

1ABSOLUTA

POS.	P.CAT.	NUMBER	PARTICIPANT	SEX	CATEGORY	CLUB	RUN1		BIKE		RUN2		META
1	1	76	REGUEIRA RELLAN , MARTIN	MALE	ABSOLUTA	TRIATLON COSTA DA MORTE	00:18:42	03:28 min/Km	00:54:25	23,2 Km/h	00:12:45	03:33 min/Km	01:25:51
2	2	1	CALZAS INSUA , DAVID	MALE	ABSOLUTA	TRIATLON COSTA DA MORTE	00:19:45	03:40 min/Km	00:53:56	23,4 Km/h	00:13:02	03:38 min/Km	01:26:42
3	3	2	CASTIÑEIRA PAIS , GABRIEL	MALE	ABSOLUTA	TRIATLON COSTA DA MORTE	00:19:56	03:42 min/Km	00:54:07	23,3 Km/h	00:13:15	03:41 min/Km	01:27:17
4	1	23	CANDAL VIQUEIRA , ALBERTO	MALE	VETERANOS	TRIATLON O TREITO	00:21:37	04:01 min/Km	00:54:22	23,2 Km/h	00:14:05	03:55 min/Km	01:30:04
5	2	49	JUANATEY GARCIA , CARLOS	MALE	VETERANOS	ARTROGAL-TRI 498	00:19:42	03:39 min/Km	00:58:30	21,5 Km/h	00:12:56	03:36 min/Km	01:31:06
6	4	3	ROJO LUACES , ADRIAN	MALE	ABSOLUTA	TRIATLON COSTA DA MORTE	00:20:28	03:48 min/Km	00:58:17	21,6 Km/h	00:13:22	03:43 min/Km	01:32:05
7	3	19	BUJAN OTERO , JOSE CARLOS	MALE	VETERANOS	CLUB TRIATLON COMPOSTELA	00:20:42	03:50 min/Km	00:58:11	21,7 Km/h	00:13:40	03:48 min/Km	01:32:32
8	4	5	ABEAL ORGEIRA , JORGE	MALE	VETERANOS	LICENCIA 1 DIA	00:21:55	04:04 min/Km	00:54:19	23,2 Km/h	00:16:33	04:36 min/Km	01:32:46
9	5	57	MALVÁREZ LOURO , JESÚS	MALE	ABSOLUTA	LICENCIA 1 DIA	00:21:06	03:55 min/Km	00:58:08	21,7 Km/h	00:14:48	03:55 min/Km	01:34:00
10	6	4	FERNANDEZ VIDAL , PORFIRIO	MALE	ABSOLUTA	TRIATLON VILAGARCIA /ATENAS RUNNING	00:21:00	03:54 min/Km	00:59:29	21,2 Km/h	00:13:48	03:50 min/Km	01:34:16
11	7	82	RODRIGUEZ POUZO , JOSE ANGEL	MALE	ABSOLUTA	TRIATLON VILAGARCIA /ATENAS RUNNING	00:20:55	03:53 min/Km	00:59:44	21,1 Km/h	00:13:59	03:54 min/Km	01:34:36
12	5	102	VILLAR CAAMAÑO , JOSE ALFONSO	MALE	VETERANOS	TRIATLON O TREITO	00:21:49	04:03 min/Km	00:58:36	21,5 Km/h	00:14:27	04:01 min/Km	01:34:50
13	8	79	RODRIGUEZ CAMBON , JOSE ADRIAN	MALE	ABSOLUTA	ASOCIACION DEPORTIVA MEDIA DUCIA	00:21:00	03:54 min/Km	00:59:30	21,2 Km/h	00:14:28	04:02 min/Km	01:34:57
14	6	73	RAMOS FERNÁNDEZ , GUILLERMO	MALE	VETERANOS	LICENCIA 1 DIA	00:21:34	03:60 min/Km	00:58:50	21,4 Km/h	00:14:40	04:05 min/Km	01:35:03
15	9	78	RIVAS PULPEIRO , ENRIQUE	MALE	ABSOLUTA	NOSPORTLIMIT	00:23:11	04:18 min/Km	00:57:22	22,0 Km/h	00:14:47	04:07 min/Km	01:35:18
