONTE	151	1:14:08	04:40	170	6:13:57	28.88	01:55	110	4:26:42	12:01:20	2:33:19
122	242	MANUEL PEDRE VAZQUEZ	NOSPORTLIMIT-TREK GALICIA	160	1:14:34	04:02	47	5:35:59	32.15	03:33	226	5:04:51	12:02:57	2:34:56
123	29	IÑAKI ANDRADE FERNANDEZ	LICENCIA 1 DIA	150	1:14:07	05:11	124	6:05:22	29.56	02:20	149	4:36:15	12:03:14	2:35:13
124	134	JOSE ÁNGEL FERNÁNDEZ MORILLO	ZONA BOXES - DESNIVEL 0%	155	1:14:30	08:13	195	6:19:29	28.46	05:45	72	4:15:29	12:03:24	2:35:23
125	172	CIBRIÁN CARNICERO SUÁREZ	ZONA BOXES - DESNIVEL 0%	89	1:09:41	02:44	74	5:47:55	31.04	03:43	219	4:59:29	12:03:30	2:35:29
126	386	ARMANDO PIÑEIRO PEREZ	BIKESTRADA TRIATLON	39	1:04:16	05:33	112	6:02:53	29.76	05:30	185	4:47:14	12:05:25	2:37:24
127	207	GONZALO RODRÍGUEZ DIEZ DEL CO	LICENCIA 1 DIA	55	1:06:42	05:48	140	6:07:37	29.38	04:07	168	4:41:18	12:05:31	2:37:30
128	274	JORGE MANUEL GARCIA RODRIGUE	DEXTER TRIATLON COMPOST	303	1:27:39					24:20	171	4:42:36	12:07:15	2:39:14
129	353	JOSE A VEIGA MOSQUERA	ARCADE INFORHOUSE SANTI	292	1:25:22	03:44	184	6:16:48	28.66	02:12	88	4:19:20	12:07:23	2:39:22
130	101	JOSE ALBERTO FORNAS	CYCLONES CT ALBAL	77	1:08:20	02:41	128	6:06:01	29.51	03:04	187	4:47:25	12:07:29	2:39:28
131	49	ANTONIO PIÑEIRO PEON	TRIATLON MOTOBIKE PONTE	6	0:57:36	05:28	232	6:30:49	27.64	03:00	131	4:31:01	12:07:52	2:39:51
132	398	FERNANDO ORTEGA FERNANDEZ	TRIATLON PISUERGA-TRIPI	296	1:26:36	04:48	159	6:11:32	29.07	04:01	94	4:21:00	12:07:55	2:39:54
133	266	JESUS CEBREIRO LOPEZ	LICENCIA 1 DIA	163	1:14:45	09:27	173	6:15:19	28.78	06:31	103	4:22:52	12:08:52	2:40:51
134	182	HECTOR SECADES DEL GALLO	CLUB DEPORTIVO GIMNASIO	186	1:16:34	09:00	237	6:32:36	27.51	06:13	48	4:04:37	12:08:58	2:40:57
135	359	ENRIQUE LUIS ALVAREZ ESTEVEZ	NOSPORTLIMIT-TREK GALICIA	194	1:17:03	02:36	144	6:08:18	29.33	01:43	163	4:39:23	12:09:02	2:41:01
136	282	OSCAR MARIN ARTECHE	C.D. TRIAT-ALANDALUS	227	1:19:13	06:04	65	5:45:57	31.22	03:01	209	4:55:33	12:09:45	2:41:44
137	89	ALBERTO LÓPEZ NÚÑEZ	CASTRILLÓN TRIATLÓN	181	1:16:05	10:45	175	6:15:20	28.78	06:39	95	4:21:11	12:09:59	2:41:57
138	147	NACHO VAZQUEZ CORREDOR	LICENCIA 1 DIA	231	1:19:25	03:59	142	6:07:55	29.35	02:49	151	4:36:29	12:10:36	2:42:35
139	197	JAVIER DE PEDRO ORMEÑO	C.D.E. PEGASO H30 TRIATLÓ	105	1:10:35	07:09	231	6:30:32	27.66	07:48	66	4:14:35	12:10:36	2:42:35
140	331	ROBERTO L. VILLARES RAMOS	LICENCIA 1 DIA	117	1:11:33	04:44	204	6:20:49	28.36	02:56	132	4:31:05	12:11:05	2:43:04
141	273	GUILLERMO SANZ MUÑOZ	A.D.T. CAMPOO-REINOSA	238	1:19:51	04:22	185	6:16:53	28.66	03:02	116	4:27:42	12:11:48	2:43:46
142	380	ÁNGEL JAVIER GARCÍA SÁNCHEZ	CLUB TRIATLÓN OVIEDO	271	1:21:58	04:13	183	6:16:31	28.68	01:56	118	4:27:55	12:12:32	2:44:31
143	298	JOSE ANTONIO RODRÍGUEZ FEIJÓO	LICENCIA 1 DIA	243	1:20:08	04:27	149	6:09:07	29.26	04:00	147	4:35:38	12:13:18	2:45:17
144	252	JULIO GONZÁLEZ DIÉGUEZ	AXA AGENCIA GARRIGA-BEAR	85	1:09:18	04:29	154	6:10:00	29.19	02:36	186	4:47:14	12:13:35	2:45:34
145	133	BELTRÁN GIL ZARZA	INDEPENDIENTE	103	1:10:33	06:59	99	5:58:05	30.16	03:54	210	4:56:21	12:15:50	2:47:48
146	81	ALBERTO NAVARRO GARVI	LICENCIA 1 DIA	91	1:09:49	06:59	230	6:29:59	27.69	05:03	107	4:25:09	12:16:57	2:48:56
147	70	FABIO ALIA GUTIERREZ	LICENCIA 1 DIA	282	1:24:26	12:29	222	6:27:38	27.86	04:04	58	4:09:28	12:18:02	2:50:01
148	119	RUBEN DIAZ FRANCO	NOSPORTLIMIT-TREK GALICIA	165	1:14:58	08:00	197	6:19:43	28.44	04:26	133	4:31:22	12:18:27	2:50:26
149	34	DIEGO PÉREZ SANTOS	NOSPORTLIMIT-TREK GALICIA	204	1:18:03	06:50	91	5:55:31	30.38	03:50	205	4:54:36	12:18:47	2:50:46
150	319	ELOY MADERO ANTÓN	LICENCIA 1 DIA	274	1:22:22	10:40	284	6:55:23	26	02:29	24	3:49:24	12:20:16	2:52:15
151	108	ERNESTO SOBRINO MARFULL	LICENCIA 1 DIA	82	1:08:48	05:44	302	7:04:27	25.45	05:26	33	3:56:00	12:20:22	2:52:21
152	263	MIGUEL ANGEL ESMORIS GARCÍA	ROQSPORT.COM-SAN ROQUE	174	1:15:38	04:33	139	6:07:36	29.38	02:20	193	4:50:59	12:21:04	2:53:03
153	288	ALBERTO FERNANDEZ MUÑIZ	NOSPORTLIMIT-TREK GALICIA	29	1:03:18	04:11	256	6:38:34	27.1	02:01	141	4:33:31	12:21:33	2:53:32
154	261	JOSE LUIS CASES RODRIGO	LICENCIA 1 DIA	86	1:09:30	05:54	259	6:40:41	26.95	04:10	100	4:21:57	12:22:10	2:54:09
155	232	VICENTE MARTINEZ SANZ	EL CANTERO DE LETUR TRIA	94	1:09:56	04:59	119	6:04:13	29.65	04:22	214	4:58:41	12:22:10	2:54:09
156	340	MIGUEL LAMELA MÉNDEZ	LICENCIA 1 DIA	276	1:22:46	06:12	201	6:20:16	28.4	05:31	115	4:27:38	12:22:21	2:54:20
157	281	RUI PENA	AASM TRIATLO	234	1:19:42	03:47	158	6:11:23	29.08	02:39	176	4:45:12	12:22:40	2:54:39
158	163	ALEJANDRO GONZALEZ GONZALEZ	INTELLIGENT RUNNING - INTE	101	1:10:16	08:58	114	6:03:54	29.68	06:56	200	4:52:48	12:22:51	2:54:50
159	361	JUAN JOSE GOMEZ NEGREIRA	CLUB TRIATLON CORUÑA	169	1:15:11	03:28	165	6:12:11	29.02	01:49	191	4:50:47	12:23:25	2:55:24
160	248	CÉSAR AUGUSTO FERNANDEZ LUN	LICENCIA 1 DIA	142	1:13:38	04:02	161	6:11:47	29.05	01:42	201	4:52:52	12:23:59	2:55:58
161	156	PABLO INSUA PEDROSA	LICENCIA 1 DIA	300	1:26:57	04:05	168	6:13:39	28.91	02:29	155	4:37:22	12:24:30	2:56:29
162	28	JUAN CRUZ CARRETERO SANCHEZ	LICENCIA 1 DIA	48	1:05:22	04:30	81	5:50:01	30.86	02:12	276	5:23:19	12:25:23	2:57:22
163	39	ALBERTO URBÓN PAYO	LICENCIA 1 DIA	278	1:23:04	07:33	162	6:11:49	29.05	07:02	154	4:37:12	12:26:38	2:58:37
164	31	OSCAR FREIRE BARGO	TEAM CORBELO	148	1:14:02	03:19	71	5:47:15	31.1	02:12	266	5:20:00	12:26:46	2:58:45
165	186	BORJA FERRER MARQUEZ	CLUB TRIATLON MORALZARZ	170	1:15:23	06:19	254	6:38:22	27.11	05:07	99	4:21:53	12:27:02	2:59:00
166	137	EMILIO JOSÉ GARCÍA MORÁN	ZONA BOXES - DESNIVEL 0%	84	1:09:08	06:29	209	6:22:42	28.22	03:55	180	4:46:05	12:28:18	3:00:17
167	107	RUBEN JOSÉ LÓPEZ FERNÁNDEZ	TRIATLON FERROL	338	1:40:41	09:06	186	6:17:10	28.63	04:51	77	4:16:35	12:28:22	3:00:21
168	51	ALEJANDRO CASANOVA VEIGA	LICENCIA 1 DIA	87	1:09:33	04:16	261	6:41:47	26.88	04:13	120	4:28:35	12:28:22	3:00:21
169	346	FERNANDO IBARRA CARBÓN	CIDADE DE LUGO FLUVIAL	311	1:30:37	05:14	94	5:56:18	30.31	02:58	204	4:53:59	12:29:06	3:01:04
170	246	ALBERTO SANTOS BLANCO	LICENCIA 1 DIA	146	1:13:57	09:16	135	6:06:47	29.45	03:00	211	4:56:39	12:29:38	3:01:36
171	165	MANUEL ANTONIO GARRIDO CONC	ARTROGAL-TRI 498	201	1:17:32	06:09	207	6:21:18	28.32	05:46	164	4:39:46	12:30:29	3:02:28

POS.	Nº	NOME	CLUB	P.	Natación	T1	P.	Ciclismo	Km/h.	T2	P.	Carrera	META	Dif.
172	204	JULIO GARCIA FACHAL	ARTROGAL-TRI 498	329	1:37:52	08:33	171	6:15:01	28.8	07:03	101	4:22:14	12:30:41	3:02:40
173	324	AMANDO MARTINEZ LOPEZ	CLUB TRIATLON HELLIN	45	1:04:46	02:10	283	6:55:09	26.02	02:09	109	4:26:30	12:30:43	3:02:42
174	123	JOSÉ MANUEL TURNES CORDEIRO	NOSPORTLIMIT-TREK GALICIA	317	1:32:56	05:53	244	6:34:08	27.4	03:57	74	4:16:10	12:33:02	3:05:01
175	191	JAVIER MARTIN ALVAREZ	TRI OURENSE	168	1:15:09	05:57	177	6:15:37	28.75	05:25	198	4:52:27	12:34:33	3:06:32
176	283	RAMON HEVIA MORENO	CENTRO ASTURIANO OVIEDO	182	1:16:07	03:20	77	5:48:38	30.98	03:46	273	5:22:44	12:34:33	3:06:32
177	230	PABLO GONZALEZ MENDEZ	CLUB MONTE PENARUBIA RU	263	1:21:30	05:18	216	6:26:04	27.98	02:40	166	4:40:06	12:35:36	3:07:35
178	342	PABLO TEJEIRO LOPEZ	CLUB TRIATLON CORUÑA	280	1:23:56	05:06	229	6:29:22	27.74	02:29	146	4:35:21	12:36:12	3:08:11
179	13	PABLO VILAS CABO	DEXTER TRIATLON COMPOST	52	1:06:03	03:54	178	6:15:43	28.75	02:55	235	5:08:33	12:37:06	3:09:05
180	366	JOSE LUIS NAYA ORGEIRA	NOSPORTLIMIT-TREK GALICIA	183	1:16:13	05:49	260	6:41:44	26.88	04:12	128	4:29:58	12:37:54	3:09:53
181	196	ROBERTO CARLOS COBAS GARCIA	NOSPORTLIMIT-TREK GALICIA	149	1:14:06	07:41	242	6:33:50	27.42	06:26	148	4:35:56	12:37:57	3:09:56
182	138	AGUSTIN SOUSA GONZÁLEZ	NOSPORTLIMIT-TREK GALICIA	143	1:13:47	03:14	105	6:00:18	29.98	03:11	261	5:18:22	12:38:50	3:10:48
183	91	JOSÉ MANUEL PEDROSA MAYO	LICENCIA 1 DIA	245	1:20:27	09:03	103	5:59:34	30.04	04:49	232	5:06:33	12:40:24	3:12:23
184	292	OSCAR REDONDO MAÑAS	INDEPENDIENTE	312	1:30:57	07:14	262	6:41:49	26.88	05:53	71	4:15:05	12:40:56	3:12:55
185	195	MIGUEL ÁNGEL GONZÁLEZ CAL	TRINITY TRIATLON	125	1:11:56	06:16	203	6:20:49	28.36	02:38	217	4:59:22	12:40:59	3:12:58
186	221	SERGIO DEL ARCO MARQUIZ	CLUB OLIMPICO DE VEDRA	302	1:27:28	04:13	172	6:15:03	28.8	02:43	194	4:51:34	12:41:00	3:12:58
187	132	CARLOS BARCALA PÉREZ	LICENCIA 1 DIA	128	1:12:21	06:29	255	6:38:25	27.11	03:57	165	4:39:57	12:41:08	3:13:06
188	32	RAUL MORENO VALERA	CLUB ATLETIC PALAFRUGELL	178	1:15:56	03:00	93	5:55:48	30.36	01:48	278	5:24:56	12:41:26	3:13:25
189	332	CARLOS FERNANDEZ EXPOSITO	LICENCIA 1 DIA	195	1:17:06	03:50	194	6:18:42	28.52	02:36	218	4:59:24	12:41:36	3:13:34
190	164	HECTOR VAZQUEZ REY	LICENCIA 1 DIA	289	1:25:03	06:24	102	5:59:07	30.07	03:00	237	5:08:42	12:42:13	3:14:12
191	88	DANIEL CADENAS TORRÓN	LICENCIA 1 DIA	258	1:21:08	03:44	133	6:06:29	29.47	02:30	234	5:08:31	12:42:20	3:14:19
192	59	CARLOS ANDRÉS RAMÍREZ DUART	INDEPENDIENTE	139	1:13:30	04:03	48	5:36:04	32.14	04:21	298	5:44:28	12:42:24	3:14:23
193	18	ANDRÉS VIDAL GIRÁLDEZ	NOSPORTLIMIT-TREK GALICIA	141	1:13:38	02:48	223	6:27:42	27.86	01:49	212	4:56:51	12:42:46	3:14:44
194	320	MARCOS LOBO CORTES	TRIA TLON LA OLMA	275	1:22:34	08:33	111	6:02:30	29.79	04:31	225	5:04:42	12:42:48	3:14:47
195	356	PEP HIGUERAS LEÓN	C.C ESQUENAPELATS LESCA	323	1:35:33	09:42	151	6:09:57	29.19	06:25	170	4:42:25	12:44:02	3:16:01
196	124	PABLO RAMIL FREÁN	NOSPORTLIMIT-TREK GALICIA	197	1:17:15	06:23	271	6:45:36	26.63	05:32	123	4:29:31	12:44:15	3:16:14
197	325	GORKA LOPEZ PRIETO	LICENCIA 1 DIA	334	1:39:00	04:02	224	6:28:27	27.8	04:08	124	4:29:33	12:45:09	3:17:08
198	301	FRANCISCO JOSE FERNANDEZ GAR	ZONA BOXES - DESNIVEL 0%	208	1:18:13	05:51	214	6:25:18	28.03	05:25	190	4:50:27	12:45:12	3:17:11
199	399	JUAN-CARLOS FEAL RIVERA	LICENCIA 1 DIA	320	1:33:42	06:47	202	6:20:47	28.36	05:32	162	4:39:23	12:46:10	3:18:09
200	254	FRANCISCO JAVIER FERNANDEZ C	TRIA TLÓN CDTP ELCHE	348	1:53:18	06:13	211	6:24:17	28.1	03:18	86	4:19:10	12:46:15	3:18:14
201	284	LUIS DANIEL LESENDE VALIÑO	NOSPORTLIMIT-TREK GALICIA	237	1:19:44	05:16	160	6:11:44	29.05	04:42	227	5:04:57	12:46:20	3:18:19
202	216	MARCOS VALENCIA GARCÍA	LICENCIA 1 DIA	157	1:14:31	04:20	181	6:16:17	28.7	03:56	233	5:07:27	12:46:29	3:18:28
203	159	JOSE ANTONIO PEREZ RUBIO	AGM TEAM TRISAB	253	1:20:42	04:43	117	6:04:00	29.67	02:42	257	5:15:15	12:47:20	3:19:19
204	276	JESÚS CARLOS QUINTAS BARROS	NOSPORTLIMIT-TREK GALICIA	3	0:52:53	07:43	227	6:29:03	27.76	05:25	248	5:12:22	12:47:24	3:19:23
205	349	DIEGO SECO LAMAS	TRINITY TRIATLON	309	1:29:49	04:59	199	6:20:09	28.41	05:51	182	4:46:45	12:47:31	3:19:30
206	341	JUAN PATIÑO VARELA	NOSPORTLIMIT-TREK GALICIA	138	1:13:28	06:36	247	6:35:27	27.31	06:52	178	4:45:42	12:48:03	3:20:02
207	193	JOSE ISIDRO SANCHEZ CAMARERO	LICENCIA 1 DIA	99	1:10:08	07:29	246	6:34:50	27.35	08:40	184	4:47:02	12:48:07	3:20:06
208	294	JOSE Mª GUEIMUNDE CABALEIRO	LICENCIA 1 DIA	159	1:14:34	06:40	235	6:31:38	27.58	04:39	196	4:52:09	12:49:39	3:21:38
209	140	XOSÉ FERNÁNDEZ SEGURADO	LICENCIA 1 DIA	127	1:12:12	05:56	143	6:08:13	29.33	03:37	265	5:19:53	12:49:50	3:21:49
210	149	MIGUEL PRECEDO POSE	LICENCIA 1 DIA	173	1:15:31	13:55	236	6:32:32	27.51	07:01	172	4:43:26	12:52:23	3:24:22
211	170	JESÚS RUIZ RENTERO	LICENCIA 1 DIA	188	1:16:42	04:13	215	6:25:36	28.01	03:56	222	5:02:03	12:52:27	3:24:26
212	60	ALEJANDRO GONZALEZ MONTERO	CLUB MONTE PENARUBIA RU	239	1:19:57	07:58	219	6:26:57	27.91	05:33	197	4:52:20	12:52:43	3:24:42
213	390	PAULO ALEXANDRE SILVA NEVES		56	1:06:50	02:56	148	6:08:46	29.29	02:00	285	5:32:39	12:53:08	3:25:07
214	200	JESÚS RODIL PATRICIO	CLUB ATLÉTICO OCLE	250	1:20:31	03:56	126	6:05:50	29.52	05:48	259	5:17:22	12:53:25	3:25:24
215	375	MANUEL ANGEL PITA PEREIRA	TRIA TLON FERROL	218	1:19:02	03:01	196	6:19:34	28.45	01:42	244	5:10:23	12:53:41	3:25:39
216	222	EMILIO XOSÉ GONZÁLEZ LEMOS	LICENCIA 1 DIA	267	1:21:44	07:37	136	6:06:48	29.45	07:48	242	5:10:19	12:54:12	3:26:11
217	142	RUBEN DARIO RODRIGUEZ TEY	C.D. CADIZ COSTA DE LA LUZ	121	1:11:42	05:54	212	6:24:43	28.07	06:14	231	5:06:15	12:54:46	3:26:45
218	160	ANDRÉS DOMINGUEZ SILVA	CLUB TRIATLON CORUÑA	72	1:07:52	04:16	217	6:26:26	27.95	02:53	258	5:15:23	12:56:48	3:28:47
219	265	PEDRO JOSÉ ARDUENGO CUESTA	PILOÑA.DEPORTE	189	1:16:45	06:20	192	6:18:09	28.56	03:12	255	5:14:15	12:58:40	3:30:39
220	36	JOSÉ MIGUEL FERNÁNDEZ CRUZ	CLUB ATLETISMO PORRIÑO	244	1:20:23	04:45	225	6:28:54	27.77	03:00	221	5:01:50	12:58:51	3:30:50
221	269	PEDRO MIGUEL ALONSO	LICENCIA 1 DIA	171	1:15:23	08:22	187	6:17:29	28.61	07:28	243	5:10:19	12:59:00	3:30:59
222	224	JESUS MANUEL DÍAZ GONZÁLEZ	C.T. BASE DEPORTES JOSELE	279	1:23:54	03:45	238	6:32:39	27.51	03:19	216	4:59:04	13:02:39	3:34:38
223	400	ANTONIO FEDERICO SERRAT SOTO	A.D. TRI-PENTA TERRAS DE L	61	1:07:12	05:31	292	6:58:52	25.78	05:17	179	4:45:57	13:02:47	3:34:46
224	161	JULIAN CALVO LOPEZ	LICENCIA 1 DIA	255	1:20:56	07:05	266	6:43:17	26.78	06:35	183	4:46:57	13:04:49	3:36:47
225	376	RAFAEL ALEDO VIVES	CLUB ILICITANO TRIA TLÓN	51	1:05:58	06:49	193	6:18:39	28.52	04:39	281	5:28:53	13:04:56	3:36:55
226	290	ALVARO RIVAS ARES	CLUB TRIATLON CORUÑA	80	1:08:35	03:31	218	6:26:41	27.93	03:12	275	5:23:14	13:05:12	3:37:11
227	333	RAMIRO EDER FERNANDEZ PEREZ	TRIA TLON MOTOBIKE PONTE	69	1:07:33	05:06	276	6:51:14	26.26	04:12	213	4:58:16	13:06:20	3:38:19
228	313	ANGEL PAZ BERMÚDEZ	BIKESTRADA TRIATLON	33	1:03:50	03:02	282	6:54:28	26.06	04:11	220	5:01:06	13:06:36	3:38:35
229	52	PABLO FRANCO YAÑEZ	CLUB TRIATLON CORUÑA	223	1:19:07	05:59	293	6:58:59	25.78	05:06	160	4:38:57	13:08:06	3:40:04
230	42	RUBÉN MANUEL FERRERO CAÑA	LICENCIA 1 DIA	192	1:16:57	15:59	268	6:43:54	26.74	06:29	181	4:46:26	13:09:43	3:41:42
231	154	FRANCISCO JORDÀ SÁNCHEZ	CLUB CICLISTA EO	43	1:04:42	04:48	123	6:05:22	29.56	02:34	310	5:52:28	13:09:52	3:41:51
232	153	JUAN DÍAZ PARDO	TRIA TLON FERROL	185	1:16:24	10:17	129	6:06:05	29.5	07:05	283	5:30:18	13:10:08	3:42:07
233	86	CARLOS DE LUIS GONZÁLEZ	CLUB TRIATLON LEON	270	1:21:55	05:19	245	6:34:33	27.37	02:52	229	5:05:31	13:10:09	3:42:07
234	15	BRUNO BELLO LAFUENTE	NOSPORTLIMIT-TREK GALICIA	215	1:18:46	05:15	253	6:37:46	27.15	03:22	230	5:05:57	13:11:05	3:43:03
235	171	ISAAC FRAGOSO PEREZ	NOSPORTLIMIT-TREK GALICIA	249	1:20:30	05:53	228	6:29:16	27.75	05:33	240	5:10:06	13:11:16	3:43:15
236	40	VICTOR FERNANDEZ MARTIN	INDEPENDIENTE	328	1:37:39	09:40	251	6:37:28	27.17	06:17	167	4:40:54	13:11:56	3:43:54

