

ABSOLUTA MEDIA DISTANCIA FEMENINO

Localidade As Pontes

Data 16 de junio de 2019

Distancia

MD

Oficiais

Delegado Técnico: José Manuel Rey

Xuíz Arbitro: Alberto Morlán

Responsable Oficiais: Alberto Morlán

Xurado José Manuel Rey (DT)

da Gonzalo Triunfo (FEGATRI)

Competición Ricardo Rey (NOSPORTLIMIT)

Datos da competición

Temperatura exterior: 12 °C

Temperatura da auga:

Neopreno:

Carrera 1 4 km

1 vuelta

Ciclismo 90 km

2 vueltas

Carrera 2 21,1 km

2 vueltas

Inscritos : 30

Remataron : 21

Retirados : 2

Non Presentados : 5

Descalificados : 0

POS.	Nº	NOME	CLUB	P. Carrera 1	T1	P. Ciclismo	Km/h.	T2	P. Carrera 2	META	Dif.			
1	415	IRIA CAMPOS TRABAZO	TRIATLON MOTOBIKE GALAIC	1	0:16:44	01:48	1	2:46:27	32.44	01:40	1	1:36:13	4:42:50	
2	418	LAURA RIESCO GARCÍA	CLUB DEPORTIVO ELEMENTA	4	0:18:04	01:34	4	2:54:49	30.89	01:28	3	1:38:47	4:54:42	0:11:52
3	421	YURENA CASTRILLO SIMON	DISA HOSPITAL PERPETUO S	2	0:17:09	01:45	7	2:59:02	30.16	01:54	2	1:36:17	4:56:05	0:13:15
4	419	MARIA CASALEIRO BARROS	A.D. TRI-PENTA TERRAS DE L	3	0:18:01	01:57	10	3:04:24	29.28	01:45	4	1:39:27	5:05:32	0:22:42
5	416	LAILA LAKKIS CASES	C.T. A CORRE-CUITA	11	0:19:49	02:28	9	3:03:03	29.5	01:33	5	1:40:32	5:07:22	0:24:32
6	427	TERESA MARTIN GARCIA	A.D. NAUTICO DE NARON	7	0:18:20	01:36	3	2:54:46	30.9	01:39	6	1:52:03	5:08:22	0:25:32
7	401	LAURA CABARCOS BARRO	A.D. NAUTICO DE NARON	5	0:18:15	01:32	5	2:55:09	30.83	01:22	7	1:54:14	5:10:30	0:27:40
8	420	ROCÍO MUÑOZ FUERTES	TRITRAIN4YOU O2-CABBERTY	12	0:19:58	01:39	2	2:52:05	31.38	01:25	10	2:00:26	5:15:32	0:32:42
9	402	JULIA MUÑOZ CONESA	LA 208 TRIATLON CLUB	8	0:18:36	01:39	6	2:57:32	30.42	01:54	11	2:01:07	5:20:45	0:37:55
10	403	AMIRA SIMON MARTINEZ	NOSPORTLIMIT	6	0:18:19	01:38	8	3:00:04	29.99	01:48	12	2:07:11	5:28:59	0:46:09
11	424	MARIA CRISTINA RODRIGUEZ VARO	SESTAO TRIATLOI TALDEA	10	0:19:19	01:52	13	3:15:55	27.56	02:02	9	1:58:10	5:37:17	0:54:27
12	423	TEREZA CTVRTNICKOVA	LICENCIA 1 DIA	9	0:18:49	02:44	16	3:24:37	26.39	02:42	8	1:55:22	5:44:12	1:01:22
13	404	JULIA BALLESTEROS LANDAZURI	LICENCIA 1 DIA	13	0:20:13	02:17	11	3:08:44	28.61	02:49	17	2:17:56	5:51:57	1:09:07
14	422	NURIA CARO CABELLO	C.T. A CORRE-CUITA	16	0:21:31	01:46	14	3:16:10	27.53	02:19	15	2:13:19	5:55:03	1:12:13
15	425	VIRGINIA GONZÁLEZ RODRÍGUEZ	LICENCIA 1 DIA	15	0:21:15	02:56	17	3:32:24	25.43	02:41	14	2:08:13	6:07:27	1:24:37
16	405	ELENA LOSADA DURÁN	LICENCIA 1 DIA	17	0:21:46	02:09	19	3:50:00	23.48	02:30	13	2:08:11	6:24:33	1:41:43
17	407	OBDULIA GARCIA PICALLO	TRIEUME AS PONTES CLUB	18	0:22:17	02:31	15	3:21:54	26.75	02:09	19	2:42:38	6:31:28	1:48:38
18	406	MONICA ALARCON HERNANDEZ	NOSPORTLIMIT	19	0:22:22	02:09	12	3:14:46	27.73	03:19	20	2:50:15	6:32:49	1:49:59
19	410	MARIA LUISA RUA PRIETO	TRISADA	20	0:25:58	02:01	18	3:40:01	24.54	02:06	18	2:31:56	6:41:59	1:59:09
20	428	PASTORA VAZQUEZ HERNANDEZ	NOSPORTLIMIT	14	0:20:26	02:53	21	4:17:51	20.94	03:47	16	2:15:21	7:00:16	2:17:26
21	408	PAULINA ANDREA MOSQUERA AZA	NOSPORTLIMIT	21	0:27:21	02:30	20	3:56:47	22.81	03:10	21	2:53:25	7:23:11	2:40:21
NC	409	ALICIA GARCIA PEREZ	CLUB TRIATLONCIEM		0:25:02	02:34		4:21:47	20.63	02:19		2:46:36	7:38:16	2:55:26
NC	411	MARIA ELENA CASTRO SABIO	NOSPORTLIMIT		0:27:22	03:12		4:11:48	21.45	03:41		2:48:54	7:34:55	2:52:05
NF	414	SILVIA GARCIA LORENZO	ARTROGAL-TRI 498											
NF	430	MARIA TERESA SILVARREY REDON	NOSPORTLIMIT	22	0:27:21	03:10								
NP	412	BEATRIZ PEREZ-FERRIN CIENFUEG	LICENCIA 1 DIA											
NP	413	ANDREA RODRIGUEZ LOURES	TRISADA											
NP	417	SANDRA NOVO FERNANDEZ	NOSPORTLIMIT											
NP	426	MARIA ELENA ARCOS TRILLO	NOSPORTLIMIT											
NP	429	NEREA HERMO MUGICA	YEPAL TRIATLOI KLUBA											

CATEGORIAS MEDIA DISTANCIA FEMENINO

Localidade As Pontes

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Delegado Técnico: José Manuel Rey

Xuíz Arbitro: Alberto Morlán

Responsable Oficiais: Alberto Morlán

Xurado da Competición: José Manuel Rey (DT)
Gonzalo Triunfo (FEGATRI)
Ricardo Rey (NOSPORTLIMIT)

Datos da competición

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Temperatura da auga:

Neopreno:

Carrera 1 4 km

1 vuelta

Ciclismo 90 km

2 vueltas

Carrera 2 21,1 km

2 vueltas

Inscritos : 30

Remataron : 21

Retirados : 2

Non Presentados : 5

Descalificados : 0

VETERANAS 1 FEMININA

POS.	Nº	NOME	CLUB	P.	Carrera 1	T1	P.	Ciclismo	Km/h.	T2	P.	Carrera 2	META	Dif.
1	427	TERESA MARTIN GARCIA	A.D. NAUTICO DE NARON	7	0:18:20	01:36	3	2:54:46	30.9	01:39	6	1:52:03	5:08:22	0:25:32
2	424	MARIA CRISTINA RODRIGUE	SESTAO TRIATLOI TALDEA	10	0:19:19	01:52	13	3:15:55	27.56	02:02	9	1:58:10	5:37:17	0:54:27
3	423	TEREZA CTVRTNICKOVA	LICENCIA 1 DIA	9	0:18:49	02:44	16	3:24:37	26.39	02:42	8	1:55:22	5:44:12	1:01:22
4	404	JULIA BALLESTEROS LANDA	LICENCIA 1 DIA	13	0:20:13	02:17	11	3:08:44	28.61	02:49	17	2:17:56	5:51:57	1:09:07
5	422	NURIA CARO CABELLO	C.T. A CORRE-CUITA	16	0:21:31	01:46	14	3:16:10	27.53	02:19	15	2:13:19	5:55:03	1:12:13
6	425	VIRGINIA GONZÁLEZ RODRÍG	LICENCIA 1 DIA	15	0:21:15	02:56	17	3:32:24	25.43	02:41	14	2:08:13	6:07:27	1:24:37
7	407	OBDULIA GARCIA PICALLO	TRIEUME AS PONTES CLUB	18	0:22:17	02:31	15	3:21:54	26.75	02:09	19	2:42:38	6:31:28	1:48:38
8	406	MONICA ALARCON HERNAN	NOSPORTLIMIT	19	0:22:22	02:09	12	3:14:46	27.73	03:19	20	2:50:15	6:32:49	1:49:59
9	428	PASTORA VAZQUEZ HERNAN	NOSPORTLIMIT	14	0:20:26	02:53	21	4:17:51	20.94	03:47	16	2:15:21	7:00:16	2:17:26
10	408	PAULINA ANDREA MOSQUER	NOSPORTLIMIT	21	0:27:21	02:30	20	3:56:47	22.81	03:10	21	2:53:25	7:23:11	2:40:21
NP	426	MARIA ELENA ARCOS TRILL	NOSPORTLIMIT											
NP	429	NEREA HERMO MUGICA	YEPA! TRIATLOI KLUBA											

VETERANAS 2 FEMININA

POS.	Nº	NOME	CLUB	P.	Carrera 1	T1	P.	Ciclismo	Km/h.	T2	P.	Carrera 2	META	Dif.
NC	409	ALICIA GARCIA PEREZ	CLUB TRIATLONCIEM		0:25:02	02:34		4:21:47	20.63	02:19		2:46:36	7:38:16	2:55:26
NC	411	MARIA ELENA CASTRO SABI	NOSPORTLIMIT		0:27:22	03:12		4:11:48	21.45	03:41		2:48:54	7:34:55	2:52:05
NF	430	MARIA TERESA SILVARREY	NOSPORTLIMIT	22	0:27:21	03:10								



NORTHWEST TRIMAN 2019

CLUBS MEDIA DISTANCIA FEMENINO

Localidade [As Pontes](#)

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Xuíz Arbitro: [Alberto Morlán](#)

Responsable Oficiais: [Alberto Morlán](#)

Xurado da Competición: [José Manuel Rey \(DT\)](#)

[Gonzalo Triunfo \(FEGATRI\)](#)

[Ricardo Rey \(NOSPORTLIMIT\)](#)

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Carrera 1 4 km

1 vuelta

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2 vueltas

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2 vueltas

Inscritos : 30

Remataron : 21

Retirados : 2

Non Presentados : 5

Descalificados : 0

1 NOSPORTLIMIT

1	AMIRA	SIMON MARTINEZ	5:28:59
2	MONICA	ALARCON HERNANDEZ	6:32:49
3	PASTORA	VAZQUEZ HERNANDEZ	7:00:16

ABSOLUTA MEDIA DISTANCIA MASCULINO

Localidade As Pontes

Data 16 de junio de 2019

Distancia

MD

Oficiais

Delegado Técnico: José Manuel Rey

Xuíz Arbitro: Alberto Morlán

Responsable Oficiais: Alberto Morlán

Xurado José Manuel Rey (DT)

da Gonzalo Triunfo (FEGATRI)

Competición Ricardo Rey (NOSPORTLIMIT)

Datos da competición

Temperatura exterior: 12 °C

Temperatura da auga:

Neopreno:

