

LOCALIDADE	VEDRA	DATA	09/03/2019	DISTANCIA	SPRINT	MODALIDADE	CONTRA O RELOXO EQUIPOS		
Delegado Técnico	José Luís Botana Mosquera			JURADO DE COMPETICIÓN		José Luís Botana Mosquera (DT)			
Juez Árbitro	José Manuel Rey Rodríguez					Gonzalo Triúnfo Delgado (FEGATRI)			
Respons. Oficiais	José Manuel Rey Rodríguez					Francisco Cendán Llorens (Triatlón Compostela)			
PROBA			TEMP	CARREIRA	CICLISMO	CARREIRA			
OCEAN LAVA			14º	5000 METROS	20 KILÓMETROS	2,5 KILOMETROS			
ABSOLUTO FEMININO				2 voltas	2 voltas	1 volta			
INSCRITOS	8	ACABAN	8	RETIRADOS	0	DESCALIFICADOS	0	NON PRESENTADOS	0

POSTO	DORSAL	EQUIPO	CARREIRA	BICI	CARREIRA	TOTAL
1	34	A.D. NAUTICO DE NARON	00:21:59	00:40:57	00:11:28	01:14:23
2	35	ARCADE INFORHOUSE SANTIAGO	00:21:44	00:42:58	00:11:00	01:15:41
3	38	TRIATLON MOTOBIKE GALAICO PONTEVEDRA	00:21:49	00:44:33	00:11:33	01:17:54
4	41	TRIATLON ARTEIXO	00:22:28	00:44:43	00:12:42	01:19:52
5	39	CLUB OLIMPICO DE VEDRA	00:23:15	00:45:01	00:12:42	01:20:57
6	36	NOSPORTLIMIT	00:23:31	00:44:57	00:12:44	01:21:12
7	40	CLUB TRIATLON COMPOSTELA	00:24:53	00:49:42	00:13:11	01:27:45
8	37	CLUB TRIATLON MAR DE VIGO	00:26:54	00:51:36	00:13:50	01:32:19

LOCALIDADE	VEDRA	DATA	09/03/2019	DISTANCIA	SPRINT	MODALIDADE	CONTRA O RELOXO EQUIPOS		
Delegado Técnico	José Luís Botana Mosquera			JURADO DE COMPETICIÓN		José Luís Botana Mosquera (DT)			
Juez Árbitro	José Manuel Rey Rodríguez					Gonzalo Triúnfo Delgado (FEGATRI)			
Respons. Oficiais	José Manuel Rey Rodríguez					Francisco Cendán Llorens (Triatlón Compostela)			
PROBA			TEMP	CARREIRA	CICLISMO	CARREIRA			
CAMPIONATO GALEGO			14º	5000 METROS	20 KILÓMETROS	2,5 KILOMETROS			
ABSOLUTO FEMININO				2 voltas	2 voltas	1 volta			
INSCRITOS	8	ACABAN	8	RETIRADOS	0	DESCALIFICADOS	0	NON PRESENTADOS	0

POSTO	DORSAL	EQUIPO	CARREIRA	BICI	CARREIRA	TOTAL
1	34	A.D. NAUTICO DE NARON	00:21:59	00:40:57	00:11:28	01:14:23
2	35	ARCADE INFORHOUSE SANTIAGO	00:21:44	00:42:58	00:11:00	01:15:41
3	38	TRIATLON MOTOBIKE GALAICO PONTEVEDRA	00:21:49	00:44:33	00:11:33	01:17:54
4	41	TRIATLON ARTEIXO	00:22:28	00:44:43	00:12:42	01:19:52
5	39	CLUB OLIMPICO DE VEDRA	00:23:15	00:45:01	00:12:42	01:20:57
6	36	NOSPORTLIMIT	00:23:31	00:44:57	00:12:44	01:21:12
7	40	CLUB TRIATLON COMPOSTELA	00:24:53	00:49:42	00:13:11	01:27:45
8	37	CLUB TRIATLON MAR DE VIGO	00:26:54	00:51:36	00:13:50	01:32:19

