

NORTHWEST TRIMAN 2021



ABSOLUTA MEDIA DISTANCIA FEMININA

Localidade As Pontes

Data 27 de junio de 2021

Distancia

MD

Oficiais

Delegado Técnico: Alberto Morlán

Xuíz Arbitro: Mónica Flores

Responsable Oficiais: Mónica Flores

Xurado Alberto Morlán (DT)

da Bárbara Carbajales (FEGATRI)

Competición Patricio Farias (CLUB)

Datos da competición

Temperatura exterior: 10 °C

Temperatura da auga: 18,3 °C

Neopreno: Permitido

Natación: 1,9 km

1 volta

Ciclismo: 91,4 km

2 voltas

Carrera: 21,19 km

2 voltas

Inscritos : 45

Remataron : 37

Retirados : 1

Non Presentados : 6

Descalificados : 1

POS.	Nº	NOME	CLUB	P. Natación:	T1	P. Ciclismo:	Km/h.	T2	P. Carrera:	META	Dif.			
1	579	BEATRIZ LALAGUNA PALACIO	SESTAO TRIATLOI TALDEA	7	0:36:22	04:14	1	2:43:57	33.45	02:23	1	1:34:42	5:01:37	
2	572	LAURA RIESCO GARCÍA	CLUB DEPORTIVO ELEMENTA	13	0:38:30	03:13	3	2:49:08	32.43	02:12	3	1:42:19	5:15:21	0:13:44
3	573	ROCÍO MUÑOZ FUERTES	MONTILLA-CORDOBA TRIATLO	5	0:34:14	03:10	2	2:49:03	32.44	02:08	6	1:47:19	5:15:51	0:14:15
4	571	CAROLINA DOMÍNGUEZ MUÑOZ	C.D.E. TRIBOOST	24	0:45:15	05:22	5	2:57:50	30.84	03:35	2	1:36:55	5:28:55	0:27:19
5	574	PAULA BLANCO LATORRE	NOSPORTLIMIT	8	0:36:45	03:21	4	2:52:15	31.84	03:09	19	2:05:24	5:40:53	0:39:17
6	708	BELEN GARCIA CORONADO	SEGURO 1 DIA	17	0:39:57	05:34	7	3:07:01	29.33	03:18	5	1:45:43	5:41:31	0:39:55
7	586	IRANTZU URIARTE GALLASTEGI	MUNGIAKO TRITOIARI TRIATLO	16	0:39:14	05:26	6	3:01:54	30.15	03:18	9	1:51:57	5:41:47	0:40:10
8	568	SUSANNE EWERING	TRITLÓN TETUÁN	34	0:49:06	05:35	8	3:07:05	29.31	02:52	4	1:45:13	5:49:48	0:48:12
9	587	SYLVIA GONZALEZ TEJEDOR	CLUB TRIATLON 401	11	0:37:37	04:39	13	3:18:25	27.64	03:03	7	1:47:39	5:51:20	0:49:43
10	577	PATRICIA MATA GOMEZ	INDEPENDIENTE	6	0:36:04	06:39	10	3:15:56	27.99	04:25	12	1:55:11	5:58:13	0:56:37
11	566	MYRIAM ROMERO CANOVAS	TRIALHAMA	2	0:32:34	03:05	15	3:21:55	27.16	02:41	15	2:02:21	6:02:34	1:00:58
12	591	BEGOÑA DE LA RICA	BALEAMAR TRIALACANT	14	0:38:58	04:35	16	3:22:01	27.15	03:38	11	1:55:02	6:04:13	1:02:37
13	575	MARIA ROSA PEREZ LOPEZ	C.D.E. OZONO	29	0:46:28	05:55	12	3:18:02	27.69	02:44	10	1:54:15	6:07:23	1:05:46
14	589	MARÍA VALDIVIA DOMINGO	C.T. SULAYR	12	0:38:00	04:57	17	3:22:59	27.02	03:34	14	1:58:31	6:08:00	1:06:24
15	582	TEREZA CTVRTNICKOVA	INDEPENDIENTE	25	0:45:39	05:43	19	3:25:14	26.72	02:50	8	1:50:17	6:09:42	1:08:05
16	702	CRISTINA GARCÍA BEIRO	SEGURO 1 DIA	33	0:48:52	05:48	9	3:15:34	28.04	03:24	13	1:56:29	6:10:05	1:08:29
17	567	ALEXIA LOUREIRO GARRIDO	NOSPORTLIMIT	9	0:37:04	03:44	18	3:24:37	26.8	02:51	22	2:09:11	6:17:25	1:15:49
18	584	MARA VIDAL BELLO	INDEPENDIENTE	31	0:47:08	07:04	11	3:16:12	27.95	04:54	20	2:08:00	6:23:17	1:21:40
19	588	SONSOLES CABALLERO CAMPOS	TRI.NET NUNCA ES TARDE	10	0:37:23	06:26	20	3:25:14	26.72	03:43	25	2:10:43	6:23:27	1:21:50
20	598	CRISTINA PILAR FERNANDEZ CID	NOSPORTLIMIT	19	0:41:31	05:44	22	3:27:41	26.41	04:03	21	2:08:20	6:27:18	1:25:41
21	590	ANA MARIA SANCHEZ SANCHEZ	C.T. SULAYR	15	0:39:00	05:42	21	3:26:18	26.58	04:40	26	2:12:47	6:28:24	1:26:48
22	580	ANA RAMOS ONS	CLUB CERVECERIA O COTON	37	0:50:52	04:13	14	3:21:03	27.28	03:38	24	2:10:35	6:30:19	1:28:42
23	583	NOELIA MARTIN MARTIN	EL CID TRIATLON CLUB	36	0:50:04	07:52	23	3:28:38	26.29	03:48	17	2:03:37	6:33:57	1:32:21
24	597	HELEN JANE SANDERSON	TRISADA	4	0:33:38	08:10	32	3:48:35	23.99	04:09	16	2:03:11	6:37:41	1:36:05
25	595	MARIA ISABEL MATA GOMEZ	C.T. SULAYR	18	0:41:19	06:14	28	3:42:17	24.67	04:30	18	2:04:32	6:38:50	1:37:13
26	570	JULIA MORANTE GÓMEZ	TRI.NET NUNCA ES TARDE	21	0:43:51	05:14	25	3:30:06	26.1	03:11	30	2:18:51	6:41:12	1:39:36
27	703	MARGARITA VARELA MATO	SEGURO 1 DIA	32	0:48:24	05:49	29	3:42:53	24.61	03:40	23	2:10:23	6:51:07	1:49:31
28	705	CHAIMAA DENIALI AIT JANNAT	SEGURO 1 DIA	30	0:46:48	06:22	26	3:36:08	25.37	05:07	29	2:18:13	6:52:37	1:51:00
29	596	OBDULIA GARCIA PICALLO	INDEPENDIENTE	28	0:46:08	08:34	27	3:40:11	24.91	04:29	27	2:15:11	6:54:31	1:52:55
30	576	MONTERRAT BARROS ALFAYA	CLUB TRIATLON MAR DE VIGO	20	0:42:16	06:31	31	3:48:27	24.01	04:41	31	2:23:05	7:04:59	2:03:22
31	602	ANGELES LINARES GARRIDO	C.T. SULAYR	23	0:45:06	08:31	33	3:50:01	23.84	04:14	28	2:17:57	7:05:47	2:04:10
32	599	ALICIA GARCIA PEREZ	CLUB TRIATLONCIEM	3	0:33:23	06:21	35	3:52:59	23.54	04:51	35	2:43:43	7:21:15	2:19:38
33	594	LAURA GARCÍA PEREZ	C.D.E. PEGASO H30 TRIATLÓ	1	0:31:24	05:15	36	4:05:44	22.32	04:20	32	2:35:06	7:21:46	2:20:10
34	592	MARI LUZ GARCÍA SÁNCHEZ	TRI.NET NUNCA ES TARDE	26	0:45:44	07:38	34	3:51:37	23.68	04:32	33	2:36:06	7:25:36	2:23:59
35	581	SONIA VICEDO SANTOS	TRI.NET NUNCA ES TARDE	27	0:46:08	07:43	30	3:44:14	24.46	06:25	34	2:41:38	7:26:06	2:24:30
36	585	MARIA JESUS PEREZ CAMPO	EL CID TRIATLON CLUB	35	0:49:54	08:21	37	4:16:47	21.36	05:49	37	2:52:24	8:13:13	3:11:36
37	600	MARIA ELENA CASTRO SABIO	NOSPORTLIMIT	38	0:53:06	07:02	38	4:32:23	20.13	05:53	36	2:44:28	8:22:50	3:21:13
DSQ	601	LYUDMYLA CHUB SAVCHENKO	CLUB DEPORTIVO PINARIUM	AYUDA EXTERNA									7:58:47	2:57:11
DNF	706	BEATRIZ GARCÍA RODRÍGUEZ	SEGURO 1 DIA	22	0:44:34	04:52	24	3:28:45	26.27	04:20				
DNS	569	SOLEDAD JIMENEZ DE CISNEROS G	CLUB DE MAR DE ALMERIA											
DNS	578	MARIA TERESA CONSTENLA GARAB	NOSPORTLIMIT											
DNS	593	MIREN ARGIÑE GARCÍA DE ANDOIN	MUNAY KIROL KLUBA											
DNS	704	IRENE MARTÍN LORES	SEGURO 1 DIA											

POS.	Nº	NOME	CLUB	P. Natación:	T1	P. Ciclismo:	Km/h.	T2	P. Carrera:	META	Dif.
DNS	707	GRACIA MARTINEZ MORELL	SEGURO 1 DIA								
DNS	709	YOLANDA LOZANO BLASCO	SEGURO 1 DIA								

NORTHWEST TRIMAN 2021



CATEGORIAS MEDIA DISTANCIA FEMININA

Localidade As Pontes

Data 27 de junio de 2021

Distancia

MD

Oficiais

Delegado Técnico: Alberto Morlán

Xuíz Arbitro: Mónica Flores

Responsable Oficiais: Mónica Flores

Xurado Alberto Morlán (DT)

da Bárbara Carbajales (FEGATRI)

Competición Patricio Farias (CLUB)

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1 vuelta

Ciclismo: 91,4 km

2 vueltas

Carrera: 21,19 km

2 vueltas

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Remataron : 37

Retirados : 1

Non Presentados : 6

Descalificados : 1

VETERANAS 1 FEMININA

POS.	Nº	NOME	CLUB	P.	Natación	T1	P.	Ciclismo	Km/h.	T2	P.	Carrera:	META	Dif.
1	579	BEATRIZ LALAGUNA PALACI	SESTAO TRIATLOI TALDEA	7	0:36:22	04:14	1	2:43:57	33.45	02:23	1	1:34:42	5:01:37	
2	708	BELEN GARCIA CORONADO	SEGURO 1 DIA	17	0:39:57	05:34	7	3:07:01	29.33	03:18	5	1:45:43	5:41:31	0:39:55
3	586	IRANTZU URIARTE GALLAST	MUNGIAKO TRITOIAK TRIATLOI KLU	16	0:39:14	05:26	6	3:01:54	30.15	03:18	9	1:51:57	5:41:47	0:40:10
4	587	SYLVIA GONZALEZ TEJEDOR	CLUB TRIATLON 401	11	0:37:37	04:39	13	3:18:25	27.64	03:03	7	1:47:39	5:51:20	0:49:43
5	577	PATRICIA MATA GOMEZ	INDEPENDIENTE	6	0:36:04	06:39	10	3:15:56	27.99	04:25	12	1:55:11	5:58:13	0:56:37
6	591	BEGOÑA DE LA RICA	BALEAMAR TRIALACANT	14	0:38:58	04:35	16	3:22:01	27.15	03:38	11	1:55:02	6:04:13	1:02:37
7	575	MARIA ROSA PEREZ LOPEZ	C.D.E. OZONO	29	0:46:28	05:55	12	3:18:02	27.69	02:44	10	1:54:15	6:07:23	1:05:46
8	589	MARÍA VALDIVIA DOMINGO	C.T. SULAYR	12	0:38:00	04:57	17	3:22:59	27.02	03:34	14	1:58:31	6:08:00	1:06:24
9	582	TEREZA CTVRTNICKOVA	INDEPENDIENTE	25	0:45:39	05:43	19	3:25:14	26.72	02:50	8	1:50:17	6:09:42	1:08:05
10	584	MARA VIDAL BELLO	INDEPENDIENTE	31	0:47:08	07:04	11	3:16:12	27.95	04:54	20	2:08:00	6:23:17	1:21:40
11	588	SONSOLES CABALLERO CA	TRI.NET NUNCA ES TARDE	10	0:37:23	06:26	20	3:25:14	26.72	03:43	25	2:10:43	6:23:27	1:21:50
12	590	ANA MARIA SANCHEZ SANC	C.T. SULAYR	15	0:39:00	05:42	21	3:26:18	26.58	04:40	26	2:12:47	6:28:24	1:26:48
13	580	ANA RAMOS ONS	CLUB CERVECERIA O COTON NEGR	37	0:50:52	04:13	14	3:21:03	27.28	03:38	24	2:10:35	6:30:19	1:28:42
14	583	NOELIA MARTIN MARTIN	EL CID TRIATLON CLUB	36	0:50:04	07:52	23	3:28:38	26.29	03:48	17	2:03:37	6:33:57	1:32:21
15	576	MONTSERRAT BARROS ALF	CLUB TRIATLON MAR DE VIGO	20	0:42:16	06:31	31	3:48:27	24.01	04:41	31	2:23:05	7:04:59	2:03:22
16	592	MARI LUZ GARCÍA SÁNCHEZ	TRI.NET NUNCA ES TARDE	26	0:45:44	07:38	34	3:51:37	23.68	04:32	33	2:36:06	7:25:36	2:23:59
17	581	SONIA VICEDO SÁNCHEZ	TRI.NET NUNCA ES TARDE	27	0:46:08	07:43	30	3:44:14	24.46	06:25	34	2:41:38	7:26:06	2:24:30
18	585	MARIA JESUS PEREZ CAMPO	EL CID TRIATLON CLUB	35	0:49:54	08:21	37	4:16:47	21.36	05:49	37	2:52:24	8:13:13	3:11:36
DNF	706	BEATRIZ GARCÍA RODRÍGUE	SEGURO 1 DIA	22	0:44:34	04:52	24	3:28:45	26.27	04:20				
DNS	578	MARIA TERESA CONSTENLA	NOSPORTLIMIT											
DNS	593	MIREN ARGÍÑE GARCÍA DE A	MUNAY KIROL KLUBA											
DNS	707	GRACIA MARTINEZ MORELL	SEGURO 1 DIA											
DNS	709	YOLANDA LOZANO BLASCO	SEGURO 1 DIA											

VETERANAS 2 FEMININA

POS.	Nº	NOME	CLUB	P.	Natación	T1	P.	Ciclismo	Km/h.	T2	P.	Carrera:	META	Dif.
1	598	CRISTINA PILAR FERNANDEZ	NOSPORTLIMIT	19	0:41:31	05:44	22	3:27:41	26.41	04:03	21	2:08:20	6:27:18	1:25:41
2	597	HELEN JANE SANDERSON	TRISADA	4	0:33:38	08:10	32	3:48:35	23.99	04:09	16	2:03:11	6:37:41	1:36:05
3	595	MARIA ISABEL MATA GOMEZ	C.T. SULAYR	18	0:41:19	06:14	28	3:42:17	24.67	04:30	18	2:04:32	6:38:50	1:37:13
4	596	OBDULIA GARCIA PICALLO	INDEPENDIENTE	28	0:46:08	08:34	27	3:40:11	24.91	04:29	27	2:15:11	6:54:31	1:52:55
5	602	ANGELES LINARES GARRIDO	C.T. SULAYR	23	0:45:06	08:31	33	3:50:01	23.84	04:14	28	2:17:57	7:05:47	2:04:10
6	599	ALICIA GARCIA PEREZ	CLUB TRIATLONCIEM	3	0:33:23	06:21	35	3:52:59	23.54	04:51	35	2:43:43	7:21:15	2:19:38
7	594	LAURA GARCÍA PEREZ	C.D.E. PEGASO H3O TRIATLÓN	1	0:31:24	05:15	36	4:05:44	22.32	04:20	32	2:35:06	7:21:46	2:20:10
8	600	MARIA ELENA CASTRO SABI	NOSPORTLIMIT	38	0:53:06	07:02	38	4:32:23	20.13	05:53	36	2:44:28	8:22:50	3:21:13
DSQ	601	LYUDMYLA CHUB SAVCHEN	CLUB DEPORTIVO PINARIUM										7:58:47	2:57:11

NORTHWEST TRIMAN 2021



GRUPOS DE IDADE MEDIA DISTANCIA FEMININA

Localidade As Pontes

Data 27 de junio de 2021

Distancia

MD

Oficiais

Delegado Técnico: Alberto Morlán

Xuíz Arbitro: Mónica Flores

Responsable Oficiais: Mónica Flores

Xurado Alberto Morlán (DT)

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Ciclismo: 91,4 km

2 vueltas

Carrera: 21,19 km

2 vueltas

Inscritos : 45

Remataron : 37

Retirados : 1

Non Presentados : 6

Descalificados : 1

DE 25 A 29 AÑOS FEMENINA

POS.	Nº	NOME	CLUB	P.	Natación	T1	P.	Ciclismo	Km/h.	T2	P.	Carrera:	META	Dif.
1	566	MYRIAM ROMERO CANOVAS	TRIALHAMA	2	0:32:34	03:05	15	3:21:55	27.16	02:41	15	2:02:21	6:02:34	1:00:58

DE 30 A 34 AÑOS FEMENINA

POS.	Nº	NOME	CLUB	P.	Natación	T1	P.	Ciclismo	Km/h.	T2	P.	Carrera:	META	Dif.
1	568	SUSANNE EWERING	TRIATLÓN TETUÁN	34	0:49:06	05:35	8	3:07:05	29.31	02:52	4	1:45:13	5:49:48	0:48:12
2	702	CRISTINA GARCÍA BEIRO	SEGURO 1 DIA	33	0:48:52	05:48	9	3:15:34	28.04	03:24	13	1:56:29	6:10:05	1:08:29
3	567	ALEXIA LOUREIRO GARRIDO	NOSPORTLIMIT	9	0:37:04	03:44	18	3:24:37	26.8	02:51	22	2:09:11	6:17:25	1:15:49
4	703	MARGARITA VARELA MATO	SEGURO 1 DIA	32	0:48:24	05:49	29	3:42:53	24.61	03:40	23	2:10:23	6:51:07	1:49:31
DNS	569	SOLEDAD JIMENEZ DE CISN	CLUB DE MAR DE ALMERIA											

DE 35 A 39 AÑOS FEMENINA

POS.	Nº	NOME	CLUB	P.	Natación	T1	P.	Ciclismo	Km/h.	T2	P.	Carrera:	META	Dif.
1	572	LAURA RIESCO GARCÍA	CLUB DEPORTIVO ELEMENTAL TRI	13	0:38:30	03:13	3	2:49:08	32.43	02:12	3	1:42:19	5:15:21	0:13:44
2	573	ROCÍO MUÑOZ FUERTES	MONTILLA-CORDOBA TRIATLON	5	0:34:14	03:10	2	2:49:03	32.44	02:08	6	1:47:19	5:15:51	0:14:15
3	571	CAROLINA DOMÍNGUEZ MUÑ	C.D.E. TRIBOOST	24	0:45:15	05:22	5	2:57:50	30.84	03:35	2	1:36:55	5:28:55	0:27:19
4	574	PAULA BLANCO LATORRE	NOSPORTLIMIT	8	0:36:45	03:21	4	2:52:15	31.84	03:09	19	2:05:24	5:40:53	0:39:17
5	570	JULIA MORANTE GÓMEZ	TRI.NET NUNCA ES TARDE	21	0:43:51	05:14	25	3:30:06	26.1	03:11	30	2:18:51	6:41:12	1:39:36
6	705	CHAIMAA DENIALI AIT JANN	SEGURO 1 DIA	30	0:46:48	06:22	26	3:36:08	25.37	05:07	29	2:18:13	6:52:37	1:51:00
DNS	704	IRENE MARTÍN LORES	SEGURO 1 DIA											

DE 40 A 44 AÑOS FEMENINA

POS.	Nº	NOME	CLUB	P.	Natación	T1	P.	Ciclismo	Km/h.	T2	P.	Carrera:	META	Dif.
1	579	BEATRIZ LALAGUNA PALACI	SESTAO TRIATLOI TALDEA	7	0:36:22	04:14	1	2:43:57	33.45	02:23	1	1:34:42	5:01:37	
2	577	PATRICIA MATA GOMEZ	INDEPENDIENTE	6	0:36:04	06:39	10	3:15:56	27.99	04:25	12	1:55:11	5:58:13	0:56:37
3	575	MARIA ROSA PEREZ LOPEZ	C.D.E. OZONO	29	0:46:28	05:55	12	3:18:02	27.69	02:44	10	1:54:15	6:07:23	1:05:46
4	582	TEREZA CTVRTNICKOVA	INDEPENDIENTE	25	0:45:39	05:43	19	3:25:14	26.72	02:50	8	1:50:17	6:09:42	1:08:05
5	584	MARA VIDAL BELLO	INDEPENDIENTE	31	0:47:08	07:04	11	3:16:12	27.95	04:54	20	2:08:00	6:23:17	1:21:40
6	580	ANA RAMOS ONS	CLUB CERVECERIA O COTON NEGR	37	0:50:52	04:13	14	3:21:03	27.28	03:38	24	2:10:35	6:30:19	1:28:42
7	583	NOELIA MARTIN MARTIN	EL CID TRIATLON CLUB	36	0:50:04	07:52	23	3:28:38	26.29	03:48	17	2:03:37	6:33:57	1:32:21
8	576	MONTERRAT BARROS ALF	CLUB TRIATLON MAR DE VIGO	20	0:42:16	06:31	31	3:48:27	24.01	04:41	31	2:23:05	7:04:59	2:03:22
9	581	SONIA VICEDO SANTOS	TRI.NET NUNCA ES TARDE	27	0:46:08	07:43	30	3:44:14	24.46	06:25	34	2:41:38	7:26:06	2:24:30
DNF	706	BEATRIZ GARCÍA RODRÍGUE	SEGURO 1 DIA	22	0:44:34	04:52	24	3:28:45	26.27	04:20				
DNS	578	MARIA TERESA CONSTENLA	NOSPORTLIMIT											
DNS	707	GRACIA MARTINEZ MORELL	SEGURO 1 DIA											

DE 45 A 49 AÑOS FEMENINA

POS.	Nº	NOME	CLUB	P.	Natación	T1	P.	Ciclismo	Km/h.	T2	P.	Carrera:	META	Dif.
1	708	BELEN GARCIA CORONADO	SEGURO 1 DIA	17	0:39:57	05:34	7	3:07:01	29.33	03:18	5	1:45:43	5:41:31	0:39:55
2	586	IRANTZU URIARTE GALLAST	MUNGIAKO TRITOIAK TRIATLOI KLU	16	0:39:14	05:26	6	3:01:54	30.15	03:18	9	1:51:57	5:41:47	0:40:10
3	587	SYLVIA GONZALEZ TEJEDOR	CLUB TRIATLON 401	11	0:37:37	04:39	13	3:18:25	27.64	03:03	7	1:47:39	5:51:20	0:49:43
4	591	BEGOÑA DE LA RICA	BALEAMAR TRIALACANT	14	0:38:58	04:35	16	3:22:01	27.15	03:38	11	1:55:02	6:04:13	1:02:37
5	589	MARÍA VALDIVIA DOMINGO	C.T. SULAYR	12	0:38:00	04:57	17	3:22:59	27.02	03:34	14	1:58:31	6:08:00	1:06:24

6	588	SONSOLES CABALLERO CA	TRI.NET NUNCA ES TARDE	10	0:37:23	06:26	20	3:25:14	26.72	03:43	25	2:10:43	6:23:27	1:21:50
7	590	ANA MARIA SANCHEZ SANC	C.T. SULAYR	15	0:39:00	05:42	21	3:26:18	26.58	04:40	26	2:12:47	6:28:24	1:26:48
8	592	MARI LUZ GARCÍA SÁNCHEZ	TRI.NET NUNCA ES TARDE	26	0:45:44	07:38	34	3:51:37	23.68	04:32	33	2:36:06	7:25:36	2:23:59
9	585	MARIA JESUS PEREZ CAMPO	EL CID TRIATLON CLUB	35	0:49:54	08:21	37	4:16:47	21.36	05:49	37	2:52:24	8:13:13	3:11:36
DNS	709	YOLANDA LOZANO BLASCO	SEGURO 1 DIA											
DNS	593	MIREN ARGÍÑE GARCÍA DE A	MUNAY KIROL KLUBA											

DE 50 A 54 AÑOS FEMENINA

POS.	Nº	NOME	CLUB	P.	Natación	T1	P.	Ciclismo	Km/h.	T2	P.	Carrera:	META	Dif.
1	598	CRISTINA PILAR FERNANDEZ	NOSPORTLIMIT	19	0:41:31	05:44	22	3:27:41	26.41	04:03	21	2:08:20	6:27:18	1:25:41
2	597	HELEN JANE SANDERSON	TRISADA	4	0:33:38	08:10	32	3:48:35	23.99	04:09	16	2:03:11	6:37:41	1:36:05
3	595	MARIA ISABEL MATA GOMEZ	C.T. SULAYR	18	0:41:19	06:14	28	3:42:17	24.67	04:30	18	2:04:32	6:38:50	1:37:13
4	596	OBDULIA GARCIA PICALLO	INDEPENDIENTE	28	0:46:08	08:34	27	3:40:11	24.91	04:29	27	2:15:11	6:54:31	1:52:55
5	599	ALICIA GARCIA PEREZ	CLUB TRIATLONCIEM	3	0:33:23	06:21	35	3:52:59	23.54	04:51	35	2:43:43	7:21:15	2:19:38
6	594	LAURA GARCÍA PEREZ	C.D.E. PEGASO H3O TRIATLÓN	1	0:31:24	05:15	36	4:05:44	22.32	04:20	32	2:35:06	7:21:46	2:20:10
7	600	MARIA ELENA CASTRO SABI	NOSPORTLIMIT	38	0:53:06	07:02	38	4:32:23	20.13	05:53	36	2:44:28	8:22:50	3:21:13

DE 55 A 59 AÑOS FEMENINA

POS.	Nº	NOME	CLUB	P.	Natación	T1	P.	Ciclismo	Km/h.	T2	P.	Carrera:	META	Dif.
1	602	ANGELES LINARES GARRIDO	C.T. SULAYR	23	0:45:06	08:31	33	3:50:01	23.84	04:14	28	2:17:57	7:05:47	2:04:10
DSQ	601	LYUDMYLA CHUBA	DEPORTIVO PINARIUM										7:58:47	2:57:11

NORTHWEST TRIMAN 2021



CLUBS MEDIA DISTANCIA FEMININA

Localidade As Pontes

Data 27 de junio de 2021

Distancia

MD

Oficiais

Delegado Técnico: Alberto Morlán

Xuíz Arbitro: Mónica Flores

Responsable Oficiais: Mónica Flores

Xurado da Competición: Alberto Morlán (DT)

Bárbara Carbajales (FEGATRI)

Patricio Farias (CLUB)

Datos da competición

Temperatura exterior: 10 °C

Temperatura da auga: 18,3 °C

Neopreno: Permitido

Natación: 1,9 km

1 vuelta

Ciclismo: 91,4 km

2 vueltas

Carrera: 21,19 km

2 vueltas

Inscritos : 45

Remataron : 37

Retirados : 1

Non Presentados : 6

Descalificados : 1

1 NOSPORTLIMIT

1	PAULA	BLANCO LATORRE	5:40:53
2	ALEXIA	LOUREIRO GARRIDO	6:17:25
3	CRISTINA PILAR	FERNANDEZ CID	6:27:18

2 C.T. SULAYR

1	MARÍA	VALDIVIA DOMINGO	6:08:00
2	ANA MARIA	SANCHEZ SANCHEZ	6:28:24
3	MARIA ISABEL	MATA GOMEZ	6:38:50

3 TRI.NET NUNCA ES TARDE

1	SONSOLES	CABALLERO CAMPOS	6:23:27
2	JULIA	MORANTE GÓMEZ	6:41:12
3	MARI LUZ	GARCÍA SÁNCHEZ	7:25:36

NORTHWEST TRIMAN 2021



ABSOLUTA MEDIA DISTANCIA MASCULINA

Localidade As Pontes

Data 27 de junio de 2021

Distancia

MD

Oficiais

Delegado Técnico: Alberto Morlán

Xuíz Arbitro: Mónica Flores

Responsable Oficiais: Mónica Flores

Xurado Alberto Morlán (DT)

da Bárbara Carbajales (FEGATRI)

Competición Patricio Farias (CLUB)

Datos da competición

Temperatura exterior: 10 °C

Temperatura da auga: 18,3 °C

Neopreno: Permitido

Natación: 1,9 km

1 vuelta

Ciclismo: 91,4 km

2 voltas

Carrera: 21,19 km

2 voltas

Inscritos : 364

Remataron : 274

Retirados : 12

Non Presentados : 77

Descalificados : 1

POS.	Nº	NOME	CLUB	P.	Natación:	T1	P.	Ciclismo:	Km/h.	T2	P.	Carrera:	META	Dif.
1	321	CRISTOBAL DIOS RIOS	A.D. TRI-PENTA TERRAS DE L	2	0:28:41	02:36	1	2:18:42	39.54	02:47	1	1:20:33	4:13:18	
2	405	RAMON TRONCOSO SOBRINO	CLUB ATLETISMO PORRIÑO	7	0:30:29	02:21	2	2:22:50	38.4	01:48	12	1:26:08	4:23:34	0:10:17
3	392	JORGE FERRADANS VALDES	TRIATLON VILAGARCIA /ATEN	5	0:29:50	02:51	6	2:27:09	37.27	02:55	5	1:24:17	4:27:01	0:13:43
4	433	ENRIQUE MORAN GONZALEZ	CLUB ATLETISMO PORRIÑO	34	0:33:14	02:42	3	2:24:25	37.97	02:17	7	1:24:41	4:27:17	0:14:00
5	338	LUIS MARTINEZ LOUZAO	INDEPENDIENTE	9	0:30:44	02:31	7	2:28:14	37	02:06	8	1:24:57	4:28:31	0:15:13
6	398	FERNANDO SIERRA GARCIA	NOSPORTLIMIT	52	0:34:03	02:33	12	2:29:23	36.71	02:13	2	1:22:38	4:30:49	0:17:32
7	451	ROBERTO CARLOS AGRELO GOMEZ	ARTROGAL-TRI 498	37	0:33:19	02:47	17	2:32:06	36.06	02:28	3	1:22:51	4:33:29	0:20:12
8	308	JUAN VAZQUEZ AMADO	TRIATLON ARTEIXO	3	0:29:20	02:22	19	2:32:09	36.05	03:14	16	1:27:39	4:34:43	0:21:26
9	453	MANUEL FRAGA DIAZ	CLUB TRIATLON COMPOSTEL	38	0:33:23	03:34	16	2:31:12	36.27	02:27	6	1:24:29	4:35:03	0:21:45
10	512	LUIS ALBERTO PAREDES COYA	CLUB TRIATLON POIO	31	0:33:09	02:47	20	2:32:09	36.05	02:16	10	1:25:38	4:35:57	0:22:40
11	316	JESUS MALVAREZ LOURO	CLUB CICLISTA MUROS	46	0:33:50	02:47	9	2:28:53	36.84	02:37	18	1:27:53	4:35:57	0:22:40
12	319	FERNANDO HUERTA FERNÁNDEZ	VETUSTA UNIVERSIDAD DE O	43	0:33:36	02:50	15	2:30:47	36.37	02:09	17	1:27:40	4:37:01	0:23:44
13	322	ANGEL JAVIER FERNÁNDEZ ALVAR	VETUSTA UNIVERSIDAD DE O	55	0:34:07	02:20	18	2:32:08	36.05	02:05	15	1:26:54	4:37:32	0:24:15
14	409	JUAN CARLOS ESCOTET SERRANO	NOSPORTLIMIT	42	0:33:36	02:56	11	2:29:20	36.72	02:24	22	1:29:23	4:37:37	0:24:20
15	435	DANIEL FEIJOO FERREIRO	TRIEUME AS PONTES CLUB	36	0:33:15	02:26	22	2:33:29	35.73	02:30	13	1:26:10	4:37:48	0:24:30
16	417	PEDRO ESCOLANTE BILBAO	A.POLIDEPORTIVA SAN RAMO	39	0:33:24	02:55	13	2:29:36	36.66	02:24	28	1:31:14	4:39:30	0:26:13
17	341	CARLOS RIVAS BARCALA	A.D. FOGAR							21:02	4	1:23:19	4:40:04	0:26:47
18	309	PASTOR ADRIAN POSE REGUEIRO	TRISADA	11	0:30:58	02:22	5	2:26:22	37.47	02:27	63	1:38:23	4:40:31	0:27:14
19	345	ANGELO ORGANERO VIÑAS	CLUB TRIATLON 28300 ARANJ	68	0:34:56	03:25	26	2:34:18	35.54	02:16	11	1:26:00	4:40:54	0:27:37
20	605	EDGAR FRANCO BOUZA	SEGURO 1 DIA	160	0:39:30	03:49	4	2:25:17	37.75	02:13	37	1:33:04	4:43:51	0:30:33
21	369	LUIS HEVIA GARCIA-BOBIA	PILÓN.A.DEPORTE	19	0:31:50	02:38	23	2:33:36	35.7	02:32	42	1:34:05	4:44:39	0:31:21
22	332	BRUNO MARTINEZ BARGIELA	CLUB ATLETISMO PORRIÑO	10	0:30:54	02:51	24	2:33:52	35.64	02:32	59	1:36:58	4:47:06	0:33:49
23	449	HECTOR FRANCÉS GONZÁLEZ	JAB TRIATLÓN HELIOS	89	0:36:09	03:44	21	2:33:10	35.81	02:05	34	1:32:35	4:47:41	0:34:24
24	466	PABLO ALONSO FIGUEROA	CLUB TRIATLON MORRAZO	88	0:36:08	03:57	47	2:39:45	34.33	02:55	9	1:25:05	4:47:47	0:34:29
25	307	IÑIGO PEÑA FERNANDEZ	SESTAO TRIATLOI TALDEA	14	0:31:20	03:30	45	2:39:05	34.48	02:22	30	1:31:57	4:48:11	0:34:54
26	471	DAVID RODRIGUEZ CAMPOS	C.D.E. TRIBOOST	64	0:34:33	02:56	33	2:37:35	34.8	02:50	26	1:30:32	4:48:23	0:35:06
27	356	JOSE LUIS LOPEZ DE IGNACIO	CIDADE DE LUGO FLUVIAL	61	0:34:25	03:31	42	2:38:25	34.62	02:05	25	1:30:05	4:48:28	0:35:11
28	326	ARTURO PAZ GOMEZ	ATLETAS ACEA DE AMA	84	0:35:48	02:33	36	2:37:53	34.74	02:31	24	1:30:00	4:48:43	0:35:26
29	329	JAVIER VILA PORTO	CLUB ATLETISMO PORRIÑO	83	0:35:40	02:31	25	2:34:11	35.57	03:40	44	1:34:12	4:50:12	0:36:55
30	397	RUBEN SANCHEZ VAZQUEZ	TRIATLON ARTEIXO	176	0:40:19	02:52	28	2:35:12	35.34	02:47	23	1:29:26	4:50:34	0:37:17
31	434	MARIO LOZANO FERNÁNDEZ	CLUB TRIATLÓN CAMPOS DE	167	0:39:47	04:41	32	2:37:26	34.84	02:42	14	1:26:19	4:50:52	0:37:35
32	665	IÑAKI SERNA GONZÁLEZ	SEGURO 1 DIA	1	0:27:46	05:33	53	2:41:03	34.05	03:28	40	1:34:00	4:51:48	0:38:30
33	340	ALBERTO FRANCO MARTÍN	TRIATLON AGUILARENSE - GU	41	0:33:33	02:28	14	2:29:55	36.58	02:47	96	1:43:12	4:51:53	0:38:36
34	385	VICENTE GOMEZ MUÑOZ	CLUB TRIATLON CHARRO	21	0:32:32	03:01	63	2:43:25	33.56	02:33	27	1:30:37	4:52:06	0:38:48
35	383	CARLOS OTERO VARELA	NOSPORTLIMIT	22	0:32:33	03:32	44	2:39:01	34.49	02:22	49	1:35:06	4:52:33	0:39:15
36	335	DANIEL MARTINEZ GOMEZ	C. TRIATLON OURENSE	69	0:35:01	03:51	60	2:42:21	33.78	03:15	20	1:28:10	4:52:37	0:39:19
37	473	CARLOS COIRA LOJO	TRIATLON VILAGARCIA /ATEN	48	0:33:55	04:07	40	2:38:20	34.64	02:12	43	1:34:10	4:52:41	0:39:24
38	375	DIEGO TRIGO CASTEDO	CIDADE DE LUGO FLUVIAL	17	0:31:42	03:21	30	2:36:27	35.05	02:07	79	1:40:18	4:53:54	0:40:36
39	404	MANUEL CANOURA ABEIJON	TRIATLON O TREITO	115	0:37:30	03:19	27	2:35:08	35.35	02:16	55	1:36:14	4:54:26	0:41:09
40	387	DAVID CUTRIN LOPEZ	CLUB TRIATLON COMPOSTEL	116	0:37:30	05:53	41	2:38:21	34.63	03:43	21	1:29:11	4:54:37	0:41:20
41	361	JESUS PARDO JORGE	TRINORTH	158	0:39:23	03:33	34	2:37:36	34.8	02:08	33	1:32:34	4:55:13	0:41:55
42	695	DAVID COCA TORRES	SEGURO 1 DIA	92	0:36:16	03:40	37	2:37:53	34.73	02:35	50	1:35:30	4:55:52	0:42:35
43	631	GABRIEL ALARCON SABARIS	SEGURO 1 DIA	16	0:31:36	02:46	35	2:37:44	34.77	02:56	85	1:40:57	4:55:57	0:42:40

