



III TRIATLON DESAFIO PASTOR ISLAS CIES

Resultados Oficiais

ABSOLUTA CPTO. GALEGO - FEMININA

Localidade	VIGO			Distancia	Natación	Ciclismo	Carreira
Data	Domingo, 12 de setembro de 2	Hora	15:53	Media Distancia	1.9 Km.	90 Km.	21.1 Km.

Oficiais

Delegado Técnico:	MONICA FLORES	Xurado da Competición	MONICA FLORES - DT
Xuíz Arbitro:	LUIS COIRA		LUIS PIÑA - FEGATRI
Responsable Oficiais:	LUIS COIRA		LORENA GARCIA - CT MAR DE VIGO

Datos da competición

Temperatura exterior: 16 °C Temperatura da auga: 18 °C Neopreno: permitido	Natación 1.9 Km. 1 volta	Ciclismo 90 Km. 4 voltas	Carreira 21.1 Km. 4 voltas
Inscritos : 37	Remataron : 29	Retirados : 3	Non Presentados : 1 Descalificados : 4

POS.	Nº	NOME	CLUB	P. Natación	T1	P. Ciclismo	Km/h.	T2	P. Carreira	META	Dif.			
1	448	MARIA ORTEGA DE MIGUEL	A.D. TRI-PENTA TERRAS DE L	2	0:25:32	02:40	5	2:33:47	35.12	01:08	2	1:33:43	4:36:48	
2	446	CAMILA ALONSO ARADAS	TRIATLON FERROL	4	0:27:46	02:23	3	2:32:00	35.53	01:03	5	1:36:48	4:39:58	0:03:11
3	461	SONIA PARIENTE BAGLIETTO	GV SPORTS CLUB	3	0:27:17	02:42	8	2:36:13	34.57	01:24	4	1:35:57	4:43:31	0:06:43
4	476	GUADALUPE RODRÍGUEZ FERNAND	ENPHORMA TRIATLON SAN A	20	0:39:33	04:12	4	2:32:15	35.47	01:59	3	1:35:03	4:53:00	0:16:12
5	472	BLANCA LABANDEIRA FERNANDEZ	CLUB TRIATLON MAR DE VIG	5	0:31:11	03:22	6	2:34:16	35.01	01:12	8	1:44:00	4:53:59	0:17:12
6	452	SARA CASTILLO OÑATE	ADVENTURE BIKE/ LA BAJERA	7	0:32:25	03:52	16	2:51:50	31.43	01:34	1	1:33:42	5:03:20	0:26:33
7	456	MARÍA CRISTINA SANTIAGO MARTIN	NOSPORTLIMIT-TREK GALICIA	11	0:35:53	03:38	10	2:40:33	33.64	03:01	10	1:45:51	5:08:54	0:32:06
8	449	MARÍA MARTÍNEZ GONZÁLEZ	CLUB ATLETISMO PORRIÑO	6	0:32:18	02:23	15	2:50:32	31.67	01:24	9	1:45:49	5:12:24	0:35:37
9	468	PATRICIA FRONTELA DIEGUEZ	LICENZA DE 1 DIA	10	0:34:51	05:02	18	2:53:10	31.19	01:56	6	1:38:31	5:13:27	0:36:39
10	455	ANA MARÍA OTERO PIÑEIRO	ABSOLUT SPORT	13	0:36:40	03:03	17	2:52:13	31.36	01:26	7	1:43:03	5:16:22	0:39:35
11	481	MERCEDES TORRES SERUENDO	SELER UNIVEST TRIATHLON T	16	0:38:30	05:11	11	2:46:30	32.44	01:23	11	1:46:45	5:18:17	0:41:30
12	482	MARÍA DEL CARMEN CABALEIRO H	CLUB CICLISTA DE LA FUENT	24	0:40:29	04:29	9	2:39:40	33.82	01:41	18	1:55:42	5:22:00	0:45:12
13	467	SABELA GARCÍA ORO	NOSPORTLIMIT-TREK GALICIA	19	0:39:14	04:12	12	2:49:36	31.84	01:41	12	1:49:15	5:23:56	0:47:08
14	458	LARA LOIS GARCÍA	GV SPORTS CLUB	22	0:39:46	04:09	7	2:34:36	34.93	01:16	25	2:09:08	5:28:53	0:52:06
15	480	MARIA JOSE VELAZQUEZ GARCIA	LICENZA DE 1 DIA	23	0:39:58	04:39	20	2:56:54	30.53	02:00	13	1:50:20	5:33:49	0:57:01
16	459	VANESA VILLAR DIEGUEZ	TEAM SPORT SPIRIT	12	0:36:32	05:04	23	3:00:03	29.99	01:22	15	1:51:18	5:34:18	0:57:31
17	466	TATIANA PEREZ GONZALEZ	LICENZA DE 1 DIA	25	0:41:38	04:22	21	2:58:32	30.25	01:54	14	1:51:09	5:37:32	1:00:44
18	465	BETH AMI HALL	TRIATLON MOTOBIKE PONTE	8	0:33:15	04:47	14	2:50:13	31.73	01:53	24	2:07:46	5:37:52	1:01:04
19	478	ANA ANDRES DE LA IGLESIA	LICENZA DE 1 DIA									14:14:54	5:40:07	1:03:20
20	470	JAEI FERNÁNDEZ CASTAÑO	INTELLIGENT RUNNING - INTE	14	0:37:36	05:42	22	2:58:38	30.23	01:52	19	1:59:14	5:43:00	1:06:12
21	463	IRIA FERNANDEZ ORDOÑEZ	LICENZA DE 1 DIA	15	0:38:01	05:43	24	3:04:26	29.28	02:31	16	1:52:46	5:43:25	1:06:37
22	464	RAQUEL ZAPATA RODRIGUEZ	CLUB TRIATLON MAR DE VIG	31	0:49:37	04:57	13	2:49:49	31.8	01:45	21	2:02:20	5:48:26	1:11:39
23	450	MÓNICA MEZQUITA VÁZQUEZ	NOSPORTLIMIT-TREK GALICIA	21	0:39:38	05:25	25	3:07:13	28.85	02:12	17	1:55:13	5:49:39	1:12:52
24	453	DANIELA ALEXANDRA ORBE ZARAT	GV SPORTS CLUB	28	0:45:14	03:36	19	2:54:15	30.99	02:09	23	2:07:02	5:52:14	1:15:26
25	462	BEGOÑA ARRANZ GONZÁLEZ	TRINORTH-NOGASA	18	0:38:57	04:45	26	3:08:53	28.59	01:46	27	2:11:47	6:06:07	1:29:19
26	457	MARIA LUISA RUA PRIETO	TRISADA	27	0:44:58	04:09	27	3:13:35	27.9	01:43	28	2:15:10	6:19:33	1:42:46
27	477	MARIA EUGENIA TORRES COSTAS	LICENZA DE 1 DIA	26	0:44:15	06:38	30	3:25:23	26.29	03:39	20	1:59:52	6:19:45	1:42:58
28	469	RUTH PÉREZ PONTE	CLUB TRIATLON MAR DE VIG	29	0:47:00	06:35	28	3:21:36	26.79	02:18	22	2:05:21	6:22:48	1:46:01
29	479	MARIA ELENA CASTRO SABIO	NOSPORTLIMIT-TREK GALICIA	30	0:47:27	06:43	29	3:24:36	26.39	02:43	26	2:11:16	6:32:43	1:55:56
DQ	451	DIANA RUIVO DE OLIVEIRA	LICENZA DE 1 DIA	NON PARAR NA AREA DE PENALIZACIÓN										
DQ	454	MAR VILLAR ZAMUZ	TRINORTH-NOGASA	NON PARAR NA AREA DE PENALIZACIÓN										
DQ	460	IRIA BLANCO RODRIGUEZ	GV SPORTS CLUB	ACORTAR PERCORRIDO CARREIRA A PE										
DQ	474	EVA ENDRESS	LICENZA DE 1 DIA	AXUDA EXTERNA										
NF	447	ANNEKE FORREST JENKINS	CIDADE DE LUGO FLUVIAL	1	0:24:23	02:34	1	2:25:36	37.09	01:11				
NF	471	ALMUDENA VÁZQUEZ FERNÁNDEZ	LICENZA DE 1 DIA	17	0:38:55	04:15								
NF	475	MARÍA REMEDIOS CARRASCO TAVE	ABSOLUT SPORT	9	0:33:31	02:48	2	2:29:33	36.11	01:23				
NP	473	NATALIA MIGUEZ LÓPEZ	TRISADA											





III TRIATLON DESAFIO PASTOR ISLAS CIES

Resultados Oficiais

CATEGORIAS CPTO. GALEGO - FEMININA

Localidade	VIGO			Distancia	Natación	Ciclismo	Carreira
Data	Domingo, 12 de setembro de 2	Hora	15:54	Media Distancia	1.9 Km.	90 Km.	21.1 Km.

Oficiais

Delegado Técnico:	MONICA FLORES	Xurado da Competición	MONICA FLORES - DT
Xuíz Arbitro:	LUIS COIRA		LUIS PIÑA - FEGATRI
Responsable Oficiais:	LUIS COIRA		LORENA GARCIA - CT MAR DE VIGO

Datos da competición

Temperatura exterior: 16 °C Temperatura da auga: 18 °C Neopreno: permitido	Natación 1.9 Km. 1 volta	Ciclismo 90 Km. 4 voltas	Carreira 21.1 Km. 4 voltas
Inscritos : 37	Remataron : 29	Retirados : 3	Non Presentados : 1
			Descalificados : 4

SUB-23 FEMININA

POS.	Nº	NOME	CLUB	P. Natación	P. Natación	P. Ciclismo	Km/h.	P. Carreira	META	Dif.		
1	446	CAMILA ALONSO ARADAS	TRIATLON FERROL	4	0:27:46	3	2:32:00	35.53	5	1:36:48	4:39:58	0:03:11

VETERANAS 1 FEMININA

POS.	Nº	NOME	CLUB	P. Natación	P. Natación	P. Ciclismo	Km/h.	P. Carreira	META	Dif.		
1	476	GUADALUPE RODRÍGUEZ FERNA	ENPHORMA TRIATLON SAN AGUSTIN	20	0:39:33	4	2:32:15	35.47	3	1:35:03	4:53:00	0:16:12
2	480	MARIA JOSE VELAZQUEZ GARGI	LICENZA DE 1 DIA	23	0:39:58	20	2:56:54	30.53	13	1:50:20	5:33:49	0:57:01
3	478	ANA ANDRES DE LA IGLESIA	LICENZA DE 1 DIA							14:14:54	5:40:07	1:03:20
4	477	MARIA EUGENIA TORRES COSTA	LICENZA DE 1 DIA	26	0:44:15	30	3:25:23	26.29	20	1:59:52	6:19:45	1:42:58
5	479	MARIA ELENA CASTRO SABIO	NOSPORTLIMIT-TREK GALICIA	30	0:47:27	29	3:24:36	26.39	26	2:11:16	6:32:43	1:55:56
DQ	474	EVA ENDRESS	LICENZA DE 1 DIA	AXUDA EXTERNA								
NF	475	MARÍA REMEDIOS CARRASCO T	ABSOLUT SPORT	9	0:33:31	2	2:29:33	36.11				
NP	473	NATALIA MIGUEZ LÓPEZ	TRISADA									

VETERANAS 2 FEMININA

POS.	Nº	NOME	CLUB	P. Natación	P. Natación	P. Ciclismo	Km/h.	P. Carreira	META	Dif.		
1	481	MERCEDES TORRES SERUENDO	SELER UNIVEST TRIATHLON TEAM	16	0:38:30	11	2:46:30	32.44	11	1:46:45	5:18:17	0:41:30
2	482	MARÍA DEL CARMEN CABALEIR	CLUB CICLISTA DE LA FUENTE	24	0:40:29	9	2:39:40	33.82	18	1:55:42	5:22:00	0:45:12



III TRIATLON DESAFIO PASTOR ISLAS CIES, 12/09/2015

CONTROL DE PASO CARREIRA A PE

Paso4	Paso3	Paso2	Paso1	Dorsal	NOMBRE	Seg1	Seg2	Seg3	T_Final	NomClub
26:03	24:24	24:13	21:41	446	CAMILA ALONSO ARADAS	27:46	2:32:00	1:36:48	4:39:58	TRIATLON FERROL
				447	ANNEKE FORREST JENKINS	24:23	2:25:36			CIDADE DE LUGO FLUVIAL
22:43	24:24	24:14	21:46	448	MARIA ORTEGA DE MIGUEL	25:32	2:33:47	1:33:43	4:36:48	A.D. TRI-PENTA TERRAS DE LUGO
28:28	27:26	25:14	24:05	449	MARÍA MARTÍNEZ GONZÁLEZ	32:18	2:50:32	1:45:49	5:12:24	CLUB ATLETISMO PORRIÑO
29:22	29:04	28:23	27:46	450	MÓNICA MEZQUITA VÁZQUEZ	39:38	3:07:13	1:55:13	5:49:39	NOSPORTLIMIT-TREK GALICIA
23:17	22:59	22:46	22:28	451	DIANA RUIVO DE OLIVEIRA	39:21	2:48:33	1:32:01	5:06:58	LICENZA DE 1 DIA
24:52	23:38	22:37	22:01	452	SARA CASTILLO OÑATE	32:25	2:51:50	1:33:42	5:03:20	ADVENTURE BIKE/ LA BAJERA
34:00	33:13	30:24	28:42	453	DANIELA ALEXANDRA ORBE ZARATE	45:14	2:54:15	2:07:02	5:52:14	GV SPORTS CLUB
24:18	25:09	25:16	24:41	454	MAR VILLAR ZAMUZ	31:15	2:24:29	1:39:53	4:40:01	TRINORTH-NOGASA
26:37	25:45	25:24	24:45	455	ANA MARÍA OTERO PIÑEIRO	36:40	2:52:13	1:43:03	5:16:22	ABSOLUT SPORT
26:37	27:25	25:51	25:26	456	MARÍA CRISTINA SANTIAGO MARTIN	35:53	2:40:33	1:45:51	5:08:54	NOSPORTLIMIT-TREK GALICIA
34:52	34:18	32:59	32:21	457	MARIA LUISA RUA PRIETO	44:58	3:13:35	2:15:10	6:19:33	TRISADA
31:46	31:59	30:57	33:51	458	LARA LOIS GARCÍA	39:46	2:34:36	2:09:08	5:28:53	GV SPORTS CLUB
28:41	28:16	27:41	26:09	459	VANESA VILLAR DIEGUEZ	36:32	3:00:03	1:51:18	5:34:18	TEAM SPORT SPIRIT
	45:06	41:30	35:51	460	IRIA BLANCO RODRIGUEZ	48:55	3:27:58	2:03:20	6:26:15	GV SPORTS CLUB
24:07	24:27	23:57	22:57	461	SONIA PARIENTE BAGLIETTO	27:17	2:36:13	1:35:57	4:43:31	GV SPORTS CLUB
34:27	32:38	31:52	32:11	462	BEGOÑA ARRANZ GONZÁLEZ	38:57	3:08:53	2:11:47	6:06:07	TRINORTH-NOGASA
28:53	29:35	27:29	26:18	463	IRIA FERNANDEZ ORDOÑEZ	38:01	3:04:26	1:52:46	5:43:25	LICENZA DE 1 DIA
31:31	31:32	29:36	28:55	464	RAQUEL ZAPATA RODRIGUEZ	49:37	2:49:49	2:02:20	5:48:26	CLUB TRIATLON MAR DE VIGO
33:08	31:41	30:43	31:34	465	BETH AMI HALL	33:15	2:50:13	2:07:46	5:37:52	TRIATLON MOTOBIKE PONTEVEDR
28:17	28:18	27:21	26:38	466	TATIANA PEREZ GONZALEZ	41:38	2:58:32	1:51:09	5:37:32	LICENZA DE 1 DIA
27:10	27:39	27:06	26:44	467	SABELA GARCÍA ORO	39:14	2:49:36	1:49:15	5:23:56	NOSPORTLIMIT-TREK GALICIA
26:30	24:44	23:35	23:06	468	PATRICIA FRONTELA DIEGUEZ	34:51	2:53:10	1:38:31	5:13:27	LICENZA DE 1 DIA
32:54	32:38	30:00	29:02	469	RUTH PÉREZ PONTE	47:00	3:21:36	2:05:21	6:22:48	CLUB TRIATLON MAR DE VIGO
30:47	30:29	29:23	28:00	470	JAEL FERNÁNDEZ CASTAÑO	37:36	2:58:38	1:59:14	5:43:00	INTELLIGENT RUNNING - INTERVAL
26:35	26:05	25:20	25:26	472	BLANCA LABANDEIRA FERNANDEZ	31:11	2:34:16	1:44:00	4:53:59	CLUB TRIATLON MAR DE VIGO
			25:02	475	MARÍA REMEDIOS CARRASCO TAVE	33:31	2:29:33			ABSOLUT SPORT
25:03	23:58	22:59	22:28	476	GUADALUPE RODRÍGUEZ FERNANDI	39:33	2:32:15	1:35:03	4:53:00	ENPHORMA TRIATLON SAN AGUS
31:03	30:46	29:31	27:53	477	MARIA EUGENIA TORRES COSTAS	44:15	3:25:23	1:59:52	6:19:45	LICENZA DE 1 DIA
32:25	31:57	33:51	32:24	479	MARIA ELENA CASTRO SABIO	47:27	3:24:36	2:11:16	6:32:43	NOSPORTLIMIT-TREK GALICIA
28:47	28:30	26:46	25:37	480	MARIA JOSE VELAZQUEZ GARCIA	39:58	2:56:54	1:50:20	5:33:49	LICENZA DE 1 DIA
27:42	26:46	26:03	25:36	481	MERCEDES TORRES SERUENDO	38:30	2:46:30	1:46:45	5:18:17	SELER UNIVEST TRIATHLON TEAM
30:06	29:29	28:20	27:05	482	MARÍA DEL CARMEN CABALEIRO HE	40:29	2:39:40	1:55:42	5:22:00	CLUB CICLISTA DE LA FUENTE



III TRIATLON DESAFIO PASTOR ISLAS CIES

Resultados Oficiais

ABSOLUTA CPTO. GALEGO - PARATRIATLON FEMININA

Localidade	VIGO			Distancia	Natación	Ciclismo	Carreira
Data	Domingo, 12 de setembro de 20	Hora	20:56	Media Distancia	1.9 Km.	90 Km.	21.1 Km.

Oficiais

Delegado Técnico:	MONICA FLORES	Xurado da Competición	MONICA FLORES - DT
Xuíz Arbitro:	LUIS COIRA		LUIS PIÑA - FEGATRI
Responsable Oficiais:	LUIS COIRA		LORENA GARCIA - CT MAR DE VIGO

Datos da competición

Temperatura exterior: 16 °C Temperatura da auga: 18 °C Neopreno: permitido	Natación 1.9 Km. 1 volta	Ciclismo 90 Km. 4 voltas	Carreira 21.1 Km. 4 voltas
Inscritos : 1	Remataron : 1	Retirados : 0	Non Presentados : 0
			Descalificados : 0

POS.	Nº	NOME	CLUB	CAT.	P. Natación	P. Ciclismo	Km/h.	P. Carreira	META	Dif.
1	483	SUSANA RODRIGUEZ GACIO	CIDADE DE LUGO FLUVIAL	PT5F	1	0:33:26	1 2:25:17 37.17	1	1:53:29	4:58:41

III TRIATLON DESAFIO PASTOR ISLAS CIES, 12/09/2015

CONTROL DE VOLTAS CARREIRA A PE

Paso4	Paso3	Paso2	Paso1	Dorsal	NOMBRE	Seg1	Seg2	Seg3	T_Final	NomClub
30:48	29:33	26:53	25:40	483	SUSANA RODRIGUEZ GACIO	33:26	2:25:17	1:53:29	4:58:41	CIDADE DE LUGO FLUVIAL

Localidade	VIGO			Distancia	Natación	Ciclismo	Carreira
Data	Domingo, 12 de setembro de 2	Hora	20:47	Media Distancia	1.9 Km.	90 Km.	21.1 Km.

Oficiais

Delegado Técnico:	MONICA FLORES	Xurado da Competición	MONICA FLORES - DT LUIS PIÑA - FEGATRI LORENA GARCIA - CT MAR DE VIGO
Xuíz Arbitro:	LUIS COIRA		
Responsable Oficiais:	LUIS COIRA		

Datos da competición

Temperatura exterior: 16 °C Temperatura da auga: 18 °C Neopreno: permitido	Natación 1.9 Km. 1 volta	Ciclismo 90 Km. 4 voltas	Carreira 21.1 Km. 4 voltas
Inscritos : 445	Remataron : 377	Retirados : 16	Non Presentados : 35 Descalificados : 17

