

# CLASIFICACION CATEGORIAS

## TRIATLON POPULAR

Fecha: 28/05/2017 LUGAR: A CORUÑA

<b>DISTANCIAS</b> NATACION 750 MS CICLISMO 20,23 KMS CARRERA A PIE 4,94 KMS	<b>Temperatura</b> 18 C 16 C 17 C	<b>Jurado de Competición:</b> JUAN LUIS BOTANA MOSQUERA FRANCISCO VILLANUEVA GONZALEZ OSCAR JOSE SURIS REGUEIRO	<b>Oficiales:</b> Delegado Técnico: JUAN LUIS BOTANA MOSQUERA Juez General: JESUS ALVAREZ RODRIGUEZ Clasificaciones: SPORTCHIP
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COMIENZAN 191

FINALIZADOS 186

DESCALIFICADOS

Pos	Dorsal	Nombre	Apellidos	Club	Pos		Natación		T1	Ciclismo		T2	Carrera a pie		Tiempo Meta	Dif			
					Cat	Cat.	Pos / Tiempo / Vel	Pos / Tiempo / Vel		Pos / Tiempo / Vel	Pos / Tiempo / Vel								
<b>CATEGORIA: VET1M</b>																			
1	119	OSCAR VALENTIN	COSTAS OTERO	ARTROGAL-TRI 498	V1M	1	61	14:03	1:52 min/m	1:41	5	31:00	26.0 km/h	49	9	18:16	3:41 min/km	01:05:51	+0
2	258	DAVID	ARIAS DIAZ	TRIATLON FERROL	V1M	2	26	12:43	1:41 min/m	1:38	61	32:26	25.9 km/h	47	11	18:28	3:44 min/km	01:06:04	+13
3	126	JAVIER	RAMOS BOTANA	CIDADE DE LUGO FLUVIAL	V1M	3	95	14:50	1:58 min/m	1:53	14	31:25	25.2 km/h	35	5	18:04	3:39 min/km	01:06:49	+57
4	224	ROBERTO JOSE	MENDEZ QUINDIMIL	NOSPORTLIMIT	V1M	4	56	13:55	1:51 min/m	1:52	4	30:59	25.9 km/h	41	57	20:12	4:05 min/km	01:07:41	+1:49
5	246	JUAN CARLOS	GONZALEZ OROZCO	TRIATLON FERROL	V1M	5	115	15:28	2:03 min/m	1:31	41	32:08	24.7 km/h	30	6	18:04	3:39 min/km	01:07:44	+1:53
6	248	PABLO	SANJURJO POVEDA	TRIATLON FERROL	V1M	6	19	12:11	1:37 min/m	1:36	34	32:00	26.5 km/h	36	85	21:25	4:20 min/km	01:07:50	+1:59
7	247	MARCOS	CANEIRO CANEIRO	TRIATLON FERROL	V1M	7	124	15:45	2:06 min/m	1:43	23	31:40	24.7 km/h	42	12	18:30	3:44 min/km	01:08:22	+2:31
8	110	ENRIQUE	RIVAS RODRIGUEZ	ARCADE INFORHOUSE SANTIAGO	V1M	8	18	12:07	1:37 min/m	1:33	38	32:05	26.5 km/h	38	96	22:07	4:28 min/km	01:08:31	+2:40
9	252	JUAN	MENDEZ LOPEZ	TRISADA	V1M	9	76	14:27	1:55 min/m	1:50	33	31:55	25.2 km/h	38	42	19:40	3:58 min/km	01:08:32	+2:40
10	223	RAMON LUIS	CARNOTA MENDEZ	NOSPORTLIMIT	V1M	10	23	12:39	1:41 min/m	1:57	52	32:18	25.9 km/h	35	79	21:07	4:16 min/km	01:08:38	+2:47