POS.	Nº	NOME	CLUB	P.	Natación:	T1	P.	Ciclismo:	Km/h.	T2	P.	Carrera:	META	Dif.
44	424	ANGEL GUTIERREZ CALZADO	CLUB TRIATLON CHARRO	142	0:38:43	03:11	46	2:39:07	34.47	02:07	36	1:33:00	4:56:06	0:42:48
45	350	JAVIER GARCIA LOPEZ	A.POLIDEPORTIVA SAN RAMO	119	0:37:33	03:12	10	2:29:02	36.8	02:57	103	1:43:49	4:56:30	0:43:13
46	663	IVAN COCA TORRES	SEGURO 1 DIA	122	0:37:40	03:17	38	2:38:18	34.65	04:09	38	1:33:15	4:56:37	0:43:20
47	527	FCO. JAVIER CORRALES DIAZ	CLUB DEPORTIVO DE TRIATL	99	0:36:52	03:39	55	2:41:33	33.95	02:39	31	1:32:14	4:56:54	0:43:37
48	419	FRANCISCO FERNANDEZ GUZMAN	TRIATLON MOTOTRIKE GALAIC	136	0:38:29	06:41	52	2:40:56	34.08	03:26	19	1:27:57	4:57:27	0:44:09
49	499	FERNANDO SIEIRA RIOS	ARTROGAL-TRI 498	30	0:33:03	04:10	67	2:43:48	33.48	02:27	41	1:34:04	4:57:31	0:44:14
50	371	DIEGO LÓPEZ SANTALLA	CD TRIATLÓN MANDARACHE	40	0:33:30	05:12	83	2:47:12	32.8	02:51	29	1:31:36	5:00:19	0:47:02
51	344	DAVID OLIVEIRA RODRIGUEZ	CLUB ATLETISMO PORRIÑO	4	0:29:24	03:15	31	2:36:32	35.04	02:07	137	1:49:26	5:00:42	0:47:24
52	301	GINES ROMERA ALVAREZ	BAHIA DE MALAGA	62	0:34:28	03:43	85	2:47:30	32.74	02:54	32	1:32:32	5:01:07	0:47:49
53	410	PABLO OTERO PIÑEIRO	CLUB TRIATLON MORRAZO	24	0:32:36	03:32	65	2:43:33	33.53	03:05	66	1:38:32	5:01:17	0:47:59
54	389	SAMUEL ALONSO BARREIRO	NOSPORTLIMIT	65	0:34:34	02:54	74	2:46:14	32.99	02:26	51	1:35:44	5:01:51	0:48:34
55	331	JAVIER DIAZ CID	NATACION PABELLON OUREN	49	0:33:56	04:00	64	2:43:33	33.53	02:45	69	1:39:15	5:03:27	0:50:10
56	325	JESUS CARBALLIDO MENDEZ	CLUB ATLETISMO PORRIÑO	104	0:37:03	02:42	58	2:42:18	33.79	02:39	72	1:39:43	5:04:22	0:51:05
57	607	HECTOR OUTEDA GARIDO	SEGURO 1 DIA	45	0:33:41	03:07	95	2:49:13	32.41	02:39	52	1:36:00	5:04:36	0:51:19
58	377	JUAN JOSE BELLO GARCIA	CLUB CERVECERIA O COTON	139	0:38:36	02:45	77	2:46:24	32.96	02:05	47	1:34:52	5:04:39	0:51:22
59	440	ROBERTO PICON ESPINO	CLUB CERVECERIA O COTON	27	0:32:42	02:56	79	2:46:35	32.92	02:51	76	1:39:58	5:04:59	0:51:42
60	360	PABLO JUAN BEASCOECHEA PORT	CLUB TRIATLON POIO	57	0:34:09	03:31	49	2:40:10	34.24	03:14	108	1:44:34	5:05:37	0:52:20
61	475	DIEGO ROMERO VILLAFUERTES	CLUB TRIATLON 28300 ARANJ	18	0:31:48	04:46	43	2:38:31	34.6	02:47	128	1:48:01	5:05:51	0:52:34
62	480	JESUS HEVIA GOMEZ	NOSPORTLIMIT	126	0:37:54	03:22	39	2:38:19	34.64	02:49	104	1:43:59	5:06:20	0:53:03
63	328	ALVARO ARNAL LOPEZ	TRIATLON CARABANCHEL	79	0:35:30	03:15	51	2:40:51	34.1	03:07	101	1:43:40	5:06:22	0:53:05
64	303	ADRIAN PAZ CASTRO	A.POLIDEPORTIVA SAN RAMO	184	0:40:50	03:52	71	2:45:04	33.22	02:41	48	1:35:04	5:07:30	0:54:12
65	488	CARLOS GARCIA BLANCO	TRIATLON VILAGARCIA /ATEN	35	0:33:15	03:09	82	2:47:01	32.84	03:10	86	1:41:06	5:07:39	0:54:21
66	521	MARCOS RODRIGUEZ BALIÑA	MONTE PENARUBIA RUNNING	8	0:30:43	02:50	81	2:46:43	32.9	02:12	118	1:46:07	5:08:33	0:55:16
67	333	GERMAN PERIBAÑEZ PAMPLONA	TRIATLON CARABANCHEL	54	0:34:07	03:01	69	2:44:23	33.36	03:30	106	1:44:10	5:09:09	0:55:52
68	487	ALFONSO LOPEZ MARTINEZ	CLUB TRIATLON MAR DE VIGO	210	0:42:30	03:16	78	2:46:28	32.95	02:08	46	1:34:51	5:09:11	0:55:53
69	354	IVAN VAZQUEZ GARCIA	TRIATLON VILAGARCIA /ATEN								273	13:14:25	5:09:38	0:56:21
70	427	PEDRO MUÑOZ HERNANDEZ	C.TRIATLON PITORRA QUINTA	101	0:36:54	03:50	90	2:48:47	32.49	02:13	65	1:38:32	5:10:14	0:56:57
71	447	RAMON FERNANDEZ MARTINEZ	INDEPENDIENTE	162	0:39:37	03:14	61	2:43:10	33.61	03:58	82	1:40:38	5:10:35	0:57:17
72	459	MARCIAL MONTES SERRANO	C.T. CAMALEÓN	76	0:35:15	05:54	89	2:48:43	32.51	04:21	57	1:36:38	5:10:49	0:57:32
73	353	OMAR TERREROS CUADRADO	ZORROTZAKO GAZTEEN TRIA	91	0:36:14	05:09	68	2:44:13	33.39	02:52	93	1:42:54	5:11:21	0:58:04
74	431	HECTOR FERNANDEZ TEMPRANO	SESTAO TRIATLOI TALDEA	29	0:32:43	04:08	87	2:48:01	32.64	03:04	99	1:43:34	5:11:28	0:58:11
75	327	ADRIAN MERINO ORTIZ DE ZARATE	SESTAO TRIATLOI TALDEA	85	0:35:53					42:44	35	1:32:53	5:11:53	0:58:36
76	406	LUIS PENA MORANDEIRA	I HAVE A DREAM	165	0:39:43	03:12	92	2:48:54	32.47	02:20	62	1:38:01	5:12:08	0:58:50
77	481	LUIS GOMEZ AGRAS	TRIATLON FERROL	152	0:39:02	04:05	84	2:47:21	32.77	02:41	78	1:40:12	5:13:18	1:00:01
78	501	VICTOR CANO GARCIA	CLUB TRIATLON OVIEDO	121	0:37:36	03:19	###	2:52:29	31.79	02:23	60	1:37:39	5:13:24	1:00:07
79	399	JAIME VALERO IBIAS	PERSONAL RUNNING TRIATLO	151	0:39:00	04:08	99	2:50:38	32.14	03:43	53	1:36:04	5:13:30	1:00:13
80	511	GUILLERMO SOTELO JUNCAL	SIRENO TRIATLON CLUB	150	0:38:58	03:36	62	2:43:22	33.57	02:44	110	1:45:06	5:13:44	1:00:26
81	460	FRANCISCO JAVIER CASTRELO CON	TRIATLON VILAGARCIA /ATEN	94	0:36:28	05:06	88	2:48:31	32.54	03:04	84	1:40:55	5:14:02	1:00:45
82	346	ROI CUBA DORADO	CIDADE DE LUGO FLUVIAL	28	0:32:42	03:02	66	2:43:47	33.48	02:45	158	1:51:49	5:14:03	1:00:46
83	614	RODRIGO EIRAS GONZÁLEZ	SEGURO 1 DIA	100	0:36:53	05:05	###	2:52:13	31.84	03:35	56	1:36:25	5:14:09	1:00:52
84	343	DAVID JARAMILLO ÁLVAREZ	TRIATLON CARABANCHEL	73	0:35:08	03:16	59	2:42:20	33.78	03:57	140	1:49:33	5:14:12	1:00:54
85	376	ALEJANDRO RODRIGUEZ FRAGUEL	CLUB NATACION LICEO	25	0:32:37	03:46	###	2:52:14	31.84	04:09	89	1:41:59	5:14:44	1:01:26
86	559	JOSE VALLS SANTOS	INDEPENDIENTE	67	0:34:45	02:49	###	2:58:03	30.8	02:03	61	1:37:49	5:15:27	1:02:09
87	310	DANIEL POLO PEREZ	A.D. FOGAR	12	0:31:00	02:51	###	2:56:05	31.15	02:20	97	1:43:23	5:15:36	1:02:19
88	423	JUAN ANGEL GARCIA BOGARRA	CD TRIATLÓN MANDARACHE	117	0:37:32	04:08	###	2:51:28	31.98	02:39	80	1:40:21	5:16:07	1:02:50
89	336	DANIEL CARRO FERNÁNDEZ	VETUSTA UNIVERSIDAD DE O	111	0:37:23	02:59	76	2:46:20	32.97	03:55	112	1:45:38	5:16:13	1:02:56
90	680	JOSE FRANCISCO ARAQUE GUIJAR	SEGURO 1 DIA	129	0:38:10	04:43	56	2:41:59	33.86	02:22	133	1:49:16	5:16:29	1:03:12
91	373	NOE FERNANDEZ CASTAÑO	TRICAN BAÑEZA	106	0:37:05	05:40	97	2:50:06	32.24	04:48	83	1:40:47	5:18:25	1:05:08
92	312	DAVID ESTEVEZ VAZQUEZ	NOSPORTLIMIT	95	0:36:29	05:46	73	2:45:58	33.04	03:13	123	1:47:17	5:18:41	1:05:24
93	664	SANTI CANICOBA	SEGURO 1 DIA	97	0:36:40	05:26	###	2:56:55	31	03:29	64	1:38:28	5:20:56	1:07:39
94	620	MIKEL MUÑOZ RODRIGUEZ	SEGURO 1 DIA	141	0:38:40	05:01	###	2:51:44	31.94	02:30	100	1:43:35	5:21:28	1:08:10
95	470	CARLOS ALBERTO ROBLES GARCIA	OLID TRIATHLON TEAM UNIVE	71	0:35:04	05:08	91	2:48:51	32.48	03:28	134	1:49:17	5:21:46	1:08:29
96	391	MARCOS FERNANDEZ CASAL	ARTROGAL-TRI 498	93	0:36:21	04:13	96	2:49:22	32.38	02:32	136	1:49:24	5:21:49	1:08:32
97	313	JOSU CARVAJAL SIERRA	INDARPAK KIROL KLUBA	70	0:35:02	05:07	###	2:56:07	31.14	02:52	92	1:42:52	5:21:58	1:08:41
98	442	ALBERTO LOPEZ PINO	SIRENO TRIATLON CLUB	51	0:34:03	04:34	86	2:47:38	32.72	03:52	161	1:52:18	5:22:23	1:09:06
99	330	DANIEL JIMENEZ SANCHEZ	ZORROTZAKO GAZTEEN TRIA	166	0:39:43	03:41	75	2:46:18	32.98	03:33	135	1:49:19	5:22:32	1:09:15
100	611	DAVID FERNÁNDEZ RODRÍGUEZ	SEGURO 1 DIA	143	0:38:45	05:10	###	2:56:10	31.13	03:32	70	1:39:39	5:23:13	1:09:55
101	524	MATIAS GARCIA-ANLLO REINOSO	A.POLIDEPORTIVA SAN RAMO	220	0:43:09	06:58	###	2:54:33	31.42	05:12	39	1:33:42	5:23:33	1:10:16
102	311	MANUEL GONZALEZ NOVOA	NOSPORTLIMIT	130	0:38:13	05:04	###	2:53:50	31.55	02:55	102	1:43:40	5:23:40	1:10:22
103	358	ALVARO GARCIA SAAVEDRA	C.T. CAMALEÓN	47	0:33:50	03:57	###	3:02:13	30.1	02:36	87	1:41:11	5:23:45	1:10:28
104	472	JOSE REY-SEIJO ALCALA	TRIATLON FERROL	15	0:31:35	03:06	###	2:52:35	31.78	02:24	175	1:54:19	5:23:58	1:10:40
105	655	JOSE MANUEL ALVAREZ GONZALEZ	SEGURO 1 DIA	131	0:38:13	04:16	80	2:46:38	32.91	03:07	157	1:51:48	5:24:01	1:10:44
106	455	MARCOS PERISCAL REY	ASOCIACION DEPORTIVA MED	155	0:39:12	03:38	###	2:58:45	30.68	02:50	71	1:39:40	5:24:03	1:10:46
107	413	JUAN ANTONIO SANCHEZ TORRICO	EL CID TRIATLON CLUB	237	0:44:50	05:53	###	2:50:56	32.08	02:34	75	1:39:58	5:24:09	1:10:52
108	669	MARTIN MARTINEZ CABEZAS	SEGURO 1 DIA	145	0:38:49	03:45	###	2:50:41	32.13	02:30	130	1:48:33	5:24:16	1:10:59

POS.	Nº	NOME	CLUB	P.	Natación:	T1	P.	Ciclismo:	Km/h.	T2	P.	Carrera:	META	Dif.
109	439	IVÁN ABIÁN LÓPEZ	CLUB TRIATLON 28300 ARANJ	149	0:38:56	04:40	###	2:50:38	32.14	03:22	120	1:47:03	5:24:37	1:11:20
110	643	FRANCISCO JOSÉ VARA PÉREZ	SEGURO 1 DIA	153	0:39:03	04:54	###	2:51:00	32.07	03:58	115	1:45:51	5:24:43	1:11:26
111	418	YAGO PEREZ BARBEITO	NOSPORTLIMIT	196	0:41:14	03:52	93	2:49:05	32.43	02:44	129	1:48:05	5:24:59	1:11:41
112	315	ARITZ AYALA GARAY	SESTAO TRIATLOI TALDEA	156	0:39:12	05:14	###	2:56:47	31.02	03:42	77	1:40:12	5:25:04	1:11:47
113	506	SERGIO ANGEL BALADO MOSQUER	ARTROGAL-TRI 498	59	0:34:23	03:36	57	2:42:01	33.85	02:41	210	2:02:33	5:25:12	1:11:55
114	479	ROBERTO JOSE MENDEZ QUINDIMIL	NOSPORTLIMIT	78	0:35:22	06:41	98	2:50:21	32.2	05:14	126	1:47:41	5:25:17	1:12:00
115	426	JOSE ALFONSO VILLAR CAAMAÑO	TRIATLON O TREITO	197	0:41:18	03:40	72	2:45:52	33.06	02:29	162	1:52:22	5:25:40	1:12:22
116	534	EDUARDO ALVAREZ GONZALEZ	CASTRILLÓN TRIATLON	216	0:42:44	04:34	###	2:56:18	31.11	02:54	73	1:39:43	5:26:11	1:12:54
117	363	FERNANDO CAMPO REGUEIRO	CIDADE DE LUGO FLUVIAL	53	0:34:06	06:31	###	2:56:27	31.08	02:28	122	1:47:07	5:26:37	1:13:19
118	621	LUIS ESTÉFANO LÓPEZ	SEGURO 1 DIA	274	0:52:49	04:54	###	2:52:26	31.81	02:09	45	1:34:24	5:26:39	1:13:22
119	386	JAVIER MATA GARCÍA	CLUB TRIATLON 28300 ARANJ	223	0:43:16	07:12	###	2:52:22	31.82	03:53	81	1:40:26	5:27:09	1:13:51
120	446	DAMIAN BORJA BAUTISTA GONZAL	CLUB ATLETISMO PORRIÑO	157	0:39:15	03:00	###	2:59:47	30.51	02:23	95	1:43:06	5:27:29	1:14:11
121	393	ALVARO DOSIL SUAREZ	CLUB CICLISTA REVOLTAS	173	0:40:15	04:54	###	2:53:42	31.57	03:05	113	1:45:48	5:27:42	1:14:25
122	523	PABLO PEREZ BLANCO	CLUB TRIATLON MAR DE VIGO	110	0:37:19	04:51	###	3:01:19	30.25	03:13	88	1:41:24	5:28:03	1:14:46
123	494	MARCOS MARTINEZ MOREIRA	NOSPORTLIMIT	217	0:42:46	06:25	###	2:56:42	31.04	03:32	67	1:38:44	5:28:07	1:14:50
124	515	JUAN RAMON GARCIA HERNANZ	TRIATLON ARTEIXO	50	0:34:02	04:23	###	2:53:21	31.64	02:46	171	1:53:38	5:28:08	1:14:51
125	380	FRANCISCO JAVIER FERREIRO ZAS	NOSPORTLIMIT	178	0:40:23	04:34	###	2:51:06	32.05	03:27	131	1:48:45	5:28:13	1:14:56
126	366	ROBERTO FERNANDEZ REGUEIRO	CLUB TRIATLON CORUÑA	74	0:35:11	03:16	###	2:56:34	31.06	02:26	149	1:50:48	5:28:14	1:14:57
127	477	FERNANDO SANCHEZ MARTIN	CLUB TRIATLON CHARRO	258	0:47:44	05:55	48	2:39:46	34.33	03:18	159	1:51:58	5:28:39	1:15:22
128	503	FRANCISCO BRAVO BARRADO	CLUB DE TRIATLÓN DIABLILLO	138	0:38:34	03:40	###	3:08:43	29.06	02:23	54	1:36:09	5:29:27	1:16:10
129	401	DAVID DOCE CARBALLEIRA	TRIEUME AS PONTES CLUB	204	0:42:01	05:39	50	2:40:35	34.15	04:02	186	1:57:14	5:29:30	1:16:12
130	551	JOSE MANUEL QUINTEIRO GOMEZ	ASOCIACION DEPORTIVA C.A.	127	0:37:57	04:29	###	2:57:49	30.84	03:12	119	1:46:21	5:29:46	1:16:29
131	334	SERGIO CORRAL GONZALEZ	SESTAO TRIATLOI TALDEA	58	0:34:14	06:52	70	2:44:35	33.32	03:53	202	2:00:23	5:29:55	1:16:37
132	395	RAÚL MARTÍN RICO	CLUB TRIATLÓN SALAMANCA	171	0:40:05	04:36	###	2:58:37	30.7	02:53	105	1:44:05	5:30:15	1:16:58
133	403	ANXO MEIZOSO PERMUI	TRIATLON ARTEIXO	135	0:38:29	03:57	###	3:01:37	30.2	02:32	109	1:44:49	5:31:22	1:18:05
134	348	JOSE ENRIQUE ESPINOSA GARCIA	C. TRIATLON PITORRA QUINT	214	0:42:38	04:18	###	2:52:06	31.87	03:00	141	1:49:47	5:31:46	1:18:29
135	436	FRANCISCO JAVIER COBO BLANCO	CLUB TRIATLON 28300 ARANJ	132	0:38:15	04:20	###	2:53:24	31.63	02:54	168	1:53:09	5:32:01	1:18:43
136	324	HUGO DOVAL BARREIRO	TRIATLON VILAGARCIA /ATEN	219	0:43:03	04:15	54	2:41:11	34.02	03:11	201	2:00:22	5:32:02	1:18:44
137	549	PEDRO ALFONSO LISTA SUAREZ	A.D. FOGAR			51:15	###	2:58:30	30.73	02:20	166	1:52:59	5:32:04	1:18:47
138	518	FRANCISCO JAVIER BARREIRO COR	NOSPORTLIMIT	113	0:37:28	04:30	###	3:02:21	30.08	02:24	111	1:45:25	5:32:06	1:18:49
139	553	EDUARDO SOUTO VAZQUEZ	NOSPORTLIMIT	191	0:41:04	05:44	###	2:52:17	31.83	02:43	147	1:50:29	5:32:15	1:18:58
140	437	JAIRO PRIETO CAAMAÑO	TRIATLON COSTA DA MORTE	235	0:44:28	04:00	###	2:59:29	30.56	02:11	90	1:42:11	5:32:17	1:19:00
141	642	FRANCISCO RIVERO GARCIA	SEGURO 1 DIA	77	0:35:22	02:45	###	3:00:40	30.36	02:40	150	1:51:05	5:32:29	1:19:12
142	408	ANTONIO JESUS CAMACHO DELGA	C.T. CAMALEÓN	170	0:40:03	07:39	###	2:56:41	31.04	05:31	94	1:42:59	5:32:51	1:19:33
143	349	ALBERTO CORRAL BAHAMONDE	A.D. NAUTICO DE NARON	192	0:41:08	04:23	###	2:57:24	30.91	03:31	121	1:47:04	5:33:29	1:20:12
144	422	LUIS MANUEL QUINTELA RIVAS	CLUB TRIATLON MAR DE VIGO	221	0:43:13	03:27	###	2:54:07	31.5	02:51	145	1:50:18	5:33:54	1:20:37
145	632	ALBERTO ADAN CARAZO	SEGURO 1 DIA	32	0:33:10	05:30	###	3:01:15	30.26	04:37	139	1:49:32	5:34:03	1:20:45
146	420	JOSE CARLOS FREIRE SALORIO	NOSPORTLIMIT	199	0:41:30	03:17	###	2:56:50	31.01	02:52	144	1:50:18	5:34:44	1:21:27
147	630	MARCOS ALVAREZ GONZALEZ	SEGURO 1 DIA	201	0:41:46	03:57	94	2:49:06	32.43	02:58	187	1:57:19	5:35:04	1:21:46
148	677	RAUL LISTA SUAREZ	SEGURO 1 DIA	56	0:34:08	04:04	###	2:58:31	30.72	02:50	181	1:55:51	5:35:22	1:22:05
149	562	JOSE RILO LOPEZ	NOSPORTLIMIT	189	0:40:57	05:00	###	2:58:40	30.69	03:38	125	1:47:41	5:35:54	1:22:37
150	644	ALVARO PEREZ COSTAS	SEGURO 1 DIA	215	0:42:41	07:10	###	2:57:46	30.85	04:58	98	1:43:32	5:36:06	1:22:49
151	320	MANUEL SANCHEZ CAO	NOSPORTLIMIT	128	0:37:59	05:00	###	2:52:22	31.82	02:46	194	1:58:51	5:36:55	1:23:38
152	485	EDUARDO PINO PORTO	CLUB ATLETISMO PORRIÑO	272	0:51:07	05:16	###	2:54:02	31.51	04:08	91	1:42:45	5:37:16	1:23:59
153	530	CARLOS SPUCH SANCHEZ	CLUB TRIATLON CORUÑA	154	0:39:09	04:02	###	2:51:53	31.91	03:04	197	1:59:23	5:37:30	1:24:13
154	482	PEDRO PEREZ GAGO	TRIATLON VILAGARCIA /ATEN	137	0:38:31	04:46	###	3:03:28	29.89	03:03	127	1:47:58	5:37:44	1:24:26
155	629	JORGE CANO CELAYA	SEGURO 1 DIA	177	0:40:21	03:55	###	2:58:14	30.77	02:56	170	1:53:24	5:38:49	1:25:31
156	507	JOSE MANUEL SALGUEIRIÑO MACEI	CLUB ATLETISMO PORRIÑO	222	0:43:14	05:32	###	2:55:40	31.22	02:51	172	1:53:39	5:40:54	1:27:37
157	639	ANDRÉS ROMERO ORTIZ	SEGURO 1 DIA	80	0:35:36	04:49	###	3:09:40	28.91	12:12	68	1:39:11	5:41:26	1:28:08
158	438	DIEGO VILLAR SANTISO	NOSPORTLIMIT	202	0:41:46	03:41	###	2:58:11	30.78	02:26	180	1:55:34	5:41:35	1:28:18
159	638	JOSE MANUEL GAGO COSTALES	SEGURO 1 DIA	195	0:41:13	06:08	###	3:00:12	30.43	02:50	152	1:51:18	5:41:39	1:28:22
160	497	JOSE ANTONIO ARAGUNDE DIESTE	TRIATLON VILAGARCIA /ATEN	183	0:40:50	04:50	###	2:58:37	30.7	03:42	173	1:53:45	5:41:42	1:28:25
161	557	CARLOS SUÁREZ GONZÁLEZ	CLUB IBERIA TRIATLÓN	63	0:34:29	05:16	###	3:11:40	28.61	02:47	124	1:47:36	5:41:48	1:28:30
162	681	ISAAC CARPENA BALBOA	SEGURO 1 DIA	90	0:36:13	09:16	###	3:08:10	29.15	03:17	117	1:46:05	5:42:59	1:29:42
163	544	GONZALO JOSE DE CASTRO PARGA	SIRENO TRIATLON CLUB	250	0:46:56	05:11	###	2:54:37	31.41	04:31	160	1:52:09	5:43:22	1:30:05
164	646	DANIEL RODRÍGUEZ ROBLEDO	SEGURO 1 DIA	82	0:35:39	03:07	###	3:16:28	27.91	02:20	116	1:45:59	5:43:31	1:30:14
165	467	ALEJANDRO PEREZ GIANNETTO	NOSPORTLIMIT	124	0:37:51	04:50	###	3:07:42	29.22	03:10	143	1:50:17	5:43:49	1:30:31
166	514	MARIANO ROBLEDO RENERO	TRIATLÓN COSTA QUEBRADA	257	0:47:43	03:52	###	3:01:39	30.19	02:38	138	1:49:31	5:45:21	1:32:04
167	537	DIEGO SECO LAMAS	INDEPENDIENTE	261	0:47:59	05:14	###	2:53:36	31.59	03:32	178	1:55:15	5:45:34	1:32:17
168	678	ANDRES VIGO RIVEIRA	SEGURO 1 DIA	203	0:41:58	06:25	###	3:03:23	29.91	03:57	142	1:50:01	5:45:43	1:32:25
169	561	MANUEL AMADOR CORTIZO FELIZ	BALEAMAR TRIALACANT	179	0:40:28	04:24	###	3:04:41	29.7	03:14	169	1:53:23	5:46:07	1:32:49
170	684	PABLO FREIRE CASTRO	SEGURO 1 DIA	148	0:38:55	06:01	###	3:06:32	29.4	03:03	156	1:51:41	5:46:10	1:32:53
171	556	ARTURO LOPEZ LAGO	CLUB TRIATLON CORUÑA	107	0:37:08	06:05	###	3:02:21	30.08	03:28	185	1:57:13	5:46:13	1:32:56
172	305	DAVID CRUCES GARCIA	TEAM SPORT SPIRIT	205	0:42:09	04:23	###	3:05:42	29.53	03:00	151	1:51:06	5:46:18	1:33:00
173	416	JOSE RIO PERANDONES	CLUB TRIATLON 28300 ARANJ	236	0:44:37	06:56	###	3:00:22	30.41	03:37	148	1:50:48	5:46:19	1:33:01

POS.	Nº	NOME	CLUB	P.	Natación:	T1	P.	Ciclismo:	Km/h.	T2	P.	Carrera:	META	Dif.
174	520	EMILIO GONZÁLEZ MELÉNDEZ	CLUB IBERIA TRIATLÓN	86	0:36:03	06:44	###	3:01:51	30.16	04:23	190	1:57:49	5:46:48	1:33:30
175	491	JOSE FREIRE CASTRO	CLUB TRIATLON CORUÑA	213	0:42:37	04:23	###	2:57:30	30.9	03:17	196	1:59:19	5:47:04	1:33:47
176	543	RAFAEL RUIZ FUENTE	TRIATLON PISUERGA-TRIPI	233	0:44:18	04:56	###	2:52:31	31.79	04:13	205	2:01:11	5:47:07	1:33:50
177	634	IVÁN VIDAL CASTAÑO	SEGURO 1 DIA	228	0:43:39	04:31	###	2:53:10	31.67	03:46	208	2:02:02	5:47:07	1:33:50
178	528	JOSE CARLOS BAUTISTA DAVILA	CLUB ATLETISMO PORRIÑO	265	0:48:55	05:06	###	3:06:10	29.46	03:23	107	1:44:12	5:47:44	1:34:27
179	444	PABLO GOLDENBERG VILAR	SKYPI TEAM	105	0:37:04	05:00	###	3:04:51	29.67	03:26	189	1:57:31	5:47:50	1:34:33
180	411	DAVID SAN SEGUNDO NIETO	TRIARROYO	66	0:34:39	04:29	###	2:59:07	30.62	04:37	225	2:05:02	5:47:52	1:34:34
181	558	ANTONIO FEDERICO SERRAT SOTO	CLUB TRIATLON VAO	60	0:34:23	03:02	###	3:00:48	30.33	03:24	231	2:06:21	5:47:57	1:34:40
182	379	DAVID IGLESIAS OTERO	CLUB TRIATLON MAR DE VIGO	209	0:42:25	04:18	###	2:59:23	30.57	04:35	188	1:57:28	5:48:08	1:34:51
183	483	MARCOS OTERO LEDO	CIDADE DE LUGO FLUVIAL	174	0:40:16	06:08	###	3:01:17	30.25	03:35	184	1:57:10	5:48:24	1:35:07
184	637	HERVÉ NAVARRO	SEGURO 1 DIA	200	0:41:36	11:45	###	3:03:06	29.95	03:44	132	1:49:11	5:49:19	1:36:02
185	378	ALVARO PALMA GOMEZ	A.D. NAUTICO DE NARON	175	0:40:18	03:53	###	3:02:22	30.07	04:07	193	1:58:46	5:49:24	1:36:07
186	671	JUAN CARLOS DURÁ GUILLÓ	SEGURO 1 DIA	239	0:44:55	05:32	###	2:58:21	30.75	05:27	179	1:55:16	5:49:29	1:36:12
187	347	ALFREDO SANCHEZ SEARA	TRIATLON RIAS BAIXAS	194	0:41:11	05:39	###	3:08:14	29.13	03:27	153	1:51:21	5:49:51	1:36:33
188	633	JAVIER ANTONIO FIDALGO SOTO	SEGURO 1 DIA	225	0:43:25	05:25	###	2:58:25	30.74	04:03	195	1:59:11	5:50:27	1:37:10
189	357	VICTOR HERNANDEZ HERNANDEZ	CLUB TRIATLON CHARRO	96	0:36:31	04:15	###	2:59:53	30.49	04:38	227	2:05:15	5:50:30	1:37:13
190	486	JOSE PEDREIRA GARCIA	NOSPORTLIMIT	206	0:42:11	06:44	###	2:57:18	30.93	04:49	199	2:00:05	5:51:05	1:37:48
191	513	ENRIQUE TABOADA GUERRA	CLUB TRIATLON CORUÑA	102	0:36:54	05:21	###	3:05:33	29.56	03:11	200	2:00:14	5:51:10	1:37:53
192	522	JOSE MARIA BLANCO PAMPIN	TRIATLON INFORHOUSE SANT	234	0:44:22	05:19	###	2:57:22	30.92	03:13	207	2:01:37	5:51:51	1:38:34
193	649	HUMBERTO GORDON CRESPO	SEGURO 1 DIA	266	0:49:13	06:22	###	3:13:21	28.36	03:23	74	1:39:44	5:52:02	1:38:44
194	675	JESUS JIMENEZ MENDOZA	SEGURO 1 DIA	112	0:37:25	03:43	###	2:59:01	30.64	04:46	233	2:07:22	5:52:16	1:38:58
195	645	JOSÉ ANTONIO NISTAL MORAN	SEGURO 1 DIA	238	0:44:54	03:59	###	3:07:06	29.31	03:41	164	1:52:38	5:52:16	1:38:59
196	421	JOSE HERMINDO PRIETO GARCIA	NOSPORTLIMIT	211	0:42:31	05:37	###	3:04:20	29.75	03:33	191	1:58:01	5:54:00	1:40:43
197	429	ASIER CARRASCO DIEGO	ANTZAR KORRIKALARIAK	75	0:35:13	04:47	###	3:07:48	29.2	03:04	216	2:03:14	5:54:04	1:40:47
198	323	DANIEL MARTIN SANTOS	INDEPENDIENTE	181	0:40:40	04:01	###	3:01:57	30.14	03:38	223	2:04:11	5:54:24	1:41:07
199	653	LUIS ALBERTO GALLARDO PEREZ	SEGURO 1 DIA	103	0:36:58	06:00	###	2:58:45	30.68	03:36	241	2:10:18	5:55:36	1:42:18
200	683	JUAN CARLOS ALTED	SEGURO 1 DIA	147	0:38:53	08:09	###	3:07:13	29.29	04:59	183	1:56:47	5:55:59	1:42:41
201	547	FRANCISCO JAVIER HERNANDEZ R	BREATHESPORT	187	0:40:54	07:21	###	3:08:01	29.17	05:11	177	1:54:43	5:56:08	1:42:50
202	687	MARCOS ANTONIO FIGUEROA NIET	SEGURO 1 DIA	114	0:37:29	07:00	###	3:03:34	29.88	05:13	215	2:03:06	5:56:20	1:43:03
203	670	JACOB IGLESIAS VALDES	SEGURO 1 DIA	241	0:45:05	04:37	###	2:59:36	30.54	03:51	217	2:03:32	5:56:38	1:43:21
204	508	ANTONIO BAAMONDE SANDE	NOSPORTLIMIT	190	0:41:02	05:14	###	3:31:05	25.98	03:10	58	1:36:39	5:57:08	1:43:51
205	550	ANGEL JAVIER GARCIA SANCHEZ	CLUB TRIATLON OVIEDO	140	0:38:36	05:57	###	3:06:51	29.35	03:22	211	2:02:44	5:57:28	1:44:11
206	510	TEODORO VICENTE VICENTE	CLUB TRIATLON CHARRO	243	0:45:28	06:42	###	3:01:33	30.21	04:13	203	2:00:30	5:58:24	1:45:07
207	509	FRANCISCO TORRES VELEZ	C.D.E. LA TRIBU 4BS TRIATLO	123	0:37:47	04:39	###	3:03:27	29.9	03:51	238	2:09:22	5:59:04	1:45:46
208	656	CARLOS LOPEZ-BREA ORTIZ	SEGURO 1 DIA	163	0:39:37	04:27	###	2:59:51	30.49	03:09	245	2:12:24	5:59:27	1:46:10
209	445	JAVIER HERVA MIGUEZ	CLUB TRIATLON CORUÑA	198	0:41:30	05:00	###	3:06:05	29.47	03:08	221	2:03:53	5:59:33	1:46:16
210	492	MARCOS GASTON VENTURELLI LED	CLUB DEPORTIVO ELEMENTA	267	0:50:10	04:15	###	3:09:52	28.88	02:30	167	1:53:08	5:59:53	1:46:36
211	317	MANUEL DIAZ LEIRA	NOSPORTLIMIT	118	0:37:32	09:19	###	3:04:48	29.68	04:49	222	2:04:10	6:00:35	1:47:18
212	412	JAVIER LOPEZ PINO	SIRENO TRIATLON CLUB	247	0:46:07	07:29	###	3:05:57	29.49	05:05	182	1:56:03	6:00:40	1:47:23
213	619	CARLOS FERNANDEZ SÁNCHEZ	SEGURO 1 DIA	273	0:52:45	07:00	###	3:13:28	28.35	02:49	114	1:45:50	6:01:50	1:48:33
214	617	ALEJANDRO GERINO CALVO FERNA	SEGURO 1 DIA	98	0:36:41	07:48	###	3:07:38	29.23	04:32	228	2:05:34	6:02:10	1:48:53
215	604	JAVIER BILBAO RODRIGUEZ	SEGURO 1 DIA	260	0:47:58	07:52	###	3:10:46	28.75	03:37	163	1:52:25	6:02:37	1:49:20
216	414	CARLOS MARTÍN DE VIDALES PAZ	PERSONAL RUNNING TRIATLO	87	0:36:06	04:34	###	3:02:43	30.01	05:20	248	2:14:01	6:02:41	1:49:24
217	526	JAVIER AZNAR VILLAREAL	TRIARROYO	254	0:47:06	06:53	###	3:14:41	28.17	03:53	146	1:50:21	6:02:52	1:49:35
218	425	MIGUEL MARTINEZ HERNANDEZ	CLUB DEPORTIVO TRIBETEAM	270	0:50:34	08:19	###	3:07:27	29.26	03:33	174	1:53:49	6:03:40	1:50:22
219	532	MAURO JESUS VARELA PINTOS	MONTE PENARUBIA RUNNING	180	0:40:28	06:59	###	3:21:34	27.21	03:43	154	1:51:39	6:04:21	1:51:03
220	690	JULIO FERNANDEZ PEREZ	SEGURO 1 DIA	224	0:43:24	08:42	###	3:13:58	28.27	04:36	176	1:54:23	6:05:01	1:51:44
221	603	DAVID VELA NIETO	SEGURO 1 DIA	268	0:50:10	04:18	###	3:03:14	29.93	05:11	218	2:03:32	6:06:23	1:53:06
222	355	JUAN LUIS GUERRAS SORIA	TRI.NET NUNCA ES TARDE	161	0:39:32	06:35	###	3:05:53	29.5	04:16	240	2:10:18	6:06:32	1:53:14
223	464	ALBERTO RODRIGUEZ PESQUEIRA	TRIATLON MOTOTRIKE GALAIC	108	0:37:10	05:51	###	3:05:36	29.55	04:21	247	2:13:38	6:06:34	1:53:17
224	613	VICTOR PEREZ PEREZ	SEGURO 1 DIA	169	0:39:55	05:32	###	3:05:40	29.54	03:24	246	2:12:32	6:07:00	1:53:43
225	636	ROBERTO PEREZ GARCIA	SEGURO 1 DIA	81	0:35:37	07:34	###	3:29:05	26.23	03:03	165	1:52:46	6:08:02	1:54:45
226	542	JOSE JAVIER MONTORI IBAÑEZ	JAB TRIATLÓN HELIOS	185	0:40:54	05:13	###	3:04:28	29.73	05:48	244	2:12:15	6:08:35	1:55:18
227	400	ELADIO SALGUEIRO GARCIA	NOSPORTLIMIT	120	0:37:34	05:55	###	3:14:42	28.17	06:05	230	2:06:07	6:10:22	1:57:05
228	533	JOSE LUIS MARTINEZ PEREZ	CLUB TRIATLON MAR DE VIGO	277	0:55:01	03:53	###	3:10:35	28.78	03:13	198	1:59:30	6:12:10	1:58:53
229	394	PABLO YAÑEZ RAMIL	A.POLIDEPORTIVA SAN RAMO	244	0:45:39	05:03	###	3:09:50	28.89	04:12	235	2:07:49	6:12:31	1:59:14
230	462	ELOY CHUST VERDEJO	TRI.NET NUNCA ES TARDE	146	0:38:51	08:25	###	3:18:44	27.6	08:47	204	2:00:36	6:15:22	2:02:04
231	504	JOAQUÍN GÓMEZ GÓMEZ	TRI.NET NUNCA ES TARDE	255	0:47:19	06:05	###	3:10:27	28.8	04:36	232	2:07:05	6:15:31	2:02:14
232	505	LUIS MARDOMINGO MATA	TRIADDICTS	13	0:31:12	06:01	###	3:03:29	29.89	04:27	265	2:30:41	6:15:49	2:02:32
233	697	ANTONIO FILGUEIRAS BOUZA	SEGURO 1 DIA	193	0:41:09	06:45	###	3:09:20	28.97	03:42	254	2:16:16	6:17:12	2:03:54
234	474	SANTIAGO PEREZ GARCIA	CLUB DEPORTIVO MAREA VIV	259	0:47:47	06:15	###	3:28:59	26.24	02:34	155	1:51:41	6:17:15	2:03:58
235	493	OSCAR RUBEN NOGUEIRA PEDREIR	NOSPORTLIMIT	159	0:39:27	07:23	###	3:24:08	26.87	04:31	214	2:02:52	6:18:19	2:05:02
236	484	OLIVERIO CALZON FERNANDEZ	CLUB TRIATLÓN ACADEMIA CI	133	0:38:22	07:38	###	3:25:54	26.64	03:49	212	2:02:49	6:18:30	2:05:13
237	495	JOSE MANUEL FERNANDEZ DE VEL	CLUB TRIATLON 28300 ARANJ	264	0:48:52	07:17	###	3:20:32	27.35	04:00	192	1:58:20	6:19:00	2:05:42
238	616	IGNACIO IGLESIAS ORTA	SEGURO 1 DIA	182	0:40:46	05:58	###	3:22:55	27.03	03:31	229	2:06:06	6:19:15	2:05:58

POS.	Nº	NOME	CLUB	P.	Natación:	T1	P.	Ciclismo:	Km/h.	T2	P.	Carrera:	META	Dif.	
239	623	EDGAR SAAVEDRA NAVEIRA	SEGURO 1 DIA	256	0:47:30	06:33	###	3:18:19	27.65	04:28	213	2:02:50	6:19:38	2:06:21	
240	450	HECTOR LABRADO DÍAZ	C.D.E. REEBOK SPORTS CLUB	168	0:39:47	10:22	###	3:21:57	27.16	04:04	219	2:03:32	6:19:40	2:06:23	
241	535	CARLOS BENITO RAMOS	TRIKATLÓN TRES CANTOS	263	0:48:38	07:51	###	3:10:11	28.84	04:30	242	2:11:23	6:22:32	2:09:14	
242	368	JOSE MANUEL YAÑEZ TURRADO	TRIDREAMS	109	0:37:12	05:47	###	3:32:09	25.85	04:01	224	2:04:43	6:23:51	2:10:34	
243	337	FRANCISCO CABANAS SANCHEZ	NOSPORTLIMIT	212	0:42:32	06:43	###	3:29:55	26.13	04:22	206	2:01:22	6:24:54	2:11:36	
244	659	JOSE DOMINGO ROJAS MARTINEZ	SEGURO 1 DIA	207	0:42:22	07:57	###	3:14:24	28.21	05:06	257	2:19:40	6:29:27	2:16:10	
245	647	JOSE ANDRÉS VARELA PENEDO	SEGURO 1 DIA	269	0:50:24	08:10	###	3:19:22	27.51	06:41	226	2:05:08	6:29:44	2:16:26	
246	517	JUAN LUIS MUÑOZ ESCASSI	C.D. GALISPORT	188	0:40:55	06:19	###	3:29:36	26.17	04:15	237	2:09:05	6:30:08	2:16:51	
247	609	ALEJANDRO BARROS FONTE	SEGURO 1 DIA	242	0:45:21	07:20	###	3:30:27	26.06	05:20	209	2:02:11	6:30:38	2:17:20	
248	696	JOAQUIN PEREZ BELLIDO	SEGURO 1 DIA	72	0:35:04	11:03	###	3:31:56	25.88	06:29	239	2:09:58	6:34:29	2:21:12	
249	531	FRANCISCO ALONSO CUEVAS	NOSPORTLIMIT	226	0:43:31	07:52	###	3:27:20	26.45	03:47	243	2:12:04	6:34:32	2:21:14	
250	563	VICENTE PEREZ CASTILLO	EL CID TRIATLON CLUB	275	0:53:27	07:35	###	3:14:25	28.21	04:21	252	2:15:01	6:34:48	2:21:30	
251	552	JOSE JUAN AYET GISBERT	CLUB TRIATLONCIEM	26	0:32:38	06:03	###	3:23:04	27.01	03:34	264	2:30:07	6:35:24	2:22:06	
252	525	XOAN CARLOS MIRA LIÑEIRO	NOSPORTLIMIT	262	0:48:32	06:10	###	3:31:24	25.94	03:45	236	2:08:13	6:38:02	2:24:44	
253	367	ADRIAN QUEVEDO PEREZ	NOSPORTLIMIT	218	0:42:56	06:38	###	3:19:03	27.55	04:48	261	2:24:43	6:38:05	2:24:48	
254	367	JAVIER CANDAS GONZALEZ-RICO	VETUSTA UNIVERSIDAD DE O	125	0:37:54	04:48	###	2:56:14	31.12	04:01	270	2:55:52	6:38:48	2:25:31	
255	694	EDUARDO SOWERBY ZUAZUA	SEGURO 1 DIA	164	0:39:42	10:25	###	3:17:58	27.7	05:25	262	2:26:18	6:39:45	2:26:28	
256	657	MARCO ANTONIO DOVAL IGLESIAS	SEGURO 1 DIA	276	0:54:19	09:51	###	3:27:01	26.49	05:13	220	2:03:36	6:39:59	2:26:41	
257	689	EDUARD FRANQUET SUGRAÑES	SEGURO 1 DIA	249	0:46:37	06:08	###	3:29:14	26.21	03:45	251	2:14:41	6:40:23	2:27:06	
258	673	MANUEL ALBERTO ZARAGOZA VER	SEGURO 1 DIA	271	0:50:56	09:30	###	3:23:46	26.91	05:02	250	2:14:23	6:43:36	2:30:19	
259	701	FRANCISCO JOSE CRIADO RODRIGU	SEGURO 1 DIA	251	0:46:59	06:53	###	3:25:22	26.7	05:34	258	2:20:52	6:45:39	2:32:22	
260	554	MANUEL AGUSTIN LÓPEZ SÁNCHEZ	TRIATLÓN ATLETI	144	0:38:49	11:46	###	3:34:12	25.6	05:34	260	2:22:26	6:52:45	2:39:28	
261	538	ANTONIO URBANO MARTINEZ	TRIATLÓN ATLETI	240	0:44:56	06:30	###	3:34:34	25.56	05:01	259	2:22:26	6:53:25	2:40:08	
262	555	ANTONIO FERNANDEZ BELLO	INDEPENDIENTE	246	0:46:05	09:03	###	3:22:09	27.13	04:53	266	2:32:22	6:54:30	2:41:13	
263	463	GERMAN RODRIGUEZ-SAA LOPEZ	TRI OURENSE	231	0:43:54	06:48	###	3:11:25	28.65	04:51	269	2:50:30	6:57:27	2:44:10	
264	612	ENRIQUE SANTOS TRILLO	SEGURO 1 DIA	230	0:43:50	10:19	###	3:41:57	24.71	03:47	256	2:17:41	6:57:33	2:44:15	
265	625	JUAN CALLEJA MORALES	SEGURO 1 DIA	245	0:46:00	06:01	###	3:48:30	24	03:30	249	2:14:04	6:58:03	2:44:45	
266	539	MARCO ANTONIO LOPEZ FRANCO	NOSPORTLIMIT	229	0:43:43	11:31	###	3:20:51	27.3	07:27	267	2:34:54	6:58:24	2:45:07	
267	428	MARIO FUENTE LEON	TRIGIJON	186	0:40:54	07:03	###	3:52:30	23.59	03:39	255	2:17:05	7:01:09	2:47:52	
268	565	FERNANDO CABEZAS DAPENA	CLUB TRIATLON MAR DE VIGO	278	0:55:27	08:56	###	3:47:14	24.13	05:07	234	2:07:26	7:04:07	2:50:50	
269	306	ALEXANDRE DOSIL SUAREZ	CLUB CICLISTA REVOLTAS								274	15:08:18	7:05:31	2:52:14	
270	668	PABLO PÉREZ BARBEITO	SEGURO 1 DIA	279	0:57:56	07:43	###	3:37:57	25.16	07:49	253	2:15:27	7:06:50	2:53:33	
271	698	JOSÉ MANUEL SANZ MARTÍN	SEGURO 1 DIA	248	0:46:29	09:39	###	3:33:36	25.67	06:21	268	2:47:37	7:23:41	3:10:23	
272	519	GONZALO VARELA DE LA TORRE	A.POLIDEPORTIVA SAN RAMO	232	0:43:55	07:49	###	3:28:21	26.32	05:52	271	2:59:13	7:25:07	3:11:50	
273	699	JAVIER TORRES CRESPO	SEGURO 1 DIA	280	1:19:01	07:32	###	3:36:16	25.36	03:52	263	2:28:11	7:34:49	3:21:32	
274	441	ALEJANDRO RIVERA MIRA	C.T. BAHIA DE MALAGA	253	0:47:05	08:40	###	3:36:32	25.33	06:35	272	3:01:49	7:40:38	3:27:21	
JSQ	465	GUSTAVO SAEZ JIMENEZ DE ABERA	C.D.E. KORTA TRIATLÓN TEA	NO PARAR EN EL AREA DE PENALIZACIÓN										5:17:12	1:03:55
DNF	351	OSCAR FERNANDEZ VAZQUEZ	TRIATLON INFORHOUSE SANT	33	0:33:13	03:29	29	2:36:04	35.14						
DNF	370	JOSÉ MANUEL CARRILLO MORENO	C.TRIATLON PITORRA QUINTA	20	0:32:02	06:22	###	3:18:57	27.56	07:28					
DNF	374	YAGO EDUARDO SANTABAYA GONZ	TRIATLON REAL CANOE	44	0:33:39	05:41									
DNF	384	SERGIO SANTOS LOIS	TRIATLON VILAGARCIA /ATEN	23	0:32:34	03:52	8	2:28:26	36.95						
DNF	390	ANGEL ARGUMANEZ GARCIA	C. TRIATLON PITORRA QUINT												
DNF	448	MIGUEL SANTOMIL LAPIDO	ARTROGAL-TRI 498	134	0:38:23	05:19	###	3:14:31	28.19	03:39					
DNF	469	JORGE SIEIRO GONZALEZ	CLUB TRIATLON MAR DE VIGO	172	0:40:08	06:04	###	3:24:23	26.83	04:13					
DNF	498	BORJA FERNANDEZ BERMUDEZ	NOSPORTLIMIT	252	0:47:03	09:31	###	4:03:29	22.52	04:26					
DNF	536	CRISTÓBAL PIÑERA DÍAZ	CLUB TRIATLÓN ACADEMIA CI												
DNF	546	JOSE MARIA REIGOSA MARTINEZ	CLUB HERCULES TERMARIA	227	0:43:37	05:07	###	3:12:43	28.46	03:43					
DNF	658	BRUNO GOBERNA	SEGURO 1 DIA	208	0:42:22	06:19	###	2:59:38	30.53	04:41					
DNF	672	JOSE MIRAS MORENO	SEGURO 1 DIA	6	0:30:02										
DNS	302	ALEX ANDREU GARCIA	NOSPORTLIMIT												
DNS	304	VICTOR ANDRES ALMENDARIZ	CLUB NATACION METROPOLE												
DNS	314	ISMAEL PENA FERVENZA	I HAVE A DREAM												
DNS	318	EDUARDO MARCO GARICANO	DUATLÓN CALATAYUD												
DNS	339	IVAN GONZALEZ DATORRE	BEARIZ TRIATLON												
DNS	342	LUIS CUESTA FERNANDEZ	CLUB TRIATLON 28300 ARANJ												
DNS	352	DIEGO FERNANDEZ MARTINEZ	PEÑA CICLISTA LAR												
DNS	359	ALEJANDRO Balsa CASTRO	A.D. NAUTICO DE NARON												
DNS	362	FERNANDO CARIDE SUAREZ	INDEPENDIENTE												
DNS	364	OLIVER GARCIA LOSADA	NOSPORTLIMIT												
DNS	365	CARLOS ALVAREZ PEÑA	PILOÑA.DEPORTE												
DNS	372	CRISTOPHER RODRIGUEZ LOPEZ	C.A. TRIATLÓ LA VILA												
DNS	381	SANTIAGO ANTON RODRIGUEZ	C.D.E. TRIBOOST												
DNS	382	OSCAR CASAL LA PARRA	NOSPORTLIMIT												
DNS	388	JUAN FERNÁNDEZ DÍAZ	C.D.E. REEBOK SPORTS CLUB												
DNS	402	ENRIQUE GURUCETA RANERO	JAZ EIBAR TRIATLOI TALDEA												