POS.	Nº	NOME	CLUB	P.	Natación	T1	P.	Ciclismo	Km/h.	T2	P.	Carreira	META	Dif.
1	4	LUIS MIGUEL VELASQUEZ RAMOS	A.D. TRI-PENTA TERRAS DE L	1	0:22:31	02:18	1	2:11:36	41.04	00:57	9	1:23:28	4:00:49	
2	6	DANIEL BAYÓN LEONARDO	ACADEMIA CIVIL - CNSO	10	0:26:46	02:25	10	2:16:35	39.54	01:42	1	1:17:42	4:05:08	0:04:19
3	2	JOSE MANUEL PARDO LEIS	TRIATLON ARTEIXO	15	0:27:07	02:33	6	2:15:24	39.89	01:16	4	1:20:40	4:06:58	0:06:10
4	1	RICARDO REY MARTINEZ	NOSPORTLIMIT-TREK GALICIA	8	0:26:42	02:23	8	2:15:58	39.72	01:03	10	1:23:31	4:09:35	0:08:46
5	79	ALVARO GOMEZ CARDESIN	ARTROGAL-TRI 498	4	0:25:18	02:44	14	2:17:03	39.41	01:09	12	1:23:39	4:09:51	0:09:02
6	5	CRISTÓBAL DIOS RÍOS	TRIATLON ARTEIXO	25	0:28:48	02:24	4	2:13:55	40.32	01:35	16	1:24:38	4:11:18	0:10:30
7	7	LUIS ALBERTO PAREDES COYA	CLUB TRIATLON MORRAZO	32	0:29:51	02:32	20	2:17:53	39.17	01:26	2	1:20:24	4:12:05	0:11:17
8	150	RUBEN GUERRA LOPEZ	R.CANOE TRIATLON STORE	50	0:30:37	03:08	22	2:17:56	39.15	01:43	3	1:20:38	4:13:59	0:13:11
9	257	SERGIO OLIVEIRA BOGA	OLIMPICO DE VEDRA	26	0:28:51	02:35	15	2:17:05	39.4	01:36	15	1:24:22	4:14:28	0:13:39
10	10	IÑAKI PENA-MANSO CARRAL	CLUB TRIATLON CORUÑA	22	0:28:24	02:49	36	2:21:21	38.21	01:19	5	1:21:04	4:14:54	0:14:06
11	184	AGUSTÍN RÍOS FERRADAS	CLUB TRIATLON MORRAZO	13	0:27:04	02:21	56	2:23:47	37.56	00:59	6	1:21:18	4:15:27	0:14:39
12	74	ADRIÁN GONZÁLEZ BLANCO	CLUB TRIATLON MAR DE VIG	40	0:30:12	03:52	31	2:20:44	38.37	01:36	14	1:24:08	4:20:31	0:19:42
13	228	ALFONSO MARTÍNEZ RUÍZ	C.D TRIATLON ZAMORA	29	0:29:14	03:35	59	2:24:03	37.49	01:20	7	1:23:12	4:21:22	0:20:33
14	140	SERGIO GAMAZO FERNANDEZ	LINEA DE META SKECHERS	87	0:32:29	03:11	19	2:17:39	39.23	03:09	17	1:25:02	4:21:29	0:20:40
15	295	MIKEL LARRAZABAL ÁLVAREZ	EZKERRALDEA TRIATLOI TAL	89	0:32:30	03:13	18	2:17:39	39.23	01:11	24	1:28:00	4:22:31	0:21:43
16	215	JOAQUIN MATEOS FUENTES	NOSPORTLIMIT-TREK GALICIA	177	0:35:07	03:10	7	2:15:37	39.82	02:04	21	1:26:43	4:22:39	0:21:51
17	121	JOSÉ MANUEL FERNÁNDEZ LÓPEZ	AD NAUTICO DE NARON	133	0:34:08	03:12	5	2:14:56	40.02	01:03	40	1:29:29	4:22:47	0:21:58
18	39	ISMAEL LÓPEZ GONZÁLEZ	CLUB NATACION RIVEIRA	2	0:24:40	02:30	92	2:27:12	36.69	02:12	20	1:26:16	4:22:49	0:22:00
19	3	FERNANDO LUIÑA VELA	PILOÑA.DEPORTE	16	0:27:20	02:42	24	2:18:28	39	02:02	60	1:32:25	4:22:56	0:22:07
20	379	CARLOS PRADO FERNANDEZ	CLUB CICLISTA DE LA FUENT	83	0:32:25	03:29	2	2:12:38	40.72	01:40	64	1:32:47	4:22:58	0:22:09
21	192	CARLOS PARDO RODRÍGUEZ	TRIATLON P.C. RIAS BAIXAS	81	0:32:23	03:10	35	2:21:17	38.22	01:08	18	1:25:03	4:23:00	0:22:11
22	94	DANIEL GIRALDO MARTINEZ	ACADEMIA CIVIL - CNSO	5	0:25:43	02:30	33	2:20:55	38.32	01:16	71	1:33:41	4:24:03	0:23:15
23	393	RAMON ARIAS GARCIA	T. MURALLA LUGO	30	0:29:20	03:30	34	2:21:16	38.23	01:26	35	1:28:53	4:24:23	0:23:35
24	329	XOSÉ CARLOS GONZÁLEZ AVIÓN	CIDADE DE LUGO FLUVIAL	41	0:30:12	03:25	44	2:22:01	38.03	01:07	31	1:28:26	4:25:08	0:24:20
25	91	XABIER TRIFOL IGLESIAS	TRIRUNNERS GETXO	44	0:30:15	03:46	32	2:20:47	38.36	01:23	37	1:29:09	4:25:19	0:24:30
26	104	BRAIS RODRIGUEZ SANCHEZ	CIDADE DE LUGO FLUVIAL	11	0:26:47	02:42	25	2:18:48	38.91	01:27	102	1:36:07	4:25:49	0:25:00
27	21	DIEGO MARTÍN CONDE	LICENZA DE 1 DIA	116	0:33:22	02:43	13	2:16:57	39.43	01:46	48	1:31:06	4:25:52	0:25:04
28	188	ANTONIO GOMEZ DORRIO	TRISADA	3	0:24:57	02:45	45	2:22:02	38.02	01:55	82	1:34:31	4:26:07	0:25:18
29	386	ROBERTO BOGA SANDE	TRIATLON ARTEIXO	304	0:39:08	03:29	3	2:13:30	40.45	01:38	33	1:28:43	4:26:25	0:25:36
30	252	PABLO ALONSO FIGUEROA	CLUB TRIATLON MORRAZO	97	0:32:40	03:04	79	2:26:15	36.92	01:08	8	1:23:27	4:26:33	0:25:45
31	54	ANDONI GARCÍA MATUTE	C.D.ATLETICO 42195.ES VITO	39	0:30:11	03:23	60	2:24:07	37.47	01:19	23	1:27:48	4:26:45	0:25:57
32	413	ENRIQUE JOSE HIDALGO LUGO	CLUB TRIATLON MAR DE VIG	57	0:31:16	02:41	49	2:22:39	37.86	00:58	38	1:29:20	4:26:52	0:26:04
33	15	JORGE DIOS RIOS	LICENZA DE 1 DIA	66	0:31:42	03:26	43	2:22:00	38.03	01:29	29	1:28:22	4:26:58	0:26:10
34	304	JAIME TIZÓN DAVILA	TALLERES DAVID TRIATLON C	68	0:31:50	03:00	27	2:19:14	38.79	01:27	55	1:31:59	4:27:27	0:26:39
35	149	HUGO PACHON MORENO	CLUB NATACION RIVEIRA	28	0:29:03	03:00	47	2:22:15	37.97	02:17	58	1:32:23	4:28:56	0:28:08
36	130	JACOBO CREGO FERNANDEZ	OLIMPICO DE VEDRA	20	0:28:15	02:31	11	2:16:39	39.52	01:28	147	1:40:13	4:29:04	0:28:16
37	36	ZOÉ SORIA FERNÁNDEZ	ABSOLUT SPORT	70	0:31:57	03:25	50	2:22:44	37.83	01:27	41	1:29:53	4:29:25	0:28:37
38	32	ÁLVARO SANCHIDRIÁN RIVERO	INDEPENDENTE	27	0:29:02	03:05	37	2:21:22	38.2	01:38	86	1:34:43	4:29:48	0:28:59
39	52	IAGO GÓMEZ ALONSO	CLUB TRIATLON MORRAZO	82	0:32:25	03:13	38	2:21:23	38.2	01:38	52	1:31:49	4:30:26	0:29:37
40	12	ALEJANDRO ÁLVAREZ COSTAS	LICENZA DE 1 DIA	62	0:31:31	02:54	138	2:31:32	35.64	01:04	11	1:23:35	4:30:34	0:29:46
41	164	NICOLAS PICHEL CASTRO	A.D. FOGAR	102	0:32:46	03:05	64	2:24:34	37.35	01:55	28	1:28:21	4:30:40	0:29:52

POS.	Nº	NOME	CLUB	P.	Natación	T1	P.	Ciclismo	Km/h.	T2	P.	Carreira	META	Dif.
172	166	JUAN IGNACIO GARCIA SUAREZ	ACADEMIA CIVIL - CNSO	148	0:34:19	04:04	215	2:36:32	34.5	01:50	163	1:41:14	4:57:58	0:57:09
173	421	MARCOS EGUIA LOUZAN	LICENZA DE 1 DIA	163	0:34:37	05:16	137	2:31:15	35.7	02:06	204	1:44:52	4:58:04	0:57:16
174	303	JUAN CARLOS ARROYO LUELMO	C.D TRIATLON ZAMORA	52	0:30:44	03:29	125	2:30:40	35.84	02:27	269	1:51:15	4:58:34	0:57:45
175	189	LUCAS GONZÁLEZ ROCHA	NOSPORTLIMIT-TREK GALICIA	291	0:38:34	04:28	130	2:30:51	35.8	02:35	173	1:42:14	4:58:42	0:57:53
176	265	RAÚL SÁNCHEZ RODRÍGUEZ	SANSE OUTSIDERS TRIATLÓN	173	0:34:57	05:03	113	2:29:33	36.11	01:55	232	1:47:20	4:58:46	0:57:57
177	391	ALVARO LORENZO-FARIÑA DOMING	INDEPENDENTE	114	0:33:20	04:17	106	2:28:43	36.31	02:06	255	1:50:27	4:58:51	0:58:02
178	99	ALEJANDRO GONZALEZ MONTERO	MONTE PENARUBIA RUNNING	235	0:36:46	04:28	175	2:33:45	35.12	01:24	178	1:42:38	4:59:00	0:58:11
179	82	GERARDO GUERRERO ACEVEDO	LICENZA DE 1 DIA	328	0:40:06	04:05	102	2:28:31	36.36	01:46	200	1:44:39	4:59:05	0:58:17
180	180	JUAN SEBASTIÁN DIAZ IGLESIAS	CLUB CICLISMO-TRIATLÓN PO	254	0:37:23	03:15	239	2:38:33	34.06	01:07	136	1:39:09	4:59:24	0:58:36
181	126	ENRIQUE RAMIRO LÓPEZ	BICICLETAS MORENITO CDE	213	0:36:13	03:57	216	2:36:35	34.49	01:33	167	1:41:47	5:00:03	0:59:15
182	231	BRUNO GOBERNA RODRÍGUEZ	LICENZA DE 1 DIA	263	0:37:44	03:48	74	2:25:43	37.06	01:57	268	1:51:05	5:00:14	0:59:26
183	242	LUIS GARCÍA RIOS	TRINITY TRIATLON	290	0:38:33	03:59	290	2:43:23	33.05	01:33	65	1:32:58	5:00:24	0:59:36
184	34	PABLO DOMÍNGUEZ VILA	REAL CLUB NAUTICO DE VIGO	65	0:31:36	03:25	223	2:37:08	34.37	02:10	216	1:46:08	5:00:25	0:59:37
185	414	ENRIQUE MUÑOZ CANTERO	LICENZA DE 1 DIA	126	0:34:03	04:08	219	2:36:40	34.47	01:59	189	1:43:38	5:00:27	0:59:39
186	124	JOSE ANTONIO GOLPE IGLESIAS	GV SPORTS CLUB	48	0:30:28	02:49	214	2:36:28	34.51	01:21	249	1:49:34	5:00:37	0:59:49
187	270	ANTONIO MERINO REQUEJO	TRIATLON DUERO	106	0:32:49	04:52	182	2:34:05	35.05	02:18	224	1:46:37	5:00:39	0:59:51
188	356	FRANCISCO JAVIER MIGUEZ CARBO	LICENZA DE 1 DIA	162	0:34:34	03:38	264	2:41:04	33.53	01:38	143	1:39:49	5:00:42	0:59:53
189	116	DANIEL JESÚS ALONSO DEL RÍO	LICENZA DE 1 DIA	221	0:36:22	07:45	152	2:32:23	35.44	01:44	177	1:42:31	5:00:43	0:59:55
190	93	FRANCISCO MANUEL RODRÍGUEZ G	TRIATLON COSTA DA MORTE	51	0:30:43	03:54	195	2:35:09	34.81	02:06	246	1:49:03	5:00:53	1:00:05
191	297	PABLO MIGUEZ CORDO	CLUB ATLETISMO PORRIÑO	236	0:36:48	03:46	206	2:35:52	34.65	01:15	185	1:43:25	5:01:03	1:00:15
192	96	ANTONIO RUBIO GARCÍA	CLUB TRIATLON CORUÑA	187	0:35:23	05:46	176	2:33:47	35.12	02:03	195	1:44:17	5:01:15	1:00:26
193	187	GABRIEL IZQUIERDO GARCÍA	CLUB TRIATLON SAMBURIEL	141	0:34:14	04:08	110	2:29:26	36.14	01:30	275	1:52:01	5:01:16	1:00:28
194	264	HERNÁN OREJAS MARTINEZ	LICENZA DE 1 DIA	278	0:38:08	04:57	279	2:42:21	33.26	02:01	78	1:34:20	5:01:45	1:00:56
195	115	ALEJANDRO PEREIRA MARTINEZ	LICENZA DE 1 DIA	289	0:38:32	03:42	168	2:33:14	35.24	02:01	196	1:44:19	5:01:46	1:00:58
196	340	JOSE ALBERTO CASTELO SANCHEZ	LICENZA DE 1 DIA	205	0:35:58	03:50	160	2:32:49	35.34	02:19	228	1:46:55	5:01:50	1:01:01
197	155	RUBEN LOPEZ FERNANDEZ	TRIATLON FERROL	359	0:42:40	04:03	140	2:31:40	35.6	01:56	166	1:41:34	5:01:53	1:01:04
198	322	IVÁN BUENO HERMIDA	TRIATLON COSTA DA MORTE	309	0:39:22	05:12	157	2:32:43	35.36	01:59	180	1:43:03	5:02:17	1:01:29
199	175	LUCAS TUDO SANDES	CLUB TRIATLON CORUÑA	258	0:37:29	04:17	188	2:34:32	34.94	01:19	201	1:44:49	5:02:26	1:01:38
200	278	GUSTAVO SUAREZ GULLON	LICENZA DE 1 DIA	184	0:35:20	04:29	210	2:36:12	34.57	01:44	206	1:44:55	5:02:38	1:01:50
201	338	MANUEL MONCLUS MARCELLÁN	S'ESCAPADA TRIATHLON TEA	156	0:34:29	04:13	197	2:35:10	34.8	01:42	233	1:47:24	5:02:56	1:02:08
202	234	ISAAC FRAGOSO PEREZ	NOSPORTLIMIT-TREK GALICIA	240	0:36:57	04:04	241	2:38:52	33.99	02:21	156	1:40:46	5:02:58	1:02:10
203	432	MANUEL PEREZ MALDONADO	SELER UNIVEST TRIATHLON T	197	0:35:43	04:29	98	2:28:19	36.41	01:31	282	1:53:01	5:03:01	1:02:13
204	290	JAIME SAMPOL BRAZIS	LICENZA DE 1 DIA	104	0:32:48	04:31	199	2:35:22	34.76	01:36	247	1:49:09	5:03:24	1:02:35
205	313	DAVID ALVAREZ GUTIERREZ	CLUB TRIATLÓN OVIEDO	303	0:39:07	04:41	238	2:38:32	34.06	01:22	145	1:39:52	5:03:33	1:02:45
206	345	ENRIQUE GRIÑAN TORRADO	NOSPORTLIMIT-TREK GALICIA	125	0:33:57	03:41	158	2:32:44	35.36	02:45	259	1:50:39	5:03:45	1:02:56
207	319	ANTONIO ABEL SEOANE ESTÉVEZ	CLUB CICLISMO-TRIATLÓN PO	6	0:26:30	02:43	191	2:34:55	34.86	01:44	311	1:58:19	5:04:09	1:03:20
208	371	EMILIO GONZALEZ GARCIA	A.D. FOGAR	233	0:36:45	03:47	150	2:32:11	35.48	01:17	258	1:50:34	5:04:33	1:03:44
209	173	PABLO RAMIL FREÁN	NOSPORTLIMIT-TREK GALICIA	202	0:35:50	04:49	236	2:38:20	34.11	01:59	192	1:44:01	5:04:57	1:04:09
210	143	LUIS ARADAS LOPEZ	LICENZA DE 1 DIA	333	0:40:21	04:55	245	2:39:38	33.83	02:09	119	1:37:57	5:04:59	1:04:10
211	422	FRANCISCO JAVIER PÉREZ GÓMEZ	ALIGATORS SEYNOD TRIATHL	134	0:34:09	03:55	274	2:42:08	33.31	01:38	184	1:43:22	5:05:10	1:04:22
212	147	ANGEL CARRERA CARRERA	LICENZA DE 1 DIA	200	0:35:45	04:59	196	2:35:09	34.81	02:57	223	1:46:29	5:05:17	1:04:28
213	291	MARCOS LOPEZ PEREZ	LICENZA DE 1 DIA	280	0:38:17	05:09	280	2:42:33	33.22	02:16	113	1:37:05	5:05:18	1:04:29
214	154	MIGUEL NOVO FERNANDEZ	LICENZA DE 1 DIA	185	0:35:22	05:21	278	2:42:18	33.27	01:37	155	1:40:43	5:05:19	1:04:30
215	59	DAVID MUÑOZ GONZALEZ	LICENZA DE 1 DIA	199	0:35:45	06:04	242	2:39:25	33.87	02:18	168	1:41:49	5:05:20	1:04:31
216	312	FRANCISCO VILLACAMPA CAAMAÑ	LICENZA DE 1 DIA	103	0:32:47	04:47	198	2:35:15	34.78	02:09	256	1:50:28	5:05:24	1:04:36
217	131	FERNANDO IGLESIAS PÉREZ	TRINORTH-NOGASA	198	0:35:44	05:05	139	2:31:39	35.61	02:10	265	1:50:57	5:05:34	1:04:45
218	219	HECTOR MERA PIÑON	TRINITY TRIATLON	246	0:37:10	05:02	267	2:41:28	33.45	01:16	157	1:40:51	5:05:44	1:04:56
219	235	MARCOS PERISCAL REY	NOSPORTLIMIT-TREK GALICIA	269	0:37:52	03:10	189	2:34:38	34.92	01:41	245	1:48:52	5:06:11	1:05:22
220	85	ALBERTO ESCOURIDO MOAR	NOSPORTLIMIT-TREK GALICIA	206	0:35:59	03:44	218	2:36:39	34.47	01:31	243	1:48:41	5:06:32	1:05:44
221	416	PABLO MARTINEZ MAHAMUD	CDE BUSCADORES	121	0:33:38	04:15	261	2:40:52	33.57	01:30	227	1:46:51	5:07:04	1:06:15
222	405	ENRIQUE ARNAIZ IBARRONDO	INDEPENDENTE	38	0:30:11	04:47	263	2:41:00	33.54	01:48	248	1:49:25	5:07:09	1:06:20
223	227	GUILLERMO TUBÍO MUÑIZ	LICENZA DE 1 DIA	276	0:38:07	04:54	309	2:46:02	32.52	01:58	103	1:36:17	5:07:16	1:06:28
224	273	DANIEL LOPEZ RODRIGUEZ	X3M	228	0:36:32	05:01	145	2:31:53	35.55	01:49	277	1:52:17	5:07:30	1:06:42
225	102	DAVID LUSQUIÑOS BALLESTEROS	LICENZA DE 1 DIA	295	0:38:44	04:34	217	2:36:36	34.48	01:38	221	1:46:25	5:07:55	1:07:06
226	394	JOSE MANUEL MOSQUERA VELLO	CLUB TRIATLON MAR DE VIG	207	0:36:03	03:10	78	2:26:09	36.95	01:25	328	2:01:15	5:07:59	1:07:11
227	213	DIEGO CARRERA COSTAS	CLUB TRIATLON MAR DE VIG	310	0:39:22	03:18	200	2:35:28	34.74	01:37	241	1:48:16	5:08:00	1:07:11
228	420	GONZALO TRIUNFO DELGADO	ARTROGAL-TRI 498	253	0:37:21	04:22	230	2:37:56	34.19	01:36	226	1:46:48	5:08:01	1:07:13
229	334	ANTONIO REY CARBALLEIRA	TRIATLON MOTOBIKE PONTE	122	0:33:39	04:01	231	2:37:56	34.19	01:43	267	1:51:01	5:08:18	1:07:30
230	168	ANDONI ARCHANCO ARDANAZ	OET TEAM	109	0:33:09	05:25	213	2:36:27	34.52	03:22	264	1:50:57	5:09:19	1:08:30
231	29	JAVIER VILA PORTO	CLUB NATACIÓN PONTEAREA	99	0:32:42	04:15	258	2:40:35	33.63	01:30	254	1:50:22	5:09:22	1:08:33
232	87	MARTIN PENELAS SALGUEIRO	NOSPORTLIMIT-TREK GALICIA	275	0:38:05	03:54	313	2:46:31	32.43	01:42	144	1:39:50	5:10:00	1:09:12
233	142	ANTÓN DAPENA PIÑEIRO	LICENZA DE 1 DIA	172	0:34:56	04:12	154	2:32:32	35.4	01:32	305	1:56:51	5:10:01	1:09:13
234	20	DAVID VIDAL COLLAZO	ASOCIACION DEPORTIVA C.A.	243	0:37:08	03:09	232	2:37:57	34.19	01:22	257	1:50:30	5:10:04	1:09:16
235	66	LUCAS FREIRE LAGE	LICENZA DE 1 DIA	287	0:38:31	05:54	234	2:38:08	34.15	01:31	215	1:46:06	5:10:08	1:09:20
236	224	MANUEL PONTE LORENZO	TALLERES DAVID TRIATLON C	239	0:36:56	04:33	312	2:46:28	32.44	01:23	158	1:40:51	5:10:09	1:09:21