LOCALIDADE	VEDRA	DATA	09/03/2019	DISTANCIA	SPRINT	MODALIDADE	CONTRA O RELOXO EQUIPOS		
Delegado Técnico	José Luís Botana Mosquera			JURADO		José Luís Botana Mosquera (DT)			
Juez Árbitro	José Manuel Rey Rodríguez			DE		Gonzalo Triúnfo Delgado (FEGATRI)			
Respons. Oficiais	José Manuel Rey Rodríguez			COMPETICIÓN		Francisco Cendán Llorens (Triatlón Compostela)			
PROBA			TEMP	CARREIRA	CICLISMO	CARREIRA			
OCEAN LAVA			14º	5000 METROS	20 KILÓMETROS	2,5 KILOMETROS			
ABSOLUTO MASCULINO				2 voltas	2 voltas	1 volta			
INSCRITOS	33	ACABAN	32	RETIRADOS	0	DESCALIFICADOS	0	NON PRESENTADOS	1

POSTO	DORSAL	EQUIPO	CARREIRA	BICI	CARREIRA	TOTAL
1	32	TRIATLON BOIRO	00:17:40	00:32:35	00:08:40	00:58:54
2	2	ARCADE INFORHOUSE SANTIAGO	00:17:03	00:33:25	00:08:31	00:58:57
3	4	CLUB TRIATLON COMPOSTELA	00:17:35	00:32:59	00:08:48	00:59:21
4	11	TRIATLON FERROL	00:17:29	00:33:30	00:09:05	01:00:03
5	3	TRIATLON ARTEIXO	00:17:35	00:33:12	00:09:20	01:00:06
6	1	CLUB OLIMPICO DE VEDRA	00:17:22	00:34:07	00:09:10	01:00:38
7	6	TRIATLON COSTA DA MORTE	00:17:35	00:34:20	00:09:29	01:01:24
8	8	TRIATLON VILAGARCIA/ATENAS RUNNING	00:17:41	00:34:32	00:09:21	01:01:33
9	5	CLUB CICLISMO-TRIATLON POIO	00:18:04	00:34:19	00:09:24	01:01:46
10	27	CLUB NATACION LICEO	00:17:42	00:34:11	00:10:06	01:01:57
11	33	TRIATLON FACTORY.COACHING LLANERA	00:18:35	00:33:47	00:09:40	01:02:00
12	22	TRIATLON MURALLA DE LUGO	00:18:24	00:34:20	00:09:59	01:02:41
13	17	NATACION PABELLON OURENSE	00:18:33	00:34:57	00:09:51	01:03:20
14	7	ARTROGAL-TRI 498	00:18:05	00:35:34	00:09:49	01:03:28
15	25	CLUB ATLETISMO PORRIÑO	00:18:33	00:35:25	00:09:36	01:03:33
16	10	LAMARGHA-BEARIZ TRIATLON	00:19:01	00:34:42	00:10:00	01:03:42
17	15	TRINORTH	00:18:50	00:35:04	00:09:58	01:03:51
18	23	TRIATLON O TREITO	00:19:17	00:34:42	00:09:56	01:03:55
19	13	TRIATLON MOTOBIKE GALAICO PONTEVEDRA	00:18:23	00:35:53	00:09:49	01:04:04
20	29	CLUB PEÑA CICLISTA TOXO	00:19:35	00:35:53	00:10:36	01:06:04
21	12	NOSPORTLIMIT	00:19:12	00:36:40	00:10:13	01:06:04
22	18	CLUB TRIATLON CORUÑA	00:19:14	00:36:55	00:10:28	01:06:35
23	14	CLUB TRIATLON MAR DE VIGO	00:19:44	00:36:41	00:10:15	01:06:40
24	26	CLUB CICLISTA MUROS	00:19:22	00:36:55	00:10:25	01:06:41
25	30	KURAI	00:19:17	00:37:02	00:10:31	01:06:49
26	19	TRISADA	00:19:23	00:37:18	00:10:12	01:06:52
27	31	TRI OURENSE	00:19:58	00:37:34	00:10:24	01:07:55
28	24	A.D. FOGAR	00:19:39	00:39:11	00:11:17	01:10:06
29	20	CLUB CERVECERIA O COTON NEGREIRA	00:20:18	00:40:07	00:10:45	01:11:09
30	28	CLUB HERCULES TERMARIA	00:21:17	00:39:10	00:10:59	01:11:25
31	21	CLUB DEPORTIVO PINARIUM	00:21:19	00:41:21	00:11:58	01:14:38
32	9	A.D. NAUTICO DE NARON	00:21:02	00:45:11	00:10:20	01:16:33
DNS	16	OURENSE ATLETISMO				