11	168	MARCOS ANTONIC	SANCHO REY	CLUB TRIATLON CORUÑA	V1M	11	84	14:33	1:56 min/m	1:35	39	32:06	25.2 km/h	44	46	19:43	3:59 min/km	01:08:42	+2:51
12	155	DIEGO	SOTO VIÑAS	CLUB TRIATLON CORUÑA	V1M	12	51	13:38	1:49 min/m	2:05	65	32:33	25.1 km/h	35	59	20:15	4:06 min/km	01:09:09	+3:17
13	128	MARCOS	GONZALEZ TALAVERO	CLUB CICLISTA RIAZOR	V1M	13	53	13:40	1:49 min/m	2:01	6	31:04	26.0 km/h	59	88	21:41	4:23 min/km	01:09:26	+3:35
14	235	JAVIER	MON FERNANDEZ	TRIATLON ARTEIXO	V1M	14	39	13:15	1:46 min/m	1:45	27	31:45	25.9 km/h	43	120	22:58	4:39 min/km	01:10:29	+4:38
15	103	HECTOR ALFONSO	MARTINEZ FERNANDEZ	A.D. NAUTICO DE NARON	V1M	15	44	13:25	1:47 min/m	1:34	122	35:45	23.9 km/h	58	21	18:56	3:50 min/km	01:10:40	+4:48
16	123	MARCOS	PERISCAL REY	ASOCIACION DEPORTIVA MEDIA DUCIA	V1M	16	108	15:15	2:02 min/m	1:43	46	32:13	24.7 km/h	1:00	66	20:39	4:10 min/km	01:10:52	+5:00
17	184	SERGIO HILARIO	CASTELLANOS JIMENEZ	HERCULES XTRM	V1M	17	52	13:39	1:49 min/m	2:02	95	33:39	24.6 km/h	42	73	20:52	4:13 min/km	01:10:56	+5:05
18	232	PABLO ALEJO	BRANCATI ALVES	TRI OURENSE	V1M	18	106	15:10	2:01 min/m	1:49	49	32:16	24.6 km/h	41	82	21:10	4:17 min/km	01:11:08	+5:16
19	143	JOSE BENITO	MUÑIZ VILAR	CLUB NATACION RIVEIRA	V1M	19	36	13:04	1:44 min/m	1:44	43	32:09	25.8 km/h	48	134	23:29	4:45 min/km	01:11:16	+5:24
20	250	JOSE MARIA	EIROA FEAL	TRIATLON FERROL	V1M	20	97	14:52	1:58 min/m	2:09	91	33:33	24.0 km/h	42	60	20:16	4:06 min/km	01:11:34	+5:42
21	201	ENRIQUE	GRIÑAN TORRADO	NOSPORTLIMIT	V1M	21	89	14:42	1:57 min/m	1:59	70	32:40	24.6 km/h	40	91	21:45	4:24 min/km	01:11:48	+5:57
22	130	IÑAKI	DE SANTIAGO MARIN	CLUB CICLISTA RIAZOR	V1M	22	77	14:27	1:55 min/m	1:42	40	32:07	25.1 km/h	1:05	129	23:16	4:42 min/km	01:12:40	+6:48
23	213	JOSE LUIS	NAYA ORGEIRA	NOSPORTLIMIT	V1M	23	161	17:04	2:16 min/m	2:31	86	33:25	22.9 km/h	54	26	19:00	3:50 min/km	01:12:56	+7:04
24	121	EMILIO	GONZALEZ GARCIA	ASOCIACION DEPORTIVA MEDIA DUCIA	V1M	24	99	14:56	1:59 min/m	2:00	53	32:18	24.6 km/h	50	123	23:05	4:40 min/km	01:13:13	+7:22
25	135	PABLO	GARCIA BARBEIRA	CLUB CICLISTA VILALBA-AS PONTES	V1M	25	85	14:34	1:56 min/m	1:57	76	32:51	24.6 km/h	1:15	110	22:38	4:35 min/km	01:13:16	+7:24
26	183	MARCOS	LAGO CASTRO	HERCULES XTRM	V1M	26	126	15:48	2:06 min/m	2:27	102	34:17	23.1 km/h	51	54	20:06	4:04 min/km	01:13:30	+7:39