POS.	Nº	NOME	CLUB	P.	Natación	T1	P.	Ciclismo	Km/h.	T2	P.	Carrera	META	Dif.
237	337	RAFAEL BECERRO DE LA TORRE	TRIATLON PISUERGA-TRIPI	252	1:20:35	06:32	233	6:30:57	27.63	05:24	236	5:08:35	13:12:01	3:44:00
238	175	JAVIER GONZÁLEZ SAINZ	C.D. CADIZ COSTA DE LA LUZ	287	1:24:59	03:23	226	6:28:56	27.77	02:37	249	5:12:30	13:12:23	3:44:22
239	310	JOSE MANUEL PEREZ ALVAREZ	LICENCIA 1 DIA	308	1:29:37	08:51	296	6:59:35	25.74	09:57	106	4:24:50	13:12:49	3:44:48
240	217	LUIS FRANCISCO SANCHEZ JIMENE	LICENCIA 1 DIA	233	1:19:33	06:21	312	7:09:20	25.16	04:05	153	4:36:47	13:16:04	3:48:03
241	402	JOSE MANUEL PERNAS VAZQUEZ	ROQSPORT.COM-SAN ROQUE	341	1:44:02	06:14	249	6:36:31	27.24	04:00	177	4:45:38	13:16:24	3:48:23
242	396	JUAN DE PABLO SORIA	WILD&FREE	132	1:13:11	07:54	220	6:26:59	27.91	03:51	277	5:24:51	13:16:45	3:48:44
243	373	FRANCISCO JAVIER HERNANDEZ R	WILD&FREE	266	1:21:41	06:57	252	6:37:42	27.16	06:10	224	5:04:18	13:16:46	3:48:45
244	228	DAVID CLIMENT BONET	KOMANDO FISIOJREIG.COM 1	68	1:07:29	03:37	208	6:21:51	28.28	01:50	296	5:42:50	13:17:35	3:49:34
245	381	RICARDO MASIÁN BESSARD	NOSPORTLIMIT-TREK GALICIA	259	1:21:09	03:29	290	6:57:19	25.88	02:56	199	4:52:45	13:17:36	3:49:35
246	247	CARLOS MANUEL FERNANDEZ FER	INDEPENDIENTE	294	1:25:46	05:09	234	6:31:06	27.62	03:08	250	5:12:45	13:17:51	3:49:50
247	377	ANTONIO FILGUEIRAS BOUZA	LICENCIA 1 DIA	236	1:19:43	05:53	179	6:15:52	28.73	03:09	288	5:35:55	13:20:31	3:52:30
248	63	ALBERTO SOUTO PAEZ	LICENCIA 1 DIA	135	1:13:22	04:57	115	6:03:57	29.68	04:00	312	5:54:17	13:20:31	3:52:30
249	19	DANIEL ABELEDO MANTEIGA	TRISADA	8	0:57:49	02:20	250	6:36:46	27.22	02:01	294	5:41:38	13:20:31	3:52:30
250	302	PACO GARCÍA DANS	LICENCIA 1 DIA	310	1:30:37	07:18	310	7:09:13	25.16	05:12	121	4:29:11	13:21:29	3:53:28
251	329	LUIS ENRIQUE ALVAREZ FORNOS	LICENCIA 1 DIA	199	1:17:28	04:48	239	6:32:52	27.49	05:43	271	5:22:09	13:22:58	3:54:56
252	237	PABLO FERNANDEZ RODRIGUEZ	LICENCIA 1 DIA	277	1:22:47	05:30	120	6:04:14	29.65	04:10	302	5:47:42	13:24:21	3:56:20
253	214	ANTÓN LOPES LEITÓN VEIGA	LICENCIA 1 DIA	325	1:36:50	13:28	264	6:42:02	26.86	07:55	175	4:45:00	13:25:14	3:57:13
254	22	IVAN VAZQUEZ GOMEZ	LICENCIA 1 DIA	290	1:25:18	05:13	258	6:40:11	26.99	03:57	246	5:11:24	13:26:01	3:58:00
255	299	PABLO CURRÁS PAREDES	CLUB TRIATLON MORRAZO	145	1:13:53	02:53	279	6:52:54	26.16	02:45	254	5:13:54	13:26:16	3:58:15
256	262	JUAN IGNACIO TODOLÍ MATAIX	C.T. POBLATS MARITIMS	158	1:14:32	04:00	174	6:15:19	28.78	03:10	304	5:49:50	13:26:50	3:58:49
257	229	MARCOS CARRERA TÁBOAS	LICENCIA 1 DIA	262	1:21:24	04:32	213	6:24:57	28.06	04:14	284	5:31:46	13:26:51	3:58:50
258	280	FRANCISCO SERRANO CRUZ	LICENCIA 1 DIA	283	1:24:27	10:15	301	7:03:58	25.47	06:40	169	4:41:53	13:27:12	3:59:10
259	378	RAFAEL ESQUITINO GOMARIZ	CLUB ILICITANO TRIATLÓN	212	1:18:37	08:52	257	6:39:15	27.05	07:40	256	5:15:02	13:29:24	4:01:23
260	109	JUAN ANTONIO VIDAL SOUTO	TRIATLON FERROL	284	1:24:29	07:13	206	6:20:57	28.35	05:07	286	5:33:17	13:31:02	4:03:01
261	238	SERGIO CANALES MARCOS	LICENCIA 1 DIA	107	1:10:55	09:58	274	6:49:10	26.4	09:29	252	5:13:24	13:32:54	4:04:53
262	393	MODESTO RODRIGUEZ OTERO	AXA AGENCIA GARRIGA-BEAR	349	1:53:57	06:13	243	6:33:55	27.42	04:31	206	4:55:20	13:33:54	4:05:53
263	407	LUIS PIRES	ASSOCIAÇÃO ACADÉMICA DE	264	1:21:38	11:13	267	6:43:20	26.78	12:46	228	5:05:24	13:34:20	4:06:19
264	218	ALEJANDRO JOSÉ DE MARIA HERN	LICENCIA 1 DIA	230	1:19:23	09:13	329	7:28:08	24.1	05:49	137	4:32:08	13:34:40	4:06:38
265	125	JUAN MANUEL MIRA IGLESIAS	LICENCIA 1 DIA	295	1:25:58	06:36	280	6:53:14	26.14	02:05	239	5:10:02	13:37:54	4:09:53
266	199	ANGEL PAZÓ PEREZ	LICENCIA 1 DIA	126	1:12:01	09:25	321	7:18:46	24.61	04:41	203	4:53:57	13:38:48	4:10:46
267	286	ELOY SANTAMARÍA REGALIZA	LICENCIA 1 DIA	214	1:18:44	08:13	313	7:09:51	25.13	07:25	207	4:55:24	13:39:35	4:11:34
268	350	FRANCISCO JOSE OTERO LOPEZ	LICENCIA 1 DIA	211	1:18:26	05:54	275	6:49:28	26.38	03:10	274	5:23:08	13:40:04	4:12:03
269	116	AMARO GONZÁLEZ GARCÍA	LICENCIA 1 DIA	326	1:36:58	10:20	157	6:11:07	29.1	22:01	269	5:21:14	13:41:38	4:13:36
270	255	MIGUEL MÍGUEZ OTERO	LICENCIA 1 DIA	347	1:53:09	09:57	164	6:12:10	29.02	05:08	270	5:21:19	13:41:42	4:13:41
271	314	JACOBO ANICETO SANCHEZ-BÁLG	NOSPORTLIMIT-TREK GALICIA	248	1:20:30	03:47	306	7:05:35	25.38	02:42	245	5:10:41	13:43:13	4:15:12
272	360	EDUARDO PAREDES FERRIO	LICENCIA 1 DIA			43:05	305	7:05:28	25.38	05:19	188	4:49:06	13:43:16	4:15:15
273	308	RAFAEL PAIS COMINO	LICENCIA 1 DIA	166	1:15:08	06:52	205	6:20:55	28.35	05:11	313	5:55:23	13:43:28	4:15:26
274	251	RENATO CARDOSO	PORTO RUNNERS	235	1:19:43	05:08	298	7:00:55	25.66	06:35	251	5:12:47	13:45:05	4:17:04
275	312	ALFONSO DANS ALVAREZ DE SOTO	NOSPORTLIMIT-TREK GALICIA	193	1:17:00	09:29	323	7:20:32	24.52	04:37	202	4:53:50	13:45:27	4:17:26
276	336	JOSE MARIA MUÑOZ EGEEA	C.T. ALMERIA	140	1:13:37	10:19	324	7:21:05	24.49	08:35	195	4:52:08	13:45:42	4:17:41
277	354	FRANCISCO GIMENO GARCIA	CLUB ILICITANO TRIATLÓN	213	1:18:38	11:09	322	7:20:13	24.53	05:15	192	4:50:57	13:46:10	4:18:09
278	405	JUSTO GARCIA GUERRA	CLUB TRIATLON LEON	269	1:21:48	04:21	241	6:33:35	27.44	02:11	299	5:44:54	13:46:47	4:18:46
279	395	GONZALO TRIUNFO DELGADO	ARTROGAL-TRI 498	176	1:15:54	08:26	286	6:55:33	25.99	07:03	267	5:21:02	13:47:56	4:19:55
280	406	EVARISTO GONZALEZ FERNANDEZ	TRINITY TRIATLON	133	1:13:16	06:00	295	6:59:32	25.74	07:35	272	5:22:37	13:48:57	4:20:56
281	167	ALBERTO SOLANA RAMOS	A.D. ECOSPORT TRIATLON AL	285	1:24:54	08:34	265	6:42:28	26.83	06:19	280	5:27:24	13:49:37	4:21:36
282	335	ABEL PANIAGUA BENITO	LICENCIA 1 DIA	307	1:29:32	09:47	278	6:52:28	26.18	08:27	241	5:10:11	13:50:23	4:22:22
283	183	LUIS FERNÁNDEZ DE VERA	LICENCIA 1 DIA	156	1:14:30	09:53	303	7:04:36	25.44	05:38	260	5:18:02	13:52:37	4:24:36
284	339	PEDRO DE CASTRO GARCIA	LICENCIA 1 DIA	256	1:21:06	04:13	200	6:20:12	28.41	04:04	319	6:04:17	13:53:50	4:25:48
285	257	PABLO PÉREZ VÁZQUEZ	LICENCIA 1 DIA	260	1:21:12	04:54	198	6:19:44	28.44	03:49	318	6:04:13	13:53:50	4:25:49
286	309	JUAN JOSE PITA FRAGOSO	CLUB TRIATLON MAR DE VIG	304	1:27:58	08:00	309	7:07:39	25.25	08:33	223	5:02:24	13:54:32	4:26:31
287	365	JOSÉ CARLOS ÁLVAREZ DE LA IGL	AXA AGENCIA GARRIGA-BEAR	340	1:41:49	09:37	294	6:59:07	25.77	06:07	215	4:58:49	13:55:28	4:27:26
288	374	HIGINIO-LODARIO LERA FERNANDE	ZONA BOXES - DESNIVEL 0%	224	1:19:09	11:09	289	6:56:52	25.91	09:15	263	5:19:05	13:55:29	4:27:28
289	203	BENITO JOSE SOLER RANCAÑO	CLUB DEPORTIVO GIMNASIO	247	1:20:29	08:54	300	7:02:02	25.59	05:39	262	5:18:38	13:55:41	4:27:40
290	162	JORGE MÉNDEZ ABONJO	LICENCIA 1 DIA	336	1:39:33	06:54	338	7:45:26	23.2	03:58	104	4:22:53	13:58:42	4:30:41
291	322	JOSE RAMON MUIÑO MARTÍNEZ	NOSPORTLIMIT-TREK GALICIA	335	1:39:23	06:13	248	6:35:36	27.3	04:00	290	5:37:36	14:02:47	4:34:46
292	113	FERNANDO SUAREZ VALDERREY	CLUB CICLISTA RIAZOR	124	1:11:51	05:17	285	6:55:25	26	05:30	301	5:46:35	14:04:35	4:36:34
293	237	JESÚS MARTÍNEZ REIG	LICENCIA 1 DIA	184	1:16:17	09:58	318	7:13:29	24.92	07:46	264	5:19:44	14:07:12	4:39:10
294	74	FRANCISCO JAVIER FERNÁNDEZ PÉ	NOSPORTLIMIT-TREK GALICIA	129	1:12:48	02:21	272	6:46:15	26.59	02:57	320	6:04:29	14:08:47	4:40:46
295	151	AGUSTIN CIVEIRA DOBARRO	LICENCIA 1 DIA	257	1:21:08	12:42	299	7:01:30	25.62	08:36	279	5:25:40	14:09:34	4:41:32
296	17	JUAN PEDRO MARTÍNEZ RIVERA	LICENCIA 1 DIA	225	1:19:10	06:28	287	6:56:35	25.93	05:23	297	5:43:34	14:11:08	4:43:07
297	317	BYRON OREJUELA REINO	LICENCIA 1 DIA	268	1:21:44	09:37	297	6:59:38	25.74	05:42	291	5:38:43	14:15:23	4:47:22
298	131	ANTONIO MANUEL RODRIGO MARTI	C.D. PIKAERAS ELITE ALMUÑE	332	1:38:09	04:52	269	6:44:14	26.72	04:06	300	5:45:35	14:16:54	4:48:53
299	328	ANTONIO VÁZQUEZ GÓMEZ	DEXTER TRIATLON COMPOST	113	1:11:26	05:05	291	6:58:00	25.84	04:03	315	5:59:33	14:18:04	4:50:03
300	12	ROMAN SANCHEZ FERNANDEZ	TRISADA	293	1:25:23	03:21	288	6:56:51	25.91	03:42	306	5:50:19	14:19:34	4:51:32
301	21	JOSE MANUEL VICENTE DOS SANT	LICENCIA 1 DIA	200	1:17:28	09:02	277	6:52:08	26.21	06:38	314	5:56:21	14:21:35	4:53:33

