



RESULTADOS OFICIAIS -FEMININO

Localidade	MUROS	Distancia	27.500 m.	Natación	750 m.	Ciclismo	20 km.	Carreira	5.000 m.
Data	12 de junio de 2021	Hora	16:50						

OFICIAIS

Delegado Técnico	JUAN LUIS BOTANA	Xurado de Competición	JUAN LUIS BOTANA
Xuíz Árbitro	JOSE MANUEL REY		JOSE MANUEL SABORIDO (FEDERACIÓN GALEGA)
			MIGUEL ANGEL ACOSTA (TRIATLÓN CIDADE DE LUGO)

DATOS DA COMPETICIÓN

Temperatura exterior: 29°C	Natación: 750 m	Ciclismo: 20 kms	Carreira: 5000 m
Temperatura da auga: 19,5°C	1 voltas	4 voltas	2 voltas
Inscritos: 159	Remataron: 143	Retirados: 3	Non presentados: 9
			Descualificados: 1

PTO	DOR	NOMBRE	CLUB	T.OFICIAL	CATEGORÍA	P.CAT	T.NATACIÓN	T.CICLISMO+TRANSI	T.CARREIRA
1	140	SILVIA GARCIA LORENZO	ARTROGAL-TRI 498	01:16:38.078	ABF	1	00:16:16.538	00:40:12.017	00:20:09.523
2	148	ALBA MUÑOZ LESTA	TRIATLON INFORHOUSE SANTIAGO	01:19:18.978	JNF	1	00:11:51.839	00:43:33.888	00:23:53.251
3	147	ANTIA GONZALEZ VILAS	TRIATLON INFORHOUSE SANTIAGO	01:19:54.598	JNF	2	00:11:39.620	00:42:59.982	00:25:14.996
4	139	MARIA DOLORES BREA SANTIAGO	ARTROGAL-TRI 498	01:21:14.312	ABF	2	00:15:00.698	00:42:08.809	00:24:04.805
5	141	ANA GARCIA PEÑA	TRIATLON INFORHOUSE SANTIAGO	01:21:29.323	ABF	3	00:17:55.703	00:43:27.145	00:20:06.475
6	142	CARLOTA PAZOS SUENA	TRIATLON COSTA DA MORTE	01:21:50.143	ABF	4	00:15:48.778	00:41:25.203	00:24:36.162
7	146	ANDREA EXPIDO SOPELANA	CLUB TRIATLON CORUÑA	01:22:21.131	JNF	3	00:14:22.537	00:43:48.860	00:24:09.734
8	151	MARIA MAREQUE MARTINEZ	CLUB HERCULES TERMARIA	01:25:04.166	V1F	1	00:14:53.905	00:47:51.956	00:22:18.305
9	154	PURIFICACION LOPEZ MAHIA	CLUB HERCULES TERMARIA	01:25:33.578	V2F	1	00:16:45.796	00:45:05.359	00:23:42.423
10	153	ALEJANDRA VARELA FONTELA	ARTROGAL-TRI 498	01:26:12.529	V1F	2	00:16:13.198	00:46:00.319	00:23:59.012
11	150	ELENA FERNANDEZ GONZALEZ	CLUB HERCULES TERMARIA	01:27:26.044	SUB23F	1	00:13:45.868	00:47:35.048	00:26:05.128
12	152	SORAYA VARELA BAO	CLUB HERCULES TERMARIA	01:33:51.148	V1F	3	00:15:50.685	00:48:53.167	00:29:07.296
13	143	MARIA DEL CARMEN PEREZ MONTOYA	CLUB CICLISTA MUROS	01:35:31.983	ABF	5	00:15:06.415	00:51:36.815	00:28:48.753
14	155	CRISTINA MARIA VARA VAZQUEZ	CLUB HERCULES TERMARIA	01:37:55.525	V2F	2	00:18:13.473	00:49:09.148	00:30:32.904
15	145	ISABEL SIÑERIZ ALVAREZ	TRIDREAMS	01:47:45.100	ABF	6	00:20:37.310	00:54:30.274	00:32:37.516
DNF	149	SABELA GONZALEZ VILAS	TRIATLON INFORHOUSE SANTIAGO		JVF	-1	00:11:53.111	01:09:59.631	
DNS	144	AMIRA SIMON MARTINEZ	CLUB TRIATLON CORUÑA		ABF	-1			



RESULTADOS OFICIAIS - MASCULINO

Localidade	MUROS	Distancia	27.500 m.	Natación	750 m.	Ciclismo	20 km.	Carreira	5.000 m.
Data	12 de junio de 2021	Hora	16:50						

OFICIAIS

Delegado Técnico	JUAN LUIS BOTANA	Xurado de Competición	JUAN LUIS BOTANA
Xuíz Árbitro	JOSE MANUEL REY		JOSE MANUEL SABORIDO (FEDERACIÓN GALEGA)
			MIGUEL ANGEL ACOSTA (TRIATLÓN CIDADE DE LUGO)

DATOS DA COMPETICIÓN

Temperatura exterior: 29°C	Natación: 750 m	Ciclismo: 20 kms	Carreira: 5000 m
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Inscritos: 159	Remataron: 143	Retirados: 3	Non presentados: 9
		Descualificados: 1	

PTO	DOR	NOMBRE	CLUB	T.OFICIAL	CATEGORÍA	P.CAT	T.NATACIÓN	T.CICLISMO+TRANSI	T.CARREIRA
1	156	IVAN RAÑA FUENTES	INDEPENDIENTE	01:00:06.076	V1M	1	00:09:52.231	00:33:09.580	00:17:04.265
2	34	CRISTIAN MUIÑO VARELA	TRIATLON INFORHOUSE SANTIAGO	01:03:47.727	ABM	1	00:12:23.502	00:35:01.294	00:16:22.931
3	72	PEDRO PABLO BERNARDEZ FERREIROS	TRIATLON VILAGARCIA /ATENAS RUNNING	01:03:54.669	V1M	2	00:11:01.281	00:35:36.476	00:17:16.912
4	108	CESAR MONTES SANCHEZ	TRIATLON ARTEIXO	01:04:40.097	V1M	3	00:11:48.828	00:35:08.656	00:17:42.613
5	16	MANUEL DOMINGO DOSIL LAGO	CLUB CICLISTA MUROS	01:05:03.149	ABM	2	00:12:56.718	00:35:14.023	00:16:52.408
6	32	LUIS MARTINEZ LOUZA	Independiente	01:05:15.602	ABM	3	00:12:07.464	00:36:00.955	00:17:07.183
7	120	ALEXANDRE RODRIGUEZ PAZ	TRIATLON ARTEIXO	01:05:51.605	V1M	4	00:11:55.432	00:35:32.539	00:18:23.634
8	1	THOMAS AFONSO LOPEZ	TRIATLON INFORHOUSE SANTIAGO	01:05:55.205	ABM	4	00:12:42.038	00:35:33.943	00:17:39.224
9	64	DIEGO BENEDICTO RIVAS	TRIATLON ARTEIXO	01:05:57.639	SUB23M	1	00:12:15.884	00:35:55.550	00:17:46.205
10	96	ANTONIO GOMEZ DORRIO	CLUB NATACION RIVEIRA	01:05:58.925	V1M	5	00:10:10.780	00:36:05.979	00:19:42.166
11	21	ANTON GOMEZ GONZALEZ	TRIATLON ARTEIXO	01:06:11.140	ABM	5	00:13:28.889	00:36:13.981	00:16:28.270
12	68	ANTONIO SOUTO PRIETO	A.D. TRI-PENTA TERRAS DE LUGO	01:06:26.707	SUB23M	2	00:11:09.194	00:36:12.253	00:19:05.260
13	92	JUAN ENRIQUE GARCIA FANDIÑO	CLUB TRIATLON COMPOSTELA	01:06:41.463	V1M	6	00:12:38.725	00:36:37.500	00:17:25.238
14	22	JUAN JOSE GONZALEZ ARIAS	TRIATLON ARTEIXO	01:06:43.525	ABM	6	00:12:19.497	00:37:16.531	00:17:07.497
15	85	DANIEL FEJOO FERREIRO	TRIEUME AS PONTES CLUB	01:06:43.905	V1M	7	00:13:23.710	00:36:13.690	00:17:06.505
16	53	ABEL SOUTO CORES	CLUB TRIATLON CORUÑA	01:07:03.791	ABM	7	00:12:39.820	00:37:04.998	00:17:18.973
17	13	JACOBO DE PRADO RODRIGUEZ	CIDADE DE LUGO FLUVIAL	01:07:06.357	ABM	8	00:12:01.478	00:36:30.652	00:18:34.227
18	57	JUAN PABLO DIAZ OIZA	TRIATLON INFORHOUSE SANTIAGO	01:07:08.975	JNM	1	00:10:48.436	00:38:17.967	00:18:02.572
19	2	JUAN CARLOS AGEITOS SAMPEDRO	CLUB NATACION RIVEIRA	01:07:19.723	ABM	9	00:12:29.968	00:35:48.950	00:19:00.805
20	89	GONZALO FERNANDEZ OTERO	TRIATLON VILAGARCIA /ATENAS RUNNING	01:07:23.903	V1M	8	00:13:38.365	00:35:35.099	00:18:10.439
21	36	PABLO PEDROSA PAZ	TRIATLON FERROL	01:07:39.445	ABM	10	00:11:17.764	00:36:50.971	00:19:30.710
22	76	PABLO MIGUEL CARRO SUAREZ	TRIATLON ARTEIXO	01:07:41.684	V1M	9	00:11:30.500	00:38:10.092	00:18:01.092
23	30	JESUS MALVAREZ LOURO	CLUB CICLISTA MUROS	01:07:53.836	ABM	11	00:13:33.045	00:34:53.287	00:19:27.504



