

XIX DUATLÓN



LOCALIDADE	SANTIAGO	DATA	19/03/2022	DISTANCIA	SPRINT	MODALIDADE	DUATLON		
Delegado Técnico	MONICA FLORES			JURADO DE COMPETICIÓN		MONICA FLORES (DT)			
Juez Árbitro	ANTONIO ALONSO					ADRIAN VAZQUEZ (FEGATRI)			
Respons. Oficiais	MONICA FLORES					UXIA FERNANDEZ (AP SAN RAMON DE VILALBA9)			
PROBA				TEMP	CARREIRA	CICLISMO	CARREIRA		
XIXDUATLON CIDADE DE SANTIAGO				-	5000 METROS	18,5 KILÓMETROS	2,5 KILOMETROS		
ABSOLUTA FEMENINA					2 voltas	3 voltas	1 volta		
INSCRITOS	31	ACABAN	29	RETIRADOS	1	DESCALIFICADOS	0	NON PRESENTADOS	1

Clt	Dor.	Apellidos y nombre	Club	Grupo	Categoría	(Clt)	Sector 1	(Clt)	Sector 2	(Clt)	Sector 3	(Clt)	Tiempo	Diferencia
1	81	BREA ABREU Joselyn Daniely	CLUB DEPORTIVO DELIKIA	CON CORTE	ABF	(1)	00:18:30.557 (1)	00:38:58.839 (2)	00:10:11.993 (1)	01:07:41.389				
2	104	GARCIA LOPEZ Aida	TRIATLON INFORHOUSE SANTIAGO	CON CORTE	V1F	(1)	00:20:22.619 (4)	00:38:26.332 (1)	00:10:28.049 (3)	01:09:17.000	00:01:35.611			
3	82	TOBA SUAREZ Maria De La Barca	CIDADE DE LUGO FLUVIAL	CON CORTE	ABF	(2)	00:20:43.279 (6)	00:40:04.809 (3)	00:11:03.750 (7)	01:11:51.838	00:04:10.449			
4	83	FERNANDEZ BARREIROS Tina Marie	ARTROGAL-TRI 498	CON CORTE	ABF	(3)	00:19:21.354 (2)	00:43:10.562 (9)	00:10:24.855 (2)	01:12:56.771	00:05:15.382			
5	86	GARCIA LORENZO Silvia	ARTROGAL-TRI 498	CON CORTE	ABF	(4)	00:20:19.225 (3)	00:42:08.379 (7)	00:10:55.691 (6)	01:13:23.295	00:05:41.906			
6	88	GARCIA PEÑA Ana	TRIATLON INFORHOUSE SANTIAGO	CON CORTE	ABF	(5)	00:21:01.221 (7)	00:41:58.730 (5)	00:10:43.770 (5)	01:13:43.721	00:06:02.332			
7	90	FERNANDEZ GARCIA Uxia	TRIATLON RIAS BAIXAS	CON CORTE	ABF	(6)	00:21:21.260 (9)	00:41:56.761 (4)	00:11:05.129 (8)	01:14:23.150	00:06:41.761			
8	99	VIADDEL TURJANICOVA Patricie	CLUB OLIMPICO DE VEDRA	CON CORTE	SUB23F	(1)	00:20:30.361 (5)	00:43:58.946 (13)	00:10:35.570 (4)	01:15:04.877	00:07:23.488			
9	85	LOPEZ GESTAL Martina	TRIATLON INFORHOUSE SANTIAGO	CON CORTE	ABF	(7)	00:21:35.330 (12)	00:42:18.109 (8)	00:11:21.977 (9)	01:15:15.416	00:07:34.027			
10	111	MIGUENS OTERO Maria Elena	CLUB OLIMPICO DE VEDRA	CON CORTE	V2F	(1)	00:21:42.256 (13)	00:42:08.055 (6)	00:11:34.832 (11)	01:15:25.143	00:07:43.754			
11	103	NOVO DIOS Marta	TRIATLON FERROL	CON CORTE	JVF	(1)	00:21:15.400 (8)	00:44:39.485 (16)	00:11:29.484 (10)	01:17:24.369	00:09:42.980			
12	92	PENA CARBON Noemi	ARTROGAL-TRI 498	CON CORTE	ABF	(8)	00:22:27.326 (16)	00:43:29.926 (11)	00:11:49.102 (13)	01:17:46.354	00:10:04.965			