POS.	Nº	NOME	CLUB	P. Natación:	T1	P. Ciclismo:	Km/h.	T2	P. Carrera:	META	Dif.
DNS	407	MANUEL DALMEIDA LOPEZ	TRIATLON VILAGARCIA /ATEN								
DNS	415	PABLO GONZALEZ MATO	C.A. TRIATLÓ LA VILA								
DNS	430	JOSE MIGUEL SOUTO BARRENA	EL CID TRIATLON CLUB								
DNS	432	PABLO DIAZ MONTERO	TRIATLON MOTOBIKE GALAIC								
DNS	443	RAUL ALCAZAR DIAZ	C.D. CADIZ COSTA DE LA LUZ								
DNS	452	OSCAR RAMPEREZ BUTRON	CLUB TRIATLON 28300 ARANJ								
DNS	454	JOSE BENITO ALVAREZ MIGUEL	CLUB DEPORTIVO TRIATLON								
DNS	456	FELIPE CORRAL REY	NOSPORTLIMIT								
DNS	457	DAVID VAZQUEZ VAZQUEZ	3T TRI TRAIL TEAM								
DNS	458	DIEGO ALVAREZ FIGAREDO	SKYPI TEAM								
DNS	461	MANUEL FERRO DOPICO	TRIEUME AS PONTES CLUB								
DNS	468	ROBERTO MILLARES GOMEZ	TKRONO TRIATLON GETXO								
DNS	476	FELIPE DOMINGUEZ MARIÑO	CLUB ATLETISMO PORRIÑO								
DNS	478	MANUEL DIAZ BOEDO	NOSPORTLIMIT								
DNS	489	DAVID FERNANDEZ FERNANDEZ	ATLETAS ACEA DE AMA								
DNS	490	FERNANDO FRANCISCO FERNANDE	CLUB OLIMPICO DE VEDRA								
DNS	496	IGNACIO CORRAL GUADAÑO	FITNESS SPORTS TRIATLON								
DNS	500	JOSE MANUEL DEL AMO MARTIN	EL CID TRIATLON CLUB								
DNS	502	PATXI CARRERO TARRIO	URBIKO TT BASAURI								
DNS	516	FRANCISCO JOSÉ FERNÁNDEZ GAR	CLUB MULTIDEPORTES OVIED								
DNS	529	JOSE FRANCISCO SUAREZ NUÑEZ	NOSPORTLIMIT								
DNS	540	GINES RAMIREZ CANOVAS	TRIALHAMA								
DNS	541	JOSE LUIS NAYA ORGEIRA	NOSPORTLIMIT								
DNS	545	FRANCESC NUÑEZ LASTRE	FITNESS SPORTS TRIATLON								
DNS	548	ALBERTO DIAZ AYUSO	TRIATLON REAL CANOE								
DNS	560	JOSE MANUEL PERNAS VAZQUEZ	PEÑA CICLISTA LAR								
DNS	564	EDUARDO VIEIRA MONTENEGRO	SIRENO TRIATLON CLUB								
DNS	606	MIGUEL ANGEL LOPEZ HERRERO	SEGURO 1 DIA								
DNS	608	ANGEL ARAUJO GONZALEZ	SEGURO 1 DIA								
DNS	610	MANUEL CEA DIAZ	SEGURO 1 DIA								
DNS	615	FRANCISCO ENRIQUE CORRALES S	SEGURO 1 DIA								
DNS	618	DIEGO MANZANO CANO	SEGURO 1 DIA								
DNS	622	RICARDO BLANCO CHAO	SEGURO 1 DIA								
DNS	624	DAVID DOMÍNGUEZ MARIÑO	SEGURO 1 DIA								
DNS	626	TEODORO GARCIA EGEA	SEGURO 1 DIA								
DNS	627	JORGE URBANO MARTINEZ	SEGURO 1 DIA								
DNS	628	HUGO BLANCO BLANCO	SEGURO 1 DIA								
DNS	635	IVAN RAMOS CADIerno	SEGURO 1 DIA								
DNS	640	LUIS PEDRE CARRODEGUAS	SEGURO 1 DIA								
DNS	641	RAMON SALVADOR MONSALVE	SEGURO 1 DIA								
DNS	648	JULIAN JOSE DE LA FUENTE HERNANDEZ	SEGURO 1 DIA								
DNS	650	JUAN JOSÉ ROMERO GONZÁLEZ	SEGURO 1 DIA								
DNS	651	CÉSAR RAMIL FERREIRO	SEGURO 1 DIA								
DNS	652	JAVIER VILAR MARTÍNEZ	SEGURO 1 DIA								
DNS	654	JUAN DIAZ PARDO	SEGURO 1 DIA								
DNS	660	LUIS ANTONIO COALLA CUETO	SEGURO 1 DIA								
DNS	661	ALBERTO GARCIA GONZALEZ	SEGURO 1 DIA								
DNS	662	LUIS VILASUSO PITA	SEGURO 1 DIA								
DNS	666	ALBERTO MIRON PARRA	SEGURO 1 DIA								
DNS	667	JOSE IGNACIO ROBLA BLAS	SEGURO 1 DIA								
DNS	674	JESUS CEBREIRO LOPEZ	SEGURO 1 DIA								
DNS	676	ALFONSO LOPEZ GARCIA	SEGURO 1 DIA								
DNS	679	ALBERTO EDERALDO FERNANDEZ	SEGURO 1 DIA								
DNS	682	PABLO CURRÁS PAREDES	SEGURO 1 DIA								
DNS	685	JOSE ANTONIO PURRIÑOS GONZÁL	SEGURO 1 DIA								
DNS	686	JUAN MANUEL PAÍNO MONSALVE	SEGURO 1 DIA								
DNS	688	ROMÁN RUIZ ALARCÓN	SEGURO 1 DIA								
DNS	691	JUAN FRANCISCO BLANCO LOPEZ	SEGURO 1 DIA								
DNS	692	ANTONIO JOSÉ FRAGA FERNÁNDEZ	SEGURO 1 DIA								
DNS	693	MIGUEL GOMEZ ALCOCER	SEGURO 1 DIA								
DNS	700	STEFAN KIRSCHSTEIN	SEGURO 1 DIA								

NORTHWEST TRIMAN 2021



CATEGORIAS MEDIA DISTANCIA MASCULINA

Localidade As Pontes

Data 27 de junio de 2021

Distancia

MD

Oficiais

Delegado Técnico: Alberto Morlán

Xuíz Arbitro: Mónica Flores

Responsable Oficiais: Mónica Flores

Xurado Alberto Morlán (DT)

da Bárbara Carbajales (FEGATRI)

Competición Patricio Farias (CLUB)

Datos da competición

Temperatura exterior: 10 °C

Temperatura da auga: 18,3 °C

Neopreno: Permitido

Natación: 1,9 km

1 vuelta

Ciclismo: 91,4 km

2 voltas

Carrera: 21,19 km

2 voltas

Inscritos : 364

Remataron : 274

Retirados : 12

Non Presentados : 77

Descalificados : 1

SUB-23 MASCULINA

POS.	Nº	NOME	CLUB	P.	Natación	T1	P.	Ciclismo	Km/h.	T2	P.	Carrera:	META	Dif.
1	301	GINES ROMERA ALVAREZ	BAHIA DE MALAGA	62	0:34:28	03:43	85	2:47:30	32.74	02:54	32	1:32:32	5:01:07	0:47:49

VETERANOS 1 MASCULINA

POS.	Nº	NOME	CLUB	P.	Natación	T1	P.	Ciclismo	Km/h.	T2	P.	Carrera:	META	Dif.
1	405	RAMON TRONCOSO SOBRIN	CLUB ATLETISMO PORRIÑO	7	0:30:29	02:21	2	2:22:50	38.4	01:48	12	1:26:08	4:23:34	0:10:17
2	433	ENRIQUE MORAN GONZALEZ	CLUB ATLETISMO PORRIÑO	34	0:33:14	02:42	3	2:24:25	37.97	02:17	7	1:24:41	4:27:17	0:14:00
3	451	ROBERTO CARLOS AGRELO	ARTROGAL-TRI 498	37	0:33:19	02:47	17	2:32:06	36.06	02:28	3	1:22:51	4:33:29	0:20:12
4	453	MANUEL FRAGA DIAZ	CLUB TRIATLON COMPOSTELA	38	0:33:23	03:34	16	2:31:12	36.27	02:27	6	1:24:29	4:35:03	0:21:45
5	512	LUIS ALBERTO PAREDES CO	CLUB TRIATLON POIO	41	0:33:09	02:47	20	2:32:09	36.05	02:16	10	1:25:38	4:35:57	0:22:40
6	409	JUAN CARLOS ESCOTET SE	NOSPORTLIMIT	42	0:33:36	02:56	11	2:29:20	36.72	02:24	22	1:29:23	4:37:37	0:24:20
7	435	DANIEL FEIJOO FERREIRO	TRIEUME AS PONTES CLUB	36	0:33:15	02:26	22	2:33:29	35.73	02:30	13	1:26:10	4:37:48	0:24:30
8	417	PEDRO ESCOLANTE BILBAO	A.POLIDEPORTIVA SAN RAMON DE	39	0:33:24	02:55	13	2:29:36	36.66	02:24	28	1:31:14	4:39:30	0:26:13
9	449	HECTOR FRANCÉS GONZÁLE	JAB TRIATLÓN HELIOS	89	0:36:09	03:44	21	2:33:10	35.81	02:05	34	1:32:35	4:47:41	0:34:24
10	466	PABLO ALONSO FIGUEROA	CLUB TRIATLON MORRAZO	88	0:36:08	03:57	47	2:39:45	34.33	02:55	9	1:25:05	4:47:47	0:34:29
11	471	DAVID RODRIGUEZ CAMPOS	C.D.E. TRIBOOST	64	0:34:33	02:56	33	2:37:35	34.8	02:50	26	1:30:32	4:48:23	0:35:06
12	434	MARIO LOZANO FERNÁNDEZ	CLUB TRIATLÓN CAMPOS DE CASTI	167	0:39:47	04:41	32	2:37:26	34.84	02:42	14	1:26:19	4:50:52	0:37:35
13	665	IÑAKI SERNA GONZÁLEZ	SEGURO 1 DIA	1	0:27:46	05:33	53	2:41:03	34.05	03:28	40	1:34:00	4:51:48	0:38:30
14	473	CARLOS COIRA LOJO	TRIATLON VILAGARCIA /ATENAS RU	48	0:33:55	04:07	40	2:38:20	34.64	02:12	43	1:34:10	4:52:41	0:39:24
15	404	MANUEL CANOURA ABEIJON	TRIATLON O TREITO	115	0:37:30	03:19	27	2:35:08	35.35	02:16	55	1:36:14	4:54:26	0:41:09
16	424	ANGEL GUTIERREZ CALZAD	CLUB TRIATLON CHARRO	142	0:38:43	03:11	46	2:39:07	34.47	02:07	36	1:33:00	4:56:06	0:42:48
17	663	IVAN COCA TORRES	SEGURO 1 DIA	122	0:37:40	03:17	38	2:38:18	34.65	04:09	38	1:33:15	4:56:37	0:43:20
18	419	FRANCISCO FERNANDEZ GU	TRIATLON MOTOBIKE GALAICO PON	136	0:38:29	06:41	52	2:40:56	34.08	03:26	19	1:27:57	4:57:27	0:44:09
19	499	FERNANDO SIEIRA RIOS	ARTROGAL-TRI 498	30	0:33:03	04:10	67	2:43:48	33.48	02:27	41	1:34:04	4:57:31	0:44:14
20	410	PABLO OTERO PIÑEIRO	CLUB TRIATLON MORRAZO	24	0:32:36	03:32	65	2:43:33	33.53	03:05	66	1:38:32	5:01:17	0:47:59
21	440	ROBERTO PICON ESPÍÑO	CLUB CERVECERIA O COTON NEGR	27	0:32:42	02:56	79	2:46:35	32.92	02:51	76	1:39:58	5:04:59	0:51:42
22	475	DIEGO ROMERO VILLAFUERT	CLUB TRIATLON 28300 ARANJUEZ	18	0:31:48	04:46	43	2:38:31	34.6	02:47	128	1:48:01	5:05:51	0:52:34
23	480	JESUS HEVIA GOMEZ	NOSPORTLIMIT	126	0:37:54	03:22	39	2:38:19	34.64	02:49	104	1:43:59	5:06:20	0:53:03
24	488	CARLOS GARCIA BLANCO	TRIATLON VILAGARCIA /ATENAS RU	35	0:33:15	03:09	82	2:47:01	32.84	03:10	86	1:41:06	5:07:39	0:54:21
25	487	ALFONSO LOPEZ MARTINEZ	CLUB TRIATLON MAR DE VIGO	210	0:42:30	03:16	78	2:46:28	32.95	02:08	46	1:34:51	5:09:11	0:55:53
26	427	PEDRO MUÑOZ HERNANDEZ	C.TRIATLON PITORRA QUINTANAR	101	0:36:54	03:50	90	2:48:47	32.49	02:13	65	1:38:32	5:10:14	0:56:57
27	447	RAMON FERNANDEZ MARTIN	INDEPENDIENTE	162	0:39:37	03:14	61	2:43:10	33.61	03:58	82	1:40:38	5:10:35	0:57:17
28	459	MARCIAL MONTES SERRANO	C.T. CAMALEÓN	76	0:35:15	05:54	89	2:48:43	32.51	04:21	57	1:36:38	5:10:49	0:57:32
29	431	HECTOR FERNANDEZ TEMPR	SESTAO TRIATLOI TALDEA	29	0:32:43	04:08	87	2:48:01	32.64	03:04	99	1:43:34	5:11:28	0:58:11
30	406	LUIS PENA MORANDEIRA	I HAVE A DREAM	165	0:39:43	03:12	92	2:48:54	32.47	02:20	62	1:38:01	5:12:08	0:58:50
31	481	LUIS GOMEZ AGRAS	TRIATLON FERROL	152	0:39:02	04:05	84	2:47:21	32.77	02:41	78	1:40:12	5:13:18	1:00:01
32	501	VICTOR CANO GARCIA	CLUB TRIATLON OVIEDO	121	0:37:36	03:19	115	2:52:29	31.79	02:23	60	1:37:39	5:13:24	1:00:07
33	511	GUILLERMO SOTELO JUNCA	SIRENO TRIATLON CLUB	150	0:38:58	03:36	62	2:43:22	33.57	02:44	110	1:45:06	5:13:44	1:00:26
34	460	FRANCISCO JAVIER CASTRE	TRIATLÓN VILAGARCIA /ATENAS RU	94	0:36:28	05:06	88	2:48:31	32.54	03:04	84	1:40:55	5:14:02	1:00:45
35	423	JUAN ANGEL GARCIA BOGA	CD TRIATLÓN MANDARACHE SANTA	117	0:37:32	04:08	105	2:51:28	31.98	02:39	80	1:40:21	5:16:07	1:02:50
36	680	JOSE FRANCISCO ARAQUE	SEGURO 1 DIA	129	0:38:10	04:43	56	2:41:59	33.86	02:22	133	1:49:16	5:16:29	1:03:12
37	664	SANTI CANICOPA	SEGURO 1 DIA	97	0:36:40	05:26	140	2:56:55	31	03:29	64	1:38:28	5:20:56	1:07:39
38	470	CARLOS ALBERTO ROBLES	OLID TRIATHLON TEAM UNIVEST-NU	71	0:35:04	05:08	91	2:48:51	32.48	03:28	134	1:49:17	5:21:46	1:08:29
39	442	ALBERTO LOPEZ PINO	SIRENO TRIATLON CLUB	51	0:34:03	04:34	86	2:47:38	32.72	03:52	161	1:52:18	5:22:23	1:09:06

40	472	JOSE REY-SEIJO ALCALA	TRIATLON FERROL	15	0:31:35	03:06	117	2:52:35	31.78	02:24	175	1:54:19	5:23:58	1:10:40
41	655	JOSE MANUEL ALVAREZ GO	SEGURO 1 DIA	131	0:38:13	04:16	80	2:46:38	32.91	03:07	157	1:51:48	5:24:01	1:10:44
42	455	MARCOS PERISCAL REY	ASOCIACION DEPORTIVA MEDIA DU	155	0:39:12	03:38	157	2:58:45	30.68	02:50	71	1:39:40	5:24:03	1:10:46
43	413	JUAN ANTONIO SANCHEZ TO	EL CID TRIATLON CLUB	237	0:44:50	05:53	102	2:50:56	32.08	02:34	75	1:39:58	5:24:09	1:10:52
44	669	MARTIN MARTINEZ CABEZAS	SEGURO 1 DIA	145	0:38:49	03:45	101	2:50:41	32.13	02:30	130	1:48:33	5:24:16	1:10:59
45	439	IVÁN ABIÁN LÓPEZ	CLUB TRIATLON 28300 ARANJUEZ	149	0:38:56	04:40	100	2:50:38	32.14	03:22	120	1:47:03	5:24:37	1:11:20
46	643	FRANCISCO JOSÉ VARA PÉ	SEGURO 1 DIA	153	0:39:03	04:54	103	2:51:00	32.07	03:58	115	1:45:51	5:24:43	1:11:26
47	418	YAGO PEREZ BARBEITO	NOSPORTLIMIT	196	0:41:14	03:52	93	2:49:05	32.43	02:44	129	1:48:05	5:24:59	1:11:41
48	506	SERGIO ANGEL BALADO MO	ARTROGAL-TRI 498	59	0:34:23	03:36	57	2:42:01	33.85	02:41	210	2:02:33	5:25:12	1:11:55
49	479	ROBERTO JOSE MENDEZ QU	NOSPORTLIMIT	78	0:35:22	06:41	98	2:50:21	32.2	05:14	126	1:47:41	5:25:17	1:12:00
50	426	JOSE ALFONSO VILLAR CAA	TRIATLON O TREITO	197	0:41:18	03:40	72	2:45:52	33.06	02:29	162	1:52:22	5:25:40	1:12:22
51	446	DAMIAN BORJA BAUTISTA G	CLUB ATLETISMO PORRIÑO	157	0:39:15	03:00	165	2:59:47	30.51	02:23	95	1:43:06	5:27:29	1:14:11
52	494	MARCOS MARTINEZ MOREIR	NOSPORTLIMIT	217	0:42:46	06:25	137	2:56:42	31.04	03:32	67	1:38:44	5:28:07	1:14:50
53	515	JUAN RAMON GARCIA HERN	TRIATLON ARTEIXO	50	0:34:02	04:23	119	2:53:21	31.64	02:46	171	1:53:38	5:28:08	1:14:51
54	477	FERNANDO SANCHEZ MARTI	CLUB TRIATLON CHARRO	258	0:47:44	05:55	48	2:39:46	34.33	03:18	159	1:51:58	5:28:39	1:15:22
55	503	FRANCISCO BRAVO BARRAD	CLUB DE TRIATLÓN DIABLILLOS DE	138	0:38:34	03:40	216	3:08:43	29.06	02:23	54	1:36:09	5:29:27	1:16:10
56	401	DAVID DOCE CARBALLEIRA	TRIEUME AS PONTES CLUB	204	0:42:01	05:39	50	2:40:35	34.15	04:02	186	1:57:14	5:29:30	1:16:12
57	403	ANXO MEIZOSO PERMUI	TRIATLON ARTEIXO	135	0:38:29	03:57	176	3:01:37	30.2	02:32	109	1:44:49	5:31:22	1:18:05
58	436	FRANCISCO JAVIER COBO B	CLUB TRIATLON 28300 ARANJUEZ	132	0:38:15	04:20	120	2:53:24	31.63	02:54	168	1:53:09	5:32:01	1:18:43
59	518	FRANCISCO JAVIER BARREI	NOSPORTLIMIT	113	0:37:28	04:30	182	3:02:21	30.08	02:24	111	1:45:25	5:32:06	1:18:49
60	437	JAIRO PRIETO CAAMAÑO	TRIATLON COSTA DA MORTE	235	0:44:28	04:00	162	2:59:29	30.56	02:11	90	1:42:11	5:32:17	1:19:00
61	642	FRANCISCO RIVERO GARCIA	SEGURO 1 DIA	77	0:35:22	02:45	170	3:00:40	30.36	02:40	150	1:51:05	5:32:29	1:19:12
62	408	ANTONIO JESUS CAMACHO	C.T. CAMALEÓN	170	0:40:03	07:39	136	2:56:41	31.04	05:31	94	1:42:59	5:32:51	1:19:33
63	422	LUIS MANUEL QUINTELA RIV	CLUB TRIATLON MAR DE VIGO	221	0:43:13	03:27	125	2:54:07	31.5	02:51	145	1:50:18	5:33:54	1:20:37
64	420	JOSE CARLOS FREIRE SALO	NOSPORTLIMIT	199	0:41:30	03:17	139	2:56:50	31.01	02:52	144	1:50:18	5:34:44	1:21:27
65	677	RAUL LISTA SUAREZ	SEGURO 1 DIA	56	0:34:08	04:04	153	2:58:31	30.72	02:50	181	1:55:51	5:35:22	1:22:05
66	644	ALVARO PEREZ COSTAS	SEGURO 1 DIA	215	0:42:41	07:10	145	2:57:46	30.85	04:58	98	1:43:32	5:36:06	1:22:49
67	485	EDUARDO PINO PORTO	CLUB ATLETISMO PORRIÑO	272	0:51:07	05:16	124	2:54:02	31.51	04:08	91	1:42:45	5:37:16	1:23:59
68	482	PEDRO PEREZ GAGO	TRIATLON VILAGARCIA /ATENAS RU	137	0:38:31	04:46	189	3:03:28	29.89	03:03	127	1:47:58	5:37:44	1:24:26
69	507	JOSE MANUEL SALGUEIRIÑO	CLUB ATLETISMO PORRIÑO	222	0:43:14	05:32	128	2:55:40	31.22	02:51	172	1:53:39	5:40:54	1:27:37
70	639	ANDRÉS ROMERO ORTIZ	SEGURO 1 DIA	80	0:35:36	04:49	218	3:09:40	28.91	12:12	68	1:39:11	5:41:26	1:28:08
71	438	DIEGO VILLAR SANTISO	NOSPORTLIMIT	202	0:41:46	03:41	148	2:58:11	30.78	02:26	180	1:55:34	5:41:35	1:28:18
72	638	JOSE MANUEL GAGO COSTA	SEGURO 1 DIA	195	0:41:13	06:08	168	3:00:12	30.43	02:50	152	1:51:18	5:41:39	1:28:22
73	497	JOSE ANTONIO ARAGUNDE	TRIATLON VILAGARCIA /ATENAS RU	183	0:40:50	04:50	155	2:58:37	30.7	03:42	173	1:53:45	5:41:42	1:28:25
74	681	ISAAC CARPENA BALBOA	SEGURO 1 DIA	90	0:36:13	09:16	214	3:08:10	29.15	03:17	117	1:46:05	5:42:59	1:29:42
75	646	DANIEL RODRÍGUEZ ROBLER	SEGURO 1 DIA	82	0:35:39	03:07	236	3:16:28	27.91	02:20	116	1:45:59	5:43:31	1:30:14
76	467	ALEJANDRO PEREZ GIANNE	NOSPORTLIMIT	124	0:37:51	04:50	211	3:07:42	29.22	03:10	143	1:50:17	5:43:49	1:30:31
77	514	MARIANO ROBLEDO RENER	TRIATLÓN COSTA QUEBRADA	257	0:47:43	03:52	177	3:01:39	30.19	02:38	138	1:49:31	5:45:21	1:32:04
78	678	ANDRES VIGO RIVEIRA	SEGURO 1 DIA	203	0:41:58	06:25	187	3:03:23	29.91	03:57	142	1:50:01	5:45:43	1:32:25
79	416	JOSE RIO PERANDONES	CLUB TRIATLON 28300 ARANJUEZ	236	0:44:37	06:56	169	3:00:22	30.41	03:37	148	1:50:48	5:46:19	1:33:01
80	491	JOSE FREIRE CASTRO	CLUB TRIATLON CORUÑA	213	0:42:37	04:23	144	2:57:30	30.9	03:17	196	1:59:19	5:47:04	1:33:47
81	444	PABLO GOLDENBERG VILAR	SKYPI TEAM	105	0:37:04	05:00	196	3:04:51	29.67	03:26	189	1:57:31	5:47:50	1:34:33
82	411	DAVID SAN SEGUNDO NIETO	TRIARROYO	66	0:34:39	04:29	160	2:59:07	30.62	04:37	225	2:05:02	5:47:52	1:34:34
83	483	MARCOS OTERO LEDO	CIDADE DE LUGO FLUVIAL	174	0:40:16	06:08	173	3:01:17	30.25	03:35	184	1:57:10	5:48:24	1:35:07
84	637	HERVÉ NAVARRO	SEGURO 1 DIA	200	0:41:36	11:45	185	3:03:06	29.95	03:44	132	1:49:11	5:49:19	1:36:02
85	671	JUAN CARLOS DURÁ GUILLÓ	SEGURO 1 DIA	239	0:44:55	05:32	150	2:58:21	30.75	05:27	179	1:55:16	5:49:29	1:36:12
86	486	JOSE PEDREIRA GARCIA	NOSPORTLIMIT	206	0:42:11	06:44	141	2:57:18	30.93	04:49	199	2:00:05	5:51:05	1:37:48
87	513	ENRIQUE TABOADA GUERRA	CLUB TRIATLON CORUÑA	102	0:36:54	05:21	197	3:05:33	29.56	03:11	200	2:00:14	5:51:10	1:37:53
88	649	HUMBERTO GORDON CRESPI	SEGURO 1 DIA	266	0:49:13	06:22	228	3:13:21	28.36	03:23	74	1:39:44	5:52:02	1:38:44
89	675	JESUS JIMENEZ MENDOZA	SEGURO 1 DIA	112	0:37:25	03:43	159	2:59:01	30.64	04:46	233	2:07:22	5:52:16	1:38:58
90	645	JOSÉ ANTONIO NISTAL MOR	SEGURO 1 DIA	238	0:44:54	03:59	207	3:07:06	29.31	03:41	164	1:52:38	5:52:16	1:38:59
91	421	JOSE HERMINDO PRIETO GA	NOSPORTLIMIT	211	0:42:31	05:37	192	3:04:20	29.75	03:33	191	1:58:01	5:54:00	1:40:43
92	429	ASIER CARRASCO DIEGO	ANTZAR KORRIKALARIAK	75	0:35:13	04:47	212	3:07:48	29.2	03:04	216	2:03:14	5:54:04	1:40:47
93	653	LUIS ALBERTO GALLARDO P	SEGURO 1 DIA	103	0:36:58	06:00	158	2:58:45	30.68	03:36	241	2:10:18	5:55:36	1:42:18
94	683	JUAN CARLOS ALTED	SEGURO 1 DIA	147	0:38:53	08:09	208	3:07:13	29.29	04:59	183	1:56:47	5:55:59	1:42:41
95	670	JACOB IGLESIAS VALDES	SEGURO 1 DIA	241	0:45:05	04:37	163	2:59:36	30.54	03:51	217	2:03:32	5:56:38	1:43:21
96	508	ANTONIO BAAMONDE SAND	NOSPORTLIMIT	190	0:41:02	05:14	264	3:31:05	25.98	03:10	58	1:36:39	5:57:08	1:43:51
97	510	TEODORO VICENTE VICENT	CLUB TRIATLON CHARRO	243	0:45:28	06:42	175	3:01:33	30.21	04:13	203	2:00:30	5:58:24	1:45:07
98	509	FRANCISCO TORRES VELEZ	C.D.E. LA TRIBU 4BS TRIATLON	123	0:37:47	04:39	188	3:03:27	29.9	03:51	238	2:09:22	5:59:04	1:45:46
99	656	CARLOS LOPEZ-BREA ORTIZ	SEGURO 1 DIA	163	0:39:37	04:27	166	2:59:51	30.49	03:09	245	2:12:24	5:59:27	1:46:10
100	445	JAVIER HERVA MIGUEZ	CLUB TRIATLON CORUÑA	198	0:41:30	05:00	203	3:06:05	29.47	03:08	221	2:03:53	5:59:33	1:46:16
101	492	MARCOS GASTON VENTURE	CLUB DEPORTIVO ELEMENTAL TRI	267	0:50:10	04:15	220	3:09:52	28.88	02:30	167	1:53:08	5:59:53	1:46:36
102	412	JAVIER LOPEZ PINO	SIRENO TRIATLON CLUB	247	0:46:07	07:29	202	3:05:57	29.49	05:05	182	1:56:03	6:00:40	1:47:23
103	414	CARLOS MARTÍN DE VIDALE	PERSONAL RUNNING TRIATLON	87	0:36:06	04:34	184	3:02:43	30.01	05:20	248	2:14:01	6:02:41	1:49:24
104	425	MIGUEL MARTINEZ HERNAN	CLUB DEPORTIVO TRIBETEAM	270	0:50:34	08:19	209	3:07:27	29.26	03:33	174	1:53:49	6:03:40	1:50:22
105	464	ALBERTO RODRIGUEZ PESQ	TRIATLON MOTOBIKE GALAICO PON	108	0:37:10	05:51	198	3:05:36	29.55	04:21	247	2:13:38	6:06:34	1:53:17
106	400	ELADIO SALGUEIRO GARCIA	NOSPORTLIMIT	120	0:37:34	05:55	235	3:14:42	28.17	06:05	230	2:06:07	6:10:22	1:57:05
107	462	ELOY CHUST VERDEJO	TRI.NET NUNCA ES TARDE	146	0:38:51	08:25	239	3:18:44	27.6	08:47	204	2:00:36	6:15:22	2:02:04
108	504	JOAQUÍN GÓMEZ GÓMEZ	TRI.NET NUNCA ES TARDE	255	0:47:19	06:05	222	3:10:27	28.8	04:36	232	2:07:05	6:15:31	2:02:14
109	505	LUIS MARDOMINGO MATA	TRIADDICTS	13	0:31:12	06:01	190	3:03:29	29.89	04:27	265	2:30:41	6:15:49	2:02:32
110	474	SANTIAGO PEREZ GARCIA	CLUB DEPORTIVO MAREA VIVA	259	0:47:47	06:15	258	3:28:59	26.24	02:34	155	1:51:41	6:17:15	2:03:58

111	493	OSCAR RUBEN NOGUEIRA P	NOSPORTLIMIT	159	0:39:27	07:23	251	3:24:08	26.87	04:31	214	2:02:52	6:18:19	2:05:02
112	484	OLIVERIO CALZON FERNAND	CLUB TRIATLÓN ACADEMIA CIVIL-C	133	0:38:22	07:38	254	3:25:54	26.64	03:49	212	2:02:49	6:18:30	2:05:13
113	495	JOSE MANUEL FERNANDEZ	CLUB TRIATLON 28300 ARANJUEZ	264	0:48:52	07:17	243	3:20:32	27.35	04:00	192	1:58:20	6:19:00	2:05:42
114	450	HECTOR LABRADO DÍAZ	C.D.E. REEBOK SPORTS CLUB - ACA	168	0:39:47	10:22	246	3:21:57	27.16	04:04	219	2:03:32	6:19:40	2:06:23
115	659	JOSE DOMINGO ROJAS MAR	SEGURO 1 DIA	207	0:42:22	07:57	231	3:14:24	28.21	05:06	257	2:19:40	6:29:27	2:16:10
116	647	JOSE ANDRÉS VARELA PEN	SEGURO 1 DIA	269	0:50:24	08:10	242	3:19:22	27.51	06:41	226	2:05:08	6:29:44	2:16:26
117	517	JUAN LUIS MUÑOZ ESCASSI	C.D. GALISPORT	188	0:40:55	06:19	261	3:29:36	26.17	04:15	237	2:09:05	6:30:08	2:16:51
118	657	MARCO ANTONIO DOVAL IGL	SEGURO 1 DIA	276	0:54:19	09:51	255	3:27:01	26.49	05:13	220	2:03:36	6:39:59	2:26:41
119	673	MANUEL ALBERTO ZARAGO	SEGURO 1 DIA	271	0:50:56	09:30	250	3:23:46	26.91	05:02	250	2:14:23	6:43:36	2:30:19
120	463	GERMAN RODRIGUEZ-SAA L	TRI OURENSE	231	0:43:54	06:48	225	3:11:25	28.65	04:51	269	2:50:30	6:57:27	2:44:10
121	428	MARIO FUENTE LEON	TRIGIJON	186	0:40:54	07:03	277	3:52:30	23.59	03:39	255	2:17:05	7:01:09	2:47:52
122	668	PABLO PÉREZ BARBEITO	SEGURO 1 DIA	279	0:57:56	07:43	273	3:37:57	25.16	07:49	253	2:15:27	7:06:50	2:53:33
123	441	ALEJANDRO RIVERA MIRA	C.T. BAHIA DE MALAGA	253	0:47:05	08:40	272	3:36:32	25.33	06:35	272	3:01:49	7:40:38	3:27:21
DSQ	465	GUSTAVO SAEZ JIMENEZ DE	C.D.E. KORTA TRIATLÓN TEAM G.E.	NO PARAR EN EL AREA DE PENALIZACIÓN									5:17:12	1:03:55
DNF	448	MIGUEL SANTOMIL LAPIDO	ARTROGAL-TRI 498	134	0:38:23	05:19	233	3:14:31	28.19	03:39				
DNF	469	JORGE SIEIRO GONZALEZ	CLUB TRIATLON MAR DE VIGO	172	0:40:08	06:04	252	3:24:23	26.83	04:13				
DNF	498	BORJA FERNANDEZ BERMU	NOSPORTLIMIT	252	0:47:03	09:31	278	4:03:29	22.52	04:26				
DNF	658	BRUNO GOBERNA	SEGURO 1 DIA	208	0:42:22	06:19	164	2:59:38	30.53	04:41				
DNF	672	JOSE MIRAS MORENO	SEGURO 1 DIA	6	0:30:02									
DNS	402	ENRIQUE GURUCETA RANER	JAZ EIBAR TRIATLOI TALDEA											
DNS	407	MANUEL DALMEIDA LOPEZ	TRIATLON VILAGARCIA /ATENAS RU											
DNS	415	PABLO GONZALEZ MATO	C.A. TRIATLÓ LA VILA											
DNS	430	JOSE MIGUEL SOUTO BARRE	EL CID TRIATLON CLUB											
DNS	432	PABLO DIAZ MONTERO	TRIATLON MOTOBIKE GALAICO PON											
DNS	443	RAUL ALCAZAR DIAZ	C.D. CADIZ COSTA DE LA LUZ											
DNS	452	OSCAR RAMPEREZ BUTRON	CLUB TRIATLON 28300 ARANJUEZ											
DNS	454	JOSE BENITO ALVAREZ MIG	CLUB DEPORTIVO TRIATLON BIERZ											
DNS	456	FELIPE CORRAL REY	NOSPORTLIMIT											
DNS	457	DAVID VAZQUEZ VAZQUEZ	3T TRI TRAIL TEAM											
DNS	458	DIEGO ALVAREZ FIGAREDO	SKYPI TEAM											
DNS	461	MANUEL FERRO DOPICO	TRIEUME AS PONTES CLUB											
DNS	468	ROBERTO MILLARES GOMEZ	TKRONO TRIATLON GETXO											
DNS	476	FELIPE DOMINGUEZ MARIÑO	CLUB ATLETISMO PORRIÑO											
DNS	478	MANUEL DIAZ BOEDO	NOSPORTLIMIT											
DNS	489	DAVID FERNANDEZ FERNAN	ATLETAS ACEA DE AMA											
DNS	490	FERNANDO FRANCISCO FER	CLUB OLIMPICO DE VEDRA											
DNS	496	IGNACIO CORRAL GUADAÑO	FITNESS SPORTS TRIATLON											
DNS	500	JOSE MANUEL DEL AMO MA	EL CID TRIATLON CLUB											
DNS	502	PATXI CARRERO TARRIO	URBIKO TT BASAURI											
DNS	516	FRANCISCO JOSÉ FERNÁND	CLUB MULTIDEPORTES OVIEDO - R											
DNS	640	LUIS PEDRE CARRODEGUAS	SEGURO 1 DIA											
DNS	641	RAMON SALVADOR MONSAL	SEGURO 1 DIA											
DNS	648	JULIAN JOSE DE LA FUENTE	SEGURO 1 DIA											
DNS	650	JUAN JOSÉ ROMERO GONZÁ	SEGURO 1 DIA											
DNS	651	CÉSAR RAMIL FERREIRO	SEGURO 1 DIA											
DNS	652	JAVIER VILAR MARTÍNEZ	SEGURO 1 DIA											
DNS	654	JUAN DIAZ PARDO	SEGURO 1 DIA											
DNS	660	LUIS ANTONIO COALLA CUE	SEGURO 1 DIA											
DNS	661	ALBERTO GARCIA GONZALE	SEGURO 1 DIA											
DNS	662	LUIS VILASUSO PITA	SEGURO 1 DIA											
DNS	666	ALBERTO MIRON PARRA	SEGURO 1 DIA											
DNS	667	JOSE IGNACIO ROBLA BLAS	SEGURO 1 DIA											
DNS	674	JESUS CEBREIRO LOPEZ	SEGURO 1 DIA											
DNS	676	ALFONSO LOPEZ GARCIA	SEGURO 1 DIA											
DNS	679	ALBERTO EDERALDO FERNA	SEGURO 1 DIA											
DNS	682	PABLO CURRÁS PAREDES	SEGURO 1 DIA											

VETERANOS 2 MASCULINA

POS.	Nº	NOME	CLUB	P.	Natación	T1	P.	Ciclismo	Km/h.	T2	P.	Carrera:	META	Dif.
1	695	DAVID COCA TORRES	SEGURO 1 DIA	92	0:36:16	03:40	37	2:37:53	34.73	02:35	50	1:35:30	4:55:52	0:42:35
2	527	FCO. JAVIER CORRALES DIA	CLUB DEPORTIVO DE TRIATLON HIR	99	0:36:52	03:39	55	2:41:33	33.95	02:39	31	1:32:14	4:56:54	0:43:37
3	521	MARCOS RODRIGUEZ BALIÑ	MONTE PENARUBIA RUNNING LUGO	8	0:30:43	02:50	81	2:46:43	32.9	02:12	118	1:46:07	5:08:33	0:55:16
4	559	JOSE VALLS SANTOS	INDEPENDIENTE	67	0:34:45	02:49	147	2:58:03	30.8	02:03	61	1:37:49	5:15:27	1:02:09
5	524	MATIAS GARCIA-ANLLO REIN	A.POLIDEPORTIVA SAN RAMON DE	220	0:43:09	06:58	126	2:54:33	31.42	05:12	39	1:33:42	5:23:33	1:10:16
6	534	EDUARDO ALVAREZ GONZAL	CASTRILLÓN TRIATLON	216	0:42:44	04:34	133	2:56:18	31.11	02:54	73	1:39:43	5:26:11	1:12:54
7	523	PABLO PEREZ BLANCO	CLUB TRIATLON MAR DE VIGO	110	0:37:19	04:51	174	3:01:19	30.25	03:13	88	1:41:24	5:28:03	1:14:46
8	551	JOSE MANUEL QUINTEIRO G	ASOCIACION DEPORTIVA C.A.R.	127	0:37:57	04:29	146	2:57:49	30.84	03:12	119	1:46:21	5:29:46	1:16:29
9	549	PEDRO ALFONSO LISTA SUA	A.D. FOGAR			51:15	152	2:58:30	30.73	02:20	166	1:52:59	5:32:04	1:18:47
10	553	EDUARDO SOUTO VAZQUEZ	NOSPORTLIMIT	191	0:41:04	05:44	111	2:52:17	31.83	02:43	147	1:50:29	5:32:15	1:18:58
11	530	CARLOS SPUCH SANCHEZ	CLUB TRIATLON CORUÑA	154	0:39:09	04:02	107	2:51:53	31.91	03:04	197	1:59:23	5:37:30	1:24:13
12	557	CARLOS SUÁREZ GONZÁLEZ	CLUB IBERIA TRIATLÓN	63	0:34:29	05:16	226	3:11:40	28.61	02:47	124	1:47:36	5:41:48	1:28:30