RESULTADOS OFICIAIS - MASCULINO

24	103	CARLOS JUANATEY GARCIA	ARTROGAL-TRI 498	01:08:02.854	V1M	10	00:13:51.825	00:36:47.317	00:17:23.712
25	58	CRISTIAN GONZALEZ MARTINEZ	TRIATLON ARTEIXO	01:08:11.223	JNM	2	00:10:44.804	00:37:56.491	00:19:29.928
26	121	JOSE ANGEL RODRIGUEZ POUSO	TRIATLON VILAGARCIA /ATENAS RUNNING	01:08:14.742	V1M	11	00:13:32.925	00:36:31.739	00:18:10.078
27	27	VICTOR LAIÑO SILVA	JEALSA TRIATLON BOIRO	01:08:23.786	ABM	12	00:13:38.795	00:36:19.280	00:18:25.711
28	79	CARLOS COIRA LOJO	TRIATLON VILAGARCIA /ATENAS RUNNING	01:08:25.243	V1M	12	00:12:45.128	00:36:55.713	00:18:44.402
29	93	PELAYO GARCIA-LOSA RODRIGUEZ	Independiente	01:08:33.023	V1M	13	00:13:52.975	00:36:55.675	00:17:44.373
30	4	BORJA ALVAREZ AMIGO	TRINORTH	01:08:55.517	ABM	13	00:12:07.774	00:38:17.308	00:18:30.435
31	50	JOSE ANTONIO SAN MIGUEL BALBOA	CIDADE DE LUGO FLUVIAL	01:08:59.969	ABM	14	00:12:18.669	00:37:19.845	00:19:21.455
32	61	ANGEL ENRIQUE TORRES SEQUERA	CLUB TRIATLON MAR DE VIGO	01:09:00.631	JVM	1	00:11:33.391	00:39:19.400	00:18:07.840
33	51	RUBEN SANCHEZ VAZQUEZ	TRIATLON ARTEIXO	01:09:00.682	ABM	15	00:14:59.504	00:36:01.212	00:17:59.966
34	100	PIO IGLESIAS CARRERA	CLUB TRIATLON COMPOSTELA	01:09:35.092	V1M	14	00:13:39.720	00:37:34.555	00:18:20.817
35	125	GONZALO SUAREZ SUAREZ	CLUB TRIATLON CORUÑA	01:10:01.652	V1M	15	00:13:09.037	00:36:51.773	00:20:00.842
36	122	CARLOS JESUS RODRIGUEZ REY	CLUB TRIATLON COMPOSTELA	01:10:05.322	V1M	16	00:13:02.266	00:36:36.526	00:20:26.530
37	98	RAMIRO GONZALEZ FRANCO	TRIATLON COSTA DA MORTE	01:10:06.735	V1M	17	00:14:00.685	00:36:26.123	00:19:39.927
38	3	FRANCISCO JAVIER ALLO ARAGUNDE	TRIATLON VILAGARCIA /ATENAS RUNNING	01:10:12.470	ABM	16	00:13:40.683	00:37:38.167	00:18:53.620
39	35	ARTURO PAZ GOMEZ	ATLETAS ACEA DE AMA	01:10:22.319	ABM	17	00:14:40.634	00:37:37.612	00:18:04.073
40	126	JAIME TIZON DAVILA	CLUB CERVECERIA O COTON NEGREIRA	01:10:27.537	V1M	18	00:13:23.401	00:38:05.401	00:18:58.735
41	10	MARCO CASTIÑEIRA PAIS	TRIATLON COSTA DA MORTE	01:10:28.673	ABM	18	00:13:02.379	00:37:59.939	00:19:26.355
42	40	LUIS ANTONIO RILO GONZALEZ-VALLES	TRIATLON FERROL	01:10:40.991	ABM	19	00:13:04.727	00:38:31.298	00:19:04.966
43	66	CESAR PAZOS CANEDA	TRIATLON ARTEIXO	01:10:57.462	SUB23M	3	00:10:20.684	00:39:55.605	00:20:41.173
44	69	ALBERTO ALVAREZ BENDAÑA	ARTROGAL-TRI 498	01:10:59.941	V1M	19	00:12:21.203	00:38:58.641	00:19:40.097
45	115	ROBERTO PICON ESPÍÑO	CLUB CERVECERIA O COTON NEGREIRA	01:11:06.809	V1M	20	00:12:37.891	00:38:19.147	00:20:09.771
46	78	FRANCISCO JAVIER CASTRELO CONDE	TRIATLON VILAGARCIA /ATENAS RUNNING	01:11:20.978	V1M	21	00:13:56.087	00:37:35.171	00:19:49.720
47	134	JOSE JAVIER GOMEZ IGLESIAS	TRI OURENSE	01:11:21.177	V2M	1	00:14:53.051	00:38:14.238	00:18:13.888
48	124	FERNANDO SIEIRA RIOS	ARTROGAL-TRI 498	01:11:42.917	V1M	22	00:12:38.463	00:39:26.378	00:19:38.076
49	60	MARTIN MUIÑO MOURULLO	TRIATLON INFORHOUSE SANTIAGO	01:11:48.867	JVM	2	00:10:52.015	00:39:33.342	00:21:23.510
50	45	BORJA RODRIGUEZ OTERO	CLUB TRIATLON RIANXO	01:11:51.119	ABM	20	00:14:28.811	00:37:27.166	00:19:55.142
51	14	CONSTANTINO ARTURO DOMINGUEZ SUAREZ	CLUB OLIMPICO DE VEDRA	01:11:59.452	ABM	21	00:13:54.258	00:39:47.438	00:18:17.756
52	97	ALEJANDRO GONZALEZ BUCETA	TRINORTH	01:12:14.066	V1M	23	00:13:02.387	00:36:47.871	00:22:23.808
53	119	FRANCISCO JAVIER REY PADIN	TRIATLON VILAGARCIA /ATENAS RUNNING	01:12:15.725	V1M	24	00:13:59.071	00:39:09.040	00:19:07.614
54	46	ADRIAN ROJO LUACES	TRIATLON INFORHOUSE SANTIAGO	01:12:24.637	ABM	22	00:16:13.069	00:37:05.968	00:19:05.600
55	26	DAVID IGLESIAS BARREIRA	TRIATLON INFORHOUSE SANTIAGO	01:12:25.640	ABM	23	00:13:15.764	00:39:02.342	00:20:07.534
56	116	JOSE RAMON PIÑEIRO LAMAS	CLUB TRIATLON RIANXO	01:12:26.586	V1M	25	00:14:46.611	00:38:08.583	00:19:31.392
57	15	PABLO DOMINGUEZ VILA	TRINORTH	01:12:26.586	ABM	24	00:13:29.445	00:40:06.738	00:18:50.403
58	109	FERNANDO MUIÑA FUENTES	CLUB TRIATLON CORUÑA	01:12:47.413	V1M	26	00:13:24.479	00:39:45.587	00:19:37.347