POS.	Nº	NOME	CLUB	P.	Natación	T1	P.	Ciclismo	Km/h.	T2	P.	Carrera	META	Dif.
302	220	EDUARDO SOLERA SÁNCHEZ	LICENCIA 1 DIA	350	1:55:25	07:33	270	6:44:28	26.7	06:07	282	5:28:56	14:22:28	4:54:27
303	143	JAVIER MUÑOZ DIAZ-CASTROVERD	A.D. FOGAR	286	1:24:55	05:55	308	7:06:56	25.3	04:32	292	5:40:58	14:23:14	4:55:13
304	305	JESUS ALVAREZ CASAPRIMA	NOSPORTLIMIT-TREK GALICIA	111	1:11:18	07:02	263	6:41:51	26.88	06:08	327	6:16:57	14:23:14	4:55:13
305	205	JORGE GARCIA ZAS	NOSPORTLIMIT-TREK GALICIA	297	1:26:37	05:10	281	6:54:05	26.08	04:50	311	5:53:56	14:24:36	4:56:35
306	30	IVAN LOPEZ NOVO	NOSPORTLIMIT-TREK GALICIA	217	1:19:00	06:32	314	7:09:56	25.12	04:21	309	5:52:11	14:31:58	5:03:57
307	245	CARLOS SANTOS MARTINEZ	NOSPORTLIMIT-TREK GALICIA	273	1:22:16	09:24	273	6:48:35	26.43	05:19	323	6:08:36	14:34:08	5:06:07
308	121	ALVARO CIMARRAS IGLESIAS	TRINITY TRIATLON	122	1:11:43	05:52	317	7:13:19	24.92	03:10	316	6:01:07	14:35:09	5:07:08
309	104	FRANCISCO TOMAS VICENTE PASC	CLUB ILICITANO TRIATLÓN	291	1:25:21					59:44	289	5:37:27	14:37:31	5:09:30
310	152	SERGIO FERNANDEZ-CIEZA MARCO	LICENCIA 1 DIA	305	1:28:21	12:20	311	7:09:17	25.16	06:51	293	5:41:35	14:38:23	5:10:22
311	256	ENRIQUE GAYOSO LLAMAS	LICENCIA 1 DIA	321	1:34:23	07:48	319	7:14:37	24.85	07:02	287	5:34:35	14:38:24	5:10:23
312	225	CELESTINO MATO PEON	LICENCIA 1 DIA	288	1:24:59	07:37	333	7:39:06	23.52	05:42	268	5:21:08	14:38:31	5:10:30
313	392	JOSÉ ANTONIO SAAVEDRA PAZOS	LICENCIA 1 DIA	343	1:47:11	13:01	337	7:44:42	23.24	09:51	174	4:44:02	14:38:44	5:10:43
314	194	MIGUEL ALDIR CONDE	LICENCIA 1 DIA	322	1:35:20	08:43	335	7:41:56	23.38	03:47	253	5:13:51	14:43:35	5:15:34
315	401	JAIME JAVIER BERMUDEZ BERNAB	CLUB ILICITANO TRIATLÓN	272	1:22:00	08:51	320	7:17:18	24.7	07:16	308	5:52:09	14:47:32	5:19:31
316	50	PEDRO GARCIA-VALENCIANO LEÓN	LICENCIA 1 DIA	342	1:44:05	07:18	334	7:41:34	23.4	03:10	247	5:12:07	14:48:13	5:20:11
317	73	SANTIAGO ROMERO ONS	CLUB ATLETISMO PORRIÑO	187	1:16:37	07:04	316	7:12:44	24.96	05:22	325	6:12:22	14:54:07	5:26:06
318	289	JESUS RODRIGUEZ FERNANDEZ	LICENCIA 1 DIA	330	1:37:53	08:54	307	7:06:12	25.34	05:29	317	6:03:15	15:01:42	5:33:40
319	176	RICARDO GARCIA GESTAL	LICENCIA 1 DIA	316	1:32:46	05:24	332	7:37:15	23.62	03:37	295	5:42:44	15:01:43	5:33:42
320	250	CARLOS CASTRO RODRIGUEZ	NOSPORTLIMIT-TREK GALICIA	241	1:20:00	17:12	341	8:06:35	22.2	09:54	238	5:08:55	15:02:35	5:34:33
321	338	ALBERTO LOBO REQUEJO	LICENCIA 1 DIA	301	1:27:10	10:05	326	7:25:28	24.24	11:20	305	5:49:58	15:03:59	5:35:58
322	169	LOIS NOVO BLANCO	CLUB CICLISTA RIAZOR	337	1:40:06	06:43	315	7:10:09	25.11	05:22	321	6:07:01	15:09:18	5:41:17
323	267	JESUS CASTRO MENENDEZ	LICENCIA 1 DIA	345	1:52:23	08:25	325	7:25:10	24.26	07:15	307	5:51:48	15:24:59	5:56:58
324	391	JOSE MARIA VERA MANDA	LICENCIA 1 DIA	346	1:52:31	07:36	304	7:05:09	25.4	06:00	328	6:17:12	15:28:27	6:00:25
325	38	JAVIER ALONSO ENCINAS	LICENCIA 1 DIA	313	1:31:27	07:09	328	7:26:24	24.19	04:17	331	6:20:44	15:29:59	6:01:58
326	179	DIEGO RAÑA BOUZA	TRINITY TRIATLON	331	1:37:59	05:34	330	7:28:48	24.07	03:25	329	6:18:41	15:34:25	6:06:24
327	54	PABLO OLARZA COSTA	NOSPORTLIMIT-TREK GALICIA	314	1:31:38	11:11	327	7:26:04	24.21	06:14	330	6:19:21	15:34:26	6:06:25
328	71	JOSE LUIS GONZALEZ TEMPRANO	NOSPORTLIMIT-TREK GALICIA	319	1:33:08	10:25	331	7:28:56	24.06	05:14	326	6:16:48	15:34:27	6:06:26
329	26	VÍCTOR MANUEL REYES TASENDE	LICENCIA 1 DIA	324	1:35:55	24:03	336	7:43:12	23.32	09:36	303	5:47:53	15:40:37	6:12:36
330	362	JUAN LUIS LIMORTE URRUTIA	LICENCIA 1 DIA	333	1:38:35	10:40	339	7:46:26	23.15	08:53	322	6:07:55	15:52:27	6:24:26
331	95	JUAN PEÑA JUAREZ	CLUB ILICITANO TRIATLÓN	344	1:48:59	10:16	340	7:55:50	22.7	01:33	324	6:11:33	16:08:10	6:40:09
SD	56	ALBERTO SAR BOULLON	DEXTER TRIATLON COMPOST	NO REALIZAR EL SECTOR DE NATACION										
SD	181	FRANCISCO FELICES BARCIA	LICENCIA 1 DIA	NO REALIZAR EL SECTOR DE NATACION										
SD	358	JUAN IGNACIO GARCIA VALLEJO	TRI OURENSE	ACORTAR RECORRIDO									11:45:30	2:17:28
SD	388	FILIPE JOSÉ GAGO CONCEIÇÃO		ACORTAR RECORRIDO									11:35:49	2:07:47
NF	268	JOSE MARIA GARCIA DE LAS HERA	PILOÑA.DEPORTE	50	1:05:49	03:24	67	5:46:27	31.17	03:27				
NF	315	CESAR LUIS SANZ DE LA GARZA	ACADEMIA CIVIL - CNSO	246	1:20:29	05:21	1	4:49:33	37.3					
NF	235	ROBERTO CID SANMARTIN	CLUB TRIATLON CORUÑA	222	1:19:05	11:22								
NF	23	YAGO BREIJO MARTÍNEZ	LICENCIA 1 DIA	136	1:13:24	03:42	63	5:44:16	31.37					
NF	277	JOSÉ VICENTE GUZMÁN ARES	LICENCIA 1 DIA	57	1:06:53	04:25	44	5:35:28	32.2	04:35				
NF	98	JON CARRO GARCIA	ONDARRUKO KOAXI S CONCE	37	1:04:10	04:27								
NF	117	PEDRO MANUEL TEIXEIRA PEREIRA	ASSOCIAÇÃO ACADÉMICA DE	70	1:07:44	04:30								
NF	385	ARMANDO DEL POZO BALAGUER	AGM TEAM TRISAB	180	1:16:03	03:28	163	6:11:57	29.04	02:19				
NF	260	JAVIER PEREZ BOUZA	TRINITY TRIATLON	20	1:02:04	02:11								
NF	270	ALVARO LIGERO ORTIZ DE ARTIÑA	LICENCIA 1 DIA	119	1:11:38	05:51								
NF	234	PABLO CORPS REDONDO	TRIATLÓN FUENLABRADA	118	1:11:35	05:09	221	6:27:09	27.9	03:18				
NF	87	JOSÉ ÁNGEL PENAS TALLÓN	TRINITY TRIATLON	24	1:02:22	02:00	18	5:21:35	33.59	01:50				
NF	141	LUIS ANGEL FERNANDEZ ORETGA	TRIATLON PISUERGA-TRIPI	97	1:10:05	03:46	127	6:05:54	29.52	04:42				
NF	372	PEDRO MANUEL ALONSO PRADO	TRINITY TRIATLON	58	1:06:53	02:40	43	5:35:18	32.21	01:23				
NF	279	EMILIO LLAMES PEREZ	LICENCIA 1 DIA	281	1:24:18	09:27								
NF	213	JAVIER NERCELLAS MÉNDEZ	ARCADE INFORHOUSE SANTI	2	0:52:29	02:55	11	5:18:07	33.95	01:46				
NF	65	SERGIO COBAS SEOANE	TRINITY TRIATLON	18	1:01:30	02:48								
NF	48	AGUSTÍN CRESPO FERREIROA	TRINITY TRIATLON	22	1:02:20	03:57	64	5:45:38	31.25	03:39				
NF	11	IÑAKI PENA-MANSO CARRAL	NOSPORTLIMIT-TREK GALICIA	42	1:04:31	03:45	29	5:27:10	33.01	02:31				
NF	318	JESUS ALBERTO BLAZQUEZ SUARE	LICENCIA 1 DIA	327	1:37:23	06:22								
NP	278	PABLO M. CARRO SUAREZ	TRINITY TRIATLON											
NP	177	JOSE CARLOS GAGO DORNA	CLUB ATLETISMO PORRIÑO											
NP	178	PABLO BARRIO VILAR	TRINITY TRIATLON											
NP	382	MANUEL ALVAREZ BARTOLOME	CENTRO ASTURIANO OVIEDO											
NP	364	RODRIGO MARCOS RUBIO	CDE AGUVERDE											
NP	357	QUICO CALVO RUIZ	TRIATLON PALENCIA											
NP	190	ENOC NAVARRO VALLÉS	CLUB NATACIO RUBI											
NP	300	RENE SERRANO TENORIO	INDEPENDIENTE											
NP	334	FRANCISCO JOSÉ FERRER VIDAL	NOSPORTLIMIT-TREK GALICIA											
NP	330	JUAN MANUEL PAINO MONSALVE	LICENCIA 1 DIA											
NP	155	JESUS VILLAR QUINTIANA	LICENCIA 1 DIA											

POS.	Nº	NOME	CLUB	P. Natación	T1	P. Ciclismo	Km/h.	T2	P. Carrera	META	Dif.
NP	202	JULIO CESAR DOMINGUEZ DURAN	CLUB TRIATLON MAR DE VIG								
NP	368	BASSIT BRIGUECH	CLUB TRIATLÓN KERKUS								
NP	37	HELIO CARVALHO	ATC-TRIATLO CAMINHA								
NP	118	KOLDO HORNA VALDIVIELSO	PEÑOTA DENTAL TRIATLON C								
NP	97	RUBEN DARIO GARRIDO MAZOTER	LICENCIA 1 DIA								
NP	96	CARLOS FRONTELO PEREZ	LICENCIA 1 DIA								
NP	404	GABRIEL BUDIÑO VAZQUEZ	DEXTER TRIATLON COMPOST								
NP	130	JOSE ANTONIO FERNANDEZ RODRI	LICENCIA 1 DIA								
NP	397	ARTURO TORRES CELADA	TRIATLON LA OLMA								
NP	44	ADRIAN LOPEZ LAUDA	LINEA DE META								
NP	367	CARLOS PEREIRA									
NP	24	ADRIAN BOUZAN ALONSO	NOSPORTLIMIT-TREK GALICIA								
NP	20	DARÍO GERPE MEIRÁS	INDEPENDIENTE								
NP	148	FERNANDO VAZQUEZ LORENZO	LICENCIA 1 DIA								
NP	14	RAMON ISMAEL LUCERO IÑIGUEZ	LICENCIA 1 DIA								
NP	110	MIGUEL ÁNGEL ACOSTA ALCOBA	CIDADE DE LUGO FLUVIAL								
NP	383	JOSE DANIEL GONZALEZ CASTRO	CLUB CICLISTA RIAZOR								
NP	236	ALBERTO POUSADA DUARTE	NOSPORTLIMIT-TREK GALICIA								
NP	66	FERNANDO MARTINEZ VIEIRO	LICENCIA 1 DIA								
NP	72	MANUEL ARCADIO GONZALEZ FERN	LICENCIA 1 DIA								
NP	68	ANTONIO MARCO SANCHIS	AGM TEAM TRISAB								
NP	80	FRAN MADRUGA CHAMORRO	LICENCIA 1 DIA								
NP	64	LUIS JAVIER ARENAS DOMINGO	LICENCIA 1 DIA								
NP	62	GUILLERMO COUCE CARO	LICENCIA 1 DIA								
NP	79	ALEJANDRO NÚÑEZ ALONSO	NOSPORTLIMIT-TREK GALICIA								
NP	106	DANIEL SANZ FERNÁNDEZ	CLUB TRIATLO SPARTRIANS								
NP	35	ADRIAN DUEÑAS ROCA	LICENCIA 1 DIA								
NP	111	EMILIO RUIZ LAGO	NOSPORTLIMIT-TREK GALICIA								
NP	275	JESUS FRANCISCO FERNANDEZ ME	CLUB ATLÉTICO OCLE								
NP	297	SANTIAGO PALACIO FERNANDEZ	C.D.CICLISTA VIBIKE								
NP	212	VICTOR SOTO PÉREZ	AXA AGENCIA GARRIGA-BEAR								
NP	408	RAMON COUCE SEIJAS	LICENCIA 1 DIA								

NORTHWEST TRIMAN

CLASIFICACIÓN POR GRUPOS DE EDAD

ABSOLUTA MASCULINA

OFICIAIS		DATA 15/06/2014						
Delegado Técnico		HORA DE PUBLICACION 16/06/2014 3:54 Horas						
Xuiz Arbitro								
Responsable Oficiais								
COMITE DE APELACIÓN		Inscritos	398	Firma conformidade do Xuiz Arbitro				
		Remataron	331					
		Retirados	20					
		Descalificados	4					
		No presentados	43					
Distancias								
Natación	3,8	Kms.	Ciclismo	180	Kms.	Carrera	42,2	Kms.