POS.	Nº	NOME	CLUB	P.	Natación	T1	P.	Ciclismo	Km/h.	T2	P.	Carreira	META	Dif.
237	351	FRANCISCO JAVIER BARREIRO COR	NOSPORTLIMIT-TREK GALICIA	343	0:41:15	05:18	284	2:42:38	33.21	02:28	129	1:38:41	5:10:18	1:09:30
238	253	IKER CID CHASCO	C.D.CICLISTA VIBIKE	347	0:41:43	04:48	163	2:32:56	35.31	02:15	244	1:48:45	5:10:25	1:09:37
239	216	JAVIER MAGDALENA VERA	CLUB TRIATLON MAR DE VIG	344	0:41:19	04:15	144	2:31:50	35.57	01:48	270	1:51:21	5:10:31	1:09:43
240	43	MIGUEL CASTRO RAMOS	A.D. FOGAR	92	0:32:35	03:11	133	2:30:59	35.77	01:58	336	2:02:21	5:11:02	1:10:13
241	78	DOMINGO FIGUEROA CARRERA	LICENZA DE 1 DIA	18	0:28:04	03:34	329	2:50:40	31.64	02:29	220	1:46:18	5:11:04	1:10:16
242	357	ANTONIO FERNANDEZ DURAN	TRIATLON COSTA DA MORTE	153	0:34:26	04:03	275	2:42:12	33.29	02:41	237	1:47:58	5:11:18	1:10:30
243	370	SANTIAGO BESADA BRUNET	LICENZA DE 1 DIA	281	0:38:20	03:34	327	2:50:07	31.74	01:42	118	1:37:40	5:11:23	1:10:34
244	60	ADRIÁN AMOEDO CORREA	CLUB TRIATLON MAR DE VIG	144	0:34:16	03:48	229	2:37:46	34.23	01:16	289	1:54:29	5:11:32	1:10:44
245	148	DANIEL BETTENCOURT REIS	TRIATLO AASM	91	0:32:33	03:23	235	2:38:19	34.11	01:17	301	1:56:20	5:11:51	1:11:02
246	179	FRANCISCO DAMIÁN BLANCO GARC	TRINORTH-NOGASA	301	0:39:03	04:16	248	2:39:50	33.79	03:02	213	1:45:42	5:11:51	1:11:03
247	298	LUIS DÍAZ MARCOS	LICENZA DE 1 DIA	168	0:34:48	04:05	310	2:46:03	32.52	02:35	203	1:44:52	5:12:20	1:11:32
248	207	MIGUEL ALONSO CALVAR	LICENZA DE 1 DIA	130	0:34:04	04:58	307	2:45:48	32.57	01:58	211	1:45:40	5:12:27	1:11:38
249	382	ROGER ARDEVOL LATORRE	ABSOLUT SPORT	314	0:39:28	03:52	268	2:41:32	33.43	01:31	219	1:46:12	5:12:33	1:11:45
250	305	VICTOR DIAZ PAZ	LICENZA DE 1 DIA	324	0:39:49	04:56	205	2:35:46	34.67	02:14	253	1:49:56	5:12:39	1:11:50
251	282	JAVIER DE LA TORRE FUSTES	LICENZA DE 1 DIA	139	0:34:13	04:36	126	2:30:42	35.83	03:20	321	2:00:09	5:12:59	1:12:10
252	366	RUBEN REIGADA SEIJO	LICENZA DE 1 DIA	214	0:36:13	05:56	226	2:37:37	34.26	02:21	266	1:51:00	5:13:05	1:12:17
253	277	JOSE LUIS GARCIA RODRIGUEZ	TRISADA	271	0:37:57	04:37	256	2:40:31	33.64	02:04	239	1:48:05	5:13:12	1:12:24
254	390	JUAN MÉNDEZ LÓPEZ	TRISADA	155	0:34:28	03:47	187	2:34:24	34.97	02:22	309	1:58:17	5:13:16	1:12:28
255	412	FERNANDO ABREU FERNANDEZ	CLUB ATLETISMO PORRIÑO	335	0:40:34	03:43	251	2:40:16	33.7	01:50	229	1:47:00	5:13:20	1:12:32
256	410	DEAN FLETCHER	CLUB CICLISTA DE LA FUENT	364	0:43:14	04:53	143	2:31:49	35.57	02:03	273	1:51:55	5:13:53	1:13:05
257	103	OLIVER GARCÍA MATO	LICENZA DE 1 DIA	318	0:39:33	04:44	178	2:33:49	35.11	01:25	291	1:54:56	5:14:25	1:13:37
258	185	MIGUEL RODRÍGUEZ FORTES	POBLATS MARITIMS TRIATLÓ	124	0:33:56	04:04	331	2:51:12	31.54	02:13	183	1:43:13	5:14:37	1:13:48
259	26	MATEO HERNÁNDEZ SOTO	LICENZA DE 1 DIA	292	0:38:37	05:20	300	2:44:26	32.84	02:46	190	1:43:41	5:14:47	1:13:58
260	182	ALEXANDRE MARTINS FERREIRA	ASOCIAÇÃO ACADEMICA DE S	299	0:38:59	04:56	303	2:45:03	32.72	02:20	188	1:43:35	5:14:51	1:14:03
261	343	DAVID GONZÁLEZ VINUESA	BICICLETAS MORENITO CDE	260	0:37:31	04:31	266	2:41:23	33.46	01:42	251	1:49:52	5:14:57	1:14:08
262	385	FERNANDO DE CELIS PUENTE	LICENZA DE 1 DIA	250	0:37:15	04:57	286	2:42:55	33.15	01:59	238	1:48:00	5:15:04	1:14:15
263	344	MANUEL LEIRACHA VALENTIN	TRIATLON FERROL	380	0:45:41	04:48	294	2:43:51	32.96	01:31	139	1:39:22	5:15:12	1:14:23
264	397	DIEGO SECO LAMAS	TRINITY TRIATLON	345	0:41:26	05:08	255	2:40:27	33.66	01:29	225	1:46:43	5:15:12	1:14:23
265	89	LUIS ARMAS CABEZUDO	LICENZA DE 1 DIA	201	0:35:48	04:39	311	2:46:19	32.47	02:06	222	1:46:28	5:15:19	1:14:30
266	206	IGNACIO MONCLUS MARCELLÁN	STADIUM CASABLANCA-ALMO	196	0:35:34	04:29	297	2:44:13	32.88	01:22	252	1:49:56	5:15:32	1:14:43
267	395	CEFERINO FRANCISCO PÉREZ	TRIATLON DUERO	308	0:39:22	04:19	240	2:38:33	34.06	01:28	272	1:51:53	5:15:33	1:14:45
268	112	ANDRÉS BENITO GARZÓN	CLUB TRIATLON SAMBURIEL	374	0:44:42	04:10	293	2:43:30	33.03	01:38	175	1:42:20	5:16:19	1:15:30
269	415	MANUEL RODRÍGUEZ COELLO	LICENZA DE 1 DIA	331	0:40:11	04:11	282	2:42:36	33.21	01:26	236	1:47:57	5:16:19	1:15:30
270	426	JOSE VIDAL RIAL	LICENZA DE 1 DIA	298	0:38:58	06:07	341	2:52:24	31.32	03:43	96	1:35:39	5:16:49	1:16:01
271	279	EMILIO JOSÉ GONZÁLEZ LEMOS	INDEPENDENTE	288	0:38:32	04:05	222	2:37:00	34.4	01:51	294	1:55:28	5:16:53	1:16:05
272	171	JOSÉ MANUEL TURNES CORDEIRO	NOSPORTLIMIT-TREK GALICIA	356	0:42:29	04:44	338	2:52:04	31.38	02:00	97	1:35:54	5:17:08	1:16:20
273	259	ÁNGEL LÓPEZ LÓPEZ	INDEPENDENTE	355	0:42:26	03:47	262	2:40:53	33.57	02:12	240	1:48:07	5:17:23	1:16:35
274	352	RICARDO FERNÁNDEZ ROSA	TRISPORT GETAFE	241	0:37:01	03:38	233	2:37:59	34.18	02:17	302	1:56:32	5:17:24	1:16:35
275	111	VICTOR RODRIGO MELO MEDINA	LICENZA DE 1 DIA	336	0:40:43	04:32	194	2:35:05	34.82	01:58	292	1:55:09	5:17:25	1:16:36
276	49	OSCAR FREIRE BARGO	TEAM CORBELO	297	0:38:52	04:24	250	2:40:06	33.73	02:04	276	1:52:15	5:17:39	1:16:51
277	181	IGOR MONTERO DEL BARRIO	LICENZA DE 1 DIA	135	0:34:10	04:46	301	2:44:51	32.76	01:40	278	1:52:23	5:17:48	1:16:59
278	275	GUILLERMO LIAÑO VIDAL	TRISADA	120	0:33:33	05:47	304	2:45:18	32.67	03:40	250	1:49:42	5:17:58	1:17:10
279	301	MANUEL PORTO MOLLINEDO	ARTROGAL-TRI 498	128	0:34:04	04:33	224	2:37:15	34.34	01:56	322	2:00:20	5:18:05	1:17:17
280	178	JUAN LÓPEZ CASTAÑEIRA	LICENZA DE 1 DIA	268	0:37:50	05:16	285	2:42:51	33.16	01:33	260	1:50:50	5:18:19	1:17:31
281	229	ROBERTO ZORZO PALOMEQUE	BICICLETAS MORENITO CDE	195	0:35:34	04:03	337	2:52:00	31.4	01:41	207	1:45:05	5:18:20	1:17:32
282	428	LUIS REDONDO BADAS	CD TRIATLÓN BOMBEROS VA	279	0:38:09	04:21	345	2:53:30	31.12	01:47	154	1:40:36	5:18:21	1:17:33
283	24	ALEJANDRO RODRIGUEZ OUTEIRIÑ	TRI OURENSE	209	0:36:05	04:16	296	2:44:13	32.88	01:33	279	1:52:28	5:18:33	1:17:45
284	197	JORGE PÉREZ SANDOVAL	TRIATLON PEÑA-ROJA	255	0:37:23	05:01	212	2:36:17	34.56	01:46	308	1:58:11	5:18:36	1:17:48
285	56	ADRIAN SOUSA DOMINGUEZ	LICENZA DE 1 DIA	352	0:42:17	03:54	246	2:39:41	33.82	02:16	261	1:50:51	5:18:57	1:18:09
286	400	CARLOS IGLESIAS RODRIGUEZ	LICENZA DE 1 DIA	273	0:37:59	04:43	318	2:47:34	32.23	02:44	218	1:46:12	5:19:10	1:18:22
287	389	CARLOS PEREZ PEREZ	CLUB TRIATLON MAR DE VIG	296	0:38:49	04:06	292	2:43:29	33.03	01:41	271	1:51:35	5:19:39	1:18:50
288	125	NUNO MOREIRA RIBEIRO	LICENZA DE 1 DIA	261	0:37:40	05:19	352	2:55:01	30.86	01:50	164	1:41:19	5:21:07	1:20:19
289	399	RAMÓN FERREIRO OTTIGER	LICENZA DE 1 DIA	282	0:38:23	08:12	325	2:49:23	31.88	02:24	187	1:43:30	5:21:51	1:21:02
290	241	BORJA ALONSO GÓMEZ	PERLAS TRIATLÓN COLMENA	242	0:37:08	05:08	298	2:44:16	32.88	02:07	285	1:53:27	5:22:04	1:21:15
291	262	JUAN IGNACIO SENDINO LAMELA	LICENZA DE 1 DIA	339	0:40:57	04:35	151	2:32:12	35.48	01:35	338	2:03:24	5:22:41	1:21:53
292	423	ARTURO LOPEZ LAGO	CLUB TRIATLON CORUÑA	146	0:34:18	04:43	316	2:46:55	32.35	02:06	293	1:55:19	5:23:20	1:22:32
293	33	DANIEL IGLESIAS LÓPEZ - CARCED	LICENZA DE 1 DIA	317	0:39:31	04:19	252	2:40:19	33.69	01:26	307	1:57:57	5:23:30	1:22:42
294	75	GIOVANI GARCÍA ESTÉVEZ	NOSPORTLIMIT-TREK GALICIA	365	0:43:15	04:06	324	2:49:14	31.91	01:44	209	1:45:17	5:23:35	1:22:46
295	378	SANTIAGO FIGUEIRAS GARCIA	LICENZA DE 1 DIA	159	0:34:32	04:07	271	2:41:54	33.36	02:30	325	2:00:50	5:23:51	1:23:03
296	435	JORGE SANMARTIN ALONSO	CLUB CICLISTA DE LA FUENT	300	0:39:00	04:00	119	2:29:47	36.05	15:32	295	1:55:42	5:23:59	1:23:11
297	350	JULIO CESAR PEREZ VAZQUEZ	INDEPENDENTE	244	0:37:10	03:47	260	2:40:47	33.59	02:24	319	1:59:56	5:24:02	1:23:14
298	128	DAVID PIÑA LOPEZ	LICENZA DE 1 DIA	272	0:37:59	05:11	334	2:51:34	31.47	01:54	234	1:47:29	5:24:06	1:23:17
299	23	ALFONSO JOSÉ CONDE FIGUEROA	CLUB ATLETISMO PORRIÑO	54	0:30:53	02:33	249	2:40:04	33.74	01:07	349	2:09:45	5:24:20	1:23:31
300	272	JUAN ALAPONT SOLANO	LICENZA DE 1 DIA	274	0:38:03	05:20	281	2:42:34	33.22	01:56	303	1:56:35	5:24:26	1:23:38
301	177	JUAN MANUEL MIRA IGLESIAS	ARTROGAL-TRI 498	277	0:38:08	04:43	253	2:40:24	33.67	02:18	317	1:59:34	5:25:05	1:24:16

POS.	Nº	NOME	CLUB	P.	Natación	T1	P.	Ciclismo	Km/h.	T2	P.	Carreira	META	Dif.
302	333	JESÚS CARLOS QUINTAS BARROS	NOSPORTLIMIT-TREK GALICIA	12	0:26:59	04:56	328	2:50:17	31.71	02:18	323	2:00:39	5:25:08	1:24:20
303	172	FERNANDO GARCÍA - CARPINTERO	CLUB TRIATLON CORUÑA	346	0:41:39	06:54	269	2:41:34	33.42	01:59	283	1:53:06	5:25:11	1:24:22
304	19	JORGE VICENTE GONZÁLEZ	LICENZA DE 1 DIA	256	0:37:25	04:05	265	2:41:07	33.52	01:34	330	2:01:16	5:25:24	1:24:36
305	107	LUCAS LAGO RODRÍGUEZ	LICENZA DE 1 DIA	117	0:33:24	03:36	299	2:44:24	32.85	02:37	332	2:01:42	5:25:41	1:24:52
306	222	DAVID CALVO ESTEVEZ	LICENZA DE 1 DIA	340	0:41:01	04:19	330	2:51:02	31.58	02:24	231	1:47:10	5:25:52	1:25:04
307	58	ENRIQUE HERRERO SANTANA	LICENZA DE 1 DIA	329	0:40:06	03:46	203	2:35:41	34.69	01:47	342	2:04:40	5:25:58	1:25:10
308	123	MIGUEL GONZALEZ RODRIGUEZ	LICENZA DE 1 DIA	337	0:40:49	03:43	336	2:51:57	31.41	01:52	235	1:47:42	5:26:01	1:25:12
309	342	HECTOR ALBERTE LISTA	CLUB TRIATLON CORUÑA	145	0:34:18	04:16	228	2:37:41	34.25	02:18	347	2:07:45	5:26:16	1:25:27
310	365	JOSE MANUEL MERA ALONSO	CIDADE DE LUGO FLUVIAL	360	0:42:54	04:00	247	2:39:44	33.81	01:15	314	1:58:42	5:26:34	1:25:45
311	434	OSCAR SURIS REGUEIRO	CLUB TRIATLON MAR DE VIG	227	0:36:31	03:42	333	2:51:30	31.49	01:31	286	1:53:32	5:26:44	1:25:55
312	63	ÁNGEL SERÉN CASANOVA	LICENZA DE 1 DIA	251	0:37:17	04:04	332	2:51:13	31.54	01:51	280	1:52:30	5:26:54	1:26:05
313	320	DAVID VÁZQUEZ DOCE	NOSPORTLIMIT-TREK GALICIA	230	0:36:38	04:43	302	2:44:56	32.74	01:48	316	1:58:53	5:26:56	1:26:08
314	153	IVAN FERNÁNDEZ GONZÁLEZ	OLIMPICO DE VEDRA	348	0:41:44	04:36	289	2:43:12	33.09	01:49	296	1:55:44	5:27:03	1:26:15
315	306	ALBERTO SOTO UGALDE	LICENZA DE 1 DIA	313	0:39:28	04:26	287	2:43:05	33.11	01:44	313	1:58:39	5:27:20	1:26:31
316	411	FERNANDO ALVAREZ CID	LICENZA DE 1 DIA	316	0:39:30	04:52	254	2:40:26	33.66	03:03	318	1:59:37	5:27:27	1:26:39
317	233	OSCAR DIAZ PRADO	CLUB TRIATLON MAR DE VIG	321	0:39:46	04:02	306	2:45:47	32.57	01:49	300	1:56:13	5:27:35	1:26:47
318	309	IGNACIO SANZ RODRIGUEZ	CLUB TRIATLON SARBURIEL	325	0:39:57	04:06	359	2:57:54	30.36	01:59	199	1:44:32	5:28:25	1:27:37
319	61	MIGUEL ÁNGEL FERNÁNDEZ VAREL	ARCADE INFORHOUSE SANTI	312	0:39:27	04:19	270	2:41:49	33.37	02:04	327	2:01:03	5:28:41	1:27:52
320	240	JORGE VENTURA REGO	CLUB TRIATLON MAR DE VIG	326	0:39:58	06:02	319	2:47:39	32.21	02:03	284	1:53:08	5:28:49	1:28:01
321	214	DIEGO GRANJA BREY	A.D. ECOSPORT TRIATLON AL	208	0:36:04	03:24	368	3:03:09	29.48	02:20	208	1:45:10	5:30:04	1:29:16
322	441	JOSÉ ALFONSO VÁZQUEZ CORREA	LICENZA DE 1 DIA	386	0:48:45	05:09	335	2:51:40	31.46	02:15	181	1:43:09	5:30:56	1:30:08
323	299	SANTIAGO NUÑEZ PAREDES	CLUB TRIATLON MORRAZO	334	0:40:28	04:41	291	2:43:29	33.03	02:38	324	2:00:47	5:32:01	1:31:13
324	307	IÑAKI DE SANTIAGO MARIN	CLUB TRIATLON CORUÑA	127	0:34:03	04:10	356	2:56:44	30.56	01:45	298	1:56:03	5:32:43	1:31:54
325	13	PABLO LORENZO ROMÁN	LICENZA DE 1 DIA	232	0:36:43	04:37	308	2:45:49	32.57	02:28	345	2:04:52	5:34:27	1:33:39
326	212	PABLO FALQUINA ESPINOSA	A.D. ECOSPORT TRIATLON AL	212	0:36:11	03:44	326	2:49:31	31.86	02:06	337	2:03:07	5:34:38	1:33:49
327	41	ÁLVARO MIRANDA CARBAJO	LICENZA DE 1 DIA	322	0:39:46	05:04	350	2:54:46	30.9	02:41	281	1:52:51	5:35:07	1:34:19
328	106	RAFA LÓPEZ ALONSO	PERLAS TRIATLÓN COLMENA	319	0:39:35	06:09	322	2:48:40	32.02	02:28	312	1:58:22	5:35:11	1:34:23
329	8	SERGI GARCIA CAMPANY	LICENZA DE 1 DIA	129	0:34:04	03:51	365	3:02:25	29.6	01:59	287	1:53:35	5:35:52	1:35:04
330	217	LUIS ANTONIO MARTIN ROBLES	TRIATLON DUERO	358	0:42:35	04:33	305	2:45:36	32.61	02:05	331	2:01:16	5:36:03	1:35:15
331	169	DANIEL GALLEGU LANNERSKOOG	LICENZA DE 1 DIA	142	0:34:15	04:44	244	2:39:34	33.84	01:58	358	2:15:34	5:36:03	1:35:15
332	239	LEONARDO RAMON FRANCO LARE	CLUB TRIATLON MAR DE VIG	367	0:43:19	06:17	276	2:42:15	33.28	02:45	333	2:01:50	5:36:23	1:35:35
333	348	ELIAS ALFONSO ÁLVAREZ	LICENZA DE 1 DIA	349	0:42:00	05:37	273	2:42:02	33.33	02:44	343	2:04:44	5:37:06	1:36:17
334	425	ANTONIO FEDERICO SERRAT SOTO	A.D. TRI-PENTA TERRAS DE L	119	0:33:32	02:59	321	2:48:21	32.08	01:45	351	2:10:42	5:37:16	1:36:28
335	429	HUMBERTO GALLIDORO DEL MONT	CLUB TRIATLON MAR DE VIG	383	0:46:37	04:17	277	2:42:18	33.27	01:46	339	2:03:26	5:38:22	1:37:34
336	403	ANGEL LORENZO SAEZ	LICENZA DE 1 DIA	327	0:40:03	05:02	340	2:52:23	31.33	03:03	310	1:58:17	5:38:46	1:37:58
337	437	MANUEL MEIXEIRA PÉREZ	CLUB TRIATLÓN SALAMANCA	95	0:32:39	05:37	347	2:54:02	31.03	03:04	340	2:03:52	5:39:12	1:38:23
338	332	RICARDO SOLER VIDAL	LICENZA DE 1 DIA	306	0:39:15	04:38	348	2:54:21	30.97	03:06	315	1:58:48	5:40:06	1:39:17
339	152	JAVIER LOPEZ PINO	CLUB TRIATLON MAR DE VIG	385	0:48:31	04:34	320	2:47:59	32.15	01:39	306	1:57:29	5:40:11	1:39:22
340	30	JORGE JUAN GONZÁLEZ VÁZQUEZ	LICENZA DE 1 DIA	371	0:44:24	04:56	357	2:57:11	30.48	02:09	274	1:51:58	5:40:37	1:39:48
341	438	MANUEL PASTRANA CRUZ	MONTE PENARUBIA RUNNING	382	0:45:55	04:05	353	2:55:09	30.83	01:42	290	1:54:32	5:41:21	1:40:33
342	249	JORGE CASAL ANTÓN	LICENZA DE 1 DIA	315	0:39:29	07:10	343	2:53:17	31.16	02:57	329	2:01:15	5:44:06	1:43:17
343	245	SINESIO NOVO FERNÁNDEZ	LICENZA DE 1 DIA	361	0:42:57	04:52	349	2:54:35	30.93	01:48	320	1:59:59	5:44:10	1:43:21
344	439	RAMON MARTÍNEZ MARQUEZ	LICENZA DE 1 DIA	389	0:52:26		383	12:18:11	7.32	02:37	304	1:56:48	5:44:49	1:44:00
345	132	ADRIAN QUEVEDO PEREZ	NOSPORTLIMIT-TREK GALICIA	320	0:39:35	03:54	370	3:05:19	29.14	01:48	288	1:54:23	5:44:57	1:44:09
346	337	CARLOS OUTEDA REY	LICENZA DE 1 DIA	284	0:38:25	03:55	314	2:46:38	32.41	01:55	356	2:14:56	5:45:48	1:44:59
347	247	GUSTAVO ORTIZ ARIZA	C.D.E. TRIATLON J.A.S. COLM	377	0:45:23	05:15	317	2:47:27	32.25	02:00	346	2:06:09	5:46:12	1:45:23
348	157	ALFONSO MARTÍN REINA	INDEPENDENTE	350	0:42:02	04:47	367	3:02:39	29.57	01:44	299	1:56:06	5:47:16	1:46:28
349	254	JOSE MARIA LAMELA BARCIA	SAN ROQUE-TRIATLON VIVEI	363	0:42:59	04:24	339	2:52:07	31.37	01:43	348	2:08:10	5:49:22	1:48:33
350	436	FERNANDO HORMAZA CANO	TRIRUNNERS GETXO	338	0:40:54	07:03	351	2:54:49	30.89	01:53	344	2:04:48	5:49:25	1:48:37
351	193	ALEJANDRO BLANCO BLANCO	CLUB TRIATLON CORUÑA	259	0:37:30	06:08	315	2:46:46	32.38	02:03	361	2:17:56	5:50:21	1:49:33
352	294	PABLO JOSÉ PAZOS HERNÁNDEZ	CLUB TRIATLON CORUÑA	257	0:37:25	04:52	323	2:48:49	31.99	02:32	359	2:16:45	5:50:21	1:49:33
353	293	ALFREDO SIO UHIA	TRINORTH-NOGASA	266	0:37:49	03:48	295	2:44:02	32.92	02:15	368	2:24:36	5:52:28	1:51:40
354	380	SANTIAGO FENOLLERA BOLÍBAR	CLUB TRIATLON MAR DE VIG	368	0:43:21	03:52	344	2:53:30	31.13	01:53	350	2:10:05	5:52:39	1:51:51
355	108	ANTÓN ROMANÍ FARO	LICENZA DE 1 DIA	105	0:32:48	04:58	377	3:11:22	28.22	02:04	335	2:02:07	5:53:18	1:52:29
356	361	ALBERTO GARCÍA OTERO	LICENZA DE 1 DIA	305	0:39:13	05:08	369	3:04:37	29.25	02:50	334	2:02:03	5:53:48	1:52:59
357	100	ALFONSO FERNÁNDEZ RODRÍGUEZ	LICENZA DE 1 DIA	370	0:44:21	07:00	364	3:02:16	29.63	01:58	326	2:01:00	5:56:32	1:55:44
358	48	FERNANDO MÍLLARA ROLÁN	LICENZA DE 1 DIA	189	0:35:24	05:52	358	2:57:40	30.4	03:16	355	2:14:54	5:57:04	1:56:16
359	248	OSCAR PEREIRO SANESTEBAN	LICENZA DE 1 DIA	210	0:36:06	04:01	342	2:52:24	31.32	02:16	369	2:24:41	5:59:27	1:58:38
360	163	ANXO BEA SAMPEDRO	LICENZA DE 1 DIA	218	0:36:17	05:18	363	3:01:36	29.74	01:46	362	2:19:24	6:04:19	2:03:31
361	330	FRANCISCO LORENZO RODRIGEZ	LICENZA DE 1 DIA	351	0:42:04	05:02	374	3:09:21	28.52	03:47	341	2:04:24	6:04:35	2:03:47
362	50	MIGUEL MÉNDEZ CONDE	LICENZA DE 1 DIA	362	0:42:58	04:42	355	2:55:50	30.71	02:54	363	2:19:49	6:06:12	2:05:23
363	336	ALEJANDRO FUENTES FERNÁNDEZ	CLUB TRIATLON MAR DE VIG	302	0:39:05	04:33	372	3:07:46	28.76	02:22	354	2:13:43	6:07:27	2:06:38
364	28	ALEJANDRO MUSEROS ALEGRE	LICENZA DE 1 DIA	283	0:38:25	07:04	371	3:06:32	28.95	02:20	360	2:17:48	6:12:07	2:11:19
365	353	JUAN JOSE PITA FRAGOSO	LICENZA DE 1 DIA	353	0:42:21	08:06	375	3:09:31	28.5	03:56	352	2:11:20	6:15:11	2:14:23
366	360	EVARISTO JOSE PARDO PERNAS	LICENZA DE 1 DIA	366	0:43:18	05:58	366	3:02:37	29.57	03:42	364	2:21:47	6:17:19	2:16:31