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59	41	ANTONIO RODRIGUEZ FERNANDEZ	KURAI	01:12:54.108	ABM	25	00:13:49.284	00:39:04.008	00:20:00.816
60	18	MARCOS FERNANDEZ CASAL	ARTROGAL-TRI 498	01:12:57.939	ABM	26	00:14:42.606	00:38:05.654	00:20:09.679
61	20	BREOGAN JOSE GIGIREY CANCELA	CLUB TRIATLON COMPOSTELA	01:13:03.856	ABM	27	00:13:28.755	00:39:57.811	00:19:37.290
62	80	ANGEL CONDE VALLADARES	KURAI	01:13:06.228	V1M	27	00:17:11.775	00:37:58.528	00:17:55.925
63	44	DAVID RODRIGUEZ HIERRO	KURAI	01:13:06.775	ABM	28	00:14:29.051	00:39:06.442	00:19:31.282
64	55	IVAN VAZQUEZ GARCIA	TRIATLON VILAGARCIA /ATENAS RUNNING	01:13:14.070	ABM	29	00:14:59.284	00:38:58.741	00:19:16.045
65	37	DAVID PEREZ CASTRO	LICENZA CICLISMO	01:13:26.551	ABM	30	00:16:22.949	00:37:32.831	00:19:30.771
66	39	MANUEL ADRIAN PEREZ TABOADA	CLUB TRIATLON COMPOSTELA	01:13:29.076	ABM	31	00:12:49.417	00:39:13.318	00:21:26.341
67	131	SANTIAGO BESADA BRUNET	TRINORTH	01:13:33.694	V2M	2	00:14:33.341	00:39:38.831	00:19:21.522
68	104	MARCOS LAGO CASTRO	CLUB HERCULES TERMARIA	01:13:34.909	V1M	28	00:14:57.267	00:38:03.140	00:20:34.502
69	95	JAVIER GOMEZ ALVAREZ	TRINORTH	01:13:42.109	V1M	29	00:10:43.049	00:39:47.924	00:23:11.136
70	123	OSCAR RODRIGUEZ RODRIGUEZ	CIDADE DE LUGO FLUVIAL	01:13:43.668	V1M	30	00:14:57.341	00:38:07.631	00:20:38.696
71	83	IAGO DEL POZO SANCHEZ	CLUB HERCULES TERMARIA	01:13:51.108	V1M	31	00:14:07.662	00:40:15.180	00:19:28.266
72	99	CARLOS GONZALEZ SOBRADELO	CLUB TRIATLON RIANXO	01:13:52.366	V1M	32	00:15:03.822	00:38:15.545	00:20:32.999
73	62	SIMON VIGO FERNANDEZ	TRIATLON INFORHOUSE SANTIAGO	01:13:57.996	JVM	3	00:12:03.624	00:40:05.980	00:21:48.392
74	74	ALVARO CANTARIÑO TAJES	CLUB CICLISTA MUROS	01:14:01.356	V1M	33	00:16:18.327	00:39:12.076	00:18:30.953
75	8	JUAN JOSE BELLO GARCIA	CLUB CERVECERIA O COTON NEGREIRA	01:14:04.614	ABM	32	00:15:27.346	00:38:05.290	00:20:31.978
76	54	ANTONIO VAZQUEZ BALADO	TRI OURENSE	01:14:10.794	ABM	33	00:14:56.581	00:41:05.152	00:18:09.061
77	94	ISMAEL GIL FERNANDEZ	CLUB TRIATLON RIANXO	01:14:12.513	V1M	34	00:12:49.255	00:40:13.634	00:21:09.624
78	81	RAFAEL COSTA VAZQUEZ	MONTE PENARUBIA RUNNING LUGO	01:14:18.610	V1M	35	00:14:26.482	00:38:51.491	00:21:00.637
79	84	ALBERTO DOMINGUEZ LEMOS	TRINORTH	01:14:22.426	V1M	36	00:14:18.560	00:38:25.119	00:21:38.747
80	33	GERMAN MOSQUERA FILGUEIRA	ARTROGAL-TRI 498	01:14:26.074	ABM	34	00:13:55.880	00:38:58.205	00:21:31.989
81	47	OSCAR ROMERO CHOUZA	CLUB CICLISTA MUROS	01:14:26.176	ABM	35	00:14:42.021	00:39:36.091	00:20:08.064
82	59	GONZALO CAO BLANCO	TRIATLON INFORHOUSE SANTIAGO	01:14:35.211	JVM	4	00:11:01.618	00:39:12.406	00:24:21.187
83	71	FRANCISCO JAVIER BARREIRO CORDEIRO	NOSPORTLIMIT	01:14:38.953	V1M	37	00:14:52.926	00:40:11.754	00:19:34.273
84	28	VICTOR LEMA NANTON	TRIATLON COSTA DA MORTE	01:14:40.125	ABM	36	00:14:33.339	00:39:42.708	00:20:24.078
85	107	ANXO MEIZOSO PERMUI	TRIATLON ARTEIXO	01:14:47.656	V1M	38	00:15:39.861	00:40:37.262	00:18:30.533
86	17	LEANDRO EIRAS LUEIRO	CLUB CERVECERIA O COTON NEGREIRA	01:14:54.115	ABM	37	00:15:19.888	00:38:54.257	00:20:39.970
87	86	JUAN FERNANDEZ BALADO	ARTROGAL-TRI 498	01:15:30.124	V1M	39	00:16:04.765	00:37:50.070	00:21:35.289
88	11	MARCOS CASTRO ALONSO	Independiente	01:15:35.806	ABM	38	00:15:33.576	00:40:28.904	00:19:33.326
89	56	GABRIEL VIAN PEREZ	A.D. TRI-PENTA TERRAS DE LUGO	01:15:36.074	ABM	39	00:16:04.588	00:38:20.942	00:21:10.544
90	129	TOMAS ARTURO ABELEDO PATIÑO	ATLETAS ACEA DE AMA	01:15:36.710	V2M	3	00:15:20.880	00:39:01.580	00:21:14.250
91	127	BARTOLOME VARELA RODRIGUEZ	CIDADE DE LUGO FLUVIAL	01:15:41.292	V1M	40	00:14:53.621	00:39:49.486	00:20:58.185
92	52	IVAN SOLIS POSE	CLUB CERVECERIA O COTON NEGREIRA	01:15:43.626	ABM	40	00:17:59.020	00:39:40.260	00:18:04.346
93	42	ALEJANDRO RODRIGUEZ FRAGUELA	CLUB NATACION LICEO	01:15:45.097	ABM	41	00:13:57.603	00:40:35.068	00:21:12.426