Carrera 1 4 km

1 vuelta

Ciclismo 90 km

2 vueltas

Carrera 2 21,1 km

2 vueltas

Inscritos : 358

Remataron : 273

Retirados : 27

Non Presentados : 56

Descalificados : 1

POS.	Nº	NOME	CLUB	P.	Carrera 1	T1	P.	Ciclismo	Km/h.	T2	P.	Carrera 2	META	Dif.
1	536	IVAN PEREIRA IGLESIAS	CLUB TRIATLON MAR DE VIGO	42	0:15:36	01:19	1	2:22:03	38.02	01:10	9	1:25:43	4:05:49	
2	433	LUIS ALBERTO PAREDES COYA	TRIATLON MOTOBIKE GALAIC	7	0:14:15	01:20	6	2:26:01	36.98	01:23	5	1:23:14	4:06:11	0:00:23
3	611	PEDRO ESCOLANTE BILBAO	KURAI	14	0:14:39	01:24	12	2:29:32	36.12	01:18	2	1:20:17	4:07:07	0:01:19
4	435	ROBERTO CARLOS AGRELO GOMEZ	ARTROGAL-TRI 498	1	0:13:46	01:26	22	2:31:55	35.55	02:50	1	1:19:12	4:09:06	0:03:18
5	590	RAMON TRONCOSO SOBRINO	CLUB ATLETISMO PORRIÑO	11	0:14:34	01:31	2	2:22:18	37.95	01:11	27	1:30:25	4:09:56	0:04:07
6	514	JONATHAN SANCHEZ MOSQUERA	LICENCIA 1 DIA	4	0:14:01	01:33	5	2:25:21	37.15	01:11	26	1:29:57	4:12:02	0:06:13
7	494	PASTOR ADRIAN POSE REGUEIRO	TRISADA	21	0:14:56	01:19	3	2:24:04	37.48	01:18	33	1:32:00	4:13:36	0:07:47
8	652	MANUEL FRAGA DIAZ	CLUB TRIATLON COMPOSTEL	13	0:14:38	01:20	4	2:25:13	37.19	01:35	35	1:32:19	4:15:03	0:09:15
9	440	DANIEL FEIJOO FERREIRO	TRIEUME AS PONTES CLUB	5	0:14:11	01:27	20	2:31:32	35.64	01:33	13	1:26:46	4:15:27	0:09:38
10	437	ANDRES GONZALEZ VEGA	FITNESS SPORTS TRIATLON	23	0:14:57	01:56	18	2:31:26	35.66	01:34	10	1:25:48	4:15:40	0:09:52
11	660	AYOZE ALMEIDA CAMPOS	LICENCIA 1 DIA	17	0:14:42	01:32	14	2:30:46	35.82	02:09	14	1:26:53	4:16:00	0:10:11
12	563	SERGIO SANTOS LOIS	CLUB CICLISMO-TRIATLON PO	34	0:15:20	01:26	7	2:27:53	36.52	01:48	25	1:29:48	4:16:14	0:10:26
13	493	EDGAR FRANCO BOUZA	LICENCIA 1 DIA	10	0:14:33	02:06	16	2:31:07	35.74	01:51	16	1:27:15	4:16:51	0:11:02
14	434	JUAN ENRIQUE GARCIA FANDIÑO	NOSPORTLIMIT	24	0:14:57	01:14	26	2:34:19	35	01:12	12	1:26:05	4:17:44	0:11:55
15	568	RODRIGO PINTADO DEL CAMPO	NOSPORTLIMIT	25	0:14:57	01:13	15	2:31:01	35.76	01:51	23	1:29:05	4:18:05	0:12:17
16	441	PABLO ALONSO FIGUEROA	CLUB CICLISMO-TRIATLON PO	15	0:14:39	01:27	44	2:38:06	34.16	01:22	4	1:22:37	4:18:08	0:12:20
17	756	FCO. JAVIER CORRALES DIAZ	CLUB DEPORTIVO DE TRIATL	9	0:14:28	01:39	55	2:39:49	33.79	01:18	3	1:21:34	4:18:46	0:12:57
18	436	FERNANDO SIERRA GARCIA	NOSPORTLIMIT	16	0:14:41	01:37	27	2:34:30	34.95	01:32	15	1:26:54	4:19:12	0:13:23
19	656	BASILIO BUJEDO TOBAJAS	SESTAO TRIATLOI TALDEA	20	0:14:51	01:50	25	2:33:44	35.13	01:49	17	1:27:34	4:19:45	0:13:56
20	654	DAVID GARCIA PEREZ	TRIATLON FERROL	12	0:14:38	01:15	11	2:29:15	36.18	01:10	47	1:33:54	4:20:10	0:14:21
21	508	IÑIGO DE LA GRANJA VALDEON	TRION - CLINICA DENTAL OSC	3	0:13:54	01:34	41	2:37:39	34.26	02:45	7	1:24:41	4:20:31	0:14:42
22	702	ROBERTO PISADOR CESTEROS	CD TRIATLÓN BOMBEROS VAL	32	0:15:14	01:29	46	2:38:28	34.08	01:21	11	1:25:55	4:22:25	0:16:36
23	663	MOISES ALFREDO LEBOSO MORAIS	CLUB ATLETISMO PORRIÑO	52	0:15:58	01:38	9	2:28:05	36.47	01:17	68	1:36:08	4:23:04	0:17:15
24	517	VICTOR ALONSO ARES	LICENCIA 1 DIA	2	0:13:49	01:45	70	2:42:05	33.32	01:47	6	1:23:55	4:23:19	0:17:30
25	540	DIEGO RUIZ BREIJO	TRISADA	8	0:14:27	01:42	34	2:36:33	34.5	01:23	24	1:29:42	4:23:45	0:17:56
26	602	GERMÁN MONTOTO PEREIRA	CLUB TRIATLON MAR DE VIGO	18	0:14:44	01:17	33	2:35:50	34.65	01:20	29	1:30:53	4:24:03	0:18:14
27	710	RAUL OVIEDO MORENO	XPERIENCE TEAM	37	0:15:29	02:02	23	2:32:27	35.42	01:34	38	1:32:40	4:24:09	0:18:21
28	438	PABLO JUAN BEASCOECHEA PORT	CLUB CICLISMO-TRIATLON PO	30	0:15:12	01:33	43	2:38:01	34.18	01:28	20	1:28:40	4:24:51	0:19:02
29	515	MIGUEL HERNANDEZ BAJO	CLUB DE TRIATLON DIABLILLO	75	0:16:21	01:58	59	2:40:20	33.68	01:59	8	1:25:17	4:25:53	0:20:04
30	523	ROI MARTINEZ MARTIN	TRI OURENSE	44	0:15:37	01:49	19	2:31:30	35.65	01:32	61	1:35:29	4:25:55	0:20:06
31	677	ALBERTO DOPAZO MIGUEZ	CLUB TRIATLON COMPOSTEL	33	0:15:16	01:31	38	2:37:18	34.33	01:14	30	1:31:03	4:26:20	0:20:31
32	634	JOSE LUIS SANTOME COLLAZO	NOSPORTLIMIT	85	0:16:31	01:30	13	2:30:30	35.88	02:08	66	1:35:59	4:26:36	0:20:47
33	439	ALBERTO LOPEZ PINO	SIRENO TRIATLON CLUB	108	0:16:49	01:58	21	2:31:43	35.6	01:23	54	1:35:04	4:26:55	0:21:06
34	538	FRANCISCO JAVIER PENA SOUTO	TRIATLON FERROL	6	0:14:11	02:24	63	2:40:52	33.57	01:53	18	1:28:03	4:27:22	0:21:33
35	558	JACOBO DE PRADO RODRÍGUEZ	CIDADE DE LUGO FLUVIAL	92	0:16:37	01:31	8	2:27:56	36.5	01:38	91	1:40:14	4:27:53	0:22:05
36	505	PELAYO ORTS FIESTAS	LICENCIA 1 DIA	127	0:17:20	02:18	17	2:31:22	35.68	01:43	67	1:36:04	4:28:44	0:22:56
37	683	ALBERTO VAZQUEZ TUBIO	CLUB TRIATLON RIANXO	54	0:15:59	01:33	31	2:35:28	34.74	01:39	52	1:34:46	4:29:23	0:23:34
38	453	FRANCISCO JAVIER FERRADAS ALV	TRIATLON BOIRO	22	0:14:56	01:52	47	2:38:38	34.04	01:35	36	1:32:27	4:29:27	0:23:38
39	721	ARTURO BENIGNO RAMOS FERROL	CLUB TRIATLON COMPOSTEL	97	0:16:40	01:55	60	2:40:22	33.67	01:41	22	1:28:53	4:29:30	0:23:41
40	597	JUAN CARLOS JUAREZ MONTES	C.D. ENTRENA@TRIJUANS	72	0:16:17	01:42	29	2:34:47	34.89	01:34	65	1:35:57	4:30:14	0:24:25
41	725	JORGE MANUEL GARCIA RODRIGUE	CLUB TRIATLON COMPOSTEL	40	0:15:34	01:50	69	2:42:05	33.32	01:18	31	1:31:10	4:31:54	0:26:05
42	559	FRANCISCO NAVÍO MARÍN	TRIATLÓN ALCALÁ	48	0:15:41	01:31	49	2:38:41	34.03	01:22	53	1:35:02	4:32:15	0:26:26
43	576	JOSE CARLOS CORCOBA CELEIRO	BIERZO TRIMAN	80	0:16:24	02:20	65	2:41:05	33.53	02:12	28	1:30:35	4:32:34	0:26:45

POS.	Nº	NOME	CLUB	P.	Carrera 1	T1	P.	Ciclismo	Km/h.	T2	P.	Carrera 2	META	Dif.
44	506	BRUNO MARTINEZ BARGIELA	CLUB ATLETISMO PORRIÑO	39	0:15:33	01:17	58	2:40:16	33.7	01:26	48	1:34:25	4:32:55	0:27:06
45	447	JAVIER VILA PORTO	CLUB ATLETISMO PORRIÑO	73	0:16:17	01:22	52	2:39:21	33.89	01:20	51	1:34:37	4:32:56	0:27:07
46	659	FERNANDO ALVAREZ GORRITI	MONTE PENARUBIA RUNNING	62	0:16:10	01:23	51	2:39:01	33.96	01:29	55	1:35:08	4:33:09	0:27:20
47	708	GABRIEL PÉREZ-JUANA MESA	CLUB DE TRIATLON DIABLILLO	65	0:16:11	02:01	61	2:40:25	33.66	02:24	39	1:32:51	4:33:50	0:28:01
48	685	CARLOS CARREIRO BOULLOSA	SIRENO TRIATLON CLUB	49	0:15:50	01:58	54	2:39:27	33.87	02:20	49	1:34:28	4:34:01	0:28:12
49	596	MIGUEL RODRIGUEZ PRADO	ERMUKO OSTOTS TRIATLOI K.	126	0:17:19	01:34	77	2:42:56	33.15	01:33	32	1:31:13	4:34:32	0:28:43
50	552	DIEGO TRIGO CASTEDO	LICENCIA 1 DIA	28	0:15:11	02:00	80	2:43:19	33.07	01:30	41	1:33:09	4:35:08	0:29:19
51	735	DANIEL SAMALEA MOLINA	PILÓN.A.DEPORTE	63	0:16:11	03:29	48	2:38:39	34.04	02:01	56	1:35:09	4:35:27	0:29:38
52	574	MIGUEL VILABOY FILGUEIRAS	LICENCIA 1 DIA	26	0:14:59	01:29	42	2:37:58	34.19	02:49	78	1:38:17	4:35:29	0:29:40
53	699	AGUSTIN MARTINEZ RUIZ	CLUB IBERIA TRIATLON	86	0:16:32	02:17	28	2:34:42	34.91	02:04	89	1:39:59	4:35:32	0:29:43
54	504	ARTURO PAZ GOMEZ	ATLETAS ACEA DE AMA	76	0:16:22	01:47	78	2:43:06	33.11	01:21	46	1:33:44	4:36:18	0:30:29
55	542	DANIEL GARCIA MORATALLA	C.T. A CORRE-CUITA	43	0:15:36	01:40	92	2:45:05	32.71	01:54	34	1:32:16	4:36:29	0:30:40
56	550	MANUEL PULIDO VALENCIA	TRIATLÓN ALCALÁ	93	0:16:37	02:09	57	2:40:05	33.73	02:22	60	1:35:29	4:36:40	0:30:51
57	580	MARCOS COSTA PEREIRA	CIDADE DE LUGO FLUVIAL	58	0:16:04	01:27	88	2:44:48	32.77	01:32	40	1:32:54	4:36:44	0:30:55
58	449	GUILLERMO AROSA ROUCO	CLUB DEPORTIVO PINARIUM	50	0:15:53	01:27	64	2:40:52	33.57	01:35	72	1:37:12	4:36:58	0:31:09
59	639	ROBERTO PICON ESPIÑO	ARCADE INFORHOUSE SANTI	79	0:16:24	01:25	75	2:42:48	33.17	01:34	58	1:35:18	4:37:27	0:31:39
60	446	ISRAEL CAMPO LÓPEZ	CLUB DE TRIATLON DIABLILLO	102	0:16:41	01:59	56	2:40:01	33.75	01:24	77	1:38:09	4:38:12	0:32:23
61	443	ROGELIO FERREIRA SANCHEZ	TRIATLON MOTOBIKE GALAIC	64	0:16:11	02:09	45	2:38:10	34.14	01:42	90	1:40:06	4:38:16	0:32:27
62	584	DAVID RODAL RODRIGUEZ	CLUB CICLISMO-TRIATLON PO	91	0:16:36	02:21	96	2:45:21	32.66	01:33	37	1:32:33	4:38:22	0:32:33
63	673	ALFREDO SANCHEZ CESTEROS	CD TRIATLÓN BOMBEROS VAL	84	0:16:30	01:59	30	2:34:55	34.86	01:50	115	1:43:48	4:39:01	0:33:12
64	543	RAÚL PÉREZ TATO	CLUB DEPORTIVO ELEMENTA	67	0:16:13	01:24	###	2:50:31	31.67	02:19	21	1:28:47	4:39:13	0:33:24
65	583	JUAN CARLOS CANDAL DE LA CRUZ	NOSPORTLIMIT	124	0:17:18	01:45	10	2:28:39	36.33	01:29	154	1:50:18	4:39:27	0:33:38
66	444	XOSE ANTON BARREIRO PEREIRA	ARTROGAL-TRI 498	45	0:15:39	01:22	###	2:45:52	32.56	01:20	62	1:35:31	4:39:42	0:33:53
67	694	MIGUEL ANGEL IZQUIERDO MARTIN	TRIATLÓN ALCALÁ	66	0:16:12	02:38	###	2:45:29	32.63	01:56	44	1:33:36	4:39:49	0:34:00
68	541	GIOVANI GARCIA ESTEVEZ	NOSPORTLIMIT	83	0:16:30	01:54	90	2:44:56	32.74	01:46	57	1:35:15	4:40:19	0:34:30
69	627	ALBERTO CASTRO SÁNCHEZ	ATLETAS ACEA DE AMA	59	0:16:05	02:31	83	2:44:10	32.9	01:51	63	1:35:48	4:40:23	0:34:34
70	503	JESUS CARBALLIDO MENDEZ	CLUB ATLETISMO PORRIÑO	134	0:17:29	01:31	53	2:39:27	33.87	01:49	92	1:40:20	4:40:34	0:34:46
71	495	GONZALO BALAY LOSADA	NOSPORTLIMIT	71	0:16:16	01:47	###	2:53:11	31.18	01:27	19	1:28:23	4:41:01	0:35:13
72	747	JOSE ANTONIO PURRIÑOS GONZÁL	LICENCIA 1 DIA	51	0:15:56	01:55	84	2:44:18	32.87	02:15	70	1:36:52	4:41:14	0:35:25
73	592	CESAR FCO BLANCO TODEA	CLUB TRIATLON MORRAZO	142	0:17:35	02:29	35	2:36:54	34.42	03:07	99	1:41:32	4:41:35	0:35:47
74	512	FRANCISCO JAVIER VALCARCEL UB	C.D.E. MOLOKAI	94	0:16:38	02:00	82	2:43:48	32.97	02:25	71	1:37:08	4:41:56	0:36:07
75	770	JOSE JAVIER GOMEZ IGLESIAS	TRI OURENSE	128	0:17:21	02:04	62	2:40:31	33.64	01:42	94	1:40:30	4:42:07	0:36:18
76	682	RAFAEL CABRERA SANTANA	LICENCIA 1 DIA	138	0:17:32	01:47	###	2:48:18	32.09	01:29	43	1:33:14	4:42:18	0:36:29
77	557	ALEJANDRO GONZALEZ MONTERO	MONTE PENARUBIA RUNNING	41	0:15:35	01:38	66	2:41:09	33.51	01:29	106	1:42:45	4:42:36	0:36:47
78	448	RUBEN SIO FERNANDEZ	CLUB ATLETISMO PORRIÑO	135	0:17:30	01:42	32	2:35:32	34.72	01:51	131	1:46:39	4:43:12	0:37:23
79	454	LUIS ANTONIO RILO GONZALEZ-VAL	TRIATLON FERROL	99	0:16:40	01:40	87	2:44:41	32.79	01:41	82	1:38:49	4:43:29	0:37:41
80	647	RAMÓN FERNÁNDEZ MARTÍNEZ	LICENCIA 1 DIA	113	0:16:57	02:35	79	2:43:18	33.07	01:58	88	1:39:55	4:44:41	0:38:52
81	589	GONZALO JIMENEZ MARTIN	TRIATLON FERROL	68	0:16:13	01:37	95	2:45:15	32.68	01:22	96	1:40:34	4:44:59	0:39:10
82	738	PAULO PEREIRA	CLUBE DOS GALITOS	244	0:20:44	02:05	39	2:37:24	34.31	01:36	113	1:43:40	4:45:27	0:39:38
83	640	RAUL BARBEITO GESTAL	TRIENTRENOS	90	0:16:36	02:16	###	2:50:27	31.68	01:59	50	1:34:35	4:45:50	0:40:02
84	671	ALEJANDRO MANUEL ROMAN FERN	C.T. VILLANUEVA DE LA CAÑA	110	0:16:52	01:34	50	2:38:50	34	01:36	136	1:47:06	4:45:56	0:40:08
85	527	JOSÉ LUIS LÓPEZ DE IGNACIO	LICENCIA 1 DIA	31	0:15:12	02:02	###	2:47:09	32.31	01:51	87	1:39:49	4:46:01	0:40:12
86	560	GERARDO SAETA BOLAÑOS	LICENCIA 1 DIA	168	0:18:19	02:01	###	2:47:41	32.2	02:19	64	1:35:56	4:46:14	0:40:25
87	532	ALVARO COSTA RIVAS	A.D. NAUTICO DE NARON	29	0:15:11	01:23	###	2:47:58	32.15	01:45	93	1:40:27	4:46:42	0:40:53
88	766	JORGE GUTIERREZ LOPEZ	C.T. ÁGUILAS PRIMAFLOR	46	0:15:40	01:55	###	2:51:05	31.57	01:52	69	1:36:16	4:46:45	0:40:56
89	689	MARCOS OTERO LEDO	CIDADE DE LUGO FLUVIAL	137	0:17:31	02:17	73	2:42:15	33.28	02:30	111	1:43:18	4:47:50	0:42:01
90	780	LUIS MIGUEL GOMEZ DE ANDRES	TRIATLON REAL CANOE	199	0:18:58	02:13	###	2:47:39	32.21	01:44	74	1:37:48	4:48:20	0:42:31
91	567	HUGO DURAN ALVAREZ	INDEPENDIENTE	74	0:16:20	01:44	98	2:45:25	32.65	01:39	112	1:43:27	4:48:33	0:42:44
92	621	JAVIER ROSADO FEITO	INDEPENDIENTE	114	0:17:02	02:14	###	2:50:00	31.77	01:50	75	1:38:03	4:49:08	0:43:19
93	650	JORGE COMPANY PAGAN	LA 208 TRIATLON CLUB	130	0:17:22	02:03	###	2:46:56	32.35	02:33	95	1:40:33	4:49:25	0:43:36
94	525	RUBEN VAZQUEZ VAZQUEZ	MONTE PENARUBIA RUNNING	19	0:14:48	02:27	###	2:51:13	31.54	03:00	79	1:38:23	4:49:49	0:44:00
95	772	XOSE MIGUEL CARBALLO GONZALE	TRI OURENSE	131	0:17:23	02:03	###	2:48:18	32.09	01:43	97	1:40:38	4:50:03	0:44:14
96	499	ALEX RAMUDO BARRIO	LICENCIA 1 DIA	100	0:16:40	01:45	37	2:37:16	34.34	01:58	171	1:53:09	4:50:47	0:44:58
97	674	IKER BADIOLA ETXANO	ONDARRUKO KOAXI T.T.	120	0:17:08	02:19	###	2:48:24	32.07	01:59	98	1:41:06	4:50:54	0:45:05
98	636	JAIRO PRIETO CAAMAÑO	TRIATLON COSTA DA MORTE	119	0:17:07	01:41	93	2:45:12	32.69	01:26	125	1:45:42	4:51:06	0:45:17
99	687	LUIS GOMEZ AGRAS	TRIATLON FERROL	88	0:16:34	02:15	###	2:51:40	31.46	02:01	83	1:38:49	4:51:19	0:45:30
100	467	FELIPE CORRAL REY	NOSPORTLIMIT	70	0:16:16	01:58	99	2:45:25	32.65	01:32	134	1:46:54	4:52:03	0:46:14
101	607	MARCO ANTONIO CESPON FIGUEIR	CLUB TRIATLON RIANXO	212	0:19:31	02:06	40	2:37:32	34.28	02:33	157	1:50:29	4:52:08	0:46:19
102	688	PABLO DÍAZ DE LA CUESTA	LICENCIA 1 DIA	56	0:16:03	01:59	76	2:42:49	33.17	01:34	160	1:50:47	4:53:10	0:47:22
103	746	PABLO PÉREZ BLANCO	CLUB TRIATLON MAR DE VIGO	149	0:17:41	01:47	###	2:51:43	31.45	02:42	85	1:39:26	4:53:18	0:47:29
104	585	DAVID LEBON CORTIJO	TRISPORT GETAFE	243	0:20:41	02:08	###	2:50:07	31.75	01:40	84	1:38:54	4:53:28	0:47:40
105	722	FERNANDO ANTONIO BOUZON OTE	TRISADA	109	0:16:51	01:21	###	2:52:03	31.39	01:33	102	1:42:36	4:54:23	0:48:34
106	672	LUIS VILASUSO PITA	LICENCIA 1 DIA	77	0:16:22	02:39	###	2:47:59	32.15	03:17	120	1:44:24	4:54:40	0:48:51
107	593	JOSE ANGEL RODRIGUEZ POUSO	TRIATLON VILAGARCIA /ATEN	36	0:15:27	01:39	###	2:49:29	31.86	01:34	132	1:46:41	4:54:48	0:48:59
108	737	JOSE BENITO CHARLIN TRIGO	TRIATLON VILAGARCIA /ATEN	133	0:17:28	02:02	###	2:48:04	32.13	03:31	114	1:43:45	4:54:49	0:49:00