13	544	GONZALO JOSE DE CASTRO	SIRENO TRIATLON CLUB	250	0:46:56	05:11	127	2:54:37	31.41	04:31	160	1:52:09	5:43:22	1:30:05
14	537	DIEGO SECO LAMAS	INDEPENDIENTE	261	0:47:59	05:14	121	2:53:36	31.59	03:32	178	1:55:15	5:45:34	1:32:17
15	684	PABLO FREIRE CASTRO	SEGURO 1 DIA	148	0:38:55	06:01	205	3:06:32	29.4	03:03	156	1:51:41	5:46:10	1:32:53
16	556	ARTURO LOPEZ LAGO	CLUB TRIATLON CORUÑA	107	0:37:08	06:05	181	3:02:21	30.08	03:28	185	1:57:13	5:46:13	1:32:56
17	520	EMILIO GONZÁLEZ MELÉNDE	CLUB IBERIA TRIATLÓN	86	0:36:03	06:44	178	3:01:51	30.16	04:23	190	1:57:49	5:46:48	1:33:30
18	543	RAFAEL RUIZ FUENTE	TRIATLON PISUERGA-TRUPI	233	0:44:18	04:56	116	2:52:31	31.79	04:13	205	2:01:11	5:47:07	1:33:50
19	528	JOSE CARLOS BAUTISTA DA	CLUB ATLETISMO PORRIÑO	265	0:48:55	05:06	204	3:06:10	29.46	03:23	107	1:44:12	5:47:44	1:34:27
20	558	ANTONIO FEDERICO SERRAT	CLUB TRIATLON VAO	60	0:34:23	03:02	171	3:00:48	30.33	03:24	231	2:06:21	5:47:57	1:34:40
21	522	JOSE MARIA BLANCO PAMPI	TRIATLON INFORHOUSE SANTIAGO	234	0:44:22	05:19	142	2:57:22	30.92	03:13	207	2:01:37	5:51:51	1:38:34
22	547	FRANCISCO JAVIER HERNAN	BREATHESPORT	187	0:40:54	07:21	213	3:08:01	29.17	05:11	177	1:54:43	5:56:08	1:42:50
23	687	MARCOS ANTONIO FIGUERO	SEGURO 1 DIA	114	0:37:29	07:00	191	3:03:34	29.88	05:13	215	2:03:06	5:56:20	1:43:03
24	550	ANGEL JAVIER GARCIA SAN	CLUB TRIATLON OVIEDO	140	0:38:36	05:57	206	3:06:51	29.35	03:22	211	2:02:44	5:57:28	1:44:11
25	526	JAVIER AZNAR VILLAREAL	TRIARROYO	254	0:47:06	06:53	234	3:14:41	28.17	03:53	146	1:50:21	6:02:52	1:49:35
26	532	MAURO JESUS VARELA PINT	MONTE PENARUBIA RUNNING LUGO	180	0:40:28	06:59	245	3:21:34	27.21	03:43	154	1:51:39	6:04:21	1:51:03
27	690	JULIO FERNANDEZ PEREZ	SEGURO 1 DIA	224	0:43:24	08:42	230	3:13:58	28.27	04:36	176	1:54:23	6:05:01	1:51:44
28	542	JOSE JAVIER MONTORI IBAÑ	JAB TRIATLÓN HELIOS	185	0:40:54	05:13	193	3:04:28	29.73	05:48	244	2:12:15	6:08:35	1:55:18
29	533	JOSE LUIS MARTINEZ PEREZ	CLUB TRIATLON MAR DE VIGO	277	0:55:01	03:53	223	3:10:35	28.78	03:13	198	1:59:30	6:12:10	1:58:53
30	697	ANTONIO FILGUEIRAS BOUZ	SEGURO 1 DIA	193	0:41:09	06:45	217	3:09:20	28.97	03:42	254	2:16:16	6:17:12	2:03:54
31	535	CARLOS BENITO RAMOS	TRIKATLÓN TRES CANTOS	263	0:48:38	07:51	221	3:10:11	28.84	04:30	242	2:11:23	6:22:32	2:09:14
32	696	JOAQUIN PEREZ BELLIDO	SEGURO 1 DIA	72	0:35:04	11:03	266	3:31:56	25.88	06:29	239	2:09:58	6:34:29	2:21:12
33	531	FRANCISCO ALONSO CUEVA	NOSPORTLIMIT	226	0:43:31	07:52	256	3:27:20	26.45	03:47	243	2:12:04	6:34:32	2:21:14
34	552	JOSE JUAN AYET GISBERT	CLUB TRIATLONCIEM	26	0:32:38	06:03	249	3:23:04	27.01	03:34	264	2:30:07	6:35:24	2:22:06
35	525	XOAN CARLOS MIRA LIÑEIR	NOSPORTLIMIT	262	0:48:32	06:10	265	3:31:24	25.94	03:45	236	2:08:13	6:38:02	2:24:44
36	694	EDUARDO SOWERBY ZUAZU	SEGURO 1 DIA	164	0:39:42	10:25	237	3:17:58	27.7	05:25	262	2:26:18	6:39:45	2:26:28
37	689	EDUARD FRANQUET SUGRA	SEGURO 1 DIA	249	0:46:37	06:08	260	3:29:14	26.21	03:45	251	2:14:41	6:40:23	2:27:06
38	701	FRANCISCO JOSE CRIADO R	SEGURO 1 DIA	251	0:46:59	06:53	253	3:25:22	26.7	05:34	258	2:20:52	6:45:39	2:32:22
39	554	MANUEL AGUSTIN LÓPEZ SÁ	TRIATLÓN ATLETI	144	0:38:49	11:46	269	3:34:12	25.6	05:34	260	2:22:26	6:52:45	2:39:28
40	538	ANTONIO URBANO MARTINE	TRIATLÓN ATLETI	240	0:44:56	06:30	270	3:34:34	25.56	05:01	259	2:22:26	6:53:25	2:40:08
41	555	ANTONIO FERNANDEZ BELL	INDEPENDIENTE	246	0:46:05	09:03	247	3:22:09	27.13	04:53	266	2:32:22	6:54:30	2:41:13
42	539	MARCO ANTONIO LOPEZ FR	NOSPORTLIMIT	229	0:43:43	11:31	244	3:20:51	27.3	07:27	267	2:34:54	6:58:24	2:45:07
43	698	JOSÉ MANUEL SANZ MARTÍN	SEGURO 1 DIA	248	0:46:29	09:39	268	3:33:36	25.67	06:21	268	2:47:37	7:23:41	3:10:23
44	519	GONZALO VARELA DE LA TO	A.POLIDEPORTIVA SAN RAMON DE	232	0:43:55	07:49	257	3:28:21	26.32	05:52	271	2:59:13	7:25:07	3:11:50
45	699	JAVIER TORRES CRESPO	SEGURO 1 DIA	280	1:19:01	07:32	271	3:36:16	25.36	03:52	263	2:28:11	7:34:49	3:21:32
DNF	536	CRISTÓBAL PIÑERA DÍAZ	CLUB TRIATLÓN ACADEMIA CIVIL-C											
DNF	546	JOSE MARIA REIGOSA MART	CLUB HERCULES TERMARIA	227	0:43:37	05:07	227	3:12:43	28.46	03:43				
DNS	529	JOSE FRANCISCO SUAREZ N	NOSPORTLIMIT											
DNS	540	GINES RAMIREZ CANOVAS	TRIALHAMA											
DNS	541	JOSE LUIS NAYA ORGEIRA	NOSPORTLIMIT											
DNS	545	FRANCESC NÚÑEZ LASTRE	FITNESS SPORTS TRIATLON											
DNS	548	ALBERTO DIAZ AYUSO	TRIATLON REAL CANOE											
DNS	560	JOSE MANUEL PERNAS VAZ	PEÑA CICLISTA LAR											
DNS	685	JOSE ANTONIO PURRIÑOS G	SEGURO 1 DIA											
DNS	686	JUAN MANUEL PAÍNO MONS	SEGURO 1 DIA											
DNS	688	ROMÁN RUIZ ALARCÓN	SEGURO 1 DIA											
DNS	691	JUAN FRANCISCO BLANCO L	SEGURO 1 DIA											
DNS	692	ANTONIO JOSÉ FRAGA FERN	SEGURO 1 DIA											
DNS	693	MIGUEL GOMEZ ALCOCER	SEGURO 1 DIA											
DNS	700	STEFAN KIRSCHSTEIN	SEGURO 1 DIA											

VETERANOS 3 MASCULINA

POS.	Nº	NOME	CLUB	P.	Natación	T1	P.	Ciclismo	Km/h.	T2	P.	Carrera:	META	Dif.
1	562	JOSE RILO LOPEZ	NOSPORTLIMIT	189	0:40:57	05:00	156	2:58:40	30.69	03:38	125	1:47:41	5:35:54	1:22:37
2	561	MANUEL AMADOR CORTIZO	BALEAMAR TRIALACANT	179	0:40:28	04:24	194	3:04:41	29.7	03:14	169	1:53:23	5:46:07	1:32:49
3	563	VICENTE PEREZ CASTILLO	EL CID TRIATLON CLUB	275	0:53:27	07:35	232	3:14:25	28.21	04:21	252	2:15:01	6:34:48	2:21:30
4	565	FERNANDO CABEZAS DAPE	CLUB TRIATLON MAR DE VIGO	278	0:55:27	08:56	275	3:47:14	24.13	05:07	234	2:07:26	7:04:07	2:50:50
DNS	564	EDUARDO VIEIRA MONTENE	SIRENO TRIATLON CLUB											

NORTHWEST TRIMAN 2021



GRUPOS DE IDADE MEDIA DISTANCIA MASCULINA

Localidade As Pontes

Data 27 de junio de 2021

Distancia

MD

Oficiais

Delegado Técnico: Alberto Morlán

Xuíz Arbitro: Mónica Flores

Responsable Oficiais: Mónica Flores

Xurado Alberto Morlán (DT)

da Bárbara Carbajales (FEGATRI)

Competición Patricio Farias (CLUB)

Datos da competición

Temperatura exterior: 10 °C

Temperatura da auga: 18,3 °C

Neopreno: Permitido

Natación: 1,9 km

1 volta

Ciclismo: 91,4 km

2 voltas

Carrera: 21,19 km

2 voltas

Inscritos : 364

Remataron : 274

Retirados : 12

Non Presentados : 77

Descalificados : 1

DE 20 A 24 AÑOS MASCULINA

POS.	Nº	NOME	CLUB	P.	Natación	T1	P.	Ciclismo	Km/h.	T2	P.	Carrera:	META	Dif.
1	301	GINES ROMERA ALVAREZ	BAHIA DE MALAGA	62	0:34:28	03:43	85	2:47:30	32.74	02:54	32	1:32:32	5:01:07	0:47:19
2	303	ADRIAN PAZ CASTRO	A.POLIDEPORTIVA SAN RAMON DE	184	0:40:50	03:52	71	2:45:04	33.22	02:41	48	1:35:04	5:07:30	0:54:12
3	603	DAVID VELA NIETO	SEGURO 1 DIA	268	0:50:10	04:18	186	3:03:14	29.93	05:11	218	2:03:32	6:06:23	1:53:06
DNS	302	ALEX ANDREU GARCIA	NOSPORTLIMIT											

DE 25 A 29 AÑOS MASCULINA

POS.	Nº	NOME	CLUB	P.	Natación	T1	P.	Ciclismo	Km/h.	T2	P.	Carrera:	META	Dif.
1	308	JUAN VAZQUEZ AMADO	TRIATLON ARTEIXO	3	0:29:20	02:22	19	2:32:09	36.05	03:14	16	1:27:39	4:34:43	0:21:26
2	316	JESUS MALVAREZ LOURO	CLUB CICLISTA MUROS	46	0:33:50	02:47	9	2:28:53	36.84	02:37	18	1:27:53	4:35:57	0:22:40
3	309	PASTOR ADRIAN POSE REG	TRISADA	11	0:30:58	02:22	5	2:26:22	37.47	02:27	63	1:38:23	4:40:31	0:27:14
4	605	EDGAR FRANCO BOUZA	SEGURO 1 DIA	160	0:39:30	03:49	4	2:25:17	37.75	02:13	37	1:33:04	4:43:51	0:30:33
5	307	IÑIGO PEÑA FERNANDEZ	SESTAO TRIATLOI TALDEA	14	0:31:20	03:30	45	2:39:05	34.48	02:22	30	1:31:57	4:48:11	0:34:54
6	310	DANIEL POLO PEREZ	A.D. FOGAR	12	0:31:00	02:51	129	2:56:05	31.15	02:20	97	1:43:23	5:15:36	1:02:19
7	312	DAVID ESTEVEZ VAZQUEZ	NOSPORTLIMIT	95	0:36:29	05:46	73	2:45:58	33.04	03:13	123	1:47:17	5:18:41	1:05:24
8	313	JOSU CARVAJAL SIERRA	INDARPAK KIROL KLUBA	70	0:35:02	05:07	130	2:56:07	31.14	02:52	92	1:42:52	5:21:58	1:08:41
9	311	MANUEL GONZALEZ NOVOA	NOSPORTLIMIT	130	0:38:13	05:04	123	2:53:50	31.55	02:55	102	1:43:40	5:23:40	1:10:22
10	315	ARITZ AYALA GARAY	SESTAO TRIATLOI TALDEA	156	0:39:12	05:14	138	2:56:47	31.02	03:42	77	1:40:12	5:25:04	1:11:47
11	305	DAVID CRUCES GARCIA	TEAM SPORT SPIRIT	205	0:42:09	04:23	200	3:05:42	29.53	03:00	151	1:51:06	5:46:18	1:33:00
12	317	MANUEL DIAZ LEIRA	NOSPORTLIMIT	118	0:37:32	09:19	195	3:04:48	29.68	04:49	222	2:04:10	6:00:35	1:47:18
13	604	JAVIER BILBAO RODRIGUEZ	SEGURO 1 DIA	260	0:47:58	07:52	224	3:10:46	28.75	03:37	163	1:52:25	6:02:37	1:49:20
14	306	ALEXANDRE DOSIL SUAREZ	CLUB CICLISTA REVOLTAS								274	15:08:18	7:05:31	2:52:14
DNS	314	ISMAEL PENA FERVENZA	I HAVE A DREAM											
DNS	304	VICTOR ANDRES ALMENDAR	CLUB NATACION METROPOLE											

DE 30 A 34 AÑOS MASCULINA

POS.	Nº	NOME	CLUB	P.	Natación	T1	P.	Ciclismo	Km/h.	T2	P.	Carrera:	META	Dif.
1	321	CRISTOBAL DIOS RIOS	A.D. TRI-PENTA TERRAS DE LUGO	2	0:28:41	02:36	1	2:18:42	39.54	02:47	1	1:20:33	4:13:18	
2	338	LUIS MARTINEZ LOUZA	INDEPENDIENTE	9	0:30:44	02:31	7	2:28:14	37	02:06	8	1:24:57	4:28:31	0:15:13
3	319	FERNANDO HUERTA FERNÁ	VETUSTA UNIVERSIDAD DE OVIEDO	43	0:33:36	02:50	15	2:30:47	36.37	02:09	17	1:27:40	4:37:01	0:23:44
4	322	ANGEL JAVIER FERNÁNDEZ	VETUSTA UNIVERSIDAD DE OVIEDO	55	0:34:07	02:20	18	2:32:08	36.05	02:05	15	1:26:54	4:37:32	0:24:15
5	341	CARLOS RIVAS BARCALA	A.D. FOGAR							21:02	4	1:23:19	4:40:04	0:26:47
6	345	ANGELO ORGANERO VIÑAS	CLUB TRIATLON 28300 ARANJUEZ	68	0:34:56	03:25	26	2:34:18	35.54	02:16	11	1:26:00	4:40:54	0:27:37
7	332	BRUNO MARTINEZ BARGIEL	CLUB ATLETISMO PORRIÑO	10	0:30:54	02:51	24	2:33:52	35.64	02:32	59	1:36:58	4:47:06	0:33:49
8	356	JOSE LUIS LOPEZ DE IGNACI	CIDADE DE LUGO FLUVIAL	61	0:34:25	03:31	42	2:38:25	34.62	02:05	25	1:30:05	4:48:28	0:35:11
9	326	ARTURO PAZ GOMEZ	ATLETAS ACEA DE AMA	84	0:35:48	02:33	36	2:37:53	34.74	02:31	24	1:30:00	4:48:43	0:35:26
10	329	JAVIER VILA PORTO	CLUB ATLETISMO PORRIÑO	83	0:35:40	02:31	25	2:34:11	35.57	03:40	44	1:34:12	4:50:12	0:36:55
11	340	ALBERTO FRANCO MARTÍN	TRIATLON AGUILARENSE - GULLÓN	41	0:33:33	02:28	14	2:29:55	36.58	02:47	96	1:43:12	4:51:53	0:38:36
12	335	DANIEL MARTINEZ GOMEZ	C. TRIATLON OURENSE	69	0:35:01	03:51	60	2:42:21	33.78	03:15	20	1:28:10	4:52:37	0:39:19
13	350	JAVIER GARCIA LOPEZ	A.POLIDEPORTIVA SAN RAMON DE	119	0:37:33	03:12	10	2:29:02	36.8	02:57	103	1:43:49	4:56:30	0:43:13
14	344	DAVID OLIVEIRA RODRIGUEZ	CLUB ATLETISMO PORRIÑO	4	0:29:24	03:15	31	2:36:32	35.04	02:07	137	1:49:26	5:00:42	0:47:24
15	331	JAVIER DIAZ CID	NATACION PABELLON OURENSE	49	0:33:56	04:00	64	2:43:33	33.53	02:45	69	1:39:15	5:03:27	0:50:10
16	325	JESUS CARBALLIDO MENDE	CLUB ATLETISMO PORRIÑO	104	0:37:03	02:42	58	2:42:18	33.79	02:39	72	1:39:43	5:04:22	0:51:05
17	607	HECTOR OUTEDA GARIDO	SEGURO 1 DIA	45	0:33:41	03:07	95	2:49:13	32.41	02:39	52	1:36:00	5:04:36	0:51:19

18	328	ALVARO ARNAL LOPEZ	TRIATLON CARABANCHEL	79	0:35:30	03:15	51	2:40:51	34.1	03:07	101	1:43:40	5:06:22	0:53:05
19	333	GERMAN PERIBAÑEZ PAMPL	TRIATLON CARABANCHEL	54	0:34:07	03:01	69	2:44:23	33.36	03:30	106	1:44:10	5:09:09	0:55:52
20	354	IVAN VAZQUEZ GARCIA	TRIATLON VILAGARCIA /ATENAS RU								273	13:14:25	5:09:38	0:56:21
21	353	OMAR TERREROS CUADRAD	ZORROTZAKO GAZTEEN TRIATLOI K	91	0:36:14	05:09	68	2:44:13	33.39	02:52	93	1:42:54	5:11:21	0:58:04
22	327	ADRIAN MERINO ORTIZ DE Z	SESTAO TRIATLOI TALDEA	85	0:35:53					42:44	35	1:32:53	5:11:53	0:58:36
23	346	ROI CUBA DORADO	CIDADE DE LUGO FLUVIAL	28	0:32:42	03:02	66	2:43:47	33.48	02:45	158	1:51:49	5:14:03	1:00:46
24	614	RODRIGO EIRAS GONZÁLEZ	SEGURO 1 DIA	100	0:36:53	05:05	109	2:52:13	31.84	03:35	56	1:36:25	5:14:09	1:00:52
25	343	DAVID JARAMILLO ÁLVAREZ	TRIATLON CARABANCHEL	73	0:35:08	03:16	59	2:42:20	33.78	03:57	140	1:49:33	5:14:12	1:00:54
26	336	DANIEL CARRO FERNÁNDEZ	VETUSTA UNIVERSIDAD DE OVIEDO	111	0:37:23	02:59	76	2:46:20	32.97	03:55	112	1:45:38	5:16:13	1:02:56
27	330	DANIEL JIMENEZ SANCHEZ	ZORROTZAKO GAZTEEN TRIATLOI K	166	0:39:43	03:41	75	2:46:18	32.98	03:33	135	1:49:19	5:22:32	1:09:15
28	611	DAVID FERNÁNDEZ RODRÍG	SEGURO 1 DIA	143	0:38:45	05:10	131	2:56:10	31.13	03:32	70	1:39:39	5:23:13	1:09:55
29	334	SERGIO CORRAL GONZALEZ	SESTAO TRIATLOI TALDEA	58	0:34:14	06:52	70	2:44:35	33.32	03:53	202	2:00:23	5:29:55	1:16:37
30	348	JOSE ENRIQUE ESPINOSA G	C. TRIATLON PITORRA QUINTANAR	214	0:42:38	04:18	108	2:52:06	31.87	03:00	141	1:49:47	5:31:46	1:18:29
31	324	HUGO DOVAL BARREIRO	TRIATLON VILAGARCIA /ATENAS RU	219	0:43:03	04:15	54	2:41:11	34.02	03:11	201	2:00:22	5:32:02	1:18:44
32	349	ALBERTO CORRAL BAHAMO	A.D. NAUTICO DE NARON	192	0:41:08	04:23	143	2:57:24	30.91	03:31	121	1:47:04	5:33:29	1:20:12
33	320	MANUEL SANCHEZ CAO	NOSPORTLIMIT	128	0:37:59	05:00	112	2:52:22	31.82	02:46	194	1:58:51	5:36:55	1:23:38
34	347	ALFREDO SANCHEZ SEARA	TRIATLON RIAS BAIXAS	194	0:41:11	05:39	215	3:08:14	29.13	03:27	153	1:51:21	5:49:51	1:36:33
35	357	VICTOR HERNANDEZ HERNA	CLUB TRIATLON CHARRO	96	0:36:31	04:15	167	2:59:53	30.49	04:38	227	2:05:15	5:50:30	1:37:13
36	323	DANIEL MARTIN SANTOS	INDEPENDIENTE	181	0:40:40	04:01	179	3:01:57	30.14	03:38	223	2:04:11	5:54:24	1:41:07
37	617	ALEJANDRO GERINO CALVO	SEGURO 1 DIA	98	0:36:41	07:48	210	3:07:38	29.23	04:32	228	2:05:34	6:02:10	1:48:53
38	355	JUAN LUIS GUERRAS SORIA	TRI.NET NUNCA ES TARDE	161	0:39:32	06:35	201	3:05:53	29.5	04:16	240	2:10:18	6:06:32	1:53:14
39	613	VICTOR PEREZ PEREZ	SEGURO 1 DIA	169	0:39:55	05:32	199	3:05:40	29.54	03:24	246	2:12:32	6:07:00	1:53:43
40	616	IGNACIO IGLESIAS ORTA	SEGURO 1 DIA	182	0:40:46	05:58	248	3:22:55	27.03	03:31	229	2:06:06	6:19:15	2:05:58
41	337	FRANCISCO CABANAS SANC	NOSPORTLIMIT	212	0:42:32	06:43	262	3:29:55	26.13	04:22	206	2:01:22	6:24:54	2:11:36
42	609	ALEJANDRO BARROS FONT	SEGURO 1 DIA	242	0:45:21	07:20	263	3:30:27	26.06	05:20	209	2:02:11	6:30:38	2:17:20
43	612	ENRIQUE SANTOS TRILLO	SEGURO 1 DIA	230	0:43:50	10:19	274	3:41:57	24.71	03:47	256	2:17:41	6:57:33	2:44:15
DNF	351	OSCAR FERNANDEZ VAZQU	TRIATLON INFORHOUSE SANTIAGO	33	0:33:13	03:29	29	2:36:04	35.14					
DNS	615	FRANCISCO ENRIQUE CORR	SEGURO 1 DIA											
DNS	618	DIEGO MANZANO CANO	SEGURO 1 DIA											
DNS	318	EDUARDO MARCO GARICAN	DUATLON CALATAYUD											
DNS	352	DIEGO FERNANDEZ MARTIN	PEÑA CICLISTA LAR											
DNS	610	MANUEL CEA DIAZ	SEGURO 1 DIA											
DNS	606	MIGUEL ANGEL LOPEZ HERR	SEGURO 1 DIA											
DNS	608	ANGEL ARAUJO GONZALEZ	SEGURO 1 DIA											
DNS	339	IVAN GONZALEZ DATORRE	BEARIZ TRIATLON											
DNS	342	LUIS CUESTA FERNANDEZ	CLUB TRIATLON 28300 ARANJUEZ											

DE 35 A 39 AÑOS MASCULINA

POS.	Nº	NOME	CLUB	P.	Natación	T1	P.	Ciclismo	Km/h.	T2	P.	Carrera:	META	Dif.
1	392	JORGE FERRADANS VALDES	TRIATLON VILAGARCIA /ATENAS RU	5	0:29:50	02:51	6	2:27:09	37.27	02:55	5	1:24:17	4:27:01	0:13:43
2	398	FERNANDO SIERRA GARCIA	NOSPORTLIMIT	52	0:34:03	02:33	12	2:29:23	36.71	02:13	2	1:22:38	4:30:49	0:17:32
3	369	LUIS HEVIA GARCIA-BOBIA	PILOÑA.DEPORTE	19	0:31:50	02:38	23	2:33:36	35.7	02:32	42	1:34:05	4:44:39	0:31:21
4	397	RUBEN SANCHEZ VAZQUEZ	TRIATLON ARTEIXO	176	0:40:19	02:52	28	2:35:12	35.34	02:47	23	1:29:26	4:50:34	0:37:17
5	385	VICENTE GOMEZ MUÑOZ	CLUB TRIATLON CHARRO	21	0:32:32	03:01	63	2:43:25	33.56	02:33	27	1:30:37	4:52:06	0:38:48
6	383	CARLOS OTERO VARELA	NOSPORTLIMIT	22	0:32:33	03:32	44	2:39:01	34.49	02:22	49	1:35:06	4:52:33	0:39:15
7	375	DIEGO TRIGO CASTEDO	CIDADE DE LUGO FLUVIAL	17	0:31:42	03:21	30	2:36:27	35.05	02:07	79	1:40:18	4:53:54	0:40:36
8	387	DAVID CUTRIN LOPEZ	CLUB TRIATLON COMPOSTELA	116	0:37:30	05:53	41	2:38:21	34.63	03:43	21	1:29:11	4:54:37	0:41:20
9	361	JESUS PARDO JORGE	TRINORTH	158	0:39:23	03:33	34	2:37:36	34.8	02:08	33	1:32:34	4:55:13	0:41:55
10	631	GABRIEL ALARCON SABARI	SEGURO 1 DIA	16	0:31:36	02:46	35	2:37:44	34.77	02:56	85	1:40:57	4:55:57	0:42:40
11	371	DIEGO LÓPEZ SANTALLA	CD TRIATLÓN MANDARACHE SANTA	40	0:33:30	05:12	83	2:47:12	32.8	02:51	29	1:31:36	5:00:19	0:47:02
12	389	SAMUEL ALONSO BARREIRO	NOSPORTLIMIT	65	0:34:34	02:54	74	2:46:14	32.99	02:26	51	1:35:44	5:01:51	0:48:34
13	377	JUAN JOSE BELLO GARCIA	CLUB CERVECERIA O COTON NEGR	139	0:38:36	02:45	77	2:46:24	32.96	02:05	47	1:34:52	5:04:39	0:51:22
14	360	PABLO JUAN BEASCOECHE	CLUB TRIATLON POIO	57	0:34:09	03:31	49	2:40:10	34.24	03:14	108	1:44:34	5:05:37	0:52:20
15	399	JAIME VALERO IBIAS	PERSONAL RUNNING TRIATLON	151	0:39:00	04:08	99	2:50:38	32.14	03:43	53	1:36:04	5:13:30	1:00:13
16	376	ALEJANDRO RODRIGUEZ FR	CLUB NATACION LICEO	25	0:32:37	03:46	110	2:52:14	31.84	04:09	89	1:41:59	5:14:44	1:01:26
17	373	NOE FERNANDEZ CASTAÑO	TRICAN BAÑEZA	106	0:37:05	05:40	97	2:50:06	32.24	04:48	83	1:40:47	5:18:25	1:05:08
18	620	MIKEL MUÑOZ RODRIGUEZ	SEGURO 1 DIA	141	0:38:40	05:01	106	2:51:44	31.94	02:30	100	1:43:35	5:21:28	1:08:10
19	391	MARCOS FERNANDEZ CASA	ARTROGAL-TRI 498	93	0:36:21	04:13	96	2:49:22	32.38	02:32	136	1:49:24	5:21:49	1:08:32
20	358	ALVARO GARCIA SAAVEDRA	C.T. CAMALEÓN	47	0:33:50	03:57	180	3:02:13	30.1	02:36	87	1:41:11	5:23:45	1:10:28
21	363	FERNANDO CAMPO REGUEI	CIDADE DE LUGO FLUVIAL	53	0:34:06	06:31	134	2:56:27	31.08	02:28	122	1:47:07	5:26:37	1:13:19
22	621	LUIS ESTÉFANO LÓPEZ	SEGURO 1 DIA	274	0:52:49	04:54	114	2:52:26	31.81	02:09	45	1:34:24	5:26:39	1:13:22
23	386	JAVIER MATA GARCÍA	CLUB TRIATLON 28300 ARANJUEZ	223	0:43:16	07:12	113	2:52:22	31.82	03:53	81	1:40:26	5:27:09	1:13:51
24	393	ALVARO DOSIL SUAREZ	CLUB CICLISTA REVOLTAS	173	0:40:15	04:54	122	2:53:42	31.57	03:05	113	1:45:48	5:27:42	1:14:25
25	380	FRANCISCO JAVIER FERREI	NOSPORTLIMIT	178	0:40:23	04:34	104	2:51:06	32.05	03:27	131	1:48:45	5:28:13	1:14:56
26	366	ROBERTO FERNANDEZ REG	CLUB TRIATLON CORUÑA	74	0:35:11	03:16	135	2:56:34	31.06	02:26	149	1:50:48	5:28:14	1:14:57
27	395	RAÚL MARTÍN RICO	CLUB TRIATLÓN SALAMANCA	171	0:40:05	04:36	154	2:58:37	30.7	02:53	105	1:44:05	5:30:15	1:16:58
28	632	ALBERTO ADAN CARAZO	SEGURO 1 DIA	32	0:33:10	05:30	172	3:01:15	30.26	04:37	139	1:49:32	5:34:03	1:20:45
29	630	MARCOS ALVAREZ GONZAL	SEGURO 1 DIA	201	0:41:46	03:57	94	2:49:06	32.43	02:58	187	1:57:19	5:35:04	1:21:46
30	629	JORGE CANO CELAYA	SEGURO 1 DIA	177	0:40:21	03:55	149	2:58:14	30.77	02:56	170	1:53:24	5:38:49	1:25:31
31	634	IVÁN VIDAL CASTAÑO	SEGURO 1 DIA	228	0:43:39	04:31	118	2:53:10	31.67	03:46	208	2:02:02	5:47:07	1:33:50
32	379	DAVID IGLESIAS OTERO	CLUB TRIATLON MAR DE VIGO	209	0:42:25	04:18	161	2:59:23	30.57	04:35	188	1:57:28	5:48:08	1:34:51

33	378	ALVARO PALMA GOMEZ	A.D. NAUTICO DE NARON	175	0:40:18	03:53	183	3:02:22	30.07	04:07	193	1:58:46	5:49:24	1:36:07
34	633	JAVIER ANTONIO FIDALGO S	SEGURO 1 DIA	225	0:43:25	05:25	151	2:58:25	30.74	04:03	195	1:59:11	5:50:27	1:37:10
35	619	CARLOS FERNANDEZ SANC	SEGURO 1 DIA	273	0:52:45	07:00	229	3:13:28	28.35	02:49	114	1:45:50	6:01:50	1:48:33
36	636	ROBERTO PEREZ GARCIA	SEGURO 1 DIA	81	0:35:37	07:34	259	3:29:05	26.23	03:03	165	1:52:46	6:08:02	1:54:45
37	394	PABLO YAÑEZ RAMIL	A.POLIDEPORTIVA SAN RAMON DE	244	0:45:39	05:03	219	3:09:50	28.89	04:12	235	2:07:49	6:12:31	1:59:14
38	623	EDGAR SAAVEDRA NAVEIRA	SEGURO 1 DIA	256	0:47:30	06:33	238	3:18:19	27.65	04:28	213	2:02:50	6:19:38	2:06:21
39	368	JOSE MANUEL YAÑEZ TURR	TRIDREAMS	109	0:37:12	05:47	267	3:32:09	25.85	04:01	224	2:04:43	6:23:51	2:10:34
40	396	ADRIAN QUEVEDO PEREZ	NOSPORTLIMIT	218	0:42:56	06:38	241	3:19:03	27.55	04:48	261	2:24:43	6:38:05	2:24:48
41	367	JAVIER CANDAS GONZALEZ-	VEUSTA UNIVERSIDAD DE OVIEDO	125	0:37:54	04:48	143	2:56:14	31.12	04:01	270	2:55:52	6:38:48	2:25:31
42	625	JUAN CALLEJA MORALES	SEGURO 1 DIA	245	0:46:00	06:01	276	3:48:30	24	03:30	249	2:14:04	6:58:03	2:44:45
DNF	370	JOSÉ MANUEL CARRILLO M	C.TRIATLON PITORRA QUINTANAR	20	0:32:02	06:22	240	3:18:57	27.56	07:28		1:23:44	5:28:30	1:15:13
DNF	374	YAGO EDUARDO SANTABAY	TRIATLON REAL CANOE	44	0:33:39	05:41								
DNF	384	SERGIO SANTOS LOIS	TRIATLON VILAGARCIA /ATENAS RU	23	0:32:34	03:52	8	2:28:26	36.95					
DNF	390	ANGEL ARGUMANEZ GARCI	C. TRIATLON PITORRA QUINTANAR											
DNS	627	JORGE URBANO MARTINEZ	SEGURO 1 DIA											
DNS	626	TEODORO GARCIA EGEA	SEGURO 1 DIA											
DNS	624	DAVID DOMÍNGUEZ MARIÑO	SEGURO 1 DIA											
DNS	622	RICARDO BLANCO CHAO	SEGURO 1 DIA											
DNS	635	IVAN RAMOS CADIerno	SEGURO 1 DIA											
DNS	365	CARLOS ALVAREZ PEÑA	PILOÑA.DEPORTE											
DNS	628	HUGO BLANCO BLANCO	SEGURO 1 DIA											
DNS	359	ALEJANDRO BALSA CASTRO	A.D. NAUTICO DE NARON											
DNS	364	OLIVER GARCIA LOSADA	NOSPORTLIMIT											
DNS	388	JUAN FERNÁNDEZ DÍAZ	C.D.E. REEBOK SPORTS CLUB - ACA											
DNS	382	OSCAR CASAL LA PARRA	NOSPORTLIMIT											
DNS	372	CRISTOPHER RODRIGUEZ L	C.A. TRIATLÓ LA VILA											
DNS	381	SANTIAGO ANTON RODRIGU	C.D.E. TRIBOOST											
DNS	362	FERNANDO CARIDE SUAREZ	INDEPENDIENTE											

DE 40 A 44 AÑOS MASCULINA

POS.	Nº	NOME	CLUB	P.	Natación	T1	P.	Ciclismo	Km/h.	T2	P.	Carrera:	META	Dif.
1	405	RAMON TRONCOSO SOBRIN	CLUB ATLETISMO PORRIÑO	7	0:30:29	02:21	2	2:22:50	38.4	01:48	12	1:26:08	4:23:34	0:10:17
2	433	ENRIQUE MORAN GONZALEZ	CLUB ATLETISMO PORRIÑO	34	0:33:14	02:42	3	2:24:25	37.97	02:17	7	1:24:41	4:27:17	0:14:00
3	451	ROBERTO CARLOS AGRELO	ARTROGAL-TRI 498	37	0:33:19	02:47	17	2:32:06	36.06	02:28	3	1:22:51	4:33:29	0:20:12
4	453	MANUEL FRAGA DIAZ	CLUB TRIATLON COMPOSTELA	38	0:33:23	03:34	16	2:31:12	36.27	02:27	6	1:24:29	4:35:03	0:21:45
5	409	JUAN CARLOS ESCOTET SE	NOSPORTLIMIT	42	0:33:36	02:56	11	2:29:20	36.72	02:24	22	1:29:23	4:37:37	0:24:20
6	435	DANIEL FEIJOO FERREIRO	TRIEUME AS PONTES CLUB	36	0:33:15	02:26	22	2:33:29	35.73	02:30	13	1:26:10	4:37:48	0:24:30
7	417	PEDRO ESCOLANTE BILBAO	A.POLIDEPORTIVA SAN RAMON DE	39	0:33:24	02:55	13	2:29:36	36.66	02:24	28	1:31:14	4:39:30	0:26:13
8	449	HECTOR FRANCÉS GONZÁL	JAB TRIATLÓN HELIOS	89	0:36:09	03:44	21	2:33:10	35.81	02:05	34	1:32:35	4:47:41	0:34:24
9	466	PABLO ALONSO FIGUEROA	CLUB TRIATLON MORRAZO	88	0:36:08	03:57	47	2:39:45	34.33	02:55	9	1:25:05	4:47:47	0:34:29
10	434	MARIO LOZANO FERNÁNDEZ	CLUB TRIATLÓN CAMPOS DE CASTI	167	0:39:47	04:41	32	2:37:26	34.84	02:42	14	1:26:19	4:50:52	0:37:35
11	404	MANUEL CANOURA ABEIJON	TRIATLON O TREITO	115	0:37:30	03:19	27	2:35:08	35.35	02:16	55	1:36:14	4:54:26	0:41:09
12	424	ANGEL GUTIERREZ CALZAD	CLUB TRIATLON CHARRO	142	0:38:43	03:11	46	2:39:07	34.47	02:07	36	1:33:00	4:56:06	0:42:48
13	419	FRANCISCO FERNANDEZ GU	TRIATLON MOTOBike GALAICO PON	136	0:38:29	06:41	52	2:40:56	34.08	03:26	19	1:27:57	4:57:27	0:44:09
14	410	PABLO OTERO PIÑEIRO	CLUB TRIATLON MORRAZO	24	0:32:36	03:32	65	2:43:33	33.53	03:05	66	1:38:32	5:01:17	0:47:59
15	440	ROBERTO PICON ESPINO	CLUB CERVECERIA O COTON NEGR	27	0:32:42	02:56	79	2:46:35	32.92	02:51	76	1:39:58	5:04:59	0:51:42
16	427	PEDRO MUÑOZ HERNANDEZ	C.TRIATLON PITORRA QUINTANAR	101	0:36:54	03:50	90	2:48:47	32.49	02:13	65	1:38:32	5:10:14	0:56:57
17	447	RAMON FERNANDEZ MARTIN	INDEPENDIENTE	162	0:39:37	03:14	61	2:43:10	33.61	03:58	82	1:40:38	5:10:35	0:57:17
18	459	MARCIAL MONTES SERRAN	C.T. CAMALEÓN	76	0:35:15	05:54	89	2:48:43	32.51	04:21	57	1:36:38	5:10:49	0:57:32
19	431	HECTOR FERNANDEZ TEMP	SESTAO TRIATLOI TALDEA	29	0:32:43	04:08	87	2:48:01	32.64	03:04	99	1:43:34	5:11:28	0:58:11
20	406	LUIS PENA MORANDEIRA	I HAVE A DREAM	165	0:39:43	03:12	92	2:48:54	32.47	02:20	62	1:38:01	5:12:08	0:58:50
21	460	FRANCISCO JAVIER CASTRE	TRIATLON VILAGARCIA /ATENAS RU	94	0:36:28	05:06	88	2:48:31	32.54	03:04	84	1:40:55	5:14:02	1:00:45
22	423	JUAN ANGEL GARCIA BOGA	CD TRIATLÓN MANDARACHE SANTA	117	0:37:32	04:08	105	2:51:28	31.98	02:39	80	1:40:21	5:16:07	1:02:50
23	470	CARLOS ALBERTO ROBLES	OLID TRIATHLON TEAM UNIVEST-NU	71	0:35:04	05:08	91	2:48:51	32.48	03:28	134	1:49:17	5:21:46	1:08:29
24	442	ALBERTO LOPEZ PINO	SIRENO TRIATLON CLUB	51	0:34:03	04:34	86	2:47:38	32.72	03:52	161	1:52:18	5:22:23	1:09:06
25	655	JOSE MANUEL ALVAREZ GO	SEGURO 1 DIA	131	0:38:13	04:16	80	2:46:38	32.91	03:07	157	1:51:48	5:24:01	1:10:44
26	455	MARCOS PERISCAL REY	ASOCIACION DEPORTIVA MEDIA DU	155	0:39:12	03:38	157	2:58:45	30.68	02:50	71	1:39:40	5:24:03	1:10:46
27	413	JUAN ANTONIO SANCHEZ TO	EL CID TRIATLON CLUB	237	0:44:50	05:53	102	2:50:56	32.08	02:34	75	1:39:58	5:24:09	1:10:52
28	439	IVÁN ABIÁN LÓPEZ	CLUB TRIATLON 28300 ARANJUEZ	149	0:38:56	04:40	100	2:50:38	32.14	03:22	120	1:47:03	5:24:37	1:11:20
29	643	FRANCISCO JOSÉ VARA PÉ	SEGURO 1 DIA	153	0:39:03	04:54	103	2:51:00	32.07	03:58	115	1:45:51	5:24:43	1:11:26
30	418	YAGO PEREZ BARBEITO	NOSPORTLIMIT	196	0:41:14	03:52	93	2:49:05	32.43	02:44	129	1:48:05	5:24:59	1:11:41
31	426	JOSE ALFONSO VILLAR CAA	TRIATLON O TREITO	197	0:41:18	03:40	72	2:45:52	33.06	02:29	162	1:52:22	5:25:40	1:12:22
32	446	DAMIAN BORJA BAUTISTA G	CLUB ATLETISMO PORRIÑO	157	0:39:15	03:00	165	2:59:47	30.51	02:23	95	1:43:06	5:27:29	1:14:11
33	401	DAVID DOCE CARBALLEIRA	TRIEUME AS PONTES CLUB	204	0:42:01	05:39	50	2:40:35	34.15	04:02	186	1:57:14	5:29:30	1:16:12
34	403	ANXO MEIZOSO PERMUI	TRIATLON ARTEIXO	135	0:38:29	03:57	176	3:01:37	30.2	02:32	109	1:44:49	5:31:22	1:18:05
35	436	FRANCISCO JAVIER COBO B	CLUB TRIATLON 28300 ARANJUEZ	132	0:38:15	04:20	120	2:53:24	31.63	02:54	168	1:53:09	5:32:01	1:18:43
36	437	JAIRO PRIETO CAAMAÑO	TRIATLON COSTA DA MORTE	235	0:44:28	04:00	162	2:59:29	30.56	02:11	90	1:42:11	5:32:17	1:19:00
37	642	FRANCISCO RIVERO GARCIA	SEGURO 1 DIA	77	0:35:22	02:45	170	3:00:40	30.36	02:40	150	1:51:05	5:32:29	1:19:12
38	408	ANTONIO JESUS CAMACHO	C.T. CAMALEÓN	170	0:40:03	07:39	136	2:56:41	31.04	05:31	94	1:42:59	5:32:51	1:19:33
39	422	LUIS MANUEL QUINTELA RIV	CLUB TRIATLON MAR DE VIGO	221	0:43:13	03:27	125	2:54:07	31.5	02:51	145	1:50:18	5:33:54	1:20:37
40	420	JOSE CARLOS FREIRE SALO	NOSPORTLIMIT	199	0:41:30	03:17	139	2:56:50	31.01	02:52	144	1:50:18	5:34:44	1:21:27