27	101	RUBEN	BLANCO DIAZ	A.D. NAUTICO DE NARON	V1M	27	83	14:31	1:56 min/m	2:05	68	32:38	24.6 km/h	52	137	23:31	4:45 min/km	01:13:40	+7:48

Pos	Dorsal	Nombre	Apellidos	Club	Pos Natación				T1	Ciclismo			T2	Carrera a pie			Tiempo		
					Cat	Cat.	Pos	Tiempo / Vel		Pos	Tiempo / Vel	Pos		Tiempo / Vel	Meta	Dif			
<b>CATEGORIA: VET1M</b>																			
28	205	JESUS	HEVIA GOMEZ	NOSPORTLIMIT	V1M	28	148	16:27	2:11 min/m	2:05	109	34:38	22.8 km/h	1:07	45	19:42	3:59 min/km	01:14:01	+8:10
29	264	CARLOS ALBERTO	GRACIA FERNÁNDEZ	LICENZA 1 DIA	V1M	29	86	14:34	1:56 min/m	2:26	143	37:34	22.2 km/h	35	22	18:57	3:50 min/km	01:14:07	+8:16
30	203	FERNANDO	SINES CRESPO	NOSPORTLIMIT	V1M	30	98	14:56	1:59 min/m	1:51	106	34:23	23.7 km/h	52	98	22:08	4:28 min/km	01:14:12	+8:20
31	111	FRANCISCO JAVIE	IGLESIAS PRADO	ARCADE INFORHOUSE SANTIAGO	V1M	31	167	17:30	2:20 min/m	1:26	56	32:22	23.6 km/h	41	108	22:24	4:32 min/km	01:14:25	+8:34
32	199	DAVID	VAZQUEZ DOCE	NOSPORTLIMIT	V1M	32	73	14:25	1:55 min/m	2:07	112	34:46	23.7 km/h	54	107	22:23	4:31 min/km	01:14:37	+8:45
33	267	DANIEL	SÁNCHEZ ROMERO	LICENZA 1 DIA	V1M	33	74	14:26	1:55 min/m	2:00	103	34:17	23.9 km/h	47	126	23:10	4:41 min/km	01:14:42	+8:50
34	169	PABLO JOSE	PAZOS HERNANDEZ	CLUB TRIATLON CORUÑA	V1M	34	122	15:44	2:05 min/m	2:01	79	33:01	23.9 km/h	52	122	23:02	4:39 min/km	01:14:42	+8:50
35	261	ALBERTO	MÉNDEZ RODRÍGUEZ	LICENZA 1 DIA	V1M	35	101	14:59	1:59 min/m	2:51	72	32:44	24.0 km/h	58	141	23:45	4:48 min/km	01:15:19	+9:27
36	158	FRANCISCO	DOCAMPO DIAZ	CLUB TRIATLON CORUÑA	V1M	36	96	14:51	1:58 min/m	1:54	96	33:56	23.9 km/h	1:10	151	24:23	4:56 min/km	01:16:15	+10:24
37	215	MARCOS ANDRES	ORDOÑEZ RODRIGUEZ	NOSPORTLIMIT	V1M	37	181	18:53	2:31 min/m	2:18	81	33:11	22.3 km/h	1:04	75	20:58	4:14 min/km	01:16:25	+10:34
38	197	JACOBO ANICETO	SANCHEZ-BALGOMA LOPEZ	NOSPORTLIMIT	V1M	38	164	17:23	2:19 min/m	1:48	98	34:02	22.8 km/h	1:14	103	22:15	4:30 min/km	01:16:43	+10:52
39	176	CELSE	BLANCO GARCIA	HERCULES XTRM	V1M	39	49	13:36	1:48 min/m	3:00	129	36:50	22.7 km/h	53	118	22:51	4:37 min/km	01:17:12	+11:20
40	189	ANTONIO	BAAMONDE SANDE	NOSPORTLIMIT	V1M	40	103	15:03	2:00 min/m	3:03	158	39:22	21.1 km/h	1:10	20	18:53	3:49 min/km	01:17:33	+11:41