*NF=Non finalizado;NP=Non presentado; SD=Descalificado

DE 20 A 24 AÑOS MASCULINA

POS.	Nº	NOME	CLUB	P.	Natación	T1	P.	Ciclismo	Km/h.	T2	P.	Carrera	META	Dif.
1	16	PABLO MARCOS PAZOS	LICENCIA 1 DIA	100	1:10:08	04:09	138	6:07:09	29.42	03:13	142	4:33:45	11:58:22	2:30:21
2	13	PABLO VILAS CABO	DEXTER TRIATLON COMPOSTELA	52	1:06:03	03:54	178	6:15:43	28.75	02:55	235	5:08:33	12:37:06	3:09:05
3	18	ANDRÉS VIDAL GIRÁLDEZ	NOSPORTLIMIT-TREK GALICIA	141	1:13:38	02:48	223	6:27:42	27.86	01:49	212	4:56:51	12:42:46	3:14:44
4	15	BRUNO BELLO LAFUENTE	NOSPORTLIMIT-TREK GALICIA	215	1:18:46	05:15	253	6:37:46	27.15	03:22	230	5:05:57	13:11:05	3:43:03
5	19	DANIEL ABELEDO MANTEIG	TRISADA	8	0:57:49	02:20	250	6:36:46	27.22	02:01	294	5:41:38	13:20:31	3:52:30
6	17	JUAN PEDRO MARTÍNEZ RIV	LICENCIA 1 DIA	225	1:19:10	06:28	287	6:56:35	25.93	05:23	297	5:43:34	14:11:08	4:43:07
7	12	ROMAN SANCHEZ FERNAND	TRISADA	293	1:25:23	03:21	288	6:56:51	25.91	03:42	306	5:50:19	14:19:34	4:51:32
8	21	JOSE MANUEL VICENTE DOS	LICENCIA 1 DIA	200	1:17:28	09:02	277	6:52:08	26.21	06:38	314	5:56:21	14:21:35	4:53:33
NF	11	IÑAKI PENA-MANSO CARRAL	NOSPORTLIMIT-TREK GALICIA	42	1:04:31	03:45	29	5:27:10	33.01	02:31				
NP	20	DARÍO GERPE MEIRÁS	INDEPENDIENTE											
NP	14	RAMON ISMAEL LUCERO IÑI	LICENCIA 1 DIA											

DE 25 A 29 AÑOS MASCULINA

POS.	Nº	NOME	CLUB	P.	Natación	T1	P.	Ciclismo	Km/h.	T2	P.	Carrera	META	Dif.
1	45	ALVARO GOMEZ CARDESIN	ARTROGAL-TRI 498	1	0:52:25	02:05	14	5:19:06	33.85	01:19	6	3:30:49	9:45:42	0:17:41
2	47	CARLOS GONZÁLEZ FLÓREZ	INTELLIGENT RUNNING - INTERVAL	90	1:09:46	04:35	54	5:39:53	31.78	03:25	61	4:11:50	11:09:26	1:41:25
3	43	EDUARDO SAAVEDRA LAGA	TRIATLON FERROL	64	1:07:22	03:05	156	6:10:37	29.14	01:15	67	4:14:36	11:36:55	2:08:53
4	46	IVÁN GUIJARRO DEL POZO	TRIATLÓN CLAVERÍA MÓSTOLES	209	1:18:19	04:17	57	5:42:23	31.54	02:52	130	4:30:58	11:38:48	2:10:47
5	27	ALEJANDRO CRUZ BOO	NOSPORTLIMIT-TREK GALICIA	153	1:14:28	02:48	76	5:48:19	31.01	02:52	144	4:34:47	11:43:11	2:15:10
6	33	FRANCISCO JAVIER NIETO L	C.D.E. PEGASO H3O TRIATLÓN	59	1:07:00	05:03	210	6:23:54	28.13	04:58	79	4:16:54	11:57:47	2:29:46
7	41	EMILIO PONCE LOPEZ	AGM TEAM TRISAB	229	1:19:22	09:50	169	6:13:47	28.89	05:30	57	4:09:27	11:57:55	2:29:54
8	25	NUNO MIGUEL JESUS PINTO	ASSOCIAÇÃO ACADÉMICA DE SÃO	81	1:08:45	04:28	190	6:17:52	28.58	02:48	114	4:27:14	12:01:05	2:33:04
9	29	IÑAKI ANDRADE FERNANDE	LICENCIA 1 DIA	150	1:14:07	05:11	124	6:05:22	29.56	02:20	149	4:36:15	12:03:14	2:35:13
10	34	DIEGO PÉREZ SANTOS	NOSPORTLIMIT-TREK GALICIA	204	1:18:03	06:50	91	5:55:31	30.38	03:50	205	4:54:36	12:18:47	2:50:46
11	28	JUAN CRUZ CARRETERO SA	LICENCIA 1 DIA	48	1:05:22	04:30	81	5:50:01	30.86	02:12	276	5:23:19	12:25:23	2:57:22
12	39	ALBERTO URBÓN PAYO	LICENCIA 1 DIA	278	1:23:04	07:33	162	6:11:49	29.05	07:02	154	4:37:12	12:26:38	2:58:37
13	31	OSCAR FREIRE BARGO	TEAM CORBELO	148	1:14:02	03:19	71	5:47:15	31.1	02:12	266	5:20:00	12:26:46	2:58:45
14	32	RAUL MORENO VALERA	CLUB ATLETIC PALAFRUGELL	178	1:15:56	03:00	93	5:55:48	30.36	01:48	278	5:24:56	12:41:26	3:13:25
15	36	JOSÉ MIGUEL FERNÁNDEZ C	CLUB ATLETISMO PORRIÑO	244	1:20:23	04:45	225	6:28:54	27.77	03:00	221	5:01:50	12:58:51	3:30:50
16	42	RUBÉN MANUEL FERRERO C	LICENCIA 1 DIA	192	1:16:57	15:59	268	6:43:54	26.74	06:29	181	4:46:26	13:09:43	3:41:42
17	40	VICTOR FERNANDEZ MARTIN	INDEPENDIENTE	328	1:37:39	09:40	251	6:37:28	27.17	06:17	167	4:40:54	13:11:56	3:43:54
18	22	IVAN VAZQUEZ GOMEZ	LICENCIA 1 DIA	290	1:25:18	05:13	258	6:40:11	26.99	03:57	246	5:11:24	13:26:01	3:58:00
19	30	IVAN LOPEZ NOVO	NOSPORTLIMIT-TREK GALICIA	217	1:19:00	06:32	314	7:09:56	25.12	04:21	309	5:52:11	14:31:58	5:03:57
20	38	JAVIER ALONSO ENCINAS	LICENCIA 1 DIA	313	1:31:27	07:09	328	7:26:24	24.19	04:17	331	6:20:44	15:29:59	6:01:58
21	26	VÍCTOR MANUEL REYES TAS	LICENCIA 1 DIA	324	1:35:55	24:03	336	7:43:12	23.32	09:36	303	5:47:53	15:40:37	6:12:36
NF	23	YAGO BREIJO MARTÍNEZ	LICENCIA 1 DIA	136	1:13:24	03:42	63	5:44:16	31.37					
NP	24	ADRIAN BOUZAN ALONSO	NOSPORTLIMIT-TREK GALICIA											
NP	35	ADRIAN DUEÑAS ROCA	LICENCIA 1 DIA											
NP	37	HELIO CARVALHO	ATC-TRIATLO CAMINHA											
NP	44	ADRIAN LOPEZ LAUDA	LINEA DE META											

DE 30 A 34 AÑOS MASCULINA

POS.	Nº	NOME	CLUB	P.	Natación	T1	P.	Ciclismo	Km/h.	T2	P.	Carrera	META	Dif.
1	58	JOSE MANUEL VIEITO VILAC	ARCADE INFORHOUSE SANTIAGO	7	0:57:44	02:28	5	5:12:06	34.61	01:14	2	3:14:32	9:28:02	
2	114	PEDRO ESCOLANTE BILBAO	TRINITY TRIATLON	23	1:02:21	02:23	19	5:22:10	33.52	01:35	12	3:38:07	10:06:34	0:38:33
3	93	JOAO FRAGOSO		167	1:15:09	02:36	7	5:16:43	34.1	01:28	9	3:32:38	10:08:32	0:40:31
4	67	LUCIANO JESÚS CARRETER	TRINITY TRIATLON	115	1:11:31	01:29	6	5:13:44	34.43	01:35	17	3:42:05	10:10:21	0:42:20
5	85	DAVID LANDEIRA CASTRO	INDEPENDIENTE	32	1:03:49	02:38	20	5:22:36	33.48	01:31	20	3:45:07	10:15:38	0:47:37
6	53	RUBEN CAAMAÑO NIETO	LICENCIA 1 DIA	49	1:05:46	04:08	49	5:36:30	32.1	02:33	49	4:05:27	10:54:21	1:26:20
7	92	ANGEL DOS ANJOS SENDON	CICLISMO TRIATLON MONTE ABAIX	40	1:04:18	02:43	9	5:17:12	34.05	01:51	134	4:31:47	10:57:48	1:29:47
8	100	PEDRO ANGEL MARTÍNEZ G	CLUB CICLISTA RIAZOR	4	0:56:41	03:16	53	5:39:42	31.79	01:59	84	4:18:18	10:59:54	1:31:53
9	122	JAVIER FERNANDEZ FERNA	TRINITY TRIATLON	216	1:18:57	03:45	97	5:57:43	30.19	02:13	13	3:38:21	11:00:57	1:32:56
10	82	JUAN CARLOS CANDAL DE L	NOSPORTLIMIT-TREK GALICIA	179	1:16:00	02:47	42	5:34:43	32.27	01:28	65	4:14:10	11:09:06	1:41:05
11	103	ANTONIO JESUS GONZALEZ	C.T. MORON	114	1:11:29	03:44	51	5:38:33	31.9	04:16	64	4:14:08	11:12:09	1:44:07
12	61	RODRIGO CEREIJO VAAMON	LICENCIA 1 DIA	65	1:07:23	06:36	82	5:50:45	30.79	03:54	54	4:07:16	11:15:52	1:47:51
13	83	ESTEBAN NALDA JIMENEZ	TRIATLÓN BENALMADENA	47	1:05:17	03:15	28	5:26:33	33.07	02:49	173	4:43:44	11:21:37	1:53:36
14	105	FRANCISCO GUEIMUNDE CA	LICENCIA 1 DIA	251	1:20:34	06:06	100	5:58:10	30.15	03:47	27	3:53:05	11:21:39	1:53:38
15	94	ALEJANDRO CANAL GAMAZ	LICENCIA 1 DIA	261	1:21:19	05:15	95	5:56:26	30.3	02:58	35	3:57:15	11:23:11	1:55:10
16	115	PABLO GONZÁLEZ FERNÁN	NOSPORTLIMIT-TREK GALICIA	88	1:09:41	03:45	55	5:40:06	31.76	02:54	127	4:29:48	11:26:12	1:58:11
17	69	IVAN RAMOS CADIerno	NOSPORTLIMIT-TREK GALICIA	78	1:08:24	04:00	104	5:59:55	30.01	03:54	69	4:14:41	11:30:51	2:02:50
18	99	NACHO RUBIO SAMBONE	LICENCIA 1 DIA	210	1:18:24	05:11	70	5:47:08	31.11	04:39	83	4:18:17	11:33:37	2:05:36
19	77	MANUEL SANTOS DOCAL	CLUB MONTE PENARUBIA RUNNING	62	1:07:15	03:32	40	5:33:49	32.35	02:33	189	4:50:18	11:37:26	2:09:25
20	55	FÉLIX MARTÍNEZ GIGIRÍN	LICENCIA 1 DIA	53	1:06:04	05:27	66	5:46:12	31.2	03:46	150	4:36:28	11:37:56	2:09:55
21	75	JAVIER CARREIRAS CUADR	C.E. TRIATHLONBCN	152	1:14:23	03:08	72	5:47:33	31.08	02:28	145	4:34:48	11:42:17	2:14:16
22	57	ALVARO FRANCISCO MANZA	TRIATLON NAZARI	299	1:26:52	02:27	23	5:23:44	33.36	01:17	208	4:55:27	11:49:44	2:21:43
23	120	FRANCISCO JOSE CASTRILL	CENTRO ASTURIANO OVIEDO	116	1:11:33	03:54	121	6:05:20	29.56	02:32	111	4:26:45	11:50:03	2:22:02
24	76	BRANDÁN XESÚS VALBUEN	NOSPORTLIMIT-TREK GALICIA	66	1:07:25	03:07	182	6:16:23	28.69	02:17	108	4:26:27	11:55:37	2:27:36
25	90	GONZALO JIMÉNEZ MARTÍN	MARLINS TRIATLON MADRID	106	1:10:36	07:48	152	6:09:57	29.19	05:19	105	4:22:57	11:56:35	2:28:34
26	84	RICARDO ZABALEGUI MEND	INDEPENDIENTE	154	1:14:29	05:14	191	6:17:57	28.58	03:51	75	4:16:15	11:57:44	2:29:43
27	102	JOAO PEDRO AFONSO		17	1:01:23	03:07	167	6:13:29	28.92	02:07	161	4:39:04	11:59:09	2:31:08
28	112	EUTIQIANO APARICIO MAR	ROQSPORT.COM-SAN ROQUE	298	1:26:51	07:44	107	6:01:30	29.88	03:28	97	4:21:29	12:01:00	2:32:59
29	78	PEDRO SALGUEIRO RILO	CICLISMO TRIATLON MONTE ABAIX	151	1:14:08	04:40	170	6:13:57	28.88	01:55	110	4:26:42	12:01:20	2:33:19
30	101	JOSE ALBERTO FORNAS	CYCLONES CT ALBAL	77	1:08:20	02:41	128	6:06:01	29.51	03:04	187	4:47:25	12:07:29	2:39:28
31	49	ANTONIO PIÑEIRO PEON	TRIATLON MOTOBIKE PONTEVEDR	6	0:57:36	05:28	232	6:30:49	27.64	03:00	131	4:31:01	12:07:52	2:39:51
32	89	ALBERTO LÓPEZ NÚÑEZ	CASTRILLÓN TRIATLÓN	181	1:16:05	10:45	175	6:15:20	28.78	06:39	95	4:21:11	12:09:59	2:41:57
33	81	ALBERTO NAVARRO GARVI	LICENCIA 1 DIA	91	1:09:49	06:59	230	6:29:59	27.69	05:03	107	4:25:09	12:16:57	2:48:56
34	70	FABIO ALIA GUTIERREZ	LICENCIA 1 DIA	282	1:24:26	12:29	222	6:27:38	27.86	04:04	58	4:09:28	12:18:02	2:50:01
35	119	RUBEN DIAZ FRANCO	NOSPORTLIMIT-TREK GALICIA	165	1:14:58	08:00	197	6:19:43	28.44	04:26	133	4:31:22	12:18:27	2:50:26
36	108	ERNESTO SOBRINO MARFUL	LICENCIA 1 DIA	82	1:08:48	05:44	302	7:04:27	25.45	05:26	33	3:56:00	12:20:22	2:52:21
38	107	RUBEN JOSÉ LÓPEZ FERNÁ	TRIATLON FERROL	338	1:40:41	09:06	186	6:17:10	28.63	04:51	77	4:16:35	12:28:22	3:00:21
37	51	ALEJANDRO CASANOVA VEI	LICENCIA 1 DIA	87	1:09:33	04:16	261	6:41:47	26.88	04:13	120	4:28:35	12:28:22	3:00:21
39	123	JOSÉ MANUEL TURNES COR	NOSPORTLIMIT-TREK GALICIA	317	1:32:56	05:53	244	6:34:08	27.4	03:57	74	4:16:10	12:33:02	3:05:01
40	91	JOSÉ MANUEL PEDROSA MA	LICENCIA 1 DIA	245	1:20:27	09:03	103	5:59:34	30.04	04:49	232	5:06:33	12:40:24	3:12:23
41	88	DANIEL CADENAS TORRÓN	LICENCIA 1 DIA	258	1:21:08	03:44	133	6:06:29	29.47	02:30	234	5:08:31	12:42:20	3:14:19
42	60	ALEJANDRO GONZALEZ MO	CLUB MONTE PENARUBIA RUNNING	239	1:19:57	07:58	219	6:26:57	27.91	05:33	197	4:52:20	12:52:43	3:24:42
43	52	PABLO FRANCO YAÑEZ	CLUB TRIATLON CORUÑA	223	1:19:07	05:59	293	6:58:59	25.78	05:06	160	4:38:57	13:08:06	3:40:04
44	86	CARLOS DE LUIS GONZÁLEZ	CLUB TRIATLON LEON	270	1:21:55	05:19	245	6:34:33	27.37	02:52	229	5:05:31	13:10:09	3:42:07
45	63	ALBERTO SOUTO PAEZ	LICENCIA 1 DIA	135	1:13:22	04:57	115	6:03:57	29.68	04:00	312	5:54:17	13:20:31	3:52:30
46	109	JUAN ANTONIO VIDAL SOUT	TRIATLON FERROL	284	1:24:29	07:13	206	6:20:57	28.35	05:07	286	5:33:17	13:31:02	4:03:01
47	116	AMARO GONZÁLEZ GARCÍA	LICENCIA 1 DIA	326	1:36:58	10:20	157	6:11:07	29.1	22:01	269	5:21:14	13:41:38	4:13:36
48	113	FERNANDO SUAREZ VALDE	CLUB CICLISTA RIAZOR	124	1:11:51	05:17	285	6:55:25	26	05:30	301	5:46:35	14:04:35	4:36:34
49	74	FRANCISCO JAVIER FERNÁN	NOSPORTLIMIT-TREK GALICIA	129	1:12:48	02:21	272	6:46:15	26.59	02:57	320	6:04:29	14:08:47	4:40:46
50	121	ALVARO CIMARRAS IGLESIA	TRINITY TRIATLON	122	1:11:43	05:52	317	7:13:19	24.92	03:10	316	6:01:07	14:35:09	5:07:08
51	104	FRANCISCO TOMAS VICENT	CLUB ILICITANO TRIATLÓN	291	1:25:21					59:44	289	5:37:27	14:37:31	5:09:30
52	50	PEDRO GARCIA-VALENCIAN	LICENCIA 1 DIA	342	1:44:05	07:18	334	7:41:34	23.4	03:10	247	5:12:07	14:48:13	5:20:11
53	73	SANTIAGO ROMERO ONS	CLUB ATLETISMO PORRIÑO	187	1:16:37	07:04	316	7:12:44	24.96	05:22	325	6:12:22	14:54:07	5:26:06
54	54	PABLO OLARZA COSTA	NOSPORTLIMIT-TREK GALICIA	314	1:31:38	11:11	327	7:26:04	24.21	06:14	330	6:19:21	15:34:26	6:06:25
55	71	JOSÉ LUIS GONZALEZ TEMP	NOSPORTLIMIT-TREK GALICIA	319	1:33:08	10:25	331	7:28:56	24.06	05:14	326	6:16:48	15:34:27	6:06:26
56	95	JUAN PEÑA JUAREZ	CLUB ILICITANO TRIATLÓN	344	1:48:59	10:16	340	7:55:50	22.7	01:33	324	6:11:33	16:08:10	6:40:09
SD	56	ALBERTO SAR BOULLON	DEXTER TRIATLON COMPOSTELA	NO REALIZAR EL SECTOR DE NATACION										
NF	65	SERGIO COBAS SEOANE	TRINITY TRIATLON	18	1:01:30	02:48								
NF	98	JON CARRO GARCIA	ONDARRUKO KOAXI S CONCEPT T.	37	1:04:10	04:27								
NF	117	PEDRO MANUEL TEIXEIRA P	ASSOCIAÇÃO ACADÉMICA DE SÃO	70	1:07:44	04:30								
NF	48	AGUSTÍN CRESPO FERREIR	TRINITY TRIATLON	22	1:02:20	03:57	64	5:45:38	31.25	03:39				
NF	87	JOSÉ ÁNGEL PENAS TALLÓ	TRINITY TRIATLON	24	1:02:22	02:00	18	5:21:35	33.59	01:50				
NP	97	RUBEN DARIO GARRIDO MA	LICENCIA 1 DIA											
NP	68	ANTONIO MARCO SANCHIS	AGM TEAM TRISAB											
NP	96	CARLOS FRONTELO PEREZ	LICENCIA 1 DIA											
NP	62	GUILLERMO COUCE CARO	LICENCIA 1 DIA											
NP	118	KOLDO HORNA VALDIVIELS	PEÑOTA DENTAL TRIATLON C.D. SA											
NP	110	MIGUEL ÁNGEL ACOSTA AL	CIDADE DE LUGO FLUVIAL											

