

DORSAL	APELIDOS	NOME	CATEGORÍA	CLUB	1000 m,	200 m,	400 m,	100 m,
156	BEIS VIGO	ALEJANDRO	CDM	TRIATLON INFORHOUSE SANTIAGO	03:35,0	00:32,0	06:20,0	01:20,0
157	BLANCO PARGA	XOEL	CDM	TRIATLON INFORHOUSE SANTIAGO	03:10,0	00:29,0	06:10,0	01:18,0
158	CANEDA NOYA	CARLOS	CDM	CLUB TRIATLON COMPOSTELA	03:21,0	00:29,9	06:30,0	01:26,0
160	CODESIDO FERNANDEZ	PABLO	CDM	TRIATLON INFORHOUSE SANTIAGO	03:30,0	00:31,0	05:40,0	01:16,0
165	GARCIA PICON	LUCAS	CDM	CLUB TRIATLON COMPOSTELA	02:56,0	00:27,5	05:30,0	01:09,0
167	GOMEZ QUINTAS	ALVARO	CDM	NATACION PABELLON OURENSE	03:01,3	00:35,5	06:10,1	01:15,3
171	LORENZO GONZALEZ	ARON	CDM	CLUB OLIMPICO DE VEDRA	03:20,0	00:31,5	06:20,0	01:19,0
173	MOTA CAMINO	MARCO	CDM	TRIATLON INFORHOUSE SANTIAGO	03:20,0	00:30,0	05:40,0	01:16,0
177	ORTEGO PORTA	ANDRE	CDM	TRIATLON MOTOBIKE GALAICO	03:50,0	00:40,0	05:05,0	01:05,0
179	PAIS MOSQUERA	NICOLAS	CDM	TRIATLON INFORHOUSE SANTIAGO	03:25,0	00:31,0	06:10,0	01:18,0
181	PIÑEIRO ACEVEDO	ARTURO	CDM	CLUB TRIATLON COMPOSTELA	03:50,0	00:32,5	07:00,0	01:30,0
183	PRADA MAROÑO	IAGO	CDM	CLUB HERCULES TERMARIA	03:03,0	00:30,0	06:15,0	01:17,0
186	RIBO MIGUEL	LUCAS	CDM	CLUB TRIATLON COMPOSTELA	03:23,5	00:29,9	05:19,0	01:10,0
192	SEOANE RODRIGUEZ	PEDRO	CDM	CLUB TRIATLON COMPOSTELA	03:13,9	00:29,0	05:35,0	01:12,5
198	VIEITO FERNANDEZ	DANIEL	CDM	CLUB TRIATLON COMPOSTELA	03:55,0	00:33,0	07:00,0	01:29,0
152	ALVAREZ FERREIRA	ALEXANDRE	JNM	CIDADE DE LUGO FLUVIAL	02:42,0	00:27,0	04:25,0	00:57,6
153	ARAGON LOPEZ	DIEGO	JNM	NATACION PABELLON OURENSE	02:59,3	00:28,3	08:02,3	01:22,3
163	DIAZ OIZA	JUAN PABLO	JNM	TRIATLON INFORHOUSE SANTIAGO	02:45,8	00:25,7	04:51,0	01:00,0
164	FERNANDEZ PEREZ	JAVIER	JNM	TRIATLON RIAS BAIXAS	03:00,0	00:30,5	05:46,7	01:19,2
168	IGLESIAS CAMPAÑA	XESUS MARTIÑO	JNM	CLUB OLIMPICO DE VEDRA	02:52,0	00:27,5	04:35,0	00:57,5
169	LISTE MONTEAGUDO	PEDRO	JNM	CLUB TRIATLON COMPOSTELA	02:47,5	00:26,5	04:59,9	01:02,0
182	PIÑEIRO ACEVEDO	JORGE ANGEL	JNM	CLUB TRIATLON COMPOSTELA	03:10,0	00:29,0	05:30,0	01:08,0
185	REY OLVEIRA	JUAN	JNM	JEALSA TRIATLON BOIRO	03:01,3	00:31,1	04:35,5	01:02,0
193	TAIBO GARCIA	HUGO	JNM	TRIATLON INFORHOUSE SANTIAGO	03:08,0	00:28,0	05:12,0	01:04,0