41	187	LUIS	FERNANDEZ ESPADA	KURAI	V1M	41	141	16:10	2:09 min/m	2:47	131	36:58	21.7 km/h	1:37	56	20:11	4:05 min/km	01:17:44	+11:53
42	167	MANUEL	SANMARTIN MALVAREZ	CLUB TRIATLON CORUÑA	V1M	42	119	15:37	2:05 min/m	2:12	117	35:11	22.9 km/h	1:07	152	24:26	4:56 min/km	01:18:36	+12:44
43	170	MANUEL	DURO GONZALEZ	CLUB TRIATLON CORUÑA	V1M	43	27	12:48	1:42 min/m	2:17	150	38:30	22.6 km/h	50	150	24:16	4:54 min/km	01:18:43	+12:51
44	105	ROBERTO	VENTUREIRA DOPICO	A.D. NAUTICO DE NARON	V1M	44	131	15:54	2:07 min/m	2:00	156	39:06	21.3 km/h	54	74	20:53	4:13 min/km	01:18:49	+12:57
45	212	FRANCISCO	ALONSO CUEVAS	NOSPORTLIMIT	V1M	45	121	15:43	2:05 min/m	2:12	125	36:29	22.3 km/h	54	145	24:03	4:52 min/km	01:19:23	+13:32
46	281	FRANCISCO JAVIE	DOPICO IGLESIAS	LICENZA 1 DIA	V1M	46	64	14:09	1:53 min/m	2:18	166	39:50	21.6 km/h	54	104	22:15	4:30 min/km	01:19:29	+13:37
47	172	JULIO	ALVAREZ-BUYLLA DE LA UZ	CLUB TRIATLON MAR DE VIGO	V1M	47	170	17:44	2:21 min/m	2:59	127	36:38	21.2 km/h	1:26	77	21:06	4:16 min/km	01:19:55	+14:03
48	134	TOMAS JOSE	COELLO PENA-MANSO	CLUB CICLISTA RIAZOR	V1M	48	113	15:26	2:03 min/m	1:53	153	38:54	21.6 km/h	46	127	23:13	4:42 min/km	01:20:15	+14:24
49	210	JOSE MANUEL	PATIÑO ABEIJON	NOSPORTLIMIT	V1M	49	162	17:05	2:16 min/m	2:16	123	35:53	22.0 km/h	1:20	143	23:52	4:50 min/km	01:20:28	+14:37
50	282	RAMON	SEOANE FREIJIDO	LICENZA 1 DIA	V1M	50	133	15:57	2:07 min/m	2:47	119	35:30	22.4 km/h	1:17	161	25:03	5:04 min/km	01:20:36	+14:45
51	193	ALEJANDRO	RODRIGUEZ LORENZO	NOSPORTLIMIT	V1M	51	129	15:51	2:06 min/m	2:47	144	37:35	21.6 km/h	54	133	23:28	4:45 min/km	01:20:37	+14:46
52	124	OLIVER	GRAÑA PEREZ	C. NATACION CEDEIRA MUEBLES GARCI	V1M	52	174	18:11	2:25 min/m	1:54	133	37:13	21.2 km/h	33	117	22:44	4:36 min/km	01:20:37	+14:46
53	182	JOSE ANTONIO	MARTINEZ LEMA	HERCULES XTRM	V1M	53	182	18:56	2:31 min/m	2:33	116	34:53	21.5 km/h	54	139	23:40	4:47 min/km	01:20:58	+15:07
54	262	ALEJANDRO	SANTOS FOLGADO	LICENZA 1 DIA	V1M	54	156	16:50	2:14 min/m	2:41	124	36:05	21.8 km/h	1:17	159	24:50	5:01 min/km	01:21:44	+15:53
55	255	RAMIRO	BLANCO MONTERO	TRISADA	V1M	55	93	14:49	1:58 min/m	2:23	137	37:15	22.3 km/h	1:17	165	26:04	5:16 min/km	01:21:50	+15:59