RESULTADOS OFICIAIS - MASCULINO

94	137	ANTONIO VIDAL ARES	TRIATLON INFORHOUSE SANTIAGO	01:15:45.446	V2M	4	00:13:50.009	00:40:39.312	00:21:16.125
95	23	OSCAR GONZALEZ ESTEVEZ	TRIATLON ARTEIXO	01:15:47.237	ABM	42	00:14:54.843	00:40:19.364	00:20:33.030
96	43	ANTONIO JOAQUIN RODRIGUEZ GONZALEZ	TRIATLON FERROL	01:15:48.602	ABM	43	00:12:01.287	00:42:11.638	00:21:35.677
97	117	JOSE ANTONIO QUINTANS VAZQUEZ	CLUB TRIATLON COMPOSTELA	01:15:55.191	V1M	41	00:13:04.851	00:40:47.181	00:22:03.159
98	70	PEDRO BARANGA ARES	ATLETAS ACEA DE AMA	01:15:59.794	V1M	42	00:13:08.068	00:40:13.125	00:22:38.601
99	12	MARCOS CORZON VIEITES	CLUB CERVECERIA O COTON NEGREIRA	01:16:20.280	ABM	44	00:14:43.197	00:40:05.521	00:21:31.562
100	110	DAVID MUÑIZ DIOS	ARTROGAL-TRI 498	01:16:24.384	V1M	43	00:14:37.566	00:38:49.774	00:22:57.044
101	112	SEGUNDO NAVIA GIRALDEZ	TRIATLON VILAGARCIA /ATENAS RUNNING	01:16:32.755	V1M	44	00:15:58.483	00:38:48.150	00:21:46.122
102	49	DANIEL RUIZ GARCIA	Independiente	01:17:29.900	ABM	45	00:14:35.293	00:41:16.200	00:21:38.407
103	132	JOSE MARIA FERNANDEZ REY	TRIATLON VILAGARCIA /ATENAS RUNNING	01:17:30.824	V2M	5	00:14:07.351	00:42:06.584	00:21:16.889
104	25	PABLO HERMO VILLAR	ARTROGAL-TRI 498	01:17:43.691	ABM	46	00:18:31.751	00:39:12.526	00:19:59.414
105	29	MARCOS LOPEZ PENSADO	Independiente	01:17:49.405	ABM	47	00:16:06.590	00:40:05.268	00:21:37.547
106	128	FERNANDO ANTONIO VILLA VIEIRO	ARTROGAL-TRI 498	01:17:57.220	V1M	45	00:16:49.653	00:41:24.381	00:19:43.186
107	87	ANTONIO FERNANDEZ DURAN	TRIATLON COSTA DA MORTE	01:18:21.129	V1M	46	00:14:16.647	00:41:10.005	00:22:54.477
108	133	ANGEL MANUEL FERNANDEZ VIDAL	CLUB CERVECERIA O COTON NEGREIRA	01:18:33.868	V2M	6	00:16:34.619	00:40:32.437	00:21:26.812
109	113	MARCOS OTERO LEDO	CIDADE DE LUGO FLUVIAL	01:18:45.337	V1M	47	00:15:14.326	00:40:17.329	00:23:13.682
110	67	MANUEL QUEIRO BLANCO	TRIATLON INFORHOUSE SANTIAGO	01:19:16.232	SUB23M	4	00:15:21.328	00:42:58.664	00:20:56.240
111	130	JUAN ANTONIO ARGIBAY PEREZ	CLUB NATACION RIVEIRA	01:19:16.891	V2M	7	00:15:25.000	00:42:48.219	00:21:03.672
112	106	MANUEL ANTONIO LOPEZ SUAREZ	TRIATLON INFORHOUSE SANTIAGO	01:19:28.229	V1M	48	00:16:45.922	00:41:05.455	00:21:36.852
113	63	ADRIAN BAO LOPEZ	ATLETAS ACEA DE AMA	01:20:14.940	SUB23M	5	00:16:28.228	00:42:30.603	00:21:16.109
114	38	ANDRES ANXO PEREZ SANCHEZ	KURAI	01:20:21.359	ABM	48	00:16:22.492	00:41:36.236	00:22:22.631
115	82	SERGIO COUTO WORNER	CLUB HERCULES TERMARIA	01:20:37.316	V1M	49	00:15:32.612	00:43:07.055	00:21:57.649
116	7	MANUEL MARIA BARREIROS FORMOSO	CLUB CICLISTA MUROS	01:20:39.294	ABM	49	00:16:21.848	00:40:40.520	00:23:36.926
117	31	NICOLAS MARIN MOLLINEDO	TRIATLON VILAGARCIA /ATENAS RUNNING	01:20:44.455	ABM	50	00:20:43.797	00:40:52.024	00:19:08.634
118	90	DAVID FRANCISCO FIGUEIRA HERMO	CLUB TRIATLON RIANXO	01:22:03.607	V1M	50	00:16:22.498	00:42:37.825	00:23:03.284
119	91	JOSE FREIRE CASTRO	CLUB TRIATLON CORUÑA	01:22:35.175	V1M	51	00:16:06.404	00:41:26.023	00:25:02.748
120	19	TAREK GHANNAM VARELA	CLUB HERCULES TERMARIA	01:23:03.782	ABM	51	00:16:49.241	00:43:11.047	00:23:03.494
121	101	FELIPE IGLESIAS DE LA TORRE	CLUB HERCULES TERMARIA	01:23:56.155	V1M	52	00:15:14.696	00:45:01.485	00:23:39.974
122	73	LUIS MANUEL CAMPOS MARTIN	ATLETAS ACEA DE AMA	01:24:50.350	V1M	53	00:18:55.563	00:43:23.186	00:22:31.601
123	65	ANTON DIAZ CAMPOS	CLUB TRIATLON MAR DE VIGO	01:25:12.168	SUB23M	6	00:15:58.694	00:42:50.745	00:26:22.729
124	138	JOSE ANGEL VIDAL RODRIGUEZ	CLUB CERVECERIA O COTON NEGREIRA	01:25:53.272	V2M	8	00:15:58.624	00:48:25.737	00:21:28.911
125	9	FERNANDO CARIDE SUAREZ	Independiente	01:27:21.385	ABM	52	00:17:17.735	00:44:54.410	00:25:09.240
126	5	JOSE ALEJANDRO ALVAREZ RODRIGUEZ	CLUB HERCULES TERMARIA	01:30:36.052	ABM	53	00:17:45.221	00:47:08.405	00:25:42.426
127	111	MARCO NAVARRO MATEO	A.D. FOGAR	01:32:26.085	V1M	54	00:18:45.905	00:47:25.482	00:26:14.698
128	88	JUAN FERNANDEZ GONZALEZ	CLUB HERCULES TERMARIA	01:40:50.452	V1M	55	00:20:21.913	00:50:06.194	00:30:22.345



RESULTADOS OFICIAIS - MASCULINO

DSQ	105	JOSE RAMON LARIÑO LAGO	CLUB CICLISTA MUROS		V1M	-1			
DNF	114	PEDRO PEREZ GAGO	TRIATLON VILAGARCIA /ATENAS RUNNING		V1M	-1			
DNF	77	ENRIQUE CASTAÑO ROMERO	ARTROGAL-TRI 498		V1M	-1			
DNS	118	FRANCISCO JAVIER RAMOS BOTANA	Independiente		V1M	-1			
DNS	135	ROBERTO NICOLAS PEREZ OSUNA	NOSPORTLIMIT		V2M	-1			
DNS	136	FEDERICO PORTO ARIAS	CLUB TRIATLON CORUÑA		V2M	-1			
DNS	6	EDGAR BALBOA BESADA	TRIATLON VILAGARCIA /ATENAS RUNNING		ABM	-1			
DNS	24	SERGIO HERMELO GOMEZ	TRIATLON RIAS BAIXAS		ABM	-1			
DNS	48	SANTIAGO ROMERO ONS	CLUB ATLETISMO PORRIÑO		ABM	-1			
DNS	75	XURXO CARBALLO MONTEAGUDO	CLUB CICLISTA MUROS		V1M	-1			
DNS	102	FELIPE IGLESIAS MIRA	TRI OURENSE		V1M	-1			



RESULTADOS OFICIAIS – ABSOLUTA

Localidade	MUROS			Distancia	Natación	Ciclismo	Carreira
Data	12 de junio de 2021	Hora	16:50	27.500 m.	750 m.	20 km.	5.000 m.