41	644	ALVARO PEREZ COSTAS	SEGURO 1 DIA	215	0:42:41	07:10	145	2:57:46	30.85	04:58	98	1:43:32	5:36:06	1:22:49
42	639	ANDRÉS ROMERO ORTIZ	SEGURO 1 DIA	80	0:35:36	04:49	218	3:09:40	28.91	12:12	68	1:39:11	5:41:26	1:28:08
43	438	DIEGO VILLAR SANTISO	NOSPORTLIMIT	202	0:41:46	03:41	148	2:58:11	30.78	02:26	180	1:55:34	5:41:35	1:28:18
44	638	JOSE MANUEL GAGO COSTA	SEGURO 1 DIA	195	0:41:13	06:08	168	3:00:12	30.43	02:50	152	1:51:18	5:41:39	1:28:22
45	646	DANIEL RODRÍGUEZ ROBLE	SEGURO 1 DIA	82	0:35:39	03:07	236	3:16:28	27.91	02:20	116	1:45:59	5:43:31	1:30:14
46	467	ALEJANDRO PEREZ GIANNE	NOSPORTLIMIT	124	0:37:51	04:50	211	3:07:42	29.22	03:10	143	1:50:17	5:43:49	1:30:31
47	416	JOSE RIO PERANDONES	CLUB TRIATLON 28300 ARANJUEZ	236	0:44:37	06:56	169	3:00:22	30.41	03:37	148	1:50:48	5:46:19	1:33:01
48	444	PABLO GOLDENBERG VILAR	SKYPI TEAM	105	0:37:04	05:00	196	3:04:51	29.67	03:26	189	1:57:31	5:47:50	1:34:33
49	411	DAVID SAN SEGUNDO NIETO	TRIARROYO	66	0:34:39	04:29	160	2:59:07	30.62	04:37	225	2:05:02	5:47:52	1:34:34
50	637	HERVÉ NAVARRO	SEGURO 1 DIA	200	0:41:36	11:45	185	3:03:06	29.95	03:44	132	1:49:11	5:49:19	1:36:02
51	649	HUMBERTO GORDON CRESP	SEGURO 1 DIA	266	0:49:13	06:22	228	3:13:21	28.36	03:23	74	1:39:44	5:52:02	1:38:44
52	645	JOSÉ ANTONIO NISTAL MOR	SEGURO 1 DIA	238	0:44:54	03:59	207	3:07:06	29.31	03:41	164	1:52:38	5:52:16	1:38:59
53	421	JOSE HERMINDO PRIETO GA	NOSPORTLIMIT	211	0:42:31	05:37	192	3:04:20	29.75	03:33	191	1:58:01	5:54:00	1:40:43
54	429	ASIER CARRASCO DIEGO	ANTZAR KORRIKALARIAK	75	0:35:13	04:47	212	3:07:48	29.2	03:04	216	2:03:14	5:54:04	1:40:47
55	653	LUIS ALBERTO GALLARDO P	SEGURO 1 DIA	103	0:36:58	06:00	158	2:58:45	30.68	03:36	241	2:10:18	5:55:36	1:42:18
56	510	TEODORO VICENTE VICENT	CLUB TRIATLON CHARRO	243	0:45:28	06:42	175	3:01:33	30.21	04:13	203	2:00:30	5:58:24	1:45:07
57	656	CARLOS LOPEZ-BREA ORTIZ	SEGURO 1 DIA	163	0:39:37	04:27	166	2:59:51	30.49	03:09	245	2:12:24	5:59:27	1:46:10
58	445	JAVIER HERVA MIGUEZ	CLUB TRIATLON CORUÑA	198	0:41:30	05:00	203	3:06:05	29.47	03:08	221	2:03:53	5:59:33	1:46:16
59	412	JAVIER LOPEZ PINO	SIRENO TRIATLON CLUB	247	0:46:07	07:29	202	3:05:57	29.49	05:05	182	1:56:03	6:00:40	1:47:23
60	414	CARLOS MARTÍN DE VIDALE	PERSONAL RUNNING TRIATLON	87	0:36:06	04:34	184	3:02:43	30.01	05:20	248	2:14:01	6:02:41	1:49:24
61	425	MIGUEL MARTINEZ HERNAN	CLUB DEPORTIVO TRIBETEAM	270	0:50:34	08:19	209	3:07:27	29.26	03:33	174	1:53:49	6:03:40	1:50:22
62	464	ALBERTO RODRIGUEZ PESQ	TRIATLON MOTOBIKE GALAICO PON	108	0:37:10	05:51	198	3:05:36	29.55	04:21	247	2:13:38	6:06:34	1:53:17
63	400	ELADIO SALGUEIRO GARCIA	NOSPORTLIMIT	120	0:37:34	05:55	235	3:14:42	28.17	06:05	230	2:06:07	6:10:22	1:57:05
64	462	ELOY CHUST VERDEJO	TRI.NET NUNCA ES TARDE	146	0:38:51	08:25	239	3:18:44	27.6	08:47	204	2:00:36	6:15:22	2:02:04
65	450	HECTOR LABRADO DÍAZ	C.D.E. REEBOK SPORTS CLUB - ACA	168	0:39:47	10:22	246	3:21:57	27.16	04:04	219	2:03:32	6:19:40	2:06:23
66	659	JOSE DOMINGO ROJAS MAR	SEGURO 1 DIA	207	0:42:22	07:57	231	3:14:24	28.21	05:06	257	2:19:40	6:29:27	2:16:10
67	647	JOSE ANDRÉS VARELA PEN	SEGURO 1 DIA	269	0:50:24	08:10	242	3:19:22	27.51	06:41	226	2:05:08	6:29:44	2:16:26
68	657	MARCO ANTONIO DOVAL IGL	SEGURO 1 DIA	276	0:54:19	09:51	255	3:27:01	26.49	05:13	220	2:03:36	6:39:59	2:26:41
69	463	GERMAN RODRIGUEZ-SAA L	TRI OURENSE	231	0:43:54	06:48	225	3:11:25	28.65	04:51	269	2:50:30	6:57:27	2:44:10
70	428	MARIO FUENTE LEON	TRIGIJON	186	0:40:54	07:03	277	3:52:30	23.59	03:39	255	2:17:05	7:01:09	2:47:52
71	441	ALEJANDRO RIVERA MIRA	C.T. BAHIA DE MALAGA	253	0:47:05	08:40	272	3:36:32	25.33	06:35	272	3:01:49	7:40:38	3:27:21
DSQ	465	GUSTAVO SAEZ	NOVENA DE ENDE. AREA DE PENALIZACIÓN.										5:17:12	1:03:55
DNF	448	MIGUEL SANTOMILA LAPIDO	ARTROGAL-TRI 498	134	0:38:23	05:19	233	3:14:31	28.19	03:39				
DNF	658	BRUNO GOBERNA	SEGURO 1 DIA	208	0:42:22	06:19	164	2:59:38	30.53	04:41				
DNF	469	JORGE SIEIRO GONZALEZ	CLUB TRIATLON MAR DE VIGO	172	0:40:08	06:04	252	3:24:23	26.83	04:13				
DNS	468	ROBERTO MILLARES GOMEZ	TKRONO TRIATLON GETXO											
DNS	650	JUAN JOSÉ ROMERO GONZÁ	SEGURO 1 DIA											
DNS	648	JULIAN JOSE DE LA FUENTE	SEGURO 1 DIA											
DNS	452	OSCAR RAMPEREZ BUTRON	CLUB TRIATLON 28300 ARANJUEZ											
DNS	652	JAVIER VILAR MARTÍNEZ	SEGURO 1 DIA											
DNS	641	RAMON SALVADOR MONSAL	SEGURO 1 DIA											
DNS	640	LUIS PEDRE CARRODEGUA	SEGURO 1 DIA											
DNS	654	JUAN DIAZ PARDO	SEGURO 1 DIA											
DNS	461	MANUEL FERRO DOPICO	TRIEUME AS PONTES CLUB											
DNS	660	LUIS ANTONIO COALLA CUE	SEGURO 1 DIA											
DNS	662	LUIS VILASUSO PITA	SEGURO 1 DIA											
DNS	443	RAUL ALCAZAR DIAZ	C.D. CADIZ COSTA DE LA LUZ											
DNS	415	PABLO GONZALEZ MATO	C.A. TRIATLÓ LA VILA											
DNS	457	DAVID VAZQUEZ VAZQUEZ	3T TRI TRAIL TEAM											
DNS	432	PABLO DIAZ MONTERO	TRIATLON MOTOBIKE GALAICO PON											
DNS	651	CÉSAR RAMIL FERREIRO	SEGURO 1 DIA											
DNS	430	JOSE MIGUEL SOUTO BARR	EL CID TRIATLON CLUB											
DNS	407	MANUEL DALMEIDA LOPEZ	TRIATLON VILAGARCIA /ATENAS RU											
DNS	454	JOSE BENITO ALVAREZ MIG	CLUB DEPORTIVO TRIATLON BIERZ											
DNS	661	ALBERTO GARCIA GONZALE	SEGURO 1 DIA											
DNS	458	DIEGO ALVAREZ FIGAREDO	SKYPI TEAM											
DNS	402	ENRIQUE GURUCETA RANER	JAZ EIBAR TRIATLOI TALDEA											
DNS	456	FELIPE CORRAL REY	NOSPORTLIMIT											

DE 45 A 49 AÑOS MASCULINA

POS.	Nº	NOME	CLUB	P.	Natación	T1	P.	Ciclismo	Km/h.	T2	P.	Carrera:	META	Dif.
1	512	LUIS ALBERTO PAREDES CO	CLUB TRIATLON POIO	31	0:33:09	02:47	20	2:32:09	36.05	02:16	10	1:25:38	4:35:57	0:22:40
2	471	DAVID RODRIGUEZ CAMPOS	C.D.E. TRIBOOST	64	0:34:33	02:56	33	2:37:35	34.8	02:50	26	1:30:32	4:48:23	0:35:06
3	665	IÑAKI SERNA GONZÁLEZ	SEGURO 1 DIA	1	0:27:46	05:33	53	2:41:03	34.05	03:28	40	1:34:00	4:51:48	0:38:30
4	473	CARLOS COIRA LOJO	TRIATLON VILAGARCIA /ATENAS RU	48	0:33:55	04:07	40	2:38:20	34.64	02:12	43	1:34:10	4:52:41	0:39:24
5	663	IVAN COCA TORRES	SEGURO 1 DIA	122	0:37:40	03:17	38	2:38:18	34.65	04:09	38	1:33:15	4:56:37	0:43:20
6	499	FERNANDO SIEIRA RIOS	ARTROGAL-TRI 498	30	0:33:03	04:10	67	2:43:48	33.48	02:27	41	1:34:04	4:57:31	0:44:14
7	475	DIEGO ROMERO VILLAFUER	CLUB TRIATLON 28300 ARANJUEZ	18	0:31:48	04:46	43	2:38:31	34.6	02:47	128	1:48:01	5:05:51	0:52:34
8	480	JESUS HEVIA GOMEZ	NOSPORTLIMIT	126	0:37:54	03:22	39	2:38:19	34.64	02:49	104	1:43:59	5:06:20	0:53:03
9	488	CARLOS GARCIA BLANCO	TRIATLON VILAGARCIA /ATENAS RU	35	0:33:15	03:09	82	2:47:01	32.84	03:10	86	1:41:06	5:07:39	0:54:21
10	487	ALFONSO LOPEZ MARTINEZ	CLUB TRIATLON MAR DE VIGO	210	0:42:30	03:16	78	2:46:28	32.95	02:08	46	1:34:51	5:09:11	0:55:53

11	481	LUIS GOMEZ AGRAS	TRIATLON FERROL	152	0:39:02	04:05	84	2:47:21	32.77	02:41	78	1:40:12	5:13:18	1:00:01
12	501	VICTOR CANO GARCIA	CLUB TRIATLON OVIEDO	121	0:37:36	03:19	115	2:52:29	31.79	02:23	60	1:37:39	5:13:24	1:00:07
13	511	GUILLERMO SOTELO JUNCA	SIRENO TRIATLON CLUB	150	0:38:58	03:36	62	2:43:22	33.57	02:44	110	1:45:06	5:13:44	1:00:26
14	680	JOSE FRANCISCO ARAQUE	SEGURO 1 DIA	129	0:38:10	04:43	56	2:41:59	33.86	02:22	133	1:49:16	5:16:29	1:03:12
15	664	SANTI CANICOBA	SEGURO 1 DIA	97	0:36:40	05:26	140	2:56:55	31	03:29	64	1:38:28	5:20:56	1:07:39
16	472	JOSE REY-SEIJO ALCALA	TRIATLON FERROL	15	0:31:35	03:06	117	2:52:35	31.78	02:24	175	1:54:19	5:23:58	1:10:40
17	669	MARTIN MARTINEZ CABEZAS	SEGURO 1 DIA	145	0:38:49	03:45	101	2:50:41	32.13	02:30	130	1:48:33	5:24:16	1:10:59
18	506	SERGIO ANGEL BALADO MO	ARTROGAL-TRI 498	59	0:34:23	03:36	57	2:42:01	33.85	02:41	120	2:02:33	5:25:12	1:11:55
19	479	ROBERTO JOSE MENDEZ QU	NOSPORTLIMIT	78	0:35:22	06:41	98	2:50:21	32.2	05:14	216	1:47:41	5:25:17	1:12:00
20	494	MARCOS MARTINEZ MOREIR	NOSPORTLIMIT	217	0:42:46	06:25	137	2:56:42	31.04	03:32	67	1:38:44	5:28:07	1:14:50
21	515	JUAN RAMON GARCIA HERN	TRIATLON ARTEIXO	50	0:34:02	04:23	119	2:53:21	31.64	02:46	171	1:53:38	5:28:08	1:14:51
22	477	FERNANDO SANCHEZ MARTI	CLUB TRIATLON CHARRO	258	0:47:44	05:55	48	2:39:46	34.33	03:18	159	1:51:58	5:28:39	1:15:22
23	503	FRANCISCO BRAVO BARRAD	CLUB DE TRIATLÓN DIABLILLOS DE	138	0:38:34	03:40	216	3:08:43	29.06	02:23	54	1:36:09	5:29:27	1:16:10
24	518	FRANCISCO JAVIER BARREI	NOSPORTLIMIT	113	0:37:28	04:30	182	3:02:21	30.08	02:24	111	1:45:25	5:32:06	1:18:49
25	677	RAUL LISTA SUAREZ	SEGURO 1 DIA	56	0:34:08	04:04	153	2:58:31	30.72	02:50	181	1:55:51	5:35:22	1:22:05
26	485	EDUARDO PINO PORTO	CLUB ATLETISMO PORRIÑO	272	0:51:07	05:16	124	2:54:02	31.51	04:08	91	1:42:45	5:37:16	1:23:59
27	482	PEDRO PEREZ GAGO	TRIATLON VILAGARCIA /ATENAS RU	137	0:38:31	04:46	189	3:03:28	29.89	03:03	127	1:47:58	5:37:44	1:24:26
28	507	JOSE MANUEL SALGUEIRIÑ	CLUB ATLETISMO PORRIÑO	222	0:43:14	05:32	128	2:55:40	31.22	02:51	172	1:53:39	5:40:54	1:27:37
29	497	JOSE ANTONIO ARAGUNDE	TRIATLON VILAGARCIA /ATENAS RU	183	0:40:50	04:50	155	2:58:37	30.7	03:42	173	1:53:45	5:41:42	1:28:25
30	681	ISAAC CARPENA BALBOA	SEGURO 1 DIA	90	0:36:13	09:16	214	3:08:10	29.15	03:17	117	1:46:05	5:42:59	1:29:42
31	514	MARIANO ROBLEDO RENER	TRIATLÓN COSTA QUEBRADA	257	0:47:43	03:52	177	3:01:39	30.19	02:38	138	1:49:31	5:45:21	1:32:04
32	678	ANDRES VIGO RIVEIRA	SEGURO 1 DIA	203	0:41:58	06:25	187	3:03:23	29.91	03:57	142	1:50:01	5:45:43	1:32:25
33	491	JOSE FREIRE CASTRO	CLUB TRIATLON CORUÑA	213	0:42:37	04:23	144	2:57:30	30.9	03:17	196	1:59:19	5:47:04	1:33:47
34	483	MARCOS OTERO LEDO	CIDADE DE LUGO FLUVIAL	174	0:40:16	06:08	173	3:01:17	30.25	03:35	184	1:57:10	5:48:24	1:35:07
35	671	JUAN CARLOS DURÁ GUILLÓ	SEGURO 1 DIA	239	0:44:55	05:32	150	2:58:21	30.75	05:27	199	1:55:16	5:49:29	1:36:12
36	486	JOSE PEDREIRA GARCIA	NOSPORTLIMIT	206	0:42:11	06:44	141	2:57:18	30.93	04:49	179	2:00:05	5:51:05	1:37:48
37	513	ENRIQUE TABOADA GUERRA	CLUB TRIATLON CORUÑA	102	0:36:54	05:21	197	3:05:33	29.56	03:11	200	2:00:14	5:51:10	1:37:53
38	675	JESUS JIMENEZ MENDOZA	SEGURO 1 DIA	112	0:37:25	03:43	159	2:59:01	30.64	04:46	233	2:07:22	5:52:16	1:38:58
39	683	JUAN CARLOS ALTED	SEGURO 1 DIA	147	0:38:53	08:09	208	3:07:13	29.29	04:59	183	1:56:47	5:55:59	1:42:41
40	670	JACOB IGLESIAS VALDES	SEGURO 1 DIA	241	0:45:05	04:37	163	2:59:36	30.54	03:51	217	2:03:32	5:56:38	1:43:21
41	508	ANTONIO BAAMONDE SAND	NOSPORTLIMIT	190	0:41:02	05:14	264	3:31:05	25.98	03:10	58	1:36:39	5:57:08	1:43:51
42	509	FRANCISCO TORRES VELEZ	C.D.E. LA TRIBU 4BS TRIATLON	123	0:37:47	04:39	188	3:03:27	29.9	03:51	238	2:09:22	5:59:04	1:45:46
43	492	MARCOS GASTON VENTURE	CLUB DEPORTIVO ELEMENTAL TRI	267	0:50:10	04:15	220	3:09:52	28.88	02:30	167	1:53:08	5:59:53	1:46:36
44	504	JOAQUÍN GÓMEZ GÓMEZ	TRI.NET NUNCA ES TARDE	255	0:47:19	06:05	222	3:10:27	28.8	04:36	232	2:07:05	6:15:31	2:02:14
45	505	LUIS MARDOMINGO MATA	TRIADDICTS	13	0:31:12	06:01	190	3:03:29	29.89	04:27	265	2:30:41	6:15:49	2:02:32
46	474	SANTIAGO PEREZ GARCIA	CLUB DEPORTIVO MAREA VIVA	259	0:47:47	06:15	258	3:28:59	26.24	02:34	155	1:51:41	6:17:15	2:03:58
47	493	OSCAR RUBEN NOGUEIRA P	NOSPORTLIMIT	159	0:39:27	07:23	251	3:24:08	26.87	04:31	214	2:02:52	6:18:19	2:05:02
48	484	OLIVERIO CALZON FERNAND	CLUB TRIATLÓN ACADEMIA CIVIL-C	133	0:38:22	07:38	254	3:25:54	26.64	03:49	212	2:02:49	6:18:30	2:05:13
49	495	JOSE MANUEL FERNANDEZ	CLUB TRIATLON 28300 ARANJUEZ	264	0:48:52	07:17	243	3:20:32	27.35	04:00	192	1:58:20	6:19:00	2:05:42
50	517	JUAN LUIS MUÑOZ ESCASSI	C.D. GALISPORT	188	0:40:55	06:19	261	3:29:36	26.17	04:15	237	2:09:05	6:30:08	2:16:51
51	673	MANUEL ALBERTO ZARAGO	SEGURO 1 DIA	271	0:50:56	09:30	250	3:23:46	26.91	05:02	250	2:14:23	6:43:36	2:30:19
52	668	PABLO PÉREZ BARBEITO	SEGURO 1 DIA	279	0:57:56	07:43	273	3:37:57	25.16	07:49	253	2:15:27	7:06:50	2:53:33
DNF	672	JOSE MIRAS MORENO	SEGURO 1 DIA	6	0:30:02									
DNF	498	BORJA FERNANDEZ BERMU	NOSPORTLIMIT	252	0:47:03	09:31	278	4:03:29	22.52	04:26				
DNS	478	MANUEL DIAZ BOEDO	NOSPORTLIMIT											
DNS	476	FELIPE DOMINGUEZ MARIÑO	CLUB ATLETISMO PORRIÑO											
DNS	667	JOSE IGNACIO ROBLA BLAS	SEGURO 1 DIA											
DNS	516	FRANCISCO JOSÉ FERNÁND	CLUB MULTIDEPORTES OVIEDO - R											
DNS	500	JOSE MANUEL DEL AMO MA	EL CID TRIATLON CLUB											
DNS	502	PATXI CARRERO TARRIO	URBIKO TT BASAURI											
DNS	489	DAVID FERNANDEZ FERNAN	ATLETAS ACEA DE AMA											
DNS	674	JESUS CEBREIRO LOPEZ	SEGURO 1 DIA											
DNS	666	ALBERTO MIRON PARRA	SEGURO 1 DIA											
DNS	682	PABLO CURRÁS PAREDES	SEGURO 1 DIA											
DNS	490	FERNANDO FRANCISCO FER	CLUB OLIMPICO DE VEDRA											
DNS	496	IGNACIO CORRAL GUADAÑO	FITNESS SPORTS TRIATLON											
DNS	679	ALBERTO EDERALDO FERN	SEGURO 1 DIA											
DNS	676	ALFONSO LOPEZ GARCIA	SEGURO 1 DIA											

DE 50 A 54 AÑOS MASCULINA

POS.	Nº	NOME	CLUB	P.	Natación	T1	P.	Ciclismo	Km/h.	T2	P.	Carrera:	META	Dif.
1	695	DAVID COCA TORRES	SEGURO 1 DIA	92	0:36:16	03:40	37	2:37:53	34.73	02:35	50	1:35:30	4:55:52	0:42:35
2	527	FCO. JAVIER CORRALES DIA	CLUB DEPORTIVO DE TRIATLON HIR	99	0:36:52	03:39	55	2:41:33	33.95	02:39	31	1:32:14	4:56:54	0:43:37
3	521	MARCOS RODRIGUEZ BALIÑ	MONTE PENARUBIA RUNNING LUGO	8	0:30:43	02:50	81	2:46:43	32.9	02:12	118	1:46:07	5:08:33	0:55:16
4	524	MATIAS GARCIA-ANLLO REI	A.POLIDEPORTIVA SAN RAMON DE	220	0:43:09	06:58	126	2:54:33	31.42	05:12	39	1:33:42	5:23:33	1:10:16
5	534	EDUARDO ALVAREZ GONZA	CASTRILLÓN TRIATLON	216	0:42:44	04:34	133	2:56:18	31.11	02:54	73	1:39:43	5:26:11	1:12:54
6	523	PABLO PEREZ BLANCO	CLUB TRIATLON MAR DE VIGO	110	0:37:19	04:51	174	3:01:19	30.25	03:13	88	1:41:24	5:28:03	1:14:46
7	549	PEDRO ALFONSO LISTA SUA	A.D. FOGAR			51:15	152	2:58:30	30.73	02:20	166	1:52:59	5:32:04	1:18:47
8	530	CARLOS SPUCH SANCHEZ	CLUB TRIATLON CORUÑA	154	0:39:09	04:02	107	2:51:53	31.91	03:04	197	1:59:23	5:37:30	1:24:13
9	544	GONZALO JOSE DE CASTRO	SIRENO TRIATLON CLUB	250	0:46:56	05:11	127	2:54:37	31.41	04:31	160	1:52:09	5:43:22	1:30:05
10	537	DIEGO SECO LAMAS	INDEPENDIENTE	261	0:47:59	05:14	121	2:53:36	31.59	03:32	178	1:55:15	5:45:34	1:32:17

11	684	PABLO FREIRE CASTRO	SEGURO 1 DIA	148	0:38:55	06:01	205	3:06:32	29.4	03:03	156	1:51:41	5:46:10	1:32:53
12	520	EMILIO GONZÁLEZ MELÉNDE	CLUB IBERIA TRIATLÓN	86	0:36:03	06:44	178	3:01:51	30.16	04:23	190	1:57:49	5:46:48	1:33:30
13	543	RAFAEL RUIZ FUENTE	TRIATLON PISUERGA-TRUPI	233	0:44:18	04:56	116	2:52:31	31.79	04:13	205	2:01:11	5:47:07	1:33:50
14	528	JOSE CARLOS BAUTISTA DA	CLUB ATLETISMO PORRIÑO	265	0:48:55	05:06	204	3:06:10	29.46	03:23	107	1:44:12	5:47:44	1:34:27
15	522	JOSE MARIA BLANCO PAMPI	TRIATLON INFORHOUSE SANTIAGO	234	0:44:22	05:19	142	2:57:22	30.92	03:13	207	2:01:37	5:51:51	1:38:34
16	547	FRANCISCO JAVIER HERNAN	BREATHESPORT	187	0:40:54	07:21	213	3:08:01	29.17	05:11	177	1:54:43	5:56:08	1:42:50
17	687	MARCOS ANTONIO FIGUERO	SEGURO 1 DIA	114	0:37:29	07:00	191	3:03:34	29.88	05:13	215	2:03:06	5:56:20	1:43:03
18	550	ANGEL JAVIER GARCIA SAN	CLUB TRIATLON OVIEDO	140	0:38:36	05:57	206	3:06:51	29.35	03:22	211	2:02:44	5:57:28	1:44:11
19	526	JAVIER AZNAR VILLAREAL	TRIARROYO	254	0:47:06	06:53	234	3:14:41	28.17	03:53	146	1:50:21	6:02:52	1:49:35
20	532	MAURO JESUS VARELA PINT	MONTE PENARUBIA RUNNING LUGO	180	0:40:28	06:59	245	3:21:34	27.21	03:43	154	1:51:39	6:04:21	1:51:03
21	690	JULIO FERNANDEZ PEREZ	SEGURO 1 DIA	224	0:43:24	08:42	230	3:13:58	28.27	04:36	176	1:54:23	6:05:01	1:51:44
22	542	JOSE JAVIER MONTORI IBAÑ	JAB TRIATLÓN HELIOS	185	0:40:54	05:13	193	3:04:28	29.73	05:48	244	2:12:15	6:08:35	1:55:18
23	533	JOSE LUIS MARTINEZ PEREZ	CLUB TRIATLON MAR DE VIGO	277	0:55:01	03:53	223	3:10:35	28.78	03:13	198	1:59:30	6:12:10	1:58:53
24	697	ANTONIO FILGUEIRAS BOUZ	SEGURO 1 DIA	193	0:41:09	06:45	217	3:09:20	28.97	03:42	254	2:16:16	6:17:12	2:03:54
25	535	CARLOS BENITO RAMOS	TRIKATLÓN TRES CANTOS	263	0:48:38	07:51	221	3:10:11	28.84	04:30	242	2:11:23	6:22:32	2:09:14
26	696	JOAQUIN PEREZ BELLIDO	SEGURO 1 DIA	72	0:35:04	11:03	266	3:31:56	25.88	06:29	239	2:09:58	6:34:29	2:21:12
27	531	FRANCISCO ALONSO CUEVA	NOSPORTLIMIT	226	0:43:31	07:52	256	3:27:20	26.45	03:47	243	2:12:04	6:34:32	2:21:14
28	525	XOAN CARLOS MIRA LIÑEIR	NOSPORTLIMIT	262	0:48:32	06:10	265	3:31:24	25.94	03:45	236	2:08:13	6:38:02	2:24:44
29	694	EDUARDO SOWERBY ZUAZU	SEGURO 1 DIA	164	0:39:42	10:25	237	3:17:58	27.7	05:25	262	2:26:18	6:39:45	2:26:28
30	689	EDUARD FRANQUET SUGRA	SEGURO 1 DIA	249	0:46:37	06:08	260	3:29:14	26.21	03:45	251	2:14:41	6:40:23	2:27:06
31	538	ANTONIO URBANO MARTINE	TRIATLÓN ATLETI	240	0:44:56	06:30	270	3:34:34	25.56	05:01	259	2:22:26	6:53:25	2:40:08
32	539	MARCO ANTONIO LOPEZ FR	NOSPORTLIMIT	229	0:43:43	11:31	244	3:20:51	27.3	07:27	267	2:34:54	6:58:24	2:45:07
33	519	GONZALO VARELA DE LA TO	A.POLIDEPORTIVA SAN RAMON DE	232	0:43:55	07:49	257	3:28:21	26.32	05:52	271	2:59:13	7:25:07	3:11:50
DNF	536	CRISTÓBAL PIÑERA DÍAZ	CLUB TRIATLÓN ACADEMIA CIVIL-C											
DNF	546	JOSE MARIA REIGOSA MART	CLUB HERCULES TERMARIA	227	0:43:37	05:07	227	3:12:43	28.46	03:43				
DNS	691	JUAN FRANCISCO BLANCO L	SEGURO 1 DIA											
DNS	693	MIGUEL GOMEZ ALCOCER	SEGURO 1 DIA											
DNS	692	ANTONIO JOSÉ FRAGA FERN	SEGURO 1 DIA											
DNS	688	ROMÁN RUIZ ALARCÓN	SEGURO 1 DIA											
DNS	686	JUAN MANUEL PAÍNO MONS	SEGURO 1 DIA											
DNS	685	JOSE ANTONIO PURRIÑOS G	SEGURO 1 DIA											
DNS	541	JOSE LUIS NAYA ORGEIRA	NOSPORTLIMIT											
DNS	540	GINES RAMIREZ CANOVAS	TRIALHAMA											
DNS	529	JOSE FRANCISCO SUAREZ N	NOSPORTLIMIT											
DNS	548	ALBERTO DIAZ AYUSO	TRIATLON REAL CANOE											
DNS	545	FRANCESC NÚÑEZ LASTRE	FITNESS SPORTS TRIATLON											

DE 55 A 59 AÑOS MASCULINA

POS.	Nº	NOME	CLUB	P.	Natación	T1	P.	Ciclismo	Km/h.	T2	P.	Carrera:	META	Dif.
1	559	JOSE VALLS SANTOS	INDEPENDIENTE	67	0:34:45	02:49	147	2:58:03	30.8	02:03	61	1:37:49	5:15:27	1:02:09
2	551	JOSE MANUEL QUINTEIRO G	ASOCIACION DEPORTIVA C.A.R.	127	0:37:57	04:29	146	2:57:49	30.84	03:12	119	1:46:21	5:29:46	1:16:29
3	553	EDUARDO SOUTO VAZQUEZ	NOSPORTLIMIT	191	0:41:04	05:44	111	2:52:17	31.83	02:43	147	1:50:29	5:32:15	1:18:58
4	557	CARLOS SUÁREZ GONZÁLEZ	CLUB IBERIA TRIATLÓN	63	0:34:29	05:16	226	3:11:40	28.61	02:47	124	1:47:36	5:41:48	1:28:30
5	556	ARTURO LOPEZ LAGO	CLUB TRIATLON CORUÑA	107	0:37:08	06:05	181	3:02:21	30.08	03:28	185	1:57:13	5:46:13	1:32:56
6	558	ANTONIO FEDERICO SERRA	CLUB TRIATLON VAO	60	0:34:23	03:02	171	3:00:48	30.33	03:24	231	2:06:21	5:47:57	1:34:40
7	552	JOSE JUAN AYET GISBERT	CLUB TRIATLONCIEM	26	0:32:38	06:03	249	3:23:04	27.01	03:34	264	2:30:07	6:35:24	2:22:06
8	701	FRANCISCO JOSE CRIADO R	SEGURO 1 DIA	251	0:46:59	06:53	253	3:25:22	26.7	05:34	258	2:20:52	6:45:39	2:32:22
9	554	MANUEL AGUSTIN LÓPEZ SÁ	TRIATLÓN ATLETI	144	0:38:49	11:46	269	3:34:12	25.6	05:34	260	2:22:26	6:52:45	2:39:28
10	555	ANTONIO FERNANDEZ BELL	INDEPENDIENTE	246	0:46:05	09:03	247	3:22:09	27.13	04:53	266	2:32:22	6:54:30	2:41:13
11	698	JOSÉ MANUEL SANZ MARTÍN	SEGURO 1 DIA	248	0:46:29	09:39	268	3:33:36	25.67	06:21	268	2:47:37	7:23:41	3:10:23
12	699	JAVIER TORRES CRESPO	SEGURO 1 DIA	280	1:19:01	07:32	271	3:36:16	25.36	03:52	263	2:28:11	7:34:49	3:21:32
DNS	560	JOSE MANUEL PERNAS VAZ	PEÑA CICLISTA LAR											
DNS	700	STEFAN KIRSCHSTEIN	SEGURO 1 DIA											

DE 60 A 64 AÑOS MASCULINA

POS.	Nº	NOME	CLUB	P.	Natación	T1	P.	Ciclismo	Km/h.	T2	P.	Carrera:	META	Dif.
1	562	JOSE RILO LOPEZ	NOSPORTLIMIT	189	0:40:57	05:00	156	2:58:40	30.69	03:38	125	1:47:41	5:35:54	1:22:37
2	561	MANUEL AMADOR CORTIZO	BALEAMAR TRIALACANT	179	0:40:28	04:24	194	3:04:41	29.7	03:14	169	1:53:23	5:46:07	1:32:49
3	563	VICENTE PEREZ CASTILLO	EL CID TRIATLON CLUB	275	0:53:27	07:35	232	3:14:25	28.21	04:21	252	2:15:01	6:34:48	2:21:30

DE 65 A 69 AÑOS MASCULINA

POS.	Nº	NOME	CLUB	P.	Natación	T1	P.	Ciclismo	Km/h.	T2	P.	Carrera:	META	Dif.
1	565	FERNANDO CABEZAS DAPE	CLUB TRIATLON MAR DE VIGO	278	0:55:27	08:56	275	3:47:14	24.13	05:07	234	2:07:26	7:04:07	2:50:50
DNS	564	EDUARDO VIEIRA MONTENE	SIRENO TRIATLON CLUB											

NORTHWEST TRIMAN 2021



CLUBS MEDIA DISTANCIA MASCULINA

Localidade **As Pontes**

Data **27 de junio de 2021**

Distancia

MD

Oficiais

Delegado Técnico: **Alberto Morlán**

Xuíz Arbitro: **Mónica Flores**

Responsable Oficiais: **Mónica Flores**

Xurado da Competición: **Alberto Morlán (DT)**

Bárbara Carbajales (FEGATRI)

Patricio Farias (CLUB)

Datos da competición

Temperatura exterior: 10 °C

Temperatura da auga: 18,3 °C

Neopreno: Permitido

Natación: 1,9 km

1 vuelta

Ciclismo: 91,4 km

2 vueltas

Carrera: 21,19 km

2 vueltas

Inscritos : 364

Remataron : 274

Retirados : 12

Non Presentados : 77

Descalificados : 1

1 CLUB ATLETISMO PORRIÑO

1	RAMON	TRONCOSO SOBRINO	4:23:34
2	ENRIQUE	MORAN GONZALEZ	4:27:17
3	BRUNO	MARTINEZ BARGIELA	4:47:06

2 NOSPORTLIMIT

1	FERNANDO	SIERRA GARCIA	4:30:49
2	JUAN CARLOS	ESCOTET SERRANO	4:37:37
3	CARLOS	OTERO VARELA	4:52:33

3 RIATLON VILAGARCIA /ATENAS RUNNIN

1	JORGE	FERRADANS VALDES	4:27:01
2	CARLOS	COIRA LOJO	4:52:41
3	CARLOS	GARCIA BLANCO	5:07:39

4 IUSTA UNIVERSIDAD DE OVIEDO TRIATL

1	FERNANDO	HUERTA FERNÁNDEZ	4:37:01
2	ANGEL JAVIER	FERNÁNDEZ ALVAREZ	4:37:32
3	DANIEL	CARRO FERNÁNDEZ	5:16:13

5 POLIDEPORTIVA SAN RAMON DE VILALE

1	PEDRO	ESCOLANTE BILBAO	4:39:30
2	JAVIER	GARCIA LOPEZ	4:56:30
3	ADRIAN	PAZ CASTRO	5:07:30

6 ARTROGAL-TRI 498

1	ROBERTO CARLOS	AGRELO GOMEZ	4:33:29
2	FERNANDO	SIEIRA RIOS	4:57:31
3	MARCOS	FERNANDEZ CASAL	5:21:49

7 TRIATLON ARTEIXO

1	JUAN	VAZQUEZ AMADO	4:34:43
2	RUBEN	SANCHEZ VAZQUEZ	4:50:34
3	JUAN RAMON	GARCIA HERNANZ	5:28:08

8 CIDADE DE LUGO FLUVIAL

1	JOSE LUIS	LOPEZ DE IGNACIO	4:48:28
2	DIEGO	TRIGO CASTEDO	4:53:54
3	ROI	CUBA DORADO	5:14:03

9 CLUB TRIATLON 28300 ARANJUEZ

1	ANGELO	ORGANERO VIÑAS	4:40:54
2	DIEGO	ROMERO VILLAFUERTES	5:05:51
3	IVÁN	ABIÁN LÓPEZ	5:24:37

10 SESTAO TRIATLOI TALDEA

1	IÑIGO	PEÑA FERNANDEZ	4:48:11
2	HECTOR	FERNANDEZ TEMPRANO	5:11:28
3	ADRIAN	MERINO ORTIZ DE ZARAT	5:11:53

11 CLUB TRIATLON CHARRO

1	VICENTE	GOMEZ MUÑOZ	4:52:06
2	ANGEL	GUTIERREZ CALZADO	4:56:06
3	FERNANDO	SANCHEZ MARTIN	5:28:39

12 A.D. FOGAR

1	CARLOS	RIVAS BARCALA	4:40:04
2	DANIEL	POLO PEREZ	5:15:36
3	PEDRO ALFONSO	LISTA SUAREZ	5:32:04

13 TRIATLON CARABANCHEL

1	ALVARO	ARNAL LOPEZ	5:06:22
2	GERMAN	PERIBAÑEZ PAMPLONA	5:09:09
3	DAVID	JARAMILLO ÁLVAREZ	5:14:12

14 C.T. CAMALEÓN

1	MARCIAL	MONTES SERRANO	5:10:49
2	ALVARO	GARCIA SAAVEDRA	5:23:45
3	ANTONIO JESUS	CAMACHO DELGADO	5:32:51

15 CLUB TRIATLON MAR DE VIGO

1	ALFONSO	LOPEZ MARTINEZ	5:09:11
2	PABLO	PEREZ BLANCO	5:28:03
3	LUIS MANUEL	QUINTELA RIVAS	5:33:54

16 SIRENO TRIATLON CLUB

1	GUILLERMO	SOTELO JUNCAL	5:13:44
2	ALBERTO	LOPEZ PINO	5:22:23
3	GONZALO JOSE	DE CASTRO PARGA	5:43:22

NORTHWEST TRIMAN 2021



CLUBS MEDIA DISTANCIA MASCULINA

Localidade [As Pontes](#)

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Xurado da

Competición [Alberto Morlán \(DT\)](#)

[Bárbara Carbajales \(FEGATRI\)](#)

[Patricio Farias \(CLUB\)](#)

Datos da competición

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Neopreno: Permitido

Natación: 1,9 km

1 vuelta

Ciclismo: 91,4 km

2 vueltas

Carrera: 21,19 km

2 vueltas

Inscritos : 364

Remataron : 274

Retirados : 12

Non Presentados : 77

Descalificados : 1

17 CLUB TRIATLON CORUÑA

1 ROBERTO FERNANDEZ REGUEIRO 5:28:14

2 CARLOS SPUCH SANCHEZ 5:37:30

3 ARTURO LOPEZ LAGO 5:46:13

18 TRI.NET NUNCA ES TARDE

1 JUAN LUIS GUERRAS SORIA 6:06:32

2 ELOY CHUST VERDEJO 6:15:22

3 JOAQUÍN GÓMEZ GÓMEZ 6:15:31

NORTHWEST TRIMAN 2021



ABSOLUTA LARGA DISTANCIA FEMININA

Localidade As Pontes

Data 27 de junio de 2021

Distancia

LD

Oficiais

Delegado Técnico: Alberto Morlán

Xuíz Arbitro: Mónica Flores

Responsable Oficiais: Mónica Flores

Xurado da Competición: Alberto Morlán (DT)

Bárbara Carbajales (FEGATRI)

Patricio Farias (CLUB)

Datos da competición

Temperatura exterior: 10 °C

Temperatura da auga: 18,3 °C

Neopreno: Permitido

Natación: 3,8 km

2 vueltas

Ciclismo: 180 km

4 vueltas

Carrera: 42,2 km

4 vueltas

Inscritos : 7

Remataron : 5

Retirados : 0

Non Presentados : 2

Descalificados : 0

POS.	Nº	NOME	CLUB	P. Natación:	T1	P. Ciclismo:	Km/h.	T2	P. Carrera:	META	Dif.			
1	175	PATRICIA BUENO PEREZ	C.T. BAHIA DE MALAGA	2	1:03:18	03:07	1	5:56:54	30.26	02:59	2	4:03:03	11:09:19	
2	176	ELENA ESCOLAR ESCAMILLA	MARLINS TRIATLON MADRID	1	1:01:58	04:06	2	6:13:26	28.92	02:55	1	4:01:31	11:23:54	0:14:35
3	180	ANA LOPEZ DE SAN ROMAN BLANC	FITNESS SPORTS TRIATLON	3	1:12:30	03:58	3	6:29:31	27.73	02:51	3	4:10:56	11:59:45	0:50:27
4	177	PATRICIA LAZARO LOPEZ	FITNESS SPORTS TRIATLON	4	1:30:42	06:18	4	6:50:36	26.3	05:19	5	4:21:38	12:54:31	1:45:13
5	179	CARMEN MONCHO BRUNENGO	C.T. GUADALAJARA	5	1:32:24	14:37	5	6:53:29	26.12	07:36	4	4:19:39	13:07:43	1:58:25
DNS	178	MONICA SALAMANQUES CHAPARR	INDEPENDIENTE											
DNS	181	FERNANDA MARQUES SANTINHA	CLUBE ORIENTAL DE LISBOA											

NORTHWEST TRIMAN 2021



CATEGORIAS LARGA DISTANCIA FEMININA

Localidade As Pontes

Data 27 de junio de 2021

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LD

Oficiais

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Responsable Oficiais: Mónica Flores

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Bárbara Carbajales (FEGATRI)

Patricio Farias (CLUB)

Datos da competición

Temperatura exterior: 10 °C

Temperatura da auga: 18,3 °C

Neopreno: Permitido

Natación: 3,8 km

2 vueltas

Ciclismo: 180 km

4 vueltas

Carrera: 42,2 km

4 vueltas

Inscritos : 7

Remataron : 5

Retirados : 0

Non Presentados : 2

Descalificados : 0

VETERANAS 1 FEMININA

POS.	Nº	NOME	CLUB	P.	Natación	T1	P.	Ciclismo	Km/h.	T2	P.	Carrera:	META	Dif.
1	176	ELENA ESCOLAR ESCAMILL	MARLINS TRIATLON MADRID	1	1:01:58	04:06	2	6:13:26	28.92	02:55	1	4:01:31	11:23:54	0:14:35
2	180	ANA LOPEZ DE SAN ROMAN	FITNESS SPORTS TRIATLON	3	1:12:30	03:58	3	6:29:31	27.73	02:51	3	4:10:56	11:59:45	0:50:27
3	177	PATRICIA LAZARO LOPEZ	FITNESS SPORTS TRIATLON	4	1:30:42	06:18	4	6:50:36	26.3	05:19	5	4:21:38	12:54:31	1:45:13
4	179	CARMEN MONCHO BRUNEN	C.T. GUADALAJARA	5	1:32:24	14:37	5	6:53:29	26.12	07:36	4	4:19:39	13:07:43	1:58:25
DNS	178	MONICA SALAMANQUES CH	INDEPENDIENTE											
DNS	181	FERNANDA MARQUES SANTI	CLUBE ORIENTAL DE LISBOA											

NORTHWEST TRIMAN 2021



GRUPOS DE IDADE LARGA DISTANCIA FEMININA

Localidade As Pontes

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Xuíz Arbitro: Mónica Flores

Responsable Oficiais: Mónica Flores

Xurado da Competición: Alberto Morlán (DT)

Bárbara Carbajales (FEGATRI)

Patricio Farias (CLUB)

Datos da competición

Temperatura exterior: 10 °C

Temperatura da auga: 18,3 °C

Neopreno: Permitido

Natación: 3,8 km

2 voltas

Ciclismo: 180 km

4 voltas

Carrera: 42,2 km

4 voltas

Inscritos : 7

Remataron : 5

Retirados : 0

Non Presentados : 2

Descalificados : 0

DE 30 A 34 AÑOS FEMENINA

POS.	Nº	NOME	CLUB	P.	Natación	T1	P.	Ciclismo	Km/h.	T2	P.	Carrera:	META	Dif.
1	175	PATRICIA BUENO PEREZ	C.T. BAHIA DE MALAGA	2	1:03:18	03:07	1	5:56:54	30.26	02:59	2	4:03:03	11:09:19	

DE 40 A 44 AÑOS FEMENINA

POS.	Nº	NOME	CLUB	P.	Natación	T1	P.	Ciclismo	Km/h.	T2	P.	Carrera:	META	Dif.
1	176	ELENA ESCOLAR ESCAMILL	MARLINS TRIATLON MADRID	1	1:01:58	04:06	2	6:13:26	28.92	02:55	1	4:01:31	11:23:54	0:14:35
2	177	PATRICIA LAZARO LOPEZ	FITNESS SPORTS TRIATLON	4	1:30:42	06:18	4	6:50:36	26.3	05:19	5	4:21:38	12:54:31	1:45:13
DNS	178	MONICA SALAMANQUES CH	INDEPENDIENTE											

DE 45 A 49 AÑOS FEMENINA

POS.	Nº	NOME	CLUB	P.	Natación	T1	P.	Ciclismo	Km/h.	T2	P.	Carrera:	META	Dif.
1	180	ANA LOPEZ DE SAN ROMAN	FITNESS SPORTS TRIATLON	3	1:12:30	03:58	3	6:29:31	27.73	02:51	3	4:10:56	11:59:45	0:50:27
2	179	CARMEN MONCHO BRUNEN	C.T. GUADALAJARA	5	1:32:24	14:37	5	6:53:29	26.12	07:36	4	4:19:39	13:07:43	1:58:25
DNS	181	FERNANDA MARQUES SANTI	CLUBE ORIENTAL DE LISBOA											

NORTHWEST TRIMAN 2021



ABSOLUTA LARGA DISTANCIA MASCULINA

Localidade As Pontes

Data 27 de junio de 2021

Distancia

LD

Oficiais

Delegado Técnico: Alberto Morlán

Xuíz Arbitro: Mónica Flores

Responsable Oficiais: Mónica Flores

Xurado Alberto Morlán (DT)

da Bárbara Carbajales (FEGATRI)

Competición Patricio Farias (CLUB)