POS.	Nº	NOME	CLUB	P.	Natación	T1	P.	Ciclismo	Km/h.	T2	P.	Carreira	META	Dif.
367	444	MANUEL MARTINEZ RODRIGUEZ	LICENZA DE 1 DIA	342	0:41:09	06:47	373	3:08:28	28.65	03:27	365	2:22:51	6:22:40	2:21:51
368	246	LUIS TRANCHO BAYON	FITNESS SPORTS TRIATLON	387	0:48:51	07:35	362	3:00:43	29.88	05:09	367	2:23:25	6:25:42	2:24:53
369	105	JORGE GONZALEZ MENDEZ	LICENZA DE 1 DIA	388	0:50:27	06:55	380	3:16:12	27.52	02:47	353	2:11:42	6:28:01	2:27:13
370	409	CARLOS JACINTO RIAL SUAREZ	LICENZA DE 1 DIA	369	0:44:17	08:46	379	3:14:44	27.73	05:12	357	2:15:31	6:28:28	2:27:39
371	35	JORGE PEREZ PAZOS	LICENZA DE 1 DIA	376	0:45:20	04:38	378	3:13:14	27.95	02:55	366	2:22:52	6:28:57	2:28:09
372	210	EDWARD JOSÉ GONZÁLEZ VIDAL	LICENZA DE 1 DIA	372	0:44:25	07:35	376	3:09:59	28.42	02:28	370	2:29:11	6:33:35	2:32:47
373	387	OCTAVIO SUSACASA NOVAL	NOSPORTLIMIT-TREK GALICIA	378	0:45:23	06:14	381	3:21:27	26.81	02:39	372	2:38:02	6:53:44	2:52:55
374	445	MANUEL CRUCES PRADO	CLUB DEPORTIVO PINARIUM	286	0:38:29	06:34	382	3:32:06	25.46	04:21	371	2:32:52	6:54:20	2:53:31
375	417	RODRIGO BOBIS PUENTE	LINEA DE META SKECHERS	390	0:55:28		385	12:45:25	7.06	02:28	373	2:40:22	6:55:27	2:54:38
376	151	OSCAR MACIAS CAJETE	LICENZA DE 1 DIA	391	0:55:28		384	12:20:09	7.3	27:44	374	2:40:32	6:55:36	2:54:48
377	160	RUI BASTOS DAS NEVES	LICENZA DE 1 DIA	381	0:45:46	04:36	361	2:59:10	30.14	02:18	375	3:23:49	7:15:37	3:14:48
DQ	37	CÉSAR BARRABES REBOLLO	CLUB TRITRAINING											NON PARAR NA AREA DE PENALIZACIÓN
DQ	40	FRANCISCO JAVIER GONZALEZ FAG	LICENZA DE 1 DIA											NON PARAR NA AREA DE PENALIZACIÓN
DQ	46	ALBERTO VÁZQUEZ OTERO	ARCADE INFORHOUSE SANTI											AXUDA EXTERNA
DQ	47	DAVID MARTINEZ GRAÑA	LICENZA DE 1 DIA											NON PARAR NA AREA DE PENALIZACIÓN
DQ	129	VICTOR MANUEL SEIJAS FOLGUEIR	CIDADE DE LUGO FLUVIAL											NON PARAR NA AREA DE PENALIZACIÓN
DQ	146	MANUEL SALGUEIRO ÁLVAREZ	CLUB ATLETISMO PORRIÑO											ACORTAR PERCORRIDO CARREIRA A PE
DQ	165	GUILLERMO LOPEZ PIEDRA	TEAM SPORT SPIRIT											NON PARAR NA AREA DE PENALIZACIÓN
DQ	202	FABIAN UBEIRA VIDAL	ASOCIACION DEPORTIVA C.A.											NON PARAR NA AREA DE PENALIZACIÓN
DQ	204	ALBERTO LOPEZ PINO	CLUB TRIATLON MAR DE VIG											ENTRAR EN META ACOMPAÑADO
DQ	236	ENRIQUE RODRÍGUEZ RODRÍGUEZ	SANSE OUTSIDERS TRIATLÓN											ENTRAR EN META ACOMPAÑADO
DQ	268	PABLO ISRAEL RODRIGUEZ LOPEZ	LICENZA DE 1 DIA											NON PARAR NA AREA DE PENALIZACIÓN
DQ	280	CARLOS CARREIRO BOULLOSA	INDEPENDENTE											NON PARAR NA AREA DE PENALIZACIÓN
DQ	347	JOSE ÁNGEL RACIONERO SANCHEZ	LICENZA DE 1 DIA											ENTRAR EN META ACOMPAÑADO
DQ	363	RAFAEL CABAÑEROS ROBLES	TRINITY TRIATLON											NON PARAR NA AREA DE PENALIZACIÓN
DQ	372	DANIEL PAZOS FERNANDEZ	TRISADA											NON PARAR NA AREA DE PENALIZACIÓN
DQ	377	MANUEL VILA RIBERA	CLUB TRIATLON SAMBURIEL											NON PARAR NA AREA DE PENALIZACIÓN
DQ	440	JUSTO GARCIA GUERRA	CLUB TRIATLON LEON											NON PARAR NA AREA DE PENALIZACIÓN
NF	65	CARLOS AVELINO LOPEZ PÉREZ	INDEPENDENTE	42	0:30:12	03:35	117	2:29:42	36.07	01:10				
NF	190	PABLO VÁZQUEZ DÍAZ	BICICLETAS MORENITO CDE	77	0:32:15	03:14								
NF	195	CARLOS MIGUEL FIDALGO RODRIG	LICENZA DE 1 DIA	341	0:41:02	04:15	148	2:32:03	35.52	01:29				
NF	199	XOSÉ FERNÁNDEZ SEGURADO	LICENZA DE 1 DIA	174	0:34:57	05:31	164	2:32:57	35.31	02:17				
NF	243	FRANCISCO SEOANE GARCIA DE SE	ARTROGAL-TRI 498	188	0:35:24	05:14	346	2:53:40	31.09	01:18				
NF	267	JUAN LUIS CARBIA MENDEZ	ARTROGAL-TRI 498	164	0:34:37	03:11	26	2:19:09	38.81	01:38				
NF	283	JESÚS VILLAVERDE LÓPEZ	LICENZA DE 1 DIA	175	0:34:58	06:15	181	2:34:04	35.05	02:09				
NF	285	RAMÓN VALIÑAS MARTINEZ	OLIMPICO DE VEDRA	112	0:33:15	02:59	41	2:21:43	38.11	01:48				
NF	323	MIGUEL ANGEL SOTO GARCIA	LICENZA DE 1 DIA	379	0:45:40	04:15								
NF	349	DAVID FERNANDEZ-ALVARIÑO DEL	CLUB TRIATLON MAR DE VIG	93	0:32:37	04:03								
NF	355	JAVIER CONTRERAS AMOEDO	CLUB TRIATLON MAR DE VIG	192	0:35:27	03:47	257	2:40:32	33.64					
NF	398	LUIS ANGEL CASTELO SANCHEZ	LICENZA DE 1 DIA	73	0:32:08	03:43								
NF	407	MARCOS SANTOS CENTENERA	CLUB TRIATLON LAS ROZAS	357	0:42:29	06:02								
NF	418	JUAN JOSE GONZALEZ RAMIL	CLUB TRIATLON CORUÑA	161	0:34:33	04:21								
NF	442	JAVIER BELTRÁN MUÑOZ	LICENZA DE 1 DIA	245	0:37:10	06:18	354	2:55:26	30.78	02:48				
NF	443	EDUARDO VIEIRA MONTENEGRO	REAL CLUB NAUTICO DE VIGO	384	0:46:56	05:17	360	2:58:35	30.24	01:46				
NP	14	JOSE JAVIER HERNANDEZ SERRAN	LICENZA DE 1 DIA											
NP	25	IVÁN RODRÍGUEZ VICENTE	LICENZA DE 1 DIA											
NP	42	JESÚS FERNÁNDEZ QUEIRÓS	LICENZA DE 1 DIA											
NP	70	IVAN PEREIRA IGLESIAS	CLUB TRIATLON MAR DE VIG											
NP	95	BRUNO SOUTO PÉREZ	NOSPORTLIMIT-TREK GALICIA											
NP	97	PABLO GONZALEZ FERNANDEZ	ACADEMIA CIVIL - CNSO											
NP	98	JOSÉ MARÍA GARCÍA GONZÁLEZ	TRIA TLÓN AVILES											
NP	101	MANUEL GONZALO ALVAREZ	LICENZA DE 1 DIA											
NP	119	SERGIO PÉREZ MOLPECERES	SANSE OUTSIDERS TRIATLÓN											
NP	141	ALEJANDRO HERNÁNDEZ GAYO	LICENZA DE 1 DIA											
NP	156	DAVID CASTRO GRAIÑO	INDEPENDENTE											
NP	158	EMILIO RUIZ LAGO	NOSPORTLIMIT-TREK GALICIA											
NP	176	ALEJANDRO ANDRES LOPEZ	ACADEMIA CIVIL - CNSO											
NP	186	ABEL IGLESIAS FUERTES	TRI OURENSE											
NP	208	ROBERTO DOLDÁN CORRAL	NOSPORTLIMIT-TREK GALICIA											
NP	211	RUBEN LORENZO BLANCO	LICENZA DE 1 DIA											
NP	218	ANDRES DOMINGUEZ SILVA	CLUB TRIATLON CORUÑA											
NP	220	JORGE MÉNDEZ ABONJO	CLUB ATLETISMO PORRIÑO											
NP	221	GORKA PAGAZAURTUNDUA BETI	CLUB TRIATLON TRES CANTO											
NP	237	BRUNO CORDERO PÉREZ	LICENZA DE 1 DIA											
NP	255	JUAN FRANCISCO FERNANDEZ MOL	CLUB CICLISMO-TRIA TLÓN PO											

POS.	Nº	NOME	CLUB	P. Natación	T1	P. Ciclismo	Km/h.	T2	P. Carreira	META	Dif.
NP	266	GILBERTO SUAREZ SUAREZ	TEAM SPORT SPIRIT								
NP	302	MARIANO ALVAREZ IGLESIAS	LICENZA DE 1 DIA								
NP	324	ALFONSO RIVILLA CUEVAS	PERLAS TRIATLÓN COLMENA								
NP	326	ALBERTO GONZALEZ MAHIA	NOSPORTLIMIT-TREK GALICIA								
NP	328	JESUS MARIA MARTIN CALVO	INTELLIGENT RUNNING - INTE								
NP	331	JUAN JOSÉ ANDRÉS IGLESIAS	CLUB TRIATLON MORRAZO								
NP	335	MIGUEL ANGEL HERVA LÓPEZ	TRIATLON FERROL								
NP	358	FRANCISCO JAVIER TORA MIRA	LICENZA DE 1 DIA								
NP	359	JOSÉ MARÍA DÍAZ MARTÍNEZ	ENPHORMA TRIATLON SAN A								
NP	364	ALFREDO VARGAS LÓPEZ	CENTRO ASTURIANO OVIEDO								
NP	396	JUAN PEDRO VERJAGA GÓMEZ	CLUB TRIATLON MORALZARZ								
NP	402	JOSÉ RAMÓN MARTÍ PATIÑO	ARTROGAL-TRI 498								
NP	406	LUIS MORGADO MIRANDA	CLUB TRIATLON SAMBURIEL								
NP	419	JAVIER RODRIGUEZ FERNANDEZ	CLUB ATLETISMO PORRIÑO								

Localidade	VIGO			Distancia	Natación	Ciclismo	Carreira
Data	Domingo, 12 de setembro de 2	Hora	20:29	Media Distancia	1.9 Km.	90 Km.	21.1 Km.

Oficiais

Delegado Técnico:	MONICA FLORES	Xurado da Competición	MONICA FLORES - DT LUIS PIÑA - FEGATRI LORENA GARCIA - CT MAR DE VIGO
Xuíz Arbitro:	LUIS COIRA		
Responsable Oficiais:	LUIS COIRA		

Datos da competición

Temperatura exterior: 16 °C Temperatura da auga: 18 °C Neopreno: permitido	Natación 1.9 Km. 1 volta	Ciclismo 90 Km. 4 voltas	Carreira 21.1 Km. 4 voltas
Inscritos : 445	Remataron : 376	Retirados : 17	Non Presentados : 35 Descalificados : 17

SUB-23 MASCULINA

POS.	Nº	NOME	CLUB	P.	Natación	P.	Ciclismo	Km/h.	P.	Carreira	META	Dif.
1	4	LUIS MIGUEL VELASQUEZ RAMOS	A.D. TRI-PENTA TERRAS DE LUGO	1	0:22:31	1	2:11:36	41.04	9	1:23:28	4:00:49	
2	10	IÑAKI PENA-MANSO CARRAL	CLUB TRIATLON CORUÑA	22	0:28:24	36	2:21:21	38.21	5	1:21:04	4:14:54	0:14:06
3	15	JORGE DIOS RIOS	LICENZA DE 1 DIA	66	0:31:42	43	2:22:00	38.03	29	1:28:22	4:26:58	0:26:10
4	12	ALEJANDRO ÁLVAREZ COSTAS	LICENZA DE 1 DIA	62	0:31:31	138	2:31:32	35.64	11	1:23:35	4:30:34	0:29:46
5	16	DIEGO DÁVILA COLLAZO	CLUB TRIATLON MAR DE VIGO	43	0:30:15	76	2:25:56	37.01	165	1:41:19	4:41:56	0:41:08
6	18	RICARDO CORES VAZQUEZ	CLUB NATACION RIVEIRA	49	0:30:29	103	2:28:37	36.34	140	1:39:36	4:42:56	0:42:07
7	11	ALBERTO FERNÁNDEZ BONILLA	TRIMAD	222	0:36:23	100	2:28:27	36.38	122	1:38:11	4:47:49	0:47:01
8	9	PABLO ZOBRA LOJO	CLUB TRIATLON MORRAZO	252	0:37:18	207	2:35:56	34.63	83	1:34:33	4:52:28	0:51:40
9	17	XABIER RODRÍGUEZ MARTÍNEZ	CLUB TRIATLO SABADELL	100	0:32:43	132	2:30:55	35.78	242	1:48:19	4:57:21	0:56:33
10	20	DAVID VIDAL COLLAZO	ASOCIACION DEPORTIVA C.A.R.	243	0:37:08	232	2:37:57	34.19	257	1:50:30	5:10:04	1:09:16
11	19	JORGE VICENTE GONZÁLEZ	LICENZA DE 1 DIA	256	0:37:25	265	2:41:07	33.52	329	2:01:16	5:25:24	1:24:36
12	13	PABLO LORENZO ROMÁN	LICENZA DE 1 DIA	232	0:36:43	308	2:45:49	32.57	344	2:04:52	5:34:27	1:33:39
13	8	SERGI GARCIA CAMPANY	LICENZA DE 1 DIA	129	0:34:04	365	3:02:25	29.6	287	1:53:35	5:35:52	1:35:04
NP	14	JOSE JAVIER HERNANDEZ SERRAN	LICENZA DE 1 DIA									

VETERANOS 1 MASCULINA

POS.	Nº	NOME	CLUB	P.	Natación	P.	Ciclismo	Km/h.	P.	Carreira	META	Dif.
1	2	JOSE MANUEL PARDO LEIS	TRIATLON ARTEIXO	15	0:27:07	6	2:15:24	39.89	4	1:20:40	4:06:58	0:06:10
2	7	LUIS ALBERTO PAREDES COYA	CLUB TRIATLON MORRAZO	32	0:29:51	20	2:17:53	39.17	2	1:20:24	4:12:05	0:11:17
3	295	MIKEL LARRAZABAL ÁLVAREZ	EZKERRALDEA TRIATLOI TALDEA	89	0:32:30	18	2:17:39	39.23	24	1:28:00	4:22:31	0:21:43
4	379	CARLOS PRADO FERNANDEZ	CLUB CICLISTA DE LA FUENTE	83	0:32:25	2	2:12:38	40.72	64	1:32:47	4:22:58	0:22:09
5	393	RAMON ARIAS GARCIA	T. MURALLA LUGO	30	0:29:20	34	2:21:16	38.23	35	1:28:53	4:24:23	0:23:35
6	329	XOSÉ CARLOS GONZÁLEZ AVIÓN	CIDADE DE LUGO FLUVIAL	41	0:30:12	44	2:22:01	38.03	31	1:28:26	4:25:08	0:24:20
7	386	ROBERTO BOGA SANDE	TRIATLON ARTEIXO	304	0:39:08	3	2:13:30	40.45	33	1:28:43	4:26:25	0:25:36
8	413	ENRIQUE JOSE HIDALGO LUGO	CLUB TRIATLON MAR DE VIGO	57	0:31:16	49	2:22:39	37.86	38	1:29:20	4:26:52	0:26:04
9	304	JAIME TIZÓN DAVILA	TALLERES DAVID TRIATLON COMP	68	0:31:50	27	2:19:14	38.79	55	1:31:59	4:27:27	0:26:39
10	311	ALFONSO MONCLUS MARCELLÁN	CLUB TRIATLON EUROPA	157	0:34:30	28	2:19:25	38.73	62	1:32:32	4:31:48	0:30:59
11	374	ADRIAN CASTIÑEIRAS BUJAN	TRINITY TRIATLON	21	0:28:19	48	2:22:29	37.9	116	1:37:22	4:31:54	0:31:06
12	341	RUBÉN SIO FERNÁNDEZ	CLUB ATLETISMO PORRIÑO	179	0:35:13	12	2:16:43	39.5	123	1:38:16	4:34:59	0:34:11
13	315	SANTIAGO VALES MENDEZ	LICENZA DE 1 DIA	249	0:37:13	80	2:26:20	36.91	22	1:27:12	4:35:40	0:34:51
14	316	MARCOS BENAGES DUCH	CLUB ESPORTIU PRORUNNERS	140	0:34:14	55	2:23:46	37.56	54	1:31:59	4:35:55	0:35:06
15	310	PABLO ROURA HERNÁNDEZ	LICENZA DE 1 DIA	35	0:30:05	118	2:29:46	36.06	84	1:34:34	4:39:46	0:38:58
16	318	RICARDO AGUILAR LAUDO	C.D.E. TRIATLON GALAPAGAR	123	0:33:48	61	2:24:14	37.44	105	1:36:23	4:40:08	0:39:19
17	362	OSCAR MARTINEZ FERNANDEZ	TRINORTH-NOGASA	56	0:31:13	40	2:21:41	38.12	179	1:42:45	4:40:10	0:39:22
18	339	LEOPOLDO LÓPEZ MAÑAS	C.D.E. 3STYLE TRIATLON	137	0:34:12	149	2:32:09	35.49	26	1:28:17	4:40:33	0:39:45
19	404	JUAN CARLOS RODRÍGUEZ VÁZQU	C.TRIATLON OURENSE	262	0:37:43	21	2:17:53	39.17	148	1:40:17	4:40:42	0:39:54
20	375	MARCOS GONZALEZ TALAVERO	CLUB CICLISTA RIAZOR	74	0:32:08	136	2:31:08	35.73	66	1:33:08	4:41:34	0:40:46
21	308	JOSE ANTONIO RECOUSO CAAMAÑ	LICENZA DE 1 DIA	265	0:37:46	180	2:34:03	35.05	13	1:24:03	4:41:44	0:40:56
22	346	SANTIAGO PALACIO FERNANDEZ	TEAM SPORT SPIRIT	190	0:35:25	162	2:32:54	35.32	25	1:28:03	4:41:54	0:41:05