OFICIAIS

Delegado Técnico	JUAN LUIS BOTANA	Xurado de Competición	JUAN LUIS BOTANA
Xuíz Árbitro	JOSE MANUEL REY		JOSE MANUEL SABORIDO (FEDERACIÓN GALEGA)
			MIGUEL ANGEL ACOSTA (TRIATLÓN CIDADE DE LUGO)

DATOS DA COMPETICIÓN

Temperatura exterior: 29°C	Natación: 750 m	Ciclismo: 20 kms	Carreira: 5000 m
Temperatura da auga: 19,5°C	1 voltas	4 voltas	2 voltas
Inscritos: 159	Remataron: 143	Retirados: 3	Non presentados: 9
Descualificados: 1			

PTO	DOR	NOMBRE	CLUB	T.OFICIAL	CATEGORÍA	P.CAT	T.NATACIÓN	T.CICLISMO+TRANSI	T.CARREIRA
1	156	IVAN RAÑA FUENTES	INDEPENDIENTE	01:00:06.076	V1M	1	00:09:52.231	00:33:09.580	00:17:04.265
2	34	CRISTIAN MUIÑO VARELA	TRIATLON INFORHOUSE SANTIAGO	01:03:47.727	ABM	1	00:12:23.502	00:35:01.294	00:16:22.931
3	72	PEDRO PABLO BERNARDEZ FERREIROS	TRIATLON VILAGARCIA /ATENAS RUNNING	01:03:54.669	V1M	2	00:11:01.281	00:35:36.476	00:17:16.912
4	108	CESAR MONTES SANCHEZ	TRIATLON ARTEIXO	01:04:40.097	V1M	3	00:11:48.828	00:35:08.656	00:17:42.613
5	16	MANUEL DOMINGO DOSIL LAGO	CLUB CICLISTA MUROS	01:05:03.149	ABM	2	00:12:56.718	00:35:14.023	00:16:52.408
6	32	LUIS MARTINEZ LOUZA	Independiente	01:05:15.602	ABM	3	00:12:07.464	00:36:00.955	00:17:07.183
7	120	ALEXANDRE RODRIGUEZ PAZ	TRIATLON ARTEIXO	01:05:51.605	V1M	4	00:11:55.432	00:35:32.539	00:18:23.634
8	1	THOMAS AFONSO LOPEZ	TRIATLON INFORHOUSE SANTIAGO	01:05:55.205	ABM	4	00:12:42.038	00:35:33.943	00:17:39.224
9	64	DIEGO BENEDICTO RIVAS	TRIATLON ARTEIXO	01:05:57.639	SUB23M	1	00:12:15.884	00:35:55.550	00:17:46.205
10	96	ANTONIO GOMEZ DORRIO	CLUB NATACION RIVEIRA	01:05:58.925	V1M	5	00:10:10.780	00:36:05.979	00:19:42.166
11	21	ANTON GOMEZ GONZALEZ	TRIATLON ARTEIXO	01:06:11.140	ABM	5	00:13:28.889	00:36:13.981	00:16:28.270
12	68	ANTONIO SOUTO PRIETO	A.D. TRI-PENTA TERRAS DE LUGO	01:06:26.707	SUB23M	2	00:11:09.194	00:36:12.253	00:19:05.260
13	92	JUAN ENRIQUE GARCIA FANDIÑO	CLUB TRIATLON COMPOSTELA	01:06:41.463	V1M	6	00:12:38.725	00:36:37.500	00:17:25.238
14	22	JUAN JOSE GONZALEZ ARIAS	TRIATLON ARTEIXO	01:06:43.525	ABM	6	00:12:19.497	00:37:16.531	00:17:07.497
15	85	DANIEL FEIJOO FERREIRO	TRIEUME AS PONTES CLUB	01:06:43.905	V1M	7	00:13:23.710	00:36:13.690	00:17:06.505
16	53	ABEL SOUTO CORES	CLUB TRIATLON CORUÑA	01:07:03.791	ABM	7	00:12:39.820	00:37:04.998	00:17:18.973
17	13	JACOBO DE PRADO RODRIGUEZ	CIDADE DE LUGO FLUVIAL	01:07:06.357	ABM	8	00:12:01.478	00:36:30.652	00:18:34.227
18	57	JUAN PABLO DIAZ OIZA	TRIATLON INFORHOUSE SANTIAGO	01:07:08.975	JNM	1	00:10:48.436	00:38:17.967	00:18:02.572
19	2	JUAN CARLOS AGEITOS SAMPEDRO	CLUB NATACION RIVEIRA	01:07:19.723	ABM	9	00:12:29.968	00:35:48.950	00:19:00.805
20	89	GONZALO FERNANDEZ OTERO	TRIATLON VILAGARCIA /ATENAS RUNNING	01:07:23.903	V1M	8	00:13:38.365	00:35:35.099	00:18:10.439
21	36	PABLO PEDROSA PAZ	TRIATLON FERROL	01:07:39.445	ABM	10	00:11:17.764	00:36:50.971	00:19:30.710
22	76	PABLO MIGUEL CARRO SUAREZ	TRIATLON ARTEIXO	01:07:41.684	V1M	9	00:11:30.500	00:38:10.092	00:18:01.092
23	30	JESUS MALVAREZ LOURO	CLUB CICLISTA MUROS	01:07:53.836	ABM	11	00:13:33.045	00:34:53.287	00:19:27.504