16	7	80	RODRIGUEZ ESPASANDIN , JOSÉ	MALE	VETERANOS	LICENCIA 1 DIA	00:22:01	04:05 min/Km	00:59:46	21,1 Km/h	00:13:38	03:48 min/Km	01:35:24
17	8	40	GARCIA BLANCO , CARLOS	MALE	VETERANOS	TRIATLON VILAGARCIA /ATENAS RUNNING	00:22:15	04:08 min/Km	00:59:00	21,4 Km/h	00:14:34	04:03 min/Km	01:35:48
18	10	28	CASTIÑEIRA PAIS , MARCO	MALE	ABSOLUTA	TRIATLON COSTA DA MORTE	00:21:40	04:01 min/Km	01:01:26	20,5 Km/h	00:14:16	03:58 min/Km	01:37:21
19	11	8	AGRASAR CES , MARTIN	MALE	ABSOLUTA	CLUB PEÑA CICLISTA TOXO	00:23:29	04:21 min/Km	00:59:44	21,1 Km/h	00:14:19	03:59 min/Km	01:37:30
20	12	45	GONZALEZ FRANCO , RAMIRO	MALE	ABSOLUTA	TRIATLON COSTA DA MORTE	00:22:16	04:08 min/Km	01:00:54	20,7 Km/h	00:14:26	04:01 min/Km	01:37:36
21	13	62	MOSQUERA FILGUEIRA , GERMAN	MALE	ABSOLUTA	ARTROGAL-TRI 498	00:21:47	04:03 min/Km	01:02:01	20,3 Km/h	00:13:51	03:51 min/Km	01:37:38
22	14	13	AÑON CEAN , CARLOS	MALE	ABSOLUTA	LICENCIA 1 DIA	00:20:59	03:54 min/Km	01:03:27	19,9 Km/h	00:13:44	03:49 min/Km	01:38:09
23	15	91	SÚAREZ PÉREZ , VÍCTOR MANUEL	MALE	ABSOLUTA	LICENCIA 1 DIA	00:22:22	04:09 min/Km	01:01:16	20,6 Km/h	00:14:37	04:04 min/Km	01:38:13
24	9	88	SIEIRA RIOS , FERNANDO	MALE	VETERANOS	ARTROGAL-TRI 498	00:22:06	04:06 min/Km	01:03:19	19,9 Km/h	00:14:33	04:03 min/Km	01:39:57
25	16	92	SUAREZ COUSILLAS , DARIO	MALE	ABSOLUTA	TRIATLON COSTA DA MORTE	00:25:59	04:49 min/Km	00:59:25	21,2 Km/h	00:15:54	04:25 min/Km	01:41:16
26	17	26	CARREIRA CASAIS , ANXO	MALE	ABSOLUTA	CLUB TRIATLON COMPOSTELA	00:22:09	04:07 min/Km	01:04:51	19,4 Km/h	00:15:26	04:18 min/Km	01:42:25
27	18	87	SANGIAO ROCA , PABLO JOSE	MALE	ABSOLUTA	NOSPORTLIMIT	00:23:43	04:24 min/Km	01:03:16	19,9 Km/h	00:15:29	04:19 min/Km	01:42:28
28	10	6	ABEIJON GOMES , AGOSTIÑO	MALE	VETERANOS	TRIATLON O TREITO	00:24:27	04:32 min/Km	01:02:35	20,1 Km/h	00:15:40	04:22 min/Km	01:42:41
29	11	90	SOUSA GONZALEZ , AGUSTIN	MALE	VETERANOS	NOSPORTLIMIT	00:23:43	04:24 min/Km	01:03:08	20,0 Km/h	00:16:43	04:39 min/Km	01:43:34
30	12	21	CAAMAÑO NIETO , AVELINO	MALE	VETERANOS	LICENCIA 1 DIA	00:21:50	04:03 min/Km	01:06:18	19,0 Km/h	00:15:28	04:18 min/Km	01:43:36