POS.	Nº	NOME	CLUB	P.	Carrera 1	T1	P.	Ciclismo	Km/h.	T2	P.	Carrera 2	META	Dif.
109	697	JOSE MANUEL GONZALEZ CASTRO	LICENCIA 1 DIA	61	0:16:09	01:56	###	2:51:56	31.41	02:15	103	1:42:36	4:54:51	0:49:02
110	509	BORJA CATRUFO URES	TRIATLON FERROL	87	0:16:34	01:47	85	2:44:26	32.84	02:05	153	1:50:04	4:54:55	0:49:06
111	733	NICOLAS SEDES DOCE	LICENCIA 1 DIA	57	0:16:03	05:00	###	2:56:51	30.53	03:53	42	1:33:10	4:54:56	0:49:07
112	644	JUAN DIAZ PARDO	TRIATLON FERROL	160	0:18:04	01:59	68	2:41:59	33.34	01:43	162	1:51:19	4:55:01	0:49:13
113	641	IVAN TRABALON	LICENCIA 1 DIA	206	0:19:17	01:52	74	2:42:45	33.18	02:13	147	1:49:03	4:55:07	0:49:18
114	476	ELOY SESTAYO SEOANE	ARTROGAL-TRI 498	89	0:16:36	01:49	###	2:46:47	32.38	01:28	144	1:48:30	4:55:08	0:49:19
115	781	MIGUEL ABREU FERNANDEZ	CLUB TRIATLON MAR DE VIGO	154	0:17:52	01:45	86	2:44:27	32.84	01:48	150	1:49:23	4:55:12	0:49:23
116	648	MIGUEL SANTOMIL LAPIDO	ARTROGAL-TRI 498	112	0:16:56	01:43	###	2:55:10	30.83	02:00	86	1:39:30	4:55:17	0:49:29
117	619	DAVID COSTAS VARELA	LICENCIA 1 DIA	148	0:17:41	03:01	###	2:54:39	30.92	02:19	76	1:38:06	4:55:44	0:49:55
118	573	MANUEL SOBRAL GONZALEZ	CLUB DEPORTIVO PINARIUM	82	0:16:29	01:53	94	2:45:12	32.69	01:57	156	1:50:23	4:55:52	0:50:03
119	727	JOSE NAVARRO ANTON	CLUB TRIATLON RIANXO	47	0:15:40	02:04	###	3:01:00	29.84	01:57	59	1:35:21	4:56:00	0:50:11
120	623	LUCAS TUDO SANDES	LICENCIA 1 DIA	123	0:17:15	02:07	###	2:52:41	31.27	01:56	101	1:42:20	4:56:16	0:50:28
121	498	BERNARDO DOMINGUEZ MANTEIGA	LICENCIA 1 DIA	38	0:15:30	01:58	###	2:53:36	31.11	02:16	110	1:43:16	4:56:33	0:50:45
122	578	DAVID FERNÁNDEZ GAUTE	LICENCIA 1 DIA	101	0:16:41	02:18	###	3:00:27	29.93	03:34	45	1:33:42	4:56:40	0:50:51
123	642	LUIS JAVIER SANZ RODRIGUEZ	LICENCIA 1 DIA	200	0:18:58	02:15	###	2:49:35	31.84	01:54	116	1:44:05	4:56:45	0:50:56
124	464	MANUEL ANTONIO LOPEZ SUAREZ	ARCADE INFORHOUSE SANTI	197	0:18:54	01:30	###	2:50:01	31.76	01:54	122	1:44:46	4:57:03	0:51:14
125	581	DAVID DOCE CARBALLEIRA	LICENCIA 1 DIA	171	0:18:23	02:00	67	2:41:20	33.47	02:02	179	1:53:49	4:57:33	0:51:44
126	714	MARCELINO ALVAREZ GONZALEZ	CD TRIATLÓN BOMBEROS VAL	144	0:17:37	01:56	###	2:48:32	32.04	02:06	140	1:47:32	4:57:41	0:51:52
127	587	MARTIN DEL VALLE MIGUEL	CLUB DE TRIATLON DIABLILLO	161	0:18:04	02:12	###	2:53:39	31.1	01:31	108	1:42:52	4:58:17	0:52:28
128	520	MANUEL RUIZ MADRILENO	LICENCIA 1 DIA	132	0:17:26	02:48	###	2:51:14	31.54	02:24	124	1:45:18	4:59:08	0:53:19
129	472	MANUEL OTERO GOMEZ	NOSPORTLIMIT	146	0:17:39	01:36	###	2:55:44	30.73	01:23	107	1:42:49	4:59:08	0:53:20
130	787	MAXI ALONSO DE LA CAMPA	SIRENO TRIATLON CLUB	136	0:17:31	02:38	###	2:50:12	31.73	02:45	129	1:46:27	4:59:30	0:53:41
131	546	MIGUEL DAFONTE MARTINEZ	NATACION PABELLON OUREN	60	0:16:08	01:58	###	2:48:58	31.96	03:18	152	1:49:55	5:00:16	0:54:27
132	653	JOSE MARIA CAAMAÑO MONTEAGU	ARCADE INFORHOUSE SANTI	98	0:16:40	01:19	###	2:56:44	30.56	01:18	119	1:44:16	5:00:16	0:54:27
133	651	ANTONIO MATALOBOS BUSTELO	CLUB OLIMPICO DE VEDRA	157	0:17:58	02:20	###	2:54:06	31.02	02:07	117	1:44:05	5:00:34	0:54:46
134	606	JAVIER LOPEZ PINO	SIRENO TRIATLON CLUB	163	0:18:05	02:08	###	2:56:18	30.63	02:38	105	1:42:44	5:01:51	0:56:02
135	696	PABLO ARANDA PAZ	GALDAKAKO MOZOILLO TRIA	158	0:17:58	01:54	89	2:44:52	32.76	02:07	187	1:55:45	5:02:34	0:56:45
136	474	MANUEL ARCA PEDRIDO	ARTROGAL-TRI 498	209	0:19:22	02:26	###	2:51:11	31.55	01:47	142	1:47:54	5:02:38	0:56:49
137	501	JAVIER DOMINGO SUAREZ-PUMARI	LICENCIA 1 DIA	125	0:17:18	01:58	###	2:56:24	30.61	01:46	126	1:45:46	5:03:11	0:57:22
138	496	PABLO VILAS CABO	TRISADA	151	0:17:43	01:26	###	2:50:37	31.65	01:23	169	1:52:25	5:03:31	0:57:42
139	469	JAIME LARRAGA CRIADO	C.D.E. MOLOKAI	215	0:19:34	02:02	###	2:52:23	31.33	02:19	139	1:47:24	5:03:38	0:57:50
140	455	JOSE RILO LOPEZ	NOSPORTLIMIT	129	0:17:22	02:10	###	2:59:35	30.07	02:08	104	1:42:40	5:03:53	0:58:04
141	539	JAIME CASTELLANOS SAEZ	CLUB TRIATLON CAMPOS DE	106	0:16:46	01:40	###	3:05:12	29.16	02:08	81	1:38:34	5:04:17	0:58:29
142	470	FERNANDO SINES CRESPO	NOSPORTLIMIT	183	0:18:41	02:11	###	2:55:47	30.72	02:40	127	1:45:49	5:05:06	0:59:17
143	594	EMILIO SABORIDO FERNANDEZ	CLUB TRIATLON RIANXO	111	0:16:56	02:24	###	3:01:01	29.83	02:59	100	1:42:12	5:05:32	0:59:43
144	465	MIGUEL CABARCOS ROUCO	A.D. NAUTICO DE NARON	104	0:16:45	01:51	###	2:52:05	31.38	01:32	175	1:53:21	5:05:32	0:59:43
145	459	SANTIAGO GARCIA GONZALEZ	NOSPORTLIMIT	255	0:21:07	02:15	###	2:49:17	31.9	01:44	166	1:51:47	5:06:08	1:00:19
146	744	FRANCISCO JESUS GARCIA GARCIA	ESCUELA TRIATLON PLASENC	240	0:20:36	02:27	###	3:03:01	29.51	02:48	73	1:37:21	5:06:11	1:00:22
147	463	GONZALO JOSE DE CASTRO PARGA	SIRENO TRIATLON CLUB	236	0:20:12	03:24	###	2:52:15	31.35	03:23	135	1:47:06	5:06:18	1:00:30
148	705	JACOB IGLESIAS VALDES	LICENCIA 1 DIA	95	0:16:38	01:49	###	2:58:30	30.25	02:20	137	1:47:11	5:06:26	1:00:37
149	605	DAVID SAN SEGUNDO NIETO	TRIARROYO	256	0:21:08	02:41	###	2:52:08	31.37	02:35	145	1:48:41	5:07:12	1:01:23
150	478	JOSE ANTONIO LOPEZ FERNANDEZ	ARTROGAL-TRI 498	96	0:16:39	02:00	###	2:59:22	30.11	02:43	130	1:46:34	5:07:15	1:01:26
151	731	JOSE MARIA GUEIMUNDE CABALEIR	LICENCIA 1 DIA	193	0:18:51	02:54	###	2:53:46	31.08	02:55	146	1:48:52	5:07:16	1:01:27
152	690	VICTOR COTOBAL BOYERO	CD TRIATLÓN BOMBEROS VAL	105	0:16:45	01:55	###	2:56:17	30.63	02:10	161	1:51:16	5:08:21	1:02:32
153	628	JULIAN JOSE DE LA FUENTE HERNANDEZ	CLUB DEPORTIVO TRIBETEAM	175	0:18:26	02:05	###	2:58:51	30.2	02:10	138	1:47:15	5:08:45	1:02:56
154	466	ROBERTO VALLINOT GARCÍA	CLUB DE TRIATLON DIABLILLO	164	0:18:05	02:02	###	2:53:25	31.14	01:47	177	1:53:32	5:08:49	1:03:00
155	625	OSCAR RODRIGUEZ RODRIGUEZ	MONTE PENARUBIA RUNNING	230	0:19:59	01:54	###	2:47:55	32.16	01:57	191	1:57:19	5:09:02	1:03:13
156	530	JOSEBA ANDONI GARRO JARAMILL	EGURRE K3	121	0:17:10	02:11	###	2:51:48	31.43	01:57	190	1:56:39	5:09:43	1:03:54
157	595	DAVID TOMÉ CARRILLO	LICENCIA 1 DIA	145	0:17:37	02:16	###	2:51:27	31.5	02:12	188	1:56:21	5:09:51	1:04:02
158	456	MANUEL PEDRE VAZQUEZ	NOSPORTLIMIT	152	0:17:48	02:20	###	2:48:40	32.02	02:11	200	1:59:06	5:10:03	1:04:14
159	565	ALVARO JOAQUIN LOPEZ AMOR	NOSPORTLIMIT	116	0:17:04	02:18	###	2:52:11	31.36	01:27	193	1:58:05	5:11:03	1:05:14
160	526	DANIEL CLAROS GARCÍA	CLUB DE TRIATLON DIABLILLO	162	0:18:05	02:43	###	2:57:58	30.34	01:48	159	1:50:38	5:11:10	1:05:21
161	626	MIGUEL MARTINEZ HERNANDEZ	CLUB DEPORTIVO TRIBETEAM	174	0:18:26	02:15	###	2:58:04	30.33	02:40	155	1:50:22	5:11:45	1:05:56
162	633	PABLO DIAZ MONTERO	TRIATLON MOTOBike GALAIC	188	0:18:47	02:01	###	2:54:40	30.92	02:16	180	1:55:00	5:12:42	1:06:53
163	759	JUAN MENDEZ LOPEZ	TRISADA	118	0:17:05	01:36	###	2:54:35	30.93	02:32	192	1:57:33	5:13:20	1:07:31
164	713	JOSE ANTONIO ARAGUNDE DIESTE	TRIATLON VILAGARCIA /ATEN	190	0:18:50	02:30	###	3:00:46	29.87	03:00	143	1:48:21	5:13:26	1:07:37
165	761	JUAN JOSE CORROCHANO MURILL	C.D. DARKSID3 TRIATLON TAL	219	0:19:35	02:29	###	3:00:24	29.94	02:26	149	1:49:15	5:14:07	1:08:18
166	698	DAVID FERNANDEZ FERNANDEZ	LICENCIA 1 DIA	203	0:19:01	02:02	###	3:00:07	29.98	01:55	163	1:51:33	5:14:36	1:08:47
167	684	SANTIAGO LOPEZ CANICOPA	LICENCIA 1 DIA	78	0:16:23	02:50	###	2:51:23	31.51	02:20	209	2:01:44	5:14:38	1:08:50
168	657	CARLOS IVAN ALMEIDA DELGADO	TRITEIDE SPIRIDON	229	0:19:57	02:07	###	2:49:47	31.81	04:09	197	1:58:57	5:14:55	1:09:06
169	545	FRAN GONZALEZ RICO	ERMUKO OSTOTS TRIATLOI K.	259	0:21:26	02:03	97	2:45:23	32.65	01:43	214	2:04:42	5:15:16	1:09:27
170	471	FRANCISCO JAVIER BARREIRO COR	NOSPORTLIMIT	176	0:18:26	02:14	###	3:06:54	28.89	02:42	123	1:45:15	5:15:30	1:09:41
171	637	CÉSAR RAMIL FERREIRO	LICENCIA 1 DIA	166	0:18:17	01:53	###	2:58:02	30.33	05:38	165	1:51:42	5:15:31	1:09:42
172	615	ALVARO PEREZ COSTAS	LICENCIA 1 DIA	167	0:18:18	02:41	###	2:58:41	30.22	04:05	167	1:51:48	5:15:31	1:09:42
173	729	MARCELINO FERNANDEZ PEREZ	LICENCIA 1 DIA	220	0:19:35	04:23	###	3:02:23	29.61	06:08	109	1:43:05	5:15:33	1:09:45