RESULTADOS OFICIAIS – ABSOLUTA

24	103	CARLOS JUANATEY GARCIA	ARTROGAL-TRI 498	01:08:02.854	V1M	10	00:13:51.825	00:36:47.317	00:17:23.712
25	58	CRISTIAN GONZALEZ MARTINEZ	TRIATLON ARTEIXO	01:08:11.223	JNM	2	00:10:44.804	00:37:56.491	00:19:29.928
26	121	JOSE ANGEL RODRIGUEZ POUSO	TRIATLON VILAGARCIA /ATENAS RUNNING	01:08:14.742	V1M	11	00:13:32.925	00:36:31.739	00:18:10.078
27	27	VICTOR LAIÑO SILVA	JEALSA TRIATLON BOIRO	01:08:23.786	ABM	12	00:13:38.795	00:36:19.280	00:18:25.711
28	79	CARLOS COIRA LOJO	TRIATLON VILAGARCIA /ATENAS RUNNING	01:08:25.243	V1M	12	00:12:45.128	00:36:55.713	00:18:44.402
29	93	PELAYO GARCIA-LOSA RODRIGUEZ	Independiente	01:08:33.023	V1M	13	00:13:52.975	00:36:55.675	00:17:44.373
30	4	BORJA ALVAREZ AMIGO	TRINORTH	01:08:55.517	ABM	13	00:12:07.774	00:38:17.308	00:18:30.435
31	50	JOSE ANTONIO SAN MIGUEL BALBOA	CIDADE DE LUGO FLUVIAL	01:08:59.969	ABM	14	00:12:18.669	00:37:19.845	00:19:21.455
32	61	ANGEL ENRIQUE TORRES SEQUERA	CLUB TRIATLON MAR DE VIGO	01:09:00.631	JVM	1	00:11:33.391	00:39:19.400	00:18:07.840
33	51	RUBEN SANCHEZ VAZQUEZ	TRIATLON ARTEIXO	01:09:00.682	ABM	15	00:14:59.504	00:36:01.212	00:17:59.966
34	100	PIO IGLESIAS CARRERA	CLUB TRIATLON COMPOSTELA	01:09:35.092	V1M	14	00:13:39.720	00:37:34.555	00:18:20.817
35	125	GONZALO SUAREZ SUAREZ	CLUB TRIATLON CORUÑA	01:10:01.652	V1M	15	00:13:09.037	00:36:51.773	00:20:00.842
36	122	CARLOS JESUS RODRIGUEZ REY	CLUB TRIATLON COMPOSTELA	01:10:05.322	V1M	16	00:13:02.266	00:36:36.526	00:20:26.530
37	98	RAMIRO GONZALEZ FRANCO	TRIATLON COSTA DA MORTE	01:10:06.735	V1M	17	00:14:00.685	00:36:26.123	00:19:39.927
38	3	FRANCISCO JAVIER ALLO ARAGUNDE	TRIATLON VILAGARCIA /ATENAS RUNNING	01:10:12.470	ABM	16	00:13:40.683	00:37:38.167	00:18:53.620
39	35	ARTURO PAZ GOMEZ	ATLETAS ACEA DE AMA	01:10:22.319	ABM	17	00:14:40.634	00:37:37.612	00:18:04.073
40	126	JAIME TIZON DAVILA	CLUB CERVECERIA O COTON NEGREIRA	01:10:27.537	V1M	18	00:13:23.401	00:38:05.401	00:18:58.735
41	10	MARCO CASTIÑEIRA PAIS	TRIATLON COSTA DA MORTE	01:10:28.673	ABM	18	00:13:02.379	00:37:59.939	00:19:26.355
42	40	LUIS ANTONIO RILO GONZALEZ-VALLES	TRIATLON FERROL	01:10:40.991	ABM	19	00:13:04.727	00:38:31.298	00:19:04.966
43	66	CESAR PAZOS CANEDA	TRIATLON ARTEIXO	01:10:57.462	SUB23M	3	00:10:20.684	00:39:55.605	00:20:41.173
44	69	ALBERTO ALVAREZ BENDAÑA	ARTROGAL-TRI 498	01:10:59.941	V1M	19	00:12:21.203	00:38:58.641	00:19:40.097
45	115	ROBERTO PICON ESPÍÑO	CLUB CERVECERIA O COTON NEGREIRA	01:11:06.809	V1M	20	00:12:37.891	00:38:19.147	00:20:09.771
46	78	FRANCISCO JAVIER CASTRELO CONDE	TRIATLON VILAGARCIA /ATENAS RUNNING	01:11:20.978	V1M	21	00:13:56.087	00:37:35.171	00:19:49.720
47	134	JOSE JAVIER GOMEZ IGLESIAS	TRI OURENSE	01:11:21.177	V2M	1	00:14:53.051	00:38:14.238	00:18:13.888
48	124	FERNANDO SIEIRA RIOS	ARTROGAL-TRI 498	01:11:42.917	V1M	22	00:12:38.463	00:39:26.378	00:19:38.076
49	60	MARTIN MUIÑO MOURULLO	TRIATLON INFORHOUSE SANTIAGO	01:11:48.867	JVM	2	00:10:52.015	00:39:33.342	00:21:23.510
50	45	BORJA RODRIGUEZ OTERO	CLUB TRIATLON RIANXO	01:11:51.119	ABM	20	00:14:28.811	00:37:27.166	00:19:55.142
51	14	CONSTANTINO ARTURO DOMINGUEZ SUAREZ	CLUB OLIMPICO DE VEDRA	01:11:59.452	ABM	21	00:13:54.258	00:39:47.438	00:18:17.756
52	97	ALEJANDRO GONZALEZ BUCETA	TRINORTH	01:12:14.066	V1M	23	00:13:02.387	00:36:47.871	00:22:23.808
53	119	FRANCISCO JAVIER REY PADIN	TRIATLON VILAGARCIA /ATENAS RUNNING	01:12:15.725	V1M	24	00:13:59.071	00:39:09.040	00:19:07.614
54	46	ADRIAN ROJO LUACES	TRIATLON INFORHOUSE SANTIAGO	01:12:24.637	ABM	22	00:16:13.069	00:37:05.968	00:19:05.600
55	26	DAVID IGLESIAS BARREIRA	TRIATLON INFORHOUSE SANTIAGO	01:12:25.640	ABM	23	00:13:15.764	00:39:02.342	00:20:07.534
56	116	JOSE RAMON PIÑEIRO LAMAS	CLUB TRIATLON RIANXO	01:12:26.586	V1M	25	00:14:46.611	00:38:08.583	00:19:31.392
57	15	PABLO DOMINGUEZ VILA	TRINORTH	01:12:26.586	ABM	24	00:13:29.445	00:40:06.738	00:18:50.403