56	202	FEDERICO JOSE	LOPEZ FERREIRO	NOSPORTLIMIT	V1M	56	165	17:26	2:19 min/m	2:29	151	38:40	20.7 km/h	1:00	111	22:40	4:35 min/km	01:22:16	+16:25
57	217	MANUEL	SAZ CEBRIAN	NOSPORTLIMIT	V1M	57	171	17:47	2:22 min/m	3:27	136	37:14	20.8 km/h	1:20	113	22:40	4:35 min/km	01:22:30	+16:38
58	154	DIEGO ANTONIO	RIVAS OLIVEIRA	CLUB TRIATLON CORUÑA	V1M	58	142	16:11	2:09 min/m	2:46	164	39:37	20.7 km/h	57	142	23:50	4:49 min/km	01:23:23	+17:31
59	271	ENRIQUE	PEÑA GONZÁLEZ	LICENZA 1 DIA	V1M	59	149	16:28	2:11 min/m	3:07	152	38:47	20.8 km/h	1:27	140	23:41	4:47 min/km	01:23:32	+17:41
60	284	SANTIAGO	SANTALLA LOURIDO	LICENZA 1 DIA	V1M	60	163	17:22	2:18 min/m	2:43	148	38:02	20.9 km/h	1:00	157	24:39	4:59 min/km	01:23:48	+17:56
61	260	ALBERTO	PEDROSA PÉREZ	LICENZA 1 DIA	V1M	61	120	15:43	2:05 min/m	2:23	160	39:24	21.1 km/h	51	163	25:38	5:11 min/km	01:24:00	+18:09
62	175	OSCAR JACOBO	CASTELLANOS JIMENEZ	HERCULES XTRM	V1M	62	177	18:29	2:27 min/m	2:28	142	37:33	20.7 km/h	1:16	156	24:31	4:57 min/km	01:24:20	+18:28
63	132	ROBERTO MIGUEL	PICOS FONTICOBIA	CLUB CICLISTA RIAZOR	V1M	63	168	17:40	2:21 min/m	2:38	146	37:45	20.9 km/h	56	164	25:47	5:13 min/km	01:24:46	+18:55
64	277	JOSE MANUEL	FACAL FARIÑA	LICENZA 1 DIA	V1M	64	69	14:18	1:54 min/m	3:30	165	39:38	21.1 km/h	1:28	173	27:32	5:34 min/km	01:26:28	+20:37
65	268	DANIEL	LOSADA GONZÁLEZ	LICENZA 1 DIA	V1M	65	185	19:40	2:37 min/m	5:48	135	37:13	19.4 km/h	1:44	138	23:32	4:45 min/km	01:27:58	+22:07
66	269	EMILIO JOSE	GARROCHO DURAN	LICENZA 1 DIA	V1M	66	159	16:58	2:15 min/m	2:27	173	40:42	20.2 km/h	1:17	180	28:26	5:45 min/km	01:29:51	+24:00
67	209	JOSE FRANCISCO	SUAREZ NUÑEZ	NOSPORTLIMIT	V1M	67	184	19:35	2:36 min/m	3:26	181	43:05	18.4 km/h	1:02	144	24:02	4:52 min/km	01:31:12	+25:21
68	280	OSCAR	REGAL GONZALEZ	LICENZA 1 DIA	V1M	68	189	21:20	2:50 min/m	5:21	185	44:11	17.1 km/h	1:26	125	23:07	4:40 min/km	01:35:27	+29:36
69	278	MIGUEL	MOSQUERA MONTERO	LICENZA 1 DIA	V1M	69	183	19:18	2:34 min/m	3:07	186	47:17	17.4 km/h	43	170	27:16	5:31 min/km	01:37:43	+31:51
70	181	JUAN	FERNANDEZ GONZALEZ	HERCULES XTRM	V1M	70	190	22:35	3:00 min/m	2:34	177	42:29	17.9 km/h	1:43	178	28:19	5:44 min/km	01:37:43	+31:51

Pos	Dorsal	Nombre	Apellidos	Club	Pos Natación			Ciclismo			Carrera a pie			Tiempo					