13	105	LORENZO PEREZ Natalia	CLUB TRIATLON COMPOSTELA	CON CORTE	V1F	(2)	00:21:28.420 (11)	00:45:06.426 (17)	00:11:40.820 (12)	01:18:15.666	00:10:34.277			
14	108	VILLAVERDE ROSALES Margarita	ARTROGAL-TRI 498	CON CORTE	V1F	(3)	00:22:16.186 (14)	00:44:07.043 (14)	00:12:23.144 (16)	01:18:46.373	00:11:04.984			
15	101	GONZALEZ VILAS Antia	TRIATLON INFORHOUSE SANTIAGO	CON CORTE	SUB23F	(2)	00:23:38.182 (20)	00:43:10.953 (10)	00:12:22.699 (14)	01:19:11.834	00:11:30.445			
16	95	PENSADO DEUS Adriana	TRIATLON INFORHOUSE SANTIAGO	CON CORTE	ABF	(9)	00:22:16.557 (15)	00:44:32.867 (15)	00:12:22.828 (15)	01:19:12.252	00:11:30.863			
17	84	HERMIDA MARTINEZ Vanesa	CIDADE DE LUGO FLUVIAL	CON CORTE	ABF	(10)	00:23:09.354 (17)	00:43:37.796 (12)	00:12:39.911 (17)	01:19:27.061	00:11:45.672			
18	87	GARCIA BEIRO Cristina	CLUB CERVECERIA O COTON NEGREI	CON CORTE	ABF	(11)	00:23:50.404 (24)			01:21:28.768	00:13:47.379			
19	100	FERNANDEZ DIAZ Uxia	A.POLIDEPORTIVA SAN RAMON DE V	CON CORTE	SUB23F	(3)	00:23:41.451 (21)			01:22:31.990	00:14:50.601			
20	98	RODRIGUEZ GIGIREY VILLAR Rosalia	CLUB TRIATLON COMPOSTELA	CON CORTE	ABF	(12)	00:21:26.127 (10)			01:22:48.201	00:15:06.812			
21	106	RODRIGUEZ LOURO Paula	ARTROGAL-TRI 498	CON CORTE	V1F	(4)	00:23:44.232 (23)			01:23:03.799	00:15:22.410			
22	89	ABELENDIA POSE Maria Estefania	TRIATLON ARTEIXO	CON CORTE	ABF	(13)	00:23:35.217 (19)			01:25:29.232	00:17:47.843			
23	109	IGLESIAS SANTIAGO Maria Angeles	CLUB DEPORTIVO PINARIUM	CON CORTE	V2F	(2)	00:23:12.275 (18)			01:25:38.080	00:17:56.691			
24	110	MOUGAN DOMINGUEZ Maria Isabel	CLUB TRIATLON COMPOSTELA	CON CORTE	V2F	(3)	00:25:58.635 (27)			01:28:58.713	00:21:17.324			
25	97	VIDAL RODIÑO Mercedes	TRIATLON RIAS BAIXAS	CON CORTE	ABF	(14)	00:25:19.494 (26)			01:29:22.775	00:21:41.386			
26	93	MACEIRA PENA Miriam	TRIATLON VILAGARCIA /ATENAS RU	CON CORTE	ABF	(15)	00:23:44.131 (22)			01:29:26.818	00:21:45.429			
27	91	SOUTO PRIETO Maria	CLUB TRIATLON COMPOSTELA	CON CORTE	ABF	(16)	00:24:55.002 (25)			01:33:26.545	00:25:45.156			
28	107	RAMOS ONS Ana	CLUB CERVECERIA O COTON NEGREI	CON CORTE	V1F	(5)	00:27:06.131 (28)			01:33:51.002	00:26:09.613			
29	96	PEREZ LAMELAS Elena	TRIATLON RIAS BAIXAS	CON CORTE	ABF	(17)	00:29:39.377 (29)			01:36:22.775	00:28:41.386			
NP	102	MULET GOMEZ Ana Patricia	CIDADE DE LUGO FLUVIAL	CON CORTE	JNF									
NF	94	CUBA KOSTER Esmeralda	CLUB TRIATLON COMPOSTELA	CON CORTE	ABF									



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EQUIPOS