POS.	Nº	NOME	CLUB	P.	Carrera 1	T1	P.	Ciclismo	Km/h.	T2	P.	Carrera 2	META	Dif.
174	712	FELIPE IGLESIAS MIRA	NATACION PABELLON OUREN	224	0:19:38	02:17	###	2:51:44	31.45	02:59	199	1:59:04	5:15:40	1:09:51
175	706	GONZALO ORTIZ ALONSO	NOSPORTLIMIT	184	0:18:42	02:41	###	3:14:34	27.76	01:44	80	1:38:29	5:16:08	1:10:19
176	665	MANUEL SANMARTIN MALVAREZ	CLUB CERVECERIA O COTON	241	0:20:37	02:22	###	2:46:02	32.53	02:06	216	2:05:20	5:16:25	1:10:36
177	491	CARLOS BALSA BELLO	LICENCIA 1 DIA								273	13:35:30	5:17:39	1:11:51
178	473	JORGE JUAN GONZALEZ VAZQUEZ	NOSPORTLIMIT	140	0:17:34	02:02	###	3:11:49	28.15	01:38	121	1:44:43	5:17:44	1:11:55
179	533	PABLO GOMEZ HERNANDEZ	NOSPORTLIMIT	172	0:18:24	02:41	###	3:01:10	29.81	03:10	168	1:52:22	5:17:45	1:11:56
180	535	JAVIER GAYOSO PAZ	NOSPORTLIMIT	143	0:17:35	02:34	###	2:54:14	30.99	02:02	211	2:01:56	5:18:20	1:12:31
181	723	ELISEO SANCHEZ LOPEZ	TRIATLÓN ALCALÁ	182	0:18:40	02:27	###	2:59:40	30.06	01:59	186	1:55:42	5:18:28	1:12:39
182	668	MARCELINO PRIETO LORENZO	CLUB ATLETISMO PORRIÑO	189	0:18:48	01:45	###	2:56:49	30.54	01:43	202	1:59:33	5:18:36	1:12:47
183	666	ALEJANDRO PEREZ GIANNETTO	NOSPORTLIMIT	185	0:18:43	02:32	###	3:07:37	28.78	02:21	141	1:47:33	5:18:44	1:12:55
184	646	JOSÉ MARIA BERGANTIÑOS LOPEZ	LICENCIA 1 DIA	156	0:17:56	02:30	###	2:49:52	31.79	01:59	224	2:07:37	5:19:53	1:14:04
185	662	MANUEL FERRO DOPICO	LICENCIA 1 DIA	139	0:17:33	02:02	###	3:05:41	29.08	02:02	176	1:53:25	5:20:41	1:14:52
186	726	JULIO ALVAREZ-BUYLLA DE LA UZ	CLUB TRIATLON MAR DE VIGO	195	0:18:52	01:53	###	3:03:11	29.48	02:25	181	1:55:07	5:21:26	1:15:37
187	537	OLIVER GARCIA LOSADA	NOSPORTLIMIT	225	0:19:39	01:52	###	2:52:56	31.23	03:05	213	2:04:13	5:21:43	1:15:54
188	612	JOSE CARLOS FREIRE SALORIO	NOSPORTLIMIT	202	0:19:00	02:27	###	2:53:41	31.09	02:27	218	2:05:36	5:23:09	1:17:20
189	776	SANTIAGO FERNANDEZ-MIRANDA T	LICENCIA 1 DIA	237	0:20:14	02:26	###	2:46:42	32.39	03:51	231	2:10:34	5:23:45	1:17:56
190	622	DAVID GÓMEZ AGRAS	TRIATLON FERROL	122	0:17:11	02:19	###	3:08:36	28.63	02:42	173	1:53:14	5:24:00	1:18:11
191	609	ALFONSO MARTÍN REINA	C.D. VALDEBEBAS	214	0:19:33	02:19	###	3:13:15	27.94	02:23	133	1:46:47	5:24:15	1:18:27
192	715	JUAN CABADO POU	LICENCIA 1 DIA	186	0:18:46	02:39	###	3:00:31	29.91	03:24	198	1:58:59	5:24:18	1:18:29
193	529	DAVID PARDO FERREIRO	NOSPORTLIMIT	165	0:18:17	01:43	###	2:52:04	31.38	01:22	232	2:11:04	5:24:28	1:18:39
194	547	JESUS VALERO GARCIA	LICENCIA 1 DIA	204	0:19:02	02:54	###	3:02:58	29.51	03:28	189	1:56:36	5:24:56	1:19:07
195	758	JULIO FERNANDEZ PEREZ	LICENCIA 1 DIA	261	0:21:51	02:33	###	3:03:16	29.47	04:19	172	1:53:12	5:25:09	1:19:21
196	670	JOSE ROBERTO BURGER RODRIGU	CLUB DE TRIATLON DIABLILLO	246	0:20:47	02:21	###	3:03:30	29.43	04:30	184	1:55:18	5:26:25	1:20:36
197	645	DIEGO GRANJA BREY	AD TRIATLÓN ECOSPORT ALC	192	0:18:51	02:19	###	3:10:53	28.29	02:49	164	1:51:36	5:26:25	1:20:36
198	483	CARLOS RAMAS FIUSA	NOSPORTLIMIT	173	0:18:25	02:41	###	3:05:03	29.18	02:09	194	1:58:22	5:26:39	1:20:50
199	760	MAURO VARELA PINTOS	MONTE PENARUBIA RUNNING	223	0:19:37	02:36	###	3:16:08	27.53	02:30	128	1:46:07	5:26:56	1:21:07
200	734	FRANCISCO JAVIER GONZALEZ MO	LICENCIA 1 DIA	242	0:20:41	03:37	###	3:01:56	29.68	02:14	195	1:58:45	5:27:11	1:21:22
201	743	JOSÉ MANUEL BELLO CASTRO	LICENCIA 1 DIA	207	0:19:17	01:55	###	3:02:45	29.55	01:55	207	2:01:29	5:27:19	1:21:31
202	632	JOSE OSCAR RODRÍGUEZ DOPICO	LICENCIA 1 DIA	181	0:18:39	02:23	###	3:11:13	28.24	02:02	174	1:53:15	5:27:30	1:21:41
203	728	JUAN MANUEL CALVO BARBERO	SESTAO TRIATLOI TALDEA	147	0:17:40	02:14	###	2:58:18	30.29	02:36	223	2:07:25	5:28:10	1:22:21
204	511	FRANCISCO JAVIER CARRIL FERNÁ	CARMA BIKE	179	0:18:32	01:49	###	3:10:24	28.36	02:14	182	1:55:16	5:28:14	1:22:25
205	551	YAGO EDUARDO SANTABAYA GONZ	TRIATLON REAL CANOE	232	0:20:06	02:04	###	3:04:23	29.29	02:21	203	1:59:42	5:28:34	1:22:45
206	676	JUAN ANTONIO GOMEZ ALVAREZ	CLUB TRIATLON MAR DE VIGO	155	0:17:55	01:51	###	3:18:33	27.2	02:14	148	1:49:07	5:29:39	1:23:50
207	617	DAVID SEDES DOCE	LICENCIA 1 DIA	228	0:19:57	03:10	###	3:08:54	28.59	02:53	183	1:55:17	5:30:08	1:24:20
208	655	LEONARDO RAMON FRANCO LAREU	TRINORTH	260	0:21:27	02:05	###	3:02:36	29.57	02:56	210	2:01:49	5:30:52	1:25:03
209	518	JUAN FRANCO ÁLVAREZ	LICENCIA 1 DIA	257	0:21:08	02:49	###	3:09:54	28.44	03:45	178	1:53:38	5:31:12	1:25:23
210	555	JORGE CANO CELAYA	TRIATLON LUGONES	208	0:19:20	02:02	###	3:08:56	28.58	02:08	196	1:58:55	5:31:18	1:25:29
211	730	ANDRES VIGO RIVEIRA	LICENCIA 1 DIA	227	0:19:55	02:16	###	3:05:04	29.18	02:29	208	2:01:41	5:31:24	1:25:35
212	763	HECTOR DANIEL SILVA ARAN	LICENCIA 1 DIA	53	0:15:58	03:00	###	3:20:17	26.96	02:43	151	1:49:48	5:31:45	1:25:56
213	773	ALBERTO DIAZ AYUSO	TRIATLON REAL CANOE	231	0:20:06	03:09	###	3:11:06	28.26	02:35	185	1:55:25	5:32:18	1:26:30
214	624	JUAN LOPEZ CASTAÑEIRA	LICENCIA 1 DIA	201	0:18:58	02:16	###	3:09:29	28.5	01:59	204	2:00:35	5:33:14	1:27:25
215	477	ARTURO LOPEZ LAGO	CLUB TRIATLON CORUÑA	191	0:18:50	03:03	###	3:02:57	29.52	03:41	215	2:05:19	5:33:48	1:28:00
216	603	JOSE ANTONIO QUINTANS VAZQUEZ	CLUB TRIATLON COMPOSTEL	141	0:17:34	02:24	###	3:00:25	29.93	04:36	228	2:09:02	5:33:59	1:28:10
217	519	VICTOR DE TOMAS MAROTO	LICENCIA 1 DIA	245	0:20:47	02:09	###	3:03:36	29.41	02:29	222	2:06:51	5:35:50	1:30:01
218	588	MARCOS VARELA SECO	LICENCIA 1 DIA	150	0:17:41	02:24	###	3:02:08	29.65	01:56	238	2:12:34	5:36:42	1:30:53
219	479	ANTONIO BAAMONDE SANDE	NOSPORTLIMIT	169	0:18:21	02:50	###	3:29:18	25.8	02:40	118	1:44:14	5:37:21	1:31:32
220	635	ALEXANDRE VEIRA RODRÍGUEZ	LICENCIA 1 DIA	205	0:19:06	02:12	###	2:57:46	30.38	02:38	242	2:16:34	5:38:15	1:32:26
221	767	ENRIQUE LUIS ALVAREZ ESTEVEZ	NOSPORTLIMIT	180	0:18:35	02:32	###	2:56:49	30.54	02:14	244	2:18:39	5:38:46	1:32:58
222	528	MIGUEL MOSQUERA RIAL	CLUB TRIATLON CORUÑA	253	0:20:57	02:04	###	3:08:25	28.66	01:49	219	2:06:14	5:39:28	1:33:40
223	600	DANIEL MENENDEZ MIRAZ	LICENCIA 1 DIA	170	0:18:23	02:23	81	2:43:34	33.01	03:10	258	2:32:08	5:39:36	1:33:47
224	695	DIEGO PRADO BASANTA	MONTE PENARUBIA RUNNING	194	0:18:51	02:23	###	3:15:18	27.65	02:46	205	2:00:48	5:40:04	1:34:15
225	718	LEONARD MERINO PARISH	LICENCIA 1 DIA	269	0:22:13	03:05	###	3:00:43	29.88	02:11	237	2:12:23	5:40:33	1:34:45
226	480	FRANCESC NÚÑEZ LASTRE	FITNESS SPORTS TRIATLON	198	0:18:57	02:47	###	3:21:45	26.77	04:21	170	1:52:57	5:40:45	1:34:56
227	500	DANIEL MARTÍN SANTOS	LICENCIA 1 DIA	235	0:20:12	02:34	###	3:06:05	29.02	03:00	227	2:09:00	5:40:47	1:34:58
228	618	CARLOS TARRIO BUGALLO	CLUB TRIATLON COMPOSTEL	213	0:19:32	01:49	###	3:08:42	28.62	02:39	226	2:08:34	5:41:14	1:35:25
229	724	LUIS CARLOS MACIAS SÁNCHEZ	ESCUELA TRIATLON PLASENC	159	0:18:03	02:41	###	3:05:44	29.08	03:08	239	2:12:39	5:42:13	1:36:24
230	678	FEDERICO JOSE LOPEZ FERREIRO	NOSPORTLIMIT	196	0:18:53	01:50	###	3:06:54	28.89	03:23	234	2:11:46	5:42:44	1:36:55
231	486	ALEJANDRO RODRIGUEZ LORENZO	NOSPORTLIMIT	222	0:19:36	04:14	###	3:12:23	28.07	03:58	212	2:02:35	5:42:44	1:36:55
232	736	CARLOS SOLER ANTÓN	LA 208 TRIATLON CLUB	247	0:20:49	02:53	###	3:08:04	28.72	03:27	225	2:08:31	5:43:41	1:37:52
233	752	JOSEBA IÑAKI ECHEVARRÍA LARIZG	TRIFLAVI	283	0:23:52	03:42	###	3:00:20	29.95	03:28	236	2:12:22	5:43:43	1:37:54
234	458	JOSE MANUEL CERNADAS FERNAN	NOSPORTLIMIT	218	0:19:34	02:07	###	2:56:12	30.65	03:52	247	2:22:11	5:43:54	1:38:05
235	475	MANUEL SAZ CEBRIAN	NOSPORTLIMIT	217	0:19:34	02:24	###	3:02:00	29.67	03:31	241	2:16:26	5:43:54	1:38:05
236	786	JUAN BARRERAS GARCIA-REBORE	LICENCIA 1 DIA	250	0:20:50	02:37	###	3:17:21	27.36	03:17	206	2:00:55	5:44:57	1:39:09
237	481	RICARDO JOSE DOMINGUEZ GAGO	ARTROGAL-TRI 498	285	0:25:03	04:19	###	3:07:00	28.88	02:21	220	2:06:44	5:45:26	1:39:37
238	664	SVEN OLIVER MARX -	NOSPORTLIMIT	258	0:21:09	03:36	###	3:05:49	29.06	03:42	233	2:11:30	5:45:43	1:39:55