Datos da competición

Temperatura exterior: 10 °C

Temperatura da auga: 18,3 °C

Neopreno: Permitido

Natación: 3,8 km

2 voltas

Ciclismo: 180 km

4 voltas

Carrera: 42,2 km

4 voltas

Inscritos : 244

Remataron : 187

Retirados : 29

Non Presentados : 19

Descalificados : 0

POS.	Nº	NOME	CLUB	P.	Natación:	T1	P.	Ciclismo:	Km/h.	T2	P.	Carrera:	META	Dif.
1	19	FERNANDO SANTANDER DE LA MUÑO	DUURS CASTELLÓ M-MOTOR	1	0:55:15	02:26	5	4:52:24	36.94	03:22	2	3:08:27	9:01:53	
2	27	MARCOS PEREZ DEKKERS	CLUB TRIATLÓN ORIHUELA	6	1:02:14	02:38	7	5:01:45	35.79	02:58	11	3:15:56	9:25:30	0:23:38
3	41	JACOBO CREGO FERNANDEZ	JEALSA TRIATLÓN BOIRO	3	0:59:24	02:27	12	5:08:06	35.05	02:40	8	3:14:26	9:27:01	0:25:08
4	60	LUIS VEGA ROMERO	C.D.E. TRIBOOST	36	1:08:26	03:08	8	5:03:00	35.64	02:40	6	3:11:52	9:29:05	0:27:13
5	187	FRANCISCO JAVIER PEREZ MARTIN	SEGURO 1 DIA	57	1:10:31	05:04	6	5:00:49	35.9	02:54	12	3:16:55	9:36:12	0:34:19
6	121	FERNANDO AIELLO CAÑAS	DESAM.ES	29	1:06:50	02:42	14	5:15:42	34.21	03:16	5	3:11:09	9:39:37	0:37:45
7	198	ISMAEL VAZQUEZ PRIETO	SEGURO 1 DIA	53	1:10:17	06:49	11	5:06:50	35.2	04:01	9	3:14:36	9:42:31	0:40:39
8	109	DAVID GONZALEZ ALONSO	VETUSTA UNIVERSIDAD DE O	30	1:06:58	03:00	17	5:18:28	33.91	03:36	10	3:14:41	9:46:41	0:44:49
9	220	LUIS GARCIA RIOS	SEGURO 1 DIA	90	1:14:39	05:22	16	5:16:57	34.08	03:18	4	3:08:59	9:49:12	0:47:20
10	30	VICTOR JOSE GONZALEZ HORTA	ATLETISMO BAIONA	38	1:08:42	04:52	26	5:26:58	33.03	03:45	1	3:05:31	9:49:46	0:47:53
11	55	GERMAN MONTOTO PEREIRA	CLUB TRIATLON MAR DE VIGO	44	1:09:25	04:17	24	5:25:12	33.21	02:57	3	3:08:34	9:50:23	0:48:31
12	159	RAMON ARIAS GARCIA	CIDADE DE LUGO FLUVIAL	11	1:03:36	04:27	27	5:27:17	33	03:44	15	3:21:00	10:00:02	0:58:10
13	48	OSCAR MATILLA MARTÍN	CARRASCO... ES CICLISMO-M	28	1:06:45	05:45	28	5:27:21	32.99	03:31	13	3:18:27	10:01:47	0:59:54
14	95	JOSE RAMON LAGO CIVIS	ARTROGAL-TRI 498	69	1:12:07	04:44	23	5:25:08	33.22	03:19	14	3:20:12	10:05:28	1:03:36
15	208	ANDRES MARTIN CARMONA	SEGURO 1 DIA	127	1:20:57	06:26	10	5:06:15	35.27	03:42	25	3:30:10	10:07:29	1:05:37
16	1	MANUEL PIÑEIRO FIEL	TRIATLON RIAS BAIXAS	33	1:08:12	04:41	55	5:40:29	31.72	02:58	7	3:12:13	10:08:30	1:06:38
17	193	RAFAEL DELAUNAY GOMES	SEGURO 1 DIA	17	1:05:29	03:13	13	5:09:58	34.84	02:13	58	3:50:20	10:11:11	1:09:19
18	69	PEDRO GALLEGU YUGO	BICIS PINA-GRUPO GM-TRITOL	8	1:02:59	04:41	38	5:33:05	32.42	03:31	21	3:27:44	10:11:58	1:10:06
19	84	RAMON VARELA GARCIA	ARTROGAL-TRI 498	63	1:11:26	04:51	25	5:26:01	33.13	03:32	20	3:26:31	10:12:19	1:10:26
20	188	AITOR FRANCO BOUZA	SEGURO 1 DIA	149	1:24:01	05:35	9	5:05:44	35.33	02:47	32	3:35:06	10:13:10	1:11:18
21	28	ALEJANDRO EDUARDO GONZALEZ	NOSPORTLIMIT			47:38	30	5:29:50	32.74	03:42	18	3:23:55	10:13:36	1:11:44
22	183	JAVIER HEREDIA ROJO	SEGURO 1 DIA	60	1:10:47	06:29	20	5:20:15	33.72	04:26	37	3:36:49	10:18:44	1:16:52
23	112	JAIME TIZON DAVILA	CLUB CERVECERIA O COTON	83	1:13:37	03:42	41	5:34:01	32.33	03:40	19	3:25:15	10:20:14	1:18:22
24	111	JORGE VELASCO VERDEJO	INDEPENDIENTE	13	1:05:03	04:56	33	5:31:24	32.59	04:30	36	3:36:44	10:22:36	1:20:44
25	146	MIKEL LASA ERLE	ANTXINTXIKI DEBAGOIENA T	123	1:20:18	07:53	19	5:20:05	33.74	04:01	28	3:32:37	10:24:52	1:23:00
26	81	JOSE MARIA MOLINA HIDALGO	C.T. BAHIA DE MALAGA	16	1:05:18	02:24	43	5:35:02	32.24	02:58	42	3:41:57	10:27:36	1:25:44
27	103	FRANCISCO JAVIER GUTIERREZ CRI	CLUB TRIATLON LAS ROZAS	108	1:18:19	05:30	48	5:37:39	31.99	04:16	17	3:23:10	10:28:52	1:27:00
28	85	ANDRES DOMINGUEZ SILVA	CLUB CERVECERIA O COTON	20	1:06:08	03:11	58	5:43:32	31.44	02:39	31	3:33:43	10:29:12	1:27:20
29	68	DANIEL MARTINEZ RIVEIRA	A.D. NAUTICO DE NARON	147	1:23:42	04:45	53	5:38:49	31.88	03:27	16	3:22:02	10:32:44	1:30:52
30	185	NUNO MIGUEL SAMPAIO BARBOSA	SEGURO 1 DIA	74	1:12:42	05:40	18	5:20:00	33.75	04:20	61	3:51:31	10:34:11	1:32:18
31	217	CARLOS LAGUNA VILLANUEVA	SEGURO 1 DIA	31	1:07:06	05:06	36	5:32:03	32.53	03:57	53	3:46:12	10:34:21	1:32:29
32	142	UNAI TAMAYO ORBEGOZO	URBIKO TT BASAURI	71	1:12:18	04:10	35	5:32:00	32.53	03:13	45	3:42:44	10:34:23	1:32:31
33	43	ISRAEL CAMPO LOPEZ	CLUB DE TRIATLÓN DIABLILLO	55	1:10:19	05:17	46	5:37:14	32.03	03:11	40	3:38:33	10:34:32	1:32:40
34	51	JOSE ANGEL RODRIGUEZ POUSO	TRIATLON VILAGARCIA /ATEN	23	1:06:25	05:15	31	5:30:26	32.69	05:33	55	3:47:09	10:34:45	1:32:53
35	5	ALBERT MUÑOZ BUENO	OPTIMS CLUB TRIATLO	4	0:59:43	03:57	29	5:29:00	32.83	04:17	68	3:58:40	10:35:34	1:33:42
36	189	JOSE MANUEL PENAS VARELA	SEGURO 1 DIA	126	1:20:53	03:55	44	5:35:21	32.21	04:11	33	3:35:30	10:39:49	1:37:57
37	107	MARIO DA COSTA GARCÍA	A.D. TRIATLON CAMARGO-AST	121	1:20:11	05:54	34	5:31:46	32.55	03:50	39	3:38:13	10:39:51	1:37:59
38	50	ANTONIO JOSÉ OLIVARES PÉREZ	C.T. TORREMOLINOS	41	1:09:06	03:58	70	5:49:51	30.87	04:21	29	3:32:58	10:40:12	1:38:20
39	75	MANUEL IGNACIO GOMEZ ROMERO	CASTRILLÓN TRIATLON	27	1:06:38	02:35	61	5:45:24	31.27	03:05	51	3:45:15	10:42:55	1:41:03
40	10	FRANCISCO JAVIER PEÑAS COSTA	TRIALHAMA	46	1:09:42	07:08	83	5:56:08	30.33	03:19	26	3:30:27	10:46:42	1:44:50
41	92	JAVIER NEIRA GARCIA	INDEPENDIENTE	104	1:17:00	07:01	49	5:38:01	31.95	03:26	44	3:42:42	10:48:08	1:46:16
42	119	JORGE HERNANDEZ YAGÜE	ATLETICO S.SEBASTIAN	40	1:08:58	11:41	32	5:31:24	32.59	04:51	62	3:53:00	10:49:52	1:47:59
43	39	ALEJANDRO PEREZ SANCHEZ	TRIATLON NAZARI	96	1:15:42	06:20	50	5:38:11	31.94	04:11	57	3:48:39	10:53:01	1:51:09

POS.	Nº	NOME	CLUB	P.	Natación:	T1	P.	Ciclismo:	Km/h.	T2	P.	Carrera:	META	Dif.
44	79	XOSE MARTINEZ REBOREDO	SIRENO TRIATLON CLUB	34	1:08:19	04:30	75	5:53:12	30.58	04:38	50	3:44:35	10:55:11	1:53:19
45	59	FRANCISCO GRACIA AHUFINGER	INDEPENDIENTE	72	1:12:28	08:57	39	5:33:26	32.39	06:21	66	3:54:56	10:56:07	1:54:15
46	138	XOSE ANTON BARREIRO PEREIRA	INDEPENDIENTE	110	1:18:30	03:36	62	5:47:06	31.12	04:28	43	3:42:29	10:56:07	1:54:15
47	86	JOSE ANTONIO CARAVANTES VIDRI	INDEPENDIENTE	76	1:12:55	05:04	84	5:56:25	30.3	03:29	41	3:39:32	10:57:23	1:55:31
48	32	ENRIQUE TELO FERNANDEZ	CIDADE DE LUGO FLUVIAL	135	1:22:20	05:21	89	5:58:30	30.13	03:11	24	3:29:28	10:58:48	1:56:56
49	35	EZEQUIEL GARZON ORTIZ	CLUB DE TRIATLÓN DIABLILLO	35	1:08:19	05:29	42	5:34:05	32.33	04:36	83	4:06:44	10:59:12	1:57:19
50	134	JESUS ASENSIO ESTEBAN	CLUB DEPORTIVO TRIATLON	73	1:12:39	07:19	93	6:00:25	29.97	03:31	34	3:35:57	10:59:49	1:57:57
51	244	ALFREDO ARRABAL PASCUAL	SEGURO 1 DIA	114	1:19:21	10:42	56	5:41:17	31.65	05:35	48	3:44:08	11:01:00	1:59:08
52	151	ISIDRO LUIS SANTOS GARRIDO	TRIATLÓN UNIVERSITARIO DE	97	1:15:43	04:35	###	6:10:13	29.17	03:14	22	3:28:18	11:02:00	2:00:08
53	105	OSCAR MARTIN CUENCA	BIOSNAR HONDARRIBIKO T.K.	15	1:05:15	07:09	51	5:38:14	31.93	03:47	93	4:12:01	11:06:24	2:04:32
54	126	DOMINGO CAVA BELCHI	TRIALHAMA	185	1:31:03	05:01	60	5:44:38	31.34	03:13	47	3:43:47	11:07:39	2:05:46
55	201	DANIEL CADENAS TORRON	SEGURO 1 DIA	137	1:22:24	05:10	76	5:53:30	30.55	03:52	46	3:43:24	11:08:18	2:06:26
56	133	MIGUEL DAVID FERNANDEZ GARCIA	CLUB NATACION RIVEIRA	24	1:06:28	07:38	65	5:48:25	31	05:23	71	4:00:52	11:08:43	2:06:51
57	245	JIM SMYTH	SEGURO 1 DIA	84	1:13:46	04:21	78	5:54:59	30.42	03:50	65	3:53:54	11:10:48	2:08:56
58	191	DIEGO ESTEBAN-INFANTES SÁNCHEZ	SEGURO 1 DIA	102	1:16:15	07:37	47	5:37:34	31.99	04:32	80	4:06:04	11:12:01	2:10:18
59	16	ELIAS BLANCO MORUNO	CLUB TRIATLÓN MÉRIDA	77	1:13:04	05:53	81	5:55:38	30.37	04:31	63	3:53:05	11:12:08	2:10:16
60	80	ABELARDO VICTOR MAEDA RODRIG	CLUB DEPORTIVO TRIVALL	21	1:06:11	05:04	###	6:19:20	28.47	04:48	38	3:38:12	11:13:33	2:11:41
61	147	JUAN CARLOS CALLEJAS GOMEZ	INDEPENDIENTE	139	1:22:32	04:41	###	6:07:35	29.38	03:12	35	3:36:19	11:14:17	2:12:25
62	82	JAVIER ALONSO MARTIN	CLUB MARATON LUCENA	103	1:16:46	06:08	97	6:02:34	29.79	04:05	54	3:46:13	11:15:46	2:13:53
63	25	DIEGO ROSENDE BARONA	TRIATLÓN TETUÁN	164	1:27:59	07:52	99	6:02:58	29.75	04:30	30	3:33:41	11:16:59	2:15:07
64	91	JORGE MORALES DE ASIS	C.T. BAHIA DE MALAGA	52	1:10:03	05:23	###	6:12:18	29.01	03:36	52	3:46:10	11:17:28	2:15:36
65	149	JON GARAIALDE AGIRRE	ATLETICO S.SEBASTIAN	61	1:11:09	08:25	59	5:43:51	31.41	05:17	89	4:09:22	11:18:02	2:16:10
66	124	JESUS JAVIER ORTIZ GARCIA	C.D. VAS	81	1:13:35	04:42	54	5:40:11	31.75	03:37	103	4:16:49	11:18:52	2:17:00
67	140	JOSU LOTINA GAUBEKA	MUNGIAKO TRITOIAK TRIATLO	125	1:20:27	05:21	###	6:04:42	29.61	02:52	56	3:48:05	11:21:24	2:19:31
68	246	JESUS HIDALGO SANCHEZ	SEGURO 1 DIA	32	1:07:55	06:09	80	5:55:23	30.39	03:21	88	4:09:03	11:21:48	2:19:55
69	3	BERNARDO DOMINGUEZ MANTEIGA	CDE AGUERVERDE	153	1:24:35	10:10	###	6:10:52	29.12	05:21	27	3:32:30	11:23:26	2:21:34
70	2	GUILLERMO GIMENEZ FERREIRO	TRIATLÓN UNIVERSITARIO DE	100	1:16:06	07:11	###	6:03:40	29.7	04:50	64	3:53:42	11:25:27	2:23:35
71	11	HUGO GARCIA MARTINEZ	CLUB CICLISTA MUROS	94	1:15:23	05:08	72	5:51:00	30.77	02:58	92	4:11:57	11:26:25	2:24:33
72	90	RODRIGO CARULLA REVILLA	FITNESS SPORTS TRIATLON	51	1:09:52	05:51	95	6:00:44	29.94	05:51	77	4:04:43	11:26:59	2:25:07
73	155	SANTIAGO SOLETO CEREIJO	INDEPENDIENTE	95	1:15:28	04:20	88	5:58:17	30.14	02:52	85	4:06:54	11:27:50	2:25:57
74	190	EMILIO MERINO TORO	SEGURO 1 DIA	19	1:05:58	07:45	79	5:55:15	30.4	07:24	95	4:12:45	11:29:05	2:27:13
75	17	JORGE RODRÍGUEZ FERNÁNDEZ DE	TRIATLÓN UNIVERSITARIO DE	45	1:09:35	07:48	94	6:00:27	29.96	08:10	73	4:03:40	11:29:39	2:27:47
76	93	JOSE ANTONIO MONTORO PACHEC	C.D. TRIATLON GRANADA	50	1:09:51	04:50	###	6:08:03	29.34	03:13	76	4:04:35	11:30:30	2:28:38
77	192	JON KORTABITARTE EGIGUREN	SEGURO 1 DIA	75	1:12:53	05:47	86	5:56:50	30.27	05:06	90	4:10:24	11:30:58	2:29:06
78	4	DIEGO ANTON RODRIGUEZ	C.D.E. TRIBOOST	47	1:09:44	05:08	###	6:03:12	29.74	06:48	86	4:06:55	11:31:44	2:29:52
79	132	ALFONSO RODRIGUEZ CASTRILLON	CUENCA DEL NAVIA TRIATLO	145	1:23:25	07:21	52	5:38:29	31.91	05:56	108	4:19:30	11:34:40	2:32:48
80	195	ÁLVARO MOLINA JAIME	SEGURO 1 DIA	87	1:14:16	05:43	###	6:33:52	27.42	11:49	23	3:29:13	11:34:50	2:32:58
81	34	RAMIRO CHAVES MON	PEÑA CICLISTA LAR	58	1:10:37	05:05	85	5:56:31	30.29	03:13	113	4:21:26	11:36:49	2:34:57
82	67	JUAN MANUEL MIRA IGLESIAS	ARTROGAL-TRI 498	115	1:19:24	06:15	###	6:03:21	29.72	04:00	78	4:05:11	11:38:10	2:36:18
83	22	RODRIGO HERNANZ DE SALAS	CLUB CICLISTA MAJADAHOND	37	1:08:30	05:22	###	6:07:10	29.41	04:58	94	4:12:14	11:38:12	2:36:20
84	52	CASIANO ENGROBA SAAVEDRA	A.POLIDEPORTIVA SAN RAMO	182	1:30:23	07:02	82	5:56:05	30.33	06:04	69	3:59:00	11:38:32	2:36:40
85	165	JOSE IGNACIO RODRIGUEZ PARDILL	CLUB DE TRIATLÓN DIABLILLO	165	1:28:03	08:04	92	5:59:50	30.01	05:23	67	3:58:35	11:39:54	2:38:02
86	102	KEPA MORENO PALACIOS	EGURRE K3	64	1:11:29	07:17	98	6:02:35	29.79	05:41	96	4:13:06	11:40:07	2:38:14
87	58	IKER SARASA GONZALEZ	CD KIROL BAT TRIATLOI TALD	101	1:16:08	06:51	67	5:48:50	30.96	04:53	116	4:24:05	11:40:44	2:38:52
88	89	IAGO VARA ADRIO	SIRENO TRIATLON CLUB	14	1:05:06	05:34	37	5:32:44	32.46	05:23	160	4:53:23	11:42:07	2:40:15
89	53	ALEJANDRO VEGA CORDOBA	TRIATOMIX MBIKES	78	1:13:13	08:50	63	5:47:39	31.07	05:37	120	4:27:05	11:42:21	2:40:29
90	24	JOSE IGNACIO NIETO SANCHEZ	TRIATLÓN TETUÁN	88	1:14:24	05:24	###	6:06:25	29.48	03:44	97	4:13:09	11:43:03	2:41:11
91	234	ISMAEL GRANIZO	SEGURO 1 DIA	85	1:13:49	10:42	###	6:07:17	29.41	06:37	79	4:05:49	11:44:12	2:42:20
92	139	VICENTE GRANERO NAVARRO	TRIATLÓ ONTINYENT	62	1:11:22	06:18	87	5:57:38	30.2	08:13	114	4:22:03	11:45:33	2:43:41
93	12	JONATHAN BORJA BORRÁS	TRIVILA	109	1:18:27	07:31	40	5:33:45	32.36	04:53	148	4:41:06	11:45:41	2:43:49
94	223	RAMON GARCÍA PORTILLO	SEGURO 1 DIA	107	1:18:13	08:10	91	5:59:32	30.04	06:18	100	4:15:04	11:47:14	2:45:22
95	118	IBON CORTAZAR AURRE	INDEPENDIENTE	67	1:11:48	10:20	###	6:13:18	28.93	05:16	87	4:08:07	11:48:47	2:46:55
96	148	PAULO TELES	3B TRIATLO	132	1:21:53	06:42	###	6:11:28	29.07	05:02	74	4:04:17	11:49:19	2:47:27
97	54	DANIEL MENENDEZ MIRAZ	INDEPENDIENTE	80	1:13:29	08:52	64	5:47:54	31.04	06:13	138	4:35:21	11:51:48	2:49:55
98	71	LUCAS GONZALEZ ROCHA	NOSPORTLIMIT	141	1:23:01	07:03	66	5:48:38	30.98	06:57	119	4:26:50	11:52:27	2:50:35
99	38	DAVID DUCLOS AYALA	C.D. CUASICUARENTONES TO	140	1:22:54	08:47	###	6:26:34	27.94	04:53	59	3:50:38	11:53:44	2:51:52
100	238	VÍCTOR PARDO ROMERO	SEGURO 1 DIA	120	1:20:06	08:44	###	6:21:12	28.33	04:28	70	4:00:29	11:54:57	2:53:05
101	120	CARLOS BELARRA ARENAS	C.T. TRIYAIZA	5	1:02:06	07:48	96	6:02:15	29.81	06:54	139	4:36:17	11:55:19	2:53:27
102	66	OSCAR RODRIGUEZ RODRIGUEZ	CIDADE DE LUGO FLUVIAL	192	1:33:41	05:27	74	5:52:26	30.64	04:17	111	4:21:13	11:57:03	2:55:11
103	153	JOSÉ ROLDÁN CASTAÑO	INDEPENDIENTE	119	1:19:58	03:59	69	5:49:22	30.91	03:01	150	4:42:05	11:58:23	2:56:31
104	210	JAVIER IGLESIAS FILGUEIRA	SEGURO 1 DIA	138	1:22:32	08:25	71	5:50:27	30.82	06:14	131	4:30:50	11:58:26	2:56:34
105	202	DAVID SANCHEZ FERNANDEZ	SEGURO 1 DIA	178	1:30:03	11:32	###	6:06:49	29.44	05:42	75	4:04:28	11:58:33	2:56:41
106	250	FERNANDO RAMIREZ LOZANO	SEGURO 1 DIA	156	1:25:10	07:30	###	6:24:21	28.1	11:55	60	3:50:43	11:59:38	2:57:46
107	211	IVAN ROMAÑA RODRIGUEZ	SEGURO 1 DIA	189	1:32:13	08:55	77	5:53:50	30.52	06:45	110	4:20:58	12:02:39	3:00:47
108	65	MANUEL MEDINA PEÑA	C.A. MURGIVERDE	175	1:29:47	06:05	###	6:04:35	29.62	04:59	104	4:17:22	12:02:46	3:00:54

POS.	Nº	NOME	CLUB	P.	Natación:	T1	P.	Ciclismo:	Km/h.	T2	P.	Carrera:	META	Dif.
109	26	JAVI MUÑOZ RODRIGUEZ	JAZ EIBAR TRIATLOI TALDEA	157	1:25:15	13:29	###	6:36:01	27.27	05:03	49	3:44:10	12:03:56	3:02:03
110	88	ANTONIO JOSE SIBINA SANCHEZ	TRIALHAMA	122	1:20:13	06:58	90	5:58:56	30.09	05:17	136	4:33:15	12:04:37	3:02:45
111	239	LOPE DURAN CAMPOS	SEGURO 1 DIA	159	1:25:34	06:56	###	6:17:33	28.61	05:36	91	4:11:44	12:07:21	3:05:29
112	73	CARLOS MIGUEL FIDALGO RODRIG	NATACION PABELLON OUREN	117	1:19:28	07:07	###	6:10:36	29.14	03:51	121	4:27:57	12:08:57	3:07:05
113	221	VICTOR MANUEL MOURIÑO FORTES	SEGURO 1 DIA	48	1:09:47	04:10	###	6:30:41	27.64	03:02	112	4:21:20	12:08:59	3:07:06
114	125	JOSÉ MANUEL DE PRADO RUIZ	INDEPENDIENTE	162	1:26:39	06:46	###	6:03:43	29.69	03:23	127	4:29:39	12:10:09	3:08:16
115	6	SERGIO GARCIA MUÑOZ	EL CID TRIATLON CLUB	9	1:03:26	07:18	73	5:51:08	30.76	07:07	167	5:01:24	12:10:21	3:08:28
116	145	JAUME VALLS BORRAS	CLUB NATACIO VALLDOREIX	22	1:06:24	05:23	###	6:49:10	26.4	03:20	81	4:06:36	12:10:52	3:09:00
117	108	RAFAEL ENRIQUE MIRANDA	TRINOULAS	113	1:19:05	05:11	###	6:12:42	28.98	03:36	134	4:31:46	12:12:18	3:10:26
118	230	PAULO SILVA	SEGURO 1 DIA	161	1:26:24	09:58	###	6:32:09	27.54	05:21	72	4:01:34	12:15:24	3:13:32
119	213	PAULO JORGE LOPES SOARES	SEGURO 1 DIA	206	1:37:19	08:43	###	6:07:35	29.38	05:19	107	4:19:09	12:18:04	3:16:12
120	114	PEDRO CARRIÓN SÁNCHEZ	C.T. GUADALAJARA	130	1:21:40	09:01	###	6:11:58	29.03	07:26	123	4:28:43	12:18:46	3:16:54
121	47	MARCOS VARELA SECO	INDEPENDIENTE	216	1:42:13	07:16	###	6:17:39	28.6	05:04	82	4:06:37	12:18:47	3:16:55
122	169	HILARIO FRANCISCO ALEDO MARTI	TRIALHAMA	173	1:29:27	07:24	###	6:24:46	28.07	05:11	98	4:13:17	12:20:02	3:18:10
123	76	XOSE FERNANDEZ SEGURADO	PEÑA CICLISTA LAR	89	1:14:31	05:35	###	6:05:04	29.58	04:43	157	4:50:54	12:20:46	3:18:54
124	128	IÑAKI MANZANO DIEGO	HIRUKO INДАР TRIATLOI KLUB	54	1:10:18	05:22	###	6:30:59	27.62	05:13	125	4:29:04	12:20:54	3:19:02
125	171	MANUEL BAEZA NAVARRO	CLUB TRIATLON BAEZA	177	1:30:03	05:46	###	6:10:44	29.13	05:30	128	4:29:59	12:22:00	3:20:08
126	158	JOSE RAJA RODRIGUEZ	A.D. RUMBOFIJO-TRI X NF	116	1:19:26	06:38	###	6:14:49	28.82	07:49	137	4:34:31	12:23:10	3:21:18
127	206	JOSE MANUEL GARCIA ENJAMIO	SEGURO 1 DIA	146	1:23:32	08:03	###	6:31:14	27.61	05:16	101	4:15:35	12:23:39	3:21:47
128	45	DAVID SALAS VELASCO	C.A. MURGIVERDE	154	1:24:59	07:26	###	6:24:14	28.11	04:27	115	4:23:39	12:24:42	3:22:50
129	23	ROQUE CARRASCO PIERNAS	CLUB TRIATLÓN LORCA	183	1:30:25	07:23	###	6:21:48	28.29	08:04	105	4:17:31	12:25:10	3:23:18
130	106	ALBERTO POLANCO IZQUIERDO	INDEPENDIENTE	166	1:28:27	08:39	###	6:23:55	28.13	05:03	109	4:19:37	12:25:41	3:23:48
131	143	ROBERTO GARCÍA VILLAVERDE	VETUSTA UNIVERSIDAD DE O	86	1:14:00	06:19	###	6:22:45	28.22	05:20	144	4:39:11	12:27:34	3:25:42
132	225	AITOR CORTAZAR GONZALEZ	SEGURO 1 DIA	133	1:21:55	05:37	###	6:28:36	27.79	05:14	118	4:26:24	12:27:44	3:25:52
133	9	CRISTIAN RENTERO DE LA PAZ	TRIATLÓN TETUÁN	92	1:15:00	04:53	###	6:16:00	28.72	03:32	156	4:49:13	12:28:36	3:26:44
134	157	MARIO DAVID GONZALEZ REVERON	TRI.NET NUNCA ES TARDE	66	1:11:35	07:16	###	6:25:01	28.05	05:50	146	4:39:26	12:29:07	3:27:14
135	117	SALVADOR DE VICENTE ALEDO	TRIALHAMA	93	1:15:19	06:35	###	6:25:45	28	04:19	142	4:37:11	12:29:07	3:27:15
136	170	ASIER BARRAINKUA SAGASTASOLO	ALOÑA MENDI K.E.	168	1:28:46	08:26	###	6:18:56	28.5	08:14	117	4:26:16	12:30:36	3:28:44
137	7	PEDRO MIGUEL BRAVO MAYORAL	INDEPENDIENTE	128	1:21:02	05:55	###	6:29:17	27.74	04:13	130	4:30:49	12:31:14	3:29:22
138	33	JOSE RAMON RODRIGO HERRERO	TRICAN BAÑEZA	134	1:22:17	08:50	###	6:26:15	27.96	06:22	124	4:28:56	12:32:39	3:30:47
139	166	JOSE ANTONIO BAUTISTA MUÑOZ	C.T. BAHIA DE MALAGA	190	1:32:45	13:06	###	6:11:59	29.03	05:36	129	4:30:08	12:33:31	3:31:39
140	104	JOSE ANTONIO BERRUZO LAS HE	TRIATLÓN GUERRITA ALCANT	82	1:13:35	08:05	###	6:23:58	28.13	05:15	154	4:45:49	12:36:40	3:34:48
141	184	ADRIAN CANO HERREROS	SEGURO 1 DIA	184	1:30:34	09:27	###	6:36:02	27.27	04:04	102	4:16:48	12:36:54	3:35:02
142	141	JUAN MANUEL GONZALEZ BARRAJ	TRIATLÓN TETUÁN	129	1:21:16	08:07	###	6:36:04	27.27	06:07	126	4:29:26	12:40:58	3:39:05
143	164	ANGEL SANCHEZ GARCIA	CLUB TRIATLON 401	148	1:23:45	10:31	###	6:47:57	26.47	05:43	99	4:13:17	12:41:12	3:39:20
144	62	JOSE MANUEL TURNES CORDEIRO	NOSPORTLIMIT	208	1:37:44	07:11	###	6:45:17	26.65	04:30	84	4:06:49	12:41:28	3:39:36
145	136	FERNANDO SINES CRESPO	NOSPORTLIMIT	124	1:20:18	08:13	###	6:35:55	27.28	07:11	132	4:31:11	12:42:46	3:40:54
146	77	RUBÉN ANTÓN ORTÍZ	C.D.E. OZONO	163	1:27:30	07:26	###	6:07:12	29.41	05:22	162	4:55:56	12:43:23	3:41:31
147	204	GERARDO QUESADA LOPEZ	SEGURO 1 DIA	214	1:40:52	07:39	###	6:20:07	28.41	07:02	122	4:28:30	12:44:08	3:42:16
148	113	RUBÉN FERNÁNDEZ FERNÁNDEZ	COMPLUTUM TRIATLON	210	1:37:51	10:32	###	6:35:20	27.32	03:57	106	4:18:44	12:46:22	3:44:30
149	131	PABLO MARCOS CORRAL	INDEPENDIENTE	136	1:22:22	09:06	###	6:16:52	28.66	08:03	158	4:51:33	12:47:54	3:46:02
150	156	JUAN ANTONIO SANJUAN HERNANZ	ENERGY-BIKES TRIATLÓN GE	111	1:18:45	07:55	###	6:44:50	26.68	05:06	133	4:31:24	12:47:58	3:46:06
151	237	JACOBO GINER AUDIVERT	SEGURO 1 DIA	151	1:24:24	06:07	###	6:33:24	27.45	09:28	143	4:38:25	12:51:46	3:49:54
152	36	ANGEL JESUS BAREA BENITEZ	C.T. BAHIA DE MALAGA	179	1:30:09	08:08	###	6:30:49	27.64	05:45	141	4:36:58	12:51:47	3:49:55
153	150	FERNANDO VALLES NUEVO	INDEPENDIENTE	142	1:23:13	15:21	###	6:16:17	28.7	06:19	159	4:51:57	12:53:05	3:51:13
154	161	GUILLERMO MIGUEL RUIZ	INDEPENDIENTE	39	1:08:56	06:28	###	6:23:04	28.19	07:08	172	5:11:12	12:56:47	3:54:54
155	232	SERGIO FERNANDEZ ALGUACIL	SEGURO 1 DIA	118	1:19:33	14:00	###	6:18:13	28.56	07:34	165	4:58:31	12:57:48	3:55:56
156	219	JULIÁN MOLINA JAIME	SEGURO 1 DIA	42	1:09:07	08:30	###	6:40:14	26.98	06:44	163	4:56:29	13:01:02	3:59:10
157	46	XAVIER FONTSERE ROVIRA	C.A. LES TORTUGUES	112	1:19:03	11:07	###	6:44:53	26.68	06:14	149	4:41:10	13:02:25	4:00:33
158	78	GERARDO GOMEZ PELAEZ	C.T. ALMERIA	79	1:13:22	04:52	###	6:38:35	27.1	04:38	168	5:01:34	13:03:00	4:01:08
159	233	PAULO JORGE LISBOA RIBEIRO	SEGURO 1 DIA	207	1:37:40	12:34	###	6:21:39	28.3	12:02	145	4:39:22	13:03:16	4:01:24
160	241	JUAN JAVIER GIBAJA FERNANDEZ	SEGURO 1 DIA	196	1:34:37	11:33	###	6:39:13	27.05	05:28	135	4:32:45	13:03:33	4:01:41
161	31	CRISTIAN GÓMEZ GÓMEZ	TRI.NET NUNCA ES TARDE	201	1:36:11	06:59	###	6:33:01	27.48	04:44	151	4:44:46	13:05:40	4:03:47
162	61	JULIAN ROMERO CORDOBA	TRIALHAMA	180	1:30:19	07:47	###	6:22:12	28.26	04:47	169	5:02:19	13:07:21	4:05:28
163	116	JAVIER GARCIA PEREZ	C.D.E. PEGASO H3O TRIATLÓ	68	1:11:49	09:53	###	6:48:28	26.44	05:04	161	4:54:38	13:09:50	4:07:58
164	129	LUCIO HERRERO	TRI.NET NUNCA ES TARDE	65	1:11:33	11:08	###	6:26:34	27.94	11:30	175	5:13:45	13:14:28	4:12:35
165	172	JOSE RAMON SOLAUN EGURROLA	C.D.A. 42195.ES VITORIA-GAST	144	1:23:24	06:26	###	6:38:16	27.12	03:18	170	5:05:53	13:17:14	4:15:22
166	228	FRAN DIAZ MARTIN	SEGURO 1 DIA	170	1:28:54	08:35	###	6:17:07	28.64	04:44	178	5:22:24	13:21:41	4:19:49
167	123	PEDRO BRAZO DORADO	C.T. CAMALEÓN	195	1:34:27	15:19	###	6:35:17	27.32	11:58	153	4:44:56	13:21:55	4:20:03
168	186	JUAN LUIS DANA GUERRERO	SEGURO 1 DIA	187	1:31:41	08:26	###	6:51:10	26.27	04:47	155	4:45:55	13:21:57	4:20:05
169	218	ALEJANDRO SANCHEZ COTO	SEGURO 1 DIA	186	1:31:27	08:38	###	6:25:38	28.01	04:14	176	5:15:24	13:25:18	4:23:26
170	97	JESÚS RODIL PATRICIO	CLUB ATLETICO OCLE	150	1:24:18	14:21	###	6:39:32	27.03	10:23	164	4:57:25	13:25:58	4:24:06
171	197	HECTOR VALDESUEIRO GONZALEZ	SEGURO 1 DIA	202	1:36:18	13:05	###	6:59:01	25.78	06:41	140	4:36:25	13:31:27	4:29:35
172	40	ESAU HERNANDEZ MACARRO	C.D.E. TRIATLON SAN SEBASTI	211	1:37:52	09:29	###	6:12:34	28.99	06:48	179	5:25:11	13:31:52	4:30:00
173	137	JOSE RAMON ARBERAS PACHECO	EGURRE K3	193	1:33:51	13:02	###	6:36:07	27.27	10:15	166	4:58:50	13:32:03	4:30:11

POS.	Nº	NOME	CLUB	P.	Natación:	T1	P.	Ciclismo:	Km/h.	T2	P.	Carrera:	META	Dif.
174	154	PABLO TEIJEIRO LOPEZ	CLUB TRIATLON CORUÑA	203	1:36:21	09:25	###	6:59:45	25.73	05:30	152	4:44:53	13:35:52	4:34:00
175	130	URBANO LANDROVE RODRIGUEZ	INDEPENDIENTE	219	1:52:11	08:39	###	6:20:14	28.4	05:58	171	5:09:09	13:36:09	4:34:17
176	243	ANTONIO MANUEL JURADO MEJÍAS	SEGURO 1 DIA	181	1:30:21	13:09	###	7:10:43	25.07	10:12	147	4:40:02	13:44:25	4:42:33
177	212	ANTONIO DOÑA ALCOHOLADO	SEGURO 1 DIA	209	1:37:50	08:57	###	6:25:24	28.02	07:50	180	5:26:46	13:46:45	4:44:53
178	72	FRANCISCO JAVIER GALIANO AGUIL	C.T. CAMALEÓN	191	1:32:55	16:45	###	6:49:38	26.37	08:28	177	5:17:35	14:05:19	5:03:27
179	249	FRANCISCO DOMINGUEZ BERRUGU	SEGURO 1 DIA	198	1:35:36	18:34	###	6:55:31	25.99	05:54	173	5:12:15	14:07:49	5:05:57
180	152	CARLOS ANDRES RAMÍREZ DUARTE	CLUB TRIATLON TRES CANTO	152	1:24:26	05:35	###	6:22:55	28.21	06:10	186	6:09:18	14:08:22	5:06:30
181	236	JOSÉ LUIS GUTIÉRREZ FERROL	SEGURO 1 DIA	169	1:28:50	07:05	###	6:59:18	25.76	05:21	182	5:27:53	14:08:24	5:06:32
182	199	FERNANDO FERRER ESCORIHUELA	SEGURO 1 DIA	160	1:26:00					36:50	174	5:12:36	14:09:49	5:07:57
183	168	AGUSTÍN RISUEÑO MARTÍN	CLUB TRIATLÓN SALAMANCA	200	1:35:51	05:42	###	7:00:21	25.69	02:49	181	5:27:48	14:12:29	5:10:37
184	15	JAVIER MATA RANDO	C.T. BAHIA DE MALAGA	98	1:15:43	10:48	###	6:59:16	25.76	07:21	183	5:43:25	14:16:31	5:14:39
185	222	LUIS VAZQUEZ SANESTEBAN	SEGURO 1 DIA	215	1:41:06	07:44	###	6:14:02	28.88	09:25	187	6:11:01	14:23:16	5:21:24
186	167	JUAN JOSE GONZALEZ RAMIL	CLUB TRIATLON CORUÑA	91	1:14:44	08:27	###	7:07:37	25.26	05:40	184	5:48:16	14:24:42	5:22:50
187	215	JUAN SANCHEZ MARTINEZ	SEGURO 1 DIA	171	1:29:16	10:42	###	6:50:17	26.32	07:34	185	5:54:12	14:31:59	5:30:07
NC	57	RUBEN JOSE LOPEZ FERNANDEZ	A.D. NAUTICO DE NARON	221	1:55:21	07:58	###	7:02:55	25.54					
NC	87	VICTOR MANUEL VILAR REINA	A.D. NAUTICO DE NARON	188	1:32:04	05:10	###	7:24:33	24.29					
NC	160	MANUEL RAMOS FERNÁNDEZ	C.D.E. OZONO	155	1:25:01	06:56	###	7:35:15	23.72					
NC	163	HIGINIO-LODARIO LERA FERNANDE	CLUB TRIATLON OVIEDO	217	1:44:05	08:29	###	7:22:32	24.41					
NC	174	RAUL OSCAR GONZALEZ-PACHECO	CLUB IBERIA TRIATLÓN	199	1:35:45	14:52	###	7:35:14	23.72					
NC	207	HÉCTOR LUCAS MAÑOGIL	SEGURO 1 DIA											
NC	214	STEFANO MARAESSA	SEGURO 1 DIA	222	1:56:15	12:49	###	7:12:32	24.97					
NC	226	PEDRO SANCHEZ MARTINEZ	SEGURO 1 DIA	220	1:53:34	08:26	###	7:10:07	25.11					
NC	242	EDER FERNANDEZ PEREZ	SEGURO 1 DIA	25	1:06:33	07:05	###	7:53:18	22.82					
DNF	8	MARIO JUSDADO CANCELA	C.D.E.TRIATLON SAN SEBASTI	12	1:04:24	05:14								
DNF	20	ANTONIO GONZALEZ DATORRE	BEARIZ TRIATLON	18	1:05:45	05:04	###	6:12:59	28.96	03:17				
DNF	21	CARLOS NEVOT GIL	3PW ALMAZORA	106	1:18:01	07:31								
DNF	44	ASIER GUTIERREZ VICENTE	EGURRE K3	204	1:36:26	09:35	57	5:42:51	31.5					
DNF	49	FERNANDO BARROSO GONZALEZ	TRIATLÓN SANTANDER	2	0:55:26	02:54								
DNF	56	DIEGO RODRIGUEZ ALVAREZ	BICIS PINA-GRUPO GM-TRITOL	56	1:10:23	04:02	###	6:14:09	28.87	04:50				
DNF	64	PABLO RAMIL FREAN	NOSPORTLIMIT	70	1:12:13	06:00	###	6:13:11	28.94	04:55				
DNF	70	GUSTAVO GONZÁLEZ GALINDO	TRI INFINITY MÓSTOLES	158	1:25:24	10:00	21	5:23:01	33.44					
DNF	83	JUAN JOSE NUÑEZ CASAS	TRIATLON MURALLA DE LUGO	26	1:06:33	04:42	22	5:24:51	33.25	02:25				
DNF	94	JUAN FRANCISCO FERNANDEZ MOL	A.D. TRI-PENTA TERRAS DE L	10	1:03:36	03:10	45	5:36:23	32.11	04:38				
DNF	96	JESUS GISMERO LUDEÑA	ENERGY-BIKES TRIATLÓN GE	213	1:40:03	17:34	4	3:51:50	46.59					
DNF	98	JAIME VAZQUEZ MEIJIDE	TRIATLON VILAGARCIA /ATEN	49	1:09:49	06:40								
DNF	99	ANGEL POLO JUAREZ	COMPLUTUM TRIATLON	7	1:02:29	05:12	15	5:16:20	34.14	04:49				
DNF	100	RICARDO NORIEGA SUAREZ	CLUB TRIATLON OVIEDO	131	1:21:40	08:40	###	6:23:18	28.18	06:33				
DNF	115	CARLOS JESUS RODRIGUEZ REY	CLUB TRIATLON COMPOSTEL	43	1:09:09	06:45								
DNF	122	BENIGNO PEINADO PEREZ	CLUB TRIATLON TRES CANTO	176	1:29:48	09:18	1	2:07:51	84.48					
DNF	127	ELISEO SANCHEZ LOPEZ	TRIATLÓN ALCALÁ	105	1:17:18	09:20	###	6:25:06	28.04					
DNF	135	MARCELINO FERNANDEZ PEREZ	CLUB TRIATLÓN ACADEMIA CI	212	1:38:36	13:53	###	6:29:38	27.72	11:44				
DNF	173	PEDRO VARA PINGARRON	ENERGY-BIKES TRIATLÓN GE	205	1:36:47	18:48	3	3:50:33	46.85					
DNF	182	RAUL MUÑOZ FERNÁNDEZ	SEGURO 1 DIA											
DNF	194	BORJA BLANCO SUAREZ	SEGURO 1 DIA	197	1:34:44	07:01								
DNF	196	GONZALO CALVO LORENZO	SEGURO 1 DIA	143	1:23:13	08:54	68	5:49:18	30.92					
DNF	227	DAVID DIEGO PINTO	SEGURO 1 DIA	59	1:10:45	04:17	###	6:03:41	29.7	04:20				
DNF	229	JOSE ANTONIO TENA SANTOS	SEGURO 1 DIA	172	1:29:25	16:11								
DNF	231	DAVID BLANCO SUÁREZ	SEGURO 1 DIA	174	1:29:30	12:21	###	7:14:37	24.85	05:46				
DNF	235	ENRIQUE SOMMER ALVAREZ	SEGURO 1 DIA	218	1:51:04	07:50								
DNF	240	SALVADOR MARIN LILLO	SEGURO 1 DIA	167	1:28:32	07:39	2	3:36:12	49.96					
DNF	247	JOSEBA IÑAKI VALTIERRA BERRAL	SEGURO 1 DIA	99	1:15:51	09:36								
DNF	248	IGNACIO OUVIÑA GONZALEZ	SEGURO 1 DIA	194	1:34:23	09:23	###	6:16:25	28.69	06:24				
DNS	13	DAVID MARTINEZ GRAÑA	CLUB TRIATLON MAR DE VIGO											
DNS	14	JOSE MIGUEL FERNANDEZ CRUZ	CLUB ATLETISMO PORRIÑO											
DNS	18	IVAN PEREIRA IGLESIAS	CLUB ATLETISMO PORRIÑO											
DNS	29	ALEJANDRO GONZALEZ MONTERO	MONTE PENARUBIA RUNNING											
DNS	37	AXEL BECI CALVO	ALGORTA ENDURANCE AERO											
DNS	42	JUAN JOSÉ FOULQUIÉ PADILLA	CLUB DE TRIATLÓN CALIMA											
DNS	63	ORLANDO DAVID FAJARDO GUTIÉR	CLUB DEPORTIVO MAREA VIV											
DNS	74	GABRIEL CARRIO ORTEGA	PILOÑA.DEPORTE											
DNS	101	ANTONIO MANUEL IGLESIAS LOREN	EGURRE K3											
DNS	110	ELADIO ALISTE MOLID	CDE AGUERVERDE											
DNS	144	JOSE ANTONIO ZAFRA HURTADO	CAPEX TRIATLON											
DNS	162	FCO. JAVIER DE LA FUENTE VINAGR	GARRIBIKES											
DNS	200	DAVID BROULLON PIÑEIRO	SEGURO 1 DIA											

