

# I TRIATLÓN ATLÁNTICO BAIONA

## Resultados Oficiais

### ABSOLUTA FEMININA

Localidade	BAIONA			Distancia	Natación	Ciclismo	Carreira
Data	sábado, 16 de maio de 2015	Hora	19:56	Curta	1,5 Km.	40 Km.	10 Km.

#### Oficiais

Delegado Técnico:	MONICA FLORES	Xurado da Competición	MONICA FLORES - DT
Xuíz Arbitro:	ROI CUBA		LUIS PIÑA - FEGATRI
Responsable Oficiais:	ROI CUBA		JAVIER MON - TRIATLON ARTEIXO

#### Datos da competición

Temperatura exterior: 25,5 °C Temperatura da auga: 18 °C Neopreno: permitido	Natación 1,5 Km. 1 volta	Ciclismo 40 Km. 2 voltas	Carreira 10 Km. 3 voltas
Inscritos : 31	Remataron : 26	Retirados : 1	Non Presentados : 4
			Descalificados : 0

POS.	Nº	NOME	CLUB	CAT.	P. Natación	P. Ciclismo	Km/h.	P. Carreira	META	Dif.			
1	367	MARIA ORTEGA DE MIGUEL	A.D. TRI-PENTA TERRAS DE LU	ABF	1	0:21:57	2	1:13:27	32.68	2	0:38:25	<b>2:13:48</b>	
2	366	JOSELYN DANIELY BREA ABRE	A.D. TRI-PENTA TERRAS DE LU	SUB23F	5	0:26:13	1	1:13:10	32.81	1	0:37:49	<b>2:17:11</b>	0:03:24
3	381	SONIA PARIENTE BAGLIETTO	GV SPORTS CLUB	ABF	2	0:23:35	5	1:20:51	29.68	4	0:44:49	<b>2:29:15</b>	0:15:27
4	390	BLANCA LABANDEIRA FERNAND	CLUB TRIATLON MAR DE VIGO	ABF	4	0:25:56	4	1:19:37	30.15	5	0:46:28	<b>2:32:00</b>	0:18:13
5	368	MAR VILLAR ZAMUZ	TRINORTH-NOGASA	ABF	12	0:31:41	3	1:16:24	31.41	10	0:50:16	<b>2:38:20</b>	0:24:33
6	371	MARÍA MARTÍNEZ GONZÁLEZ	CLUB ATLETISMO PORRIÑO	ABF	6	0:28:22	10	1:24:19	28.47	7	0:47:54	<b>2:40:34</b>	0:26:46
7	375	MARÍA CRISTINA SANTIAGO MA	NOSPORTLIMIT-TREK GALICIA	ABF	14	0:33:00	8	1:22:16	29.18	9	0:49:11	<b>2:44:27</b>	0:30:39
8	369	MARTA BARBEITO DOMINGUEZ	A.D. FOGAR	ABF	3	0:24:07	11	1:24:56	28.26	17	0:55:37	<b>2:44:39</b>	0:30:52
9	392	PALOMA HERBELLO HERMELO	ARCADE INFORHOUSE SANTIA	V1F	11	0:31:24	12	1:26:27	27.76	8	0:48:17	<b>2:46:07</b>	0:32:20
10	372	SARA CASTILLO OÑATE	ADVENTURE BIKE /LA BAJERA	ABF	7	0:29:00	20	1:33:34	25.65	3	0:44:31	<b>2:47:04</b>	0:33:16
11	395	Mª BELEN LEMAT CABRAL	CIDADE DE LUGO FLUVIAL	V1F	25	0:42:02	6	1:21:49	29.33	6	0:47:33	<b>2:51:24</b>	0:37:36
12	378	LARA LOIS GARCÍA	GV SPORTS CLUB	ABF	20	0:36:43	7	1:22:15	29.18	16	0:54:38	<b>2:53:35</b>	0:39:48
13	386	SABELA GARCÍA ORO	NOSPORTLIMIT-TREK GALICIA	ABF	18	0:34:41	14	1:28:44	27.05	11	0:50:23	<b>2:53:46</b>	0:39:59
14	389	CRISTINA FERNÁNDEZ LÓPEZ	CLUB TRIATLON MORRAZO	ABF	15	0:33:06	15	1:28:54	27	13	0:51:58	<b>2:53:57</b>	0:40:09
15	385	LAURA ABOLLADO REGO	LICENZA 1 DÍA	ABF	9	0:30:53	19	1:33:07	25.78	12	0:51:07	<b>2:55:06</b>	0:41:19
16	387	LORENA GARCIA LAGO	CLUB TRIATLON MAR DE VIGO	ABF	10	0:31:13	16	1:30:29	26.53	15	0:54:26	<b>2:56:07</b>	0:42:19
17	370	IRENE SERRAT SEOANE	A.D. TRI-PENTA TERRAS DE LU	JNF	13	0:31:47	13	1:26:50	27.64	19	0:57:58	<b>2:56:34</b>	0:42:47
18	396	MARÍA DEL CARMEN CABALEIR	CLUB CICLISTA DE LA FUENTE	V2F	22	0:40:55	9	1:23:43	28.67	14	0:52:31	<b>2:57:08</b>	0:43:20
19	382	BEGOÑA ARRANZ GONZÁLEZ	TRINORTH-NOGASA	ABF	16	0:33:25	23	1:37:36	24.59	18	0:56:16	<b>3:07:16</b>	0:53:29
20	374	ESTEFANÍA ARIAS CEDRÓN	MONTE PENARUBIA RUNNING L	ABF	8	0:29:33	21	1:35:44	25.07	23	1:02:24	<b>3:07:40</b>	0:53:53
21	394	YOLANDA ESCARCEGA CARREI	TRIATLON MOTOBIKE PONTEV	V1F	17	0:34:19	24	1:37:36	24.59	20	0:58:11	<b>3:10:06</b>	0:56:18
22	376	MARIA LUISA RUA PRIETO	TRISADA	ABF	21	0:37:35	18	1:32:49	25.86	22	1:00:15	<b>3:10:38</b>	0:56:50
23	379	KERRIE ANN MC EVOY	INDEPENDIENTE	ABF	19	0:35:01	17	1:31:25	26.26	25	1:09:31	<b>3:15:56</b>	1:02:08
24	384	RAQUEL ZAPATA RODRIGUEZ	CLUB TRIATLON MAR DE VIGO	ABF	24	0:42:01	22	1:36:20	24.92	21	0:59:01	<b>3:17:21</b>	1:03:34
25	383	MARÍA TALLÓN GARCÍA	CLUB TRIATLON MAR DE VIGO	ABF	26	0:42:59	25	1:39:23	24.15	24	1:03:26	<b>3:25:47</b>	1:11:59
26	380	IRIA BLANCO RODRIGUEZ	GV SPORTS CLUB	ABF	23	0:41:56	26	1:47:01	22.43	26	1:16:11	<b>3:45:07</b>	1:31:19
NF	388	RUTH PÉREZ PONTE	CLUB TRIATLON MAR DE VIGO	ABF	27	0:54:57							
NP	373	BEATRIZ CUÑARRO MENDEZ	CICLISMO TRIATLON MONTE A	ABF									
NP	377	IRIA FERNANDEZ GONZALEZ	MONTE PENARUBIA RUNNING L	ABF									
NP	391	NATALIA MIGUEZ LÓPEZ	TRISADA	V1F									
NP	393	ANA MARIA LOPEZ CRUZ	TRI OURENSE	V1F									

# I TRIATLON ATLÁNTICO BAIONA

## Resultados Oficiais

### CATEGORIAS FEMININA

Localidade	BAIONA			Distancia	Natación	Ciclismo	Carreira
Data	sábado, 16 de maio de 2015	Hora	19:57	Curta	1,5 Km.	40 Km.	10 Km.

#### Oficiais

Delegado Técnico:	MONICA FLORES	Xurado da Competición	MONICA FLORES - DT
Xuíz Arbitro:	ROI CUBA		LUIS PIÑA - FEGATRI
Responsable Oficiais:	ROI CUBA		JAVIER MON - TRIATLON ARTEIXO

#### Datos da competición

Temperatura exterior: 25,5 °C Temperatura da auga: 18 °C Neopreno: permitido	Natación 1,5 Km. 1 volta	Ciclismo 40 Km. 2 voltas	Carreira 10 Km. 3 voltas
Inscritos : 31	Remataron : 26	Retirados : 1	Non Presentados : 4
			Descalificados : 0

## JUNIOR FEMININA

POS.	Nº	NOME	CLUB	P.	Natación	P.	Ciclismo Km/h.	P.	Carreira	META	Dif.
1	370	IRENE SERRAT SEOANE	A.D. TRI-PENTA TERRAS DE LUGO	13	0:31:47	13	1:26:50 27.64	19	0:57:58	<b>2:56:34</b>	0:42:47

## SUB-23 FEMININA

POS.	Nº	NOME	CLUB	P.	Natación	P.	Ciclismo Km/h.	P.	Carreira	META	Dif.
1	366	JOSELYN DANIELY BREA ABREU	A.D. TRI-PENTA TERRAS DE LUGO	5	0:26:13	1	1:13:10 32.81	1	0:37:49	<b>2:17:11</b>	0:03:24

## VETERANAS 1 FEMININA

POS.	Nº	NOME	CLUB	P.	Natación	P.	Ciclismo Km/h.	P.	Carreira	META	Dif.
1	392	PALOMA HERBELLO HERMELO	ARCADE INFORHOUSE SANTIAGO	11	0:31:24	12	1:26:27 27.76	8	0:48:17	<b>2:46:07</b>	0:32:20
2	395	Mª BELEN LEMAT CABRAL	CIDADE DE LUGO FLUVIAL	25	0:42:02	6	1:21:49 29.33	6	0:47:33	<b>2:51:24</b>	0:37:36
3	394	YOLANDA ESCARCEGA CARREIR	TRIATLON MOTOBIKE PONTEVEDRA	17	0:34:19	24	1:37:36 24.59	20	0:58:11	<b>3:10:06</b>	0:56:18
NP	391	NATALIA MIGUEZ LÓPEZ	TRISADA								
NP	393	ANA MARIA LOPEZ CRUZ	TRI OURENSE								

## VETERANAS 2 FEMININA

POS.	Nº	NOME	CLUB	P.	Natación	P.	Ciclismo Km/h.	P.	Carreira	META	Dif.
1	396	MARÍA DEL CARMEN CABALEIRO	CLUB CICLISTA DE LA FUENTE	22	0:40:55	9	1:23:43 28.67	14	0:52:31	<b>2:57:08</b>	0:43:20

# I TRIATLON ATLÁNTICO BAIONA

## Resultados Oficiais

### ABSOLUTA MASCULINA

Localidade	BAIONA			Distancia	Natación	Ciclismo	Carreira
Data	sábado, 16 de maio de 2015	Hora	21:22	Curta	1,5 Km.	40 Km.	10 Km.