POS.	Nº	NOME	CLUB	P.	Carrera 1	T1	P.	Ciclismo	Km/h.	T2	P.	Carrera 2	META	Dif.
239	497	ELOY BRAVO CEREJO	LICENCIA 1 DIA	252	0:20:57	01:38	###	2:50:46	31.63	01:30	259	2:34:02	5:48:51	1:43:02
240	768	JESÚS OLIVEROS PÉREZ	LICENCIA 1 DIA	234	0:20:07	05:24	###	3:30:12	25.69	03:04	158	1:50:33	5:49:18	1:43:30
241	620	JOSE MANUEL TURNES CORDEIRO	NOSPORTLIMIT	177	0:18:27	02:39	###	3:28:13	25.93	02:50	201	1:59:16	5:51:23	1:45:34
242	679	RAUL GUTIERREZ CANDA	CD TRIATLÓN BOMBEROS VAL	233	0:20:06	02:30	###	3:00:58	29.84	02:10	254	2:26:09	5:51:51	1:46:02
243	544	JOSE MANUEL YAÑEZ TURRADO	TRIATLON LUGONES	210	0:19:22	02:01	###	3:08:53	28.59	02:35	248	2:23:35	5:56:25	1:50:36
244	720	ALBERTO ZARAGOZA VEREZ	INDEPENDIENTE	239	0:20:27	03:20	###	3:19:47	27.03	03:57	230	2:10:22	5:57:52	1:52:03
245	556	JUAN JOSE LOPEZ CUCURELLA	SIMON VERDE - ISPOSSIBLE T	268	0:22:10	03:30	###	3:13:35	27.9	02:43	243	2:17:20	5:59:15	1:53:26
246	751	ROBERTO VENTUREIRA DOPICO	A.D. NAUTICO DE NARON	153	0:17:49	02:12	###	3:31:19	25.56	01:56	221	2:06:44	5:59:58	1:54:09
247	755	JESUS MANUEL DELGADO GONZAL	TRITEIDE SPIRIDON	282	0:23:44	02:40	###	3:02:59	29.51	04:01	255	2:26:56	6:00:18	1:54:30
248	691	JORGE FARAMIÑAN MARTINEZ	LICENCIA 1 DIA	249	0:20:50	02:39	###	3:26:06	26.2	03:15	229	2:10:15	6:03:03	1:57:14
249	769	JOAQUIN PEREZ BELLIDO	LICENCIA 1 DIA	254	0:21:02	06:36	###	3:22:48	26.63	07:45	217	2:05:26	6:03:36	1:57:47
250	740	JACOBO ANICETO SANCHEZ-BALGO	NOSPORTLIMIT	221	0:19:36	02:30	###	3:14:30	27.77	02:17	252	2:25:05	6:03:56	1:58:07
251	553	FRANCISCO MANUEL RODRIGUEZ G	NOSPORTLIMIT	274	0:22:27	02:32	###	3:16:07	27.54	02:28	249	2:23:37	6:07:09	2:01:20
252	789	XESÚS ANXO LÓPEZ PINTOS	LICENCIA 1 DIA	211	0:19:23	03:49	###	3:25:16	26.31	04:22	240	2:14:40	6:07:29	2:01:40
253	582	ELADIO SALGUEIRO GARCIA	NOSPORTLIMIT	267	0:22:04	03:02	###	3:27:10	26.07	03:32	235	2:12:22	6:08:08	2:02:19
254	521	VICTOR PEREZ PEREZ	LICENCIA 1 DIA	262	0:21:56	01:58	###	3:17:46	27.31	02:11	253	2:25:30	6:09:19	2:03:30
255	485	FERRAN ARENES PALMI	C.D.E. MOLOKAI	273	0:22:20	03:07	###	3:23:22	26.55	03:45	246	2:20:48	6:13:20	2:07:31
256	630	VICTOR MANUEL MANZANO ARENA	TRIATLON NAZARI	280	0:23:33	02:40	###	3:00:07	29.98	02:32	266	2:45:13	6:14:04	2:08:15
257	704	MANUEL IGNACIO CERRILLO LOPEZ	SIMON VERDE - ISPOSSIBLE T	286	0:25:59	03:20	###	2:58:59	30.17	03:59	265	2:41:49	6:14:04	2:08:15
258	757	JOSE FRANCISCO SUAREZ NUÑEZ	NOSPORTLIMIT	266	0:22:02	02:33	###	3:33:11	25.33	02:35	245	2:18:59	6:19:19	2:13:30
259	778	JOSÉ MANUEL SANZ MARTÍN	LICENCIA 1 DIA	238	0:20:18	03:27	###	3:23:28	26.54	05:17	257	2:30:11	6:22:39	2:16:51
260	484	ANDONI DANIEL CARPINTERO SANC	LICENCIA 1 DIA	278	0:23:18	02:05	###	3:15:34	27.61	02:23	263	2:39:29	6:22:47	2:16:58
261	782	EMILIO LARRIBA DE LA RUBIA	TRIATLON ATLETI	276	0:22:36	03:37	###	3:29:35	25.77	03:31	250	2:23:41	6:22:57	2:17:09
262	487	CARLOS REINLEIN FARRE	TRISADA	265	0:22:01	02:50	###	3:33:42	25.27	02:31	251	2:23:52	6:24:54	2:19:05
263	779	JUAN CARLOS MARÍN ÁLVAREZ	LICENCIA 1 DIA	248	0:20:49	04:11	###	3:27:12	26.06	05:13	256	2:27:41	6:25:05	2:19:16
264	732	ENRIQUE VIERA DIAZ	TRITEIDE SPIRIDON	281	0:23:43	02:49	###	3:08:49	28.6	03:58	267	2:46:00	6:25:17	2:19:28
265	777	ANTONIO FERNANDEZ BELLO	LICENCIA 1 DIA	271	0:22:17	02:46	###	3:13:06	27.97	05:10	268	2:48:11	6:31:29	2:25:40
266	489	SANTOS HERENCIA VILAR	NOSPORTLIMIT	275	0:22:33	02:23	###	3:12:19	28.08	02:34	271	2:54:33	6:34:21	2:28:32
267	741	GONZALO VARELA DE LA TORRE	LICENCIA 1 DIA	270	0:22:17	03:13	###	3:15:23	27.64	06:42	270	2:51:48	6:39:21	2:33:32
268	591	RAUL ANGULO ORTEGA	LICENCIA 1 DIA	272	0:22:18	03:27	###	3:37:45	24.8	04:16	261	2:35:43	6:43:28	2:37:39
269	482	JOSE JUAN AYET GISBERT	CLUB TRIATLONCIEM	287	0:25:59	02:33	###	3:22:39	26.65	02:35	269	2:50:09	6:43:52	2:38:03
270	785	FRANCISCO PELLON AUGUSTO	LICENCIA 1 DIA	279	0:23:30	03:10	###	3:40:59	24.44	02:58	260	2:34:22	6:44:57	2:39:08
271	572	CARLOS CASTELLANOS GARCIAS	LICENCIA 1 DIA	277	0:22:57	05:19	###	3:44:50	24.02	05:51	262	2:36:57	6:55:53	2:50:04
272	775	SANTIAGO EIRIS LOPEZ	LICENCIA 1 DIA	264	0:22:00	06:06	###	3:51:33	23.32	06:33	264	2:40:11	7:06:21	3:00:32
273	764	MIGUEL GOMEZ ALCOCER	LICENCIA 1 DIA	284	0:24:04	03:22	###	3:39:56	24.55	03:08	272	3:04:58	7:15:25	3:09:37
NC	749	JUAN CARLOS LOZANO BLASCO	CLUB TRIATLON PICHON ELC		0:22:19	03:42		3:47:09	23.77	04:03		3:14:46	7:31:58	3:26:09
SD	614	OSCAR DANIEL PAZOS BARBEITO	ATLETAS ACEA DE AMA										4:11:17	0:05:28
NF	432	JACOBO CREGO FERNANDEZ	TRIATLON BOIRO											
NF	442	ENRIQUE MUIÑOS REYES	ARTROGAL-TRI 498	35	0:15:27	01:15	36	2:37:04	34.38	01:30				
NF	451	LUIS CUE LLANEZA	CLUB MULTIDEPORTE OVIED											
NF	452	ANXO MEIZOSO PERMUI	TRIATLON ARTEIXO	27	0:15:00	01:24	###	2:49:59	31.77	01:20				
NF	457	CARLOS MATO RODRIGUEZ	INDEPENDIENTE											
NF	468	ENRIQUE GRIÑAN TORRADO	NOSPORTLIMIT	216	0:19:34	01:54	###	3:05:02	29.19					
NF	490	FRANCISCO JOSÉ FERNÁNDEZ GAR	CLUB MULTIDEPORTE OVIED											
NF	502	JORGE GRAÑA BAEZA	LICENCIA 1 DIA	226	0:19:43	02:00	91	2:44:59	32.73					
NF	531	EDUARDO CASADO BRIONGOS	LICENCIA 1 DIA	117	0:17:05	02:07	72	2:42:14	33.29	01:37				
NF	562	IVÁN VIDAL CASTAÑO	LICENCIA 1 DIA	187	0:18:46	02:14	###	2:56:31	30.59	02:17				
NF	564	DAVID CUTRIN LOPEZ	CLUB TRIATLON COMPOSTEL	81	0:16:25	04:21	###	3:00:44	29.88	06:03				
NF	566	MANUEL DOMINGO DOSIL LAGO	CLUB CICLISTA MUROS											
NF	570	PABLO HERMO VILLAR	ARTROGAL-TRI 498	115	0:17:03	02:01								
NF	579	RUBEN INIESTA PEREA	SESTAO TRIATLOI TALDEA	107	0:16:47	01:23	24	2:33:08	35.27	01:20				
NF	608	MARCELINO RIVAS POMBO	NOSPORTLIMIT											
NF	613	JAVIER CASARES RODRIGUEZ	LICENCIA 1 DIA											
NF	616	BRAIS TOMAS SANCHEZ GONZALEZ	A.POLIDEPORTIVA SAN RAMO	103	0:16:43	02:23	71	2:42:07	33.31	01:39				
NF	631	DIMAS GALLEGU BARREIRO	C.T. A CORRE-CUITA	178	0:18:32	02:24	###	2:49:50	31.8	02:08				
NF	658	CARLOS BEIRO GONZALEZ	CLUB CICLISTA MUROS											
NF	675	DAVID LORENZO	TRIATLON RIAS BAIXAS											
NF	686	ALBERTO AGUJETA LENTIJO	TKRONO TRIATLON GETXO											
NF	709	SANTIAGO VALES MENDEZ	LICENCIA 1 DIA	55	0:16:00	01:55								
NF	717	ISMAEL GIL FERNANDEZ	LICENCIA 1 DIA											
NF	748	JOSE MARIA SERNA CEPEDA	ATLETICO TOMELLOSO TRIAT	69	0:16:16	01:48								
NF	753	PEDRO MARTINEZ HERNANDEZ	CLUB DEPORTIVO TRIBETEAM											
NF	754	EDUARD FRANQUET SUGRAÑES	LICENCIA 1 DIA	251	0:20:56	02:15	###	3:04:37	29.25	02:26				
NF	784	LUIS CALVO SANCHEZ	CD TRIATLÓN BOMBEROS VAL	263	0:22:00	03:03	###	3:10:20	28.37	02:57				
NP	445	CARLOS MOAR ARES	KURAI											

POS.	Nº	NOME	CLUB	P. Carrera 1	T1	P. Ciclismo	Km/h.	T2	P. Carrera 2	META	Dif.
NP	450	JAVIER DIAZ CID	NATACION PABELLON OUREN								
NP	460	FRANCISCO BRAVO BARRADO	CLUB DE TRIATLON DIABLILLO								
NP	461	JORGE RODRÍGUEZ FERNÁNDEZ DE	TRIATLÓN UNIVERSITARIO DE								
NP	462	JORGE GOMEZ VAZQUEZ	TRIATLON FERROL								
NP	488	FRANCISCO ALONSO CUEVAS	NOSPORTLIMIT								
NP	492	ALEX ANDREU GARCIA	NOSPORTLIMIT								
NP	507	PABLO PANDO LOPEZ	LICENCIA 1 DIA								
NP	510	DANIEL MARTINEZ GOMEZ	C. TRIATLON OURENSE								
NP	513	ROBERTO GARRIDO PEREIRA	LICENCIA 1 DIA								
NP	516	ADRIAN NIETO LAREO	ARCADE INFORHOUSE SANTI								
NP	522	IVAN CRUZ SOTO	TRISADA								
NP	524	BORJA PRIETO RIO	LICENCIA 1 DIA								
NP	534	PEDRO MELO	LICENCIA 1 DIA								
NP	548	DIEGO GONZALEZ GONZALEZ	LICENCIA 1 DIA								
NP	549	ANDONI CAMPOS MARIÑO	SESTAO TRIATLOI TALDEA								
NP	554	BRUNO SOUTO PEREZ	NOSPORTLIMIT								
NP	561	MIGUEL GIRALDEZ	LICENCIA 1 DIA								
NP	569	JAVIER ARIAS MARTINEZ	CLUB DE TRIATLON DIABLILLO								
NP	571	JORGE FERRADANS VALDES	TRIATLON VILAGARCIA /ATEN								
NP	575	MANUEL SANTOS DOCAL	MONTE PENARUBIA RUNNING								
NP	577	MARCOS PITA LÓPEZ	LICENCIA 1 DIA								
NP	586	MONICO GOMEZ RUIZ	LICENCIA 1 DIA								
NP	598	JULIO GARCIA CAYON	LICENCIA 1 DIA								
NP	599	LUIS PEDRE CARRODEGUAS	LICENCIA 1 DIA								
NP	601	JUAN CARLOS ESCOTET SERRANO	NOSPORTLIMIT								
NP	604	PABLO OTERO PIÑEIRO	CLUB TRIATLON MORRAZO								
NP	610	ANTONIO DIAZ GOMEZ	LICENCIA 1 DIA								
NP	629	MARCOS RODRIGUEZ VAZQUEZ	MONTE PENARUBIA RUNNING								
NP	638	JAVIER VILAR MARTINEZ	LICENCIA 1 DIA								
NP	643	MARIANO CRISTOBAL	LICENCIA 1 DIA								
NP	649	ANTON RODRIGUEZ PRIETO	MONTE PENARUBIA RUNNING								
NP	661	JOSE MANUEL LORES MEIS	CLUB CICLISMO-TRIATLON PO								
NP	667	CARLOS ALBERTO GONZÁLEZ DEL	TRITEIDE SPIRIDON								
NP	669	JORGE SIEIRO GONZALEZ	CLUB TRIATLON MAR DE VIGO								
NP	680	DAVID CALVO GAITE	MOLPESA UNIVEST (OLID TRIA								
NP	681	JOSE ALBERTO ARIZA GIL	LICENCIA 1 DIA								
NP	692	MIKEL LARRAZABAL ALVAREZ	INDEPENDIENTE								
NP	693	OSCAR IGLESIAS YUGUEROS	SESTAO TRIATLOI TALDEA								
NP	700	XOSÉ ANTÓN ANTELO LEMA	LICENCIA 1 DIA								
NP	701	AGUSTIN MARQUEZ FELIPE	TRIATLON PACENSE								
NP	703	DOMINGO FERREIRO DIAZ	MONTE PENARUBIA RUNNING								
NP	707	ALBERTO SOTO CAMPOS	NOSPORTLIMIT								
NP	711	OSCAR CASERO MIGUEL	LICENCIA 1 DIA								
NP	716	ELISEO MOSTEIRO VILLAVERDE	LICENCIA 1 DIA								
NP	719	BORJA FERNANDEZ BERMUDEZ	NOSPORTLIMIT								
NP	739	EDUARDO ZAPATA FERNÁNDEZ	MUNAY KIROL KLUBA								
NP	742	DAMIAN VEGA DE LAS HERAS	OURENSE ATLETISMO								
NP	745	CARLOS GONZALEZ RODRIGUEZ	TRITEIDE SPIRIDON								
NP	750	MARCOS ANTONIO FIGUEROA NIET	LICENCIA 1 DIA								
NP	762	CARLOS BENITO RAMOS	TRIATLON TRES CANTOS								
NP	765	FERNANDO JORGE OLIVEIRA CORV	LICENCIA 1 DIA								
NP	771	JOSE LUIS NAYA ORGEIRA	NOSPORTLIMIT								
NP	774	LUIS BAUTISTA FRENANDEZ GARCI	LICENCIA 1 DIA								
NP	783	CRISTOBAL BERNABE TRECUCU	YEPA! TRIATLOI KLUBA								
NP	788	ANGEL MARTIN ASENSIO	LICENCIA 1 DIA								