LOCALIDADE	VEDRA	DATA	09/03/2019	DISTANCIA	SPRINT	MODALIDADE	CONTRA O RELOXO EQUIPOS		
Delegado Técnico	José Luís Botana Mosquera			JURADO		José Luís Botana Mosquera (DT)			
Juez Árbitro	José Manuel Rey Rodríguez			DE		Gonzalo Triúnfo Delgado (FEGATRI)			
Respons. Oficiais	José Manuel Rey Rodriguez			COMPETICIÓN		Francisco Cendán Llorens (Triatlón Compostela)			
PROBA				TEMP	CARREIRA	CICLISMO	CARREIRA		
CAMPIONATO GALEGO				14º	5000 METROS	20 KILÓMETROS	2,5 KILOMETROS		
ABSOLUTO MASCULINO					2 voltas	2 voltas	1 volta		
INSCRITOS	32	ACABAN	31	RETIRADOS	0	DESCALIFICADOS	0	NON PRESENTADOS	1

POSTO	DORSAL	EQUIPO	CARREIRA	BICI	CARREIRA	TOTAL
1	32	TRIATLON BOIRO	00:17:40	00:32:35	00:08:40	00:58:54
2	2	ARCADE INFORHOUSE SANTIAGO	00:17:03	00:33:25	00:08:31	00:58:57
3	4	CLUB TRIATLON COMPOSTELA	00:17:35	00:32:59	00:08:48	00:59:21
4	11	TRIATLON FERROL	00:17:29	00:33:30	00:09:05	01:00:03
5	3	TRIATLON ARTEIXO	00:17:35	00:33:12	00:09:20	01:00:06
6	1	CLUB OLIMPICO DE VEDRA	00:17:22	00:34:07	00:09:10	01:00:38
7	6	TRIATLON COSTA DA MORTE	00:17:35	00:34:20	00:09:29	01:01:24
8	8	TRIATLON VILAGARCIA/ATENAS RUNNING	00:17:41	00:34:32	00:09:21	01:01:33
9	5	CLUB CICLISMO-TRIATLON POIO	00:18:04	00:34:19	00:09:24	01:01:46
10	27	CLUB NATACION LICEO	00:17:42	00:34:11	00:10:06	01:01:57
11	22	TRIATLON MURALLA DE LUGO	00:18:24	00:34:20	00:09:59	01:02:41
12	17	NATACION PABELLON OURENSE	00:18:33	00:34:57	00:09:51	01:03:20
13	7	ARTROGAL-TRI 498	00:18:05	00:35:34	00:09:49	01:03:28
14	25	CLUB ATLETISMO PORRIÑO	00:18:33	00:35:25	00:09:36	01:03:33
15	10	LAMARGHA-BEARIZ TRIATLON	00:19:01	00:34:42	00:10:00	01:03:42
16	15	TRINORTH	00:18:50	00:35:04	00:09:58	01:03:51
17	23	TRIATLON O TREITO	00:19:17	00:34:42	00:09:56	01:03:55
18	13	TRIATLON MOTOBIKE GALAICO PONTEVEDRA	00:18:23	00:35:53	00:09:49	01:04:04
19	29	CLUB PEÑA CICLISTA TOXO	00:19:35	00:35:53	00:10:36	01:06:04
20	12	NOSPORTLIMIT	00:19:12	00:36:40	00:10:13	01:06:04
21	18	CLUB TRIATLON CORUÑA	00:19:14	00:36:55	00:10:28	01:06:35
22	14	CLUB TRIATLON MAR DE VIGO	00:19:44	00:36:41	00:10:15	01:06:40
23	26	CLUB CICLISTA MUROS	00:19:22	00:36:55	00:10:25	01:06:41
24	30	KURAI	00:19:17	00:37:02	00:10:31	01:06:49
25	19	TRISADA	00:19:23	00:37:18	00:10:12	01:06:52
26	31	TRI OURENSE	00:19:58	00:37:34	00:10:24	01:07:55
27	24	A.D. FOGAR	00:19:39	00:39:11	00:11:17	01:10:06
28	20	CLUB CERVECERIA O COTON NEGREIRA	00:20:18	00:40:07	00:10:45	01:11:09
29	28	CLUB HERCULES TERMARIA	00:21:17	00:39:10	00:10:59	01:11:25
30	21	CLUB DEPORTIVO PINARIUM	00:21:19	00:41:21	00:11:58	01:14:38
31	9	A.D. NAUTICO DE NARON	00:21:02	00:45:11	00:10:20	01:16:33
DNS	16	OURENSE ATLETISMO				