NP	64	LUIS JAVIER ARENAS DOMIN	LICENCIA 1 DIA
NP	80	FRAN MADRUGA CHAMORR	LICENCIA 1 DIA
NP	72	MANUEL ARCADIO GONZALE	LICENCIA 1 DIA
NP	106	DANIEL SANZ FERNÁNDEZ	CLUB TRIATLO SPARTRIANS
NP	66	FERNANDO MARTINEZ VEIR	LICENCIA 1 DIA
NP	111	EMILIO RUIZ LAGO	NOSPORTLIMIT-TREK GALICIA
NP	79	ALEJANDRO NÚÑEZ ALONS	NOSPORTLIMIT-TREK GALICIA

DE 35 A 39 AÑOS MASCULINA

POS.	Nº	NOME	CLUB	P.	Natación	T1	P.	Ciclismo	Km/h.	T2	P.	Carrera	META	Dif.
1	211	FERNANDO LUIÑA VELA	T. MURALLA LUGO	5	0:56:45	02:02	4	5:04:50	35.43	02:37	10	3:35:29	9:41:40	0:13:39
2	135	ENRIQUE MORAN GONZALEZ	CLUB ATLETISMO PORRIÑO	130	1:12:54	02:22	3	5:03:08	35.63	01:28	7	3:31:30	9:51:19	0:23:18
3	210	PABLO ISRAEL RODRIGUEZ	LICENCIA 1 DIA	15	1:01:05	02:01	10	5:17:23	34.03	01:33	5	3:29:45	9:51:45	0:23:44
4	240	TELMO VELOSO	PORTO RUNNERS	161	1:14:36	03:32	26	5:26:16	33.1	01:30	1	3:12:33	9:58:26	0:30:25
5	241	JAIME TIZÓN DAVILA	DEXTER TRIATLON COMPOSTELA	76	1:08:18	03:20	12	5:18:19	33.93	02:17	4	3:29:22	10:01:35	0:33:34
6	198	JUAN FRANCISCO FERNAND	CICLISMO TRIATLON MONTE ABAIX	12	0:59:57	01:42	2	4:59:36	36.05	01:45	52	4:06:08	10:09:05	0:41:04
7	231	JOAQUIN RODRIGUEZ MELE	AD COREBO	34	1:04:06	02:56	21	5:23:20	33.4	01:34	18	3:42:30	10:14:23	0:46:22
8	208	JOSE RIVEIRO NUÑEZ	ARTROGAL-TRI 498	36	1:04:08	02:57	8	5:17:12	34.05	02:35	23	3:47:48	10:14:38	0:46:36
9	146	VIRGLIO JOÃO LAGES BARB	PEDALARTE TRIATLO	27	1:02:47	04:47	24	5:24:16	33.31	02:17	21	3:45:55	10:20:01	0:52:00
10	158	RAMON VARELA GARCIA	ARTROGAL-TRI 498	25	1:02:25	02:35	22	5:23:28	33.39	02:03	31	3:55:31	10:26:00	0:57:59
11	244	EUGENIO GOMEZ MIQUEL	EL CANTERO DE LETUR TRIATLÓ Y	31	1:03:46	02:19	33	5:30:46	32.65	01:08	39	4:00:55	10:38:53	1:10:52
12	219	RUI MIGUEL COVINHA VIANA	PEDALARTE TRIATLO	172	1:15:27	04:43	35	5:31:16	32.6	03:18	26	3:51:44	10:46:26	1:18:25
13	187	JORGE RODRIGUEZ GARCIA	LICENCIA 1 DIA	79	1:08:25	03:50	32	5:29:55	32.74	03:34	41	4:01:23	10:47:05	1:19:04
14	227	GUSTAVO LÓPEZ MARTÍNEZ	TRINITY TRIATLON	196	1:17:07	03:43	17	5:21:32	33.59	03:09	46	4:03:07	10:48:36	1:20:35
15	188	FEDERICO JOSÉ LESENDE V	NOSPORTLIMIT-TREK GALICIA	10	0:58:38	02:43	61	5:43:55	31.4	01:25	44	4:02:55	10:49:34	1:21:33
16	206	GUSTAVO CORROCHANO M	LICENCIA 1 DIA	220	1:19:04	04:49	39	5:32:33	32.48	03:09	28	3:53:31	10:53:03	1:25:02
17	233	JOSÉ ALBERTO CARBALLO	LEGIOTRI	83	1:09:05	03:53	34	5:31:08	32.62	01:44	102	4:22:20	11:08:08	1:40:07
18	144	FELIPE MARTINEZ MERA	ROQSPORT.COM-SAN ROQUE	67	1:07:27	04:50	25	5:25:04	33.22	01:53	122	4:29:12	11:08:24	1:40:23
19	150	JOSE RAMON SANCHEZ QUI	NOSPORTLIMIT-TREK GALICIA	240	1:19:57	04:25	68	5:46:48	31.14	03:00	32	3:55:32	11:09:39	1:41:38
20	129	JACOBO PEREZ CALVO	TRIATLON FERROL	93	1:09:55	03:26	86	5:52:54	30.6	02:22	40	4:01:04	11:09:40	1:41:39
21	215	JOSE RAMON TRABAZO BAR	CICLISMO TRIATLON MONTE ABAIX	226	1:19:11	04:36	30	5:27:44	32.95	02:46	78	4:16:45	11:11:00	1:42:59
22	226	JOSE MANUEL BOQUETE CA	LICENCIA 1 DIA	92	1:09:54	05:05	62	5:44:10	31.38	03:54	81	4:17:30	11:20:31	1:52:30
23	166	IVAN MARCOS ALVAREZ	CLUB TRIATLÓN OVIEDO	26	1:02:36	03:08	50	5:36:48	32.07	01:58	157	4:37:34	11:22:02	1:54:01
24	189	JORGE PABLO RUIZ DE OÑA	PILOÑA.DEPORTE	318	1:32:57	08:07	38	5:32:22	32.49	04:26	55	4:07:41	11:25:31	1:57:30
25	136	EDUARDO FIGUEIRAS NÚÑE	DEXTER TRIATLON COMPOSTELA	110	1:11:17	03:53	45	5:35:48	32.16	03:00	135	4:31:56	11:25:52	1:57:51
26	180	VICTOR MANUEL MOURIÑO F	CLUB ATLETISMO PORRIÑO	21	1:02:08	02:23	109	6:02:25	29.8	02:15	82	4:17:55	11:27:04	1:59:03
27	185	ANGEL LOZANO NOVAS	NOSPORTLIMIT-TREK GALICIA	177	1:15:54	03:50	118	6:04:11	29.66	02:49	42	4:01:35	11:28:19	2:00:17
28	157	AVELINO CAAMAÑO NIETO	LICENCIA 1 DIA	203	1:17:51	03:57	146	6:08:37	29.3	03:04	30	3:55:09	11:28:36	2:00:35
29	126	HUGO FILIPE CAMPOS GOM	PORTO RUNNERS	232	1:19:26	05:40	134	6:06:42	29.45	03:13	29	3:53:40	11:28:40	2:00:39
30	223	ROBERTO LOPEZ SOBRADO	NOSPORTLIMIT-TREK GALICIA	205	1:18:09	03:56	78	5:48:46	30.97	01:44	76	4:16:21	11:28:54	2:00:53
31	127	RAFAEL RAMOS FOJÓN	TRINITY TRIATLON	175	1:15:44	05:54	101	5:58:41	30.11	03:10	51	4:05:44	11:29:11	2:01:10
32	128	PEDRO GALVEZ PEREZ	TRICICJA NEVALUZ	44	1:04:43	03:34	80	5:49:26	30.91	03:30	125	4:29:36	11:30:46	2:02:45
33	184	RAUL GOMEZ SOTO	TRIATLÓN PACENSE	134	1:13:22	04:01	58	5:43:10	31.47	03:00	117	4:27:47	11:31:18	2:03:17
34	243	RAFAEL ROMERO BELLO	LICENCIA 1 DIA	206	1:18:10	04:04	87	5:53:34	30.55	02:41	91	4:19:50	11:38:18	2:10:17
35	139	GABRIEL CARRIO ORTEGA	ZONA BOXES - DESNIVEL 0%	190	1:16:47	04:41	122	6:05:21	29.56	02:28	80	4:17:04	11:46:20	2:18:19
36	174	FRANCISCO JAVIER LASTRE	C.D. TRIATLON MONTILLA	75	1:08:15	03:31	166	6:12:19	29.01	03:27	89	4:19:29	11:46:58	2:18:57
37	209	RUBEN ORTIZ MISAS	CLUB DEPORTIVO TRILEON	242	1:20:02	03:58	116	6:03:58	29.67	02:14	87	4:19:17	11:49:27	2:21:26
38	201	JOSÉ REY-SEIJO ALCALÁ	C.T. BAHIA DE MALAGA	30	1:03:25	04:35	131	6:06:21	29.48	03:09	140	4:33:23	11:50:52	2:22:51
39	168	ISMAEL GARCÍA VÁZQUEZ	CLUB OLIMPICO DE VEDRA	219	1:19:04	04:59	98	5:57:52	30.18	02:23	113	4:27:09	11:51:24	2:23:23
40	145	ROMÁN DIEZ GEA	INDEPENDIENTE	191	1:16:55	03:36	90	5:55:23	30.39	02:21	143	4:34:39	11:52:52	2:24:51
41	173	MARCOS PERISCAL REY	NOSPORTLIMIT-TREK GALICIA	147	1:14:02	04:44	176	6:15:23	28.77	02:08	90	4:19:37	11:55:52	2:27:51
42	192	RAFA MARCO SANCHIS	AGM TEAM TRISAB	306	1:29:04	06:33	137	6:06:56	29.43	05:33	62	4:13:01	12:01:04	2:33:03
43	242	MANUEL PEDRE VAZQUEZ	NOSPORTLIMIT-TREK GALICIA	160	1:14:34	04:02	47	5:35:59	32.15	03:33	226	5:04:51	12:02:57	2:34:56
44	134	JOSE ÁNGEL FERNÁNDEZ M	ZONA BOXES - DESNIVEL 0%	155	1:14:30	08:13	195	6:19:29	28.46	05:45	72	4:15:29	12:03:24	2:35:23
45	172	CIBRIÁN CARNICERO SUÁRE	ZONA BOXES - DESNIVEL 0%	89	1:09:41	02:44	74	5:47:55	31.04	03:43	219	4:59:29	12:03:30	2:35:29
46	207	GONZALO RODRÍGUEZ DIEZ	LICENCIA 1 DIA	55	1:06:42	05:48	140	6:07:37	29.38	04:07	168	4:41:18	12:05:31	2:37:30
47	182	HECTOR SECADES DEL GAL	CLUB DEPORTIVO GIMNASIO AREN	186	1:16:34	09:00	237	6:32:36	27.51	06:13	48	4:04:37	12:08:58	2:40:57
48	147	NACHO VAZQUEZ CORREDO	LICENCIA 1 DIA	231	1:19:25	03:59	142	6:07:55	29.35	02:49	151	4:36:29	12:10:36	2:42:35
49	197	JAVIER DE PEDRO ORMEÑO	C.D.E. PEGASO H30 TRIATLÓN	105	1:10:35	07:09	231	6:30:32	27.66	07:48	66	4:14:35	12:10:36	2:42:35
50	133	BELTRÁN GIL ZARZA	INDEPENDIENTE	103	1:10:33	06:59	99	5:58:05	30.16	03:54	210	4:56:21	12:15:50	2:47:48
51	232	VICENTE MARTINEZ SANZ	EL CANTERO DE LETUR TRIATLÓ Y	94	1:09:56	04:59	119	6:04:13	29.65	04:22	214	4:58:41	12:22:10	2:54:09
52	163	ALEJANDRO GONZALEZ GO	INTELLIGENT RUNNING - INTERVAL	101	1:10:16	08:58	114	6:03:54	29.68	06:56	200	4:52:48	12:22:51	2:54:50
53	156	PABLO INSUA PEDROSA	LICENCIA 1 DIA	300	1:26:57	04:05	168	6:13:39	28.91	02:29	155	4:37:22	12:24:30	2:56:29
54	186	BORJA FERRER MARQUEZ	CLUB TRIATLON MORALZARZAL	170	1:15:23	06:19	254	6:38:22	27.11	05:07	99	4:21:53	12:27:02	2:59:00
55	137	EMILIO JOSÉ GARCÍA MORÁ	ZONA BOXES - DESNIVEL 0%	84	1:09:08	06:29	209	6:22:42	28.22	03:55	180	4:46:05	12:28:18	3:00:17
56	246	ALBERTO SANTOS BLANCO	LICENCIA 1 DIA	146	1:13:57	09:16	135	6:06:47	29.45	03:00	211	4:56:39	12:29:38	3:01:36
57	165	MANUEL ANTONIO GARRIDO	ARTROGAL-TRI 498	201	1:17:32	06:09	207	6:21:18	28.32	05:46	164	4:39:46	12:30:29	3:02:28
58	204	JULIO GARCIA FACHAL	ARTROGAL-TRI 498	329	1:37:52	08:33	171	6:15:01	28.8	07:03	101	4:22:14	12:30:41	3:02:40
59	191	JAVIER MARTIN ALVAREZ	TRI OURENSE	168	1:15:09	05:57	177	6:15:37	28.75	05:25	198	4:52:27	12:34:33	3:06:32
60	230	PABLO GONZALEZ MENDEZ	CLUB MONTE PENARUBIA RUNNING	263	1:21:30	05:18	216	6:26:04	27.98	02:40	166	4:40:06	12:35:36	3:07:35
61	196	ROBERTO CARLOS COBAS	NOSPORTLIMIT-TREK GALICIA	149	1:14:06	07:41	242	6:33:50	27.42	06:26	148	4:35:56	12:37:57	3:09:56