					Cat	Cat.	Pos / Tiempo / Vel	T1	Pos / Tiempo / Vel	T2	Pos / Tiempo / Vel	Meta	Dif						
<b>CATEGORIA: VET1F</b>																			
1	300	CRISTINA PILAR	FERNANDEZ CID	NOSPORTLIMIT	V1F	1	134	15:58	2:07 min/m	2:26	170	40:13	20.7 km/h	1:01	148	24:14	4:54 min/km	<b>01:23:53</b>	+0
2	291	VANESSA	NAVEIRA LOPEZ	CLUB CICLISTA RIAZOR	V1F	2	140	16:09	2:09 min/m	2:46	167	39:55	20.6 km/h	1:29	167	26:16	5:19 min/km	<b>01:26:37</b>	+2:43
3	309	HELIANA	MARTINEZ ALONSO	LICENZA 1 DIA	V1F	3	110	15:20	2:02 min/m	2:08	178	42:47	20.1 km/h	47	174	27:50	5:38 min/km	<b>01:28:53</b>	+4:59
4	295	MARTA MARIA	FERNANDEZ-TAFALL	SALGADCLUB TRIATLON CORUÑA	V1F	4	143	16:16	2:10 min/m	2:32	184	44:03	19.3 km/h	1:39	184	30:42	6:12 min/km	<b>01:35:15</b>	+11:21
5	285	ANA CELIA	GOLPE GONZALEZ	CIDADE DE LUGO FLUVIAL	V1F	5	188	21:03	2:48 min/m	3:25	187	48:10	16.7 km/h	1:44	176	28:13	5:42 min/km	<b>01:42:38</b>	+18:44
6	296	GUADALUPE	CHAVEZ VAZQUEZ	LAMARGHA-BEARIZ TRIATLON	V1F	6	191	25:32	3:24 min/m	2:43	188	49:09	15.7 km/h	1:32	186	34:31	6:59 min/km	<b>01:53:30</b>	+29:37

<b>CATEGORIA: VET2M</b>																			
1	239	ALVARO	GARCIA ALVAREZ	TRIATLON FERROL	V2M	1	47	13:31	1:48 min/m	1:53	15	31:25	25.9 km/h	36	14	18:39	3:46 min/km	<b>01:06:07</b>	+0
2	244	JOSE	FERRACES REGUEIROMASCUL	TRIATLON FERROL	V2M	2	33	13:01	1:44 min/m	1:30	51	32:17	25.9 km/h	35	43	19:40	3:58 min/km	<b>01:07:05</b>	+58
3	164	JOSE ANDRES	ALDREY VARELA	CLUB TRIATLON CORUÑA	V2M	3	22	12:36	1:40 min/m	1:44	57	32:22	26.0 km/h	35	48	19:51	4:01 min/km	<b>01:07:10</b>	+1:02
4	113	ANTONIO	VIDAL ARES	ARCADE INFORHOUSE SANTIAGO	V2M	4	63	14:09	1:53 min/m	1:36	8	31:07	25.9 km/h	44	47	19:43	3:59 min/km	<b>01:07:20</b>	+1:12
5	162	JAIME	CARRODEGUAS MARTINEZ	CLUB TRIATLON CORUÑA	V2M	5	38	13:11	1:45 min/m	1:45	30	31:52	25.9 km/h	43	55	20:11	4:05 min/km	<b>01:07:45</b>	+1:37
6	245	MANUEL ANGEL	PITA PEREIRA	TRIATLON FERROL	V2M	6	82	14:31	1:56 min/m	1:35	37	32:03	25.2 km/h	37	78	21:07	4:16 min/km	<b>01:09:56</b>	+3:48
7	270	ENRIQUE	MUÑOZ CANTERO	LICENZA 1 DIA	V2M	7	66	14:14	1:53 min/m	1:50	47	32:13	25.1 km/h	42	80	21:08	4:16 min/km	<b>01:10:09</b>	+4:02