31	13	22	CALVIÑO CARREÑO , JOSE	MALE	VETERANOS	TRIATLON O TREITO	00:24:48	04:36 min/Km	01:03:21	19,9 Km/h	00:15:29	04:19 min/Km	01:43:36
32	19	15	BLANCO PENSADO , JONATAN	MALE	ABSOLUTA	LICENCIA 1 DIA	00:23:54	04:26 min/Km	01:04:06	19,7 Km/h	00:15:48	04:24 min/Km	01:43:47
33	20	39	GAMALLO SANCHEZ , MANUEL	MALE	ABSOLUTA	LICENCIA 1 DIA	00:21:22	03:58 min/Km	01:08:14	18,5 Km/h	00:14:33	04:03 min/Km	01:44:08
34	14	16	BOUZON OTERO , FERNANDO ANTONIO	MALE	VETERANOS	TRISADA	00:22:55	04:15 min/Km	01:07:20	18,7 Km/h	00:14:49	04:07 min/Km	01:45:04
35	21	75	REGO POSE , MARTÍN	MALE	ABSOLUTA	TRIATLON COSTA DA MORTE	00:24:12	04:29 min/Km	01:04:21	19,6 Km/h	00:16:47	04:40 min/Km	01:45:19
36	15	61	MIRA IGLESIAS , JUAN MANUEL	MALE	VETERANOS	ARTROGAL-TRI 498	00:24:38	04:34 min/Km	01:05:20	19,3 Km/h	00:15:26	04:18 min/Km	01:45:24
37	16	93	SÚAREZ RODRÍGUEZ , BRUNO	MALE	VETERANOS	LICENCIA 1 DIA	00:24:16	04:30 min/Km	01:05:48	19,1 Km/h	00:15:49	04:24 min/Km	01:45:52
38	17	86	ROMERO VÁZQUEZ , JULIO	MALE	VETERANOS	LICENCIA 1 DIA	00:24:11	04:29 min/Km	01:05:33	19,2 Km/h	00:16:27	04:35 min/Km	01:46:10
39	22	29	CASTRO FERNANDEZ , JUAN CARLOS	MALE	ABSOLUTA	LICENCIA 1 DIA	00:22:25	04:10 min/Km	01:08:08	18,5 Km/h	00:15:51	04:25 min/Km	01:46:23
40	18	30	CASTROMAN CASAL , FRANCISCO JAVIER	MALE	VETERANOS	TRIATLON MURALLA DE LUGO	00:24:12	04:29 min/Km	01:05:35	19,2 Km/h	00:16:45	04:40 min/Km	01:46:31
41	19	74	RAMOS FERROL , ARTURO BENIGNO	MALE	VETERANOS	CLUB TRIATLON COMPOSTELA	00:22:28	04:10 min/Km	01:09:41	18,1 Km/h	00:14:31	04:02 min/Km	01:46:38
42	20	50	LANDROVE RODRÍGUEZ , URBANO	MALE	VETERANOS	LICENCIA 1 DIA	00:24:22	04:31 min/Km	01:07:00	18,8 Km/h	00:16:14	04:31 min/Km	01:47:35
43	23	96	TRIGO , IVAN	MALE	ABSOLUTA	TRIATLON COSTA DA MORTE	00:24:13	04:30 min/Km	01:06:50	18,9 Km/h	00:16:57	04:43 min/Km	01:47:59
44	21	12	ANTELO MARTÍNEZ , JOSE RAMÓN	MALE	VETERANOS	LICENCIA 1 DIA	00:26:13	04:52 min/Km	01:06:30	18,9 Km/h	00:15:49	04:24 min/Km	01:48:31
45	24	60	MATA MARZOAL , MARCOS	MALE	ABSOLUTA	LICENCIA 1 DIA	00:24:16	04:30 min/Km	01:07:54	18,6 Km/h	00:16:36	04:37 min/Km	01:48:45
46	25	66	PEDROSA MAYO , JOSÉ MANUEL	MALE	ABSOLUTA	LICENCIA 1 DIA	00:26:19	04:53 min/Km	01:05:11	19,3 Km/h	00:17:44	04:56 min/Km	01:49:13