LOCALIDADE	VEDRA	DATA	09/03/2019	DISTANCIA	SPRINT	MODALIDADE	CONTRA O RELOXO EQUIPOS
Delegado Técnico	José Luís Botana Mosquera			JURADO DE COMPETICIÓN		José Luís Botana Mosquera (DT)	
Juez Árbitro	José Manuel Rey Rodríguez					Gonzalo Triúnfo Delgado (FEGATRI)	
Respons. Oficiais	José Manuel Rey Rodríguez					Francisco Cendán Llorens (Triatlón Compostela)	
PROBA				TEMP	CARREIRA	CICLISMO	CARREIRA
OCEAN LAVA				14º	5000 METROS	20 KILÓMETROS	2,5 KILOMETROS
OPEN FEMININO					2 voltas	2 voltas	1 volta
INSCRITOS	3	ACABAN	3	RETIRADOS	0	DESCALIFICADOS	0
						NON PRESENTADOS	0

POSTO	DORSAL	EQUIPO	CARREIRA	BICI	CARREIRA	TOTAL
1	99	A.D. NAUTICO DE NARON B	00:23:35	00:43:51	00:13:53	01:21:18
2	98	CLUB HERCULES TERMARIA	00:26:43	00:51:53	00:15:01	01:33:37
3	100	CLUB OLIMPICO DE VEDRA B	00:26:32	00:56:54	00:15:27	01:38:53

LOCALIDADE	VEDRA	DATA	09/03/2019	DISTANCIA	SPRINT	MODALIDADE	CONTRA O RELOXO EQUIPOS		
Delegado Técnico	José Luís Botana Mosquera			JURADO		José Luís Botana Mosquera (DT)			
Juez Árbitro	José Manuel Rey Rodríguez			DE		Gonzalo Triunfo Delgado (FEGATRI)			
Respons. Oficiais	José Manuel Rey Rodriguez			COMPETICIÓN		Francisco Cendán Llorens (Triatlón Compostela)			
PROBA			TEMP	CARREIRA	CICLISMO	CARREIRA			
OCEAN LAVA			14º	5000 METROS	20 KILÓMETROS	2,5 KILOMETROS			
OPEN MASCULINO				2 voltas	2 voltas	1 volta			
INSCRITOS	56	ACABAN	55	RETIRADOS	0	DESCALIFICADOS	0	NON PRESENTADOS	1