151	ALLENDE MUÑOZ	PABLO	JVM	CLUB HERCULES TERMARIA	03:15,0	00:33,0	05:20,0	01:09,0
154	ARANDA FERNANDEZ	ANTON	JVM	TRIATLON INFORHOUSE SANTIAGO	03:03,0	00:28,0	04:51,0	00:59,0
155	BAUTISTA BUGARIN	CARLOS	JVM	CLUB ATLETISMO PORRIÑO	02:56,0	00:29,0	04:47,0	01:03,0
159	CAO BLANCO	GONZALO	JVM	TRIATLON INFORHOUSE SANTIAGO	03:00,0	00:28,0	05:06,0	01:03,0
161	CONS GESTIDO	NICOLAS	JVM	TRIATLON MOTOBIKE GALAICO	02:53,0	00:29,0	04:45,0	01:00,0
162	DE LA CRUZ CASALDERREY	ANDRES	JVM	TRIATLON RIAS BAIXAS	03:24,5	00:31,7	06:58,2	01:32,4
166	GIL REY	MATEO	JVM	NATACION PABELLON OURENSE	02:56,0	00:29,9	05:32,7	01:04,6
170	LISTE VAZQUEZ	SERGIO	JVM	CLUB TRIATLON COMPOSTELA	03:17,5	00:29,9	05:25,0	01:08,0
172	MELLID LOSADA	MANOEL	JVM	JEALSA TRIATLON BOIRO	03:05,0	00:29,0	04:45,0	01:03,2
174	MUIÑO MOURULLO	MARTIN	JVM	TRIATLON INFORHOUSE SANTIAGO	03:08,0	00:29,0	05:40,0	01:06,0
175	MURADO GOMEZ	DAVID	JVM	CLUB HERCULES TERMARIA	03:07,0	00:28,0	06:12,0	01:17,0
176	NARANJO ESTEVEZ	ROI	JVM	NATACION PABELLON OURENSE	02:49,9	00:29,0	04:35,9	01:01,8
178	OTERO PINTOS	IAGO	JVM	TRIATLON INFORHOUSE SANTIAGO	02:55,0	00:27,0	04:35,0	00:58,9
180	PICON MONTERO	BRAIS	JVM	TRIATLON INFORHOUSE SANTIAGO	02:47,0	00:26,9	04:48,0	00:59,9
184	PRADA MAROÑO	TOMAS	JVM	CLUB HERCULES TERMARIA	02:55,0	00:28,0	05:54,0	01:14,0
187	RODRIGUEZ RILO	ALEJANDRO	JVM	TRIATLON FERROL	02:48,0	00:28,0	04:15,0	00:55,8
188	RODRIGUEZ VAZQUEZ	HECTOR	JVM	NATACION PABELLON OURENSE	02:46,7	00:27,9	05:59,4	01:11,2
189	SANCHEZ GUTIERREZ	YAGO	JVM	TRIATLON RIAS BAIXAS	03:26,1	00:32,3	07:39,8	01:52,2
190	SANLES DIESTE	HUGO	JVM	JEALSA TRIATLON BOIRO	03:03,9	00:31,5	04:31,3	00:58,0
191	SANTIAGO FERNANDEZ	HUGO	JVM	NATACION PABELLON OURENSE	03:40,8	00:40,0	05:17,2	01:05,6
194	TORRES SANCHEZ	RAFAEL	JVM	CLUB TRIATLON COMPOSTELA	03:24,0	00:29,9	06:12,0	01:20,0
195	TUBIO QUINTANS	RICARDO	JVM	JEALSA TRIATLON BOIRO	03:03,0	00:30,0	04:50,4	01:05,0
196	VALIÑO RODRIGUEZ	ALEJANDRO	JVM	JEALSA TRIATLON BOIRO	02:58,7	00:29,8	05:05,6	00:59,2
197	VAZQUEZ VAZQUEZ	PABLO	JVM	TRIATLON RIAS BAIXAS	03:31,4	00:43,3	06:32,7	01:38,1
199	VIGO FERNANDEZ	SIMON	JVM	TRIATLON INFORHOUSE SANTIAGO	03:00,0	00:29,0	05:24,0	01:10,0