47	22	46	GONZÁLEZ GARCÍA , ROBERTO	MALE	VETERANOS	LICENCIA 1 DIA	00:23:07	04:17 min/Km	01:12:01	17,5 Km/h	00:15:44	04:43 min/Km	01:50:52
48	23	7	ACUÑA TRABAZO , FERNANDO	MALE	VETERANOS	CLUB DEPORTIVO PINARIUM	00:23:08	04:18 min/Km	01:12:40	17,3 Km/h	00:15:35	04:20 min/Km	01:51:22
49	24	77	RIERA ALVAREZ , OSCAR	MALE	VETERANOS	LICENCIA 1 DIA	00:26:16	04:52 min/Km	01:07:03	18,8 Km/h	00:18:39	05:11 min/Km	01:51:57

50	25	48	IGLESIAS PRADO , FRANCISCO JAVIER	MALE	VETERANOS	ARCADE INFORHOUSE SANTIAGO	00:26:02	04:50 min/Km	01:09:42	18,1 Km/h	00:17:15	04:48 min/Km	01:52:58
51	26	9	AGUIAR BAÑA , MAXIMINO MANUEL	MALE	VETERANOS	LICENCIA 1 DIA	00:25:52	04:48 min/Km	01:08:18	18,4 Km/h	00:18:51	05:15 min/Km	01:52:59
52	26	85	ROJO PARDIÑAS , RUBÉN	MALE	ABSOLUTA	LICENCIA 1 DIA	00:26:03	04:50 min/Km	01:09:39	18,1 Km/h	00:17:46	04:57 min/Km	01:53:26
53	27	32	DOMINGUEZ RECAREY , FRANCISCO MANUEL	MALE	VETERANOS	LICENCIA 1 DIA	00:26:03	04:50 min/Km	01:10:13	17,9 Km/h	00:17:45	04:56 min/Km	01:54:01
54	1	106	MARTÍNEZ ÁLVAREZ , MARÍA	FEMALE	ABSOLUTA-F	LICENCIA 1 DIA	00:27:10	05:02 min/Km	01:08:47	18,3 Km/h	00:18:12	05:04 min/Km	01:54:08
55	27	89	SOTO CALVO , ADRIAN	MALE	ABSOLUTA	TRIATLON COSTA DA MORTE	00:24:59	04:38 min/Km	01:12:47	17,3 Km/h	00:16:27	04:35 min/Km	01:54:12
56	28	54	LOSADA GONZÁLEZ , JOSE DANIEL	MALE	VETERANOS	LICENCIA 1 DIA	00:25:54	04:48 min/Km	01:10:32	17,9 Km/h	00:18:02	05:01 min/Km	01:54:28
57	29	35	FERNANDEZ DURAN , ANTONIO	MALE	VETERANOS	TRIATLON COSTA DA MORTE	00:25:17	04:41 min/Km	01:12:32	17,4 Km/h	00:16:52	04:42 min/Km	01:54:41
58	30	14	BERIAS LAIÑO , LUIS MIGUEL	MALE	VETERANOS	LICENCIA 1 DIA	00:28:50	05:21 min/Km	01:04:53	19,4 Km/h	00:21:06	05:52 min/Km	01:54:48
59	28	65	PARDO FERREIRO , DAVID	MALE	ABSOLUTA	NOSPORTLIMIT	00:26:12	04:52 min/Km	01:10:16	17,9 Km/h	00:18:29	05:09 min/Km	01:54:56
60	31	52	LOPEZ ALVAREZ , CESAR	MALE	VETERANOS	LICENCIA 1 DIA	00:28:17	05:15 min/Km	01:07:36	18,6 Km/h	00:19:20	05:23 min/Km	01:55:12
61	29	98	VARELA SECO , MARCOS	MALE	ABSOLUTA	LICENCIA 1 DIA	00:25:14	04:41 min/Km	01:13:33	17,1 Km/h	00:16:45	04:40 min/Km	01:55:31