#### Oficiais

Delegado Técnico:	MONICA FLORES	Xurado da Competición	MONICA FLORES - DT
Xuíz Arbitro:	ROI CUBA		LUIS PIÑA - FEGATRI
Responsable Oficiais:	ROI CUBA		JAVIER MON - TRIATLON ARTEIXO

#### Datos da competición

Temperatura exterior: 25,5 °C Temperatura da auga: 18 °C Neopreno: permitido	Natación 1,5 Km. 1 volta	Ciclismo 40 Km. 2 voltas	Carreira 10 Km. 3 voltas
Inscritos : 362	Remataron : 293	Retirados : 20	Non Presentados : 43
			Descalificados : 6

POS.	Nº	NOME	CLUB	CAT.	P. Natación	P. Ciclismo	Km/h.	P. Carreira	META	Dif.
1	1	UXIO ABUIN ARES	TRIATLON ARTEIXO	ABM	1 0:18:30	2 1:03:57	37.54	2 0:33:17	<b>1:55:42</b>	
2	2	CESAR RAMIRO SARACHO RAVEL	TRIATLON ARTEIXO	SUB23M	4 0:21:05	44 1:11:01	33.8	1 0:32:35	<b>2:04:40</b>	0:08:58
3	3	JOSE RICARDO VEGA CEBRIAN	TRIATLON ARTEIXO	SUB23M	3 0:21:01	14 1:07:53	35.36	4 0:35:48	<b>2:04:41</b>	0:08:59
4	9	RICARDO REY MARTINEZ	NOSPORTLIMIT-TREK GALICI	ABM	11 0:22:12	3 1:04:16	37.35	10 0:38:25	<b>2:04:52</b>	0:09:10
5	10	LUIS ALBERTO PAREDES COYA	CLUB TRIATLON MORRAZO	V1M	32 0:24:26	6 1:06:08	36.29	6 0:36:15	<b>2:06:48</b>	0:11:06
6	8	FABIAN UBEIRA VIDAL	ASOCIACIÓN DEPORTIVA C.A.	ABM	10 0:22:07	12 1:06:55	35.87	22 0:39:42	<b>2:08:44</b>	0:13:02
7	27	BRAIS MISA GARCÍA	CLUB ATLETISMO PORRIÑO	ABM	33 0:24:29	5 1:06:01	36.36	12 0:38:35	<b>2:09:04</b>	0:13:22
8	6	LUCAS ESCANEO MACIÑEIRAS	CLUB TRIATLON MORRAZO	ABM	9 0:21:46	8 1:06:15	36.23	40 0:41:26	<b>2:09:26</b>	0:13:44
9	94	JOSÉ ÁNGEL PENAS TALLÓN	TRINITY TRIATLON	ABM	34 0:24:32	18 1:09:08	34.72	5 0:35:58	<b>2:09:37</b>	0:13:55
10	7	JUAN FRANCISCO FERNANDEZ M	CICLISMO TRIATLON MONTE	ABM	16 0:23:18	10 1:06:22	36.16	31 0:40:36	<b>2:10:15</b>	0:14:33
11	313	MANUEL JESUS GAYOSO REAL	T. MURALLA LUGO	V1M	22 0:23:43	15 1:08:04	35.26	15 0:38:44	<b>2:10:30</b>	0:14:48
12	112	ALBERTO ALVAREZ BENDAÑA	T. MURALLA LUGO	ABM	19 0:23:25	31 1:10:23	34.1	8 0:37:32	<b>2:11:20</b>	0:15:38
13	142	ENRIQUE MORAN GONZALEZ	CLUB ATLETISMO PORRIÑO	ABM	66 0:27:10	9 1:06:16	36.22	9 0:38:03	<b>2:11:28</b>	0:15:47
14	20	CRISTÓBAL DIOS RÍOS	TRIATLON ARTEIXO	ABM	40 0:25:05	11 1:06:53	35.89	21 0:39:42	<b>2:11:38</b>	0:15:57
15	49	DIEGO PÉREZ VEITES	TRINORTH-NOGASA	ABM	35 0:24:33	13 1:07:03	35.8	52 0:41:50	<b>2:13:24</b>	0:17:42
16	169	IAGO VARA ADRIO	REAL CLUB NÁUTICO DE VIG	ABM	26 0:23:50	32 1:10:24	34.1	23 0:39:48	<b>2:14:01</b>	0:18:19
17	300	CARLOS PRADO FERNANDEZ	CLUB CICLISTA DE LA FUENT	V1M	82 0:27:22	7 1:06:14	36.24	29 0:40:26	<b>2:14:02</b>	0:18:20
18	149	MANUEL FERNANDO ABUÍN ROUC	T. MURALLA LUGO	ABM	122 0:28:06	4 1:05:13	36.81	34 0:40:49	<b>2:14:07</b>	0:18:26
19	348	ANDRES LOPEZ TORRES	CICLISMO TRIATLON MONTE	V2M	36 0:24:33	51 1:11:41	33.48	17 0:39:17	<b>2:15:31</b>	0:19:49
20	185	SERGIO OLIVEIRA BOGA	OLIMPICO DE VEDRA	ABM	86 0:27:24	17 1:08:23	35.1	26 0:40:00	<b>2:15:46</b>	0:20:04
21	154	JOSE LUIS DORADO VIÉITEZ	TRINORTH-NOGASA	ABM	72 0:27:14	35 1:10:32	34.03	11 0:38:31	<b>2:16:16</b>	0:20:34
22	189	RAMON LOPEZ ROUCO	T. MURALLA LUGO	ABM	17 0:23:23	33 1:10:32	34.03	73 0:43:12	<b>2:17:05</b>	0:21:24
23	195	ALEJANDRO GONZALEZ BUCETA	TRINORTH-NOGASA	ABM	115 0:27:50	25 1:09:52	34.36	25 0:39:55	<b>2:17:36</b>	0:21:54
24	269	FRANCISCO JAVIER RAMOS BOTA	CIDADE DE LUGO FLUVIAL	V1M	128 0:28:16	21 1:09:22	34.61	27 0:40:00	<b>2:17:36</b>	0:21:55
25	72	LUCIANO JESÚS CARRETERO SA	TRINITY TRIATLON	ABM	106 0:27:39	23 1:09:30	34.54	33 0:40:45	<b>2:17:53</b>	0:22:11
26	62	SERGIO GONZALEZ CAMPOS	CLUB ATLETISMO PORRIÑO	ABM	101 0:27:33	26 1:09:53	34.34	30 0:40:31	<b>2:17:56</b>	0:22:14
27	238	ENRIQUE GOCE PEREIRA	OLIMPICO DE VEDRA	V1M	156 0:29:33	28 1:10:13	34.18	13 0:38:39	<b>2:18:24</b>	0:22:42
28	93	VICTOR ALONSO SAA	CLUB ATLETISMO PORRIÑO	ABM	13 0:22:16	100 1:14:39	32.16	45 0:41:32	<b>2:18:26</b>	0:22:45
29	337	ENRIQUE JOSE HIDALGO LUGO	CLUB TRIATLON MAR DE VIG	V1M	58 0:26:52	38 1:10:43	33.94	36 0:40:54	<b>2:18:28</b>	0:22:47
30	137	ANTONIO GOMEZ DORRIO	TRISADA	ABM	7 0:21:32	65 1:12:45	32.99	94 0:44:16	<b>2:18:32</b>	0:22:50
31	314	RAMON ARIAS GARCIA	T. MURALLA LUGO	V1M	28 0:24:08	58 1:12:12	33.25	64 0:42:55	<b>2:19:14</b>	0:23:32
32	244	XOSÉ CARLOS GONZÁLEZ AVIÓN	CIDADE DE LUGO FLUVIAL	V1M	59 0:26:54	39 1:10:48	33.9	54 0:42:02	<b>2:19:43</b>	0:24:01
33	321	JOSE RAMON JACOME MAZAS	TRIATLON P.C. RIAS BAIXAS	V1M	69 0:27:12	36 1:10:35	34.01	57 0:42:23	<b>2:20:09</b>	0:24:27
34	320	JAVIER FONTAO AGEITOS	CLUB NATACION RIVEIRA	V1M					<b>2:20:10</b>	0:24:29
35	14	UXÍO FERNÁNDEZ HERMO	TRINORTH-NOGASA	SUB23M	78 0:27:21	57 1:12:11	33.25	35 0:40:54	<b>2:20:25</b>	0:24:43
36	333	NICOLAS BAYON MELEIRO	CIDADE DE LUGO FLUVIAL	V1M	23 0:23:44	29 1:10:18	34.14	137 0:46:27	<b>2:20:28</b>	0:24:46
37	188	JAIME VAZQUEZ MEIJIDE	CIDADE DE LUGO FLUVIAL	ABM	79 0:27:21	81 1:13:41	32.58	20 0:39:38	<b>2:20:40</b>	0:24:58
38	114	ENRIQUE MUIÑOS REYES	ARTROGAL-TRI498	ABM	74 0:27:16	56 1:12:09	33.27	44 0:41:29	<b>2:20:54</b>	0:25:12
39	12	DAVID LISTE VÁZQUEZ	TALLERES DAVID TRIATLON	JNM	6 0:21:19	112 1:15:19	31.87	97 0:44:33	<b>2:21:10</b>	0:25:28
40	208	DIEGO SOTELO FERNANDEZ	C. TRIATLON OURENSE	V1M	5 0:21:19	62 1:12:34	33.08	155 0:47:27	<b>2:21:19</b>	0:25:37
41	340	JOSE LUIS NESPEREIRA GOMEZ	C. TRIATLON OURENSE	V1M	190 0:31:04	22 1:09:22	34.6	46 0:41:35	<b>2:22:00</b>	0:26:18