RESULTADOS OFICIAIS – ABSOLUTA

58	109	FERNANDO MUIÑA FUENTES	CLUB TRIATLON CORUÑA	01:12:47.413	V1M	26	00:13:24.479	00:39:45.587	00:19:37.347
59	41	ANTONIO RODRIGUEZ FERNANDEZ	KURAI	01:12:54.108	ABM	25	00:13:49.284	00:39:04.008	00:20:00.816
60	18	MARCOS FERNANDEZ CASAL	ARTROGAL-TRI 498	01:12:57.939	ABM	26	00:14:42.606	00:38:05.654	00:20:09.679
61	20	BREOGAN JOSE GIGIREY CANCELA	CLUB TRIATLON COMPOSTELA	01:13:03.856	ABM	27	00:13:28.755	00:39:57.811	00:19:37.290
62	80	ANGEL CONDE VALLADARES	KURAI	01:13:06.228	V1M	27	00:17:11.775	00:37:58.528	00:17:55.925
63	44	DAVID RODRIGUEZ HIERRO	KURAI	01:13:06.775	ABM	28	00:14:29.051	00:39:06.442	00:19:31.282
64	55	IVAN VAZQUEZ GARCIA	TRIATLON VILAGARCIA /ATENAS RUNNING	01:13:14.070	ABM	29	00:14:59.284	00:38:58.741	00:19:16.045
65	37	DAVID PEREZ CASTRO	LICENZA CICLISMO	01:13:26.551	ABM	30	00:16:22.949	00:37:32.831	00:19:30.771
66	39	MANUEL ADRIAN PEREZ TABOADA	CLUB TRIATLON COMPOSTELA	01:13:29.076	ABM	31	00:12:49.417	00:39:13.318	00:21:26.341
67	131	SANTIAGO BESADA BRUNET	TRINORTH	01:13:33.694	V2M	2	00:14:33.341	00:39:38.831	00:19:21.522
68	104	MARCOS LAGO CASTRO	CLUB HERCULES TERMARIA	01:13:34.909	V1M	28	00:14:57.267	00:38:03.140	00:20:34.502
69	95	JAVIER GOMEZ ALVAREZ	TRINORTH	01:13:42.109	V1M	29	00:10:43.049	00:39:47.924	00:23:11.136
70	123	OSCAR RODRIGUEZ RODRIGUEZ	CIDADE DE LUGO FLUVIAL	01:13:43.668	V1M	30	00:14:57.341	00:38:07.631	00:20:38.696
71	83	IAGO DEL POZO SANCHEZ	CLUB HERCULES TERMARIA	01:13:51.108	V1M	31	00:14:07.662	00:40:15.180	00:19:28.266
72	99	CARLOS GONZALEZ SOBRADELO	CLUB TRIATLON RIANXO	01:13:52.366	V1M	32	00:15:03.822	00:38:15.545	00:20:32.999
73	62	SIMON VIGO FERNANDEZ	TRIATLON INFORHOUSE SANTIAGO	01:13:57.996	JVM	3	00:12:03.624	00:40:05.980	00:21:48.392
74	74	ALVARO CANTARIÑO TAJES	CLUB CICLISTA MUROS	01:14:01.356	V1M	33	00:16:18.327	00:39:12.076	00:18:30.953
75	8	JUAN JOSE BELLO GARCIA	CLUB CERVECERIA O COTON NEGREIRA	01:14:04.614	ABM	32	00:15:27.346	00:38:05.290	00:20:31.978
76	54	ANTONIO VAZQUEZ BALADO	TRI OURENSE	01:14:10.794	ABM	33	00:14:56.581	00:41:05.152	00:18:09.061
77	94	ISMAEL GIL FERNANDEZ	CLUB TRIATLON RIANXO	01:14:12.513	V1M	34	00:12:49.255	00:40:13.634	00:21:09.624
78	81	RAFAEL COSTA VAZQUEZ	MONTE PENARUBIA RUNNING LUGO	01:14:18.610	V1M	35	00:14:26.482	00:38:51.491	00:21:00.637
79	84	ALBERTO DOMINGUEZ LEMOS	TRINORTH	01:14:22.426	V1M	36	00:14:18.560	00:38:25.119	00:21:38.747
80	33	GERMAN MOSQUERA FILGUEIRA	ARTROGAL-TRI 498	01:14:26.074	ABM	34	00:13:55.880	00:38:58.205	00:21:31.989
81	47	OSCAR ROMERO CHOUZA	CLUB CICLISTA MUROS	01:14:26.176	ABM	35	00:14:42.021	00:39:36.091	00:20:08.064
82	59	GONZALO CAO BLANCO	TRIATLON INFORHOUSE SANTIAGO	01:14:35.211	JVM	4	00:11:01.618	00:39:12.406	00:24:21.187
83	71	FRANCISCO JAVIER BARREIRO CORDEIRO	NOSPORTLIMIT	01:14:38.953	V1M	37	00:14:52.926	00:40:11.754	00:19:34.273
84	28	VICTOR LEMA NANTON	TRIATLON COSTA DA MORTE	01:14:40.125	ABM	36	00:14:33.339	00:39:42.708	00:20:24.078
85	107	ANXO MEIZOSO PERMUI	TRIATLON ARTEIXO	01:14:47.656	V1M	38	00:15:39.861	00:40:37.262	00:18:30.533
86	17	LEANDRO EIRAS LUEIRO	CLUB CERVECERIA O COTON NEGREIRA	01:14:54.115	ABM	37	00:15:19.888	00:38:54.257	00:20:39.970
87	86	JUAN FERNANDEZ BALADO	ARTROGAL-TRI 498	01:15:30.124	V1M	39	00:16:04.765	00:37:50.070	00:21:35.289
88	11	MARCOS CASTRO ALONSO	Independiente	01:15:35.806	ABM	38	00:15:33.576	00:40:28.904	00:19:33.326
89	56	GABRIEL VIAN PEREZ	A.D. TRI-PENTA TERRAS DE LUGO	01:15:36.074	ABM	39	00:16:04.588	00:38:20.942	00:21:10.544
90	129	TOMAS ARTURO ABELEDO PATIÑO	ATLETAS ACEA DE AMA	01:15:36.710	V2M	3	00:15:20.880	00:39:01.580	00:21:14.250
91	127	BARTOLOME VARELA RODRIGUEZ	CIDADE DE LUGO FLUVIAL	01:15:41.292	V1M	40	00:14:53.621	00:39:49.486	00:20:58.185



RESULTADOS OFICIAIS – ABSOLUTA

92	52	IVAN SOLIS POSE	CLUB CERVECERIA O COTON NEGREIRA	01:15:43.626	ABM	40	00:17:59.020	00:39:40.260	00:18:04.346
93	42	ALEJANDRO RODRIGUEZ FRAGUELA	CLUB NATACION LICEO	01:15:45.097	ABM	41	00:13:57.603	00:40:35.068	00:21:12.426
94	137	ANTONIO VIDAL ARES	TRIATLON INFORHOUSE SANTIAGO	01:15:45.446	V2M	4	00:13:50.009	00:40:39.312	00:21:16.125
95	23	OSCAR GONZALEZ ESTEVEZ	TRIATLON ARTEIXO	01:15:47.237	ABM	42	00:14:54.843	00:40:19.364	00:20:33.030
96	43	ANTONIO JOAQUIN RODRIGUEZ GONZALEZ	TRIATLON FERROL	01:15:48.602	ABM	43	00:12:01.287	00:42:11.638	00:21:35.677
97	117	JOSE ANTONIO QUINTANS VAZQUEZ	CLUB TRIATLON COMPOSTELA	01:15:55.191	V1M	41	00:13:04.851	00:40:47.181	00:22:03.159
98	70	PEDRO BARANGA ARES	ATLETAS ACEA DE AMA	01:15:59.794	V1M	42	00:13:08.068	00:40:13.125	00:22:38.601
99	12	MARCOS CORZON VIEITES	CLUB CERVECERIA O COTON NEGREIRA	01:16:20.280	ABM	44	00:14:43.197	00:40:05.521	00:21:31.562
100	110	DAVID MUÑIZ DIOS	ARTROGAL-TRI 498	01:16:24.384	V1M	43	00:14:37.566	00:38:49.774	00:22:57.044
101	112	SEGUNDO NAVIA GIRALDEZ	TRIATLON VILAGARCIA /ATENAS RUNNING	01:16:32.755	V1M	44	00:15:58.483	00:38:48.150	00:21:46.122
102	140	SILVIA GARCIA LORENZO	ARTROGAL-TRI 498	01:16:38.078	ABF	1	00:16:16.538	00:40:12.017	00:20:09.523
103	49	DANIEL RUIZ GARCIA	Independiente	01:17:29.900	ABM	45	00:14:35.293	00:41:16.200	00:21:38.407
104	132	JOSE MARIA FERNANDEZ REY	TRIATLON VILAGARCIA /ATENAS RUNNING	01:17:30.824	V2M	5	00:14:07.351	00:42:06.584	00:21:16.889
105	25	PABLO HERMO VILLAR	ARTROGAL-TRI 498	01:17:43.691	ABM	46	00:18:31.751	00:39:12.526	00:19:59.414
106	29	MARCOS LOPEZ PENSADO	Independiente	01:17:49.405	ABM	47	00:16:06.590	00:40:05.268	00:21:37.547
107	128	FERNANDO ANTONIO VILLA VIEIRO	ARTROGAL-TRI 498	01:17:57.220	V1M	45	00:16:49.653	00:41:24.381	00:19:43.186
108	87	ANTONIO FERNANDEZ DURAN	TRIATLON COSTA DA MORTE	01:18:21.129	V1M	46	00:14:16.647	00:41:10.005	00:22:54.477
109	133	ANGEL MANUEL FERNANDEZ VIDAL	CLUB CERVECERIA O COTON NEGREIRA	01:18:33.868	V2M	6	00:16:34.619	00:40:32.437	00:21:26.812
110	113	MARCOS OTERO LEDO	CIDADE DE LUGO FLUVIAL	01:18:45.337	V1M	47	00:15:14.326	00:40:17.329	00:23:13.682
111	67	MANUEL QUEIRO BLANCO	TRIATLON INFORHOUSE SANTIAGO	01:19:16.232	SUB23M	4	00:15:21.328	00:42:58.664	00:20:56.240
112	130	JUAN ANTONIO ARGIBAY PEREZ	CLUB NATACION RIVEIRA	01:19:16.891	V2M	7	00:15:25.000	00:42:48.219	00:21:03.672
113	148	ALBA MUÑIZ LESTA	TRIATLON INFORHOUSE SANTIAGO	01:19:18.978	JNF	1	00:11:51.839	00:43:33.888	00:23:53.251
114	106	MANUEL ANTONIO LOPEZ SUAREZ	TRIATLON INFORHOUSE SANTIAGO	01:19:28.229	V1M	48	00:16:45.922	00:41:05.455	00:21:36.852
115	147	ANTIA GONZALEZ VILAS	TRIATLON INFORHOUSE SANTIAGO	01:19:54.598	JNF	2	00:11:39.620	00:42:59.982	00:25:14.996
116	63	ADRIAN BAO LOPEZ	ATLETAS ACEA DE AMA	01:20:14.940	SUB23M	5	00:16:28.228	00:42:30.603	00:21:16.109
117	38	ANDRES ANXO PEREZ SANCHEZ	KURAI	01:20:21.359	ABM	48	00:16:22.492	00:41:36.236	00:22:22.631
118	82	SERGIO COUTO WORNER	CLUB HERCULES TERMARIA	01:20:37.316	V1M	49	00:15:32.612	00:43:07.055	00:21:57.649
119	7	MANUEL MARIA BARREIROS FORMOSO	CLUB CICLISTA MUROS	01:20:39.294	ABM	49	00:16:21.848	00:40:40.520	00:23:36.926
120	31	NICOLAS MARIN MOLLINEDO	TRIATLON VILAGARCIA /ATENAS RUNNING	01:20:44.455	ABM	50	00:20:43.797	00:40:52.024	00:19:08.634
121	139	MARIA DOLORES BREA SANTIAGO	ARTROGAL-TRI 498	01:21:14.312	ABF	2	00:15:00.698	00:42:08.809	00:24:04.805
122	141	ANA GARCIA PEÑA	TRIATLON INFORHOUSE SANTIAGO	01:21:29.323	ABF	3	00:17:55.703	00:43:27.145	00:20:06.475
123	142	CARLOTA PAZOS SUENA	TRIATLON COSTA DA MORTE	01:21:50.143	ABF	4	00:15:48.778	00:41:25.203	00:24:36.162
124	90	DAVID FRANCISCO FIGUEIRA HERMO	CLUB TRIATLON RIANXO	01:22:03.607	V1M	50	00:16:22.498	00:42:37.825	00:23:03.284