23	284	RUBEN PARDO NEBRIL	NOSPORTLIMIT-TREK GALICIA	86	0:32:28	30	2:20:35	38.41	193	1:44:06	4:42:45	0:41:56
24	373	GABRIEL POZO JUNQUERO	GASTEIZKO BULLETVAN T.K.T.	55	0:31:04	46	2:22:02	38.02	197	1:44:21	4:43:19	0:42:31
25	384	FERNANDO GARCIA MARTINEZ	TRIVIGO BOYER TRIATHLON	194	0:35:31	111	2:29:27	36.13	85	1:34:34	4:43:34	0:42:46
26	388	ANTONIO LIBOREIRO COMESAÑA	LICENZA DE 1 DIA	78	0:32:17	84	2:26:44	36.8	121	1:38:07	4:43:46	0:42:57
27	314	ALBERTO SOTO CAMPOS	NOSPORTLIMIT-TREK GALICIA	151	0:34:24	51	2:23:27	37.64	152	1:40:25	4:44:18	0:43:30
28	383	MANUEL MARIÑO CARREÑO	CLUB TRIATLON LEON	226	0:36:29	186	2:34:22	34.98	30	1:28:23	4:44:41	0:43:52
29	289	MIGUEL ANGEL COGOLLUDO AGUS	GV SPORTS CLUB	80	0:32:21	237	2:38:22	34.1	47	1:30:54	4:46:16	0:45:28
30	401	JUAN IGNACIO GARCIA VALLEJO	TRI OURENSE	110	0:33:12	135	2:31:04	35.75	133	1:38:54	4:48:08	0:47:19
31	354	ANGEL PAZ BERMÚDEZ	BIKESTRADATRIATLÓN	84	0:32:26	165	2:32:59	35.3	125	1:38:28	4:48:22	0:47:33
32	292	ALBERTO TOMBO GONZÁLEZ	CLUB TRIATLON MAR DE VIGO	53	0:30:52	94	2:27:31	36.61	210	1:45:32	4:48:57	0:48:09
33	321	JORGE ANTONIO ALVAREZ RICO	CLUB TRIATLON MAR DE VIGO	270	0:37:53	72	2:25:32	37.11	142	1:39:46	4:49:13	0:48:25
34	325	RUBÉN FERNÁNDEZ VILLAR	LICENZA DE 1 DIA	354	0:42:24	9	2:16:20	39.61	194	1:44:11	4:49:43	0:48:54
35	408	ANTONIO FRANCISCO GIL ALONSO	LICENZA DE 1 DIA	94	0:32:37	209	2:36:01	34.61	114	1:37:08	4:51:06	0:50:17
36	288	DAVID RODRIGUEZ APARICIO	LEGIOTRI	71	0:32:00	70	2:25:30	37.11	212	1:45:42	4:51:24	0:50:36
37	367	JUAN MANUEL MARTINEZ RODRIGU	CLUB DEPORTIVO TRILEON	107	0:33:08	179	2:34:01	35.06	146	1:39:54	4:52:00	0:51:12
38	317	ROBERTO OVIEDO PÉREZ	TRIATLON COSTA QUEBRADA	96	0:32:39	172	2:33:35	35.16	130	1:38:44	4:52:01	0:51:12
39	327	ALBERTO CAMESELLE ALVES	LICENZA DE 1 DIA	229	0:36:37	259	2:40:37	33.62	44	1:30:12	4:52:18	0:51:29
40	369	XOAN SANMARTIN PENA	C.D.KAIROSCORE	311	0:39:26	97	2:28:06	36.46	135	1:39:01	4:53:26	0:52:37
41	300	ALFONSO LÓPEZ MARTÍNEZ	OLIMPICO DE VEDRA	375	0:44:51	123	2:30:22	35.91	74	1:34:07	4:53:56	0:53:08
42	296	JOSE MANUEL FERNÁNDEZ MÉNDE	INDEPENDENTE	231	0:36:43	288	2:43:08	33.1	39	1:29:29	4:53:57	0:53:08
43	286	XURXO GÓMEZ VÁZQUEZ	TRIATLON FERROL	182	0:35:19	173	2:33:37	35.15	162	1:41:14	4:55:03	0:54:14
44	287	ANTONIO FERNANDEZ PÉREZ	LICENZA DE 1 DIA	332	0:40:16	174	2:33:38	35.15	68	1:33:16	4:55:36	0:54:48
45	368	JOSÉ JOAQUÍN BARRIENTOS MART	INDEPENDENTE	224	0:36:25	225	2:37:17	34.34	99	1:35:57	4:56:47	0:55:59
46	392	JOSE RAJA RODRÍGUEZ	A.D. RUMBO FIJO-CICLOS BLEDA	267	0:37:49	93	2:27:15	36.67	202	1:44:50	4:57:11	0:56:23
47	376	JOSÉ LUIS CASTRO CONDE	CLUB ATLETISMO PORRIÑO	219	0:36:22	190	2:34:41	34.91	159	1:40:58	4:57:16	0:56:28
48	381	ISIDRO SANTOS GARRIDO	OET TEAM	149	0:34:21	272	2:41:56	33.35	106	1:36:24	4:57:44	0:56:56
49	303	JUAN CARLOS ARROYO LUELMO	C.D TRIATLON ZAMORA	52	0:30:44	125	2:30:40	35.84	269	1:51:15	4:58:34	0:57:45
50	391	ALVARO LORENZO-FARIÑA DOMIN	INDEPENDENTE	114	0:33:20	106	2:28:43	36.31	255	1:50:27	4:58:51	0:58:02
51	414	ENRIQUE MUÑOZ CANTERO	LICENZA DE 1 DIA	126	0:34:03	219	2:36:40	34.47	189	1:43:38	5:00:27	0:59:39
52	356	FRANCISCO JAVIER MIGUEZ CARB	LICENZA DE 1 DIA	162	0:34:34	264	2:41:04	33.53	143	1:39:49	5:00:42	0:59:53
53	297	PABLO MIGUEZ CORDO	CLUB ATLETISMO PORRIÑO	236	0:36:48	206	2:35:52	34.65	185	1:43:25	5:01:03	1:00:15
54	340	JOSE ALBERTO CASTELO SANCHE	LICENZA DE 1 DIA	205	0:35:58	160	2:32:49	35.34	228	1:46:55	5:01:50	1:01:01
55	322	IVÁN BUENO HERMIDA	TRIATLON COSTA DA MORTE	309	0:39:22	157	2:32:43	35.36	180	1:43:03	5:02:17	1:01:29
56	338	MANUEL MONCLUS MARCELLÁN	S'ESCAPADA TRIATHLON TEAM	156	0:34:29	197	2:35:10	34.8	233	1:47:24	5:02:56	1:02:08
57	290	JAIME SAMPOL BRAZIS	LICENZA DE 1 DIA	104	0:32:48	199	2:35:22	34.76	247	1:49:09	5:03:24	1:02:35
58	313	DAVID ALVAREZ GUTIERREZ	CLUB TRIATLÓN OVIEDO	303	0:39:07	238	2:38:32	34.06	145	1:39:52	5:03:33	1:02:45
59	345	ENRIQUE GRIÑAN TORRADO	NOSPORTLIMIT-TREK GALICIA	125	0:33:57	158	2:32:44	35.36	259	1:50:39	5:03:45	1:02:56
60	319	ANTONIO ABEL SEOANE ESTÉVEZ	CLUB CICLISMO-TRIATLÓN POIO	6	0:26:30	191	2:34:55	34.86	310	1:58:19	5:04:09	1:03:20
61	371	EMILIO GONZALEZ GARCIA	A.D. FOGAR	233	0:36:45	150	2:32:11	35.48	258	1:50:34	5:04:33	1:03:44
62	291	MARCOS LOPEZ PEREZ	LICENZA DE 1 DIA	280	0:38:17	280	2:42:33	33.22	113	1:37:05	5:05:18	1:04:29
63	312	FRANCISCO VILLACAMPA CAAMAÑ	LICENZA DE 1 DIA	103	0:32:47	198	2:35:15	34.78	256	1:50:28	5:05:24	1:04:36
64	416	PABLO MARTINEZ MAHAMUD	CDE BUSCADORES	121	0:33:38	261	2:40:52	33.57	227	1:46:51	5:07:04	1:06:15
65	405	ENRIQUE ARNAIZ IBARRONDO	INDEPENDENTE	38	0:30:11	263	2:41:00	33.54	248	1:49:25	5:07:09	1:06:20
66	394	JOSE MANUEL MOSQUERA VELLO	CLUB TRIATLON MAR DE VIGO	207	0:36:03	78	2:26:09	36.95	327	2:01:15	5:07:59	1:07:11
67	334	ANTONIO REY CARBALLEIRA	TRIATLON MOTOBIKE PONTEVEDR	122	0:33:39	231	2:37:56	34.19	267	1:51:01	5:08:18	1:07:30
68	351	FRANCISCO JAVIER BARREIRO CO	NOSPORTLIMIT-TREK GALICIA	343	0:41:15	284	2:42:38	33.21	129	1:38:41	5:10:18	1:09:30
69	357	ANTONIO FERNANDEZ DURAN	TRIATLON COSTA DA MORTE	153	0:34:26	275	2:42:12	33.29	237	1:47:58	5:11:18	1:10:30
70	370	SANTIAGO BESADA BRUNET	LICENZA DE 1 DIA	281	0:38:20	327	2:50:07	31.74	118	1:37:40	5:11:23	1:10:34
71	298	LUIS DÍAZ MARCOS	LICENZA DE 1 DIA	168	0:34:48	310	2:46:03	32.52	203	1:44:52	5:12:20	1:11:32
72	382	ROGER ARDEVOL LATORRE	ABSOLUT SPORT	314	0:39:28	268	2:41:32	33.43	219	1:46:12	5:12:33	1:11:45
73	305	VICTOR DIAZ PAZ	LICENZA DE 1 DIA	324	0:39:49	205	2:35:46	34.67	253	1:49:56	5:12:39	1:11:50
74	366	RUBEN REIGADA SEIJO	LICENZA DE 1 DIA	214	0:36:13	226	2:37:37	34.26	266	1:51:00	5:13:05	1:12:17
75	390	JUAN MÉNDEZ LÓPEZ	TRISADA	155	0:34:28	187	2:34:24	34.97	308	1:58:17	5:13:16	1:12:28
76	412	FERNANDO ABREU FERNANDEZ	CLUB ATLETISMO PORRIÑO	335	0:40:34	251	2:40:16	33.7	229	1:47:00	5:13:20	1:12:32
77	410	DEAN FLETCHER	CLUB CICLISTA DE LA FUENTE	364	0:43:14	143	2:31:49	35.57	273	1:51:55	5:13:53	1:13:05
78	343	DAVID GONZÁLEZ VINUESA	BICICLETAS MORENITO CDE	260	0:37:31	266	2:41:23	33.46	251	1:49:52	5:14:57	1:14:08
79	385	FERNANDO DE CELIS PUENTE	LICENZA DE 1 DIA	250	0:37:15	286	2:42:55	33.15	238	1:48:00	5:15:04	1:14:15
80	344	MANUEL LEIRACHA VALENTIN	TRIATLON FERROL	380	0:45:41	294	2:43:51	32.96	139	1:39:22	5:15:12	1:14:23
81	397	DIEGO SECO LAMAS	TRINITY TRIATLON	345	0:41:26	255	2:40:27	33.66	225	1:46:43	5:15:12	1:14:23
82	395	CEFERINO FRANCISCO PÉREZ	TRIATLON DUERO	308	0:39:22	239	2:38:33	34.06	272	1:51:53	5:15:33	1:14:45
83	415	MANUEL RODRÍGUEZ COELLO	LICENZA DE 1 DIA	331	0:40:11	282	2:42:36	33.21	236	1:47:57	5:16:19	1:15:30
84	352	RICARDO FERNÁNDEZ ROSA	TRISPORT GETAFE	241	0:37:01	233	2:37:59	34.18	301	1:56:32	5:17:24	1:16:35
85	301	MANUEL PORTO MOLLINEDO	ARTROGAL-TRI 498	128	0:34:04	224	2:37:15	34.34	321	2:00:20	5:18:05	1:17:17
86	400	CARLOS IGLESIAS RODRIGUEZ	LICENZA DE 1 DIA	273	0:37:59	318	2:47:34	32.23	218	1:46:12	5:19:10	1:18:22
87	389	CARLOS PEREZ PEREZ	CLUB TRIATLON MAR DE VIGO	296	0:38:49	292	2:43:29	33.03	271	1:51:35	5:19:39	1:18:50
88	399	RAMÓN FERREIRO OTTIGER	LICENZA DE 1 DIA	282	0:38:23	325	2:49:23	31.88	187	1:43:30	5:21:51	1:21:02



89	378	SANTIAGO FIGUEIRAS GARCIA	LICENZA DE 1 DIA	159	0:34:32	271	2:41:54	33.36	324	2:00:50	5:23:51	1:23:03
90	350	JULIO CESAR PEREZ VAZQUEZ	INDEPENDENTE	245	0:37:10	260	2:40:47	33.59	318	1:59:56	5:24:02	1:23:14
91	333	JESÚS CARLOS QUINTAS BARROS	NOSPORTLIMIT-TREK GALICIA	12	0:26:59	328	2:50:17	31.71	322	2:00:39	5:25:08	1:24:20
92	342	HECTOR ALBERTE LISTA	CLUB TRIATLON CORUÑA	145	0:34:18	228	2:37:41	34.25	346	2:07:45	5:26:16	1:25:27
93	365	JOSE MANUEL MERA ALONSO	CIDADE DE LUGO FLUVIAL	360	0:42:54	247	2:39:44	33.81	313	1:58:42	5:26:34	1:25:45
94	320	DAVID VÁZQUEZ DOCE	NOSPORTLIMIT-TREK GALICIA	230	0:36:38	302	2:44:56	32.74	315	1:58:53	5:26:56	1:26:08
95	306	ALBERTO SOTO UGALDE	LICENZA DE 1 DIA	313	0:39:28	287	2:43:05	33.11	312	1:58:39	5:27:20	1:26:31
96	411	FERNANDO ALVAREZ CID	LICENZA DE 1 DIA	316	0:39:30	254	2:40:26	33.66	317	1:59:37	5:27:27	1:26:39
97	309	IGNACIO SANZ RODRIGUEZ	CLUB TRIATLON SAMBURIEL	325	0:39:57	359	2:57:54	30.36	199	1:44:32	5:28:25	1:27:37
98	299	SANTIAGO NUÑEZ PAREDES	CLUB TRIATLON MORRAZO	334	0:40:28	291	2:43:29	33.03	323	2:00:47	5:32:01	1:31:13
99	307	IÑAKI DE SANTIAGO MARIN	CLUB TRIATLON CORUÑA	127	0:34:03	356	2:56:44	30.56	297	1:56:03	5:32:43	1:31:54
100	348	ELIAS ALFONSO ÁLVAREZ	LICENZA DE 1 DIA	349	0:42:00	273	2:42:02	33.33	342	2:04:44	5:37:06	1:36:17
101	403	ANGEL LORENZO SAEZ	LICENZA DE 1 DIA	327	0:40:03	340	2:52:23	31.33	309	1:58:17	5:38:46	1:37:58
102	332	RICARDO SOLER VIDAL	LICENZA DE 1 DIA	306	0:39:15	348	2:54:21	30.97	314	1:58:48	5:40:06	1:39:17
103	337	CARLOS OUTEDA REY	LICENZA DE 1 DIA	284	0:38:25	314	2:46:38	32.41	355	2:14:56	5:45:48	1:44:59
104	294	PABLO JOSÉ PAZOS HERNÁNDEZ	CLUB TRIATLON CORUÑA	257	0:37:25	323	2:48:49	31.99	358	2:16:45	5:50:21	1:49:33
105	293	ALFREDO SIO UHIA	TRINORTH-NOGASA	266	0:37:49	295	2:44:02	32.92	367	2:24:36	5:52:28	1:51:40
106	380	SANTIAGO FENOLLERA BOLÍBAR	CLUB TRIATLON MAR DE VIGO	368	0:43:21	344	2:53:30	31.13	349	2:10:05	5:52:39	1:51:51
107	361	ALBERTO GARCÍA OTERO	LICENZA DE 1 DIA	305	0:39:13	369	3:04:37	29.25	333	2:02:03	5:53:48	1:52:59
108	330	FRANCISCO LORENZO RODRIGEZ	LICENZA DE 1 DIA	351	0:42:04	374	3:09:21	28.52	340	2:04:24	6:04:35	2:03:47
109	336	ALEJANDRO FUENTES FERNÁNDEZ	CLUB TRIATLON MAR DE VIGO	302	0:39:05	372	3:07:46	28.76	353	2:13:43	6:07:27	2:06:38
110	353	JUAN JOSE PITA FRAGOSO	LICENZA DE 1 DIA	353	0:42:21	375	3:09:31	28.5	351	2:11:20	6:15:11	2:14:23
111	360	EVARISTO JOSE PARDO PERNAS	LICENZA DE 1 DIA	366	0:43:18	366	3:02:37	29.57	363	2:21:47	6:17:19	2:16:31
112	409	CARLOS JACINTO RIAL SUAREZ	LICENZA DE 1 DIA	369	0:44:17	379	3:14:44	27.73	356	2:15:31	6:28:28	2:27:39
113	387	OCTAVIO SUSACASA NOVAL	NOSPORTLIMIT-TREK GALICIA	378	0:45:23	381	3:21:27	26.81	371	2:38:02	6:53:44	2:52:55
114	417	RODRIGO BOBIS PUENTE	LINEA DE META SKECHERS	391	1:03:00	385	12:45:25	7.06	372	2:40:22	6:55:27	2:54:38
DQ	347	JOSE ÁNGEL RACIONERO SANCHE	LICENZA DE 1 DIA	ENTRAR EN META ACOMPAÑADO								
DQ	363	RAFAEL CABAÑEROS ROBLES	TRINITY TRIATLON	NON PARAR NA AREA DE PENALIZACIÓN								
DQ	372	DANIEL PAZOS FERNANDEZ	TRISADA	NON PARAR NA AREA DE PENALIZACIÓN								
DQ	377	MANUEL VILA RIBERA	CLUB TRIATLON SAMBURIEL	NON PARAR NA AREA DE PENALIZACIÓN								
NF	283	JESÚS VILLVERDE LÓPEZ	LICENZA DE 1 DIA	175	0:34:58	181	2:34:04	35.05				
NF	285	RAMÓN VALIÑAS MARTINEZ	OLIMPICO DE VEDRA	112	0:33:15	41	2:21:43	38.11				
NF	323	MIGUEL ANGEL SOTO GARCIA	LICENZA DE 1 DIA	379	0:45:40							
NF	349	DAVID FERNANDEZ-ALVARIÑO DEL	CLUB TRIATLON MAR DE VIGO	93	0:32:37							
NF	355	JAVIER CONTRERAS AMOEDO	CLUB TRIATLON MAR DE VIGO	192	0:35:27	257	2:40:32	33.64				
NF	398	LUIS ANGEL CASTELO SANCHEZ	LICENZA DE 1 DIA	73	0:32:08							
NF	407	MARCOS SANTOS CENTENERA	CLUB TRIATLON LAS ROZAS	357	0:42:29							
NP	302	MARIANO ALVAREZ IGLESIAS	LICENZA DE 1 DIA									
NP	324	ALFONSO RIVILLA CUEVAS	PERLAS TRIATLÓN COLMENAR VIE									
NP	326	ALBERTO GONZALEZ MAHIA	NOSPORTLIMIT-TREK GALICIA									
NP	328	JESUS MARIA MARTIN CALVO	INTELLIGENT RUNNING - INTERVAL									
NP	331	JUAN JOSÉ ANDRÉS IGLESIAS	CLUB TRIATLON MORRAZO									
NP	335	MIGUEL ANGEL HERVA LÓPEZ	TRIATLON FERROL									
NP	358	FRANCISCO JAVIER TORA MIRA	LICENZA DE 1 DIA									
NP	359	JOSÉ MARÍA DÍAZ MARTÍNEZ	ENPHORMA TRIATLON SAN AGUSTI									
NP	364	ALFREDO VARGAS LÓPEZ	CENTRO ASTURIANO OVIEDO									
NP	396	JUAN PEDRO VERJAGA GÓMEZ	CLUB TRIATLON MORALZARZAL									
NP	402	JOSÉ RAMÓN MARTÍ PATIÑO	ARTROGAL-TRI 498									
NP	406	LUIS MORGADO MIRANDA	CLUB TRIATLON SAMBURIEL									

VETERANOS 2 MASCULINA

POS.	Nº	NOME	CLUB	P.	Natación	P.	Ciclismo	Km/h.	P.	Carreira	META	Dif.
1	427	JESUS ANGEL RODRIGUEZ GONZA	CLUB TRIATLON MAR DE VIGO	31	0:29:33	87	2:26:59	36.74	153	1:40:29	4:41:22	0:40:34
2	424	JULIO JOSÉ SOUTO DIZ	CLUB TRIATLON CORUÑA	183	0:35:20	156	2:32:40	35.37	101	1:36:03	4:50:33	0:49:45
3	433	FAUSTINO BLANCO MANCEBO	CLUB DEPORTIVO TRIATLON BIERZ	248	0:37:11	128	2:30:47	35.81	134	1:38:58	4:53:33	0:52:45
4	431	PAULINO JOSÉ RODRIGUEZ VILLAR	LICENZA DE 1 DIA	204	0:35:54	220	2:36:53	34.42	112	1:37:01	4:55:20	0:54:32
5	430	MANUEL TOQUERO FONTAL	MARLINS TRIATLON MADRID	33	0:30:00	129	2:30:51	35.8	263	1:50:54	4:56:39	0:55:51
6	421	MARCOS EGUIA LOUZAN	LICENZA DE 1 DIA	163	0:34:37	137	2:31:15	35.7	204	1:44:52	4:58:04	0:57:16
7	432	MANUEL PEREZ MALDONADO	SELER UNIVEST TRIATHLON TEAM	197	0:35:43	98	2:28:19	36.41	282	1:53:01	5:03:01	1:02:13
8	422	FRANCISCO JAVIER PÉREZ GÓMEZ	ALIGATORS SEYNOD TRIATHLON	134	0:34:09	274	2:42:08	33.31	184	1:43:22	5:05:10	1:04:22
9	420	GONZALO TRIUNFO DELGADO	ARTROGAL-TRI 498	253	0:37:21	230	2:37:56	34.19	226	1:46:48	5:08:01	1:07:13
10	426	JOSE VIDAL RIAL	LICENZA DE 1 DIA	298	0:38:58	341	2:52:24	31.32	96	1:35:39	5:16:49	1:16:01
11	428	LUIS REDONDO BADAS	CD TRIATLÓN BOMBEROS VALLAD	279	0:38:09	345	2:53:30	31.12	154	1:40:36	5:18:21	1:17:33
12	423	ARTURO LOPEZ LAGO	CLUB TRIATLON CORUÑA	146	0:34:18	316	2:46:55	32.35	293	1:55:19	5:23:20	1:22:32
13	435	JORGE SANMARTIN ALONSO	CLUB CICLISTA DE LA FUENTE	300	0:39:00	119	2:29:47	36.05	295	1:55:42	5:23:59	1:23:11
14	434	OSCAR SURIS REGUEIRO	CLUB TRIATLON MAR DE VIGO	227	0:36:31	333	2:51:30	31.49	286	1:53:32	5:26:44	1:25:55



15	441	JOSÉ ALFONSO VÁZQUEZ CORREA	LICENZA DE 1 DIA	386	0:48:45	335	2:51:40	31.46	181	1:43:09	5:30:56	1:30:08
16	425	ANTONIO FEDERICO SERRAT SOTO	A.D. TRI-PENTA TERRAS DE LUGO	119	0:33:32	321	2:48:21	32.08	350	2:10:42	5:37:16	1:36:28
17	429	HUMBERTO GALLIDORO DEL MONT	CLUB TRIATLON MAR DE VIGO	383	0:46:37	277	2:42:18	33.27	338	2:03:26	5:38:22	1:37:34
18	437	MANUEL MEIXEIRA PÉREZ	CLUB TRIATLÓN SALAMANCA	95	0:32:39	347	2:54:02	31.03	339	2:03:52	5:39:12	1:38:23
19	438	MANUEL PASTRANA CRUZ	MONTE PENARUBIA RUNNING LUG	382	0:45:55	353	2:55:09	30.83	290	1:54:32	5:41:21	1:40:33
20	439	RAMON MARTÍNEZ MARQUEZ	LICENZA DE 1 DIA	389	0:59:07	383	12:18:11	7.32	303	1:56:48	5:44:49	1:44:00
21	436	FERNANDO HORMAZA CANO	TRIRUNNERS GETXO	338	0:40:54	351	2:54:49	30.89	343	2:04:48	5:49:25	1:48:37
DQ	440	JUSTO GARCIA GUERRA	CLUB TRIATLON LEON	NON PARAR NA AREA DE PENALIZACIÓN								
NF	418	JUAN JOSE GONZALEZ RAMIL	CLUB TRIATLON CORUÑA	161	0:34:33							
NP	419	JAVIER RODRIGUEZ FERNANDEZ	CLUB ATLETISMO PORRIÑO									

VETERANOS 3 MASCULINA

POS.	Nº	NOME	CLUB	P.	Natación	P.	Ciclismo	Km/h.	P.	Carreira	META	Dif.
1	444	MANUEL MARTINEZ RODRIGUEZ	LICENZA DE 1 DIA	342	0:41:09	373	3:08:28	28.65	364	2:22:51	6:22:40	2:21:51
2	445	MANUEL CRUCES PRADO	CLUB DEPORTIVO PINARIUM	286	0:38:29	382	3:32:06	25.46	370	2:32:52	6:54:20	2:53:31
NF	442	JAVIER BELTRÁN MUÑOZ	LICENZA DE 1 DIA	244	0:37:10	354	2:55:26	30.78				
NF	443	EDUARDO VIEIRA MONTENEGRO	REAL CLUB NAUTICO DE VIGO	384	0:46:56	360	2:58:35	30.24				