POS.	Nº	NOME	CLUB	CAT.	P.	Natación	P.	Ciclismo	Km/h.	P.	Carreira	META	Dif.
42	123	JAVIER FERNANDEZ FERNANDEZ	INDEPENDIENTE	ABM	213	0:31:43	20	1:09:19	34.63	38	0:41:10	2:22:11	0:26:29
43	136	PEDRO GINÉS BLANCO	CICLISMO TRIATLON MONTE	ABM	70	0:27:12	24	1:09:49	34.38	115	0:45:15	2:22:15	0:26:33
44	257	MARCOS ANTONIO UBEIRA VIDAL	ASOCIACIÓN DEPORTIVA C.A.	V1M	125	0:28:11	73	1:13:09	32.81	37	0:40:56	2:22:16	0:26:34
45	242	CRISTÓBAL CACHEDA CHOUZA	TEAM CORBELO	V1M	162	0:30:01	42	1:10:52	33.87	42	0:41:28	2:22:19	0:26:37
46	175	FRANCISCO JAVIER ALVAREZ CO	CLUB TRIATLON MAR DE VIG	ABM	121	0:28:05	64	1:12:41	33.02	48	0:41:39	2:22:24	0:26:42
47	183	PABLO ALONSO FIGUEROA	CLUB TRIATLON MORRAZO	ABM	160	0:29:56	69	1:13:03	32.86	19	0:39:30	2:22:28	0:26:47
48	200	JUAN LUIS FERNÁNDEZ LÓPEZ	CLUB TRIATLON MORRAZO	ABM	51	0:26:23	94	1:14:24	32.26	49	0:41:45	2:22:31	0:26:49
49	251	ARTURO RAMOS FERROL	TALLERES DAVID TRIATLON	V1M	194	0:31:11	43	1:10:54	33.85	32	0:40:39	2:22:43	0:27:02
50	177	GONZALO FERNÁNDEZ ALBERTE	AXA AGENCIA GARRIGA-BEA	ABM	154	0:29:17	107	1:14:47	32.1	14	0:38:42	2:22:45	0:27:03
51	140	JOSE LUIS SANTOME COLLAZO	NOSPORTLIMIT-TREK GALICI	ABM	24	0:23:46	66	1:12:49	32.96	135	0:46:20	2:22:55	0:27:13
52	143	MANUEL CASTRO RODRÍGUEZ	CLUB ATLETISMO PORRIÑO	ABM	8	0:21:42	45	1:11:05	33.76	200	0:50:23	2:23:10	0:27:28
53	223	JAIME TIZÓN DAVILA	TALLERES DAVID TRIATLON	V1M	99	0:27:32	53	1:11:58	33.35	84	0:43:44	2:23:13	0:27:31
54	105	HUGO PACHON MORENO	CLUB NATACION RIVEIRA	ABM	39	0:25:02	105	1:14:44	32.12	80	0:43:37	2:23:22	0:27:40
55	77	RODRIGO PINTADO DEL CAMPO	NOSPORTLIMIT-TREK GALICI	ABM	88	0:27:26	84	1:13:49	32.51	55	0:42:10	2:23:24	0:27:43
56	113	ENRIQUE CRESPO PAZOS	ASOCIACIÓN DEPORTIVA C.A.	ABM	146	0:28:54	34	1:10:32	34.03	90	0:44:01	2:23:26	0:27:44
57	64	BORJA CONEJERO JORDAN	CLUB TRIATLON MAR DE VIG	ABM	44	0:25:41	98	1:14:36	32.17	71	0:43:12	2:23:29	0:27:47
58	86	MANUEL SANTOS DOCAL	MONTE PENARUBIA RUNNIN	ABM	135	0:28:27	30	1:10:18	34.14	102	0:44:45	2:23:29	0:27:47
59	210	FLORINDO JOSE GONZALEZ GONZ	AXA AGENCIA GARRIGA-BEA	V1M	117	0:27:57	48	1:11:36	33.53	92	0:44:05	2:23:37	0:27:55
60	152	ROMULO SOTO VÁZQUEZ	AXA AGENCIA GARRIGA-BEA	ABM	100	0:27:33	40	1:10:51	33.88	116	0:45:19	2:23:41	0:28:00
61	264	FERNANDO REGO PÉREZ	INDEPENDIENTE	V1M	98	0:27:31	86	1:13:57	32.45	59	0:42:34	2:24:02	0:28:20
62	91	MARCOS COSTA PEREIRA	CIDADE DE LUGO FLUVIAL	ABM	139	0:28:41	60	1:12:22	33.17	68	0:43:07	2:24:09	0:28:28
63	291	DAVID VAZQUEZ RODRIGUEZ	TRI OURENSE	V1M	110	0:27:42	54	1:12:00	33.34	96	0:44:33	2:24:13	0:28:31
64	336	PEDRO LISTA SUÁREZ	CLUB CICLISTA RIAZOR	V1M	108	0:27:40	78	1:13:28	32.67	70	0:43:11	2:24:18	0:28:36
65	54	LÚIS TEMBRA PENEIREIRO	CLUB NATACION RIVEIRA	ABM	62	0:27:03	147	1:17:24	31.01	24	0:39:54	2:24:20	0:28:38
66	36	IAGO GÓMEZ ALONSO	CLUB TRIATLON MORRAZO	ABM	55	0:26:45	71	1:13:09	32.81	98	0:44:34	2:24:26	0:28:44
67	133	AGUSTIN RIOS FERRADAS	CLUB TRIATLON MORRAZO	ABM	20	0:23:29	161	1:17:58	30.78	69	0:43:08	2:24:34	0:28:52
68	216	MIGUEL ANGEL COGOLLUDO AGU	GV SPORTS CLUB	V1M	85	0:27:24	117	1:15:54	31.63	41	0:41:27	2:24:44	0:29:02
69	179	ANTONIO LIEBANAS MENDEZ	LICENZA 1 DÍA	ABM	137	0:28:32	177	1:19:03	30.36	7	0:37:16	2:24:50	0:29:08
70	306	ROBERTO BOGA SANDE	TRIATLON ARTEIXO	V1M	246	0:33:50	16	1:08:05	35.26	78	0:43:28	2:25:22	0:29:41
71	349	JESÚS ÁNGEL RODRÍGUEZ GONZ	CLUB TRIATLON MAR DE VIG	V2M	37	0:24:58	148	1:17:27	30.99	66	0:43:01	2:25:25	0:29:43
72	192	JESÚS FIGUEROA FERNANDEZ	ASOCIACIÓN DEPORTIVA C.A.	ABM	112	0:27:48	115	1:15:41	31.71	53	0:41:58	2:25:26	0:29:44
73	155	JOSE ANGEL DÍAZ BAUTISTA	CLUB TRIATLON CORUÑA	ABM	172	0:30:28	121	1:16:02	31.57	18	0:39:24	2:25:53	0:30:12
74	34	GUILLERMO MOSQUERA VICENTE	LICENZA 1 DÍA	ABM	49	0:26:09	82	1:13:42	32.57	131	0:46:12	2:26:02	0:30:20
75	50	DIEGO GONZÁLEZ GONZÁLEZ	C. TRIATLON OURENSE	ABM	192	0:31:06	76	1:13:21	32.72	50	0:41:46	2:26:13	0:30:31
76	148	ROBERTO PICON ESPÍÑO	TALLERES DAVID TRIATLON	ABM	132	0:28:20	110	1:15:07	31.95	61	0:42:49	2:26:15	0:30:33
77	324	JOSE JAVIER GOMEZ IGLESIAS	TRI OURENSE	V1M	236	0:33:22	27	1:09:56	34.32	67	0:43:05	2:26:22	0:30:40
78	138	JOSE ANTONIO MARTINEZ PEREZ	CLUB CICLISTA DE LA FUENT	ABM	141	0:28:47	113	1:15:19	31.87	60	0:42:35	2:26:39	0:30:58
79	37	HECTOR FERNANDEZ RABANAL	LICENZA 1 DÍA	ABM	116	0:27:53	92	1:14:09	32.37	101	0:44:44	2:26:45	0:31:03
80	90	FRANCISCO SANCHEZ MENDEZ	LICENZA 1 DÍA	ABM	63	0:27:03	37	1:10:37	33.99	179	0:49:09	2:26:49	0:31:07
81	63	MARCOS ROGELIO ALONSO GONZ	LICENZA 1 DÍA	ABM	183	0:30:52	119	1:15:59	31.59	28	0:40:04	2:26:55	0:31:13
82	259	ANTONIO REY CARBALLEIRA	TRIATLON MOTOBike PONTE	V1M	92	0:27:28	89	1:14:04	32.4	120	0:45:30	2:27:02	0:31:20
83	24	ALBERTO GÓMEZ VILA	AXA AGENCIA GARRIGA-BEA	ABM	210	0:31:38	68	1:12:59	32.89	58	0:42:28	2:27:04	0:31:22
84	174	VICTOR MANUEL MOURIÑO FORT	CLUB ATLETISMO PORRIÑO	ABM	45	0:25:42	93	1:14:12	32.35	153	0:47:22	2:27:15	0:31:33
85	350	JOSE MANUEL OTERO FERNANDE	T. MURALLA LUGO	V2M	46	0:26:02	124	1:16:18	31.46	109	0:44:58	2:27:16	0:31:35
86	59	BRUNO SOUTO PÉREZ	NOSPORTLIMIT-TREK GALICI	ABM	111	0:27:45	79	1:13:33	32.63	129	0:46:05	2:27:23	0:31:41
87	283	ANGEL PAZ BERMÚDEZ	BIKESTRADA TRIATLÓN	V1M	52	0:26:24	140	1:17:00	31.17	89	0:44:00	2:27:24	0:31:42
88	18	ADRIÁN FERNÁNDEZ GARCÍA	TRISADA	SUB23M	77	0:27:20	67	1:12:58	32.9	148	0:47:08	2:27:26	0:31:44
89	28	SERGIO GILHERME SOUSA ALPIU	PEDALARTE	ABM	94	0:27:29	72	1:13:09	32.81	142	0:46:49	2:27:26	0:31:44
90	32	DAVID DIZ FERREIRA	LICENZA 1 DÍA	ABM	157	0:29:38	91	1:14:08	32.38	85	0:43:46	2:27:32	0:31:50
91	104	MANUEL SALGUEIRO ÁLVAREZ	CLUB ATLETISMO PORRIÑO	ABM	178	0:30:37	41	1:10:51	33.87	136	0:46:27	2:27:54	0:32:13
92	211	RUBEN PARDO NEBRIL	NOSPORTLIMIT-TREK GALICI	V1M	54	0:26:41	70	1:13:03	32.86	166	0:48:14	2:27:57	0:32:16
93	280	SANTIAGO GARCÍA VILAS	CIDADE DE LUGO FLUVIAL	V1M	177	0:30:36	85	1:13:50	32.51	83	0:43:44	2:28:09	0:32:27
94	111	DAVID CASTRO GRAIÑO	INDEPENDIENTE	ABM	179	0:30:39	102	1:14:40	32.15	62	0:42:54	2:28:11	0:32:29
95	31	ROI MARTINEZ MARTIN	LICENZA 1 DÍA	ABM	105	0:27:37	77	1:13:28	32.67	147	0:47:07	2:28:11	0:32:29
96	52	FEDERICO RAMON LAMAS LIEB	C. TRIATLON OURENSE	ABM	225	0:32:31	59	1:12:20	33.19	76	0:43:23	2:28:13	0:32:31
97	122	RUBEN ALVAREZ IGLESIAS	TRIVIGO BOYER TRIATHLON	ABM	103	0:27:34	74	1:13:10	32.8	160	0:47:45	2:28:28	0:32:46
98	118	FELIPE VEIGA JALDA	CLUB TRIATLON MORRAZO	ABM	64	0:27:04	132	1:16:32	31.36	107	0:44:57	2:28:31	0:32:50
99	89	DAVID SANISIDRO REGO	CLUB NATACION RIVEIRA	ABM	76	0:27:20	87	1:14:00	32.44	151	0:47:19	2:28:39	0:32:57
100	331	MIGUEL CARBALLO GONZÁLEZ	TRI OURENSE	V1M	56	0:26:48	149	1:17:29	30.98	95	0:44:26	2:28:41	0:32:59
101	194	ENRIQUE VIÑAS ROMERO	CLUB TRIATLON MORRAZO	ABM	96	0:27:30	120	1:16:02	31.57	112	0:45:10	2:28:41	0:33:00
102	147	SALVADOR IZQUIERDO SALGUEIR	CLUB TRIATLON MAR DE VIG	ABM	161	0:29:57	90	1:14:05	32.4	108	0:44:57	2:28:59	0:33:17
103	267	GUILLERMO SOTELO JUNCAL	CLUB TRIATLON MORRAZO	V1M	223	0:32:27	46	1:11:20	33.65	117	0:45:20	2:29:06	0:33:24
104	157	JOSE ANTONIO QUINTAS CASTRO	LICENZA 1 DÍA	ABM	143	0:28:48	61	1:12:26	33.14	163	0:47:56	2:29:09	0:33:27
105	212	RAMÓN VALIÑAS MARTINEZ	OLIMPICO DE VEDRA	V1M	150	0:28:57	49	1:11:37	33.51	168	0:48:36	2:29:09	0:33:28
106	318	HUMBERTO DIEGUEZ CONSTENLA	LICENZA 1 DÍA	V1M	53	0:26:28	211	1:21:30	29.45	43	0:41:29	2:29:26	0:33:44