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125	146	ANDREA EXPIDO SOPELANA	CLUB TRIATLON CORUÑA	01:22:21.131	JNF	3	00:14:22.537	00:43:48.860	00:24:09.734
126	91	JOSE FREIRE CASTRO	CLUB TRIATLON CORUÑA	01:22:35.175	V1M	51	00:16:06.404	00:41:26.023	00:25:02.748
127	19	TAREK GHANNAM VARELA	CLUB HERCULES TERMARIA	01:23:03.782	ABM	51	00:16:49.241	00:43:11.047	00:23:03.494
128	101	FELIPE IGLESIAS DE LA TORRE	CLUB HERCULES TERMARIA	01:23:56.155	V1M	52	00:15:14.696	00:45:01.485	00:23:39.974
129	73	LUIS MANUEL CAMPOS MARTIN	ATLETAS ACEA DE AMA	01:24:50.350	V1M	53	00:18:55.563	00:43:23.186	00:22:31.601
130	151	MARIA MAREQUE MARTINEZ	CLUB HERCULES TERMARIA	01:25:04.166	V1F	1	00:14:53.905	00:47:51.956	00:22:18.305
131	65	ANTON DIAZ CAMPOS	CLUB TRIATLON MAR DE VIGO	01:25:12.168	SUB23M	6	00:15:58.694	00:42:50.745	00:26:22.729
132	154	PURIFICACION LOPEZ MAHIA	CLUB HERCULES TERMARIA	01:25:33.578	V2F	1	00:16:45.796	00:45:05.359	00:23:42.423
133	138	JOSE ANGEL VIDAL RODRIGUEZ	CLUB CERVECERIA O COTON NEGREIRA	01:25:53.272	V2M	8	00:15:58.624	00:48:25.737	00:21:28.911
134	153	ALEJANDRA VARELA FONTELA	ARTROGAL-TRI 498	01:26:12.529	V1F	2	00:16:13.198	00:46:00.319	00:23:59.012
135	9	FERNANDO CARIDE SUAREZ	Independiente	01:27:21.385	ABM	52	00:17:17.735	00:44:54.410	00:25:09.240
136	150	ELENA FERNANDEZ GONZALEZ	CLUB HERCULES TERMARIA	01:27:26.044	SUB23F	1	00:13:45.868	00:47:35.048	00:26:05.128
137	5	JOSE ALEJANDRO ALVAREZ RODRIGUEZ	CLUB HERCULES TERMARIA	01:30:36.052	ABM	53	00:17:45.221	00:47:08.405	00:25:42.426
138	111	MARCO NAVARRO MATEO	A.D. FOGAR	01:32:26.085	V1M	54	00:18:45.905	00:47:25.482	00:26:14.698
139	152	SORAYA VARELA BAO	CLUB HERCULES TERMARIA	01:33:51.148	V1F	3	00:15:50.685	00:48:53.167	00:29:07.296
140	143	MARIA DEL CARMEN PEREZ MONTOYA	CLUB CICLISTA MUROS	01:35:31.983	ABF	5	00:15:06.415	00:51:36.815	00:28:48.753
141	155	CRISTINA MARIA VARA VAZQUEZ	CLUB HERCULES TERMARIA	01:37:55.525	V2F	2	00:18:13.473	00:49:09.148	00:30:32.904
142	88	JUAN FERNANDEZ GONZALEZ	CLUB HERCULES TERMARIA	01:40:50.452	V1M	55	00:20:21.913	00:50:06.194	00:30:22.345
143	145	ISABEL SIÑERIZ ALVAREZ	TRIDREAMS	01:47:45.100	ABF	6	00:20:37.310	00:54:30.274	00:32:37.516
DSQ	105	JOSE RAMON LARIÑO LAGO	CLUB CICLISTA MUROS		V1M	-1			
DNF	114	PEDRO PEREZ GAGO	TRIATLON VILAGARCIA /ATENAS RUNNING		V1M	-1			
DNF	149	SABELA GONZALEZ VILAS	TRIATLON INFORHOUSE SANTIAGO		JVF	-1	00:11:53.111	01:09:59.631	
DNF	77	ENRIQUE CASTAÑO ROMERO	ARTROGAL-TRI 498		V1M	-1			
DNS	118	FRANCISCO JAVIER RAMOS BOTANA	Independiente		V1M	-1			
DNS	135	ROBERTO NICOLAS PEREZ OSUNA	NOSPORTLIMIT		V2M	-1			
DNS	136	FEDERICO PORTO ARIAS	CLUB TRIATLON CORUÑA		V2M	-1			
DNS	144	AMIRA SIMON MARTINEZ	CLUB TRIATLON CORUÑA		ABF	-1			
DNS	6	EDGAR BALBOA BESADA	TRIATLON VILAGARCIA /ATENAS RUNNING		ABM	-1			
DNS	24	SERGIO HERMELO GOMEZ	TRIATLON RIAS BAIXAS		ABM	-1			
DNS	48	SANTIAGO ROMERO ONS	CLUB ATLETISMO PORRIÑO		ABM	-1			
DNS	75	XURXO CARBALLO MONTEAGUDO	CLUB CICLISTA MUROS		V1M	-1			
DNS	102	FELIPE IGLESIAS MIRA	TRI OURENSE		V1M	-1			



RESULTADOS OFICIAIS – ABSOLUTA