POS.	Nº	NOME	CLUB	P. Natación:	T1	P. Ciclismo:	Km/h.	T2	P. Carrera:	META	Dif.
DNS	203	JULIO CESAR PÉREZ GODINO	SEGURO 1 DIA								
DNS	205	DAVID SERRANO MARTIN	SEGURO 1 DIA								
DNS	209	CRISTOBAL RODIL PATRICIO	SEGURO 1 DIA								
DNS	216	ALBERTO IGLESIAS PIÑEIRO	SEGURO 1 DIA								
DNS	224	DOMINGO ROMERO PECELLIN	SEGURO 1 DIA								
DNS	251	JOSE RAMON SANTOS PAZ	SEGURO 1 DIA								

NORTHWEST TRIMAN 2021



CATEGORIAS LARGA DISTANCIA MASCULINA

Localidade As Pontes

Data 27 de junio de 2021

Distancia

LD

Oficiais

Delegado Técnico: Alberto Morlán

Xuíz Arbitro: Mónica Flores

Responsable Oficiais: Mónica Flores

Xurado Alberto Morlán (DT)

da Bárbara Carbajales (FEGATRI)

Competición Patricio Farias (CLUB)

Datos da competición

Temperatura exterior: 10 °C

Temperatura da auga: 18,3 °C

Neopreno: Permitido

Natación: 3,8 km

2 voltas

Ciclismo: 180 km

4 voltas

Carrera: 42,2 km

4 voltas

Inscritos : 244

Remataron : 187

Retirados : 29

Non Presentados : 19

Descalificados : 0

VETERANOS 1 MASCULINA

POS.	Nº	NOME	CLUB	P.	Natación	T1	P.	Ciclismo	Km/h.	T2	P.	Carrera:	META	Dif.
1	60	LUIS VEGA ROMERO	C.D.E. TRIBOOST	36	1:08:26	03:08	8	5:03:00	35.64	02:40	6	3:11:52	9:29:05	0:27:13
2	121	FERNANDO AIELLO CAÑAS	DESAM.ES	29	1:06:50	02:42	14	5:15:42	34.21	03:16	5	3:11:09	9:39:37	0:37:45
3	109	DAVID GONZALEZ ALONSO	VETUSTA UNIVERSIDAD DE OVIEDO	30	1:06:58	03:00	17	5:18:28	33.91	03:36	10	3:14:41	9:46:41	0:44:49
4	220	LUIS GARCIA RIOS	SEGURO 1 DIA	90	1:14:39	05:22	16	5:16:57	34.08	03:18	4	3:08:59	9:49:12	0:47:20
5	55	GERMAN MONTOTO PEREIR	CLUB TRIATLON MAR DE VIGO	44	1:09:25	04:17	24	5:25:12	33.21	02:57	3	3:08:34	9:50:23	0:48:31
6	48	OSCAR MATILLA MARTÍN	CARRASCO... ES CICLISMO-MULTID	28	1:06:45	05:45	28	5:27:21	32.99	03:31	13	3:18:27	10:01:47	0:59:54
7	95	JOSE RAMON LAGO CIVES	ARTROGAL-TRI 498	69	1:12:07	04:44	23	5:25:08	33.22	03:19	14	3:20:12	10:05:28	1:03:36
8	208	ANDRES MARTIN CARMONA	SEGURO 1 DIA	127	1:20:57	06:26	10	5:06:15	35.27	03:42	25	3:30:10	10:07:29	1:05:37
9	69	PEDRO GALLEGO YUGO	BICIS PINA-GRUPO GM-TRITOLEDO	8	1:02:59	04:41	38	5:33:05	32.42	03:31	21	3:27:44	10:11:58	1:10:06
10	84	RAMON VARELA GARCIA	ARTROGAL-TRI 498	63	1:11:26	04:51	25	5:26:01	33.13	03:32	20	3:26:31	10:12:19	1:10:26
11	112	JAIME TIZON DAVILA	CLUB CERVECERIA O COTON NEGR	83	1:13:37	03:42	41	5:34:01	32.33	03:40	19	3:25:15	10:20:14	1:18:22
12	111	JORGE VELASCO VERDEJO	INDEPENDIENTE	13	1:05:03	04:56	33	5:31:24	32.59	04:30	36	3:36:44	10:22:36	1:20:44
13	81	JOSE MARIA MOLINA HIDAL	C.T. BAHIA DE MALAGA	16	1:05:18	02:24	43	5:35:02	32.24	02:58	42	3:41:57	10:27:36	1:25:44
14	103	FRANCISCO JAVIER GUTIER	CLUB TRIATLON LAS ROZAS	108	1:18:19	05:30	48	5:37:39	31.99	04:16	17	3:23:10	10:28:52	1:27:00
15	85	ANDRES DOMINGUEZ SILVA	CLUB CERVECERIA O COTON NEGR	20	1:06:08	03:11	58	5:43:32	31.44	02:39	31	3:33:43	10:29:12	1:27:20
16	68	DANIEL MARTINEZ RIVEIRA	A.D. NAUTICO DE NARON	147	1:23:42	04:45	53	5:38:49	31.88	03:27	16	3:22:02	10:32:44	1:30:52
17	217	CARLOS LAGUNA VILLANUE	SEGURO 1 DIA	31	1:07:06	05:06	36	5:32:03	32.53	03:57	53	3:46:12	10:34:21	1:32:29
18	142	UNAI TAMAYO ORBEGOZO	URBIKO TT BASAURI	71	1:12:18	04:10	35	5:32:00	32.53	03:13	45	3:42:44	10:34:23	1:32:31
19	43	ISRAEL CAMPO LOPEZ	CLUB DE TRIATLÓN DIABLILLOS DE	55	1:10:19	05:17	46	5:37:14	32.03	03:11	40	3:38:33	10:34:32	1:32:40
20	51	JOSE ANGEL RODRIGUEZ PO	TRITLON VILAGARCIA /ATENAS RU	23	1:06:25	05:15	31	5:30:26	32.69	05:33	55	3:47:09	10:34:45	1:32:53
21	107	MARIO DA COSTA GARCÍA	A.D. TRIATLON CAMARGO-ASTILLER	121	1:20:11	05:54	34	5:31:46	32.55	03:50	39	3:38:13	10:39:51	1:37:59
22	50	ANTONIO JOSÉ OLIVARES P	C.T. TORREMOLINOS	41	1:09:06	03:58	70	5:49:51	30.87	04:21	29	3:32:58	10:40:12	1:38:20
23	75	MANUEL IGNACIO GOMEZ R	CASTRILLÓN TRIATLON	27	1:06:38	02:35	61	5:45:24	31.27	03:05	51	3:45:15	10:42:55	1:41:03
24	92	JAVIER NEIRA GARCIA	INDEPENDIENTE	104	1:17:00	07:01	49	5:38:01	31.95	03:26	44	3:42:42	10:48:08	1:46:16
25	119	JORGE HERNANDEZ YAGÜE	ATLETICO S.SEBASTIAN	40	1:08:58	11:41	32	5:31:24	32.59	04:51	62	3:53:00	10:49:52	1:47:59
26	79	XOSE MARTINEZ REBOREDO	SIRENO TRIATLON CLUB	34	1:08:19	04:30	75	5:53:12	30.58	04:38	50	3:44:35	10:55:11	1:53:19
27	59	FRANCISCO GRACIA AHUFIN	INDEPENDIENTE	72	1:12:28	08:57	39	5:33:26	32.39	06:21	66	3:54:56	10:56:07	1:54:15
28	138	XOSE ANTON BARREIRO PE	INDEPENDIENTE	110	1:18:30	03:36	62	5:47:06	31.12	04:28	43	3:42:29	10:56:07	1:54:15
29	86	JOSE ANTONIO CARAVANTE	INDEPENDIENTE	76	1:12:55	05:04	84	5:56:25	30.3	03:29	41	3:39:32	10:57:23	1:55:31
30	134	JESUS ASENSIO ESTEBAN	CLUB DEPORTIVO TRIATLON ARAN	73	1:12:39	07:19	93	6:00:25	29.97	03:31	34	3:35:57	10:59:49	1:57:57
31	105	OSCAR MARTIN CUENCA	BIOSNAR HONDARRIBIKO T.K.	15	1:05:15	07:09	51	5:38:14	31.93	03:47	93	4:12:01	11:06:24	2:04:32
32	126	DOMINGO CAVA BELCHI	TRIALHAMA	185	1:31:03	05:01	60	5:44:38	31.34	03:13	47	3:43:47	11:07:39	2:05:46
33	201	DANIEL CADENAS TORRON	SEGURO 1 DIA	137	1:22:24	05:10	76	5:53:30	30.55	03:52	46	3:43:24	11:08:18	2:06:26
34	133	MIGUEL DAVID FERNANDEZ	CLUB NATACION RIVEIRA	24	1:06:28	07:38	65	5:48:25	31	05:23	71	4:00:52	11:08:43	2:06:51
35	80	ABELARDO VICTOR MAEDA	CLUB DEPORTIVO TRIVALL	21	1:06:11	05:04	141	6:19:20	28.47	04:48	38	3:38:12	11:13:33	2:11:41
36	82	JAVIER ALONSO MARTIN	CLUB MARATON LUCENA	103	1:16:46	06:08	97	6:02:34	29.79	04:05	54	3:46:13	11:15:46	2:13:53
37	91	JORGE MORALES DE ASIS	C.T. BAHIA DE MALAGA	52	1:10:03	05:23	123	6:12:18	29.01	03:36	52	3:46:10	11:17:28	2:15:36
38	124	JESUS JAVIER ORTIZ GARCI	C.D. VAS	81	1:13:35	04:42	54	5:40:11	31.75	03:37	103	4:16:49	11:18:52	2:17:00
39	140	JOSU LOTINA GAUBEKA	MUNGIAKO TRITOIAK TRIATLOI KLU	125	1:20:27	05:21	106	6:04:42	29.61	02:52	56	3:48:05	11:21:24	2:19:31
40	90	RODRIGO CARULLA REVILLA	FITNESS SPORTS TRIATLON	51	1:09:52	05:51	95	6:00:44	29.94	05:51	77	4:04:43	11:26:59	2:25:07
41	93	JOSE ANTONIO MONTORO P	C.D. TRIATLON GRANADA	50	1:09:51	04:50	115	6:08:03	29.34	03:13	76	4:04:35	11:30:30	2:28:38
42	132	ALFONSO RODRIGUEZ CAST	CUENCA DEL NAVIA TRIATLON	145	1:23:25	07:21	52	5:38:29	31.91	05:56	108	4:19:30	11:34:40	2:32:48
43	67	JUAN MANUEL MIRA IGLESIA	ARTROGAL-TRI 498	115	1:19:24	06:15	101	6:03:21	29.72	04:00	78	4:05:11	11:38:10	2:36:18

44	52	CASIANO ENGROBA SAAVED	A.POLIDEPORTIVA SAN RAMON DE	182	1:30:23	07:02	82	5:56:05	30.33	06:04	69	3:59:00	11:38:32	2:36:40
45	102	KEPA MORENO PALACIOS	EGURRE K3	64	1:11:29	07:17	98	6:02:35	29.79	05:41	96	4:13:06	11:40:07	2:38:14
46	58	IKER SARASA GONZALEZ	CD KIROL BAT TRIATLOI TALDEA	101	1:16:08	06:51	67	5:48:50	30.96	04:53	116	4:24:05	11:40:44	2:38:52
47	89	IAGO VARA ADRIO	SIRENO TRIATLON CLUB	14	1:05:06	05:34	37	5:32:44	32.46	05:23	160	4:53:23	11:42:07	2:40:15
48	53	ALEJANDRO VEGA CORDOB	TRIATOMIX MBIKES	78	1:13:13	08:50	63	5:47:39	31.07	05:37	120	4:27:05	11:42:21	2:40:29
49	234	ISMAEL GRANIZO	SEGURO 1 DIA	85	1:13:49	10:42	112	6:07:17	29.41	06:37	79	4:05:49	11:44:12	2:42:20
50	139	VICENTE GRANERO NAVARR	TRIATLÓ ONTINYENT	62	1:11:22	06:18	87	5:57:38	30.2	08:13	114	4:22:03	11:45:33	2:43:41
51	223	RAMON GARCÍA PORTILLO	SEGURO 1 DIA	107	1:18:13	08:10	91	5:59:32	30.04	06:18	100	4:15:04	11:47:14	2:45:22
52	118	IBON CORTAZAR AURRE	INDEPENDIENTE	67	1:11:48	10:20	128	6:13:18	28.93	05:16	87	4:08:07	11:48:47	2:46:55
53	54	DANIEL MENENDEZ MIRAZ	INDEPENDIENTE	80	1:13:29	08:52	64	5:47:54	31.04	06:13	138	4:35:21	11:51:48	2:49:55
54	71	LUCAS GONZALEZ ROCHA	NOSPORTLIMIT	141	1:23:01	07:03	66	5:48:38	30.98	06:57	119	4:26:50	11:52:27	2:50:35
55	238	VÍCTOR PARDO ROMERO	SEGURO 1 DIA	120	1:20:06	08:44	144	6:21:12	28.33	04:28	70	4:00:29	11:54:57	2:53:05
56	120	CARLOS BELARRA ARENAS	C.T. TRIYAIZA	5	1:02:06	07:48	96	6:02:15	29.81	06:54	139	4:36:17	11:55:19	2:53:27
57	66	OSCAR RODRIGUEZ RODRIG	CIDADE DE LUGO FLUVIAL	192	1:33:41	05:27	74	5:52:26	30.64	04:17	111	4:21:13	11:57:03	2:55:11
58	210	JAVIER IGLESIAS FILGUEIRA	SEGURO 1 DIA	138	1:22:32	08:25	71	5:50:27	30.82	06:14	131	4:30:50	11:58:26	2:56:34
59	202	DAVID SANCHEZ FERNANDEZ	SEGURO 1 DIA	178	1:30:03	11:32	109	6:06:49	29.44	05:42	75	4:04:28	11:58:33	2:56:41
60	211	IVAN ROMANA RODRIGUEZ	SEGURO 1 DIA	189	1:32:13	08:55	77	5:53:50	30.52	06:45	110	4:20:58	12:02:39	3:00:47
61	65	MANUEL MEDINA PEÑA	C.A. MURGIVERDE	175	1:29:47	06:05	105	6:04:35	29.62	04:59	104	4:17:22	12:02:46	3:00:54
62	88	ANTONIO JOSE SIBINA SANC	TRIALHAMA	122	1:20:13	06:58	90	5:58:56	30.09	05:17	136	4:33:15	12:04:37	3:02:45
63	239	LOPE DURAN CAMPOS	SEGURO 1 DIA	159	1:25:34	06:56	137	6:17:33	28.61	05:36	91	4:11:44	12:07:21	3:05:29
64	73	CARLOS MIGUEL FIDALGO R	NATACION PABELLON OURENSE	117	1:19:28	07:07	117	6:10:36	29.14	03:51	121	4:27:57	12:08:57	3:07:05
65	221	VICTOR MANUEL MOURIÑO F	SEGURO 1 DIA	48	1:09:47	04:10	168	6:30:41	27.64	03:02	112	4:21:20	12:08:59	3:07:06
66	125	JOSÉ MANUEL DE PRADO RU	INDEPENDIENTE	162	1:26:39	06:46	104	6:03:43	29.69	03:23	127	4:29:39	12:10:09	3:08:16
67	108	RAFAEL ENRIQUE MIRANDA	TRINOULAS	113	1:19:05	05:11	125	6:12:42	28.98	03:36	134	4:31:46	12:12:18	3:10:26
68	230	PAULO SILVA	SEGURO 1 DIA	161	1:26:24	09:58	172	6:32:09	27.54	05:21	72	4:01:34	12:15:24	3:13:32
69	213	PAULO JORGE LOPES SOAR	SEGURO 1 DIA	206	1:37:19	08:43	114	6:07:35	29.38	05:19	107	4:19:09	12:18:04	3:16:12
70	114	PEDRO CARRIÓN SÁNCHEZ	C.T. GUADALAJARA	130	1:21:40	09:01	121	6:11:58	29.03	07:26	123	4:28:43	12:18:46	3:16:54
71	47	MARCOS VARELA SECO	INDEPENDIENTE	216	1:42:13	07:16	138	6:17:39	28.6	05:04	82	4:06:37	12:18:47	3:16:55
72	76	XOSE FERNANDEZ SEGURA	PEÑA CICLISTA LAR	89	1:14:31	05:35	107	6:05:04	29.58	04:43	157	4:50:54	12:20:46	3:18:54
73	128	IÑAKI MANZANO DIEGO	HIRUKO INDAR TRIATLOI KLUBA	54	1:10:18	05:22	170	6:30:59	27.62	05:13	125	4:29:04	12:20:54	3:19:02
74	206	JOSE MANUEL GARCIA ENJA	SEGURO 1 DIA	146	1:23:32	08:03	171	6:31:14	27.61	05:16	101	4:15:35	12:23:39	3:21:47
75	45	DAVID SALAS VELASCO	C.A. MURGIVERDE	154	1:24:59	07:26	154	6:24:14	28.11	04:27	115	4:23:39	12:24:42	3:22:50
76	106	ALBERTO POLANCO IZQUIER	INDEPENDIENTE	166	1:28:27	08:39	152	6:23:55	28.13	05:03	109	4:19:37	12:25:41	3:23:48
77	143	ROBERTO GARCÍA VILLAVER	VETUSTA UNIVERSIDAD DE OVIEDO	86	1:14:00	06:19	148	6:22:45	28.22	05:20	144	4:39:11	12:27:34	3:25:42
78	225	AITOR CORTAZAR GONZALE	SEGURO 1 DIA	133	1:21:55	05:37	165	6:28:36	27.79	05:14	118	4:26:24	12:27:44	3:25:52
79	117	SALVADOR DE VICENTE ALE	TRIALHAMA	93	1:15:19	06:35	161	6:25:45	28	04:19	142	4:37:11	12:29:07	3:27:15
80	104	JOSE ANTONIO BERRUEZO L	TRIATLÓN GUERRITA ALCANTARILL	82	1:13:35	08:05	153	6:23:58	28.13	05:15	154	4:45:49	12:36:40	3:34:48
81	141	JUAN MANUEL GONZALEZ B	TRIATLÓN TETUÁN	129	1:21:16	08:07	181	6:36:04	27.27	06:07	126	4:29:26	12:40:58	3:39:05
82	62	JOSE MANUEL TURNES COR	NOSPORTLIMIT	208	1:37:44	07:11	190	6:45:17	26.65	04:30	84	4:06:49	12:41:28	3:39:36
83	136	FERNANDO SINES CRESPO	NOSPORTLIMIT	124	1:20:18	08:13	178	6:35:55	27.28	07:11	132	4:31:11	12:42:46	3:40:54
84	77	RUBÉN ANTÓN ORTÍZ	C.D.E. OZONO	163	1:27:30	07:26	111	6:07:12	29.41	05:22	162	4:55:56	12:43:23	3:41:31
85	204	GERARDO QUESADA LOPEZ	SEGURO 1 DIA	214	1:40:52	07:39	142	6:20:07	28.41	07:02	122	4:28:30	12:44:08	3:42:16
86	113	RUBÉN FERNÁNDEZ FERNÁN	COMPLUTUM TRIATLON	210	1:37:51	10:32	177	6:35:20	27.32	03:57	106	4:18:44	12:46:22	3:44:30
87	131	PABLO MARCOS CORRAL	INDEPENDIENTE	136	1:22:22	09:06	135	6:16:52	28.66	08:03	158	4:51:33	12:47:54	3:46:02
88	237	JACOBO GINER AUDIVERT	SEGURO 1 DIA	151	1:24:24	06:07	174	6:33:24	27.45	09:28	143	4:38:25	12:51:46	3:49:54
89	232	SERGIO FERNANDEZ ALGUA	SEGURO 1 DIA	118	1:19:33	14:00	139	6:18:13	28.56	07:34	165	4:58:31	12:57:48	3:55:56
90	219	JULIÁN MOLINA JAIME	SEGURO 1 DIA	42	1:09:07	08:30	187	6:40:14	26.98	06:44	163	4:56:29	13:01:02	3:59:10
91	46	XAVIER FONTSERE ROVIRA	C.A. LES TORTUGUES	112	1:19:03	11:07	189	6:44:53	26.68	06:14	149	4:41:10	13:02:25	4:00:33
92	78	GERARDO GOMEZ PELAEZ	C.T. ALMERIA	79	1:13:22	04:52	184	6:38:35	27.1	04:38	168	5:01:34	13:03:00	4:01:08
93	233	PAULO JORGE LISBOA RIBEI	SEGURO 1 DIA	207	1:37:40	12:34	145	6:21:39	28.3	12:02	145	4:39:22	13:03:16	4:01:24
94	61	JULIAN ROMERO CORDOBA	TRIALHAMA	180	1:30:19	07:47	147	6:22:12	28.26	04:47	169	5:02:19	13:07:21	4:05:28
95	116	JAVIER GARCIA PEREZ	C.D.E. PEGASO H3O TRIATLÓN	68	1:11:49	09:53	192	6:48:28	26.44	05:04	161	4:54:38	13:09:50	4:07:58
96	129	LUCIO HERRERO	TRI.NET NUNCA ES TARDE	65	1:11:33	11:08	163	6:26:34	27.94	11:30	175	5:13:45	13:14:28	4:12:35
97	228	FRAN DIAZ MARTIN	SEGURO 1 DIA	170	1:28:54	08:35	136	6:17:07	28.64	04:44	178	5:22:24	13:21:41	4:19:49
98	123	PEDRO BRAZO DORADO	C.T. CAMALEÓN	195	1:34:27	15:19	176	6:35:17	27.32	11:58	153	4:44:56	13:21:55	4:20:03
99	218	ALEJANDRO SANCHEZ COTO	SEGURO 1 DIA	186	1:31:27	08:38	160	6:25:38	28.01	04:14	176	5:15:24	13:25:18	4:23:26
100	97	JESÚS RODIL PATRICIO	CLUB ATLETICO OCLE	150	1:24:18	14:21	186	6:39:32	27.03	10:23	164	4:57:25	13:25:58	4:24:06
101	137	JOSE RAMON ARBERAS PAC	EGURRE K3	193	1:33:51	13:02	182	6:36:07	27.27	10:15	166	4:58:50	13:32:03	4:30:11
102	130	URBANO LANDROVE RODRI	INDEPENDIENTE	219	1:52:11	08:39	143	6:20:14	28.4	05:58	171	5:09:09	13:36:09	4:34:17
103	212	ANTONIO DOÑA ALCOHOLAD	SEGURO 1 DIA	209	1:37:50	08:57	159	6:25:24	28.02	07:50	180	5:26:46	13:46:45	4:44:53
104	72	FRANCISCO JAVIER GALIAN	C.T. CAMALEÓN	191	1:32:55	16:45	194	6:49:38	26.37	08:28	177	5:17:35	14:05:19	5:03:27
105	236	JOSÉ LUIS GUTIÉRREZ FERR	SEGURO 1 DIA	169	1:28:50	07:05	200	6:59:18	25.76	05:21	182	5:27:53	14:08:24	5:06:32
106	222	LUIS VAZQUEZ SANESTEBAN	SEGURO 1 DIA	215	1:41:06	07:44	129	6:14:02	28.88	09:25	187	6:11:01	14:23:16	5:21:24
107	215	JUAN SANCHEZ MARTINEZ	SEGURO 1 DIA	171	1:29:16	10:42	195	6:50:17	26.32	07:34	185	5:54:12	14:31:59	5:30:07
NC	57	RUBEN JOSE LOPEZ FERNA	A.D. NAUTICO DE NARON	221	1:55:21	07:58	203	7:02:55	25.54					
NC	87	VICTOR MANUEL VILAR REIN	A.D. NAUTICO DE NARON	188	1:32:04	05:10	210	7:24:33	24.29					
NC	207	HÉCTOR LUCAS MAÑOGIL	SEGURO 1 DIA											
NC	214	STEFANO MARAESSA	SEGURO 1 DIA	222	1:56:15	12:49	207	7:12:32	24.97					
NC	226	PEDRO SANCHEZ MARTINEZ	SEGURO 1 DIA	220	1:53:34	08:26	205	7:10:07	25.11					
DNF	44	ASIER GUTIERREZ VICENTE	EGURRE K3	204	1:36:26	09:35	57	5:42:51	31.5					
DNF	49	FERNANDO BARROSO GONZ	TRIATLÓN SANTANDER	2	0:55:26	02:54								

DNF	56	DIEGO RODRIGUEZ ALVAREZ	BICIS PINA-GRUPO GM-TRITOLEDO	56	1:10:23	04:02	130	6:14:09	28.87	04:50		
DNF	64	PABLO RAMIL FREAN	NOSPORTLIMIT	70	1:12:13	06:00	127	6:13:11	28.94	04:55		
DNF	70	GUSTAVO GONZÁLEZ GALIN	TRI INFINITY MÓSTOLES	158	1:25:24	10:00	21	5:23:01	33.44			
DNF	83	JUAN JOSE NUÑEZ CASAS	TRIATLON MURALLA DE LUGO	26	1:06:33	04:42	22	5:24:51	33.25	02:25		
DNF	94	JUAN FRANCISCO FERNAND	A.D. TRI-PENTA TERRAS DE LUGO	10	1:03:36	03:10	45	5:36:23	32.11	04:38		
DNF	96	JESUS GISMERO LUDEÑA	ENERGY-BIKES TRIATLÓN GETAFE	213	1:40:03	17:34	4	3:51:50	46.59			
DNF	98	JAIME VAZQUEZ MEJIDE	TRIATLON VILAGARCIA /ATENAS RU	49	1:09:49	06:40						
DNF	99	ANGEL POLO JUAREZ	COMPLUTUM TRIATLON	7	1:02:29	05:12	15	5:16:20	34.14	04:49		
DNF	100	RICARDO NORIEGA SUAREZ	CLUB TRIATLON OVIEDO	131	1:21:40	08:40	151	6:23:18	28.18	06:33		
DNF	115	CARLOS JESUS RODRIGUEZ	CLUB TRIATLON COMPOSTELA	43	1:09:09	06:45						
DNF	122	BENIGNO PEINADO PEREZ	CLUB TRIATLON TRES CANTOS	176	1:29:48	09:18	1	2:07:51	84.48			
DNF	127	ELISEO SANCHEZ LOPEZ	TRIATLÓN ALCALÁ	105	1:17:18	09:20	158	6:25:06	28.04			
DNF	135	MARCELINO FERNANDEZ PE	CLUB TRIATLÓN ACADEMIA CIVIL-C	212	1:38:36	13:53	167	6:29:38	27.72	11:44		
DNF	227	DAVID DIEGO PINTO	SEGURO 1 DIA	59	1:10:45	04:17	103	6:03:41	29.7	04:20		
DNF	229	JOSE ANTONIO TENA SANTO	SEGURO 1 DIA	172	1:29:25	16:11						
DNF	231	DAVID BLANCO SUÁREZ	SEGURO 1 DIA	174	1:29:30	12:21	208	7:14:37	24.85	05:46		
DNF	235	ENRIQUE SOMMER ALVAREZ	SEGURO 1 DIA	218	1:51:04	07:50						
DNS	63	ORLANDO DAVID FAJARDO	CLUB DEPORTIVO MAREA VIVA									
DNS	74	GABRIEL CARRIO ORTEGA	PILOÑA.DEPORTE									
DNS	101	ANTONIO MANUEL IGLESIAS	EGURRE K3									
DNS	110	ELADIO ALISTE MOLID	CDE AGUAVERDE									
DNS	144	JOSE ANTONIO ZAFRA HURT	CAPEX TRIATLON									
DNS	200	DAVID BROULLON PIÑEIRO	SEGURO 1 DIA									
DNS	203	JULIO CESAR PÉREZ GODIN	SEGURO 1 DIA									
DNS	205	DAVID SERRANO MARTIN	SEGURO 1 DIA									
DNS	209	CRISTOBAL RODIL PATRICIO	SEGURO 1 DIA									
DNS	216	ALBERTO IGLESIAS PIÑEIRO	SEGURO 1 DIA									
DNS	224	DOMINGO ROMERO PECELLI	SEGURO 1 DIA									

VETERANOS 2 MASCULINA

POS.	Nº	NOME	CLUB	P.	Natación	T1	P.	Ciclismo	Km/h.	T2	P.	Carrera:	META	Dif.
1	159	RAMON ARIAS GARCIA	CIDADE DE LUGO FLUVIAL	11	1:03:36	04:27	27	5:27:17	33	03:44	15	3:21:00	10:00:02	0:58:10
2	146	MIKEL LASA ERLE	ANTXINTXIKIA DEBAGOIENA TRIATL	123	1:20:18	07:53	19	5:20:05	33.74	04:01	28	3:32:37	10:24:52	1:23:00
3	244	ALFREDO ARRABAL PASCUA	SEGURO 1 DIA	114	1:19:21	10:42	56	5:41:17	31.65	05:35	48	3:44:08	11:01:00	1:59:08
4	151	ISIDRO LUIS SANTOS GARRI	TRIATLÓN UNIVERSITARIO DE MAD	97	1:15:43	04:35	116	6:10:13	29.17	03:14	22	3:28:18	11:02:00	2:00:08
5	245	JIM SMYTH	SEGURO 1 DIA	84	1:13:46	04:21	78	5:54:59	30.42	03:50	65	3:53:54	11:10:48	2:08:56
6	147	JUAN CARLOS CALLEJAS G	INDEPENDIENTE	139	1:22:32	04:41	113	6:07:35	29.38	03:12	35	3:36:19	11:14:17	2:12:25
7	149	JON GARAIALDE AGIRRE	ATLETICO S.SEBASTIAN	61	1:11:09	08:25	59	5:43:51	31.41	05:17	89	4:09:22	11:18:02	2:16:10
8	246	JESUS HIDALGO SANCHEZ	SEGURO 1 DIA	32	1:07:55	06:09	80	5:55:23	30.39	03:21	88	4:09:03	11:21:48	2:19:55
9	155	SANTIAGO SOLETO CEREIJO	INDEPENDIENTE	95	1:15:28	04:20	88	5:58:17	30.14	02:52	85	4:06:54	11:27:50	2:25:57
10	165	JOSE IGNACIO RODRIGUEZ P	CLUB DE TRIATLÓN DIABLILLOS DE	165	1:28:03	08:04	92	5:59:50	30.01	05:23	67	3:58:35	11:39:54	2:38:02
11	148	PAULO TELES	3B TRIATLO	132	1:21:53	06:42	120	6:11:28	29.07	05:02	74	4:04:17	11:49:19	2:47:27
12	153	JOSÉ ROLDÁN CASTAÑO	INDEPENDIENTE	119	1:19:58	03:59	69	5:49:22	30.91	03:01	150	4:42:05	11:58:23	2:56:31
13	250	FERNANDO RAMIREZ LOZAN	SEGURO 1 DIA	156	1:25:10	07:30	155	6:24:21	28.1	11:55	60	3:50:43	11:59:38	2:57:46
14	145	JAUME VALLS BORRAS	CLUB NATACIO VALLDOREIX	22	1:06:24	05:23	193	6:49:10	26.4	03:20	81	4:06:36	12:10:52	3:09:00
15	169	HILARIO FRANCISCO ALEDO	TRIALHAMA	173	1:29:27	07:24	156	6:24:46	28.07	05:11	98	4:13:17	12:20:02	3:18:10
16	171	MANUEL BAEZA NAVARRO	CLUB TRIATLON BAEZA	177	1:30:03	05:46	118	6:10:44	29.13	05:30	128	4:29:59	12:22:00	3:20:08
17	158	JOSE RAJA RODRIGUEZ	A.D. RUMBOFIJO-TRI X NF	116	1:19:26	06:38	131	6:14:49	28.82	07:49	137	4:34:31	12:23:10	3:21:18
18	157	MARIO DAVID GONZALEZ RE	TRI.NET NUNCA ES TARDE	66	1:11:35	07:16	157	6:25:01	28.05	05:50	146	4:39:26	12:29:07	3:27:14
19	170	ASIER BARRAINKUA SAGAST	ALOÑA MENDI K.E.	168	1:28:46	08:26	140	6:18:56	28.5	08:14	117	4:26:16	12:30:36	3:28:44
20	166	JOSE ANTONIO BAUTISTA M	C.T. BAHIA DE MALAGA	190	1:32:45	13:06	122	6:11:59	29.03	05:36	129	4:30:08	12:33:31	3:31:39
21	164	ANGEL SANCHEZ GARCIA	CLUB TRIATLON 401	148	1:23:45	10:31	191	6:47:57	26.47	05:43	99	4:13:17	12:41:12	3:39:20
22	156	JUAN ANTONIO SANJUAN HE	ENERGY-BIKES TRIATLÓN GETAFE	111	1:18:45	07:55	188	6:44:50	26.68	05:06	133	4:31:24	12:47:58	3:46:06
23	150	FERNANDO VALLES NUEVO	INDEPENDIENTE	142	1:23:13	15:21	133	6:16:17	28.7	06:19	159	4:51:57	12:53:05	3:51:13
24	161	GUILLERMO MIGUEL RUIZ	INDEPENDIENTE	39	1:08:56	06:28	150	6:23:04	28.19	07:08	172	5:11:12	12:56:47	3:54:54
25	241	JUAN JAVIER GIBAJA FERNA	SEGURO 1 DIA	196	1:34:37	11:33	185	6:39:13	27.05	05:28	135	4:32:45	13:03:33	4:01:41
26	172	JOSE RAMON SOLAUN EGUR	C.D.A. 42195.ES VITORIA-GASTEIZ	144	1:23:24	06:26	183	6:38:16	27.12	03:18	170	5:05:53	13:17:14	4:15:22
27	154	PABLO TEJEIRO LOPEZ	CLUB TRIATLON CORUÑA	203	1:36:21	09:25	201	6:59:45	25.73	05:30	152	4:44:53	13:35:52	4:34:00
28	243	ANTONIO MANUEL JURADO	SEGURO 1 DIA	181	1:30:21	13:09	206	7:10:43	25.07	10:12	147	4:40:02	13:44:25	4:42:33
29	249	FRANCISCO DOMINGUEZ BE	SEGURO 1 DIA	198	1:35:36	18:34	197	6:55:31	25.99	05:54	173	5:12:15	14:07:49	5:05:57
30	152	CARLOS ANDRES RAMÍREZ	CLUB TRIATLON TRES CANTOS	152	1:24:26	05:35	149	6:22:55	28.21	06:10	186	6:09:18	14:08:22	5:06:30
31	168	AGUSTÍN RISUEÑO MARTÍN	CLUB TRIATLÓN SALAMANCA	200	1:35:51	05:42	202	7:00:21	25.69	02:49	181	5:27:48	14:12:29	5:10:37
32	167	JUAN JOSE GONZALEZ RAMI	CLUB TRIATLON CORUÑA	91	1:14:44	08:27	204	7:07:37	25.26	05:40	184	5:48:16	14:24:42	5:22:50
NC	160	MANUEL RAMOS FERNÁNDE	C.D.E. OZONO	155	1:25:01	06:56	212	7:35:15	23.72					
NC	163	HIGINIO-LODARIO LERA FER	CLUB TRIATLON OVIEDO	217	1:44:05	08:29	209	7:22:32	24.41					
NC	242	EDER FERNANDEZ PEREZ	SEGURO 1 DIA	25	1:06:33	07:05	213	7:53:18	22.82					
DNF	240	SALVADOR MARIN LILLO	SEGURO 1 DIA	167	1:28:32	07:39	2	3:36:12	49.96					
DNF	247	JOSEBA IÑAKI VALTIERRA B	SEGURO 1 DIA	99	1:15:51	09:36								
DNF	248	IGNACIO OUVIÑA GONZALEZ	SEGURO 1 DIA	194	1:34:23	09:23	134	6:16:25	28.69	06:24				
DNS	162	FCO. JAVIER DE LA FUENTE	GARRIBIKES											
DNS	251	JOSE RAMON SANTOS PAZ	SEGURO 1 DIA											

VETERANOS 3 MASCULINA

POS.	Nº	NOME	CLUB	P.	Natación	T1	P.	Ciclismo	Km/h.	T2	P. Carrera:	META	Dif.
NC	174	RAUL OSCAR GONZALEZ-PA	CLUB IBERIA TRIATLÓN	199	1:35:45	14:52	211	7:35:14	23.72				
DNF	173	PEDRO VARA PINGARRON	ENERGY-BIKES TRIATLÓN GETAFE	205	1:36:47	18:48	3	3:50:33	46.85				

NORTHWEST TRIMAN 2021



GRUPOS DE IDADE LARGA DISTANCIA MASCULINA

Localidade As Pontes

Data 27 de junio de 2021

Distancia

LD

Oficiais

Delegado Técnico: Alberto Morlán

Xuíz Arbitro: Mónica Flores

Responsable Oficiais: Mónica Flores

Xurado Alberto Morlán (DT)

da Bárbara Carbajales (FEGATRI)

Competición Patricio Farias (CLUB)

Datos da competición

Temperatura exterior: 10 °C

Temperatura da auga: 18,3 °C

Neopreno: Permitido

Natación: 3,8 km

2 voltas

Ciclismo: 180 km

4 voltas

Carrera: 42,2 km

4 voltas

Inscritos : 244

Remataron : 187

Retirados : 29

Non Presentados : 19

Descalificados : 0

DE 25 A 29 AÑOS MASCULINA

POS.	Nº	NOME	CLUB	P.	Natación	T1	P.	Ciclismo	Km/h.	T2	P.	Carrera:	META	Dif.
1	1	MANUEL PIÑEIRO FIEL	TRIATLÓN RIAS BAIXAS	33	1:08:12	04:41	55	5:40:29	31.72	02:58	7	3:12:13	10:08:30	1:06:38
2	2	GUILLERMO GIMENEZ FERR	TRIATLÓN UNIVERSITARIO DE MAD	100	1:16:06	07:11	102	6:03:40	29.7	04:50	64	3:53:42	11:25:27	2:23:35
DNF	182	RAUL MUÑOZ FERNÁNDEZ	SEGURO 1 DIA											

DE 30 A 34 AÑOS MASCULINA

POS.	Nº	NOME	CLUB	P.	Natación	T1	P.	Ciclismo	Km/h.	T2	P.	Carrera:	META	Dif.
1	183	JAVIER HEREDIA ROJO	SEGURO 1 DIA	60	1:10:47	06:29	20	5:20:15	33.72	04:26	37	3:36:49	10:18:44	1:16:52
2	185	NUNO MIGUEL SAMPAIO BAR	SEGURO 1 DIA	74	1:12:42	05:40	18	5:20:00	33.75	04:20	61	3:51:31	10:34:11	1:32:18
3	5	ALBERT MUÑOZ BUENO	OPTIMS CLUB TRIATLO	4	0:59:43	03:57	29	5:29:00	32.83	04:17	68	3:58:40	10:35:34	1:33:42
4	10	FRANCISCO JAVIER PEÑAS	TRIALHAMA	46	1:09:42	07:08	83	5:56:08	30.33	03:19	26	3:30:27	10:46:42	1:44:50
5	3	BERNARDO DOMINGUEZ MA	CDE AGUAVERDE	153	1:24:35	10:10	119	6:10:52	29.12	05:21	27	3:32:30	11:23:26	2:21:34
6	11	HUGO GARCIA MARTINEZ	CLUB CICLISTA MUROS	94	1:15:23	05:08	72	5:51:00	30.77	02:58	92	4:11:57	11:26:25	2:24:33
7	4	DIEGO ANTON RODRIGUEZ	C.D.E. TRIBOOST	47	1:09:44	05:08	100	6:03:12	29.74	06:48	86	4:06:55	11:31:44	2:29:52
8	12	JONATHAN BORJA BORRÁS	TRIVILA	109	1:18:27	07:31	40	5:33:45	32.36	04:53	148	4:41:06	11:45:41	2:43:49
9	6	SERGIO GARCIA MUÑOZ	EL CID TRIATLON CLUB	9	1:03:26	07:18	73	5:51:08	30.76	07:07	167	5:01:24	12:10:21	3:08:28
10	9	CRISTIAN RENTERO DE LA P	TRIATLÓN TETUÁN	92	1:15:00	04:53	132	6:16:00	28.72	03:32	156	4:49:13	12:28:36	3:26:44
11	7	PEDRO MIGUEL BRAVO MAY	INDEPENDIENTE	128	1:21:02	05:55	166	6:29:17	27.74	04:13	130	4:30:49	12:31:14	3:29:22
12	184	ADRIAN CANO HERREROS	SEGURO 1 DIA	184	1:30:34	09:27	180	6:36:02	27.27	04:04	102	4:16:48	12:36:54	3:35:02
13	186	JUAN LUIS DANA GUERRERO	SEGURO 1 DIA	187	1:31:41	08:26	196	6:51:10	26.27	04:47	155	4:45:55	13:21:57	4:20:05
DNF	8	MARIO JUSDADO CANCELA	C.D.E. TRIATLON SAN SEBASTIAN D	12	1:04:24	05:14								
DNS	13	DAVID MARTINEZ GRAÑA	CLUB TRIATLON MAR DE VIGO											

DE 35 A 39 AÑOS MASCULINA

POS.	Nº	NOME	CLUB	P.	Natación	T1	P.	Ciclismo	Km/h.	T2	P.	Carrera:	META	Dif.
1	19	FERNANDO SANTANDER DE	DUURS CASTELLÓ M-MOTOR	1	0:55:15	02:26	5	4:52:24	36.94	03:22	2	3:08:27	9:01:53	
2	27	MARCOS PEREZ DEKKERS	CLUB TRIATLÓN ORIHUELA	6	1:02:14	02:38	7	5:01:45	35.79	02:58	11	3:15:56	9:25:30	0:23:38
3	41	JACOBO CREGO FERNANDE	JEALSA TRIATLON BOIRO	3	0:59:24	02:27	12	5:08:06	35.05	02:40	8	3:14:26	9:27:01	0:25:08
4	187	FRANCISCO JAVIER PEREZ	SEGURO 1 DIA	57	1:10:31	05:04	6	5:00:49	35.9	02:54	12	3:16:55	9:36:12	0:34:19
5	198	ISMAEL VAZQUEZ PRIETO	SEGURO 1 DIA	53	1:10:17	06:49	11	5:06:50	35.2	04:01	9	3:14:36	9:42:31	0:40:39
6	30	VICTOR JOSE GONZALEZ HO	ATLETISMO BAIONA	38	1:08:42	04:52	26	5:26:58	33.03	03:45	1	3:05:31	9:49:46	0:47:53
7	193	RAFAEL DELAUNAY GOMES	SEGURO 1 DIA	17	1:05:29	03:13	13	5:09:58	34.84	02:13	58	3:50:20	10:11:11	1:09:19
8	188	AITOR FRANCO BOUZA	SEGURO 1 DIA	149	1:24:01	05:35	9	5:05:44	35.33	02:47	32	3:35:06	10:13:10	1:11:18
9	28	ALEJANDRO EDUARDO GON	NOSPORTLIMIT			47:38	30	5:29:50	32.74	03:42	18	3:23:55	10:13:36	1:11:44
10	189	JOSE MANUEL PENAS VARE	SEGURO 1 DIA	126	1:20:53	03:55	44	5:35:21	32.21	04:11	33	3:35:30	10:39:49	1:37:57
11	39	ALEJANDRO PEREZ SANCHE	TRIATLON NAZARI	96	1:15:42	06:20	50	5:38:11	31.94	04:11	57	3:48:39	10:53:01	1:51:09
12	32	ENRIQUE TELO FERNANDEZ	CIDADE DE LUGO FLUVIAL	135	1:22:20	05:21	89	5:58:30	30.13	03:11	24	3:29:28	10:58:48	1:56:56
13	35	EZEQUIEL GARZON ORTIZ	CLUB DE TRIATLÓN DIABLILLOS DE	35	1:08:19	05:29	42	5:34:05	32.33	04:36	83	4:06:44	10:59:12	1:57:19
14	191	DIEGO ESTEBAN-INFANTES	SEGURO 1 DIA	102	1:16:15	07:37	47	5:37:34	31.99	04:32	80	4:06:04	11:12:01	2:10:08
15	16	ELIAS BLANCO MORUNO	CLUB TRIATLÓN MÉRIDA	77	1:13:04	05:53	81	5:55:38	30.37	04:31	63	3:53:05	11:12:08	2:10:16
16	25	DIEGO ROSENDE BARONA	TRIATLÓN TETUÁN	164	1:27:59	07:52	99	6:02:58	29.75	04:30	30	3:33:41	11:16:59	2:15:07
17	190	EMILIO MERINO TORO	SEGURO 1 DIA	19	1:05:58	07:45	79	5:55:15	30.4	07:24	95	4:12:45	11:29:05	2:27:13
18	17	JORGE RODRÍGUEZ FERNÁN	TRIATLÓN UNIVERSITARIO DE MAD	45	1:09:35	07:48	94	6:00:27	29.96	08:10	73	4:03:40	11:29:39	2:27:47
19	192	JON KORTABITARTE EGIGUR	SEGURO 1 DIA	75	1:12:53	05:47	86	5:56:50	30.27	05:06	90	4:10:24	11:30:58	2:29:06