1	104	GARCIA LOPEZ Aida	TRIATLON INFORHOUSE SANTIAGO	V1F	01:09:17.000	3:38:16
	88	GARCIA PEÑA Ana	TRIATLON INFORHOUSE SANTIAGO	ABF	01:13:43.721	
	85	LOPEZ GESTAL Martina	TRIATLON INFORHOUSE SANTIAGO	ABF	01:15:15.416	
2	83	FERNANDEZ BARREIROS Tina Marie	ARTROGAL-TRI 498	ABF	01:12:56.771	3:44:06
	86	GARCIA LORENZO Silvia	ARTROGAL-TRI 498	ABF	01:13:23.295	
	92	PENA CARBON Noemi	ARTROGAL-TRI 498	ABF	01:17:46.354	
3	105	LORENZO PEREZ Natalia	CLUB TRIATLON COMPOSTELA	V1F	01:18:15.666	4:10:03
	98	RODRIGUEZ GIGIREY VILLAR Rosalia	CLUB TRIATLON COMPOSTELA	ABF	01:22:48.201	
	110	MOUGAN DOMINGUEZ Maria Isabel	CLUB TRIATLON COMPOSTELA	V2F	01:28:58.713	
4	90	FERNANDEZ GARCIA Uxia	TRIATLON RIAS BAIXAS	ABF	01:14:23.150	4:20:09
	97	VIDAL RODIÑO Mercedes	TRIATLON RIAS BAIXAS	ABF	01:29:22.775	
	96	PEREZ LAMELAS Elena	TRIATLON RIAS BAIXAS	ABF	01:36:22.775	



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Delegado Técnico	MONICA FLORES			JURADO DE COMPETICIÓN		MONICA FLORES (DT)			
Juez Árbitro	ANTONIO ALONSO					ADRIAN VAZQUEZ (FEGATRI)			
Respons. Oficiais	MONICA FLORES					UXIA FERNANDEZ (AP SAN RAMON DE VILALBA9)			
PROBA				TEMP	CARREIRA	CICLISMO	CARREIRA		
XIXDUATLON CIDADE DE SANTIAGO				-	5000 METROS	18,5 KILÓMETROS	2,5 KILOMETROS		
ABSOLUTA MASCULINA					2 voltas	3 voltas	1 volta		
INSCRITOS	171	ACABAN	140	RETIRADOS	7	DESCALIFICADOS	8	NON PRESENTADOS	16

Cit	Dor.	Apellidos y nombre	Club	Grupo	Categoría	(Cit)	Sector 1	(Cit)	Sector 2	(Cit)	Sector 3	(Cit)	Tiempo	Diferencia
1	1	SANTIAGO FERNANDEZ Gustavo	CLUB TRIATLON POIO	CON CORTE	ABM	(1)	00:15:49.373	(2)	00:33:36.820	(18)	00:08:17.102	(2)	00:57:43.295	
2	2	MEDARD Facundo Ismael	TRIATLON ARTEIXO	CON CORTE	ABM	(2)	00:16:17.283	(3)	00:33:30.434	(15)	00:07:59.101	(1)	00:57:46.818	00:00:03.523
3	28	FERNANDEZ NIETO Cristian	TRIATLON INFORHOUSE SANTIAGO	CON CORTE	ABM	(3)	00:15:48.771	(1)	00:34:20.336	(30)	00:08:25.157	(3)	00:58:34.264	00:00:50.969
4	4	MUIÑO VARELA Cristian	TRIATLON INFORHOUSE SANTIAGO	CON CORTE	ABM	(4)	00:16:48.697	(4)	00:33:11.500	(4)	00:08:57.348	(6)	00:58:57.545	00:01:14.250
5	3	MARTINEZ LOUZA O Luis	TRIATLON RIAS BAIXAS	CON CORTE	ABM	(5)	00:16:48.811	(5)	00:33:16.199	(7)	00:09:07.008	(14)	00:59:12.018	00:01:28.723
6	37	OTERO IGLESIAS Alexandre	CLUB TRIATLON RIANXO	CON CORTE	ABM	(6)	00:16:48.975	(6)	00:33:24.222	(12)	00:09:05.520	(13)	00:59:18.717	00:01:35.422
7	45	PEREZ BLANCO Xose	TRIATLON INFORHOUSE SANTIAGO	CON CORTE	SUB23M	(1)	00:17:32.084	(26)	00:32:45.336	(1)	00:09:04.062	(12)	00:59:21.482	00:01:38.187