III TRIATLON DESAFIO PASTOR ISLAS CIES, 12/09/2015
CONTROL DE VOLTAS CARREIRA A PE

Paso4	Paso3	Paso2	Paso1	Dorsal	NOMBRE	Seg1	Seg2	Seg3	T_Final	NomClub
22:04	21:20	19:54	19:42	1	RICARDO REY MARTINEZ	26:42	2:15:58	1:23:31	4:09:35	NOSPORTLIMIT-TREK GALICIA
20:45	20:02	19:54	19:27	2	JOSE MANUEL PARDO LEIS	27:07	2:15:24	1:20:40	4:06:58	TRIATLON ARTEIXO
22:45	22:49	23:08	23:17	3	FERNANDO LUIÑA VELA	27:20	2:18:28	1:32:25	4:22:56	PILONA.DEPORTE
22:06	21:04	19:51	19:56	4	LUIS MIGUEL VELASQUEZ RAMOS	22:31	2:11:36	1:23:28	4:00:49	A.D. TRI-PENTA TERRAS DE LUGO
22:05	21:42	20:35	19:45	5	CRISTÓBAL DIOS RÍOS	28:48	2:13:55	1:24:38	4:11:18	TRIATLON ARTEIXO
20:11	19:28	18:39	18:57	6	DANIEL BAYÓN LEONARDO	26:46	2:16:35	1:17:42	4:05:08	ACADEMIA CIVIL - CNSO
20:29	20:11	19:43	19:28	7	LUIS ALBERTO PAREDES COYA	29:51	2:17:53	1:20:24	4:12:05	CLUB TRIATLON MORRAZO
29:13	29:59	27:19	26:24	8	SERGI GARCIA CAMPANY	34:04	3:02:25	1:53:35	5:35:52	LICENZA DE 1 DIA
25:15	23:56	22:38	22:13	9	PABLO ZOBRA LOJO	37:18	2:35:56	1:34:33	4:52:28	CLUB TRIATLON MORRAZO
20:37	20:44	19:49	19:27	10	IÑAKI PENA-MANSO CARRAL	28:24	2:21:21	1:21:04	4:14:54	CLUB TRIATLON CORUÑA
26:13	24:37	23:52	22:53	11	ALBERTO FERNÁNDEZ BONILLA	36:23	2:28:27	1:38:11	4:47:49	TRIMAD
22:01	21:08	20:20	19:35	12	ALEJANDRO ÁLVAREZ COSTAS	31:31	2:31:32	1:23:35	4:30:34	LICENZA DE 1 DIA
31:55	32:18	29:25	30:33	13	PABLO LORENZO ROMÁN	36:43	2:45:49	2:04:52	5:34:27	LICENZA DE 1 DIA
22:47	21:59	21:43	21:22	15	JORGE DIOS RIOS	31:42	2:22:00	1:28:22	4:26:58	LICENZA DE 1 DIA
27:05	25:49	24:21	23:31	16	DIEGO DÁVILA COLLAZO	30:15	2:25:56	1:41:19	4:41:56	CLUB TRIATLON MAR DE VIGO
28:40	27:54	24:29	26:29	17	XABIER RODRÍGUEZ MARTÍNEZ	32:43	2:30:55	1:48:19	4:57:21	CLUB TRIATLO SABADELL
26:16	26:48	23:56	22:09	18	RICARDO CORES VÁZQUEZ	30:29	2:28:37	1:39:36	4:42:56	CLUB NATACION RIVEIRA
32:29	32:12	29:12	26:40	19	JORGE VICENTE GONZÁLEZ	37:25	2:41:07	2:01:16	5:25:24	LICENZA DE 1 DIA
28:40	29:39	26:50	24:45	20	DAVID VIDAL COLLAZO	37:08	2:37:57	1:50:30	5:10:04	ASOCIACION DEPORTIVA C.A.R.
24:00	23:36	21:56	21:07	21	DIEGO MARTÍN CONDE	33:22	2:16:57	1:31:06	4:25:52	LICENZA DE 1 DIA
26:02	26:21	24:38	24:22	22	RICARDO MARTÍN MARTIN	32:44	2:25:39	1:41:53	4:45:28	BICICLETAS MORENITO CDE
36:28	33:20	31:47	27:31	23	ALFONSO JOSÉ CONDE FIGUEROA	30:53	2:40:04	2:09:45	5:24:20	CLUB ATLETISMO PORRIÑO
29:17	28:36	27:31	26:37	24	ALEJANDRO RODRIGUEZ OUTEIRIÑO	36:05	2:44:13	1:52:28	5:18:33	TRI OURENSE
27:41	27:20	24:59	23:06	26	MATEO HERNÁNDEZ SOTO	38:37	2:44:26	1:43:41	5:14:47	LICENZA DE 1 DIA
22:47	21:44	21:48	21:39	27	JOSE LÓPEZ SALMERÓN	33:13	2:30:28	1:28:31	4:36:56	ABSOLUT SPORT
38:04	34:25	32:11	32:16	28	ALEJANDRO MUSEROS ALEGRE	38:25	3:06:32	2:17:48	6:12:07	LICENZA DE 1 DIA
27:25	30:12	26:34	25:36	29	JAVIER VILA PORTO	32:42	2:40:35	1:50:22	5:09:22	CLUB NATACION PONTEAREAS
30:39	29:07	26:58	24:36	30	JORGE JUAN GONZÁLEZ VÁZQUEZ	44:24	2:57:11	1:51:58	5:40:37	LICENZA DE 1 DIA
23:15	24:05	23:27	23:08	31	BRUNO CARDAMAS FREIRE	39:17	2:31:48	1:34:27	4:51:26	TRINITY TRIATLON
23:28	25:07	23:40	21:58	32	ÁLVARO SANCHIDRIÁN RIVERO	29:02	2:21:22	1:34:43	4:29:48	INDEPENDENTE
30:19	29:52	29:23	27:45	33	DANIEL IGLESIAS LÓPEZ - CARCEDC	39:31	2:40:19	1:57:57	5:23:30	LICENZA DE 1 DIA
27:07	26:02	25:37	26:48	34	PABLO DOMÍNGUEZ VILA	31:36	2:37:08	1:46:08	5:00:25	REAL CLUB NAUTICO DE VIGO
37:43	37:49	34:30	32:14	35	JORGE PEREZ PAZOS	45:20	3:13:14	2:22:52	6:28:57	LICENZA DE 1 DIA
22:54	22:33	22:09	21:45	36	ZOÉ SORIA FERNÁNDEZ	31:57	2:22:44	1:29:53	4:29:25	ABSOLUT SPORT
23:20	22:58	22:40	22:03	37	CÉSAR BARRABES REBOLLO	34:07	2:33:57	1:31:36	4:45:02	CLUB TRITRAINING
25:39	24:49	24:05	23:31	38	IGNACIO JOSE MOSQUERA AMOR	36:10	2:24:24	1:38:40	4:43:57	CLUB TRIATLON MAR DE VIGO
23:05	21:25	21:07	20:07	39	ISMAEL LÓPEZ GONZÁLEZ	24:40	2:27:12	1:26:16	4:22:49	CLUB NATACION RIVEIRA
39:33	43:44	42:29	35:40	40	FRANCISCO JAVIER GONZALEZ FAG	34:58	2:34:48	2:42:08	5:57:10	LICENZA DE 1 DIA
29:06	28:40	26:52	27:03	41	ÁLVARO MIRANDA CARBAJO	39:46	2:54:46	1:52:51	5:35:07	LICENZA DE 1 DIA
34:07	31:41	29:16	26:36	43	MIGUEL CASTRO RAMOS	32:35	2:30:59	2:02:21	5:11:02	A.D. FOGAR
28:06	26:46	25:37	23:45	44	DAVID OLIVEIRA RODRIGUEZ	31:36	2:35:00	1:44:54	4:56:04	CLUB ATLETISMO PORRIÑO
22:03	21:51	22:20	22:24	45	ELOY DE LA FUENTE OLITE	27:05	2:30:52	1:29:08	4:31:30	ABSOLUT SPORT
21:28	21:47	21:38	20:50	46	ALBERTO VÁZQUEZ OTERO	29:20	2:32:08	1:26:07	4:31:39	ARCADE INFORHOUSE SANTIAGO
32:16	31:50	29:38	27:48	47	DAVID MARTINEZ GRAÑA	34:11	2:29:23	2:02:13	5:11:54	LICENZA DE 1 DIA
34:10	35:27	32:28	32:09	48	FERNANDO MILLARA ROLÁN	35:24	2:57:40	2:14:54	5:57:04	LICENZA DE 1 DIA
29:59	28:10	27:00	26:30	49	OSCAR FREIRE BARGO	38:52	2:40:06	1:52:15	5:17:39	TEAM CORBELO
36:34	37:20	33:11	32:03	50	MIGUEL MÉNDEZ CONDE	42:58	2:55:50	2:19:49	6:06:12	LICENZA DE 1 DIA
24:30	23:59	23:22	23:01	51	PABLO REGUEIRA MARTINEZ	32:30	2:24:30	1:35:25	4:36:30	CLUB ATLETISMO PORRIÑO
23:21	22:57	22:50	22:11	52	IAGO GÓMEZ ALONSO	32:25	2:21:23	1:31:49	4:30:26	CLUB TRIATLON MORRAZO
21:46	21:31	21:02	20:41	53	GERMÁN RODAL CARAMÉS	30:02	2:42:36	1:25:27	4:42:17	LICENZA DE 1 DIA
22:01	22:02	22:02	21:16	54	ANDONI GARCÍA MATUTE	30:11	2:24:07	1:27:48	4:26:45	C.D.ATLETICO 42195.ES VITORIA-C
24:25	24:04	23:05	22:45	55	JOSE JAVIER VILELLA GARCIA	32:11	2:27:03	1:34:45	4:38:52	INDEPENDENTE
30:24	28:41	26:52	24:19	56	ADRIAN SOUSA DOMINGUEZ	42:17	2:39:41	1:50:51	5:18:57	LICENZA DE 1 DIA
24:43	22:48	22:30	21:48	57	ALEJANDRO SANTOS VARELA	34:06	2:26:48	1:32:23	4:37:54	TRINORTH-NOGASA
34:08	31:49	29:28	28:32	58	ENRIQUE HERRERO SANTANA	40:06	2:35:41	2:04:40	5:25:58	LICENZA DE 1 DIA
26:04	27:18	24:18	23:33	59	DAVID MUÑOZ GONZALEZ	35:45	2:39:25	1:41:49	5:05:20	LICENZA DE 1 DIA
30:31	29:42	27:28	26:12	60	ADRIÁN AMOEDO CORREA	34:16	2:37:46	1:54:29	5:11:32	CLUB TRIATLON MAR DE VIGO
33:21	31:30	28:04	27:31	61	MIGUEL ÁNGEL FERNÁNDEZ VARELA	39:27	2:41:49	2:01:03	5:28:41	ARCADE INFORHOUSE SANTIAGO
25:16	24:14	23:03	21:47	62	ADRIÁN CASTRO RODRÍGUEZ	34:11	2:24:55	1:34:48	4:39:08	T. MURALLA LUGO
29:58	27:52	28:08	25:56	63	ÁNGEL SERÉN CASANOVA	37:17	2:51:13	1:52:30	5:26:54	LICENZA DE 1 DIA
24:06	23:15	22:15	21:12	64	JOSE MANUEL TOME SUAREZ	32:18	2:21:53	1:31:22	4:30:47	TRIATLON COSTA DA MORTE
		20:28	19:48	65	CARLOS AVELINO LOPEZ PÉREZ	30:12	2:29:42			INDEPENDENTE
27:26	26:59	26:11	24:55	66	LUCAS FREIRE LAGE	38:31	2:38:08	1:46:06	5:10:08	LICENZA DE 1 DIA
23:45	24:10	23:36	24:02	67	IGNACIO SAINZ FERNANDEZ	36:23	2:33:21	1:36:03	4:51:15	TRIMAD
24:10	24:47	23:12	22:59	68	VÍCTOR IGLESIAS FUERTES	37:11	2:36:12	1:35:37	4:53:21	TRI OURENSE
25:37	23:13	21:56	21:50	69	ALEXIS BLANCO BRAGA	36:15	2:30:05	1:33:17	4:46:50	ACADEMIA CIVIL - CNSO
25:22	24:17	22:28	21:38	71	EDUARDO SAAVEDRA LAGARES	31:54	2:28:49	1:34:19	4:39:49	TRIATLON FERROL
25:18	26:36	25:22	26:42	72	IVAN GUTIERREZ FERNANDEZ	38:39	2:24:00	1:44:31	4:52:52	LICENZA DE 1 DIA
30:12	28:06	26:24	25:28	73	BORJA SÁNCHEZ MOLINA	30:09	2:25:52	1:50:52	4:51:42	BICICLETAS MORENITO CDE
20:59	21:05	20:49	20:51	74	ADRIÁN GONZÁLEZ BLANCO	30:12	2:20:44	1:24:08	4:20:31	CLUB TRIATLON MAR DE VIGO
27:36	25:59	25:52	25:17	75	GIOVANI GARCÍA ESTÉVEZ	43:15	2:49:14	1:45:17	5:23:35	NOSPORTLIMIT-TREK GALICIA
25:06	25:28	24:17	24:06	76	FELIX ARRANZ TORRES	34:48	2:33:12	1:39:20	4:55:11	TRIATLÓN CLAVERÍA MÓSTOLES
22:25	22:38	22:23	22:26	77	CARLOS MADEJON ARRANZ	34:42	2:28:25	1:30:23	4:40:38	SELER UNIVEST TRIATHLON TEAM
26:37	26:55	26:00	26:11	78	DOMINGO FIGUEROA CARRERA	28:04	2:50:40	1:46:18	5:11:04	LICENZA DE 1 DIA
20:46	21:30	20:47	20:01	79	ALVARO GOMEZ CARDESIN	25:18	2:17:03	1:23:39	4:09:51	ARTROGAL-TRI 498
22:37	23:23	22:27	22:20	80	FRANCISCO JAVIER ROSADO LÓPEZ	34:32	2:30:08	1:31:16	4:42:18	LICENZA DE 1 DIA
26:30	24:51	24:42	24:33	81	HUGO LATORRE SAN JOSÉ	34:24	2:33:27	1:41:07	4:55:14	LICENZA DE 1 DIA
29:48	27:36	24:35	22:03	82	GERARDO GUERRERO ACEVEDO	40:06	2:28:31	1:44:39	4:59:05	LICENZA DE 1 DIA
24:54	25:43	24:45	24:29	83	SANTIAGO ÁLVAREZ MIJARES	40:07	2:28:29	1:40:24	4:54:06	TEAM SPORT SPIRIT
25:12	27:47	23:41	22:29	84	BORJA COSTA ROJO	31:29	2:35:32	1:39:36	4:51:11	NOSPORTLIMIT-TREK GALICIA
28:24	28:15	26:27	25:08	85	ALBERTO ESCOURIDO MOAR	35:59	2:36:39	1:48:41	5:06:32	NOSPORTLIMIT-TREK GALICIA
27:00	25:04	22:08	21:07	86	GUILLERMO MARTÍNEZ VERGARA	34:31	2:34:16	1:35:55	4:50:50	C.D.B. TRIATLÓN ALCÁZAR-
25:48	24:22	24:13	24:55	87	MARTIN PENELAS SALGUEIRO	38:05	2:46:31	1:39:50	5:10:00	NOSPORTLIMIT-TREK GALICIA

III TRIATLON DESAFIO PASTOR ISLAS CIES, 12/09/2015

CONTROL DE VOLTAS CARREIRA A PE

Paso4	Paso3	Paso2	Paso1	Dorsal	NOMBRE	Seg1	Seg2	Seg3	T_Final	NomClub
23:54	22:46	22:35	22:21	88	PABLO FRANCO YANEZ	35:23	2:29:32	1:32:08	4:42:31	CLUB TRIATLON CORUNA
26:37	27:11	25:11	26:58	89	LUIS ARMAS CABEZUDO	35:48	2:46:19	1:46:28	5:15:19	LICENZA DE 1 DIA
24:41	23:59	23:17	22:32	90	DAVID JIMÉNEZ SÁNCHEZ	30:25	2:25:13	1:34:59	4:35:23	BICICLETAS MORENITO CDE
23:33	22:57	21:20	20:45	91	XABIER TRIFOL IGLESIAS	30:15	2:20:47	1:29:09	4:25:19	TRIRUNNERS GETXO
25:39	24:12	23:06	22:56	92	JONATHAN CARREÑO RODRIGUEZ	34:27	2:23:31	1:36:32	4:40:09	TEAM SPORT SPIRIT
27:54	28:32	26:31	25:32	93	FRANCISCO MANUEL RODRÍGUEZ G.	30:43	2:35:09	1:49:03	5:00:53	TRIATLON COSTA DA MORTE
24:53	24:25	22:49	21:01	94	DANIEL GIRALDO MARTINEZ	25:43	2:20:55	1:33:41	4:24:03	ACADEMIA CIVIL - CNSO
27:10	26:29	25:04	24:57	96	ANTONIO RUBIO GARCÍA	35:23	2:33:47	1:44:17	5:01:15	CLUB TRIATLON CORUÑA
28:01	26:07	24:15	23:36	99	ALEJANDRO GONZALEZ MONTERO	36:46	2:33:45	1:42:38	4:59:00	MONTE PENARUBIA RUNNING LUC
31:47	30:53	29:52	27:46	100	ALFONSO FERNÁNDEZ RODRÍGUEZ	44:21	3:02:16	2:01:00	5:56:32	LICENZA DE 1 DIA
28:06	26:57	25:30	25:14	102	DAVID LUSQUINHOS BALLESTEROS	38:44	2:36:36	1:46:25	5:07:55	LICENZA DE 1 DIA
31:12	28:59	28:40	25:22	103	OLIVER GARCÍA MATO	39:33	2:33:49	1:54:56	5:14:25	LICENZA DE 1 DIA
25:56	23:49	23:07	22:41	104	BRAIS RODRIGUEZ SANCHEZ	26:47	2:18:48	1:36:07	4:25:49	CIDADE DE LUGO FLUVIAL
34:42	33:31	31:55	30:55	105	JORGE GONZALEZ MENDEZ	50:27	3:16:12	2:11:42	6:28:01	LICENZA DE 1 DIA
30:23	30:49	28:35	27:49	106	RAFA LÓPEZ ALONSO	39:35	2:48:40	1:58:22	5:35:11	PERLAS TRIATLÓN COLMENAR VIE
32:59	31:19	29:44	27:04	107	LUCAS LAGO RODRÍGUEZ	33:24	2:44:24	2:01:42	5:25:41	LICENZA DE 1 DIA
30:16	31:05	30:32	29:48	108	ANTÓN ROMANÍ FARO	32:48	3:11:22	2:02:07	5:53:18	LICENZA DE 1 DIA
28:29	27:50	23:43	23:12	109	BORJA CONEJERO JORDAN	31:28	2:35:58	1:43:46	4:55:21	CLUB TRIATLON MAR DE VIGO
24:19	24:10	22:42	22:30	110	MARTIN PROL CAMBADOS	44:38	2:25:02	1:34:11	4:49:11	GV SPORTS CLUB
30:03	29:54	28:06	26:24	111	VICTOR RODRIGO MELO MEDINA	40:43	2:35:05	1:55:09	5:17:25	LICENZA DE 1 DIA
27:08	26:12	24:57	23:37	112	ANDRÉS BENITO GARZÓN	44:42	2:43:30	1:42:20	5:16:19	CLUB TRIATLON SAMBURIEL
27:01	26:03	24:27	24:01	113	JAVIER RODRIGUEZ GOMEZ	36:48	2:29:24	1:42:17	4:53:19	CLUB CICLISTA DE LA FUENTE
24:42	24:28	23:35	28:31	114	JORGE CAMAÑO RIBEIRO	36:17	2:32:29	1:41:53	4:56:28	CLUB TRIATLON MORRAZO
29:24	26:36	24:26	23:14	115	ALEJANDRO PEREIRA MARTINEZ	38:32	2:33:14	1:44:19	5:01:46	LICENZA DE 1 DIA
26:08	25:51	25:01	24:57	116	DANIEL JESÚS ALONSO DEL RÍO	36:22	2:32:23	1:42:31	5:00:43	LICENZA DE 1 DIA
26:54	25:28	25:24	24:48	117	JESUS FRANCISCO GOMEZ SANTOS	30:07	2:29:37	1:43:11	4:49:01	NOSPORTLIMIT-TREK GALICIA
22:39	22:54	22:48	23:15	118	RODRIGO PINTADO DEL CAMPO	32:28	2:21:25	1:32:03	4:30:48	NOSPORTLIMIT-TREK GALICIA
22:42	23:47	23:36	23:24	120	IVAN RAMOS CADIerno	32:07	2:30:44	1:34:04	4:42:35	NOSPORTLIMIT-TREK GALICIA
23:08	22:39	21:58	21:15	121	JOSÉ MANUEL FERNÁNDEZ LÓPEZ	34:08	2:14:56	1:29:29	4:22:47	AD NAUTICO DE NARON
27:51	27:08	25:48	25:43	122	FRANCISCO JAVIER FERNÁNDEZ PÉ	32:41	2:32:47	1:47:03	4:57:04	NOSPORTLIMIT-TREK GALICIA
33:14	25:29	25:17	22:59	123	MIGUEL GONZALEZ RODRIGUEZ	40:49	2:51:57	1:47:42	5:26:01	LICENZA DE 1 DIA
29:58	28:35	25:45	24:40	124	JOSE ANTONIO GOLPE IGLESIAS	30:28	2:36:28	1:49:34	5:00:37	GV SPORTS CLUB
25:33	25:42	25:06	24:29	125	NUNO MOREIRA RIBEIRO	37:40	2:55:01	1:41:19	5:21:07	LICENZA DE 1 DIA
26:10	25:41	25:04	24:26	126	ENRIQUE RAMIRO LÓPEZ	36:13	2:36:35	1:41:47	5:00:03	BICICLETAS MORENITO CDE
25:23	24:55	24:20	23:32	127	MANUEL SANTOS DOTAL	33:15	2:19:52	1:38:38	4:36:44	MONTE PENARUBIA RUNNING LUC
27:39	27:33	26:41	25:08	128	DAVID PIÑA LOPEZ	37:59	2:51:34	1:47:29	5:24:06	LICENZA DE 1 DIA
22:23	21:58	22:05	22:07	129	VICTOR MANUEL SEIJAS FOLGUEIRA	40:02	2:36:43	1:29:01	4:50:12	CIDADE DE LUGO FLUVIAL
25:32	27:11	24:59	21:56	130	JACOBO CREGO FERNANDEZ	28:15	2:16:39	1:40:13	4:29:04	OLIMPICO DE VEDRA
31:00	29:03	25:54	24:20	131	FERNANDO IGLESIAS PÉREZ	35:44	2:31:39	1:50:57	5:05:34	TRINORTH-NOGASA
32:37	28:00	27:25	25:46	132	ADRIAN QUEVEDO PEREZ	39:35	3:05:19	1:54:23	5:44:57	NOSPORTLIMIT-TREK GALICIA
23:55	24:02	22:36	21:32	133	MARCOS SUCASAS MEJUTO	34:50	2:25:31	1:32:31	4:37:25	CLUB TRIATLON MAR DE VIGO
25:11	24:28	24:02	24:02	134	ALBERTO LOPEZ CRESPO	35:16	2:37:38	1:38:21	4:56:30	NOSPORTLIMIT-TREK GALICIA
25:19	25:08	23:31	22:41	135	FERNANDO GARCIA LEMA	39:47	2:26:59	1:37:11	4:50:10	LICENZA DE 1 DIA
23:03	25:35	23:06	21:59	136	PAULO BRUNO FERNANDES	32:10	2:34:59	1:34:17	4:45:34	MCDONALDS TRI BRAGA
26:03	24:51	22:57	22:19	137	VICTOR ALONSO SAA	26:46	2:26:32	1:36:42	4:33:45	CLUB ATLETISMO PORRIÑO
26:19	25:22	24:29	23:19	138	DAVID BROULLON PIÑEIRO	36:16	2:32:51	1:40:21	4:54:52	CLUB TRIATLON MORRAZO
28:50	26:53	23:18	22:44	139	MATTHEW MURPHY-O'CONNOR CAN	28:43	2:26:30	1:42:27	4:42:39	CLUB TRIATLON LAS ROZAS
21:09	21:07	20:44	21:34	140	SERGIO GAMAZO FERNANDEZ	32:29	2:17:39	1:25:02	4:21:29	LINEA DE META SKECHERS
33:48	29:00	27:20	26:00	142	ANTÓN DAPENA PIÑEIRO	34:56	2:32:32	1:56:51	5:10:01	LICENZA DE 1 DIA
25:09	24:42	24:13	23:17	143	LUIS ARADAS LOPEZ	40:21	2:39:38	1:37:57	5:04:59	LICENZA DE 1 DIA
22:04	22:06	22:19	23:19	144	VICENTE RUBEN JIMENEZ GURREA	35:28	2:33:17	1:30:21	4:44:18	NOSPORTLIMIT-TREK GALICIA
23:09	22:33	22:06	21:50	145	SANTOS JAVIER HOLGAZ RODRÍGUEZ	36:26	2:28:41	1:30:05	4:39:35	CLUB TRIATLÓN SALAMANCA
30:16	30:56	25:01	25:01	146	MANUEL SALGUEIRO ÁLVAREZ	37:26	2:26:22	1:26:48	4:36:27	CLUB ATLETISMO PORRIÑO
26:54	26:35	26:31	25:52	147	ANGEL CARRERA CARRERA	35:45	2:35:09	1:46:29	5:05:17	LICENZA DE 1 DIA
32:22	29:47	27:33	25:50	148	DANIEL BETTENCOURT REIS	32:33	2:38:19	1:56:20	5:11:51	TRIATLO AASM
24:22	22:50	22:05	22:35	149	HUGO PACHON MORENO	29:03	2:22:15	1:32:23	4:28:56	CLUB NATACION RIVEIRA
20:25	19:57	19:47	20:03	150	RUBEN GUERRA LOPEZ	30:37	2:17:56	1:20:38	4:13:59	R.CANOE TRIATLON STORE
39:12	40:50	39:15	40:38	151	OSCAR MACIAS CAJETE	55:28	12:20:09	2:40:32	6:55:36	LICENZA DE 1 DIA
32:49	29:26	27:46	26:47	152	JAVIER LOPEZ PINO	48:31	2:47:59	1:57:29	5:40:11	CLUB TRIATLON MAR DE VIGO
31:18	29:57	27:51	26:06	153	IVAN FERNÁNDEZ GONZÁLEZ	41:44	2:43:12	1:55:44	5:27:03	OLIMPICO DE VEDRA
25:37	25:18	24:53	24:29	154	MIGUEL NOVO FERNANDEZ	35:22	2:42:18	1:40:43	5:05:19	LICENZA DE 1 DIA
24:20	25:45	25:23	25:40	155	RUBEN LOPEZ FERNANDEZ	42:40	2:31:40	1:41:34	5:01:53	TRIATLON FERROL
30:10	29:07	28:29	27:38	157	ALFONSO MARTÍN REINA	42:02	3:02:39	1:56:06	5:47:16	INDEPENDENTE
24:44	24:25	23:53	23:06	159	CARLOS RODRÍGUEZ RODRÍGUEZ	35:27	2:23:31	1:36:43	4:41:49	NOSPORTLIMIT-TREK GALICIA
59:11	59:42	48:08	36:12	160	RUI BASTOS DAS NEVES	45:46	2:59:10	3:23:49	7:15:37	LICENZA DE 1 DIA
31:07	30:16	27:58	25:58	161	ANXO SALGADO LOSADA	34:43	2:18:14	1:56:00	4:52:53	CLUB TRIATLON MAR DE VIGO
24:01	24:02	23:31	23:20	162	EUTQUIANO APARICIO MARTINEZ	34:13	2:35:44	1:35:27	4:51:58	SAN ROQUE-TRIATLON VIVEIRO
34:50	39:01	35:29	29:24	163	ANXO BEA SAMPEDRO	36:17	3:01:36	2:19:24	6:04:19	LICENZA DE 1 DIA
22:06	22:15	21:41	21:52	164	NICOLAS PICHEL CASTRO	32:46	2:24:34	1:28:21	4:30:40	A.D. FOGAR
24:55	23:51	23:18	21:42	165	GUILLERMO LOPEZ PIEDRA	31:58	2:18:41	1:34:19	4:29:11	TEAM SPORT SPIRIT
25:09	25:37	25:06	24:53	166	JUAN IGNACIO GARCIA SUAREZ	34:19	2:36:32	1:41:14	4:57:58	ACADEMIA CIVIL - CNSO
25:08	25:05	24:22	24:01	167	ZDRAVKO VITKOV YORDANOV	38:29	2:33:07	1:39:11	4:57:24	LICENZA DE 1 DIA
31:39	28:15	24:41	25:44	168	ANDONI ARCHANCO ARDANAZ	33:09	2:36:27	1:50:57	5:09:19	OET TEAM
34:41	37:54	34:57	27:31	169	DANIEL GALLEGU LANNERSKOOG	34:15	2:39:34	2:15:34	5:36:03	LICENZA DE 1 DIA
26:18	23:52	22:52	22:19	171	JOSÉ MANUEL TURNES CORDEIRO	42:29	2:52:04	1:35:54	5:17:08	NOSPORTLIMIT-TREK GALICIA
28:14	28:10	28:06	27:59	172	FERNANDO GARCÍA - CARPINTERO I	41:39	2:41:34	1:53:06	5:25:11	CLUB TRIATLON CORUÑA
27:10	26:32	25:03	24:42	173	PABLO RAMIL FREÁN	35:50	2:38:20	1:44:01	5:04:57	NOSPORTLIMIT-TREK GALICIA
23:22	23:45	23:11	22:48	174	FERNANDO LOPEZ LOPEZ	30:24	2:29:13	1:33:41	4:37:44	ARTROGAL-TRI 498
30:05	26:36	23:53	23:37	175	LUCAS TUDO SANDES	37:29	2:34:32	1:44:49	5:02:26	CLUB TRIATLON CORUÑA
31:34	31:11	28:16	27:59	177	JUAN MANUEL MIRA IGLESIAS	38:08	2:40:24	1:59:34	5:25:05	ARTROGAL-TRI 498
28:48	28:19	27:34	25:36	178	JUAN LÓPEZ CASTAÑEIRA	37:50	2:42:51	1:50:50	5:18:19	LICENZA DE 1 DIA
28:46	26:43	25:24	24:19	179	FRANCISCO DAMIÁN BLANCO GARCIA	39:03	2:39:50	1:45:42	5:11:51	TRINORTH-NOGASA
27:09	25:45	23:03	22:33	180	JUAN SEBASTIÁN DIAZ IGLESIAS	37:23	2:38:33	1:39:09	4:59:24	CLUB CICLISMO-TRIATLÓN POIO