62	1	113	PAZ GAGO , MARIA FATIMA	FEMALE	VETERANOS-F	TRIATLON FERROL	00:24:02	04:28 min/Km	01:16:35	16,5 Km/h	00:14:59	04:10 min/Km	01:55:35
63	30	81	RODRIGUEZ GONZALEZ , ALBERTO	MALE	ABSOLUTA	LICENCIA 1 DIA	00:25:28	04:43 min/Km	01:10:18	17,9 Km/h	00:20:00	05:34 min/Km	01:55:45
64	32	103	VILLAR ESMORIS , LUIS ANGEL	MALE	VETERANOS	LICENCIA 1 DIA	00:24:32	04:33 min/Km	01:14:30	16,9 Km/h	00:16:49	04:41 min/Km	01:55:50
65	2	109	DURO LIÑARES , OLALLA	FEMALE	ABSOLUTA-F	LICENCIA 1 DIA	00:26:14	04:52 min/Km	01:13:00	17,3 Km/h	00:16:54	04:42 min/Km	01:56:07
66	33	38	FREIRE SALORIO , JOSE CARLOS	MALE	VETERANOS	NOSPORTLIMIT	00:26:22	04:53 min/Km	01:13:09	17,2 Km/h	00:16:45	04:40 min/Km	01:56:15
67	34	41	GOMEZ MATO , MARCO ANTONIO	MALE	VETERANOS	LICENCIA 1 DIA	00:28:37	05:18 min/Km	01:10:00	18,0 Km/h	00:18:23	05:07 min/Km	01:57:00
68	3	105	DELGADO GONZALEZ , MARIA DEL MAR	FEMALE	ABSOLUTA-F	TRIATLON FERROL	00:27:30	05:06 min/Km	01:11:54	17,5 Km/h	00:17:51	04:58 min/Km	01:57:13
69	2	118	VILAS PEREZ , ANA MARIA	FEMALE	VETERANOS-F	CLUB TRIATLON COMPOSTELA	00:27:07	05:02 min/Km	01:12:28	17,4 Km/h	00:18:27	05:08 min/Km	01:58:01
70	31	100	VEIGA AGUIÓN , VÍCTOR	MALE	ABSOLUTA	LICENCIA 1 DIA	00:27:07	05:02 min/Km	01:13:32	17,1 Km/h	00:17:24	04:50 min/Km	01:58:02
71	32	101	VILAS CABO , PABLO	MALE	ABSOLUTA	TRISADA	00:24:21	04:31 min/Km	01:16:54	16,4 Km/h	00:17:09	04:46 min/Km	01:58:23
72	33	47	GUTIÉRREZ VIDAL , MARCOS	MALE	ABSOLUTA	LICENCIA 1 DIA	00:28:53	05:21 min/Km	01:10:55	17,8 Km/h	00:19:08	05:19 min/Km	01:58:55
73	34	18	BRENLLA FAJIN , SATIRO	MALE	ABSOLUTA	LICENCIA 1 DIA	00:23:52	04:26 min/Km	01:20:44	15,6 Km/h	00:15:05	04:12 min/Km	01:59:39
74	35	99	VAZQUEZ SANESTEBAN , LUIS	MALE	VETERANOS	LICENCIA 1 DIA	00:26:18	04:53 min/Km	01:15:45	16,6 Km/h	00:17:54	04:59 min/Km	01:59:56
75	4	117	SIMON MARTINEZ , AMIRA	FEMALE	ABSOLUTA-F	CLUB TRIATLON CORUÑA	00:26:05	04:50 min/Km	01:16:32	16,5 Km/h	00:17:39	04:55 min/Km	02:00:14
76	35	55	LOUZAN LEMA , EDUARDO ROI	MALE	ABSOLUTA	TRISADA	00:27:51	05:10 min/Km	01:15:07	16,8 Km/h	00:17:48	04:57 min/Km	02:00:45
77	36	10	ALVAREZ RIAL , SERGIO	MALE	VETERANOS	LICENCIA 1 DIA	00:26:46	04:58 min/Km	01:16:24	16,5 Km/h	00:17:41	04:55 min/Km	02:00:49