CATEGORIAS MEDIA DISTANCIA MASCULINO

Localidade **As Pontes**

Data **16 de junio de 2019**

Distancia

MD

Oficiais

Delegado Técnico: **José Manuel Rey**

Xuíz Arbitro: **Alberto Morlán**

Responsable Oficiais: **Alberto Morlán**

Xurado da Competición: **José Manuel Rey (DT)**

Gonzalo Triunfo (FEGATRI)

Ricardo Rey (NOSPORTLIMIT)

Datos da competición

Temperatura exterior: 12 °C

Temperatura da auga:

Neopreno:

Carrera 1 4 km

1 vuelta

Ciclismo 90 km

2 vueltas

Carrera 2 21,1 km

2 vueltas

Inscritos : 358

Remataron : 273

Retirados : 27

Non Presentados : 56

Descalificados : 1

SUB-23 MASCULINA

POS.	Nº	NOME	CLUB	P.	Carrera 1	T1	P.	Ciclismo	Km/h.	T2	P.	Carrera 2	META	Dif.
1	493	EDGAR FRANCO BOUZA	LICENCIA 1 DIA	10	0:14:33	02:06	16	2:31:07	35.74	01:51	16	1:27:15	4:16:51	0:11:02
2	491	CARLOS BALSA BELLO	LICENCIA 1 DIA								273	13:35:30	5:17:39	1:11:51
NP	492	ALEX ANDREU GARCIA	NOSPORTLIMIT											

VETERANOS 1 MASCULINA

POS.	Nº	NOME	CLUB	P.	Carrera 1	T1	P.	Ciclismo	Km/h.	T2	P.	Carrera 2	META	Dif.
1	433	LUIS ALBERTO PAREDES CO	TRITLÓN MOTOBIKE GALAICO PON	7	0:14:15	01:20	6	2:26:01	36.98	01:23	5	1:23:14	4:06:11	0:00:23
2	435	ROBERTO CARLOS AGRELO	ARTROGAL-TRI 498	1	0:13:46	01:26	22	2:31:55	35.55	02:50	1	1:19:12	4:09:06	0:03:18
3	652	MANUEL FRAGA DIAZ	CLUB TRIATLON COMPOSTELA	13	0:14:38	01:20	4	2:25:13	37.19	01:35	35	1:32:19	4:15:03	0:09:15
4	440	DANIEL FEIJOO FERREIRO	TRIEUME AS PONTES CLUB	5	0:14:11	01:27	20	2:31:32	35.64	01:33	13	1:26:46	4:15:27	0:09:38
5	660	AYOZE ALMEIDA CAMPOS	LICENCIA 1 DIA	17	0:14:42	01:32	14	2:30:46	35.82	02:09	14	1:26:53	4:16:00	0:10:11
6	434	JUAN ENRIQUE GARCIA FAN	NOSPORTLIMIT	24	0:14:57	01:14	26	2:34:19	35	01:12	12	1:26:05	4:17:44	0:11:55
7	441	PABLO ALONSO FIGUEROA	CLUB CICLISMO-TRIATLON POIO	15	0:14:39	01:27	44	2:38:06	34.16	01:22	4	1:22:37	4:18:08	0:12:20
8	656	BASILIO BUJEDO TOBAJAS	SESTAO TRIATLOI TALDEA	20	0:14:51	01:50	25	2:33:44	35.13	01:49	17	1:27:34	4:19:45	0:13:56
9	654	DAVID GARCIA PEREZ	TRITLÓN FERROL	12	0:14:38	01:15	11	2:29:15	36.18	01:10	47	1:33:54	4:20:10	0:14:21
10	702	ROBERTO PISADOR CESTER	CD TRIATLÓN BOMBEROS VALLADO	32	0:15:14	01:29	46	2:38:28	34.08	01:21	11	1:25:55	4:22:25	0:16:36
11	663	MOISES ALFREDO LEBOSO	CLUB ATLETISMO PORRIÑO	52	0:15:58	01:38	9	2:28:05	36.47	01:17	68	1:36:08	4:23:04	0:17:15
12	710	RAUL OVIEDO MORENO	XPERIENCE TEAM	37	0:15:29	02:02	23	2:32:27	35.42	01:34	38	1:32:40	4:24:09	0:18:21
13	677	ALBERTO DOPAZO MIGUEZ	CLUB TRIATLON COMPOSTELA	33	0:15:16	01:31	38	2:37:18	34.33	01:14	30	1:31:03	4:26:20	0:20:31
14	634	JOSE LUIS SANTOME COLLA	NOSPORTLIMIT	85	0:16:31	01:30	13	2:30:30	35.88	02:08	66	1:35:59	4:26:36	0:20:47
15	439	ALBERTO LOPEZ PINO	SIRENO TRIATLON CLUB	108	0:16:49	01:58	21	2:31:43	35.6	01:23	54	1:35:04	4:26:55	0:21:06
16	683	ALBERTO VAZQUEZ TUBIO	CLUB TRIATLON RIANXO	54	0:15:59	01:33	31	2:35:28	34.74	01:39	52	1:34:46	4:29:23	0:23:34
17	721	ARTURO BENIGNO RAMOS F	CLUB TRIATLON COMPOSTELA	97	0:16:40	01:55	60	2:40:22	33.67	01:41	22	1:28:53	4:29:30	0:23:41
18	725	JORGE MANUEL GARCIA RO	CLUB TRIATLON COMPOSTELA	40	0:15:34	01:50	69	2:42:05	33.32	01:18	31	1:31:10	4:31:54	0:26:05
19	659	FERNANDO ALVAREZ GORRI	MONTE PENARUBIA RUNNING LUGO	62	0:16:10	01:23	51	2:39:01	33.96	01:29	55	1:35:08	4:33:09	0:27:20
20	708	GABRIEL PÉREZ-JUANA MES	CLUB DE TRIATLON DIABLILLOS DE	65	0:16:11	02:01	61	2:40:25	33.66	02:24	39	1:32:51	4:33:50	0:28:01
21	685	CARLOS CARREIRO BOULLO	SIRENO TRIATLON CLUB	49	0:15:50	01:58	54	2:39:27	33.87	02:20	49	1:34:28	4:34:01	0:28:12
22	735	DANIEL SAMALEA MOLINA	PILOÑA.DEPORTE	63	0:16:11	03:29	48	2:38:39	34.04	02:01	56	1:35:09	4:35:27	0:29:38
23	699	AGUSTIN MARTINEZ RUIZ	CLUB IBERIA TRIATLON	86	0:16:32	02:17	28	2:34:42	34.91	02:04	89	1:39:59	4:35:32	0:29:43
24	639	ROBERTO PICON ESPINO	ARCADE INFORHOUSE SANTIAGO	79	0:16:24	01:25	75	2:42:48	33.17	01:34	58	1:35:18	4:37:27	0:31:39
25	443	ROGELIO FERREIRA SANCHE	TRITLÓN MOTOBIKE GALAICO PON	64	0:16:11	02:09	45	2:38:10	34.14	01:42	90	1:40:06	4:38:16	0:32:27
26	673	ALFREDO SANCHEZ CESTER	CD TRIATLÓN BOMBEROS VALLADO	84	0:16:30	01:59	30	2:34:55	34.86	01:50	115	1:43:48	4:39:01	0:33:12
27	444	XOSE ANTON BARREIRO PE	ARTROGAL-TRI 498	45	0:15:39	01:22	101	2:45:52	32.56	01:20	62	1:35:31	4:39:42	0:33:53
28	694	MIGUEL ANGEL IZQUIERDO	TRITLÓN ALCALÁ	66	0:16:12	02:38	100	2:45:29	32.63	01:56	44	1:33:36	4:39:49	0:34:00
29	627	ALBERTO CASTRO SÁNCHEZ	ATLETAS ACEA DE AMA	59	0:16:05	02:31	83	2:44:10	32.9	01:51	63	1:35:48	4:40:23	0:34:34
30	747	JOSE ANTONIO PURRIÑOS G	LICENCIA 1 DIA	51	0:15:56	01:55	84	2:44:18	32.87	02:15	70	1:36:52	4:41:14	0:35:25
31	682	RAFAEL CABRERA SANTANA	LICENCIA 1 DIA	138	0:17:32	01:47	113	2:48:18	32.09	01:29	43	1:33:14	4:42:18	0:36:29
32	448	RUBEN SIO FERNANDEZ	CLUB ATLETISMO PORRIÑO	135	0:17:30	01:42	32	2:35:32	34.72	01:51	131	1:46:39	4:43:12	0:37:23
33	647	RAMÓN FERNÁNDEZ MARTÍN	LICENCIA 1 DIA	113	0:16:57	02:35	79	2:43:18	33.07	01:58	88	1:39:55	4:44:41	0:38:52
34	738	PAULO PEREIRA	CLUBE DOS GALITOS	244	0:20:44	02:05	39	2:37:24	34.31	01:36	113	1:43:40	4:45:27	0:39:38
35	640	RAUL BARBEITO GESTAL	TRIENTRENOS	90	0:16:36	02:16	130	2:50:27	31.68	01:59	50	1:34:35	4:45:50	0:40:02
36	671	ALEJANDRO MANUEL ROMA	C.T. VILLANUEVA DE LA CAÑADA	110	0:16:52	01:34	50	2:38:50	34	01:36	136	1:47:06	4:45:56	0:40:08
37	689	MARCOS OTERO LEDO	CIDADE DE LUGO FLUVIAL	137	0:17:31	02:17	73	2:42:15	33.28	02:30	111	1:43:18	4:47:50	0:42:01