POS.	Nº	NOME	CLUB	CAT.	P.	Natación	P.	Ciclismo	Km/h.	P.	Carreira	META	Dif.
172	61	ISAAC GUERRA TEIJEIRO	CLUB DEPORTIVO PINARIUM	ABM	216	0:32:05	219	1:22:02	29.26	100	0:44:44	2:38:49	0:43:08
173	156	MANUEL PONTE LORENZO	TALLERES DAVID TRIATLON	ABM	189	0:30:59	218	1:22:00	29.27	127	0:45:54	2:38:52	0:43:10
174	45	MIGUEL CORTIZO BOULLOSA	ASOCIACIÓN DEPORTIVA C.A.	ABM	173	0:30:29	243	1:23:31	28.74	103	0:44:53	2:38:53	0:43:11
175	249	IGNACIO DELGADO RODRIGUEZ	C. TRIATLON OURENSE	V1M	256	0:33:59	125	1:16:19	31.45	172	0:48:44	2:39:00	0:43:18
176	234	JORGE ANTONIO ALVAREZ RICO	CLUB TRIATLON MAR DE VIG	V1M	255	0:33:58	163	1:18:04	30.75	149	0:47:09	2:39:11	0:43:29
177	106	PABLO OTERO PIÑEIRO	CLUB TRIATLON MORRAZO	ABM	159	0:29:42	233	1:22:48	28.99	145	0:46:55	2:39:25	0:43:43
178	129	LUIS IGLESIAS ALVAREZ	LICENZA 1 DÍA	ABM	243	0:33:49	156	1:17:46	30.86	162	0:47:56	2:39:30	0:43:48
179	153	ALBERTO GIL RIOBO	CLUB TRIATLON MORRAZO	ABM	185	0:30:55	185	1:19:26	30.22	183	0:49:11	2:39:32	0:43:50
180	260	JOAQUIN MINIÑO MARTINEZ	LICENZA 1 DÍA	V1M	272	0:35:10	171	1:18:47	30.47	124	0:45:45	2:39:42	0:44:00
181	30	FRANCISCO GONZALEZ FAGUNDE	LICENZA 1 DÍA	ABM	163	0:30:03	146	1:17:19	31.04	236	0:52:24	2:39:45	0:44:03
182	29	ANTONIO RODRIGUEZ FERNANDE	CLUB DEPORTIVO PINARIUM	ABM	186	0:30:56	237	1:22:59	28.92	126	0:45:53	2:39:48	0:44:06
183	207	JAIME MAGDALENA VERA	CLUB TRIATLON MAR DE VIG	ABM	260	0:34:23	157	1:17:47	30.86	157	0:47:40	2:39:49	0:44:07
184	271	DAVID FERNANDEZ-ALVARIÑO DE	CLUB TRIATLON MAR DE VIG	V1M	104	0:27:35	182	1:19:21	30.25	242	0:52:58	2:39:53	0:44:11
185	357	JORGE SANMARTIN ALONSO	CLUB CICLISTA DE LA FUENT	V2M	240	0:33:36	167	1:18:36	30.54	158	0:47:42	2:39:53	0:44:11
186	198	JORGE MASSÓ AGUADO	CLUB ATLETISMO PORRIÑO	ABM	14	0:22:40	209	1:21:20	29.51	269	0:55:56	2:39:55	0:44:13
187	116	CARLOS RODRÍGUEZ RODRÍGUEZ	NOSPORTLIMIT-TREK GALICI	ABM	267	0:34:52	168	1:18:36	30.54	144	0:46:55	2:40:22	0:44:40
188	146	DIEGO CARRILLO PEREZ	OLIMPO DE VEDRA	ABM	209	0:31:35	225	1:22:11	29.2	138	0:46:41	2:40:26	0:44:44
189	102	EFREN ALVAREZ PRADA	TRI OURENSE	ABM	191	0:31:05	240	1:23:14	28.84	133	0:46:16	2:40:34	0:44:52
190	262	PEDRO CASTILLO CABRERO	CLUB DEPORTIVO PINARIUM	V1M	166	0:30:09	169	1:18:37	30.53	232	0:52:05	2:40:50	0:45:08
191	199	DANIEL LOPEZ RODRIGUEZ	TRATLON X3M	ABM	196	0:31:15	189	1:19:38	30.14	193	0:49:59	2:40:51	0:45:09
192	16	ROMAN SANCHEZ FERNANDEZ	TRISADA	SUB23M	165	0:30:08	179	1:19:14	30.29	221	0:51:31	2:40:52	0:45:10
193	322	JESUS ROBRES ZARDOYA	CLUB TRIATLON CORUÑA	V1M	93	0:27:28	207	1:21:12	29.56	234	0:52:15	2:40:54	0:45:12
194	66	ALEJANDRO TOURIÑO VÁZQUEZ	LICENZA 1 DÍA	ABM	259	0:34:21	193	1:19:49	30.07	146	0:46:58	2:41:07	0:45:25
195	141	MARIO ELORZA LEMA	C.D.E. 3 STYLE TRIATLÓN	ABM	47	0:26:03	217	1:21:49	29.34	248	0:53:17	2:41:08	0:45:26
196	227	BRUNO PEREZ LORENZO	LICENZA 1 DÍA	V1M	151	0:29:02	244	1:23:33	28.73	174	0:48:51	2:41:26	0:45:44
197	265	JOSE LUIS FERNANDEZ SARMIEN	CLUB DEPORTIVO TRIATLON	V1M	206	0:31:29	176	1:18:55	30.42	210	0:51:11	2:41:34	0:45:52
198	131	JOSE ALFONSO VILLAR CAAMAÑ	TRATLON O TREITO	ABM	248	0:33:52	136	1:16:38	31.32	212	0:51:11	2:41:40	0:45:58
199	279	CARLOS BARREIRO ALVAREZ	LICENZA 1 DÍA	V1M	67	0:27:10	228	1:22:33	29.08	231	0:52:04	2:41:46	0:46:04
200	310	CARLOS PEREZ PEREZ	CLUB TRIATLON MAR DE VIG	V1M	230	0:32:47	186	1:19:27	30.21	189	0:49:39	2:41:52	0:46:10
201	247	MANUEL RIVERO FERNANDEZ	C. TRIATLON OURENSE	V1M	181	0:30:50	201	1:20:25	29.85	202	0:50:40	2:41:54	0:46:12
202	266	JOSE ALBERTO CASTELO SANCH	LICENZA 1 DÍA	V1M	207	0:31:32	183	1:19:22	30.24	213	0:51:13	2:42:06	0:46:25
203	329	XOAN ANTON PEON VALLE	TRATLON MOTOBIKE PONTE	V1M	71	0:27:13	257	1:24:58	28.25	195	0:50:02	2:42:13	0:46:31
204	120	JOSE CARLOS FREIRE SALORIO	NOSPORTLIMIT-TREK GALICI	ABM	232	0:33:03	173	1:18:53	30.43	201	0:50:23	2:42:18	0:46:37
205	230	LUÍS VILA ARIAS	CIDADE DE LUGO FLUVIAL	V1M	60	0:26:59	202	1:20:26	29.84	262	0:54:57	2:42:21	0:46:40
206	96	DAVID BROULLON PIÑEIRO	CLUB TRIATLON MORRAZO	ABM	229	0:32:45	208	1:21:12	29.56	171	0:48:41	2:42:38	0:46:56
207	103	JAVIER BOULLOSA CORTEGOSO	GV SPORTS CLUB	ABM	197	0:31:20	198	1:20:05	29.97	218	0:51:21	2:42:45	0:47:03
208	166	ALFREDO FERREIRO DEAÑO	AXA AGENCIA GARRIGA-BEA	ABM	247	0:33:51	248	1:24:13	28.5	104	0:44:55	2:42:58	0:47:16
209	39	ALBERTO SOTOS MARTÍNEZ	LICENZA 1 DÍA	ABM	221	0:32:23	239	1:23:05	28.89	161	0:47:47	2:43:14	0:47:32
210	119	RUBÉN MODIA LÓPEZ	MONTE PENARUBIA RUNNIN	ABM	242	0:33:48	197	1:20:05	29.97	185	0:49:24	2:43:16	0:47:34
211	343	FRANCISCO MANUEL VILA ESTEV	TRIVIGO BOYER TRIATHLON	V1M	276	0:36:35	129	1:16:26	31.4	199	0:50:20	2:43:20	0:47:38
212	186	ANGEL PAZÓ PEREZ	LICENZA 1 DÍA	ABM	148	0:28:56	215	1:21:44	29.37	239	0:52:46	2:43:24	0:47:42
213	69	JAVIER CARNERO VALCARCEL	LICENZA 1 DÍA	ABM	176	0:30:35	246	1:24:03	28.56	176	0:48:57	2:43:33	0:47:52
214	79	ELIGIO LOPEZ PEREZ	LICENZA 1 DÍA	ABM	220	0:32:22	221	1:22:03	29.25	180	0:49:09	2:43:34	0:47:52
215	236	ALEJANDRO LAGO DURAN	CIDADE DE LUGO FLUVIAL	V1M	198	0:31:21	174	1:18:53	30.43	252	0:53:25	2:43:38	0:47:56
216	197	FELIPE DOMINGUEZ MARIÑO	CLUB ATLETISMO PORRIÑO	ABM	188	0:30:58	214	1:21:41	29.38	216	0:51:17	2:43:55	0:48:13
217	226	FERNANDO FERNANDEZ MARTINE	OLIMPO DE VEDRA	V1M	147	0:28:55	223	1:22:06	29.24	243	0:52:59	2:43:59	0:48:17
218	284	JAVIER CONTRERAS AMOEDO	CLUB TRIATLON MAR DE VIG	V1M	164	0:30:07	212	1:21:36	29.42	235	0:52:17	2:43:59	0:48:17
219	95	JOSE MAGDALENA VERA	CLUB TRIATLON MAR DE VIG	ABM	273	0:35:50	210	1:21:24	29.48	143	0:46:54	2:44:08	0:48:26
220	358	ANTONIO PARDO LÓPEZ	NOSPORTLIMIT-TREK GALICI	V2M	237	0:33:26	118	1:15:54	31.62	261	0:54:50	2:44:10	0:48:28
221	88	ALBERTO LOPEZ CRESPO	NOSPORTLIMIT-TREK GALICI	ABM	182	0:30:51	220	1:22:02	29.26	219	0:51:27	2:44:20	0:48:38
222	229	JOSÉ HIGINIO PORTALS CAAMAÑ	LICENZA 1 DÍA	V1M	257	0:34:01	166	1:18:28	30.59	229	0:52:02	2:44:29	0:48:47
223	203	VÍCTOR FERNÁNDEZ VÁZQUEZ	MONTE PENARUBIA RUNNIN	ABM	193	0:31:11	234	1:22:52	28.97	205	0:50:51	2:44:52	0:49:10
224	182	MIGUEL ÁNGEL GONZÁLEZ CAL	TRINITY TRIATLON	ABM	200	0:31:22	227	1:22:32	29.08	214	0:51:14	2:45:07	0:49:25
225	128	OSCAR RODRIGUEZ RODRIGUEZ	MONTE PENARUBIA RUNNIN	ABM	266	0:34:51	192	1:19:45	30.1	204	0:50:49	2:45:25	0:49:43
226	285	ANTONIO FERNANDEZ DURAN	TRATLON COSTA DA MORTE	V1M	123	0:28:08	266	1:25:50	27.96	227	0:52:00	2:45:56	0:50:15
227	139	LUCAS GONZÁLEZ ROCHA	NOSPORTLIMIT-TREK GALICI	ABM	265	0:34:43	267	1:25:50	27.96	134	0:46:17	2:46:49	0:51:07
228	176	DAVID VIDAL GARCÍA	TRI OURENSE	ABM	158	0:29:40	255	1:24:40	28.35	238	0:52:39	2:46:58	0:51:16
229	178	ELOY FRANCISCO RUIZ FERNÁND	TRISADA	ABM	203	0:31:25	175	1:18:54	30.42	271	0:56:54	2:47:12	0:51:30
230	193	EDUARDO GRANDA FERNANDEZ	TRISADA	ABM	118	0:28:02	260	1:25:19	28.13	257	0:53:58	2:47:18	0:51:36
231	201	GUILLERMO LIAÑO VIDAL	TRISADA	ABM	126	0:28:12	269	1:26:02	27.9	244	0:53:05	2:47:18	0:51:36
232	258	ALBERTO GONZALEZ GONZALEZ	LICENZA 1 DÍA	V1M	142	0:28:48	254	1:24:33	28.39	258	0:54:11	2:47:31	0:51:49
233	315	DIEGO SECO LAMAS	TRINITY TRIATLON	V1M	292	0:37:30	199	1:20:17	29.9	194	0:50:01	2:47:47	0:52:05
234	101	ANTÓN DAPENA PIÑEIRO	LICENZA 1 DÍA	ABM	218	0:32:20	226	1:22:19	29.16	254	0:53:32	2:48:10	0:52:28
235	353	JOSE LUIS MODREGO CASALOTS	TRINORTH-NOGASA	V2M	48	0:26:08	247	1:24:09	28.53	276	0:58:30	2:48:46	0:53:04
236	71	JORGE CAMAÑO RIVEIRO	CLUB TRIATLON MORRAZO	ABM	261	0:34:27	249	1:24:14	28.5	198	0:50:08	2:48:48	0:53:06