62	138	AGUSTIN SOUSA GONZÁLEZ	NOSPORTLIMIT-TREK GALICIA	143	1:13:47	03:14	105	6:00:18	29.98	03:11	261	5:18:22	12:38:50	3:10:48				
63	195	MIGUEL ÁNGEL GONZÁLEZ	TRINITY TRIATLON	125	1:11:56	06:16	203	6:20:49	28.36	02:38	217	4:59:22	12:40:59	3:12:58				
64	221	SERGIO DEL ARCO MARQUIZ	CLUB OLIMPICO DE VEDRA	302	1:27:28	04:13	172	6:15:03	28.8	02:43	194	4:51:34	12:41:00	3:12:58				
65	132	CARLOS BARCALA PÉREZ	LICENCIA 1 DIA	128	1:12:21	06:29	255	6:38:25	27.11	03:57	165	4:39:57	12:41:08	3:13:06				
66	164	HECTOR VAZQUEZ REY	LICENCIA 1 DIA	289	1:25:03	06:24	102	5:59:07	30.07	03:00	237	5:08:42	12:42:13	3:14:12				
67	124	PABLO RAMIL FREÁN	NOSPORTLIMIT-TREK GALICIA	197	1:17:15	06:23	271	6:45:36	26.63	05:32	123	4:29:31	12:44:15	3:16:14				
68	216	MARCOS VALENCIA GARCÍA	LICENCIA 1 DIA	157	1:14:31	04:20	181	6:16:17	28.7	03:56	233	5:07:27	12:46:29	3:18:28				
69	159	JOSE ANTONIO PEREZ RUBI	AGM TEAM TRISAB	253	1:20:42	04:43	117	6:04:00	29.67	02:42	257	5:15:15	12:47:20	3:19:19				
70	193	JOSE ISIDRO SANCHEZ CAM	LICENCIA 1 DIA	99	1:10:08	07:29	246	6:34:50	27.35	08:40	184	4:47:02	12:48:07	3:20:06				
71	140	XOSÉ FERNÁNDEZ SEGURA	LICENCIA 1 DIA	127	1:12:12	05:56	143	6:08:13	29.33	03:37	265	5:19:53	12:49:50	3:21:49				
72	149	MIGUEL PRECEDO POSE	LICENCIA 1 DIA	173	1:15:31	13:55	236	6:32:32	27.51	07:01	172	4:43:26	12:52:23	3:24:22				
73	170	JESÚS RUÍZ RENTERO	LICENCIA 1 DIA	188	1:16:42	04:13	215	6:25:36	28.01	03:56	222	5:02:03	12:52:27	3:24:26				
74	200	JESÚS RODIL PATRICIO	CLUB ATLÉTICO OCLE	250	1:20:31	03:56	126	6:05:50	29.52	05:48	259	5:17:22	12:53:25	3:25:24				
75	222	EMILIO XOSÉ GONZÁLEZ LE	LICENCIA 1 DIA	267	1:21:44	07:37	136	6:06:48	29.45	07:48	242	5:10:19	12:54:12	3:26:11				
76	142	RUBEN DARIO RODRIGUEZ T	C.D. CADIZ COSTA DE LA LUZ	121	1:11:42	05:54	212	6:24:43	28.07	06:14	231	5:06:15	12:54:46	3:26:45				
77	160	ANDRES DOMINGUEZ SILVA	CLUB TRIATLON CORUÑA	72	1:07:52	04:16	217	6:26:26	27.95	02:53	258	5:15:23	12:56:48	3:28:47				
78	224	JESUS MANUEL DÍAZ GONZÁ	C.T. BASE DEPORTES JOSELE	279	1:23:54	03:45	238	6:32:39	27.51	03:19	216	4:59:04	13:02:39	3:34:38				
79	161	JULIAN CALVO LOPEZ	LICENCIA 1 DIA	255	1:20:56	07:05	266	6:43:17	26.78	06:35	183	4:46:57	13:04:49	3:36:47				
80	154	FRANCISCO JORDÀ SANCHE	CLUB CICLISTA EO	43	1:04:42	04:48	123	6:05:22	29.56	02:34	310	5:52:28	13:09:52	3:41:51				
81	153	JUAN DÍAZ PARDO	TRIATLON FERROL	185	1:16:24	10:17	129	6:06:05	29.5	07:05	283	5:30:18	13:10:08	3:42:07				
82	171	ISAAC FRAGOSO PEREZ	NOSPORTLIMIT-TREK GALICIA	249	1:20:30	05:53	228	6:29:16	27.75	05:33	240	5:10:06	13:11:16	3:43:15				
83	175	JAVIER GONZÁLEZ SAINZ	C.D. CADIZ COSTA DE LA LUZ	287	1:24:59	03:23	226	6:28:56	27.77	02:37	249	5:12:30	13:12:23	3:44:22				
84	217	LUIS FRANCISCO SANCHEZ	LICENCIA 1 DIA	233	1:19:33	06:21	312	7:09:20	25.16	04:05	153	4:36:47	13:16:04	3:48:03				
85	228	DAVID CLIMENT BONET	KOMANDO FISIOJREIG.COM 10º ANI	68	1:07:29	03:37	208	6:21:51	28.28	01:50	296	5:42:50	13:17:35	3:49:34				
86	239	LUIS ENRIQUE ALVAREZ FO	LICENCIA 1 DIA	199	1:17:28	04:48	239	6:32:52	27.49	05:43	271	5:22:09	13:22:58	3:54:56				
87	214	ANTÓN LOPES LEITÓN VEIG	LICENCIA 1 DIA	325	1:36:50	13:28	264	6:42:02	26.86	07:55	175	4:45:00	13:25:14	3:57:13				
88	229	MARCOS CARRERA TÁBOAS	LICENCIA 1 DIA	262	1:21:24	04:32	213	6:24:57	28.06	04:14	284	5:31:46	13:26:51	3:58:50				
89	238	SERGIO CANALES MARCOS	LICENCIA 1 DIA	107	1:10:55	09:58	274	6:49:10	26.4	09:29	252	5:13:24	13:32:54	4:04:53				
90	218	ALEJANDRO JOSÉ DE MARIA	LICENCIA 1 DIA	230	1:19:23	09:13	329	7:28:08	24.1	05:49	137	4:32:08	13:34:40	4:06:38				
91	125	JUAN MANUEL MIRA IGLESIA	LICENCIA 1 DIA	295	1:25:58	06:36	280	6:53:14	26.14	02:05	239	5:10:02	13:37:54	4:09:53				
92	199	ANGEL PAZÓ PEREZ	LICENCIA 1 DIA	126	1:12:01	09:25	321	7:18:46	24.61	04:41	203	4:53:57	13:38:48	4:10:46				
93	167	ALBERTO SOLANA RAMOS	A.D. ECOSPORT TRIATLON ALCOBE	285	1:24:54	08:34	265	6:42:28	26.83	06:19	280	5:27:24	13:49:37	4:21:36				
94	183	LUIS FERNÁNDEZ DE VERA	LICENCIA 1 DIA	156	1:14:30	09:53	303	7:04:36	25.44	05:38	260	5:18:02	13:52:37	4:24:36				
95	203	BENITO JOSE SOLER RANCA	CLUB DEPORTIVO GIMNASIO AREN	247	1:20:29	08:54	300	7:02:02	25.59	05:39	262	5:18:38	13:55:41	4:27:40				
96	162	JORGE MÉNDEZ ABONJO	LICENCIA 1 DIA	336	1:39:33	06:54	338	7:45:26	23.2	03:58	104	4:22:53	13:58:42	4:30:41				
97	237	JESÚS MARTÍNEZ REIG	LICENCIA 1 DIA	184	1:16:17	09:58	318	7:13:29	24.92	07:46	264	5:19:44	14:07:12	4:39:10				
98	151	AGUSTIN CIVEIRA DOBARRO	LICENCIA 1 DIA	257	1:21:08	12:42	299	7:01:30	25.62	08:36	279	5:25:40	14:09:34	4:41:32				
99	131	ANTONIO MANUEL RODRIGO	C.D. PIKAERAS ELITE ALMUÑECAR	332	1:38:09	04:52	269	6:44:14	26.72	04:06	300	5:45:35	14:16:54	4:48:53				
100	220	EDUARDO SOLERA SANCHE	LICENCIA 1 DIA	350	1:55:25	07:33	270	6:44:28	26.7	06:07	282	5:28:56	14:22:28	4:54:27				
101	143	JAVIER MUÑOZ DIAZ-CASTR	A.D. FOGAR	286	1:24:55	05:55	308	7:06:56	25.3	04:32	292	5:40:58	14:23:14	4:55:13				
102	205	JORGE GARCIA ZAS	NOSPORTLIMIT-TREK GALICIA	297	1:26:37	05:10	281	6:54:05	26.08	04:50	311	5:53:56	14:24:36	4:56:35				
103	245	CARLOS SANTOS MARTINEZ	NOSPORTLIMIT-TREK GALICIA	273	1:22:16	09:24	273	6:48:35	26.43	05:19	323	6:08:36	14:34:08	5:06:07				
104	152	SERGIO FERNANDEZ-CIEZA	LICENCIA 1 DIA	305	1:28:21	12:20	311	7:09:17	25.16	06:51	293	5:41:35	14:38:23	5:10:22				
105	225	CELESTINO MATO PEON	LICENCIA 1 DIA	288	1:24:59	07:37	333	7:39:06	23.52	05:42	268	5:21:08	14:38:31	5:10:30				
106	194	MIGUEL ALDIR CONDE	LICENCIA 1 DIA	322	1:35:20	08:43	335	7:41:56	23.38	03:47	253	5:13:51	14:43:35	5:15:34				
107	176	RICARDO GARCIA GESTAL	LICENCIA 1 DIA	316	1:32:46	05:24	332	7:37:15	23.62	03:37	295	5:42:44	15:01:43	5:33:42				
108	169	LOIS NOVO BLANCO	CLUB CICLISTA RIAZOR	337	1:40:06	06:43	315	7:10:09	25.11	05:22	321	6:07:01	15:09:18	5:41:17				
109	179	DIEGO RAÑA BOUZA	TRINITY TRIATLON	331	1:37:59	05:34	330	7:28:48	24.07	03:25	329	6:18:41	15:34:25	6:06:24				
SD	181	FRANCISCO FELICES BARCI	LICENCIA 1 DIA	NO REALIZAR EL SECTOR DE NATACION														
NF	213	JAVIER NERCELLAS MÉNDE	ARCADE INFORHOUSE SANTIAGO	2	0:52:29	02:55	11	5:18:07	33.95	01:46								
NF	234	PABLO CORPS REDONDO	TRIATLÓN FUENLABRADA	118	1:11:35	05:09	221	6:27:09	27.9	03:18								
NF	235	ROBERTO CID SANMARTIN	CLUB TRIATLON CORUÑA	222	1:19:05	11:22												
NF	141	LUIS ANGEL FERNANDEZ OR	TRIATLON PISUERGA-TRIPI	97	1:10:05	03:46	127	6:05:54	29.52	04:42								
NP	148	FERNANDO VAZQUEZ LORE	LICENCIA 1 DIA															
NP	178	PABLO BARRIO VILAR	TRINITY TRIATLON															
NP	177	JOSE CARLOS GAGO DORN	CLUB ATLETISMO PORRIÑO															
NP	202	JULIO CESAR DOMINGUEZ D	CLUB TRIATLON MAR DE VIGO															
NP	190	ENOC NAVARRO VALLÉS	CLUB NATACIO RUBI															
NP	212	VICTOR SOTO PÉREZ	AXA AGENCIA GARRIGA-BEARIZ TRI															
NP	155	JESUS VILLAR QUINTIANA	LICENCIA 1 DIA															
NP	130	JOSE ANTONIO FERNANDEZ	LICENCIA 1 DIA															
NP	236	ALBERTO POUSADA DUART	NOSPORTLIMIT-TREK GALICIA															

DE 40 A 44 AÑOS MASCULINA

POS.	Nº	NOME	CLUB	P.	Natación	T1	P.	Ciclismo	Km/h.	T2	P.	Carrera	META	Dif.
1	291	LUIS ALBERTO PAREDES CO	CLUB TRIATLON MORRAZO	28	1:02:49	02:24	16	5:21:11	33.63	01:39	3	3:20:34	9:48:34	0:20:33
2	304	DANIEL SAMALEA MOLINA	PILOÑA.DEPORTE	98	1:10:07	05:10	13	5:18:25	33.92	02:48	36	3:58:52	10:35:19	1:07:18
3	259	JUAN CARLOS AUÑÓN GARV	LICENCIA 1 DIA	9	0:57:50	03:40	59	5:43:28	31.44	01:45	25	3:49:56	10:36:37	1:08:36
4	296	JUAN RAMON GARCIA HERN	A.D. FOGAR	16	1:01:19	03:05	79	5:49:25	30.91	02:05	19	3:43:48	10:39:41	1:11:40
5	287	MITXEL SAGARZAZU CASTRI	TRI-ORACULO SANTA POLA	46	1:04:47	03:49	36	5:31:37	32.57	02:26	37	3:59:06	10:41:42	1:13:41
6	321	DAVID VAZQUEZ RODRIGUE	TRI OURENSE	96	1:10:01	02:25	15	5:20:21	33.71	01:37	56	4:07:49	10:42:10	1:14:09