8	38	GÓMEZ OTERO Daniel	TRIATLON FERROL	CON CORTE	ABM	(7)	00:16:49.990	(9)	00:33:36.071	(17)	00:08:59.191	(8)	00:59:25.252	00:01:41.957
9	56	DOPAZO MIGUEZ Alberto	CLUB TRIATLON COMPOSTELA	CON CORTE	V1M	(1)	00:17:09.006	(10)	00:33:19.613	(10)	00:09:01.469	(10)	00:59:30.088	00:01:46.793
10	27	AFONSO LOPEZ Thomas	TRIATLON INFORHOUSE SANTIAGO	CON CORTE	ABM	(8)	00:16:49.482	(7)	00:33:17.934	(9)	00:09:25.801	(26)	00:59:33.217	00:01:49.922
11	6	CUTRIN LOPEZ David	CLUB TRIATLON COMPOSTELA	CON CORTE	ABM	(9)	00:17:10.018	(12)	00:33:23.324	(11)	00:09:01.090	(9)	00:59:34.432	00:01:51.137
12	43	OTERO PEREIRA Cesar	CLUB OLIMPICO DE VEDRA	CON CORTE	SUB23M	(2)	00:16:49.619	(8)	00:33:54.520	(23)	00:08:52.117	(4)	00:59:36.256	00:01:52.961
13	74	CREGO FERNANDEZ Jacobo	TRIATLON INFORHOUSE SANTIAGO	CON CORTE	V1M	(2)	00:17:29.553	(21)	00:33:14.988	(5)	00:08:56.102	(5)	00:59:40.643	00:01:57.348
14	59	GOMEZ RIOS Jose Antonio	ARTROGAL-TRI 498	CON CORTE	V1M	(3)	00:17:30.232	(23)	00:32:54.192	(2)	00:09:20.527	(19)	00:59:44.951	00:02:01.656
15	30	LESTIDO REY Martin	ARTROGAL-TRI 498	CON CORTE	ABM	(10)	00:17:26.697	(16)	00:33:08.574	(3)	00:09:23.465	(22)	00:59:58.736	00:02:15.441
16	57	JANEIRO LORENZO Jorge	CLUB TRIATLON POIO	CON CORTE	V1M	(4)	00:17:09.447	(11)	00:33:34.059	(16)	00:09:39.906	(34)	01:00:23.412	00:02:40.117
17	34	ESTEBAN FERREIRO David	TRIATLON ARTEIXO	CON CORTE	ABM	(11)	00:17:28.256	(18)	00:33:17.594	(8)	00:09:48.476	(45)	01:00:34.326	00:02:51.031
18	36	CENDAN LLORENS Francisco	CLUB TRIATLON COMPOSTELA	CON CORTE	ABM	(12)	00:17:28.447	(19)	00:33:52.824	(21)	00:09:15.372	(16)	01:00:36.643	00:02:53.348
19	23	GARCIA CARBALLO Ismael	CLUB OLIMPICO DE VEDRA	CON CORTE	ABM	(13)	00:17:30.787	(24)	00:33:15.047	(6)	00:09:58.582	(49)	01:00:44.416	00:03:01.121
20	71	TRONCOSO SOBRINO Ramon	CLUB ATLETISMO PORRIÑO	CON CORTE	V1M	(5)	00:17:40.025	(32)	00:34:00.481	(26)	00:09:19.140	(18)	01:00:59.646	00:03:16.351
21	76	FERRADANS VALDES Jorge	CLUB TRIATLON COMPOSTELA	CON CORTE	V1M	(6)	00:17:32.928	(27)	00:33:56.383	(24)	00:09:31.644	(28)	01:01:00.955	00:03:17.660
22	68	GONZALEZ REY Jose	CLUB CICLISTA MUROS	CON CORTE	V1M	(7)	00:18:12.357	(44)	00:33:29.008	(14)	00:09:21.680	(20)	01:01:03.045	00:03:19.750
23	31	ABOAL LOSADA Adrian	TRIATLON RIAS BAIXAS	CON CORTE	ABM	(14)	00:17:49.564	(36)	00:33:53.993	(22)	00:09:33.117	(30)	01:01:16.674	00:03:33.379
24	72	SANCHEZ VAZQUEZ Ruben	TRIATLON ARTEIXO	CON CORTE	V1M	(8)	00:17:55.084	(37)	00:33:44.043	(19)	00:09:41.984	(36)	01:01:21.111	00:03:37.816