POS.	Nº	NOME	CLUB	CAT.	P.	Natación	P.	Ciclismo	Km/h.	P.	Carreira	META	Dif.
237	204	JOSE LUIS GARCIA RODRIGUEZ	TRISADA	ABM	222	0:32:25	264	1:25:45	27.99	203	0:50:47	<b>2:48:56</b>	0:53:14
238	248	IGNACIO AREAL ABALLE	LICENZA 1 DÍA	V1M	253	0:33:55	216	1:21:45	29.36	260	0:54:31	<b>2:50:10</b>	0:54:29
239	25	DIEGO FERNANDEZ BARREIRO	CLUB DEPORTIVO PINARIUM	ABM	277	0:36:37	245	1:23:59	28.58	191	0:49:53	<b>2:50:28</b>	0:54:46
240	170	OSCAR DIAZ PRADO	CLUB TRIATLON MAR DE VIG	ABM	241	0:33:42	250	1:24:17	28.48	237	0:52:32	<b>2:50:31</b>	0:54:49
241	346	ANTONIO FEDERICO SERRAT SOT	A.D. TRI-PENTA TERRAS DE L	V2M	107	0:27:39	268	1:25:52	27.95	272	0:57:10	<b>2:50:41</b>	0:54:59
242	222	MARCOS ORDOÑEZ RODRIGUEZ	CLUB TRIATLON MAR DE VIG	V1M	281	0:36:57	205	1:20:47	29.71	246	0:53:11	<b>2:50:54</b>	0:55:13
243	73	FRANCISCO ÁLVAREZ VÁZQUEZ	LICENZA 1 DÍA	ABM	238	0:33:28	278	1:27:45	27.35	190	0:49:46	<b>2:50:58</b>	0:55:16
244	165	DIEGO CARRERA COSTAS	CLUB TRIATLON MAR DE VIG	ABM	263	0:34:35	272	1:26:28	27.76	196	0:50:05	<b>2:51:07</b>	0:55:25
245	330	PABLO ALONSO VALLÍN	INDEPENDIENTE	V1M			305	18:00:12	2.22	263	0:55:02	<b>2:51:07</b>	0:55:25
246	255	JOSE RUSSELL GIRALDEZ	LICENZA 1 DÍA	V1M	219	0:32:20	238	1:23:05	28.89	268	0:55:44	<b>2:51:08</b>	0:55:26
247	75	MANUEL FRANCISCO RODRIGUEZ	CLUB DEPORTIVO PINARIUM	ABM	295	0:38:04	252	1:24:25	28.43	175	0:48:52	<b>2:51:20</b>	0:55:38
248	233	DAVID VÁZQUEZ DOCE	NOSPORTLIMIT-TREK GALICI	V1M	233	0:33:04	277	1:27:25	27.46	222	0:51:32	<b>2:52:00</b>	0:56:18
249	187	DAVID MALLO ALONSO	TRIVIGO BOYER TRIATHLON	ABM	305	0:41:52	270	1:26:05	27.88	91	0:44:05	<b>2:52:02</b>	0:56:20
250	190	RAMON RODRIGUEZ BLANCO	MONTE PENARUBIA RUNNIN	ABM	282	0:36:57	261	1:25:36	28.04	187	0:49:30	<b>2:52:02</b>	0:56:20
251	241	BENJAMÍN MURAS GEADA	MONTE PENARUBIA RUNNIN	V1M	302	0:38:35	236	1:22:52	28.96	226	0:51:53	<b>2:53:18</b>	0:57:36
252	228	JOSE GUILLÉN ALONSO	TRIATLON COSTA DA MORTE	V1M	270	0:35:02	279	1:27:59	27.28	206	0:50:53	<b>2:53:53</b>	0:58:11
253	288	FERNANDO MARTINEZ REY	LICENZA 1 DÍA	V1M	152	0:29:04	296	1:33:07	25.77	228	0:52:01	<b>2:54:11</b>	0:58:29
254	282	JOSE MANUEL PEREZ ALVAREZ	LICENZA 1 DÍA	V1M	285	0:37:01	289	1:31:11	26.32	132	0:46:14	<b>2:54:25</b>	0:58:43
255	65	DAVID RODRIGUEZ SANTAMARIA	CLUB NATACION RIVEIRA	ABM	249	0:33:52	200	1:20:17	29.9	280	1:00:25	<b>2:54:33</b>	0:58:51
256	19	JORGE VICENTE GONZÁLEZ	LICENZA 1 DÍA	SUB23M	212	0:31:42	286	1:28:59	26.97	256	0:53:56	<b>2:54:36</b>	0:58:55
257	292	JOSE MANUEL MERA ALONSO	CIDADE DE LUGO FLUVIAL	V1M	306	0:43:20	224	1:22:07	29.23	186	0:49:29	<b>2:54:56</b>	0:59:14
258	107	JAVIER LOPEZ PINO	CLUB TRIATLON MAR DE VIG	ABM	300	0:38:15	262	1:25:40	28.02	215	0:51:17	<b>2:55:11</b>	0:59:29
259	286	JACOBO ANICETO SANCHEZ-BÁL	NOSPORTLIMIT-TREK GALICI	V1M	202	0:31:25	285	1:28:31	27.12	265	0:55:19	<b>2:55:14</b>	0:59:32
260	144	GONZALO ALONSO SANGIL	MONTE PENARUBIA RUNNIN	ABM	250	0:33:53	242	1:23:23	28.78	273	0:58:11	<b>2:55:26</b>	0:59:44
261	323	MIGUEL IRIONDO TAPIOLES	LICENZA 1 DÍA	V1M	138	0:28:35	297	1:33:17	25.73	255	0:53:35	<b>2:55:27</b>	0:59:45
262	309	ADOLFO FERNANDEZ GONZALEZ	TRIATLON MOTOBIKE PONTE	V1M	57	0:26:51	281	1:28:08	27.24	281	1:00:49	<b>2:55:46</b>	1:00:04
263	354	ALVARO OGANDO ESPANTOSO	TRIATLON P.C. RIAS BAIXAS	V2M	301	0:38:18	256	1:24:48	28.31	240	0:52:51	<b>2:55:56</b>	1:00:14
264	172	LEONARDO RAMON FRANCO LAR	CLUB TRIATLON MAR DE VIG	ABM	296	0:38:05	253	1:24:30	28.4	251	0:53:25	<b>2:55:59</b>	1:00:17
265	164	HECTOR LOPEZ LOPEZ	MONTE PENARUBIA RUNNIN	ABM	290	0:37:27	275	1:27:13	27.52	225	0:51:50	<b>2:56:29</b>	1:00:47
266	361	JULIO MANUEL GALLO FERNÁNDEZ	LICENZA 1 DÍA	V3M	283	0:36:58	299	1:35:39	25.09	93	0:44:16	<b>2:56:52</b>	1:01:10
267	345	MODESTO ARAUJO DOMINGUEZ	C. TRIATLON OURENSE	V2M								<b>2:57:12</b>	1:01:31
268	359	FELIX SANCHEZ ALONSO	C. TRIATLON OURENSE	V2M	291	0:37:30	274	1:26:53	27.63	249	0:53:21	<b>2:57:42</b>	1:02:01
269	22	ADRIAN SANCHEZ BALADO	LICENZA 1 DÍA	ABM	279	0:36:51	280	1:28:01	27.27	241	0:52:52	<b>2:57:43</b>	1:02:01
270	219	JOSE MANUEL FERNÁNDEZ MÉND	INDEPENDIENTE	V1M	244	0:33:49	293	1:32:08	26.05	224	0:51:49	<b>2:57:46</b>	1:02:04
271	44	RUBEN MARTINEZ ROSALES	TEAM CORBELO	ABM	195	0:31:13	229	1:22:33	29.07	289	1:05:17	<b>2:59:03</b>	1:03:21
272	74	JAVIER RIVAS LÓPEZ	CLUB DEPORTIVO PINARIUM	ABM	274	0:35:51	258	1:25:05	28.21	277	0:58:58	<b>2:59:52</b>	1:04:11
273	293	JOSÉ RAMÓN MUIÑO MARTINEZ	NOSPORTLIMIT-TREK GALICI	V1M	307	0:43:46	231	1:22:42	29.03	259	0:54:16	<b>3:00:43</b>	1:05:01
274	327	JOSE MANUEL NAVARRO LORENZ	CLUB TRIATLON MAR DE VIG	V1M	227	0:32:43	265	1:25:48	27.97	285	1:02:21	<b>3:00:52</b>	1:05:10
275	150	JOSE ANTONIO VIÑUELA NUÑEZ	LICENZA 1 DÍA	ABM	278	0:36:48	292	1:31:20	26.28	245	0:53:11	<b>3:01:19</b>	1:05:37
276	206	EMILIO JOSÉ GONZÁLEZ LEMOS	INDEPENDIENTE	ABM	288	0:37:21	263	1:25:42	28.01	275	0:58:20	<b>3:01:22</b>	1:05:40
277	356	JUAN BARRERAS GARCIA-REBOR	CLUB TRIATLON MAR DE VIG	V2M	299	0:38:14	283	1:28:11	27.22	264	0:55:07	<b>3:01:31</b>	1:05:49
278	277	CARLOS PEREIRA MENOR	C. TRIATLON OURENSE	V1M	235	0:33:15	271	1:26:19	27.81	284	1:02:13	<b>3:01:46</b>	1:06:04
279	335	JORGE GARCÍA FERNÁNDEZ	TRISADA	V1M	199	0:31:21	294	1:32:46	25.87	274	0:58:18	<b>3:02:25</b>	1:06:43
280	351	FRANCOIS BROUET	LICENZA 1 DÍA	V2M	289	0:37:24	287	1:29:26	26.84	267	0:55:42	<b>3:02:32</b>	1:06:50
281	80	SANTIAGO ROMERO ONS	CLUB ATLETISMO PORRIÑO	ABM	239	0:33:34	282	1:28:11	27.22	283	1:02:01	<b>3:03:44</b>	1:08:02
282	159	FRANCISCO JOSE GARCÍA SOAGE	CLUB DEPORTIVO PINARIUM	ABM	303	0:41:42	276	1:27:15	27.51	266	0:55:24	<b>3:04:21</b>	1:08:39
283	246	DANIEL GARCÍA CASTIÑEIRA	GV SPORTS CLUB	V1M	43	0:25:16	288	1:29:50	26.72	291	1:11:31	<b>3:06:36</b>	1:10:54
284	196	MARCOS NÚÑEZ ÁNGEL	LICENZA 1 DÍA	ABM	208	0:31:33	290	1:31:15	26.3	288	1:03:56	<b>3:06:44</b>	1:11:02
285	334	CARLOS REINLEIN FARRÉ	TRISADA	V1M	287	0:37:19	302	1:39:06	24.22	208	0:51:00	<b>3:07:24</b>	1:11:43
286	311	FRANCISCO ALONSO CUEVAS	NOSPORTLIMIT-TREK GALICI	V1M	211	0:31:41	295	1:33:01	25.8	286	1:02:45	<b>3:07:27</b>	1:11:45
287	308	ARTURO PONTE LORENZO	TALLERES DAVID TRIATLON	V1M	304	0:41:45	298	1:33:35	25.65	250	0:53:22	<b>3:08:41</b>	1:12:59
288	53	ALBERTO ESCOURIDO MOAR	NOSPORTLIMIT-TREK GALICI	ABM	284	0:37:00	300	1:35:42	25.08	270	0:56:06	<b>3:08:48</b>	1:13:06
289	296	DANIEL PAZOS FERNANDEZ	TRISADA	V1M	298	0:38:13	284	1:28:29	27.13	290	1:05:51	<b>3:12:31</b>	1:16:50
290	362	MANUEL CRUCES PRADO	CLUB DEPORTIVO PINARIUM	V3M	245	0:33:50	304	1:41:24	23.67	278	0:59:30	<b>3:14:43</b>	1:19:02
291	221	MARIO CAMIÑA IGLESIAS	LICENZA 1 DÍA	V1M	309	0:48:41	259	1:25:14	28.16	282	1:01:28	<b>3:15:21</b>	1:19:40
292	237	CARLOS ARMENTEROS LEÓN	LICENZA 1 DÍA	V1M	293	0:37:43	303	1:40:50	23.8	279	1:00:15	<b>3:18:47</b>	1:23:05
293	287	GONZALO SIMÓ CARDALDA	LICENZA 1 DÍA	V1M	308	0:47:40	301	1:36:52	24.78	287	1:03:23	<b>3:27:54</b>	1:32:12
DQ	42	JOSE MANUEL TOME SUAREZ	TRIATLON COSTA DA MORTE	ABM								<b>2:27:11</b>	0:31:29
DQ	55	MARTIN PENELAS SALGUEIRO	NOSPORTLIMIT-TREK GALICI	ABM								<b>2:52:37</b>	0:56:55
DQ	162	JAVIER MAGDALENA VERA	LICENZA 1 DÍA	ABM								<b>2:33:54</b>	0:38:13
DQ	191	DAVID GONZÁLEZ CAMPOS	LICENZA 1 DÍA	ABM								<b>2:41:48</b>	0:46:06
DQ	225	EFREN FERNANDEZ LAGO	CLUB NATACION RIVEIRA	V1M								<b>2:36:10</b>	0:40:28
DQ	328	JUAN CARLOS RODRÍGUEZ VÁZQ	C. TRIATLON OURENSE	V1M								<b>2:31:05</b>	0:35:23
NF	4	DIEGO ALFREDO PÉREZ FLORES	TRIATLON ARTEIXO	SUB23M	2	0:18:31	50	1:11:41	33.49				
NF	5	BRAIS CANOSA FERNÁNDEZ	ARCADE INFORHOUSE SANTI	ABM	12	0:22:15							