7	326	PEDRO ANTONIO FERNÁNDEZ	PILOÑA.DEPORTE	108	1:10:56	04:05	37	5:31:55	32.54	03:32	50	4:05:41	10:56:09	1:28:08
8	295	ALBERTO CABANAS NISTAL	C.D.T. NOVASCHOOL AÑORETA	19	1:01:55	02:27	110	6:02:28	29.8	02:47	22	3:47:34	10:57:10	1:29:09
9	316	ILDEFONSO CEGARRA MANZ	LEGIOTRI	14	1:01:01	02:21	41	5:33:53	32.35	01:55	93	4:20:50	10:59:58	1:31:57
10	258	JOSÉ ANTONIO MARQUÉS VI	C.D. TRIATLON MONTILLA	104	1:10:34	03:44	31	5:28:27	32.88	02:08	73	4:15:37	11:00:28	1:32:27
11	307	FERNANDO SILVARREY RED	NOSPORTLIMIT-TREK GALICIA	74	1:08:11	03:02	113	6:03:15	29.73	01:26	34	3:57:14	11:13:05	1:45:04
12	311	PEDRO MANUEL ESMORIS G	ROQSPORT.COM-SAN ROQUE	137	1:13:27	03:42	89	5:54:00	30.51	01:35	47	4:03:13	11:15:56	1:47:55
13	253	SANTIAGO GARCIA GONZAL	LICENCIA 1 DIA	228	1:19:15	08:53	188	6:17:49	28.59	05:22	11	3:36:42	11:28:00	1:59:59
14	329	EMILIO GONZALEZ GARCIA	A.D. FOGAR	112	1:11:18	04:08	83	5:51:02	30.77	01:46	126	4:29:45	11:37:58	2:09:57
15	306	ANDRÉ LUIZ GOMES DE MAC	TRIOURENSE	41	1:04:24	04:06	92	5:55:40	30.37	03:58	138	4:32:55	11:41:02	2:13:01
16	271	DAVID HERRERO GUTIERRE	TRIATLON SANTANDER	131	1:13:05	05:39	189	6:17:50	28.58	03:26	43	4:02:38	11:42:37	2:14:36
17	272	ARTURO RAMOS FERROL	DEXTER TRIATLON COMPOSTELA	202	1:17:51	03:07	60	5:43:34	31.44	01:40	158	4:38:08	11:44:18	2:16:17
18	323	MIGUEL MARTINEZ BASURC	ULTRASPORT-TEAM	38	1:04:14	04:12	150	6:09:51	29.2	03:13	112	4:26:48	11:48:16	2:20:15
19	303	CARLOS LOBELLE CARUS	CLUB TRIATLON MORRAZO	207	1:18:10	03:16	96	5:57:33	30.21	02:29	129	4:30:55	11:52:21	2:24:20
20	293	MANUEL LEIRACHA VALENT	TRIATLON FERROL	265	1:21:39	05:13	180	6:16:10	28.71	06:24	45	4:02:58	11:52:22	2:24:21
21	285	MARCELO RODRIGUEZ FILG	CLUB CICLISTA RIAZOR	144	1:13:51	03:21	147	6:08:37	29.3	01:47	139	4:32:56	12:00:30	2:32:29
22	249	IBON KORTAZAR AURRE	EXTREM ZORNOTZA	95	1:09:58	05:13	145	6:08:31	29.31	04:55	136	4:31:56	12:00:31	2:32:30
23	264	MANUEL LÓPEZ CARBALLEI	TRINITY TRIATLON	315	1:31:42	05:36	132	6:06:26	29.47	02:41	68	4:14:38	12:01:01	2:33:00
24	274	JORGE MANUEL GARCIA RO	DEXTER TRIATLON COMPOSTELA	303	1:27:39					24:20	171	4:42:36	12:07:15	2:39:14
25	266	JESUS CEBREIRO LOPEZ	LICENCIA 1 DIA	163	1:14:45	09:27	173	6:15:19	28.78	06:31	103	4:22:52	12:08:52	2:40:51
26	282	OSCAR MARIN ARTECHE	C.D. TRIAT-ALANDALUS	227	1:19:13	06:04	65	5:45:57	31.22	03:01	209	4:55:33	12:09:45	2:41:44
27	331	ROBERTO L. VILLARES RAM	LICENCIA 1 DIA	117	1:11:33	04:44	204	6:20:49	28.36	02:56	132	4:31:05	12:11:05	2:43:04
28	273	GUILLERMO SANZ MUÑOZ	A.D.T. CAMPOO-REINOSA	238	1:19:51	04:22	185	6:16:53	28.66	03:02	116	4:27:42	12:11:48	2:43:46
29	298	JOSE ANTONIO RODRÍGUEZ	LICENCIA 1 DIA	243	1:20:08	04:27	149	6:09:07	29.26	04:00	147	4:35:38	12:13:18	2:45:17
30	252	JULIO GONZÁLEZ DIÉGUEZ	AXA AGENCIA GARRIGA-BEARIZ TRI	85	1:09:18	04:29	154	6:10:00	29.19	02:36	186	4:47:14	12:13:35	2:45:34
31	319	ELOY MADERO ANTÓN	LICENCIA 1 DIA	274	1:22:22	10:40	284	6:55:23	26	02:29	24	3:49:24	12:20:16	2:52:15
32	263	MIGUEL ANGEL ESMORIS GA	ROQSPORT.COM-SAN ROQUE	174	1:15:38	04:33	139	6:07:36	29.38	02:20	193	4:50:59	12:21:04	2:53:03
33	288	ALBERTO FERNANDEZ MUÑI	NOSPORTLIMIT-TREK GALICIA	29	1:03:18	04:11	256	6:38:34	27.1	02:01	141	4:33:31	12:21:33	2:53:32
34	261	JOSE LUIS CASES RODRIGO	LICENCIA 1 DIA	86	1:09:30	05:54	259	6:40:41	26.95	04:10	100	4:21:57	12:22:10	2:54:09
35	340	MIGUEL LAMELA MÉNDEZ	LICENCIA 1 DIA	276	1:22:46	06:12	201	6:20:16	28.4	05:31	115	4:27:38	12:22:21	2:54:20
36	281	RUI PENA	AASM TRIATLO	234	1:19:42	03:47	158	6:11:23	29.08	02:39	176	4:45:12	12:22:40	2:54:39
37	248	CESAR AUGUSTO FERNAND	LICENCIA 1 DIA	142	1:13:38	04:02	161	6:11:47	29.05	01:42	201	4:52:52	12:23:59	2:55:58
38	324	AMANDO MARTINEZ LOPEZ	CLUB TRIATLON HELLIN	45	1:04:46	02:10	283	6:55:09	26.02	02:09	109	4:26:30	12:30:43	3:02:42
39	283	RAMON HEVIA MORENO	CENTRO ASTURIANO OVIEDO	182	1:16:07	03:20	77	5:48:38	30.98	03:46	273	5:22:44	12:34:33	3:06:32
40	342	PABLO TEJEIRO LOPEZ	CLUB TRIATLON CORUÑA	280	1:23:56	05:06	229	6:29:22	27.74	02:29	146	4:35:21	12:36:12	3:08:11
41	292	OSCAR REDONDO MAÑAS	INDEPENDIENTE	312	1:30:57	07:14	262	6:41:49	26.88	05:53	71	4:15:05	12:40:56	3:12:55
42	332	CARLOS FERNANDEZ EXPO	LICENCIA 1 DIA	195	1:17:06	03:50	194	6:18:42	28.52	02:36	218	4:59:24	12:41:36	3:13:34
43	59	CARLOS ANDRÉS RAMÍREZ	INDEPENDIENTE	139	1:13:30	04:03	48	5:36:04	32.14	04:21	298	5:44:28	12:42:24	3:14:23
44	320	MARCOS LOBO CORTES	TRIATLON LA OLMA	275	1:22:34	08:33	111	6:02:30	29.79	04:31	225	5:04:42	12:42:48	3:14:47
45	325	GORKA LOPEZ PRIETO	LICENCIA 1 DIA	334	1:39:00	04:02	224	6:28:27	27.8	04:08	124	4:29:33	12:45:09	3:17:08
46	301	FRANCISCO JOSE FERNAND	ZONA BOXES - DESNIVEL 0%	208	1:18:13	05:51	214	6:25:18	28.03	05:25	190	4:50:27	12:45:12	3:17:11
47	254	FRANCISCO JAVIER FERNAN	TRIATLÓN CDTF ELCHE	348	1:53:18	06:13	211	6:24:17	28.1	03:18	86	4:19:10	12:46:15	3:18:14
48	284	LUIS DANIEL LESENDE VALI	NOSPORTLIMIT-TREK GALICIA	237	1:19:44	05:16	160	6:11:44	29.05	04:42	227	5:04:57	12:46:20	3:18:19
49	276	JESÚS CARLOS QUINTAS BA	NOSPORTLIMIT-TREK GALICIA	3	0:52:53	07:43	227	6:29:03	27.76	05:25	248	5:12:22	12:47:24	3:19:23
50	341	JUAN PATIÑO VARELA	NOSPORTLIMIT-TREK GALICIA	138	1:13:28	06:36	247	6:35:27	27.31	06:52	178	4:45:42	12:48:03	3:20:02
51	294	JOSE Mª GUEIMUNDE CABAL	LICENCIA 1 DIA	159	1:14:34	06:40	235	6:31:38	27.58	04:39	196	4:52:09	12:49:39	3:21:38
52	265	PEDRO JOSÉ ARDUENGO CU	PILOÑA.DEPORTE	189	1:16:45	06:20	192	6:18:09	28.56	03:12	255	5:14:15	12:58:40	3:30:39
53	269	PEDRO MIGUEL ALONSO	LICENCIA 1 DIA	171	1:15:23	08:22	187	6:17:29	28.61	07:28	243	5:10:19	12:59:00	3:30:59
54	290	ALVARO RIVAS ARES	CLUB TRIATLON CORUÑA	80	1:08:35	03:31	218	6:26:41	27.93	03:12	275	5:23:14	13:05:12	3:37:11
55	333	RAMIRO EDER FERNANDEZ	TRIATLON MOTOBIKE PONTEVEDR	69	1:07:33	05:06	276	6:51:14	26.26	04:12	213	4:58:16	13:06:20	3:38:19
56	313	ANGEL PAZ BERMÚDEZ	BIKESTRADA TRIATLON	33	1:03:50	03:02	282	6:54:28	26.06	04:11	220	5:01:06	13:06:36	3:38:35
57	337	RAFAEL BECERRO DE LA TO	TRIATLON PISUERGA-TRUPI	252	1:20:35	06:32	233	6:30:57	27.63	05:24	236	5:08:35	13:12:01	3:44:00
58	310	JOSE MANUEL PEREZ ALVA	LICENCIA 1 DIA	308	1:29:37	08:51	296	6:59:35	25.74	09:57	106	4:24:50	13:12:49	3:44:48
59	247	CARLOS MANUEL FERNAND	INDEPENDIENTE	294	1:25:46	05:09	234	6:31:06	27.62	03:08	250	5:12:45	13:17:51	3:49:50
60	302	PACO GARCÍA DANS	LICENCIA 1 DIA	310	1:30:37	07:18	310	7:09:13	25.16	05:12	121	4:29:11	13:21:29	3:53:28
61	327	PABLO FERNANDEZ RODRIG	LICENCIA 1 DIA	277	1:22:47	05:30	120	6:04:14	29.65	04:10	302	5:47:42	13:24:21	3:56:20
62	299	PABLO CURRÁS PAREDES	CLUB TRIATLON MORRAZO	145	1:13:53	02:53	279	6:52:54	26.16	02:45	254	5:13:54	13:26:16	3:58:15
63	262	JUAN IGNACIO TODOLÍ MAT	C.T. POBLATS MARITIMS	158	1:14:32	04:00	174	6:15:19	28.78	03:10	304	5:49:50	13:26:50	3:58:49
64	280	FRANCISCO SERRANO CRUZ	LICENCIA 1 DIA	283	1:24:27	10:15	301	7:03:58	25.47	06:40	169	4:41:53	13:27:12	3:59:10
65	286	ELOY SANTAMARÍA REGALIZ	LICENCIA 1 DIA	214	1:18:44	08:13	313	7:09:51	25.13	07:25	207	4:55:24	13:39:35	4:11:34
66	255	MIGUEL MÍGUEZ OTERO	LICENCIA 1 DIA	347	1:53:09	09:57	164	6:12:10	29.02	05:08	270	5:21:19	13:41:42	4:13:41
67	314	JACOBO ANICETO SANCHEZ	NOSPORTLIMIT-TREK GALICIA	248	1:20:30	03:47	306	7:05:35	25.38	02:42	245	5:10:41	13:43:13	4:15:12
68	308	RAFAEL PAIS COMINO	LICENCIA 1 DIA	166	1:15:08	06:52	205	6:20:55	28.35	05:11	313	5:55:23	13:43:28	4:15:26
69	251	RENATO CARDOSO	PORTO RUNNERS	235	1:19:43	05:08	298	7:00:55	25.66	06:35	251	5:12:47	13:45:05	4:17:04
70	312	ALFONSO DANS ALVAREZ D	NOSPORTLIMIT-TREK GALICIA	193	1:17:00	09:29	323	7:20:32	24.52	04:37	202	4:53:50	13:45:27	4:17:26
71	336	JOSE MARIA MUÑOZ EGEEA	C.T. ALMERIA	140	1:13:37	10:19	324	7:21:05	24.49	08:35	195	4:52:08	13:45:42	4:17:41
72	335	ABEL PANIAGUA BENITO	LICENCIA 1 DIA	307	1:29:32	09:47	278	6:52:28	26.18	08:27	241	5:10:11	13:50:23	4:22:22
73	339	PEDRO DE CASTRO GARCIA	LICENCIA 1 DIA	256	1:21:06	04:13	200	6:20:12	28.41	04:04	319	6:04:17	13:53:50	4:25:48
74	257	PABLO PÉREZ VÁZQUEZ	LICENCIA 1 DIA	260	1:21:12	04:54	198	6:19:44	28.44	03:49	318	6:04:13	13:53:50	4:25:49
75	309	JUAN JOSE PITA FRAGOSO	CLUB TRIATLON MAR DE VIGO	304	1:27:58	08:00	309	7:07:39	25.25	08:33	223	5:02:24	13:54:32	4:26:31
76	322	JOSE RAMON MUIÑO MARTÍ	NOSPORTLIMIT-TREK GALICIA	335	1:39:23	06:13	248	6:35:36	27.3	04:00	290	5:37:36	14:02:47	4:34:46
77	317	BYRON OREJUELA REINO	LICENCIA 1 DIA	268	1:21:44	09:37	297	6:59:38	25.74	05:42	291	5:38:43	14:15:23	4:47:22

78	328	ANTONIO VÁZQUEZ GÓMEZ	DEXTER TRIATLON COMPOSTELA	113	1:11:26	05:05	291	6:58:00	25.84	04:03	315	5:59:33	14:18:04	4:50:03
79	305	JESUS ALVAREZ CASAPRIM	NOSPORTLIMIT-TREK GALICIA	111	1:11:18	07:02	263	6:41:51	26.88	06:08	327	6:16:57	14:23:14	4:55:13
80	256	ENRIQUE GAYOSO LLAMAS	LICENCIA 1 DIA	321	1:34:23	07:48	319	7:14:37	24.85	07:02	287	5:34:35	14:38:24	5:10:23
81	289	JESUS RODRIGUEZ FERNAN	LICENCIA 1 DIA	330	1:37:53	08:54	307	7:06:12	25.34	05:29	317	6:03:15	15:01:42	5:33:40
82	250	CARLOS CASTRO RODRIGUE	NOSPORTLIMIT-TREK GALICIA	241	1:20:00	17:12	341	8:06:35	22.2	09:54	238	5:08:55	15:02:35	5:34:33
83	338	ALBERTO LOBO REQUEJO	LICENCIA 1 DIA	301	1:27:10	10:05	326	7:25:28	24.24	11:20	305	5:49:58	15:03:59	5:35:58
84	267	JESUS CASTRO MENENDEZ	LICENCIA 1 DIA	345	1:52:23	08:25	325	7:25:10	24.26	07:15	307	5:51:48	15:24:59	5:56:58
NF	268	JOSE MARIA GARCIA DE LAS	PILOÑA.DEPORTE	50	1:05:49	03:24	67	5:46:27	31.17	03:27				
NF	318	JESUS ALBERTO BLAZQUEZ	LICENCIA 1 DIA	327	1:37:23	06:22								
NF	260	JAVIER PEREZ BOUZA	TRINITY TRIATLON	20	1:02:04	02:11								
NF	279	EMILIO LLAMES PEREZ	LICENCIA 1 DIA	281	1:24:18	09:27								
NF	277	JOSÉ VICENTE GUZMÁN ARE	LICENCIA 1 DIA	57	1:06:53	04:25	44	5:35:28	32.2	04:35				
NF	315	CESAR LUIS SANZ DE LA GA	ACADEMIA CIVIL - CNSO	246	1:20:29	05:21	1	4:49:33	37.3					
NF	270	ALVARO LIGERO ORTIZ DE A	LICENCIA 1 DIA	119	1:11:38	05:51								
NP	334	FRANCISCO JOSÉ FERRER V	NOSPORTLIMIT-TREK GALICIA											
NP	330	JUAN MANUEL PAINO MONS	LICENCIA 1 DIA											
NP	275	JESUS FRANCISCO FERNAN	CLUB ATLÉTICO OCLE											
NP	300	RENE SERRANO TENORIO	INDEPENDIENTE											
NP	278	PABLO M. CARRO SUAREZ	TRINITY TRIATLON											
NP	297	SANTIAGO PALACIO FERNA	C.D.CICLISTA VIBIKE											

DE 45 A 49 AÑOS MASCULINA

POS.	Nº	NOME	CLUB	P.	Natación	T1	P.	Ciclismo	Km/h.	T2	P.	Carrera	META	Dif.
1	348	RAMON ARIAS GARCIA	T. MURALLA LUGO	13	1:00:03	02:57	27	5:26:28	33.08	01:34	16	3:41:54	10:12:53	0:44:52
2	347	MANUEL JOSÉ DÁVALOS JA	RECORD-TRIATLÓN PACENSE	162	1:14:42	03:56	56	5:41:24	31.64	01:52	15	3:41:21	10:43:12	1:15:11
3	387	FERNANDO ALVAREZ HINOJ	LICENCIA 1 DIA	63	1:07:20	03:21	108	6:02:15	29.81	01:26	8	3:32:17	10:46:37	1:18:36
4	344	JORGE MERINO ALVARO	CDE AGUAVERDE	35	1:04:07	02:43	46	5:35:53	32.15	03:17	63	4:13:29	10:59:27	1:31:26
5	379	PEDRO LISTA SUÁREZ	A.D. FOGAR	73	1:07:53	02:31	52	5:39:31	31.81	01:22	96	4:21:26	11:12:42	1:44:41
6	384	EUGENIO MARTÍNEZ PÉREZ	LICENCIA 1 DIA	71	1:07:45	06:23	69	5:46:58	31.13	03:16	59	4:10:05	11:14:25	1:46:24
7	343	ANTONIO RIBEIRO	PORTO RUNNERS	123	1:11:48	06:50	75	5:48:07	31.02	03:12	60	4:10:58	11:20:53	1:52:52
8	355	CARLOS ROCA RODRIGUEZ	LICENCIA 1 DIA	11	0:59:39	06:24	240	6:33:10	27.47	05:29	14	3:39:10	11:23:49	1:55:48
9	352	ANTONIO DIAZ MEIGENGO	BIKESTRADA TRIATLON	102	1:10:20	04:04	84	5:52:40	30.62	02:23	92	4:20:01	11:29:26	2:01:25
10	370	JAVIER MONTERO LOPEZ	TRIATLON FERROL	120	1:11:39	03:24	73	5:47:48	31.05	02:32	156	4:37:24	11:42:45	2:14:44
11	369	MIGUEL CARBALLO GONZÁL	TRI OURENSE	54	1:06:28	04:25	155	6:10:04	29.18	03:05	98	4:21:30	11:45:30	2:17:28
12	371	JOSE ARMANDO REQUENA	CLUB TRIATLON HELLIN	60	1:07:11	03:13	141	6:07:44	29.37	02:52	119	4:28:28	11:49:25	2:21:23
13	363	JOSE JAVIER GOMEZ IGLESI	TRI OURENSE	339	1:40:50	06:21	88	5:53:34	30.55	02:09	53	4:06:41	11:49:33	2:21:32
14	345	JUAN MÉNDEZ LÓPEZ	TRISADA	198	1:17:26	05:03	153	6:09:58	29.19	02:40	70	4:14:55	11:49:59	2:21:58
15	351	LUIS ANGEL MARCOS GARC	TRI-ORACULO SANTA POLA	254	1:20:46	05:33	125	6:05:49	29.52	03:30	85	4:19:00	11:54:36	2:26:35
16	394	JUAN JOSE GONZALEZ RAMI	CLUB TRIATLON CORUÑA	109	1:11:01	05:31	106	6:01:13	29.9	02:39	159	4:38:43	11:59:06	2:31:04
17	389	RICARDO REYERO HERMOSI	INDEPENDIENTE	221	1:19:05	07:02	85	5:52:47	30.61	04:58	152	4:36:43	12:00:34	2:32:33
18	386	ARMANDO PIÑEIRO PEREZ	BIKESTRADA TRIATLON	39	1:04:16	05:33	112	6:02:53	29.76	05:30	185	4:47:14	12:05:25	2:37:24
19	353	JOSE A VEIGA MOSQUERA	ARCADE INFORHOUSE SANTIAGO	292	1:25:22	03:44	184	6:16:48	28.66	02:12	88	4:19:20	12:07:23	2:39:22
20	359	ENRIQUE LUIS ALVAREZ EST	NOSPORTLIMIT-TREK GALICIA	194	1:17:03	02:36	144	6:08:18	29.33	01:43	163	4:39:23	12:09:02	2:41:01
21	380	ÁNGEL JAVIER GARCÍA SÁN	CLUB TRIATLÓN OVIEDO	271	1:21:58	04:13	183	6:16:31	28.68	01:56	118	4:27:55	12:12:32	2:44:31
22	361	JUAN JOSE GOMEZ NEGREI	CLUB TRIATLON CORUÑA	169	1:15:11	03:28	165	6:12:11	29.02	01:49	191	4:50:47	12:23:25	2:55:24
23	346	FERNANDO IBARRA CARBÓ	CIDADE DE LUGO FLUVIAL	311	1:30:37	05:14	94	5:56:18	30.31	02:58	204	4:53:59	12:29:06	3:01:04
24	366	JOSE LUIS NAYA ORGEIRA	NOSPORTLIMIT-TREK GALICIA	183	1:16:13	05:49	260	6:41:44	26.88	04:12	128	4:29:58	12:37:54	3:09:53
25	356	PEP HIGUERAS LEÓN	C.C ESQUENAPELATS LESCALA	323	1:35:33	09:42	151	6:09:57	29.19	06:25	170	4:42:25	12:44:02	3:16:01
26	349	DIEGO SECO LAMAS	TRINITY TRIATLON	309	1:29:49	04:59	199	6:20:09	28.41	05:51	182	4:46:45	12:47:31	3:19:30
27	390	PAULO ALEXANDRE SILVA N		56	1:06:50	02:56	148	6:08:46	29.29	02:00	285	5:32:39	12:53:08	3:25:07
28	375	MANUEL ANGEL PITA PEREI	TRIATLON FERROL	218	1:19:02	03:01	196	6:19:34	28.45	01:42	244	5:10:23	12:53:41	3:25:39
29	376	RAFAEL ALEDO VIVES	CLUB ILICITANO TRIATLÓN	51	1:05:58	06:49	193	6:18:39	28.52	04:39	281	5:28:53	13:04:56	3:36:55
30	396	JUAN DE PABLO SORIA	WILD&FREE	132	1:13:11	07:54	220	6:26:59	27.91	03:51	277	5:24:51	13:16:45	3:48:44
31	373	FRANCISCO JAVIER HERNAN	WILD&FREE	266	1:21:41	06:57	252	6:37:42	27.16	06:10	224	5:04:18	13:16:46	3:48:45
32	381	RICARDO MASIÁN BESSARD	NOSPORTLIMIT-TREK GALICIA	259	1:21:09	03:29	290	6:57:19	25.88	02:56	199	4:52:45	13:17:36	3:49:35
33	377	ANTONIO FILGUEIRAS BOUZ	LICENCIA 1 DIA	236	1:19:43	05:53	179	6:15:52	28.73	03:09	288	5:35:55	13:20:31	3:52:30
34	378	RAFAEL ESQUITINO GOMARI	CLUB ILICITANO TRIATLÓN	212	1:18:37	08:52	257	6:39:15	27.05	07:40	256	5:15:02	13:29:24	4:01:23
35	393	MODESTO RODRIGUEZ OTE	AXA AGENCIA GARRIGA-BEARIZ TRI	349	1:53:57	06:13	243	6:33:55	27.42	04:31	206	4:55:20	13:33:54	4:05:53
36	350	FRANCISCO JOSE OTERO LO	LICENCIA 1 DIA	211	1:18:26	05:54	275	6:49:28	26.38	03:10	274	5:23:08	13:40:04	4:12:03
37	360	EDUARDO PAREDES FERRO	LICENCIA 1 DIA			43:05	305	7:05:28	25.38	05:19	188	4:49:06	13:43:16	4:15:15
38	354	FRANCISCO GIMENO GARC	CLUB ILICITANO TRIATLÓN	213	1:18:38	11:09	322	7:20:13	24.53	05:15	192	4:50:57	13:46:10	4:18:09
39	395	GONZALO TRIUNFO DELGAD	ARTROGAL-TRI 498	176	1:15:54	08:26	286	6:55:33	25.99	07:03	267	5:21:02	13:47:56	4:19:55
40	365	JOSÉ CARLOS ÁLVAREZ DE	AXA AGENCIA GARRIGA-BEARIZ TRI	340	1:41:49	09:37	294	6:59:07	25.77	06:07	215	4:58:49	13:55:28	4:27:26
41	374	HIGINIO-LODARIO LERA FER	ZONA BOXES - DESNIVEL 0%	224	1:19:09	11:09	289	6:56:52	25.91	09:15	263	5:19:05	13:55:29	4:27:28
42	392	JOSÉ ANTONIO SAAVEDRA P	LICENCIA 1 DIA	343	1:47:11	13:01	337	7:44:42	23.24	09:51	174	4:44:02	14:38:44	5:10:43
43	391	JOSE MARIA VERA MANDA	LICENCIA 1 DIA	346	1:52:31	07:36	304	7:05:09	25.4	06:00	328	6:17:12	15:28:27	6:00:25
44	362	JUAN LUIS LIMORTE URRUTI	LICENCIA 1 DIA	333	1:38:35	10:40	339	7:46:26	23.15	08:53	322	6:07:55	15:52:27	6:24:26
SD	388	FILIFE JOSÉ GAGO CONCEIÇ											11:35:49	2:07:47
SD	358	JUAN IGNACIO GARCIA VALL	TRI OURENSE										11:45:30	2:17:28
NF	372	PEDRO MANUEL ALONSO PR	TRINITY TRIATLON	58	1:06:53	02:40	43	5:35:18	32.21	01:23				
NF	385	ARMANDO DEL POZO BALAG	AGM TEAM TRISAB	180	1:16:03	03:28	163	6:11:57	29.04	02:19				