POSTO	DORSAL	EQUIPO	CARREIRA	BICI	CARREIRA	TOTAL
1	81	ARCADE INFORHOUSE SANTIAGO D	00:18:16	00:35:26	00:09:15	01:02:56
2	65	TRIATLON FERROL B	00:18:11	00:35:31	00:09:34	01:03:15
3	48	ARCADE INFORHOUSE SANTIAGO B	00:18:20	00:36:15	00:09:44	01:04:18
4	55	CLUB TRIATLON COMPOSTELA B	00:18:37	00:37:53	00:08:03	01:04:32
5	52	CLUB CICLISMO-TRIATLON POIO B	00:18:48	00:36:21	00:10:07	01:05:15
6	45	TRIATLON VILAGARCIA/ATENAS RUNNING B	00:19:12	00:36:07	00:10:07	01:05:24
7	49	ARTROGAL-TRI 498 B	00:19:07	00:36:47	00:10:13	01:06:06
8	62	TRIATLON ARTEIXO B	00:18:42	00:36:46	00:10:51	01:06:18
9	54	CLUB OLIMPICO DE VEDRA B	00:19:13	00:37:06	00:10:10	01:06:28
10	50	CLUB ATLETISMO PORRIÑO B	00:19:45	00:36:41	00:10:14	01:06:40
11	70	ARTROGAL-TRI 498 C	00:20:08	00:39:28	00:09:00	01:08:36
12	44	TRIATLON O TREITO B	00:21:22	00:36:06	00:11:11	01:08:38
13	63	TRIATLON BOIRO B	00:21:07	00:37:45	00:10:08	01:08:59
14	78	TRIATLON ARTEIXO C	00:19:51	00:38:50	00:10:46	01:09:25
15	56	CLUB TRIATLON CORUÑA B	00:20:17	00:38:47	00:11:05	01:10:08
16	69	ARCADE INFORHOUSE SANTIAGO C	00:21:38	00:37:03	00:12:09	01:10:49
17	59	NATACION PABELLON OURENSE B	00:21:50	00:37:55	00:11:40	01:11:23
18	79	TRIATLON FERROL C	00:20:45	00:38:44	00:11:57	01:11:25
19	68	TRIATLON VILAGARCIA/ATENAS RUNNING C	00:20:06	00:40:07	00:11:14	01:11:26
20	71	CLUB ATLETISMO PORRIÑO C	00:20:50	00:38:47	00:11:56	01:11:32
21	82	ARTROGAL-TRI 498 D	00:21:01	00:38:37	00:12:14	01:11:50
22	89	ARTROGAL-TRI 498 E	00:21:50	00:38:35	00:11:39	01:12:02
23	67	TRIATLON O TREITO C	00:21:08	00:38:52	00:12:13	01:12:12
24	74	CLUB TRIATLON COMPOSTELA C	00:21:30	00:38:46	00:11:58	01:12:13
25	58	LAMARGHA-BEARIZ TRIATLON B	00:22:24	00:38:03	00:11:55	01:12:21
26	73	CLUB OLIMPICO DE VEDRA C	00:21:00	00:40:04	00:11:22	01:12:25
27	60	NOSPORTLIMIT B	00:21:07	00:39:46	00:11:57	01:12:49
28	77	NOSPORTLIMIT C	00:21:38	00:39:45	00:11:34	01:12:57
29	80	TRIATLON VILAGARCIA/ATENAS RUNNING D	00:21:21	00:40:45	00:11:27	01:13:31
30	43	TRIATLON MOTOBIKE GALAICO PONTEVEDRA B	00:20:48	00:41:12	00:11:37	01:13:37
31	85	CLUB OLIMPICO DE VEDRA D	00:21:27	00:40:57	00:11:36	01:14:00

32	93	ARTROGAL-TRI 498 F	00:21:47	00:40:15	00:12:15	01:14:16
33	87	NOSPORTLIMIT D	00:21:48	00:40:12	00:12:23	01:14:23
34	64	TRIATLON COSTA DA MORTE B	00:20:45	00:42:08	00:12:14	01:15:06
35	47	TRISADA B	00:21:12	00:42:35	00:11:22	01:15:07
36	42	CLUB NATACION RIVEIRA	00:22:32	00:41:15	00:12:15	01:16:01
37	91	NOSPORTLIMIT E	00:21:53	00:41:55	00:12:22	01:16:09
38	86	CLUB TRIATLON COMPOSTELA D	00:20:47	00:43:59	00:11:54	01:16:40
39	57	CLUB TRIATLON MAR DE VIGO B	00:21:55	00:43:38	00:11:34	01:17:06
40	46	TRINORTH B	00:23:03	00:40:41	00:13:28	01:17:11
41	61	TRI OURENSE B	00:21:43	00:43:15	00:12:29	01:17:26
42	92	TRIATLON VILAGARCIA/ATENAS RUNNING F	00:23:05	00:42:14	00:12:36	01:17:54
43	90	CLUB CICLISMO-TRIATLON POIO E	00:22:27	00:42:12	00:13:38	01:18:17
44	88	TRIATLON VILAGARCIA/ATENAS RUNNING E	00:22:42	00:42:18	00:13:28	01:18:27
45	66	TRIATLON MOTOBIKE GALAICO PONTEVEDRA C	00:21:41	00:45:35	00:11:22	01:18:37
46	83	CLUB ATLETISMO PORRIÑO D	00:23:29	00:43:13	00:12:00	01:18:40
47	95	ARTROGAL-TRI 498 G	00:24:28	00:41:24	00:12:59	01:18:50
48	51	CLUB CERVECERIA O COTON NEGREIRA B	00:25:07	00:40:42	00:13:42	01:19:30
49	97	ARTROGAL-TRI 498 H	00:23:23	00:45:10	00:12:39	01:21:11
50	75	CLUB TRIATLON CORUÑA C	00:23:50	00:42:32	00:15:34	01:21:54
51	76	NATACION PABELLON OURENSE C	00:22:33	00:48:08	00:11:31	01:22:11
52	72	CLUB CICLISMO-TRIATLON POIO C	00:18:39	00:53:43	00:10:15	01:22:36
53	53	CLUB HERCULES TERMARIA B	00:24:56	00:48:16	00:12:51	01:26:02
54	84	CLUB CICLISMO-TRIATLON POIO D	00:26:13	00:52:12	00:14:00	01:32:24
55	96	NOSPORTLIMIT F	00:26:11	00:51:20	00:15:21	01:32:51
DNS	94	CLUB CICLISMO-TRIATLON POIO F				