POS.	Nº	NOME	CLUB	CAT.	P.	Natación	P.	Ciclismo	Km/h.	P.	Carreira	META	Dif.
NF	17	ADÁN NOGUEIRA RODRÍGUEZ	CLUB CICLISTA DE LA FUENT	SUB23M	214	0:31:45	97	1:14:34	32.19				
NF	48	RAMÓN LAGO CARRERA	CLUB ATLETISMO PORRIÑO	ABM	109	0:27:40	241	1:23:16	28.82				
NF	85	ANTONIO BERMO SAMPEDRO	CLUB NATACION RIVEIRA	ABM	27	0:23:55	145	1:17:19	31.04				
NF	161	JOSÉ CARLOS GONZÁLEZ MONTE	MONTE PENARUBIA RUNNIN	ABM	269	0:35:00							
NF	173	JUAN CARLOS BEIRO GONZALEZ	LICENZA 1 DÍA	ABM	262	0:34:33	273	1:26:30	27.75				
NF	217	ALBERTO TOMBO GONZÁLEZ	CLUB TRIATLON MAR DE VIG	V1M	97	0:27:31	106	1:14:46	32.11				
NF	224	PEDRO ANTONIO ESMORIS MOLIN	TRIATLON ARTEIXO	V1M	25	0:23:47							
NF	268	MIGUEL ANGEL VARELA FERNAN	AXA AGENCIA GARRIGA-BEA	V1M	68	0:27:10	1	1:02:46	38.24				
NF	272	JULIO SIMARRO SPLA	CLUB NATACION RIVEIRA	V1M	38	0:25:01	235	1:22:52	28.97				
NF	275	RAMON FERNÁNDEZ LAGO	CLUB NATACION RIVEIRA	V1M	29	0:24:09							
NF	281	JOSÉ MANUEL LORENZO FERNÁN	TRIVIGO BOYER TRIATHLON	V1M	91	0:27:28	232	1:22:45	29.01				
NF	290	OSCAR MARTINEZ FERNANDEZ	TRINORTH-NOGASA	V1M	50	0:26:11	109	1:14:57	32.02				
NF	297	ADRIAN CASTIÑEIRAS BUJAN	LICENZA 1 DÍA	V1M	21	0:23:39	47	1:11:32	33.56				
NF	307	MIGUEL ANGEL PAZ DANS	NOSPORTLIMIT-TREK GALICI	V1M	310	0:48:58							
NF	326	JAVIER GARCIA LAGO	CLUB TRIATLON MORRAZO	V1M	87	0:27:25	63	1:12:35	33.07				
NF	339	EUGENIO MARTÍNEZ PÉREZ	CIDADE DE LUGO FLUVIAL	V1M	174	0:30:33							
NF	342	JAVIER RODRIGUEZ SARMIENTO	AXA AGENCIA GARRIGA-BEA	V1M	187	0:30:57	116	1:15:47	31.67				
NF	360	FRANCISCO JAVIER ACOSTA CRE	OLIMPICO DE VEDRA	V2M	136	0:28:29	230	1:22:38	29.05				
NP	11	ARTURO PEIXOTO SÁNCHEZ	CLUB TRIATLON MAR DE VIG	JNM									
NP	13	FRANCISCO CENDAN LLORENS	TALLERES DAVID TRIATLON	SUB23M				17:34:02	2.28				
NP	15	JOSE MANUEL VÁZQUEZ FILGUEI	TALLERES DAVID TRIATLON	SUB23M									
NP	38	ADRIAN SOUSA DOMINGUEZ	LICENZA 1 DÍA	ABM									
NP	41	ADRIÁN CASTRO RODRÍGUEZ	T. MURALLA LUGO	ABM									
NP	47	SANTIAGO FREIRE RODRÍGUEZ	CLUB TRIATLON MAR DE VIG	ABM									
NP	67	ALEJO ALVITE DEL RIO	OLIMPICO DE VEDRA	ABM									
NP	68	JAVIER RODRIGUEZ GOMEZ	CLUB CICLISTA DE LA FUENT	ABM									
NP	78	IVAN RAMOS CADIerno	NOSPORTLIMIT-TREK GALICI	ABM									
NP	82	MOISES BLANCO PIÑEIRA	OLIMPICO DE VEDRA	ABM									
NP	87	JACOBO CREGO FERNANDEZ	OLIMPICO DE VEDRA	ABM									
NP	98	DAVID GIRALDEZ CAMESELLA	LICENZA 1 DÍA	ABM									
NP	99	DANIEL FERNÁNDEZ CORVO	LICENZA 1 DÍA	ABM									
NP	100	ANGEL MANUEL AGÍS SOLLEIRO	CICLISMO TRIATLON MONTE	ABM									
NP	108	IVAN FERNÁNDEZ GONZÁLEZ	OLIMPICO DE VEDRA	ABM									
NP	115	EMILIO RUIZ LAGO	NOSPORTLIMIT-TREK GALICI	ABM									
NP	121	PABLO GONZÁLEZ FERNÁNDEZ	NOSPORTLIMIT-TREK GALICI	ABM									
NP	125	ALBERTO AGIS GRAÑA	CICLISMO TRIATLON MONTE	ABM									
NP	126	DAVID FERNÁNDEZ TABOADA	LICENZA 1 DÍA	ABM									
NP	135	ALEXANDRE RODRIGUEZ PAZ	CLUB TRIATLON MORRAZO	ABM									
NP	160	JOAQUÍN MATEOS FUENTES	NOSPORTLIMIT-TREK GALICI	ABM									
NP	168	JOSE LUIS RODRIGUEZ MARTIN	TRIATLON MOTOBIKE PONTE	ABM									
NP	180	JORGE CASAL ANTÓN	LICENZA 1 DÍA	ABM									
NP	202	JORGE COBELAS SOBRINO	CLUB TRIATLON MORRAZO	ABM									
NP	213	GUSTAVO LÓPEZ MARTÍNEZ	TRINITY TRIATLON	V1M									
NP	214	MATIAS BARREIRO RUIBAL	CLUB TRIATLON MORRAZO	V1M									
NP	218	DAVID VIETEZ CAMPOS	LICENZA 1 DÍA	V1M									
NP	239	JOAQUÍN DIBUJA BARREIROS	AXA AGENCIA GARRIGA-BEA	V1M									
NP	243	JAVIER LISTE LEBORAN	OLIMPICO DE VEDRA	V1M									
NP	245	MANUEL LÓPEZ CARBALLEIRA	TRINITY TRIATLON	V1M									
NP	252	ANTONIO VILLANUEVA GONZÁLEZ	CLUB TRIATLON MAR DE VIG	V1M									
NP	263	JACOBO RODRIGUEZ COBO	NOSPORTLIMIT-TREK GALICI	V1M									
NP	270	JOSÉ LUÍS GAINZARAIN GONZÁLE	LICENZA 1 DÍA	V1M									
NP	299	ROBERTO TOME MARCOTE	CIDADE DE LUGO FLUVIAL	V1M									
NP	301	SANTIAGO FENOLLERA BOLÍBAR	CLUB TRIATLON MAR DE VIG	V1M									
NP	302	MARIANO GIACONE ARAYA	CLUB TRIATLON MAR DE VIG	V1M									
NP	304	JOSE JAVIER ALFAYA SOLLÁ	LICENZA 1 DÍA	V1M									
NP	317	JOSÉ NERCELLAS MÉNDEZ	AXA AGENCIA GARRIGA-BEA	V1M									
NP	319	CELSO ALONSO NUÑEZ	CLUB DEPORTIVO TRIATLON	V1M									
NP	325	RAMIRO BLANCO MONTERO	TRISADA	V1M									
NP	332	JOSE LUIS TORRES LOPEZ	CIDADE DE LUGO FLUVIAL	V1M									
NP	341	ROBERTO JOSÉ VIZOSO BLANCO	TRISADA	V1M									
NP	347	JOSE MANUEL FILGUEIRA ABILLEI	LICENZA 1 DÍA	V2M									