NP 357	QUICO CALVO RUIZ	TRIATLON PALENCIA
NP 364	RODRIGO MARCOS RUBIO	CDE AGUAVERDE
NP 368	BASSIT BRIGUECH	CLUB TRIATLÓN KERKUS
NP 397	ARTURO TORRES CELADA	TRIATLON LA OLMA
NP 383	JOSE DANIEL GONZALEZ CA	CLUB CICLISTA RIAZOR
NP 367	CARLOS PEREIRA	
NP 382	MANUEL ALVAREZ BARTOL	CENTRO ASTURIANO OVIEDO

DE 50 A 54 AÑOS MASCULINA

POS.	Nº	NOME	CLUB	P.	Natación	T1	P.	Ciclismo	Km/h.	T2	P.	Carrera	META	Dif.
1	403	FAUSTINO BLANCO MANCEB	CLUB DEPORTIVO TRIATLON BIERZ	164	1:14:53	05:38	130	6:06:18	29.49	02:53	38	4:00:26	11:30:06	2:02:04
2	398	FERNANDO ORTEGA FERNA	TRIATLON PISUERGA-TRIPÍ	296	1:26:36	04:48	159	6:11:32	29.07	04:01	94	4:21:00	12:07:55	2:39:54
3	399	JUAN-CARLOS FEAL RIVERA	LICENCIA 1 DIA	320	1:33:42	06:47	202	6:20:47	28.36	05:32	162	4:39:23	12:46:10	3:18:09
4	400	ANTONIO FEDERICO SERRA	A.D. TRI-PENTA TERRAS DE LUGO	61	1:07:12	05:31	292	6:58:52	25.78	05:17	179	4:45:57	13:02:47	3:34:46
5	402	JOSE MANUEL PERNAS VAZ	ROQSPORT.COM-SAN ROQUE	341	1:44:02	06:14	249	6:36:31	27.24	04:00	177	4:45:38	13:16:24	3:48:23
6	401	JAIME JAVIER BERMUDEZ B	CLUB ILICITANO TRIATLÓN	272	1:22:00	08:51	320	7:17:18	24.7	07:16	308	5:52:09	14:47:32	5:19:31
NP	404	GABRIEL BUDIÑO VAZQUEZ	DEXTER TRIATLON COMPOSTELA											

DE 55 A 59 AÑOS MASCULINA

POS.	Nº	NOME	CLUB	P.	Natación	T1	P.	Ciclismo	Km/h.	T2	P.	Carrera	META	Dif.
1	407	LUIS PIRES	ASSOCIAÇÃO ACADÉMICA DE SÃO	264	1:21:38	11:13	267	6:43:20	26.78	12:46	228	5:05:24	13:34:20	4:06:19
2	405	JUSTO GARCIA GUERRA	CLUB TRIATLON LEON	269	1:21:48	04:21	241	6:33:35	27.44	02:11	299	5:44:54	13:46:47	4:18:46
3	406	EVARISTO GONZALEZ FERN	TRINITY TRIATLON	133	1:13:16	06:00	295	6:59:32	25.74	07:35	272	5:22:37	13:48:57	4:20:56

DE 60 A 64 AÑOS MASCULINA

POS.	Nº	NOME	CLUB	P.	Natación	T1	P.	Ciclismo	Km/h.	T2	P.	Carrera	META	Dif.
NP	408	RAMON COUCE SEIJAS	LICENCIA 1 DIA											

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CLASIFICACION POR EQUIPOS

1	ARTROGAL-TRI 498			Inscritos: 6	Llegados: 6	Tiempo total: 30:26:18
	PtoG	PtoClub	Nombre	T. Meta	CLUB	
	3	1	ALVARO GOMEZ CARDESIN	9:45:42	ARTROGAL-TRI 498	
	15	2	JOSE RIVEIRO NUÑEZ	10:14:38	ARTROGAL-TRI 498	
	18	3	RAMON VARELA GARCIA	10:26:00	ARTROGAL-TRI 498	
2	TRINITY TRIATLON			Inscritos: 18	Llegados: 11	Tiempo total: 31:05:31
	PtoG	PtoClub	Nombre	T. Meta	CLUB	
	9	1	PEDRO ESCOLANTE BILBAO	10:06:34	TRINITY TRIATLON	
	12	2	LUCIANO JESUS CARRETERO SANCHEZ	10:10:21	TRINITY TRIATLON	
	29	3	GUSTAVO LÓPEZ MARTÍNEZ	10:48:36	TRINITY TRIATLON	
3	CICLISMO TRIATLON MONTE ABAIXO			Inscritos: 4	Llegados: 4	Tiempo total: 32:17:53
	PtoG	PtoClub	Nombre	T. Meta	CLUB	
	11	1	JUAN FRANCISCO FERNANDEZ MOLDES	10:09:05	CICLISMO TRIATLON MONTE ABAIXO	
	35	2	ANGEL DOS ANJOS SENDON	10:57:48	CICLISMO TRIATLON MONTE ABAIXO	
	47	3	JOSE RAMON TRABAZO BARCALA	11:11:00	CICLISMO TRIATLON MONTE ABAIXO	
4	PORTO RUNNERS			Inscritos: 4	Llegados: 4	Tiempo total: 32:47:57
	PtoG	PtoClub	Nombre	T. Meta	CLUB	
	7	1	TELMO VELOSO	9:58:26	PORTO RUNNERS	
	55	2	ANTONIO RIBEIRO	11:20:53	PORTO RUNNERS	
	68	3	HUGO FILIPE CAMPOS GOMES	11:28:40	PORTO RUNNERS	
5	PILOÑA.DEPORTE			Inscritos: 5	Llegados: 4	Tiempo total: 32:56:59
	PtoG	PtoClub	Nombre	T. Meta	CLUB	
	19	1	DANIEL SAMALEA MOLINA	10:35:19	PILOÑA.DEPORTE	
	33	2	PEDRO ANTONIO FERNÁNDEZ RODRÍGUEZ	10:56:09	PILOÑA.DEPORTE	
	61	3	JORGE PABLO RUIZ DE OÑA CRESPO	11:25:31	PILOÑA.DEPORTE	
6	NOSPORTLIMIT-TREK GALICIA			Inscritos: 45	Llegados: 39	Tiempo total: 33:08:19
	PtoG	PtoClub	Nombre	T. Meta	CLUB	
	30	1	FEDERICO JOSÉ LESENDE VALIÑO	10:49:34	NOSPORTLIMIT-TREK GALICIA	
	43	2	JUAN CARLOS CANDAL DE LA CRUZ	11:09:06	NOSPORTLIMIT-TREK GALICIA	
	45	3	JOSE RAMON SANCHEZ QUINTELA	11:09:39	NOSPORTLIMIT-TREK GALICIA	
7	DEXTER TRIATLON COMPOSTELA			Inscritos: 8	Llegados: 6	Tiempo total: 33:11:44
	PtoG	PtoClub	Nombre	T. Meta	CLUB	
	8	1	JAIME TIZÓN DAVILA	10:01:35	DEXTER TRIATLON COMPOSTELA	
	62	2	EDUARDO FIGUEIRAS NUÑEZ	11:25:52	DEXTER TRIATLON COMPOSTELA	
	88	3	ARTURO RAMOS FERROL	11:44:18	DEXTER TRIATLON COMPOSTELA	
8	A.D. FOGAR			Inscritos: 4	Llegados: 4	Tiempo total: 33:30:19
	PtoG	PtoClub	Nombre	T. Meta	CLUB	
	22	1	JUAN RAMON GARCIA HERNANZ	10:39:41	A.D. FOGAR	
	49	2	PEDRO LISTA SUÁREZ	11:12:42	A.D. FOGAR	
	80	3	EMILIO GONZALEZ GARCIA	11:37:58	A.D. FOGAR	
9	TRI OURENSE			Inscritos: 5	Llegados: 4	Tiempo total: 34:17:12
	PtoG	PtoClub	Nombre	T. Meta	CLUB	
	24	1	DAVID VAZQUEZ RODRIGUEZ	10:42:10	TRI OURENSE	
	89	2	MIGUEL CARBALLO GONZÁLEZ	11:45:30	TRI OURENSE	
	95	3	JOSE JAVIER GOMEZ IGLESIAS	11:49:33	TRI OURENSE	
10	CLUB ATLETISMO PORRIÑO			Inscritos: 5	Llegados: 4	Tiempo total: 34:17:13
	PtoG	PtoClub	Nombre	T. Meta	CLUB	
	5	1	ENRIQUE MORAN GONZALEZ	9:51:19	CLUB ATLETISMO PORRIÑO	
	64	2	VICTOR MANUEL MOURIÑO FORTES	11:27:04	CLUB ATLETISMO PORRIÑO	
	220	3	JOSÉ MIGUEL FERNÁNDEZ CRUZ	12:58:51	CLUB ATLETISMO PORRIÑO	
11	ROQSPORT.COM-SAN ROQUE			Inscritos: 5	Llegados: 5	Tiempo total: 34:25:19
	PtoG	PtoClub	Nombre	T. Meta	CLUB	
	42	1	FELIPE MARTINEZ MERA	11:08:24	ROQSPORT.COM-SAN ROQUE	
	53	2	PEDRO MANUEL ESMORIS GARCIA	11:15:56	ROQSPORT.COM-SAN ROQUE	
	117	3	EUTIQUIANO APARICIO MARTINEZ	12:01:00	ROQSPORT.COM-SAN ROQUE	
12	TRIATLON FERROL			Inscritos: 8	Llegados: 8	Tiempo total: 34:29:18
	PtoG	PtoClub	Nombre	T. Meta	CLUB	
	46	1	JACOBO PEREZ CALVO	11:09:40	TRIATLON FERROL	
	77	2	EDUARDO SAAVEDRA LAGARES	11:36:55	TRIATLON FERROL	
	86	3	JAVIER MONTERO LOPEZ	11:42:45	TRIATLON FERROL	

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CLASIFICACION POR EQUIPOS

13 CLUB TRIATLON MORRAZO			Inscritos: 3	Llegados: 3	Tiempo total: 35:07:11
PtoG	PtoClub	Nombre	T. Meta	CLUB	
4	1	LUIS ALBERTO PAREDES COYA	9:48:34	CLUB TRIATLON MORRAZO	
101	2	CARLOS LOBELLE CARUS	11:52:21	CLUB TRIATLON MORRAZO	
255	3	PABLO CURRÁS PAREDES	13:26:16	CLUB TRIATLON MORRAZO	
14 ZONA BOXES - DESNIVEL 0%			Inscritos: 6	Llegados: 6	Tiempo total: 35:53:14
PtoG	PtoClub	Nombre	T. Meta	CLUB	
90	1	GABRIEL CARRIO ORTEGA	11:46:20	ZONA BOXES - DESNIVEL 0%	
124	2	JOSE ÁNGEL FERNÁNDEZ MORILLO	12:03:24	ZONA BOXES - DESNIVEL 0%	
125	3	CIBRIÁN CARNICERO SUÁREZ	12:03:30	ZONA BOXES - DESNIVEL 0%	
15 BIKESTRADA TRIATLON			Inscritos: 3	Llegados: 3	Tiempo total: 36:41:26
PtoG	PtoClub	Nombre	T. Meta	CLUB	
71	1	ANTONIO DIAZ MEIGENGO	11:29:26	BIKESTRADA TRIATLON	
126	2	ARMANDO PIÑEIRO PEREZ	12:05:25	BIKESTRADA TRIATLON	
228	3	ANGEL PAZ BERMÚDEZ	13:06:36	BIKESTRADA TRIATLON	
16 AGM TEAM TRISAB			Inscritos: 5	Llegados: 3	Tiempo total: 36:46:18
PtoG	PtoClub	Nombre	T. Meta	CLUB	
110	1	EMILIO PONCE LOPEZ	11:57:55	AGM TEAM TRISAB	
119	2	RAFA MARCO SANCHIS	12:01:04	AGM TEAM TRISAB	
203	3	JOSE ANTONIO PEREZ RUBIO	12:47:20	AGM TEAM TRISAB	
17 CLUB TRIATLON CORUÑA			Inscritos: 7	Llegados: 6	Tiempo total: 36:58:42
PtoG	PtoClub	Nombre	T. Meta	CLUB	
112	1	JUAN JOSE GONZALEZ RAMIL	11:59:06	CLUB TRIATLON CORUÑA	
159	2	JUAN JOSE GOMEZ NEGREIRA	12:23:25	CLUB TRIATLON CORUÑA	
178	3	PABLO TEIJEIRO LOPEZ	12:36:12	CLUB TRIATLON CORUÑA	
18 CLUB CICLISTA RIAZOR			Inscritos: 5	Llegados: 4	Tiempo total: 37:04:58
PtoG	PtoClub	Nombre	T. Meta	CLUB	
37	1	PEDRO ANGEL MARTINEZ GRANA	10:59:54	CLUB CICLISTA RIAZOR	
114	2	MARCELO RODRIGUEZ FILGUEIRAS	12:00:30	CLUB CICLISTA RIAZOR	
292	3	FERNANDO SUAREZ VALDERREY	14:04:35	CLUB CICLISTA RIAZOR	
19 CLUB MONTE PENARUBIA RUNNING			Inscritos: 3	Llegados: 3	Tiempo total: 37:05:45
PtoG	PtoClub	Nombre	T. Meta	CLUB	
78	1	MANUEL SANTOS DOCAL	11:37:26	CLUB MONTE PENARUBIA RUNNING	
177	2	PABLO GONZALEZ MENDEZ	12:35:36	CLUB MONTE PENARUBIA RUNNING	
212	3	ALEJANDRO GONZALEZ MONTERO	12:52:43	CLUB MONTE PENARUBIA RUNNING	
20 TRISADA			Inscritos: 3	Llegados: 3	Tiempo total: 39:30:03
PtoG	PtoClub	Nombre	T. Meta	CLUB	
97	1	JUAN MÉNDEZ LÓPEZ	11:49:59	TRISADA	
249	2	DANIEL ABELEDO MANTEIGA	13:20:31	TRISADA	
300	3	ROMAN SANCHEZ FERNANDEZ	14:19:34	TRISADA	
21 AXA AGENCIA GARRIGA-BEARIZ TRIATLON			Inscritos: 4	Llegados: 3	Tiempo total: 39:42:55
PtoG	PtoClub	Nombre	T. Meta	CLUB	
144	1	JULIO GONZÁLEZ DIÉGUEZ	12:13:35	AXA AGENCIA GARRIGA-BEARIZ TRIATLON	
262	2	MODESTO RODRIGUEZ OTERO	13:33:54	AXA AGENCIA GARRIGA-BEARIZ TRIATLON	
287	3	JOSÉ CARLOS ÁLVAREZ DE LA IGLESIA	13:55:28	AXA AGENCIA GARRIGA-BEARIZ TRIATLON	
22 CLUB ILICITANO TRIATLÓN			Inscritos: 6	Llegados: 6	Tiempo total: 40:20:30
PtoG	PtoClub	Nombre	T. Meta	CLUB	
225	1	RAFAEL ALEDO VIVES	13:04:56	CLUB ILICITANO TRIATLÓN	
259	2	RAFAEL ESQUITINO GOMARIZ	13:29:24	CLUB ILICITANO TRIATLÓN	
277	3	FRANCISCO GIMENO GARCIA	13:46:10	CLUB ILICITANO TRIATLÓN	