38	650	JORGE COMPANY PAGAN	LA 208 TRIATLON CLUB	130	0:17:22	02:03	105	2:46:56	32.35	02:33	95	1:40:33	4:49:25	0:43:36
39	674	IKER BADIOLA ETXANO	ONDARRUKO KOAXI T.T.	120	0:17:08	02:19	115	2:48:24	32.07	01:59	98	1:41:06	4:50:54	0:45:05
40	636	JAIRO PRIETO CAAMAÑO	TRIATLON COSTA DA MORTE	119	0:17:07	01:41	93	2:45:12	32.69	01:26	125	1:45:42	4:51:06	0:45:17
41	687	LUIS GOMEZ AGRAS	TRIATLON FERROL	88	0:16:34	02:15	140	2:51:40	31.46	02:01	83	1:38:49	4:51:19	0:45:30
42	467	FELIPE CORRAL REY	NOSPORTLIMIT	70	0:16:16	01:58	99	2:45:25	32.65	01:32	134	1:46:54	4:52:03	0:46:14
43	688	PABLO DÍAZ DE LA CUESTA	LICENCIA 1 DIA	56	0:16:03	01:59	76	2:42:49	33.17	01:34	160	1:50:47	4:53:10	0:47:22
44	746	PABLO PÉREZ BLANCO	CLUB TRIATLON MAR DE VIGO	149	0:17:41	01:47	141	2:51:43	31.45	02:42	85	1:39:26	4:53:18	0:47:29
45	722	FERNANDO ANTONIO BOUZO	TRISADA	109	0:16:51	01:21	145	2:52:03	31.39	01:33	102	1:42:36	4:54:23	0:48:34
46	672	LUIS VILASUSO PITA	LICENCIA 1 DIA	77	0:16:22	02:39	111	2:47:59	32.15	03:17	120	1:44:24	4:54:40	0:48:51
47	737	JOSE BENITO CHARLIN TRIG	TRIATLON VILAGARCIA /ATENAS RU	133	0:17:28	02:02	112	2:48:04	32.13	03:31	114	1:43:45	4:54:49	0:49:00
48	697	JOSE MANUEL GONZALEZ C	LICENCIA 1 DIA	61	0:16:09	01:56	144	2:51:56	31.41	02:15	103	1:42:36	4:54:51	0:49:02
49	733	NICOLAS SEDES DOCE	LICENCIA 1 DIA	57	0:16:03	05:00	176	2:56:51	30.53	03:53	42	1:33:10	4:54:56	0:49:07
50	644	JUAN DIAZ PARDO	TRIATLON FERROL	160	0:18:04	01:59	68	2:41:59	33.34	01:43	162	1:51:19	4:55:01	0:49:13
51	641	IVAN TRABALON	LICENCIA 1 DIA	206	0:19:17	01:52	74	2:42:45	33.18	02:13	147	1:49:03	4:55:07	0:49:18
52	648	MIGUEL SANTOMIL LAPIDO	ARTROGAL-TRI 498	112	0:16:56	01:43	165	2:55:10	30.83	02:00	86	1:39:30	4:55:17	0:49:29
53	727	JOSE NAVARRO ANTON	CLUB TRIATLON RIANXO	47	0:15:40	02:04	200	3:01:00	29.84	01:57	59	1:35:21	4:56:00	0:50:11
54	623	LUCAS TUDO SANDES	LICENCIA 1 DIA	123	0:17:15	02:07	152	2:52:41	31.27	01:56	101	1:42:20	4:56:16	0:50:28
55	642	LUIS JAVIER SANZ RODRIGU	LICENCIA 1 DIA	200	0:18:58	02:15	121	2:49:35	31.84	01:54	116	1:44:05	4:56:45	0:50:56
56	464	MANUEL ANTONIO LOPEZ SU	ARCADE INFORHOUSE SANTIAGO	197	0:18:54	01:30	127	2:50:01	31.76	01:54	122	1:44:46	4:57:03	0:51:14
57	714	MARCELINO ALVAREZ GONZ	CD TRIATLÓN BOMBEROS VALLADO	144	0:17:37	01:56	116	2:48:32	32.04	02:06	140	1:47:32	4:57:41	0:51:52
58	653	JOSE MARIA CAAMAÑO MON	ARCADE INFORHOUSE SANTIAGO	98	0:16:40	01:19	173	2:56:44	30.56	01:18	119	1:44:16	5:00:16	0:54:27
59	651	ANTONIO MATALOBOS BUST	CLUB OLIMPICO DE VEDRA	157	0:17:58	02:20	160	2:54:06	31.02	02:07	117	1:44:05	5:00:34	0:54:46
60	696	PABLO ARANDA PAZ	GALDAKAKO MOZOILLO TRIATHLON	158	0:17:58	01:54	89	2:44:52	32.76	02:07	187	1:55:45	5:02:34	0:56:45
61	474	MANUEL ARCA PEDRIDO	ARTROGAL-TRI 498	209	0:19:22	02:26	135	2:51:11	31.55	01:47	142	1:47:54	5:02:38	0:56:49
62	470	FERNANDO SINES CRESPO	NOSPORTLIMIT	183	0:18:41	02:11	167	2:55:47	30.72	02:40	127	1:45:49	5:05:06	0:59:17
63	459	SANTIAGO GARCIA GONZAL	NOSPORTLIMIT	255	0:21:07	02:15	119	2:49:17	31.9	01:44	166	1:51:47	5:06:08	1:00:19
64	744	FRANCISCO JESUS GARCIA	ESCUELA TRIATLON PLASENCIA	240	0:20:36	02:27	212	3:03:01	29.51	02:48	73	1:37:21	5:06:11	1:00:22
65	705	JACOB IGLESIAS VALDES	LICENCIA 1 DIA	95	0:16:38	01:49	182	2:58:30	30.25	02:20	137	1:47:11	5:06:26	1:00:37
66	478	JOSE ANTONIO LOPEZ FERN	ARTROGAL-TRI 498	96	0:16:39	02:00	186	2:59:22	30.11	02:43	130	1:46:34	5:07:15	1:01:26
67	731	JOSE MARIA GUEIMUNDE CA	LICENCIA 1 DIA	193	0:18:51	02:54	159	2:53:46	31.08	02:55	146	1:48:52	5:07:16	1:01:27
68	690	VICTOR COTOBAL BOYERO	CD TRIATLÓN BOMBEROS VALLADO	105	0:16:45	01:55	169	2:56:17	30.63	02:10	161	1:51:16	5:08:21	1:02:32
69	628	JULIAN JOSE DE LA FUENTE	CLUB DEPORTIVO TRIBETEAM	175	0:18:26	02:05	184	2:58:51	30.2	02:10	138	1:47:15	5:08:45	1:02:56
70	466	ROBERTO VALLINOT GARCÍA	CLUB DE TRIATLON DIABLILLOS DE	164	0:18:05	02:02	155	2:53:25	31.14	01:47	177	1:53:32	5:08:49	1:03:00
71	625	OSCAR RODRIGUEZ RODRIG	MONTE PENARUBIA RUNNING LUGO	230	0:19:59	01:54	109	2:47:55	32.16	01:57	191	1:57:19	5:09:02	1:03:13
72	456	MANUEL PEDRE VAZQUEZ	NOSPORTLIMIT	152	0:17:48	02:20	117	2:48:40	32.02	02:11	200	1:59:06	5:10:03	1:04:14
73	626	MIGUEL MARTINEZ HERNAN	CLUB DEPORTIVO TRIBETEAM	174	0:18:26	02:15	180	2:58:04	30.33	02:40	155	1:50:22	5:11:45	1:05:56
74	633	PABLO DIAZ MONTERO	TRIATLON MOTOBIKE GALAICO PON	188	0:18:47	02:01	164	2:54:40	30.92	02:16	180	1:55:00	5:12:42	1:06:53
75	713	JOSE ANTONIO ARAGUNDE	TRIATLON VILAGARCIA /ATENAS RU	190	0:18:50	02:30	198	3:00:46	29.87	03:00	143	1:48:21	5:13:26	1:07:37
76	698	DAVID FERNANDEZ FERNAN	LICENCIA 1 DIA	203	0:19:01	02:02	189	3:00:07	29.98	01:55	163	1:51:33	5:14:36	1:08:47
77	684	SANTIAGO LOPEZ CANICOPA	LICENCIA 1 DIA	78	0:16:23	02:50	138	2:51:23	31.51	02:20	209	2:01:44	5:14:38	1:08:50
78	657	CARLOS IVAN ALMEIDA DEL	TRITEIDE SPIRIDON	229	0:19:57	02:07	122	2:49:47	31.81	04:09	197	1:58:57	5:14:55	1:09:06
79	471	FRANCISCO JAVIER BARREI	NOSPORTLIMIT	176	0:18:26	02:14	228	3:06:54	28.89	02:42	123	1:45:15	5:15:30	1:09:41
80	637	CÉSAR RAMIL FERREIRO	LICENCIA 1 DIA	166	0:18:17	01:53	179	2:58:02	30.33	05:38	165	1:51:42	5:15:31	1:09:42
81	729	MARCELINO FERNANDEZ PE	LICENCIA 1 DIA	220	0:19:35	04:23	206	3:02:23	29.61	06:08	109	1:43:05	5:15:33	1:09:45
82	712	FELIPE IGLESIAS MIRA	NATACION PABELLON OURENSE	224	0:19:38	02:17	142	2:51:44	31.45	02:59	199	1:59:04	5:15:40	1:09:51
83	706	GONZALO ORTIZ ALONSO	NOSPORTLIMIT	184	0:18:42	02:41	253	3:14:34	27.76	01:44	80	1:38:29	5:16:08	1:10:19
84	665	MANUEL SANMARTIN MALVA	CLUB CERVECERIA O COTON NEGR	241	0:20:37	02:22	102	2:46:02	32.53	02:06	216	2:05:20	5:16:25	1:10:36
85	723	ELISEO SANCHEZ LOPEZ	TRIATLÓN ALCALÁ	182	0:18:40	02:27	188	2:59:40	30.06	01:59	186	1:55:42	5:18:28	1:12:39
86	668	MARCELINO PRIETO LORENZ	CLUB ATLETISMO PORRIÑO	189	0:18:48	01:45	175	2:56:49	30.54	01:43	202	1:59:33	5:18:36	1:12:47
87	666	ALEJANDRO PEREZ GIANNE	NOSPORTLIMIT	185	0:18:43	02:32	230	3:07:37	28.78	02:21	141	1:47:33	5:18:44	1:12:55
88	646	JOSÉ MARIA BERGANTIÑOS	LICENCIA 1 DIA	156	0:17:56	02:30	124	2:49:52	31.79	01:59	224	2:07:37	5:19:53	1:14:04
89	662	MANUEL FERRO DOPICO	LICENCIA 1 DIA	139	0:17:33	02:02	223	3:05:41	29.08	02:02	176	1:53:25	5:20:41	1:14:52
90	726	JULIO ALVAREZ-BUYLLA DE	CLUB TRIATLON MAR DE VIGO	195	0:18:52	01:53	213	3:03:11	29.48	02:25	181	1:55:07	5:21:26	1:15:37
91	622	DAVID GÓMEZ AGRAS	TRIATLON FERROL	122	0:17:11	02:19	233	3:08:36	28.63	02:42	173	1:53:14	5:24:00	1:18:11
92	715	JUAN CABADO POU	LICENCIA 1 DIA	186	0:18:46	02:39	195	3:00:31	29.91	03:24	198	1:58:59	5:24:18	1:18:29
93	670	JOSE ROBERTO BURGER RO	CLUB DE TRIATLON DIABLILLOS DE	246	0:20:47	02:21	215	3:03:30	29.43	04:30	184	1:55:18	5:26:25	1:20:36
94	645	DIEGO GRANJA BREY	AD TRIATLÓN ECOSPORT ALCOBEN	192	0:18:51	02:19	243	3:10:53	28.29	02:49	164	1:51:36	5:26:25	1:20:36
95	483	CARLOS RAMAS FIUSA	NOSPORTLIMIT	173	0:18:25	02:41	220	3:05:03	29.18	02:09	194	1:58:22	5:26:39	1:20:50
96	734	FRANCISCO JAVIER GONZAL	LICENCIA 1 DIA	242	0:20:41	03:37	203	3:01:56	29.68	02:14	195	1:58:45	5:27:11	1:21:22
97	743	JOSÉ MANUEL BELLO CAST	LICENCIA 1 DIA	207	0:19:17	01:55	208	3:02:45	29.55	01:55	207	2:01:29	5:27:19	1:21:31
98	632	JOSE OSCAR RODRÍGUEZ D	LICENCIA 1 DIA	181	0:18:39	02:23	245	3:11:13	28.24	02:02	174	1:53:15	5:27:30	1:21:41
99	728	JUAN MANUEL CALVO BARB	SESTAO TRIATLOI TALDEA	147	0:17:40	02:14	181	2:58:18	30.29	02:36	223	2:07:25	5:28:10	1:22:21
100	676	JUAN ANTONIO GOMEZ ALVA	CLUB TRIATLON MAR DE VIGO	155	0:17:55	01:51	261	3:18:33	27.2	02:14	148	1:49:07	5:29:39	1:23:50
101	655	LEONARDO RAMON FRANCO	TRINORTH	260	0:21:27	02:05	207	3:02:36	29.57	02:56	210	2:01:49	5:30:52	1:25:03
102	730	ANDRES VIGO RIVEIRA	LICENCIA 1 DIA	227	0:19:55	02:16	221	3:05:04	29.18	02:29	208	2:01:41	5:31:24	1:25:35
103	624	JUAN LOPEZ CASTAÑEIRA	LICENCIA 1 DIA	201	0:18:58	02:16	239	3:09:29	28.5	01:59	204	2:00:35	5:33:14	1:27:25
104	479	ANTONIO BAAMONDE SAND	NOSPORTLIMIT	169	0:18:21	02:50	274	3:29:18	25.8	02:40	118	1:44:14	5:37:21	1:31:32
105	635	ALEXANDRE VEIRA RODRÍG	LICENCIA 1 DIA	205	0:19:06	02:12	177	2:57:46	30.38	02:38	242	2:16:34	5:38:15	1:32:26
106	695	DIEGO PRADO BASANTA	MONTE PENARUBIA RUNNING LUGO	194	0:18:51	02:23	254	3:15:18	27.65	02:46	205	2:00:48	5:40:04	1:34:15
107	718	LEONARD MERINO PARISH	LICENCIA 1 DIA	269	0:22:13	03:05	196	3:00:43	29.88	02:11	237	2:12:23	5:40:33	1:34:45
108	724	LUIS CARLOS MACIAS SÁNC	ESCUELA TRIATLON PLASENCIA	159	0:18:03	02:41	224	3:05:44	29.08	03:08	239	2:12:39	5:42:13	1:36:24

109	678	FEDERICO JOSE LOPEZ FER	NOSPORTLIMIT	196	0:18:53	01:50	227	3:06:54	28.89	03:23	234	2:11:46	5:42:44	1:36:55
110	486	ALEJANDRO RODRIGUEZ LO	NOSPORTLIMIT	222	0:19:36	04:14	248	3:12:23	28.07	03:58	212	2:02:35	5:42:44	1:36:55
111	736	CARLOS SOLER ANTÓN	LA 208 TRIATLON CLUB	247	0:20:49	02:53	231	3:08:04	28.72	03:27	225	2:08:31	5:43:41	1:37:52
112	752	JOSEBA IÑAKI ECHEVARRÍA	TRIFLAVI	283	0:23:52	03:42	191	3:00:20	29.95	03:28	236	2:12:22	5:43:43	1:37:54
113	458	JOSE MANUEL CERNADAS F	NOSPORTLIMIT	218	0:19:34	02:07	168	2:56:12	30.65	03:52	247	2:22:11	5:43:54	1:38:05
114	475	MANUEL SAZ CEBRIAN	NOSPORTLIMIT	217	0:19:34	02:24	204	3:02:00	29.67	03:31	241	2:16:26	5:43:54	1:38:05
115	481	RICARDO JOSE DOMINGUEZ	ARTROGAL-TRI 498	285	0:25:03	04:19	229	3:07:00	28.88	02:21	220	2:06:44	5:45:26	1:39:37
116	664	SVEN OLIVER MARX -	NOSPORTLIMIT	258	0:21:09	03:36	225	3:05:49	29.06	03:42	233	2:11:30	5:45:43	1:39:55
117	679	RAUL GUTIERREZ CANDA	CD TRIATLÓN BOMBEROS VALLADO	233	0:20:06	02:30	199	3:00:58	29.84	02:10	254	2:26:09	5:51:51	1:46:02
118	720	ALBERTO ZARAGOZA VEREZ	INDEPENDIENTE	239	0:20:27	03:20	262	3:19:47	27.03	03:57	230	2:10:22	5:57:52	1:52:03
119	751	ROBERTO VENTUREIRA DOPI	A.D. NAUTICO DE NARON	153	0:17:49	02:12	277	3:31:19	25.56	01:56	221	2:06:44	5:59:58	1:54:09
120	755	JESUS MANUEL DELGADO G	TRITEIDE SPIRIDON	282	0:23:44	02:40	211	3:02:59	29.51	04:01	255	2:26:56	6:00:18	1:54:30
121	691	JORGE FARAMIÑAN MARTIN	LICENCIA 1 DIA	249	0:20:50	02:39	270	3:26:06	26.2	03:15	229	2:10:15	6:03:03	1:57:14
122	740	JACOBO ANICETO SANCHEZ-	NOSPORTLIMIT	221	0:19:36	02:30	252	3:14:30	27.77	02:17	252	2:25:05	6:03:56	1:58:07
123	485	FERRAN ARENES PALMI	C.D.E. MOLOKAI	273	0:22:20	03:07	267	3:23:22	26.55	03:45	246	2:20:48	6:13:20	2:07:31
124	630	VICTOR MANUEL MANZANO	TRIATLON NAZARI	280	0:23:33	02:40	190	3:00:07	29.98	02:32	266	2:45:13	6:14:04	2:08:15
125	704	MANUEL IGNACIO CERRILLO	SIMON VERDE - ISPOSSIBLE TEAM	286	0:25:59	03:20	185	2:58:59	30.17	03:59	265	2:41:49	6:14:04	2:08:15
126	732	ENRIQUE VIERA DIAZ	TRITEIDE SPIRIDON	281	0:23:43	02:49	235	3:08:49	28.6	03:58	267	2:46:00	6:25:17	2:19:28
127	741	GONZALO VARELA DE LA TO	LICENCIA 1 DIA	270	0:22:17	03:13	255	3:15:23	27.64	06:42	270	2:51:48	6:39:21	2:33:32
NC	749	JUAN CARLOS LOZANO BLA	CLUB TRIATLON PICHON ELCHE		0:22:19	03:42		3:47:09	23.77	04:03		3:14:46	7:31:58	3:26:09
NF	468	ENRIQUE GRIÑAN TORRADO	NOSPORTLIMIT	216	0:19:34	01:54	219	3:05:02	29.19					
NF	490	FRANCISCO JOSÉ FERNÁND	CLUB MULTIDEPORTES OVIEDO											
NF	631	DIMAS GALLEGU BARREIRO	C.T. A CORRE-CUITA	178	0:18:32	02:24	123	2:49:50	31.8	02:08				
NF	658	CARLOS BEIRO GONZALEZ	CLUB CICLISTA MUROS											
NF	675	DAVID LORENZO	TRIATLON RIAS BAIXAS											
NF	686	ALBERTO AGUJETA LENTIJO	TKRONO TRIATLON GETXO											
NF	709	SANTIAGO VALES MENDEZ	LICENCIA 1 DIA	55	0:16:00	01:55								
NF	717	ISMAEL GIL FERNANDEZ	LICENCIA 1 DIA											
NF	748	JOSE MARIA SERNA CEPEDA	ATLETICO TOMELLOSO TRIATLON	69	0:16:16	01:48								
NF	753	PEDRO MARTINEZ HERNAND	CLUB DEPORTIVO TRIBETEAM											
NF	754	EDUARD FRANQUET SUGRA	LICENCIA 1 DIA	251	0:20:56	02:15	218	3:04:37	29.25	02:26				
NP	460	FRANCISCO BRAVO BARRAD	CLUB DE TRIATLON DIABLILLOS DE											
NP	462	JORGE GOMEZ VAZQUEZ	TRIATLON FERROL											
NP	629	MARCOS RODRIGUEZ VAZQU	MONTE PENARUBIA RUNNING LUGO											
NP	638	JAVIER VILAR MARTINEZ	LICENCIA 1 DIA											
NP	643	MARIANO CRISTOBAL	LICENCIA 1 DIA											
NP	649	ANTON RODRIGUEZ PRIETO	MONTE PENARUBIA RUNNING LUGO											
NP	661	JOSE MANUEL LORES MEIS	CLUB CICLISMO-TRIATLON POIO											
NP	667	CARLOS ALBERTO GONZÁLE	TRITEIDE SPIRIDON											
NP	669	JORGE SIEIRO GONZALEZ	CLUB TRIATLON MAR DE VIGO											
NP	680	DAVID CALVO GAITE	MOLPESA UNIVEST (OLID TRIATHLO											
NP	681	JOSE ALBERTO ARIZA GIL	LICENCIA 1 DIA											
NP	692	MIKEL LARRAZABAL ALVAR	INDEPENDIENTE											
NP	693	OSCAR IGLESIAS YUGUERO	SESTAO TRIATLOI TALDEA											
NP	700	XOSÉ ANTÓN ANTELO LEMA	LICENCIA 1 DIA											
NP	701	AGUSTIN MARQUEZ FELIPE	TRIATLON PACENSE											
NP	703	DOMINGO FERREIRO DIAZ	MONTE PENARUBIA RUNNING LUGO											
NP	707	ALBERTO SOTO CAMPOS	NOSPORTLIMIT											
NP	711	OSCAR CASERO MIGUEL	LICENCIA 1 DIA											
NP	716	ELISEO MOSTEIRO VILLAVE	LICENCIA 1 DIA											
NP	719	BORJA FERNANDEZ BERMU	NOSPORTLIMIT											
NP	739	EDUARDO ZAPATA FERNÁND	MUNAY KIROL KLUBA											
NP	742	DAMIAN VEGA DE LAS HERA	OURENSE ATLETISMO											
NP	745	CARLOS GONZALEZ RODRIG	TRITEIDE SPIRIDON											
NP	750	MARCOS ANTONIO FIGUERO	LICENCIA 1 DIA											