20	195	ÁLVARO MOLINA JAIME	SEGURO 1 DIA	87	1:14:16	05:43	175	6:33:52	27.42	11:49	23	3:29:13	11:34:50	2:32:58
21	34	RAMIRO CHAVES MON	PEÑA CICLISTA LAR	58	1:10:37	05:05	85	5:56:31	30.29	03:13	113	4:21:26	11:36:49	2:34:57
22	22	RODRIGO HERNANZ DE SAL	CLUB CICLISTA MAJADAHONDA	37	1:08:30	05:22	110	6:07:10	29.41	04:58	94	4:12:14	11:38:12	2:36:20
23	24	JOSE IGNACIO NIETO SANCH	TRIATLÓN TETUÁN	88	1:14:24	05:24	108	6:06:25	29.48	03:44	97	4:13:09	11:43:03	2:41:11
24	38	DAVID DUCLOS AYALA	C.D. CUASICUARENTONES TORREM	140	1:22:54	08:47	164	6:26:34	27.94	04:53	59	3:50:38	11:53:44	2:51:52
25	26	JAVI MUÑOZ RODRIGUEZ	JAZ EIBAR TRIATLOI TALDEA	157	1:25:15	13:29	179	6:36:01	27.27	05:03	49	3:44:10	12:03:56	3:02:03
26	23	ROQUE CARRASCO PIERNAS	CLUB TRIATLÓN LORCA	183	1:30:25	07:23	146	6:21:48	28.29	08:04	105	4:17:31	12:25:10	3:23:18
27	33	JOSE RAMON RODRIGO HER	TRICAN BAÑEZA	134	1:22:17	08:50	162	6:26:15	27.96	06:22	124	4:28:56	12:32:39	3:30:47
28	36	ANGEL JESUS BAREA BENIT	C.T. BAHIA DE MALAGA	179	1:30:09	08:08	169	6:30:49	27.64	05:45	141	4:36:58	12:51:47	3:49:55
29	31	CRISTIAN GÓMEZ GÓMEZ	TRI.NET NUNCA ES TARDE	201	1:36:11	06:59	173	6:33:01	27.48	04:44	151	4:44:46	13:05:40	4:03:47
30	197	HECTOR VALDESUEIRO GON	SEGURO 1 DIA	202	1:36:18	13:05	198	6:59:01	25.78	06:41	140	4:36:25	13:31:27	4:29:35
31	40	ESAU HERNANDEZ MACARR	C.D.E.TRIATLON SAN SEBASTIAN D	211	1:37:52	09:29	124	6:12:34	28.99	06:48	179	5:25:11	13:31:52	4:30:00
32	199	FERNANDO FERRER ESCORI	SEGURO 1 DIA	160	1:26:00					36:50	174	5:12:36	14:09:49	5:07:57
33	15	JAVIER MATA RANDO	C.T. BAHIA DE MALAGA	98	1:15:43	10:48	199	6:59:16	25.76	07:21	183	5:43:25	14:16:31	5:14:39
DNF	194	BORJA BLANCO SUAREZ	SEGURO 1 DIA	197	1:34:44	07:01								
DNF	196	GONZALO CALVO LORENZO	SEGURO 1 DIA	143	1:23:13	08:54	68	5:49:18	30.92					
DNF	20	ANTONIO GONZALEZ DATOR	BEARIS TRIATLON	18	1:05:45	05:04	126	6:12:59	28.96	03:17				
DNF	21	CARLOS NEVOT GIL	3PW ALMAZORA	106	1:18:01	07:31								
DNS	42	JUAN JOSÉ FOULQUIÉ PADIL	CLUB DE TRIATLÓN CALIMA											
DNS	14	JOSE MIGUEL FERNANDEZ C	CLUB ATLETISMO PORRIÑO											
DNS	29	ALEJANDRO GONZALEZ MO	MONTE PENARUBIA RUNNING LUGO											
DNS	18	IVAN PEREIRA IGLESIAS	CLUB ATLETISMO PORRIÑO											
DNS	37	AXEL BECI CALVO	ALGORTA ENDURANCE AERO TRIAT											

DE 40 A 44 AÑOS MASCULINA

POS.	Nº	NOME	CLUB	P.	Natación	T1	P.	Ciclismo	Km/h.	T2	P.	Carrera:	META	Dif.
1	60	LUIS VEGA ROMERO	C.D.E. TRIBOOST	36	1:08:26	03:08	8	5:03:00	35.64	02:40	6	3:11:52	9:29:05	0:27:13
2	220	LUIS GARCIA RIOS	SEGURO 1 DIA	90	1:14:39	05:22	16	5:16:57	34.08	03:18	4	3:08:59	9:49:12	0:47:20
3	55	GERMAN MONTOTO PEREIR	CLUB TRIATLON MAR DE VIGO	44	1:09:25	04:17	24	5:25:12	33.21	02:57	3	3:08:34	9:50:23	0:48:31
4	48	OSCAR MATILLA MARTÍN	CARRASCO... ES CICLISMO-MULTID	28	1:06:45	05:45	28	5:27:21	32.99	03:31	13	3:18:27	10:01:47	0:59:54
5	208	ANDRES MARTIN CARMONA	SEGURO 1 DIA	127	1:20:57	06:26	10	5:06:15	35.27	03:42	25	3:30:10	10:07:29	1:05:37
6	69	PEDRO GALLEGO YUGO	BICIS PINA-GRUPO GM-TRITOLEDO	8	1:02:59	04:41	38	5:33:05	32.42	03:31	21	3:27:44	10:11:58	1:10:06
7	84	RAMON VARELA GARCIA	ARTROGAL-TRI 498	63	1:11:26	04:51	25	5:26:01	33.13	03:32	20	3:26:31	10:12:19	1:10:26
8	81	JOSE MARIA MOLINA HIDAL	C.T. BAHIA DE MALAGA	16	1:05:18	02:24	43	5:35:02	32.24	02:58	42	3:41:57	10:27:36	1:25:44
9	85	ANDRES DOMINGUEZ SILVA	CLUB CERVECERIA O COTON NEGR	20	1:06:08	03:11	58	5:43:32	31.44	02:39	31	3:33:43	10:29:12	1:27:20
10	68	DANIEL MARTINEZ RIVEIRA	A.D. NAUTICO DE NARON	147	1:23:42	04:45	53	5:38:49	31.88	03:27	16	3:22:02	10:32:44	1:30:52
11	217	CARLOS LAGUNA VILLANUE	SEGURO 1 DIA	31	1:07:06	05:06	36	5:32:03	32.53	03:57	53	3:46:12	10:34:21	1:32:29
12	43	ISRAEL CAMPO LOPEZ	CLUB DE TRIATLÓN DIABLILLOS DE	55	1:10:19	05:17	46	5:37:14	32.03	03:11	40	3:38:33	10:34:32	1:32:40
13	51	JOSE ANGEL RODRIGUEZ PO	TRIATLON VILAGARCIA /ATENAS RU	23	1:06:25	05:15	31	5:30:26	32.69	05:33	55	3:47:09	10:34:45	1:32:53
14	50	ANTONIO JOSÉ OLIVARES P	C.T. TORREMOLINOS	41	1:09:06	03:58	70	5:49:51	30.87	04:21	29	3:32:58	10:40:12	1:38:20
15	75	MANUEL IGNACIO GOMEZ R	CASTRILLÓN TRIATLON	27	1:06:38	02:35	61	5:45:24	31.27	03:05	51	3:45:15	10:42:55	1:41:03
16	92	JAVIER NEIRA GARCIA	INDEPENDIENTE	104	1:17:00	07:01	49	5:38:01	31.95	03:26	44	3:42:42	10:48:08	1:46:16
17	79	XOSE MARTINEZ REBOREDO	SIRENO TRIATLON CLUB	34	1:08:19	04:30	75	5:53:12	30.58	04:38	50	3:44:35	10:55:11	1:53:19
18	59	FRANCISCO GRACIA AHUFIN	INDEPENDIENTE	72	1:12:28	08:57	39	5:33:26	32.39	06:21	66	3:54:56	10:56:07	1:54:15
19	86	JOSE ANTONIO CARAVANTE	INDEPENDIENTE	76	1:12:55	05:04	84	5:56:25	30.3	03:29	41	3:39:32	10:57:23	1:55:31
20	201	DANIEL CADENAS TORRON	SEGURO 1 DIA	137	1:22:24	05:10	76	5:53:30	30.55	03:52	46	3:43:24	11:08:18	2:06:26
21	80	ABELARDO VICTOR MAEDA	CLUB DEPORTIVO TRIVALL	21	1:06:11	05:04	141	6:19:20	28.47	04:48	38	3:38:12	11:13:33	2:11:41
22	82	JAVIER ALONSO MARTIN	CLUB MARATON LUCENA	103	1:16:46	06:08	97	6:02:34	29.79	04:05	54	3:46:13	11:15:46	2:13:53
23	91	JORGE MORALES DE ASIS	C.T. BAHIA DE MALAGA	52	1:10:03	05:23	123	6:12:18	29.01	03:36	52	3:46:10	11:17:28	2:15:36
24	90	RODRIGO CARULLA REVILLA	FITNESS SPORTS TRIATLON	51	1:09:52	05:51	95	6:00:44	29.94	05:51	77	4:04:43	11:26:59	2:25:07
25	93	JOSE ANTONIO MONTORO P	C.D. TRIATLON GRANADA	50	1:09:51	04:50	115	6:08:03	29.34	03:13	76	4:04:35	11:30:30	2:28:38
26	67	JUAN MANUEL MIRA IGLESIA	ARTROGAL-TRI 498	115	1:19:24	06:15	101	6:03:21	29.72	04:00	78	4:05:11	11:38:10	2:36:18
27	52	CASIANO ENGROBA SAAVED	A.POLIDEPORTIVA SAN RAMON DE	182	1:30:23	07:02	82	5:56:05	30.33	06:04	69	3:59:00	11:38:32	2:36:40
28	58	IKER SARASA GONZALEZ	CD KIROL BAT TRIATLOI TALDEA	101	1:16:08	06:51	67	5:48:50	30.96	04:53	116	4:24:05	11:40:44	2:38:52
29	89	IAGO VARA ADRIO	SIRENO TRIATLON CLUB	14	1:05:06	05:34	37	5:32:44	32.46	05:23	160	4:53:23	11:42:07	2:40:15
30	53	ALEJANDRO VEGA CORDOB	TRIATOMIX MBIKES	78	1:13:13	08:50	63	5:47:39	31.07	05:37	120	4:27:05	11:42:21	2:40:29
31	54	DANIEL MENENDEZ MIRAZ	INDEPENDIENTE	80	1:13:29	08:52	64	5:47:54	31.04	06:13	138	4:35:21	11:51:48	2:49:55
32	71	LUCAS GONZALEZ ROCHA	NOSPORTLIMIT	141	1:23:01	07:03	66	5:48:38	30.98	06:57	119	4:26:50	11:52:27	2:50:35
33	66	OSCAR RODRIGUEZ RODRIG	CIDADE DE LUGO FLUVIAL	192	1:33:41	05:27	74	5:52:26	30.64	04:17	111	4:21:13	11:57:03	2:55:11
34	210	JAVIER IGLESIAS FILGUEIRA	SEGURO 1 DIA	138	1:22:32	08:25	71	5:50:27	30.82	06:14	131	4:30:50	11:58:26	2:56:34
35	202	DAVID SANCHEZ FERNANDE	SEGURO 1 DIA	178	1:30:03	11:32	109	6:06:49	29.44	05:42	75	4:04:28	11:58:33	2:56:41
36	211	IVAN ROMANA RODRIGUEZ	SEGURO 1 DIA	189	1:32:13	08:55	77	5:53:50	30.52	06:45	110	4:20:58	12:02:39	3:00:47
37	65	MANUEL MEDINA PEÑA	C.A. MURGIVERDE	175	1:29:47	06:05	105	6:04:35	29.62	04:59	104	4:17:22	12:02:46	3:00:54
38	88	ANTONIO JOSE SIBINA SANC	TRIALHAMA	122	1:20:13	06:58	90	5:58:56	30.09	05:17	136	4:33:15	12:04:37	3:02:45
39	73	CARLOS MIGUEL FIDALGO R	NATACION PABELLON OURENSE	117	1:19:28	07:07	117	6:10:36	29.14	03:51	121	4:27:57	12:08:57	3:07:05
40	221	VICTOR MANUEL MOURIÑO F	SEGURO 1 DIA	48	1:09:47	04:10	168	6:30:41	27.64	03:02	112	4:21:20	12:08:59	3:07:06
41	213	PAULO JORGE LOPES SOAR	SEGURO 1 DIA	206	1:37:19	08:43	114	6:07:35	29.38	05:19	107	4:19:09	12:18:04	3:16:12
42	47	MARCOS VARELA SECO	INDEPENDIENTE	216	1:42:13	07:16	138	6:17:39	28.6	05:04	82	4:06:37	12:18:47	3:16:55
43	76	XOSE FERNANDEZ SEGURA	PEÑA CICLISTA LAR	89	1:14:31	05:35	107	6:05:04	29.58	04:43	157	4:50:54	12:20:46	3:18:54
44	206	JOSE MANUEL GARCIA ENJA	SEGURO 1 DIA	146	1:23:32	08:03	171	6:31:14	27.61	05:16	101	4:15:35	12:23:39	3:21:47
45	45	DAVID SALAS VELASCO	C.A. MURGIVERDE	154	1:24:59	07:26	154	6:24:14	28.11	04:27	115	4:23:39	12:24:42	3:22:50

46	62	JOSE MANUEL TURNES COR	NOSPORTLIMIT	208	1:37:44	07:11	190	6:45:17	26.65	04:30	84	4:06:49	12:41:28	3:39:36
47	77	RUBÉN ANTÓN ORTÍZ	C.D.E. OZONO	163	1:27:30	07:26	111	6:07:12	29.41	05:22	162	4:55:56	12:43:23	3:41:31
48	204	GERARDO QUESADA LOPEZ	SEGURO 1 DIA	214	1:40:52	07:39	142	6:20:07	28.41	07:02	122	4:28:30	12:44:08	3:42:16
49	219	JULIÁN MOLINA JAIME	SEGURO 1 DIA	42	1:09:07	08:30	187	6:40:14	26.98	06:44	163	4:56:29	13:01:02	3:59:10
50	46	XAVIER FONTSERE ROVIRA	C.A. LES TORTUGUES	112	1:19:03	11:07	189	6:44:53	26.68	06:14	149	4:41:10	13:02:25	4:00:33
51	78	GERARDO GOMEZ PELAEZ	C.T. ALMERIA	79	1:13:22	04:52	184	6:38:35	27.1	04:38	168	5:01:34	13:03:00	4:01:08
52	61	JULIAN ROMERO CORDOBA	TRIALHAMA	180	1:30:19	07:47	147	6:22:12	28.26	04:47	169	5:02:19	13:07:21	4:05:28
53	218	ALEJANDRO SANCHEZ COTO	SEGURO 1 DIA	186	1:31:27	08:38	160	6:25:38	28.01	04:14	176	5:15:24	13:25:18	4:23:26
54	212	ANTONIO DOÑA ALCOHOLAD	SEGURO 1 DIA	209	1:37:50	08:57	159	6:25:24	28.02	07:50	180	5:26:46	13:46:45	4:44:53
55	72	FRANCISCO JAVIER GALIAN	C.T. CAMALEÓN	191	1:32:55	16:45	194	6:49:38	26.37	08:28	177	5:17:35	14:05:19	5:03:27
56	222	LUIS VAZQUEZ SANESTEBAN	SEGURO 1 DIA	215	1:41:06	07:44	129	6:14:02	28.88	09:25	187	6:11:01	14:23:16	5:21:24
57	215	JUAN SANCHEZ MARTINEZ	SEGURO 1 DIA	171	1:29:16	10:42	195	6:50:17	26.32	07:34	185	5:54:12	14:31:59	5:30:07
NC	57	RUBEN JOSE LOPEZ FERNA	A.D. NAUTICO DE NARON	221	1:55:21	07:58	203	7:02:55	25.54					
NC	87	VICTOR MANUEL VILAR REIN	A.D. NAUTICO DE NARON	188	1:32:04	05:10	210	7:24:33	24.29					
NC	207	HÉCTOR LUCAS MAÑOGIL	SEGURO 1 DIA											
NC	214	STEFANO MARAESSA	SEGURO 1 DIA	222	1:56:15	12:49	207	7:12:32	24.97					
DNF	64	PABLO RAMIL FREAN	NOSPORTLIMIT	70	1:12:13	06:00	127	6:13:11	28.94	04:55				
DNF	70	GUSTAVO GONZÁLEZ GALIN	TRI INFINITY MÓSTOLES	158	1:25:24	10:00	21	5:23:01	33.44					
DNF	56	DIEGO RODRIGUEZ ALVAREZ	BICIS PINA-GRUPO GM-TRITOLEDO	56	1:10:23	04:02	130	6:14:09	28.87	04:50				
DNF	49	FERNANDO BARROSO GONZ	TRIATLÓN SANTANDER	2	0:55:26	02:54								
DNF	83	JUAN JOSE NUÑEZ CASAS	TRIATLÓN MURALLA DE LUGO	26	1:06:33	04:42	22	5:24:51	33.25	02:25				
DNF	44	ASIER GUTIERREZ VICENTE	EGURRE K3	204	1:36:26	09:35	57	5:42:51	31.5					
DNF	94	JUAN FRANCISCO FERNAND	A.D. TRI-PENTA TERRAS DE LUGO	10	1:03:36	03:10	45	5:36:23	32.11	04:38				
DNS	216	ALBERTO IGLESIAS PIÑEIRO	SEGURO 1 DIA											
DNS	63	ORLANDO DAVID FAJARDO	CLUB DEPORTIVO MAREA VIVA											
DNS	74	GABRIEL CARRIO ORTEGA	PILOÑA.DEPORTE											
DNS	209	CRISTOBAL RODIL PATRICIO	SEGURO 1 DIA											
DNS	200	DAVID BROULLON PIÑEIRO	SEGURO 1 DIA											
DNS	205	DAVID SERRANO MARTIN	SEGURO 1 DIA											
DNS	203	JULIO CESAR PÉREZ GODIN	SEGURO 1 DIA											

DE 45 A 49 AÑOS MASCULINA

POS.	Nº	NOME	CLUB	P.	Natación	T1	P.	Ciclismo	Km/h.	T2	P.	Carrera:	META	Dif.
1	121	FERNANDO AIELLO CAÑAS	DESAM.ES	29	1:06:50	02:42	14	5:15:42	34.21	03:16	5	3:11:09	9:39:37	0:37:45
2	109	DAVID GONZALEZ ALONSO	VETUSTA UNIVERSIDAD DE OVIEDO	30	1:06:58	03:00	17	5:18:28	33.91	03:36	10	3:14:41	9:46:41	0:44:49
3	95	JOSE RAMON LAGO CIVES	ARTROGAL-TRI 498	69	1:12:07	04:44	23	5:25:08	33.22	03:19	14	3:20:12	10:05:28	1:03:36
4	112	JAIME TIZON DAVILA	CLUB CERVECERIA O COTON NEGR	83	1:13:37	03:42	41	5:34:01	32.33	03:40	19	3:25:15	10:20:14	1:18:22
5	111	JORGE VELASCO VERDEJO	INDEPENDIENTE	13	1:05:03	04:56	33	5:31:24	32.59	04:30	36	3:36:44	10:22:36	1:20:44
6	103	FRANCISCO JAVIER GUTIER	CLUB TRIATLON LAS ROZAS	108	1:18:19	05:30	48	5:37:39	31.99	04:16	17	3:23:10	10:28:52	1:27:00
7	142	UNAI TAMAYO ORBEGOZO	URBIKO TT BASAURI	71	1:12:18	04:10	35	5:32:00	32.53	03:13	45	3:42:44	10:34:23	1:32:31
8	107	MARIO DA COSTA GARCÍA	A.D. TRIATLON CAMARGO-ASTILLER	121	1:20:11	05:54	34	5:31:46	32.55	03:50	39	3:38:13	10:39:51	1:37:59
9	119	JORGE HERNANDEZ YAGÜE	ATLETICO S.SEBASTIAN	40	1:08:58	11:41	32	5:31:24	32.59	04:51	62	3:53:00	10:49:52	1:47:59
10	138	XOSE ANTON BARREIRO PE	INDEPENDIENTE	110	1:18:30	03:36	62	5:47:06	31.12	04:28	43	3:42:29	10:56:07	1:54:15
11	134	JESUS ASENSIO ESTEBAN	CLUB DEPORTIVO TRIATLON ARAN	73	1:12:39	07:19	93	6:00:25	29.97	03:31	34	3:35:57	10:59:49	1:57:57
12	105	OSCAR MARTIN CUENCA	BIOSNAR HONDARRIBIKO T.K.	15	1:05:15	07:09	51	5:38:14	31.93	03:47	93	4:12:01	11:06:24	2:04:32
13	126	DOMINGO CAVA BELCHI	TRIALHAMA	185	1:31:03	05:01	60	5:44:38	31.34	03:13	47	3:43:47	11:07:39	2:05:46
14	133	MIGUEL DAVID FERNANDEZ	CLUB NATACION RIVEIRA	24	1:06:28	07:38	65	5:48:25	31	05:23	71	4:00:52	11:08:43	2:06:51
15	124	JESUS JAVIER ORTIZ GARCÍ	C.D. VAS	81	1:13:35	04:42	54	5:40:11	31.75	03:37	103	4:16:49	11:18:52	2:17:00
16	140	JOSU LOTINA GAUBEKA	MUNGIACO TRITOIAK TRIATLOI KLU	125	1:20:27	05:21	106	6:04:42	29.61	02:52	56	3:48:05	11:21:24	2:19:31
17	132	ALFONSO RODRIGUEZ CAST	CUENCA DEL NAVIA TRIATLON	145	1:23:25	07:21	52	5:38:29	31.91	05:56	108	4:19:30	11:34:40	2:32:48
18	102	KEPA MORENO PALACIOS	EGURRE K3	64	1:11:29	07:17	98	6:02:35	29.79	05:41	96	4:13:06	11:40:07	2:38:14
19	234	ISMAEL GRANIZO	SEGURO 1 DIA	85	1:13:49	10:42	112	6:07:17	29.41	06:37	79	4:05:49	11:44:12	2:42:20
20	139	VICENTE GRANERO NAVARR	TRIATLÓ ONTINYENT	62	1:11:22	06:18	87	5:57:38	30.2	08:13	114	4:22:03	11:45:33	2:43:41
21	223	RAMON GARCÍA PORTILLO	SEGURO 1 DIA	107	1:18:13	08:10	91	5:59:32	30.04	06:18	100	4:15:04	11:47:14	2:45:22
22	118	IBON CORTAZAR AURRE	INDEPENDIENTE	67	1:11:48	10:20	128	6:13:18	28.93	05:16	87	4:08:07	11:48:47	2:46:55
23	238	VÍCTOR PARDO ROMERO	SEGURO 1 DIA	120	1:20:06	08:44	144	6:21:12	28.33	04:28	70	4:00:29	11:54:57	2:53:05
24	120	CARLOS BELARRA ARENAS	C.T. TRIYAIZA	5	1:02:06	07:48	96	6:02:15	29.81	06:54	139	4:36:17	11:55:19	2:53:27
25	239	LOPE DURAN CAMPOS	SEGURO 1 DIA	159	1:25:34	06:56	137	6:17:33	28.61	05:36	91	4:11:44	12:07:21	3:05:29
26	125	JOSÉ MANUEL DE PRADO RU	INDEPENDIENTE	162	1:26:39	06:46	104	6:03:43	29.69	03:23	127	4:29:39	12:10:09	3:08:16
27	108	RAFAEL ENRIQUE MIRANDA	TRINOULAS	113	1:19:05	05:11	125	6:12:42	28.98	03:36	134	4:31:46	12:12:18	3:10:26
28	230	PAULO SILVA	SEGURO 1 DIA	161	1:26:24	09:58	172	6:32:09	27.54	05:21	72	4:01:34	12:15:24	3:13:32
29	114	PEDRO CARRIÓN SÁNCHEZ	C.T. GUADALAJARA	130	1:21:40	09:01	121	6:11:58	29.03	07:26	123	4:28:43	12:18:46	3:16:54
30	128	IÑAKI MANZANO DIEGO	HIRUKO INDAR TRIATLOI KLUBA	54	1:10:18	05:22	170	6:30:59	27.62	05:13	125	4:29:04	12:20:54	3:19:02
31	106	ALBERTO POLANCO IZQUIER	INDEPENDIENTE	166	1:28:27	08:39	152	6:23:55	28.13	05:03	109	4:19:37	12:25:41	3:23:48
32	143	ROBERTO GARCÍA VILLAYER	VETUSTA UNIVERSIDAD DE OVIEDO	86	1:14:00	06:19	148	6:22:45	28.22	05:20	144	4:39:11	12:27:34	3:25:42
33	225	AITOR CORTAZAR GONZALE	SEGURO 1 DIA	133	1:21:55	05:37	165	6:28:36	27.79	05:14	118	4:26:24	12:27:44	3:25:52
34	117	SALVADOR DE VICENTE ALE	TRIALHAMA	93	1:15:19	06:35	161	6:25:45	28	04:19	142	4:37:11	12:29:07	3:27:15
35	104	JOSE ANTONIO BERRUEZO L	TRIATLÓN GUERRITA ALCANTARILL	82	1:13:35	08:05	153	6:23:58	28.13	05:15	154	4:45:49	12:36:40	3:34:48
36	141	JUAN MANUEL GONZALEZ B	TRIATLÓN TETUÁN	129	1:21:16	08:07	181	6:36:04	27.27	06:07	126	4:29:26	12:40:58	3:39:05
37	136	FERNANDO SINES CRESPO	NOSPORTLIMIT	124	1:20:18	08:13	178	6:35:55	27.28	07:11	132	4:31:11	12:42:46	3:40:54
38	113	RUBÉN FERNÁNDEZ FERNÁN	COMPLUTUM TRIATLON	210	1:37:51	10:32	177	6:35:20	27.32	03:57	106	4:18:44	12:46:22	3:44:30

39	131	PABLO MARCOS CORRAL	INDEPENDIENTE	136	1:22:22	09:06	135	6:16:52	28.66	08:03	158	4:51:33	12:47:54	3:46:02
40	237	JACOBO GINER AUDIVERT	SEGURO 1 DIA	151	1:24:24	06:07	174	6:33:24	27.45	09:28	143	4:38:25	12:51:46	3:49:54
41	232	SERGIO FERNANDEZ ALGUA	SEGURO 1 DIA	118	1:19:33	14:00	139	6:18:13	28.56	07:34	165	4:58:31	12:57:48	3:55:56
42	233	PAULO JORGE LISBOA RIBEI	SEGURO 1 DIA	207	1:37:40	12:34	145	6:21:39	28.3	12:02	145	4:39:22	13:03:16	4:01:24
43	116	JAVIER GARCIA PEREZ	C.D.E. PEGASO H30 TRIATLÓN	68	1:11:49	09:53	192	6:48:28	26.44	05:04	161	4:54:38	13:09:50	4:07:58
44	129	LUCIO HERRERO	TRI.NET NUNCA ES TARDE	65	1:11:33	11:08	163	6:26:34	27.94	11:30	175	5:13:45	13:14:28	4:12:35
45	228	FRAN DIAZ MARTIN	SEGURO 1 DIA	170	1:28:54	08:35	136	6:17:07	28.64	04:44	178	5:22:24	13:21:41	4:19:49
46	123	PEDRO BRAZO DORADO	C.T. CAMALEÓN	195	1:34:27	15:19	176	6:35:17	27.32	11:58	153	4:44:56	13:21:55	4:20:03
47	97	JESÚS RODIL PATRICIO	CLUB ATLETICO OCLE	150	1:24:18	14:21	186	6:39:32	27.03	10:23	164	4:57:25	13:25:58	4:24:06
48	137	JOSE RAMON ARBERAS PAC	EGURRE K3	193	1:33:51	13:02	182	6:36:07	27.27	10:15	166	4:58:50	13:32:03	4:30:11
49	130	URBANO LANDROVE RODRI	INDEPENDIENTE	219	1:52:11	08:39	143	6:20:14	28.4	05:58	171	5:09:09	13:36:09	4:34:17
50	236	JOSÉ LUIS GUTIÉRREZ FERR	SEGURO 1 DIA	169	1:28:50	07:05	200	6:59:18	25.76	05:21	182	5:27:53	14:08:24	5:06:32
NC	226	PEDRO SANCHEZ MARTINEZ	SEGURO 1 DIA	220	1:53:34	08:26	205	7:10:07	25.11					
DNF	122	BENIGNO PEINADO PEREZ	CLUB TRIATLON TRES CANTOS	176	1:29:48	09:18	1	2:07:51	84.48					
DNF	127	ELISEO SANCHEZ LOPEZ	TRIATLÓN ALCALÁ	105	1:17:18	09:20	158	6:25:06	28.04					
DNF	227	DAVID DIEGO PINTO	SEGURO 1 DIA	59	1:10:45	04:17	103	6:03:41	29.7	04:20				
DNF	98	JAIME VAZQUEZ MEJIDE	TRIATLON VILAGARCIA /ATENAS RU	49	1:09:49	06:40								
DNF	235	ENRIQUE SOMMER ALVAREZ	SEGURO 1 DIA	218	1:51:04	07:50								
DNF	115	CARLOS JESUS RODRIGUEZ	CLUB TRIATLON COMPOSTELA	43	1:09:09	06:45								
DNF	99	ANGEL POLO JUAREZ	COMPLUTUM TRIATLON	7	1:02:29	05:12	15	5:16:20	34.14	04:49				
DNF	229	JOSE ANTONIO TENA SANTO	SEGURO 1 DIA	172	1:29:25	16:11								
DNF	231	DAVID BLANCO SUÁREZ	SEGURO 1 DIA	174	1:29:30	12:21	208	7:14:37	24.85	05:46				
DNF	135	MARCELINO FERNANDEZ PE	CLUB TRIATLÓN ACADEMIA CIVIL-C	212	1:38:36	13:53	167	6:29:38	27.72	11:44				
DNF	96	JESUS GISMERO LUDEÑA	ENERGY-BIKES TRIATLÓN GETAFE	213	1:40:03	17:34	4	3:51:50	46.59					
DNF	100	RICARDO NORIEGA SUAREZ	CLUB TRIATLON OVIEDO	131	1:21:40	08:40	151	6:23:18	28.18	06:33				
DNS	144	JOSE ANTONIO ZAFRA HURT	CAPEX TRIATLON											
DNS	110	ELADIO ALISTE MOLID	CDE AGUAVERDE											
DNS	224	DOMINGO ROMERO PECELLI	SEGURO 1 DIA											
DNS	101	ANTONIO MANUEL IGLESIAS	EGURRE K3											

DE 50 A 54 AÑOS MASCULINA

POS.	Nº	NOME	CLUB	P.	Natación	T1	P.	Ciclismo	Km/h.	T2	P.	Carrera:	META	Dif.
1	159	RAMON ARIAS GARCIA	CIDADE DE LUGO FLUVIAL	11	1:03:36	04:27	27	5:27:17	33	03:44	15	3:21:00	10:00:02	0:58:10
2	146	MIKEL LASA ERLE	ANTXINTXIKA DEBAGOIENA TRIATL	123	1:20:18	07:53	19	5:20:05	33.74	04:01	28	3:32:37	10:24:52	1:23:00
3	244	ALFREDO ARRABAL PASCUA	SEGURO 1 DIA	114	1:19:21	10:42	56	5:41:17	31.65	05:35	48	3:44:08	11:01:00	1:59:08
4	151	ISIDRO LUIS SANTOS GARRI	TRIATLÓN UNIVERSITARIO DE MAD	97	1:15:43	04:35	116	6:10:13	29.17	03:14	22	3:28:18	11:02:00	2:00:08
5	245	JIM SMYTH	SEGURO 1 DIA	84	1:13:46	04:21	78	5:54:59	30.42	03:50	65	3:53:54	11:10:48	2:08:56
6	147	JUAN CARLOS CALLEJAS G	INDEPENDIENTE	139	1:22:32	04:41	113	6:07:35	29.38	03:12	35	3:36:19	11:14:17	2:12:25
7	149	JON GARAIALDE AGIRRE	ATLETICO S.SEBASTIAN	61	1:11:09	08:25	59	5:43:51	31.41	05:17	89	4:09:22	11:18:02	2:16:10
8	246	JESUS HIDALGO SANCHEZ	SEGURO 1 DIA	32	1:07:55	06:09	80	5:55:23	30.39	03:21	88	4:09:03	11:21:48	2:19:55
9	155	SANTIAGO SOLETO CEREIJO	INDEPENDIENTE	95	1:15:28	04:20	88	5:58:17	30.14	02:52	85	4:06:54	11:27:50	2:25:57
10	148	PAULO TELES	3B TRIATLON	132	1:21:53	06:42	120	6:11:28	29.07	05:02	74	4:04:17	11:49:19	2:47:27
11	153	JOSÉ ROLDÁN CASTAÑO	INDEPENDIENTE	119	1:19:58	03:59	69	5:49:22	30.91	03:01	150	4:42:05	11:58:23	2:56:31
12	145	JAUME VALLS BORRAS	CLUB NATACIO VALLDOREIX	22	1:06:24	05:23	193	6:49:10	26.4	03:20	81	4:06:36	12:10:52	3:09:00
13	158	JOSE RAJA RODRIGUEZ	A.D. RUMBOFIJO-TRI X NF	116	1:19:26	06:38	131	6:14:49	28.82	07:49	137	4:34:31	12:23:10	3:21:18
14	157	MARIO DAVID GONZALEZ RE	TRI.NET NUNCA ES TARDE	66	1:11:35	07:16	157	6:25:01	28.05	05:50	146	4:39:26	12:29:07	3:27:14
15	164	ANGEL SANCHEZ GARCIA	CLUB TRIATLON 401	148	1:23:45	10:31	191	6:47:57	26.47	05:43	99	4:13:17	12:41:12	3:39:20
16	156	JUAN ANTONIO SANJUAN HE	ENERGY-BIKES TRIATLÓN GETAFE	111	1:18:45	07:55	188	6:44:50	26.68	05:06	133	4:31:24	12:47:58	3:46:06
17	150	FERNANDO VALLES NUEVO	INDEPENDIENTE	142	1:23:13	15:21	133	6:16:17	28.7	06:19	159	4:51:57	12:53:05	3:51:13
18	161	GUILLERMO MIGUEL RUIZ	INDEPENDIENTE	39	1:08:56	06:28	150	6:23:04	28.19	07:08	172	5:11:12	12:56:47	3:54:54
19	241	JUAN JAVIER GIBAJA FERNA	SEGURO 1 DIA	196	1:34:37	11:33	185	6:39:13	27.05	05:28	135	4:32:45	13:03:33	4:01:41
20	154	PABLO TEIJEIRO LOPEZ	CLUB TRIATLON CORUÑA	203	1:36:21	09:25	201	6:59:45	25.73	05:30	152	4:44:53	13:35:52	4:34:00
21	243	ANTONIO MANUEL JURADO	SEGURO 1 DIA	181	1:30:21	13:09	206	7:10:43	25.07	10:12	147	4:40:02	13:44:25	4:42:33
22	152	CARLOS ANDRES RAMÍREZ	CLUB TRIATLON TRES CANTOS	152	1:24:26	05:35	149	6:22:55	28.21	06:10	186	6:09:18	14:08:22	5:06:30
NC	160	MANUEL RAMOS FERNÁNDE	C.D.E. OZONO	155	1:25:01	06:56	212	7:35:15	23.72					
NC	163	HIGINIO-LODARIO LERA FER	CLUB TRIATLON OVIEDO	217	1:44:05	08:29	209	7:22:32	24.41					
NC	242	EDER FERNANDEZ PEREZ	SEGURO 1 DIA	25	1:06:33	07:05	213	7:53:18	22.82					
DNF	240	SALVADOR MARIN LILLO	SEGURO 1 DIA	167	1:28:32	07:39	2	3:36:12	49.96					
DNF	248	IGNACIO OUVIÑA GONZALEZ	SEGURO 1 DIA	194	1:34:23	09:23	134	6:16:25	28.69	06:24				
DNF	247	JOSEBA IÑAKI VALTIERRA B	SEGURO 1 DIA	99	1:15:51	09:36								
DNS	162	FCO. JAVIER DE LA FUENTE	GARRIBIKES											

DE 55 A 59 AÑOS MASCULINA

POS.	Nº	NOME	CLUB	P.	Natación	T1	P.	Ciclismo	Km/h.	T2	P.	Carrera:	META	Dif.
1	165	JOSE IGNACIO RODRIGUEZ P	CLUB DE TRIATLÓN DIABLILLOS DE	165	1:28:03	08:04	92	5:59:50	30.01	05:23	67	3:58:35	11:39:54	2:38:02
2	250	FERNANDO RAMIREZ LOZAN	SEGURO 1 DIA	156	1:25:10	07:30	155	6:24:21	28.1	11:55	60	3:50:43	11:59:38	2:57:46
3	169	HILARIO FRANCISCO ALEDO	TRIALHAMA	173	1:29:27	07:24	156	6:24:46	28.07	05:11	98	4:13:17	12:20:02	3:18:10
4	171	MANUEL BAEZA NAVARRO	CLUB TRIATLON BAEZA	177	1:30:03	05:46	118	6:10:44	29.13	05:30	128	4:29:59	12:22:00	3:20:08
5	170	ASIER BARRAINKUA SAGAST	ALOÑA MENDI K.E.	168	1:28:46	08:26	140	6:18:56	28.5	08:14	117	4:26:16	12:30:36	3:28:44
6	166	JOSE ANTONIO BAUTISTA M	C.T. BAHIA DE MALAGA	190	1:32:45	13:06	122	6:11:59	29.03	05:36	129	4:30:08	12:33:31	3:31:39

7	172	JOSE RAMON SOLAUN EGUR	C.D.A. 42195.ES VITORIA-GASTEIZ	144	1:23:24	06:26	183	6:38:16	27.12	03:18	170	5:05:53	13:17:14	4:15:22
8	249	FRANCISCO DOMINGUEZ BE	SEGURO 1 DIA	198	1:35:36	18:34	197	6:55:31	25.99	05:54	173	5:12:15	14:07:49	5:05:57
9	168	AGUSTÍN RISUEÑO MARTÍN	CLUB TRIATLÓN SALAMANCA	200	1:35:51	05:42	202	7:00:21	25.69	02:49	181	5:27:48	14:12:29	5:10:37
10	167	JUAN JOSE GONZALEZ RAMI	CLUB TRIATLON CORUÑA	91	1:14:44	08:27	204	7:07:37	25.26	05:40	184	5:48:16	14:24:42	5:22:50
DNS	251	JOSE RAMON SANTOS PAZ	SEGURO 1 DIA											

DE 60 A 64 AÑOS MASCULINA

POS.	Nº	NOME	CLUB	P.	Natación	T1	P.	Ciclismo	Km/h.	T2	P.	Carrera:	META	Dif.
NC	174	RAUL OSCAR GONZALEZ-PA	CLUB IBERIA TRIATLÓN	199	1:35:45	14:52	211	7:35:14	23.72					
DNF	173	PEDRO VARA PINGARRON	ENERGY-BIKES TRIATLÓN GETAFE	205	1:36:47	18:48	3	3:50:33	46.85					

NORTHWEST TRIMAN 2021



CLUBS LARGA DISTANCIA MASCULINA

Localidade As Pontes

Data 27 de junio de 2021

Distancia

LD

Oficiais

Delegado Técnico: Alberto Morlán

Xuíz Arbitro: Mónica Flores

Responsable Oficiais: Mónica Flores

Xurado da Competición: Alberto Morlán (DT)

Bárbara Carbajales (FEGATRI)

Patricio Farias (CLUB)

Datos da competición

Temperatura exterior: 10 °C

Temperatura da auga: 18,3 °C

Neopreno: Permitido

Natación: 3,8 km

2 voltas

Ciclismo: 180 km

4 voltas

Carrera: 42,2 km

4 voltas

Inscritos : 244

Remataron : 187

Retirados : 29

Non Presentados : 19

Descalificados : 0

1 ARTROGAL-TRI 498

1	JOSE RAMON	LAGO CIVES	10:05:28
2	RAMON	VARELA GARCIA	10:12:19
3	JUAN MANUEL	MIRA IGLESIAS	11:38:10

2 CIDADE DE LUGO FLUVIAL

1	RAMON	ARIAS GARCIA	10:00:02
2	ENRIQUE	TELO FERNANDEZ	10:58:48
3	OSCAR	RODRIGUEZ RODRIGUEZ	11:57:03

3 LUB DE TRIATLÓN DIABLILLOS DE RIVA

1	ISRAEL	CAMPO LOPEZ	10:34:32
2	EZEQUIEL	GARZON ORTIZ	10:59:12
3	JOSE IGNACIO	RODRIGUEZ PARDILLO	11:39:54

4 TRIATLÓN UNIVERSITARIO DE MADRID

1	ISIDRO LUIS	SANTOS GARRIDO	11:02:00
2	GUILLERMO	GIMENEZ FERREIRO	11:25:27
3	JORGE	RODRÍGUEZ FERNÁNDEZ	11:29:39

5 TRIALHAMA

1	FRANCISCO JAVIER	PEÑAS COSTA	10:46:42
2	DOMINGO	CAVA BELCHI	11:07:39
3	ANTONIO JOSE	SIBINA SANCHEZ	12:04:37

6 C.T. BAHIA DE MALAGA

1	JOSE MARIA	MOLINA HIDALGO	10:27:36
2	JORGE	MORALES DE ASIS	11:17:28
3	JOSE ANTONIO	BAUTISTA MUÑOZ	12:33:31

7 NOSPORTLIMIT

1	ALEJANDRO EDUAR	GONZALEZ GONZALEZ	10:13:36
2	LUCAS	GONZALEZ ROCHA	11:52:27
3	JOSE MANUEL	TURNES CORDEIRO	12:41:28

8 TRIATLÓN TETUÁN

1	DIEGO	ROSENDE BARONA	11:16:59
2	JOSE IGNACIO	NIETO SANCHEZ	11:43:03
3	CRISTIAN	RENTERO DE LA PAZ	12:28:36

9 TRI.NET NUNCA ES TARDE

1	MARIO DAVID	GONZALEZ REVERON	12:29:07
2	CRISTIAN	GÓMEZ GÓMEZ	13:05:40
3	LUCIO	HERRERO	13:14:28

NORTHWEST TRIMAN 2021



CLUBS LARGA DISTANCIA MASCULINA

Localidade As Pontes

Data 27 de junio de 2021

Distancia

LD

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