III TRIATLON DESAFIO PASTOR ISLAS CIES, 12/09/2015**CONTROL DE VOLTAS CARREIRA A PE**

Paso4	Paso3	Paso2	Paso1	Dorsal	NOMBRE	Seg1	Seg2	Seg3	T_Final	NomClub
30:25	29:05	27:26	24:49	181	IGOR MONTERO DEL BARRIO	34:10	2:44:51	1:52:23	5:17:48	LICENZA DE 1 DIA
26:23	25:23	25:46	25:27	182	ALEXANDRE MARTINS FERREIRA	38:59	2:45:03	1:43:35	5:14:51	ASOCIACAO ACADEMICA DE SAO I
26:45	25:14	24:17	23:57	183	JACOBO CASTRO FERNÁNDEZ	35:11	2:27:31	1:41:00	4:50:17	C.T. CAMALEÓN
20:24	20:05	20:09	20:11	184	AGUSTIN RÍOS FERRADAS	27:04	2:23:47	1:21:18	4:15:27	CLUB TRIATLON MORRAZO
25:29	26:03	25:46	25:17	185	MIGUEL RODRÍGUEZ FORTES	33:56	2:51:12	1:43:13	5:14:37	POBLATS MARITIMS TRIATLÓ
27:40	28:18	27:39	27:53	187	GABRIEL IZQUIERDO GARCÍA	34:14	2:29:26	1:52:01	5:01:16	CLUB TRIATLON SAMBURIEL
25:08	23:02	23:08	22:41	188	ANTONIO GOMEZ DORRIO	24:57	2:22:02	1:34:31	4:26:07	TRISADA
26:52	25:29	24:41	24:36	189	LUCAS GONZÁLEZ ROCHA	38:34	2:30:51	1:42:14	4:58:42	NOSPORTLIMIT-TREK GALICIA
24:44	24:41	23:33	22:59	191	JOSE LUIS SANTOME COLLAZO	28:01	2:24:49	1:36:22	4:33:55	NOSPORTLIMIT-TREK GALICIA
21:26	21:16	20:44	21:09	192	CARLOS PARDO RODRÍGUEZ	32:23	2:21:17	1:25:03	4:23:00	TRIATLON P.C. RIAS BAIXAS
37:02	36:54	33:08	30:06	193	ALEJANDRO BLANCO BLANCO	37:30	2:46:46	2:17:56	5:50:21	CLUB TRIATLON CORUÑA
22:58	23:24	23:10	24:27	194	ROMÁN CICERO GONZÁLEZ	33:08	2:35:41	1:34:29	4:48:58	LICENZA DE 1 DIA
			29:40	195	CARLOS MIGUEL FIDALGO RODRIGU	41:02	2:32:03			LICENZA DE 1 DIA
23:03	23:19	22:36	22:04	196	MANUEL PASCUAL ESTEBAN	36:22	2:28:39	1:31:33	4:41:00	CLUB TRIATLON LAS ROZAS
32:40	31:28	26:59	26:35	197	JORGE PÉREZ SANDOVAL	37:23	2:36:17	1:58:11	5:18:36	TRIATLON PEÑA-ROJA
21:38	22:21	21:57	22:27	198	MANUEL IGNACIO GOMEZ ROMERO	30:16	2:30:12	1:28:51	4:33:57	CASTRILLÓN TRIATLÓN
				199	XOSÉ FERNÁNDEZ SEGURADO	34:57	2:32:57			LICENZA DE 1 DIA
	49:27	23:51	23:35	200	SALVADOR IZQUIERDO SALGUEIRO	34:45	2:26:08	1:37:27	4:42:54	CLUB TRIATLON MAR DE VIGO
24:53	23:57	22:51	22:46	201	ROBERTO PICON ESPÍÑO	34:19	2:32:34	1:35:01	4:46:22	TALLERES DAVID TRIATLON COMF
24:30	23:08	21:46	21:28	202	FABIAN UBEIRA VIDAL	27:33	2:19:00	1:31:24	4:21:55	ASOCIACION DEPORTIVA C.A.R.
27:24	25:17	23:17	22:07	203	ROMULO SOTO VÁZQUEZ	33:31	2:17:33	1:38:40	4:34:45	AXA AGENCIA GARRIGA-BEARIZ TI
21:34	21:25	21:02	20:54	204	ALBERTO LOPEZ PINO	30:16	2:18:09	1:25:27	4:18:31	CLUB TRIATLON MAR DE VIGO
23:07	23:14	22:58	22:04	205	LUIS GARCIA LÓPEZ	35:53	2:31:44	1:31:52	4:43:48	A.D. FOGAR
27:18	27:25	26:49	27:45	206	IGNACIO MONCLUS MARCELLÁN	35:34	2:44:13	1:49:56	5:15:32	STADIUM CASABLANCA-ALMOZAR
26:24	27:08	26:22	25:13	207	MIGUEL ALONSO CALVAR	34:04	2:45:48	1:45:40	5:12:27	LICENZA DE 1 DIA
32:21	22:39	22:43	20:34	209	JOSE LUIS DORADO VIÉTEZ	32:29	2:26:33	1:38:48	4:42:04	TRINORTH-NOGASA
42:42	40:02	35:49	29:50	210	EDWARD JOSÉ GONZÁLEZ VIDAL	44:25	3:09:59	2:29:11	6:33:35	LICENZA DE 1 DIA
33:43	31:41	29:52	27:10	212	PABLO FALQUINA ESPINOSA	36:11	2:49:31	2:03:07	5:34:38	A.D. ECOSPORT TRIATLON ALCOB
28:12	26:35	25:24	27:29	213	DIEGO CARRERA COSTAS	39:22	2:35:28	1:48:16	5:08:00	CLUB TRIATLON MAR DE VIGO
26:06	28:02	25:58	24:31	214	DIEGO GRANJA BNEY	36:04	3:03:09	1:45:10	5:30:04	A.D. ECOSPORT TRIATLON ALCOB
21:26	21:28	21:16	22:08	215	JOAQUIN MATEOS FUENTES	35:07	2:15:37	1:26:43	4:22:39	NOSPORTLIMIT-TREK GALICIA
30:50	27:26	26:20	26:02	216	JAVIER MAGDALENA VERA	41:19	2:31:50	1:51:21	5:10:31	CLUB TRIATLON MAR DE VIGO
33:51	32:17	28:52	25:44	217	LUIS ANTONIO MARTIN ROBLES	42:35	2:45:36	2:01:16	5:36:03	TRIATLON DUERO
25:57	25:48	24:29	24:01	219	HECTOR MERA PIÑEZ	37:10	2:41:28	1:40:51	5:05:44	TRINITY TRIATLON
26:56	26:33	25:52	27:15	222	DAVID CALVO ESTEVEZ	41:01	2:51:02	1:47:10	5:25:52	LICENZA DE 1 DIA
24:31	24:14	23:22	22:21	223	DANIEL SIEIRA BLANCO	35:18	2:32:01	1:35:00	4:47:47	LICENZA DE 1 DIA
26:48	26:04	24:12	23:13	224	MANUEL PONTE LORENZO	36:56	2:46:28	1:40:51	5:10:09	TALLERES DAVID TRIATLON COMF
24:41	25:03	23:18	21:22	225	CESAR MONTES SANCHEZ	28:06	2:23:52	1:35:14	4:31:08	CLUB TRIATLON CORUÑA
24:48	24:45	23:29	22:55	226	LUIS ALBERTO DOMINGUEZ FERNAN	34:07	2:24:47	1:36:28	4:39:52	TRI OURENSE
26:12	25:15	22:51	21:26	227	GUILLERMO TUBÍO MUÑIZ	38:07	2:46:02	1:36:17	5:07:16	LICENZA DE 1 DIA
20:39	21:03	20:35	20:26	228	ALFONSO MARTÍNEZ RUÍZ	29:14	2:24:03	1:23:12	4:21:22	C.D TRIATLON ZAMORA
26:49	26:15	25:39	25:47	229	ROBERTO ZORZO PALOMEQUE	35:34	2:52:00	1:45:05	5:18:20	BICICLETAS MORENITO CDE
23:15	23:41	22:55	22:18	230	RUBÉN GARCIA LUGONES	33:20	2:27:31	1:32:39	4:38:30	TEAM SPORT SPIRIT
27:46	27:10	27:34	27:56	231	BRUNO GOBERNA RODRÍGUEZ	37:44	2:25:43	1:51:05	5:00:14	LICENZA DE 1 DIA
26:24	23:08	21:59	21:04	232	IAGO VARA ADRIO	28:47	2:26:47	1:33:10	4:33:55	REAL CLUB NAUTICO DE VIGO
31:19	29:53	28:31	25:52	233	OSCAR DIAZ PRADO	39:46	2:45:47	1:56:13	5:27:35	CLUB TRIATLON MAR DE VIGO
27:00	25:42	24:08	23:26	234	ISAAC FRAGOSO PEREZ	36:57	2:38:52	1:40:46	5:02:58	NOSPORTLIMIT-TREK GALICIA
26:15	27:14	27:14	27:37	235	MARCOS PERISCAL REY	37:52	2:34:38	1:48:52	5:06:11	NOSPORTLIMIT-TREK GALICIA
28:41	27:35	28:08	26:24	236	ENRIQUE RODRÍGUEZ RODRÍGUEZ	35:11	2:57:46	1:51:24	5:35:19	SANSE OUTSIDERS TRIATLÓN
27:27	25:31	23:06	21:28	238	IVÁN GUERRERO HERNÁNDEZ	34:15	2:34:09	1:38:03	4:52:24	C.T. CAMALEÓN
30:46	32:38	29:31	28:23	239	LEONARDO RAMON FRANCO LAREU	43:19	2:42:15	2:01:50	5:36:23	CLUB TRIATLON MAR DE VIGO
30:26	28:34	27:26	26:01	240	JORGE VENTURA REGO	39:58	2:47:39	1:53:08	5:28:49	CLUB TRIATLON MAR DE VIGO
30:04	28:47	27:30	26:35	241	BORJA ALONSO GÓMEZ	37:08	2:44:16	1:53:27	5:22:04	PERLAS TRIATLÓN COLMENAR VIE
22:38	23:27	23:21	23:03	242	LUIS GARCÍA RIOS	38:33	2:43:23	1:32:58	5:00:24	TRINITY TRIATLON
				243	FRANCISCO SEOANE GARCIA DE SE	35:24	2:53:40			ARTROGAL-TRI 498
25:37	25:27	24:11	23:08	244	JOSÉ MIGUEL PÉREZ GARCÍA	34:50	2:29:41	1:38:54	4:48:45	CLUB TRIATLON SAMBURIEL
32:24	29:54	29:10	27:55	245	SINESIO NOVO FERNÁNDEZ	42:57	2:54:35	1:59:59	5:44:10	LICENZA DE 1 DIA
38:16	36:19	34:54	33:14	246	LUIS TRANCHO BAYON	48:51	3:00:43	2:23:25	6:25:42	FITNESS SPORTS TRIATLON
33:23	31:03	31:43	29:18	247	GUSTAVO ORTIZ ARIZA	45:23	2:47:27	2:06:09	5:46:12	C.D.E. TRIATLON J.A.S. COLMENAF
37:49	37:28	36:01	32:41	248	OSCAR PEREIRO SANESTEBAN	36:06	2:52:24	2:24:41	5:59:27	LICENZA DE 1 DIA
30:21	31:02	30:35	28:35	249	JORGE CASAL ANTÓN	39:29	2:53:17	2:01:15	5:44:06	LICENZA DE 1 DIA
23:24	23:59	23:12	22:53	250	DAVID CABEZA JAREÑO	38:38	2:36:59	1:34:01	4:56:05	CLUB TRIATLON SAMBURIEL
26:26	26:52	25:31	24:07	251	MIGUEL ÁNGEL GONZÁLEZ CAL	34:26	2:32:03	1:43:28	4:54:44	TRINITY TRIATLON
21:19	20:55	20:33	20:13	252	PABLO ALONSO FIGUEROA	32:40	2:26:15	1:23:27	4:26:33	CLUB TRIATLON MORRAZO
28:12	27:27	26:43	25:42	253	IKER CID CHASCO	41:43	2:32:56	1:48:45	5:10:25	C.D. CICLISTA VIBIKE
34:37	34:37	31:00	27:25	254	JOSE MARIA LAMELA BARCIA	42:59	2:52:07	2:08:10	5:49:22	SAN ROQUE-TRIATLON VIVEIRO
22:59	22:42	21:59	21:48	256	NUNO MIGUEL OLIVEIRA VIEIRA	31:25	2:29:33	1:29:56	4:36:33	TRIATLO AASM
21:28	21:00	20:50	20:30	257	SERGIO OLIVEIRA BOGA	28:51	2:17:05	1:24:22	4:14:28	OLIMPICO DE VEDRA
26:51	26:20	24:23	23:49	258	ANGEL PAZÓ PEREZ	35:05	2:34:18	1:42:00	4:56:18	LICENZA DE 1 DIA
27:19	27:26	26:31	26:12	259	ÁNGEL LÓPEZ LÓPEZ	42:26	2:40:53	1:48:07	5:17:23	INDEPENDENTE
25:50	25:08	24:40	24:19	260	ALEJANDRO GARCÍA LÓPEZ	31:44	2:39:29	1:40:25	4:57:10	A.D. ECOSPORT TRIATLON ALCOB
22:30	21:48	22:04	21:29	261	TEÓFILO MARCOS PEÑACOBIA	31:26	2:27:11	1:28:20	4:31:48	CLUB DEPORTIVO TRILEON
32:35	30:45	29:35	29:50	262	JUAN IGNACIO SENDINO LAMELA	40:57	2:32:12	2:03:24	5:22:41	LICENZA DE 1 DIA
28:48	27:22	25:21	23:38	263	ALBERTO ANTELO SANCHEZ	26:36	2:31:00	1:45:55	4:47:42	A.D. FOGAR
23:46	23:54	23:23	22:46	264	HERNÁN OREJAS MARTINEZ	38:08	2:42:21	1:34:20	5:01:45	LICENZA DE 1 DIA
27:17	26:42	26:26	26:26	265	RAÚL SÁNCHEZ RODRÍGUEZ	34:57	2:29:33	1:47:20	4:58:46	SANSE OUTSIDERS TRIATLÓN
				242	JUAN LUIS CARBIA MENDEZ	34:37	2:19:09			ARTROGAL-TRI 498
21:35	21:20	21:31	23:43	268	PABLO ISRAEL RODRIGUEZ LOPEZ	28:58	2:18:20	1:28:40	4:20:42	LICENZA DE 1 DIA
26:25	28:10	25:56	25:30	270	ANTONIO MERINO REQUEJO	32:49	2:34:05	1:46:37	5:00:39	TRIATLON DUERO
26:42	26:18	26:13	26:27	271	JOSE RAMON TRABAZO BARCALA	37:45	2:17:15	1:46:09	4:46:50	CLUB CICLISTA-TRIATLÓN POIO
32:33	30:28	27:30	25:22	272	JUAN ALAPONT SOLANO	38:03	2:42:34	1:56:35	5:24:26	LICENZA DE 1 DIA
27:38	28:08	27:52	28:09	273	DANIEL LÓPEZ RODRIGUEZ	36:32	2:31:53	1:52:17	5:07:30	X3M
24:23	26:00	23:44	21:56	274	JUAN LUIS FERNÁNDEZ LÓPEZ	31:34	2:27:06	1:36:34	4:41:10	CLUB TRIATLON MORRAZO