78	5	111	IGLESIAS VÁZQUEZ , MIRIAN	FEMALE	ABSOLUTA-F	LICENCIA 1 DIA	00:26:05	04:50 min/Km	01:17:21	16,3 Km/h	00:17:27	04:51 min/Km	02:00:53
79	36	53	LOPEZ SEIJO , DAVID	MALE	ABSOLUTA	LICENCIA 1 DIA	00:24:46	04:36 min/Km	01:17:49	16,2 Km/h	00:19:21	05:23 min/Km	02:01:55
80	37	44	GONZALEZ FERMOZO , NICOLAS	MALE	VETERANOS	LICENCIA 1 DIA	00:24:54	04:37 min/Km	01:19:30	15,8 Km/h	00:18:15	05:05 min/Km	02:02:37
81	6	114	PAZOS SUENA , CARLOTA	FEMALE	ABSOLUTA-F	TRIATLON COSTA DA MORTE	00:26:04	04:50 min/Km	01:17:48	16,2 Km/h	00:18:52	05:15 min/Km	02:02:43
82	37	72	RAMA MATO , DIEGO	MALE	ABSOLUTA	LICENCIA 1 DIA	00:25:29	04:44 min/Km	01:19:55	15,8 Km/h	00:17:50	04:58 min/Km	02:03:13
83	38	31	CUNDÍNS OREIRO , JAVIER	MALE	ABSOLUTA	LICENCIA 1 DIA	00:30:12	05:36 min/Km	01:15:01	16,8 Km/h	00:18:44	05:13 min/Km	02:03:57
84	3	115	RAMOS ONS , ANA	FEMALE	VETERANOS-F	CLUB CERVECERIA O COTON NEGREIRA	00:27:25	05:05 min/Km	01:19:08	15,9 Km/h	00:17:56	04:59 min/Km	02:04:27
85	38	104	YERA FACHAL , JOSE	MALE	VETERANOS	NOSPORTLIMIT	00:28:17	05:15 min/Km	01:17:01	16,4 Km/h	00:19:24	05:24 min/Km	02:04:41
86	39	67	PEREIRO REGUEIRA , JOSÉ MARTÍN	MALE	VETERANOS	LICENCIA 1 DIA	00:28:18	05:15 min/Km	01:14:32	16,9 Km/h	00:22:05	06:09 min/Km	02:04:53
87	39	11	AMENEIRO MARTINEZ , FRANCISCO JAVIER	MALE	ABSOLUTA	CLUB PEÑA CICLISTA TOXO	00:29:17	05:26 min/Km	01:17:10	16,3 Km/h	00:20:23	05:40 min/Km	02:06:49
88	4	107	LOPEZ MORAN , CRISTINA	FEMALE	VETERANOS-F	NOSPORTLIMIT	00:28:36	05:18 min/Km	01:20:11	15,7 Km/h	00:20:52	05:48 min/Km	02:09:38
89	40	37	FONTAN PEREZ , GERARDO MIGUEL	MALE	VETERANOS	LICENCIA 1 DIA	00:31:31	05:51 min/Km	01:17:02	16,4 Km/h	00:21:12	05:54 min/Km	02:09:43
90	40	25	CARBALLAL IGLESIAS , ALBERT	MALE	ABSOLUTA	LICENCIA 1 DIA	00:28:36	05:18 min/Km	01:24:31	14,9 Km/h	00:18:29	05:09 min/Km	02:11:36
91	41	43	GONZÁLEZ FERMOZO , IAGO	MALE	VETERANOS	LICENCIA 1 DIA	00:26:53	04:59 min/Km	01:27:18	14,4 Km/h	00:17:45	04:56 min/Km	02:11:56
92	7	116	RIVERA HAZ , MARIA	FEMALE	ABSOLUTA-F	LICENCIA 1 DIA	00:30:34	05:40 min/Km	01:22:15	15,3 Km/h	00:22:56	06:23 min/Km	02:15:45
93	42	33	FARIÑA CASTRO , ESTEBAN	MALE	VETERANOS	LICENCIA 1 DIA	00:30:40	05:41 min/Km	01:24:37	14,9 Km/h	00:20:31	05:42 min/Km	02:15:47