VETERANOS 2 MASCULINA

POS.	Nº	NOME	CLUB	P.	Carrera 1	T1	P.	Ciclismo	Km/h.	T2	P.	Carrera 2	META	Dif.
1	756	FCO. JAVIER CORRALES DIA	CLUB DEPORTIVO DE TRIATLON HIR	9	0:14:28	01:39	55	2:39:49	33.79	01:18	3	1:21:34	4:18:46	0:12:57
2	770	JOSE JAVIER GOMEZ IGLESI	TRI OURENSE	128	0:17:21	02:04	62	2:40:31	33.64	01:42	94	1:40:30	4:42:07	0:36:18
3	766	JORGE GUTIERREZ LOPEZ	C.T. ÁGUILAS PRIMAFLOR	46	0:15:40	01:55	134	2:51:05	31.57	01:52	69	1:36:16	4:46:45	0:40:56
4	780	LUIS MIGUEL GOMEZ DE AN	TRIATLON REAL CANOE	199	0:18:58	02:13	107	2:47:39	32.21	01:44	74	1:37:48	4:48:20	0:42:31
5	772	XOSE MIGUEL CARBALLO G	TRI OURENSE	131	0:17:23	02:03	114	2:48:18	32.09	01:43	97	1:40:38	4:50:03	0:44:14
6	781	MIGUEL ABREU FERNANDEZ	CLUB TRIATLON MAR DE VIGO	154	0:17:52	01:45	86	2:44:27	32.84	01:48	150	1:49:23	4:55:12	0:49:23
7	472	MANUEL OTERO GOMEZ	NOSPORTLIMIT	146	0:17:39	01:36	166	2:55:44	30.73	01:23	107	1:42:49	4:59:08	0:53:20
8	787	MAXI ALONSO DE LA CAMPA	SIRENO TRIATLON CLUB	136	0:17:31	02:38	129	2:50:12	31.73	02:45	129	1:46:27	4:59:30	0:53:41
9	455	JOSE RILO LOPEZ	NOSPORTLIMIT	129	0:17:22	02:10	187	2:59:35	30.07	02:08	104	1:42:40	5:03:53	0:58:04
10	463	GONZALO JOSE DE CASTRO	SIRENO TRIATLON CLUB	236	0:20:12	03:24	150	2:52:15	31.35	03:23	135	1:47:06	5:06:18	1:00:30
11	759	JUAN MENDEZ LOPEZ	TRISADA	118	0:17:05	01:36	162	2:54:35	30.93	02:32	192	1:57:33	5:13:20	1:07:31
12	761	JUAN JOSE CORROCHANO M	C.D. DARKSID3 TRIATLON TALAVER	219	0:19:35	02:29	192	3:00:24	29.94	02:26	149	1:49:15	5:14:07	1:08:18
13	776	SANTIAGO FERNANDEZ-MIR	LICENCIA 1 DIA	237	0:20:14	02:26	103	2:46:42	32.39	03:51	231	2:10:34	5:23:45	1:17:56

14	758	JULIO FERNANDEZ PEREZ	LICENCIA 1 DIA	261	0:21:51	02:33	214	3:03:16	29.47	04:19	172	1:53:12	5:25:09	1:19:21
15	760	MAURO VARELA PINTOS	MONTE PENARUBIA RUNNING LUGO	223	0:19:37	02:36	258	3:16:08	27.53	02:30	128	1:46:07	5:26:56	1:21:07
16	763	HECTOR DANIEL SILVA ARA	LICENCIA 1 DIA	53	0:15:58	03:00	263	3:20:17	26.96	02:43	151	1:49:48	5:31:45	1:25:56
17	773	ALBERTO DIAZ AYUSO	TRIATLON REAL CANOE	231	0:20:06	03:09	244	3:11:06	28.26	02:35	185	1:55:25	5:32:18	1:26:30
18	477	ARTURO LOPEZ LAGO	CLUB TRIATLON CORUÑA	191	0:18:50	03:03	209	3:02:57	29.52	03:41	215	2:05:19	5:33:48	1:28:00
19	767	ENRIQUE LUIS ALVAREZ EST	NOSPORTLIMIT	180	0:18:35	02:32	174	2:56:49	30.54	02:14	244	2:18:39	5:38:46	1:32:58
20	480	FRANCESC NÚÑEZ LASTRE	FITNESS SPORTS TRIATLON	198	0:18:57	02:47	264	3:21:45	26.77	04:21	170	1:52:57	5:40:45	1:34:56
21	786	JUAN BARRERAS GARCIA-R	LICENCIA 1 DIA	250	0:20:50	02:37	259	3:17:21	27.36	03:17	206	2:00:55	5:44:57	1:39:09
22	768	JESÚS OLIVEROS PÉREZ	LICENCIA 1 DIA	234	0:20:07	05:24	276	3:30:12	25.69	03:04	158	1:50:33	5:49:18	1:43:30
23	769	JOAQUIN PEREZ BELLIDO	LICENCIA 1 DIA	254	0:21:02	06:36	266	3:22:48	26.63	07:45	217	2:05:26	6:03:36	1:57:47
24	757	JOSE FRANCISCO SUAREZ N	NOSPORTLIMIT	266	0:22:02	02:33	278	3:33:11	25.33	02:35	245	2:18:59	6:19:19	2:13:30
25	778	JOSÉ MANUEL SANZ MARTÍN	LICENCIA 1 DIA	238	0:20:18	03:27	268	3:23:28	26.54	05:17	257	2:30:11	6:22:39	2:16:51
26	782	EMILIO LARRIBA DE LA RUBI	TRIATLON ATLETI	276	0:22:36	03:37	275	3:29:35	25.77	03:31	250	2:23:41	6:22:57	2:17:09
27	487	CARLOS REINLEIN FARRE	TRISADA	265	0:22:01	02:50	279	3:33:42	25.27	02:31	251	2:23:52	6:24:54	2:19:05
28	779	JUAN CARLOS MARÍN ÁLVAR	LICENCIA 1 DIA	248	0:20:49	04:11	272	3:27:12	26.06	05:13	256	2:27:41	6:25:05	2:19:16
29	777	ANTONIO FERNANDEZ BELL	LICENCIA 1 DIA	271	0:22:17	02:46	249	3:13:06	27.97	05:10	268	2:48:11	6:31:29	2:25:40
30	482	JOSE JUAN AYET GISBERT	CLUB TRIATLONCIEM	287	0:25:59	02:33	265	3:22:39	26.65	02:35	269	2:50:09	6:43:52	2:38:03
31	785	FRANCISCO PELLON AUGUS	LICENCIA 1 DIA	279	0:23:30	03:10	282	3:40:59	24.44	02:58	260	2:34:22	6:44:57	2:39:08
32	775	SANTIAGO EIRIS LOPEZ	LICENCIA 1 DIA	264	0:22:00	06:06	284	3:51:33	23.32	06:33	264	2:40:11	7:06:21	3:00:32
33	764	MIGUEL GOMEZ ALCOCER	LICENCIA 1 DIA	284	0:24:04	03:22	281	3:39:56	24.55	03:08	272	3:04:58	7:15:25	3:09:37
NF	784	LUIS CALVO SANCHEZ	CD TRIATLÓN BOMBEROS VALLADO	263	0:22:00	03:03	241	3:10:20	28.37	02:57				
NP	488	FRANCISCO ALONSO CUEVA	NOSPORTLIMIT											
NP	762	CARLOS BENITO RAMOS	TRIATLON TRES CANTOS											
NP	765	FERNANDO JORGE OLIVEIRA	LICENCIA 1 DIA											
NP	771	JOSE LUIS NAYA ORGEIRA	NOSPORTLIMIT											
NP	774	LUIS BAUTISTA FRENANDEZ	LICENCIA 1 DIA											
NP	783	CRISTOBAL BERNABE TREC	YEPA! TRIATLOI KLUBA											

VETERANOS 3 MASCULINA

POS.	Nº	NOME	CLUB	P.	Carrera 1	T1	P.	Ciclismo	Km/h.	T2	P.	Carrera 2	META	Dif.
1	789	XESÚS ANXO LÓPEZ PINTOS	LICENCIA 1 DIA	211	0:19:23	03:49	269	3:25:16	26.31	04:22	240	2:14:40	6:07:29	2:01:40
NP	788	ANGEL MARTIN ASENSIO	LICENCIA 1 DIA											

CLUBS MEDIA DISTANCIA MASCULINO

Localidade

As Pontes

Data

16 de junio de 2019

Distancia

MD

Oficiais

Delegado Técnico: José Manuel Rey

Xuíz Arbitro: Alberto Morlán

Responsable Oficiais: Alberto Morlán

Xurado da Competición: José Manuel Rey (DT)

Gonzalo Triunfo (FEGATRI)

Ricardo Rey (NOSPORTLIMIT)

Datos da competición

Temperatura exterior: 12 °C

Carrera 1 4 km

Ciclismo 90 km

Carrera 2 21,1 km

Temperatura da auga:

1 vuelta

2 vueltas

2 vueltas

Neopreno:

Inscritos : 358

Remataron : 273

Retirados : 27

Non Presentados : 56

Descalificados : 1

1 NOSPORTLIMIT

1	JUAN ENRIQUE	GARCIA FANDIÑO	4:17:44
2	RODRIGO	PINTADO DEL CAMPO	4:18:05
3	FERNANDO	SIERRA GARCIA	4:19:12

2 CLUB CICLISMO-TRIATLON POIO

1	SERGIO	SANTOS LOIS	4:16:14
2	PABLO	ALONSO FIGUEROA	4:18:08
3	PABLO JUAN	BEASCOECHEA PORTAS	4:24:51

3 CLUB ATLETISMO PORRIÑO

1	RAMON	TRONCOSO SOBRINO	4:09:56
2	MOISES ALFREDO	LEBOSO MORAIS	4:23:04
3	BRUNO	MARTINEZ BARGIELA	4:32:55

4 CLUB TRIATLON COMPOSTELA

1	MANUEL	FRAGA DIAZ	4:15:03
2	ALBERTO	DOPAZO MIGUEZ	4:26:20
3	ARTURO BENIGNO	RAMOS FERROL	4:29:30

5 CLUB TRIATLON MAR DE VIGO

1	IVAN	PEREIRA IGLESIAS	4:05:49
2	GERMÁN	MONTOTO PEREIRA	4:24:03
3	PABLO	PÉREZ BLANCO	4:53:18

6 TRIATLON FERROL

1	DAVID	GARCIA PEREZ	4:20:10
2	FRANCISCO JAVIER	PENA SOUTO	4:27:22
3	LUIS ANTONIO	RILO GONZALEZ-VALLES	4:43:29

7 TRISADA

1	PASTOR ADRIAN	POSE REGUEIRO	4:13:36
2	DIEGO	RUIZ BREIJO	4:23:45
3	FERNANDO ANTONI	BOUZON OTERO	4:54:23

8 LUB DE TRIATLON DIABLILLOS DE RIVA

1	MIGUEL	HERNANDEZ BAJO	4:25:53
2	GABRIEL	PÉREZ-JUANA MESA	4:33:50
3	ISRAEL	CAMPO LÓPEZ	4:38:12

9 ARTROGAL-TRI 498

1	ROBERTO CARLOS	AGRELO GOMEZ	4:09:06
2	XOSE ANTON	BARREIRO PEREIRA	4:39:42
3	ELOY	SESTAYO SEOANE	4:55:08

10 TRIATLÓN ALCALÁ

1	FRANCISCO	NAVÍO MARÍN	4:32:15
2	MANUEL	PULIDO VALENCIA	4:36:40
3	MIGUEL ANGEL	IZQUIERDO MARTINEZ	4:39:49

11 CIDADE DE LUGO FLUVIAL

1	JACOBO	DE PRADO RODRÍGUEZ	4:27:53
2	MARCOS	COSTA PEREIRA	4:36:44
3	MARCOS	OTERO LEDO	4:47:50

12 ATLON MOTOBIKE GALAICO PONTEVED

1	LUIS ALBERTO	PAREDES COYA	4:06:11
2	ROGELIO	FERREIRA SANCHEZ	4:38:16
3	PABLO	DIAZ MONTERO	5:12:42

13 TRI OURENSE

1	ROI	MARTINEZ MARTIN	4:25:55
2	JOSE JAVIER	GOMEZ IGLESIAS	4:42:07
3	XOSE MIGUEL	CARBALLO GONZALEZ	4:50:03

14 CD TRIATLÓN BOMBEROS VALLADOLID

1	ROBERTO	PISADOR CESTEROS	4:22:25
2	ALFREDO	SANCHEZ CESTEROS	4:39:01
3	MARCELINO	ALVAREZ GONZALEZ	4:57:41

15 SIRENO TRIATLON CLUB

1	ALBERTO	LOPEZ PINO	4:26:55
2	CARLOS	CARREIRO BOULLOSA	4:34:01
3	MAXI	ALONSO DE LA CAMPA	4:59:30

16 MONTE PENARUBIA RUNNING LUGO

1	FERNANDO	ALVAREZ GORRITI	4:33:09
2	ALEJANDRO	GONZALEZ MONTERO	4:42:36
3	RUBEN	VAZQUEZ VAZQUEZ	4:49:49

CLUBS MEDIA DISTANCIA MASCULINO

Localidade **As Pontes**

Data **16 de junio de 2019**

Distancia

MD

Oficiais

Delegado Técnico: **José Manuel Rey**

Xuíz Arbitro: **Alberto Morlán**

Responsable Oficiais: **Alberto Morlán**

Xurado da Competición: **José Manuel Rey (DT)**

Gonzalo Triunfo (FEGATRI)

Ricardo Rey (NOSPORTLIMIT)

Datos da competición

Temperatura exterior: 12 °C

Temperatura da auga:

Neopreno:

Carrera 1 4 km

1 vuelta

Ciclismo 90 km

2 vueltas

Carrera 2 21,1 km

2 vueltas

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Retirados : 27

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Descalificados : 1

17 CLUB TRIATLON RIANXO

1	ALBERTO	VAZQUEZ TUBIO	4:29:23
2	MARCO ANTONIO	CESPON FIGUEIRO	4:52:08
3	JOSE	NAVARRO ANTON	4:56:00

18 ARCADE INFORHOUSE SANTIAGO

1	ROBERTO	PICON ESPÍÑO	4:37:27
2	MANUEL ANTONIO	LOPEZ SUAREZ	4:57:03
3	JOSE MARIA	CAAMAÑO MONTEAGUDO	5:00:16

19 RIATLON VILAGARCIA /ATENAS RUNNIN

1	JOSE ANGEL	RODRIGUEZ POUZO	4:54:48
2	JOSE BENITO	CHARLIN TRIGO	4:54:49
3	JOSE ANTONIO	ARAGUNDE DIESTE	5:13:26

20 TRIATLON REAL CANOE

1	LUIS MIGUEL	GOMEZ DE ANDRES	4:48:20
2	YAGO EDUARDO	SANTABAYA GONZALEZ	5:28:34
3	ALBERTO	DIAZ AYUSO	5:32:18

21 A.D. NAUTICO DE NARON

1	ALVARO	COSTA RIVAS	4:46:42
2	MIGUEL	CABARCOS ROUCO	5:05:32
3	ROBERTO	VENTUREIRA DOPICO	5:59:58

22 C.D.E. MOLOKAI

1	FRANCISCO JAVIER	VALCARCEL UBEDA	4:41:56
2	JAIME	LARRAGA CRIADO	5:03:38
3	FERRAN	ARENES PALMI	6:13:20

23 TRITEIDE SPIRIDON

1	CARLOS IVAN	ALMEIDA DELGADO	5:14:55
2	JESUS MANUEL	DELGADO GONZALEZ	6:00:18
3	ENRIQUE	VIERA DIAZ	6:25:17