8	156	FEDERICO	PORTO ARIAS	CLUB TRIATLON CORUÑA	V2M	8	138	16:03	2:08 min/m	2:05	85	33:16	23.6 km/h	39	84	21:23	4:19 min/km	<b>01:13:28</b>	+7:21
9	160	JOSE ANGEL	JURADO ALBARRACIN-MARTIN	CLUB TRIATLON CORUÑA	V2M	9	94	14:50	1:58 min/m	2:24	87	33:26	23.9 km/h	43	97	22:07	4:28 min/km	<b>01:13:32</b>	+7:25
10	211	JOSE	RILO LOPEZ	NOSPORTLIMIT	V2M	10	145	16:25	2:11 min/m	2:32	99	34:03	22.9 km/h	25	81	21:10	4:17 min/km	<b>01:14:35</b>	+8:27
11	152	ARTURO	LOPEZ LAGO	CLUB TRIATLON CORUÑA	V2M	11	75	14:26	1:55 min/m	2:07	113	34:51	23.6 km/h	51	115	22:43	4:35 min/km	<b>01:15:00</b>	+8:52
12	221	MANUEL	OTERO GOMEZ	NOSPORTLIMIT	V2M	12	180	18:45	2:30 min/m	2:01	108	34:32	21.9 km/h	53	64	20:31	4:09 min/km	<b>01:16:43</b>	+10:36
13	125	JOSE MARIA	REIGOSA MARTINEZ	CIDADE DE LUGO FLUVIAL	V2M	13	154	16:45	2:14 min/m	2:36	121	35:44	22.0 km/h	57	116	22:44	4:36 min/km	<b>01:18:48</b>	+12:40
14	173	OSCAR JOSE	SURIS REGUEIRO	CLUB TRIATLON MAR DE VIGO	V2M	14	144	16:23	2:11 min/m	1:55	134	37:13	21.9 km/h	55	130	23:18	4:43 min/km	<b>01:19:45</b>	+13:38
15	256	ROBERTO JOSE	VIZOSO BLANCO	TRISADA	V2M	15	137	16:01	2:08 min/m	2:21	155	39:00	21.1 km/h	58	171	27:24	5:32 min/km	<b>01:25:47</b>	+19:39
16	194	ALVARO VALENTIN	GARCIA DIEGUEZ	NOSPORTLIMIT	V2M	16	160	17:01	2:16 min/m	3:34	149	38:16	20.6 km/h	1:43	183	29:45	6:01 min/km	<b>01:30:21</b>	+24:13

<b>CATEGORIA: VET2F</b>																			
1	304	LAURA	LOPEZ BLANCO	TRI OURENSE	V2F	1	179	18:44	2:29 min/m	2:08	182	43:47	18.8 km/h	1:16	154	24:27	4:57 min/km	<b>01:30:24</b>	+0

<b>CATEGORIA: CADETE M</b>																			
1	142	MANUEL	SIMON COTELO	CLUB NATACION LICEO	CDM	1	1	9:59	1:19 min/m	1:21	36	32:01	28.0 km/h	1:11	16	18:42	3:47 min/km	<b>01:03:17</b>	+0
2	228	XESUS MARTIÑO	IGLESIAS CAMPAÑA	TALLERES DAVID TRIATLON COMPOST	CDM	2	5	10:46	1:26 min/m	1:25	90	33:33	26.5 km/h	29	23	18:58	3:50 min/km	<b>01:05:13</b>	+1:56
3	141	JORGE	CARREIRA POSADA	CLUB NATACION LICEO	CDM	3	4	10:32	1:24 min/m	1:36	93	33:35	26.5 km/h	34	69	20:48	4:12 min/km	<b>01:07:06</b>	+3:49
4	137	CRISTIAN	BRAVO CONDE	CLUB NATACION LICEO	CDM	4	10	11:32	1:32 min/m	35	94	33:35	26.5 km/h	43	162	25:26	5:08 min/km	<b>01:11:52</b>	+8:35