94	41	68	PEREZ BLANCO , JAVIER	MALE	ABSOLUTA	LICENCIA 1 DIA	00:25:15	04:41 min/Km	01:23:14	15,1 Km/h	00:27:24	07:37 min/Km	02:15:52
95	42	56	LOZANO IGLESIAS , MIGUEL ÁNGEL	MALE	ABSOLUTA	LICENCIA 1 DIA	00:24:20	04:31 min/Km	01:36:08	13,1 Km/h	00:18:34	05:10 min/Km	02:19:02
96	5	108	CAJADE BLANCO , MARÍA BEGOÑA	FEMALE	VETERANOS-F	LICENCIA 1 DIA	00:31:23	05:49 min/Km	01:38:45	12,8 Km/h	00:22:11	06:10 min/Km	02:32:19
97	43	17	BRENLLA CASTIÑEIRA , JAVIER	MALE	VETERANOS	LICENCIA 1 DIA	00:28:38	05:19 min/Km	01:28:32	14,2 Km/h	00:37:17	10:22 min/Km	02:34:27
98	43	34	FARIÑA VARELA , DIEGO	MALE	ABSOLUTA	LICENCIA 1 DIA	00:28:21	05:15 min/Km	01:28:50	14,2 Km/h	00:37:17	10:22 min/Km	02:34:27
99	6	110	FERNANDEZ GARCIA , VICTORIA	FEMALE	VETERANOS-F	LICENCIA 1 DIA	00:32:03	05:57 min/Km	02:21:40	8,9 Km/h	00:01:06	00:19 min/Km	02:54:49
RET		51	LEMA NANTON , VICTOR	MALE	ABSOLUTA	TRIATLON COSTA DA MORTE	00:23:04	04:17 min/Km					01:17:40
RET		63	PAIS FONDO , FRANCISCO	MALE	ABSOLUTA	TRIATLON COSTA DA MORTE	00:21:25	03:58 min/Km					01:17:40
RET		27	CASADO PORTO , DAVID	MALE	VETERANOS	LICENCIA 1 DIA	00:21:59	04:05 min/Km					

RET	64	PAIS MIÑONES , JUAN	MALE	VETERANOS	LICENCIA 1 DIA	00:25:20	04:42 min/Km
RET	97	TRILLO BLANCO , ANGEL	MALE	ABSOLUTA	CLUB PEÑA CICLISTA TOXO	00:28:14	05:14 min/Km
RET	69	PINEDA RÍOS , CRISTIAN	MALE	ABSOLUTA	LICENCIA 1 DIA	00:30:09	05:35 min/Km
RET	71	PRIETO LOPEZ , ANDRES MIGUEL	MALE	VETERANOS	A.D. FOGAR	00:33:27	06:12 min/Km
NP	20	BUJAN SANTOS , EDUARDO	MALE	VETERANOS	LICENCIA 1 DIA		
NP	24	CANOURA ABEIJON , MANUEL	MALE	ABSOLUTA	TRIATLON O TREITO		
NP	36	FERNANDEZ VIDAL , ANGEL	MALE	VETERANOS	LICENCIA 1 DIA		
NP	42	GONZÁLEZ CANCELA , MARIO	MALE	ABSOLUTA	LICENCIA 1 DIA		
NP	58	MARTINEZ LEMA , JOSE ANGEL	MALE	VETERANOS	LICENCIA 1 DIA		
NP	59	MARX - , SVEN OLIVER	MALE	VETERANOS	NOSPORTLIMIT		
NP	70	PRIETO CAAMAÑO , JAIRO	MALE	VETERANOS	TRIATLON COSTA DA MORTE		
NP	83	RODRIGUEZ RODRIGUEZ , JOSE	MALE	VETERANOS	LICENCIA 1 DIA		
NP	84	RODRÍGUEZ RODRÍGUEZ , ÓSCAR	MALE	ABSOLUTA	LICENCIA 1 DIA		
NP	94	TABODA PINTOR , ALBERTO	MALE	ABSOLUTA	LICENCIA 1 DIA		
NP	95	TARELA MIRAMONTES , DANIEL	MALE	VETERANOS	TRIATLON O TREITO		