III TRIATLON DESAFIO PASTOR ISLAS CIES, 12/09/2015

CONTROL DE VOLTAS CARREIRA A PE

Paso4	Paso3	Paso2	Paso1	Dorsal	NOMBRE	Seg1	Seg2	Seg3	T_Final	NomClub
27:56	27:53	27:00	26:21	275	GUILLERMO LIAÑO VIDAL	33:33	2:45:18	1:49:42	5:17:58	TRISADA
25:54	24:10	22:08	21:36	276	JUAN ZUNZUNEGUI GUIMERANS	36:45	2:33:47	1:34:24	4:50:20	LICENZA DE 1 DIA
29:25	27:11	25:30	25:30	277	JOSE LUIS GARCIA RODRIGUEZ	37:57	2:40:31	1:48:05	5:13:12	TRISADA
27:02	26:11	24:34	26:32	278	GUSTAVO SUAREZ GULLON	35:20	2:36:12	1:44:55	5:02:38	LICENZA DE 1 DIA
30:34	28:50	27:29	27:56	279	EMILIO JOSÉ GONZÁLEZ LEMOS	38:32	2:37:00	1:55:28	5:16:53	INDEPENDENTE
				280	CARLOS CARREIRO BOULLOSA	32:32	2:22:14			INDEPENDENTE
26:34	26:23	24:40	23:57	281	JAIME MAGDALENA VERA	36:50	2:23:43	1:42:06	4:48:21	CLUB TRIATLON MAR DE VIGO
30:58	30:16	30:05	28:04	282	JAVIER DE LA TORRE FUSTES	34:13	2:30:42	2:00:09	5:12:59	LICENZA DE 1 DIA
				283	JESÚS VILLAVEDE LÓPEZ	34:58	2:34:04			LICENZA DE 1 DIA
26:19	26:02	25:43	25:24	284	RUBEN PARDO NEBRIL	32:28	2:20:35	1:44:06	4:42:45	NOSPORTLIMIT-TREK GALICIA
				285	RAMÓN VALIÑAS MARTINEZ	33:15	2:21:43			OLIMPICO DE VEDRA
25:21	26:19	24:46	24:18	286	XURXO GÓMEZ VÁZQUEZ	35:19	2:33:37	1:41:14	4:55:03	TRIATLON FERROL
24:27	23:56	22:34	21:41	287	ANTONIO FERNANDEZ PÉREZ	40:16	2:33:38	1:33:16	4:55:36	LICENZA DE 1 DIA
28:33	27:42	25:31	23:17	288	DAVID RODRIGUEZ APARICIO			1:45:42	4:51:24	LEGIOTRI
23:11	22:42	22:38	21:57	289	MIGUEL ANGEL COGOLLUDO AGUST	32:21	2:38:22	1:30:54	4:46:16	GV SPORTS CLUB
28:18	27:02	26:27	26:43	290	JAIME SAMPOL BRAZIS	32:48	2:35:22	1:49:09	5:03:24	LICENZA DE 1 DIA
24:32	24:38	24:16	23:13	291	MARCOS LÓPEZ PEREZ	38:17	2:42:33	1:37:05	5:05:18	LICENZA DE 1 DIA
27:17	26:30	25:39	25:41	292	ALBERTO TOMBO GONZÁLEZ	30:52	2:27:31	1:45:32	4:48:57	CLUB TRIATLON MAR DE VIGO
40:08	37:41	35:26	30:34	293	ALFREDO SIO UHIA	37:49	2:44:02	2:24:36	5:52:28	TRINORTH-NOGASA
39:29	36:14	31:21	28:55	294	PABLO JOSÉ PAZOS HERNÁNDEZ	37:25	2:48:49	2:16:45	5:50:21	CLUB TRIATLON CORUÑA
22:48	21:56	21:12	21:34	295	MIKEL LARRAZABAL ÁLVAREZ	32:30	2:17:39	1:28:00	4:22:31	EZKERRALDEA TRIATLOI TALDEA
22:23	22:17	22:12	22:09	296	JOSE MANUEL FERNÁNDEZ MÉNDEZ	36:43	2:43:08	1:29:29	4:53:57	INDEPENDENTE
26:44	26:36	24:52	24:42	297	PABLO MIGUEZ CORDO	36:48	2:35:52	1:43:25	5:01:03	CLUB ATLETISMO PORRIÑO
26:44	26:02	26:38	24:53	298	LUIS DÍAZ MARCOS	34:48	2:46:03	1:44:52	5:12:20	LICENZA DE 1 DIA
32:58	30:48	28:44	27:34	299	SANTIAGO NUÑEZ PAREDES	40:28	2:43:29	2:00:47	5:32:01	CLUB TRIATLON MORRAZO
23:26	23:53	23:31	22:48	300	ALFONSO LÓPEZ MARTÍNEZ	44:51	2:30:22	1:34:07	4:53:56	OLIMPICO DE VEDRA
35:46	30:08	27:37	25:58	301	MANUEL PORTO MOLLINEDO	34:04	2:37:15	2:00:20	5:18:05	ARTROGAL-TRI 498
29:25	26:09	27:45	27:21	303	JUAN CARLOS ARROYO LUELMO	30:44	2:30:40	1:51:15	4:58:34	C.D TRIATLON ZAMORA
23:03	23:08	22:56	22:22	304	JAIME TIZÓN DAVILA	31:50	2:19:14	1:31:59	4:27:27	TALLERES DAVID TRIATLON COMF
27:35	28:07	27:04	26:30	305	VICTOR DIAZ PAZ	39:49	2:35:46	1:49:56	5:12:39	LICENZA DE 1 DIA
28:41	31:58	31:03	26:20	306	ALBERTO SOTO UGALDE	39:28	2:43:05	1:58:39	5:27:20	LICENZA DE 1 DIA
31:33	29:38	28:12	26:02	307	IÑAKI DE SANTIAGO MARIN	34:03	2:56:44	1:56:03	5:32:43	CLUB TRIATLON CORUÑA
20:46	21:00	20:50	21:03	308	JOSE ANTONIO RECOUSO CAAMAÑC	37:46	2:34:03	1:24:03	4:41:44	LICENZA DE 1 DIA
26:50	27:00	25:19	24:51	309	IGNACIO SANZ RODRIGUEZ	39:57	2:57:54	1:44:32	5:28:25	CLUB TRIATLON SAMBURIEL
24:23	24:13	23:11	22:20	310	PABLO ROURA HERNÁNDEZ	30:05	2:29:46	1:34:34	4:39:46	LICENZA DE 1 DIA
23:33	23:34	22:52	21:57	311	ALFONSO MONCLUS MARCELLÁN	34:30	2:19:25	1:32:32	4:31:48	CLUB TRIATLON EUROPA
30:26	28:13	26:07	25:08	312	FRANCISCO VILLACAMPA CAAMAÑO	32:47	2:35:15	1:50:28	5:05:24	LICENZA DE 1 DIA
24:22	25:49	24:49	24:24	313	DAVID ÁLVAREZ GUTIERREZ	39:07	2:38:32	1:39:52	5:03:33	CLUB TRIATLÓN OVIEDO
25:46	24:56	24:38	24:29	314	ALBERTO SOTO CAMPOS	34:24	2:23:27	1:40:25	4:44:18	NOSPORTLIMIT-TREK GALICIA
23:09	21:56	21:11	20:26	315	SANTIAGO VALES MENDEZ	37:13	2:26:20	1:27:12	4:35:40	LICENZA DE 1 DIA
23:22	23:56	22:16	21:53	316	MARCOS BENAGES DUCH	34:14	2:23:46	1:31:59	4:35:55	CLUB ESPORTIU PRORUNNERS
25:22	24:53	23:55	23:56	317	ROBERTO OVIEDO PÉREZ	32:39	2:33:35	1:38:44	4:52:01	TRIATLON COSTA QUEBRADA
24:46	24:51	23:56	22:19	318	RICARDO AGUILAR LAUDO	33:48	2:24:14	1:36:23	4:40:08	C.D.E. TRIATLON GALAPAGAR
32:18	28:50	27:55	28:31	319	ANTONIO ABEL SEOANE ESTÉVEZ	26:30	2:34:55	1:58:19	5:04:09	CLUB CICLISMO-TRIATLÓN POIO
29:18	29:53	29:36	29:27	320	DAVID VÁZQUEZ DOCE	36:38	2:44:56	1:58:53	5:26:56	NOSPORTLIMIT-TREK GALICIA
26:01	25:56	24:08	22:58	321	JORGE ANTONIO ALVAREZ RICO	37:53	2:25:32	1:39:46	4:49:13	CLUB TRIATLON MAR DE VIGO
26:01	25:43	25:58	24:48	322	IVÁN BUENO HERMIDA	39:22	2:32:43	1:43:03	5:02:17	TRIATLON COSTA DA MORTE
27:07	26:34	25:21	24:32	325	RUBÉN FERNÁNDEZ VILLAR	42:24	2:16:20	1:44:11	4:49:43	LICENZA DE 1 DIA
24:35	22:54	21:37	20:35	327	ALBERTO CAMESELLE ALVES	36:37	2:40:37	1:30:12	4:52:18	LICENZA DE 1 DIA
22:53	22:37	21:32	20:50	329	XOSÉ CARLOS GONZÁLEZ AVIÓN	30:12	2:22:01	1:28:26	4:25:08	CIDADE DE LUGO FLUVIAL
30:48	31:33	31:06	30:21	330	FRANCISCO LORENZO RODRIGEZ	42:04	3:09:21	2:04:24	6:04:35	LICENZA DE 1 DIA
30:44	30:28	29:15	27:45	332	RICARDO SOLER VIDAL	39:15	2:54:21	1:58:48	5:40:06	LICENZA DE 1 DIA
32:56	30:37	28:53	27:28	333	JESÚS CARLOS QUINTAS BARROS	26:59	2:50:17	2:00:39	5:25:08	NOSPORTLIMIT-TREK GALICIA
29:43	29:01	27:21	24:22	334	ANTONIO REY CARBALLEIRA	33:39	2:37:56	1:51:01	5:08:18	TRIATLON MOTOBIKE PONTEVEDA
34:31	34:32	33:21	30:40	336	ALEJANDRO FUENTES FERNÁNDEZ	39:05	3:07:46	2:13:43	6:07:27	CLUB TRIATLON MAR DE VIGO
36:11	35:44	32:17	30:00	337	CARLOS OUTEDA REY	38:25	2:46:38	2:14:56	5:45:48	LICENZA DE 1 DIA
29:33	27:37	25:16	24:12	338	MANUEL MONCLUS MARCELLÁN	34:29	2:35:10	1:47:24	5:02:56	S' ESCAPADA TRIATHLON TEAM
21:44	22:17	21:49	21:57	339	LEOPOLDO LÓPEZ MAÑAS	34:12	2:32:09	1:28:17	4:40:33	C.D.E. 3STYLE TRIATLON
27:47	27:17	26:08	25:08	340	JOSE ALBERTO CASTELO SANCHEZ	35:58	2:32:49	1:46:55	5:01:50	LICENZA DE 1 DIA
25:05	25:05	24:18	23:17	341	RUBÉN SIO FERNÁNDEZ	35:13	2:16:43	1:38:16	4:34:59	CLUB ATLETISMO PORRIÑO
34:29	33:07	30:51	28:30	342	HECTOR ALBERTE LISTA	34:18	2:37:41	2:07:45	5:26:16	CLUB TRIATLON CORUÑA
28:04	28:27	27:22	25:23	343	DAVID GONZÁLEZ VINUESA	37:31	2:41:23	1:49:52	5:14:57	BICICLETAS MORENITO CDE
26:46	25:21	23:58	22:45	344	MANUEL LEIRACHA VALENTIN	45:41	2:43:51	1:39:22	5:15:12	TRIATLON FERROL
29:44	28:22	26:54	25:02	345	ENRIQUE GRIÑAN TORRADO	33:57	2:32:44	1:50:39	5:03:45	NOSPORTLIMIT-TREK GALICIA
21:47	22:09	21:39	22:02	346	SANTIAGO PALACIO FERNANDEZ	35:25	2:32:54	1:28:03	4:41:54	TEAM SPORT SPIRIT
29:06	28:41	26:53	27:03	347	JOSE ÁNGEL RACIONERO SANCHEZ	39:45	2:54:50	1:52:53	5:35:09	LICENZA DE 1 DIA
32:37	34:15	29:03	28:09	348	ELIAS ALFONSO ÁLVAREZ	42:00	2:42:02	2:04:44	5:37:06	LICENZA DE 1 DIA
32:56	30:22	29:07	26:55	350	JULIO CESAR PEREZ VAZQUEZ	37:10	2:40:47	1:59:56	5:24:02	INDEPENDENTE
24:41	24:16	24:36	24:37	351	FRANCISCO JAVIER BARREIRO COR	41:15	2:42:38	1:38:41	5:10:18	NOSPORTLIMIT-TREK GALICIA
29:28	29:36	27:56	28:52	352	RICARDO FERNÁNDEZ ROSA	37:01	2:37:59	1:56:32	5:17:24	TRISPORT GETAFE
33:50	32:14	32:14	32:17	353	JUAN JOSE PITA FRAGOSO	42:21	3:09:31	2:11:20	6:15:11	LICENZA DE 1 DIA
25:54	24:56	23:45	23:26	354	ANGEL PAZ BERMÚDEZ	32:26	2:32:59	1:38:28	4:48:22	BIKSTRADTRIATLÓN
25:23	25:22	24:26	24:02	356	FRANCISCO JAVIER MIGUEZ CARBO	34:34	2:41:04	1:39:49	5:00:42	LICENZA DE 1 DIA
27:43	28:02	26:40	24:58	357	ANTONIO FERNANDEZ DURAN	34:26	2:42:12	1:47:58	5:11:18	TRIATLON COSTA DA MORTE
39:06	36:35	33:43	31:44	360	EVARISTO JOSE PARDO PERNAS	43:18	3:02:37	2:21:47	6:17:19	LICENZA DE 1 DIA
31:43	31:18	29:37	28:49	361	ALBERTO GARCÍA OTERO	39:13	3:04:37	2:02:03	5:53:48	LICENZA DE 1 DIA
26:04	25:40	25:09	25:15	362	OSCAR MARTINEZ FERNANDEZ	31:13	2:21:41	1:42:45	4:40:10	TRINORTH-NOGASA
32:30	29:59	28:06	27:26	365	JOSE MANUEL MERA ALONSO	42:54	2:39:44	1:58:42	5:26:34	CIDADE DE LUGO FLUVIAL
28:51	27:41	27:08	26:39	366	RUBEN REIGADA SEIJO	36:13	2:37:37	1:51:00	5:13:05	LICENZA DE 1 DIA
25:22	24:54	24:29	24:32	367	JUAN MANUEL MARTINEZ RODRIGUEZ	33:08	2:34:01	1:39:54	4:52:00	CLUB DEPORTIVO TRILEON
24:30	24:10	23:42	23:03	368	JOSÉ JOAQUÍN BARRIENTOS MARTÍI	36:25	2:37:17	1:35:57	4:56:47	INDEPENDENTE
24:07	24:37	24:40	25:03	369	XOAN SANMARTIN PENA	39:26	2:28:06	1:39:01	4:53:26	C.D.KAIROSCORE
26:05	25:24	23:14	22:23	370	SANTIAGO BESADA BRUNET	38:20	2:50:07	1:37:40	5:11:23	LICENZA DE 1 DIA

III TRIATLON DESAFIO PASTOR ISLAS CIES, 12/09/2015

CONTROL DE VOLTAS CARREIRA A PE

Paso4	Paso3	Paso2	Paso1	Dorsal	NOMBRE	Seg1	Seg2	Seg3	T_Final	NomClub
27:01	28:20	27:43	26:53	371	EMILIO GONZALEZ GARCIA	36:45	2:32:11	1:50:34	5:04:33	A.D. FOGAR
37:06	37:05	34:26	31:14	372	DANIEL PAZOS FERNANDEZ	43:17	2:47:50	2:20:42	5:58:51	TRISADA
25:21	27:03	26:39	24:46	373	GABRIEL POZO JUNQUERO	31:04	2:22:02	1:44:21	4:43:19	GASTEIZKO BULLETVAN T.K.T.
26:14	25:19	22:59	22:10	374	ADRIAN CASTIÑEIRAS BUJAN	28:19	2:22:29	1:37:22	4:31:54	TRINITY TRIATLON
23:40	23:47	22:59	22:13	375	MARCOS GONZALEZ TALAVERO	32:08	2:31:08	1:33:08	4:41:34	CLUB CICLISTA RIAZOR
26:06	25:07	24:48	24:21	376	JOSÉ LUIS CASTRO CONDE	36:22	2:34:41	1:40:58	4:57:16	CLUB ATLETISMO PORRIÑO
25:06	24:25	23:13	23:56	377	MANUEL VILA RIBERA	38:39	2:26:54	1:37:14	4:48:56	CLUB TRIATLON SAMBURIEL
33:42	31:19	28:47	26:17	378	SANTIAGO FIGUEIRAS GARCIA	34:32	2:41:54	2:00:50	5:23:51	LICENZA DE 1 DIA
23:57	23:32	22:53	21:57	379	CARLOS PRADO FERNANDEZ	32:25	2:12:38	1:32:47	4:22:58	CLUB CICLISTA DE LA FUENTE
34:30	35:26	31:37	27:52	380	SANTIAGO FENOLLERA BOLÍBAR	43:21	2:53:30	2:10:05	5:52:39	CLUB TRIATLON MAR DE VIGO
24:51	24:06	23:26	23:31	381	ISIDRO SANTOS GARRIDO	34:21	2:41:56	1:36:24	4:57:44	OET TEAM
29:45	26:43	24:26	24:38	382	ROGER ARDÉVOL LATORRE	39:28	2:41:32	1:46:12	5:12:33	ABSOLUT SPORT
21:47	21:58	21:36	22:34	383	MANUEL MARIÑO CARREÑO	36:29	2:34:22	1:28:23	4:44:41	CLUB TRIATLON LEON
22:55	22:58	23:03	25:09	384	FERNANDO GARCIA MARTINEZ	35:31	2:29:27	1:34:34	4:43:34	TRIVIGO BOYER TRIATHLON
27:21	27:27	26:44	26:00	385	FERNANDO DE CELIS PUENTE	37:15	2:42:55	1:48:00	5:15:04	LICENZA DE 1 DIA
22:14	21:59	21:59	22:00	386	ROBERTO BOGA SANDE	39:08	2:13:30	1:28:43	4:26:25	TRIATLON ARTEIXO
44:01	40:45	39:38	32:54	387	OCTAVIO SUSACASA NOVAL	45:23	3:21:27	2:38:02	6:53:44	NOSPORTLIMIT-TREK GALICIA
24:03	24:36	24:47	24:12	388	ANTONIO LIBOREIRO COMESAÑA	32:17	2:26:44	1:38:07	4:43:46	LICENZA DE 1 DIA
26:58	30:11	27:16	26:41	389	CARLOS PEREZ PEREZ	38:49	2:43:29	1:51:35	5:19:39	CLUB TRIATLON MAR DE VIGO
29:27	29:30	32:07	26:36	390	JUAN MÉNDEZ LÓPEZ	34:28	2:34:24	1:58:17	5:13:16	TRISADA
28:23	28:05	27:27	25:53	391	ALVARO LORENZO-FARIÑA DOMINGI	33:20	2:28:43	1:50:27	4:58:51	INDEPENDENTE
27:51	26:51	25:24	24:05	392	JOSE RAJA RODRÍGUEZ	37:49	2:27:15	1:44:50	4:57:11	A.D. RUMBO FIJO-CICLOS BLEDA
22:00	21:58	22:08	22:17	393	RAMON ARIAS GARCIA	29:20	2:21:16	1:28:53	4:24:23	T. MURALLA LUGO
30:19	33:47	29:09	27:24	394	JOSE MANUEL MOSQUERA VELLO	36:03	2:26:09	2:01:15	5:07:59	CLUB TRIATLON MAR DE VIGO
28:26	28:25	27:41	26:46	395	CEFERINO FRANCISCO PÉREZ	39:22	2:38:33	1:51:53	5:15:33	TRIATLON DUERO
26:45	27:20	26:24	25:41	397	DIEGO SECO LAMAS	41:26	2:40:27	1:46:43	5:15:12	TRINITY TRIATLON
26:58	26:12	24:48	24:52	399	RAMÓN FERREIRO OTTIGER	38:23	2:49:23	1:43:30	5:21:51	LICENZA DE 1 DIA
28:25	28:04	25:42	23:23	400	CARLOS IGLESIAS RODRIGUEZ	37:59	2:47:34	1:46:12	5:19:10	LICENZA DE 1 DIA
26:02	25:20	23:39	23:23	401	JUAN IGNACIO GARCIA VALLEJO	33:12	2:31:04	1:38:54	4:48:08	TRI OURENSE
35:54	30:32	26:46	24:15	403	ANGEL LORENZO SAEZ	40:03	2:52:23	1:58:17	5:38:46	LICENZA DE 1 DIA
25:36	25:29	24:17	24:21	404	JUAN CARLOS RODRÍGUEZ VÁZQUE	37:43	2:17:53	1:40:17	4:40:42	C.TRIATLON OURENSE
27:53	27:40	27:21	25:58	405	ENRIQUE ARNAIZ IBARRONDO	30:11	2:41:00	1:49:25	5:07:09	INDEPENDENTE
24:54	24:48	23:51	23:08	408	ANTONIO FRANCISCO GIL ALONSO	32:37	2:36:01	1:37:08	4:51:06	LICENZA DE 1 DIA
38:55	35:00	31:02	29:44	409	CARLOS JACINTO RIAL SUAREZ	44:17	3:14:44	2:15:31	6:28:28	LICENZA DE 1 DIA
29:54	28:49	26:42	25:47	410	DEAN FLETCHER	43:14	2:31:49	1:51:55	5:13:53	CLUB CICLISTA DE LA FUENTE
32:49	30:13	29:08	26:50	411	FERNANDO ALVAREZ CID	39:30	2:40:26	1:59:37	5:27:27	LICENZA DE 1 DIA
27:39	26:40	26:07	25:55	412	FERNANDO ABREU FERNANDEZ	40:34	2:40:16	1:47:00	5:13:20	CLUB ATLETISMO PORRIÑO
22:49	22:16	22:01	21:45	413	ENRIQUE JOSE HIDALGO LUGO	31:16	2:22:39	1:29:20	4:26:52	CLUB TRIATLON MAR DE VIGO
26:40	25:51	24:45	24:36	414	ENRIQUE MUÑOZ CANTERO	34:03	2:36:40	1:43:38	5:00:27	LICENZA DE 1 DIA
28:45	27:42	24:57	25:55	415	MANUEL RODRÍGUEZ COELLO	40:11	2:42:36	1:47:57	5:16:19	LICENZA DE 1 DIA
25:49	26:42	26:39	27:08	416	PABLO MARTINEZ MAHAMUD	33:38	2:40:52	1:46:51	5:07:04	CDE BUSCADORES
39:10	40:49	39:14	40:39	417	RODRIGO BOBIS PUENTE	55:28	12:45:25	2:40:22	6:55:27	LINEA DE META SKECHERS
28:46	27:12	25:33	24:47	420	GONZALO TRIUNFO DELGADO	37:21	2:37:56	1:46:48	5:08:01	ARTROGAL-TRI 498
26:34	26:38	25:59	25:09	421	MARCOS EGUIA LOUZAN	34:37	2:31:15	1:44:52	4:58:04	LICENZA DE 1 DIA
	26:03	25:44	24:43	422	FRANCISCO JAVIER PÉREZ GÓMEZ	34:09	2:42:08	1:43:22	5:05:10	ALIGATORS SEYNOD TRIATHLON
27:39	28:55	28:55	29:15	423	ARTURO LOPEZ LAGO	34:18	2:46:55	1:55:19	5:23:20	CLUB TRIATLON CORUÑA
24:29	24:08	23:45	23:11	424	JULIO JOSÉ SOUTO DIZ	35:20	2:32:40	1:36:03	4:50:33	CLUB TRIATLON CORUÑA
35:16	33:40	31:18	29:47	425	ANTONIO FEDERICO SERRAT SOTO	33:32	2:48:21	2:10:42	5:37:16	A.D. TRI-PENTA TERRAS DE LUGO
23:46	24:42	22:59	23:44	426	JOSE VIDAL RIAL	38:58	2:52:24	1:35:39	5:16:49	LICENZA DE 1 DIA
25:22	25:33	24:14	24:50	427	JESUS ANGEL RODRIGUEZ GONZALI	29:33	2:26:59	1:40:29	4:41:22	CLUB TRIATLON MAR DE VIGO
24:40	25:13	25:05	25:05	428	LUIS REDONDO BADAS	38:09	2:53:30	1:40:36	5:18:21	CD TRIATLÓN BOMBEROS VALLAD
33:39	31:10	31:04	26:54	429	HUMBERTO GALLIDORO DEL MONTE	46:37	2:42:18	2:03:26	5:38:22	CLUB TRIATLON MAR DE VIGO
29:39	28:42	26:43	25:11	430	MANUEL TOQUERO FONTAL	30:00	2:30:51	1:50:54	4:56:39	MARLINS TRIATLON MADRID
23:57	24:19	24:00	24:14	431	PAULINO JOSÉ RODRIGUEZ VILLAR	35:54	2:36:53	1:37:01	4:55:20	LICENZA DE 1 DIA
30:23	28:54	26:57	26:06	432	MANUEL PEREZ MALDONADO	35:43	2:28:19	1:53:01	5:03:01	SELER UNIVEST TRIATHLON TEAM
25:07	24:32	24:36	24:10	433	FAUSTINO BLANCO MANCEBO	37:11	2:30:47	1:38:58	4:53:33	CLUB DEPORTIVO TRIATLON BIER
29:39	28:40	27:48	26:47	434	OSCAR SURIS REGUEIRO	36:31	2:51:30	1:53:32	5:26:44	CLUB TRIATLON MAR DE VIGO
30:09	29:27	28:19	27:06	435	JORGE SANMARTIN ALONSO	39:00	2:29:47	1:55:42	5:23:59	CLUB CICLISTA DE LA FUENTE
32:24	32:54	29:44	29:12	436	FERNANDO HORMAZA CANO	40:54	2:54:49	2:04:48	5:49:25	TRIRUNNERS GETXO
34:30	32:36	29:23	26:39	437	MANUEL MEIXEIRA PÉREZ	32:39	2:54:02	2:03:52	5:39:12	CLUB TRIATLÓN SALAMANCA
30:02	28:33	27:44	27:39	438	MANUEL PASTRANA CRUZ	45:55	2:55:09	1:54:32	5:41:21	MONTE PENARUBIA RUNNING LUC
29:02	29:43	28:44	28:44	439	RAMON MARTÍNEZ MARQUEZ	52:26	12:18:11	1:56:48	5:44:49	LICENZA DE 1 DIA
31:48	29:22	27:41	27:55	440	JUSTO GARCIA GUERRA	36:36	2:47:05	1:57:25	5:27:50	CLUB TRIATLON LEON
26:15	26:46	25:34	24:01	441	JOSÉ ALFONSO VÁZQUEZ CORREA	48:45	2:51:40	1:43:09	5:30:56	LICENZA DE 1 DIA
			29:44	442	JAVIER BELTRÁN MUÑOZ	37:10	2:55:26			LICENZA DE 1 DIA
	27:34	29:30	26:11	443	EDUARDO VIEIRA MONTENEGRO	46:56	2:58:35			REAL CLUB NAUTICO DE VIGO
35:19	36:49	36:04	33:52	444	MANUEL MARTINEZ RODRIGUEZ	41:09	3:08:28	2:22:51	6:22:40	LICENZA DE 1 DIA
41:18	41:22	35:57	33:35	445	MANUEL CRUCES PRADO	38:29	3:32:06	2:32:52	6:54:20	CLUB DEPORTIVO PINARIUM