5	229	NICOLAS MANUEL	BOTANA PRINI	TALLERES DAVID TRIATLON COMPOST	CDM	5	57	13:57	1:51 min/m	1:51	118	35:13	23.8 km/h	30	86	21:26	4:20 min/km	<b>01:12:59</b>	+9:41
6	106	SAMUEL	MENDEZ PEREZ	A.D. TRI-PENTA TERRAS DE LUGO	CDM	6	65	14:12	1:53 min/m	2:15	107	34:26	23.8 km/h	1:07	160	24:56	5:03 min/km	<b>01:16:58</b>	+13:41
7	139	JOSE LUIS	CRUZ BARRO	CLUB NATACION LICEO	CDM	7	13	11:54	1:35 min/m	2:11	130	36:55	23.8 km/h	52	172	27:27	5:33 min/km	<b>01:19:20</b>	+16:03

<b>CATEGORIA: CADETE F</b>																			
1	292	LORENA	DIAZ CORDAL	CLUB NATACION LICEO	CDF	1	2	10:13	1:21 min/m	1:42	171	40:17	23.2 km/h	47	90	21:44	4:24 min/km	<b>01:14:44</b>	+0

<b>CATEGORIA: JUNIOR M</b>															
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Pos	Dorsal	Nombre	Apellidos	Club	Pos Natación			Ciclismo			Carrera a pie			Tiempo					
					Cat	Pos	Tiempo / Vel	T1	Pos	Tiempo / Vel	T2	Pos	Tiempo / Vel	Meta	Dif				
<b>CATEGORIA: JUNIOR M</b>																			
1	186	ANTONIO	SOUTO PRIETO	Independiente	JNM	1	8	11:14	1:29 min/m	1:28	77	32:58	26.6 km/h	31	18	18:51	3:49 min/km	<b>01:05:04</b>	+0
<b>CATEGORIA: JUNIOR F</b>																			
1	305	EMMA	ROMEO IGLESIAS	TRIATLON FERROL	JNF	1	31	12:57	1:43 min/m	1:30	154	38:57	22.7 km/h	33	102	22:15	4:30 min/km	<b>01:16:14</b>	+0
<b>CATEGORIA: SUB23 M</b>																			
1	242	CARLOS JOSE	CANDANO BELLO	TRIATLON FERROL	SUB23M 1	20	12:17	1:38 min/m	1:32	31	31:52	26.6 km/h	39	29	19:05	3:51 min/km	<b>01:05:26</b>	+0	
2	226	VICTOR	ANDRES ALMENDARIZ	NOSPORTLIMIT	SUB23M 2	17	12:02	1:36 min/m	2:18	66	32:36	25.8 km/h	53	7	18:12	3:41 min/km	<b>01:06:02</b>	+35	
3	266	DAVID	ESTEBAN FERREIRO	LICENZA 1 DIA	SUB23M 3	41	13:16	1:46 min/m	2:01	21	31:36	25.9 km/h	53	25	19:00	3:50 min/km	<b>01:06:47</b>	+1:20	
4	257	VÍCTOR	DEL OLMO BARRIOCANAL	UNO PUBLICIDAD TRAGALEGUAS	SUB23M 4	91	14:44	1:57 min/m	1:55	67	32:37	24.6 km/h	50	106	22:22	4:31 min/km	<b>01:12:30</b>	+7:03	
<b>CATEGORIA: SUB23 F</b>																			
1	307	NOELIA	GOMEZ LOPEZ	TRIATLÓN MOTOBIKE GALAICO PONTES	SUB23F 1	6	10:50	1:26 min/m	1:35	172	40:30	22.9 km/h	50	121	23:02	4:39 min/km	<b>01:16:49</b>	+0	
2	306	LAURA	SANTALLA TRIGO	TRIATLON FERROL	SUB23F 2	7	11:08	1:29 min/m	1:50	180	43:03	21.7 km/h	37	175	27:52	5:38 min/km	<b>01:24:31</b>	+7:42	