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Juez Árbitro	José Manuel Rey Rodríguez				Gonzalo Triúnfo Delgado (FEGATRI)		
Respons. Oficiais	José Manuel Rey Rodriguez				Francisco Cendán Llorens (Triatlón Compostela)		
PROBA		TEMP	CARREIRA		CICLISMO	CARREIRA	
OCEAN LAVA		14º	5000 METROS		20 KILÓMETROS	2,5 KILOMETROS	
PROMOCIÓN FEMININO			2 voltas		2 voltas	1 volta	
INSCRITOS	1	ACABAN	1	RETIRADOS	0	DESCALIFICADOS	0

POSTO	DORSAL	EQUIPO	CARREIRA	BICI	CARREIRA	TOTAL
1	104	TRIATLÓN VILAGARCÍA & FRIENDS	00:26:57	00:53:17	00:17:05	01:37:18

LOCALIDADE	VEDRA	DATA	09/03/2019	DISTANCIA	SPRINT	MODALIDADE	CONTRA O RELOXO EQUIPOS
Delegado Técnico	José Luís Botana Mosquera			JURADO DE COMPETICIÓN	José Luís Botana Mosquera (DT)		
Juez Árbitro	José Manuel Rey Rodríguez				Gonzalo Triúnfo Delgado (FEGATRI)		
Respons. Oficiais	José Manuel Rey Rodriguez				Francisco Cendán Llorens (Triatlón Compostela)		
PROBA		TEMP	CARREIRA		CICLISMO	CARREIRA	
OCEAN LAVA		14º	5000 METROS		20 KILÓMETROS	2,5 KILOMETROS	
PROMOCIÓN MASCULINO			2 voltas		2 voltas	1 volta	
INSCRITOS	3	ACABAN	3	RETIRADOS	0	DESCALIFICADOS	0

POSTO	DORSAL	EQUIPO	CARREIRA	BICI	CARREIRA	TOTAL
1	103	Mazinger Z	00:22:06	00:40:25	00:11:50	01:14:20
2	102	KURAI FICHAJES	00:21:34	00:43:29	00:11:37	01:16:39
3	101	REVOLTAS	00:25:33	00:49:35	00:13:29	01:28:36

LOCALIDADE	VEDRA	DATA	09/03/2019	DISTANCIA	SPRINT	MODALIDADE	CONTRA O RELOXO EQUIPOS
Delegado Técnico	José Luís Botana Mosquera			JURADO DE COMPETICIÓN	José Luís Botana Mosquera (DT)		
Juez Árbitro	José Manuel Rey Rodríguez				Gonzalo Triúnfo Delgado (FEGATRI)		
Respons. Oficiais	José Manuel Rey Rodriguez				Francisco Cendán Llorens (Triatlón Compostela)		
PROBA		TEMP	CARREIRA		CICLISMO	CARREIRA	
OCEAN LAVA		14º	5000 METROS		20 KILÓMETROS	2,5 KILOMETROS	
PARADUATLÓN			2 voltas		2 voltas	1 volta	
INSCRITOS	1	ACABAN	1	RETIRADOS	0	DESCALIFICADOS	0

POSTO	DORSAL	EQUIPO	CARREIRA	BICI	CARREIRA	TOTAL
1	105	SUSANA RODRIGUEZ GACIO PAULA GARCÍA GODINO (guía)	00:20:25	00:37:50	00:09:42	01:07:56