# I TRIATLON ATLÁNTICO BAIONA

## Resultados Oficiais

### CATEGORIAS MASCULINA

Localidade	BAIONA			Distancia	Natación	Ciclismo	Carreira
Data	sábado, 16 de maio de 2015	Hora	21:24	Curta	1,5 Km.	40 Km.	10 Km.

#### Oficiais

Delegado Técnico:	MONICA FLORES	Xurado da Competición	MONICA FLORES - DT
Xuíz Arbitro:	ROI CUBA		LUIS PIÑA - FEGATRI
Responsable Oficiais:	ROI CUBA		JAVIER MON - TRIATLON ARTEIXO

#### Datos da competición

Temperatura exterior: 25,5 °C Temperatura da auga: 18 °C Neopreno: permitido	Natación 1,5 Km. 1 volta	Ciclismo 40 Km. 2 voltas	Carreira 10 Km. 3 voltas
Inscritos : 362	Remataron : 293	Retirados : 20	Non Presentados : 43
			Descalificados : 6

## JUNIOR MASCULINA

POS.	Nº	NOME	CLUB	P.	Natación	P.	Ciclismo	Km/h.	P.	Carreira	META	Dif.
1	12	DAVID LISTE VÁZQUEZ	TALLERES DAVID TRIATLON COMP	6	0:21:19	112	1:15:19	31.87	97	0:44:33	<b>2:21:10</b>	0:25:28
NP	11	ARTURO PEIXOTO SÁNCHEZ	CLUB TRIATLON MAR DE VIGO									

## SUB-23 MASCULINA

POS.	Nº	NOME	CLUB	P.	Natación	P.	Ciclismo	Km/h.	P.	Carreira	META	Dif.
1	2	CESAR RAMIRO SARACHO RAVELO	TRITLON ARTEIXO	4	0:21:05	44	1:11:01	33.8	1	0:32:35	<b>2:04:40</b>	0:08:58
2	3	JOSE RICARDO VEGA CEBRIAN	TRITLON ARTEIXO	3	0:21:01	14	1:07:53	35.36	4	0:35:48	<b>2:04:41</b>	0:08:59
3	14	UXÍO FERNÁNDEZ HERMO	TRINORTH-NOGASA	78	0:27:21	57	1:12:11	33.25	35	0:40:54	<b>2:20:25</b>	0:24:43
4	18	ADRIÁN FERNÁNDEZ GARCÍA	TRISADA	77	0:27:20	67	1:12:58	32.9	148	0:47:08	<b>2:27:26</b>	0:31:44
5	16	ROMAN SANCHEZ FERNANDEZ	TRISADA	165	0:30:08	179	1:19:14	30.29	221	0:51:31	<b>2:40:52</b>	0:45:10
6	19	JORGE VICENTE GONZÁLEZ	LICENZA 1 DÍA	212	0:31:42	286	1:28:59	26.97	256	0:53:56	<b>2:54:36</b>	0:58:55
NF	4	DIEGO ALFREDO PÉREZ FLORES	TRITLON ARTEIXO	2	0:18:31	50	1:11:41	33.49				
NF	17	ADÁN NOGUEIRA RODRÍGUEZ	CLUB CICLISTA DE LA FUENTE	214	0:31:45	97	1:14:34	32.19				
NP	13	FRANCISCO CENDAN LLORENS	TALLERES DAVID TRIATLON COMP				17:34:02	2.28				
NP	15	JOSE MANUEL VÁZQUEZ FILGUEIR	TALLERES DAVID TRIATLON COMP									

## VETERANOS 1 MASCULINA

POS.	Nº	NOME	CLUB	P.	Natación	P.	Ciclismo	Km/h.	P.	Carreira	META	Dif.
1	10	LUIS ALBERTO PAREDES COYA	CLUB TRIATLON MORRAZO	32	0:24:26	6	1:06:08	36.29	6	0:36:15	<b>2:06:48</b>	0:11:06
2	313	MANUEL JESUS GAYOSO REAL	T. MURALLA LUGO	22	0:23:43	15	1:08:04	35.26	15	0:38:44	<b>2:10:30</b>	0:14:48
3	300	CARLOS PRADO FERNANDEZ	CLUB CICLISTA DE LA FUENTE	82	0:27:22	7	1:06:14	36.24	29	0:40:26	<b>2:14:02</b>	0:18:20
4	269	FRANCISCO JAVIER RAMOS BOTAN	CIDADE DE LUGO FLUVIAL	128	0:28:16	21	1:09:22	34.61	27	0:40:00	<b>2:17:36</b>	0:21:55
5	238	ENRIQUE GOCE PEREIRA	OLIMPICO DE VEDRA	156	0:29:33	28	1:10:13	34.18	13	0:38:39	<b>2:18:24</b>	0:22:42
6	337	ENRIQUE JOSE HIDALGO LUGO	CLUB TRIATLON MAR DE VIGO	58	0:26:52	38	1:10:43	33.94	36	0:40:54	<b>2:18:28</b>	0:22:47
7	314	RAMON ARIAS GARCIA	T. MURALLA LUGO	28	0:24:08	58	1:12:12	33.25	64	0:42:55	<b>2:19:14</b>	0:23:32
8	244	XOSÉ CARLOS GONZÁLEZ AVIÓN	CIDADE DE LUGO FLUVIAL	59	0:26:54	39	1:10:48	33.9	54	0:42:02	<b>2:19:43</b>	0:24:01
9	321	JOSE RAMON JACOME MAZAS	TRITLON P.C. RIAS BAIXAS	69	0:27:12	36	1:10:35	34.01	57	0:42:23	<b>2:20:09</b>	0:24:27
10	320	JAVIER FONTAO AGEITOS	CLUB NATACION RIVEIRA								<b>2:20:10</b>	0:24:29
11	333	NICOLAS BAYON MELEIRO	CIDADE DE LUGO FLUVIAL	23	0:23:44	29	1:10:18	34.14	137	0:46:27	<b>2:20:28</b>	0:24:46
12	208	DIEGO SOTELO FERNANDEZ	C. TRIATLON OURENSE	5	0:21:19	62	1:12:34	33.08	155	0:47:27	<b>2:21:19</b>	0:25:37
13	340	JOSE LUIS NESPEREIRA GOMEZ	C. TRIATLON OURENSE	190	0:31:04	22	1:09:22	34.6	46	0:41:35	<b>2:22:00</b>	0:26:18
14	257	MARCOS ANTONIO UBEIRA VIDAL	ASOCIACIÓN DEPORTIVA C.A.R	125	0:28:11	73	1:13:09	32.81	37	0:40:56	<b>2:22:16</b>	0:26:34
15	242	CRISTÓBAL CACHEDA CHOUZA	TEAM CORBELO	162	0:30:01	42	1:10:52	33.87	42	0:41:28	<b>2:22:19</b>	0:26:37
16	251	ARTURO RAMOS FERROL	TALLERES DAVID TRIATLON COMP	194	0:31:11	43	1:10:54	33.85	32	0:40:39	<b>2:22:43</b>	0:27:02
17	223	JAIME TIZÓN DAVILA	TALLERES DAVID TRIATLON COMP	99	0:27:32	53	1:11:58	33.35	84	0:43:44	<b>2:23:13</b>	0:27:31
18	210	FLORINDO JOSE GONZALEZ GONZ	AXA AGENCIA GARRIGA-BEARIZ TRI	117	0:27:57	48	1:11:36	33.53	92	0:44:05	<b>2:23:37</b>	0:27:55
19	264	FERNANDO REGO PÉREZ	INDEPENDIENTE	98	0:27:31	86	1:13:57	32.45	59	0:42:34	<b>2:24:02</b>	0:28:20
20	291	DAVID VAZQUEZ RODRIGUEZ	TRI OURENSE	110	0:27:42	54	1:12:00	33.34	96	0:44:33	<b>2:24:13</b>	0:28:31
21	336	PEDRO LISTA SUÁREZ	CLUB CICLISTA RIAZOR	108	0:27:40	78	1:13:28	32.67	70	0:43:11	<b>2:24:18</b>	0:28:36
22	216	MIGUEL ANGEL COGOLLUDO AGUS	GV SPORTS CLUB	85	0:27:24	117	1:15:54	31.63	41	0:41:27	<b>2:24:44</b>	0:29:02



89	292	JOSE MANUEL MERA ALONSO	CIDADE DE LUGO FLUVIAL	306	0:43:20	224	1:22:07	29.23	186	0:49:29	<b>2:54:56</b>	0:59:14
90	286	JACOBO ANICETO SANCHEZ-BÁLG	NOSPORTLIMIT-TREK GALICIA	202	0:31:25	285	1:28:31	27.12	265	0:55:19	<b>2:55:14</b>	0:59:32
91	323	MIGUEL IRIONDO TAPIOLES	LICENZA 1 DÍA	138	0:28:35	297	1:33:17	25.73	255	0:53:35	<b>2:55:27</b>	0:59:45
92	309	ADOLFO FERNANDEZ GONZALEZ	TRIATLON MOTOBIKE PONTEVEDR	57	0:26:51	281	1:28:08	27.24	281	1:00:49	<b>2:55:46</b>	1:00:04
93	219	JOSE MANUEL FERNÁNDEZ MÉNDE	INDEPENDIENTE	244	0:33:49	293	1:32:08	26.05	224	0:51:49	<b>2:57:46</b>	1:02:04
94	293	JOSÉ RAMÓN MUIÑO MARTINEZ	NOSPORTLIMIT-TREK GALICIA	307	0:43:46	231	1:22:42	29.03	259	0:54:16	<b>3:00:43</b>	1:05:01
95	327	JOSE MANUEL NAVARRO LORENZO	CLUB TRIATLON MAR DE VIGO	227	0:32:43	265	1:25:48	27.97	285	1:02:21	<b>3:00:52</b>	1:05:10
96	277	CARLOS PEREIRA MENOR	C. TRIATLON OURENSE	235	0:33:15	271	1:26:19	27.81	284	1:02:13	<b>3:01:46</b>	1:06:04
97	335	JORGE GARCÍA FERNÁNDEZ	TRISADA	199	0:31:21	294	1:32:46	25.87	274	0:58:18	<b>3:02:25</b>	1:06:43
98	246	DANIEL GARCIA CASTIÑEIRA	GV SPORTS CLUB	43	0:25:16	288	1:29:50	26.72	291	1:11:31	<b>3:06:36</b>	1:10:54
99	334	CARLOS REINLEIN FARRÉ	TRISADA	287	0:37:19	302	1:39:06	24.22	208	0:51:00	<b>3:07:24</b>	1:11:43
100	311	FRANCISCO ALONSO CUEVAS	NOSPORTLIMIT-TREK GALICIA	211	0:31:41	295	1:33:01	25.8	286	1:02:45	<b>3:07:27</b>	1:11:45
101	308	ARTURO PONTE LORENZO	TALLERES DAVID TRIATLON COMP	304	0:41:45	298	1:33:35	25.65	250	0:53:22	<b>3:08:41</b>	1:12:59
102	296	DANIEL PAZOS FERNANDEZ	TRISADA	298	0:38:13	284	1:28:29	27.13	290	1:05:51	<b>3:12:31</b>	1:16:50
103	221	MARIO CAMIÑA IGLESIAS	LICENZA 1 DÍA	309	0:48:41	259	1:25:14	28.16	282	1:01:28	<b>3:15:21</b>	1:19:40
104	237	CARLOS ARMENTEROS LEÓN	LICENZA 1 DÍA	293	0:37:43	303	1:40:50	23.8	279	1:00:15	<b>3:18:47</b>	1:23:05
105	287	GONZALO SIMÓ CARDALDA	LICENZA 1 DÍA	308	0:47:40	301	1:36:52	24.78	287	1:03:23	<b>3:27:54</b>	1:32:12
DQ	328	JUAN CARLOS RODRÍGUEZ VÁZQU	C. TRIATLON OURENSE	ACUMULACION DE TARXETAS							<b>2:31:05</b>	0:35:23
DQ	225	EFREN FERNANDEZ LAGO	CLUB NATACION RIVEIRA	NON PARAR NA AREA DE PENALIZACIÓN							<b>2:36:10</b>	0:40:28
NF	217	ALBERTO TOMBO GONZÁLEZ	CLUB TRIATLON MAR DE VIGO	97	0:27:31	106	1:14:46	32.11				
NF	224	PEDRO ANTONIO ESMORIS MOLINA	TRIATLON ARTEIXO	25	0:23:47							
NF	268	MIGUEL ANGEL VARELA FERNAND	AXA AGENCIA GARRIGA-BEARIZ TRI	68	0:27:10	1	1:02:46	38.24				
NF	272	JULIO SIMARRO SPLA	CLUB NATACION RIVEIRA	38	0:25:01	235	1:22:52	28.97				
NF	275	RAMON FERNÁNDEZ LAGO	CLUB NATACION RIVEIRA	29	0:24:09							
NF	281	JOSÉ MANUEL LORENZO FERNÁND	TRIVIGO BOYER TRIATHLON	91	0:27:28	232	1:22:45	29.01				
NF	290	OSCAR MARTINEZ FERNANDEZ	TRINORTH-NOGASA	50	0:26:11	109	1:14:57	32.02				
NF	297	ADRIAN CASTIÑEIRAS BUJAN	LICENZA 1 DÍA	21	0:23:39	47	1:11:32	33.56				
NF	307	MIGUEL ANGEL PAZ DANS	NOSPORTLIMIT-TREK GALICIA	310	0:48:58							
NF	326	JAVIER GARCIA LAGO	CLUB TRIATLON MORRAZO	87	0:27:25	63	1:12:35	33.07				
NF	339	EUGENIO MARTÍNEZ PÉREZ	CIDADE DE LUGO FLUVIAL	174	0:30:33							
NF	342	JAVIER RODRIGUEZ SARMIENTO	AXA AGENCIA GARRIGA-BEARIZ TRI	187	0:30:57	116	1:15:47	31.67				
NP	213	GUSTAVO LÓPEZ MARTÍNEZ	TRINITY TRIATLON									
NP	214	MATIAS BARREIRO RUIBAL	CLUB TRIATLON MORRAZO									
NP	218	DAVID VIETEZ CAMPOS	LICENZA 1 DÍA									
NP	239	JOAQUÍN DIBUJA BARREIROS	AXA AGENCIA GARRIGA-BEARIZ TRI									
NP	243	JAVIER LISTE LEBORAN	OLIMPICO DE VEDRA									
NP	245	MANUEL LÓPEZ CARBALLEIRA	TRINITY TRIATLON									
NP	252	ANTONIO VILLANUEVA GONZÁLEZ	CLUB TRIATLON MAR DE VIGO									
NP	263	JACOBO RODRIGUEZ COBO	NOSPORTLIMIT-TREK GALICIA									
NP	270	JOSÉ LUÍS GAINZARAIN GONZÁLEZ	LICENZA 1 DÍA									
NP	299	ROBERTO TOME MARCOTE	CIDADE DE LUGO FLUVIAL									
NP	301	SANTIAGO FENOLLERA BOLÍBAR	CLUB TRIATLON MAR DE VIGO									
NP	302	MARIANO GIACONE ARAYA	CLUB TRIATLON MAR DE VIGO									
NP	304	JOSE JAVIER ALFAYA SOLLA	LICENZA 1 DÍA									
NP	317	JOSÉ NERCELLAS MÉNDEZ	AXA AGENCIA GARRIGA-BEARIZ TRI									
NP	319	CELSO ALONSO NUÑEZ	CLUB DEPORTIVO TRIATLON BIERZ									
NP	325	RAMIRO BLANCO MONTERO	TRISADA									
NP	332	JOSE LUIS TORRES LOPEZ	CIDADE DE LUGO FLUVIAL									
NP	341	ROBERTO JOSÉ VIZOSO BLANCO	TRISADA									

## VETERANOS 2 MASCULINA

POS.	Nº	NOME	CLUB	P.	Natación	P.	Ciclismo	Km/h.	P.	Carreira	META	Dif.
1	348	ANDRES LOPEZ TORRES	CICLISMO TRIATLON MONTE ABAIX	36	0:24:33	51	1:11:41	33.48	17	0:39:17	<b>2:15:31</b>	0:19:49
2	349	JESÚS ÁNGEL RODRÍGUEZ GONZÁ	CLUB TRIATLON MAR DE VIGO	37	0:24:58	148	1:17:27	30.99	66	0:43:01	<b>2:25:25</b>	0:29:43
3	350	JOSE MANUEL OTERO FERNANDEZ	T. MURALLA LUGO	46	0:26:02	124	1:16:18	31.46	109	0:44:58	<b>2:27:16</b>	0:31:35
4	344	JUAN ANTONIO CARIDE GRANDAL	CLUB TRIATLON MORRAZO	205	0:31:29	195	1:19:57	30.02	51	0:41:50	<b>2:33:15</b>	0:37:33
5	352	MANOLO VALES BAHAMONDE	LICENZA 1 DÍA	134	0:28:26	203	1:20:28	29.83	165	0:48:13	<b>2:37:06</b>	0:41:24
6	355	FAUSTINO BLANCO MANCEBO	CLUB DEPORTIVO TRIATLON BIERZ	169	0:30:13	194	1:19:55	30.03	170	0:48:39	<b>2:38:46</b>	0:43:05
7	357	JORGE SANMARTIN ALONSO	CLUB CICLISTA DE LA FUENTE	240	0:33:36	167	1:18:36	30.54	158	0:47:42	<b>2:39:53</b>	0:44:11
8	358	ANTONIO PARDO LÓPEZ	NOSPORTLIMIT-TREK GALICIA	237	0:33:26	118	1:15:54	31.62	261	0:54:50	<b>2:44:10</b>	0:48:28
9	353	JOSE LUIS MODREGO CASALOTS	TRINORTH-NOGASA	48	0:26:08	247	1:24:09	28.53	276	0:58:30	<b>2:48:46</b>	0:53:04
10	346	ANTONIO FEDERICO SERRAT SOTO	A.D. TRI-PENTA TERRAS DE LUGO	107	0:27:39	268	1:25:52	27.95	272	0:57:10	<b>2:50:41</b>	0:54:59
11	354	ALVARO OGANDO ESPANTOSO	TRIATLON P.C. RIAS BAIXAS	301	0:38:18	256	1:24:48	28.31	240	0:52:51	<b>2:55:56</b>	1:00:14
12	345	MODESTO ARAUJO DOMINGUEZ	C. TRIATLON OURENSE								<b>2:57:12</b>	1:01:31
13	359	FELIX SANCHEZ ALONSO	C. TRIATLON OURENSE	291	0:37:30	274	1:26:53	27.63	249	0:53:21	<b>2:57:42</b>	1:02:01
14	356	JUAN BARRERAS GARCIA-REBORE	CLUB TRIATLON MAR DE VIGO	299	0:38:14	283	1:28:11	27.22	264	0:55:07	<b>3:01:31</b>	1:05:49



15	351	FRANCOIS BROUET	LICENZA 1 DÍA	289	0:37:24	287	1:29:26	26.84	267	0:55:42	<b>3:02:32</b>	1:06:50
NF	360	FRANCISCO JAVIER ACOSTA CRES	OLIMPICO DE VEDRA	136	0:28:29	230	1:22:38	29.05				
NP	347	JOSE MANUEL FILGUEIRA ABILLEIR	LICENZA 1 DÍA									

## VETERANOS 3 MASCULINA

POS.	Nº	NOME	CLUB	P.	Natación	P.	Ciclismo	Km/h.	P.	Carreira	META	Dif.
1	361	JULIO MANUEL GALLO FERNÁNDEZ	LICENZA 1 DÍA	283	0:36:58	299	1:35:39	25.09	93	0:44:16	<b>2:56:52</b>	1:01:10
2	362	MANUEL CRUCES PRADO	CLUB DEPORTIVO PINARIUM	245	0:33:50	304	1:41:24	23.67	278	0:59:30	<b>3:14:43</b>	1:19:02