25	32	SANTIAGO REY Diego	CLUB TRIATLON COMPOSTELA	CON CORTE	ABM	(15)	00:17:27.006	(17)	00:33:57.848	(25)	00:09:57.718	(48)	01:01:22.572	00:03:39.277
26	39	JAMARDO ABOY Sergio	CLUB TRIATLON POIO	CON CORTE	ABM	(16)	00:17:30.189	(22)	00:34:09.391	(27)	00:09:43.340	(38)	01:01:22.920	00:03:39.625
27	29	MALVAREZ LOURO Jesus	CLUB CICLISTA MUROS	CON CORTE	ABM	(17)	00:18:12.764	(45)	00:33:27.285	(13)	00:09:45.844	(41)	01:01:25.893	00:03:42.598
28	11	PEREZ VIEITES Diego	CLUB ATLETISMO PORRIÑO	CON CORTE	ABM	(18)	00:17:39.471	(31)	00:34:10.168	(28)	00:09:50.527	(46)	01:01:40.166	00:03:56.871
29	35	PICALLO MATO Adrian	CLUB OLIMPICO DE VEDRA	CON CORTE	ABM	(19)	00:17:28.729	(20)	00:34:18.457	(29)	00:10:00.820	(50)	01:01:48.006	00:04:04.711
30	172	OCERIN VAZQUEZ Mikel	TRIATLON ARTEIXO	SEN CORTE	ABM	(20)	00:17:18.666	(15)	00:35:35.383	(43)	00:08:57.976	(7)	01:01:52.025	00:04:08.730
31	168	SOUTO CORES Abel	CLUB TRIATLON CORUÑA	SEN CORTE	ABM	(21)	00:17:18.443	(14)	00:35:31.938	(41)	00:09:01.902	(11)	01:01:52.283	00:04:08.988
32	153	GONZALEZ ARIAS Juan Jose	TRIATLON ARTEIXO	SEN CORTE	ABM	(22)	00:17:41.619	(35)	00:35:16.106	(39)	00:09:08.793	(15)	01:02:06.518	00:04:23.223
33	183	CABALLERO GARCIA Pablo	A.D. FOGAR	SEN CORTE	ABM	(23)	00:17:40.807	(33)	00:35:11.191	(36)	00:09:16.551	(17)	01:02:08.549	00:04:25.254
34	171	JUMAA SALMEEN ALZAABI Faris Salem	A.D. TRI-PENTA TERRAS DE LUGO	SEN CORTE	ABM	(24)	00:17:41.162	(34)	00:35:15.285	(38)	00:09:22.946	(21)	01:02:19.393	00:04:36.098



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35	19	ROJO LUACES Adrian	TRIATLON INFORHOUSE SANTIAGO	CON CORTE	ABM	(25)	00:17:17.596	(13)	00:35:51.547	(46)	00:09:24.242	(23)	01:02:33.385	00:04:50.090
36	42	MARTINEZ MARTINEZ Iñigo	CLUB TRIATLON POIO	CON CORTE	ABM	(26)	00:17:55.678	(38)	00:35:12.496	(37)	00:09:30.617	(27)	01:02:38.791	00:04:55.496
37	50	BUJAN OTERO Jose Carlos	CLUB TRIATLON COMPOSTELA	CON CORTE	V1M	(9)	00:17:31.123	(25)	00:35:32.840	(42)	00:09:41.715	(35)	01:02:45.678	00:05:02.383
38	67	FERNANDEZ OTERO Gonzalo	TRIATLON VILAGARCIA /ATENAS RU	CON CORTE	V1M	(10)	00:18:17.627	(49)	00:34:56.219	(32)	00:09:36.527	(31)	01:02:50.373	00:05:07.078
39	16	LAIÑO SILVA Victor	CLUB NATACION RIVEIRA	CON CORTE	ABM	(27)	00:18:07.061	(41)	00:35:07.183	(35)	00:09:42.024	(37)	01:02:56.268	00:05:12.973
40	22	VILA PORTO Javier	CLUB ATLETISMO PORRIÑO	CON CORTE	ABM	(28)	00:18:25.662	(50)	00:34:47.840	(31)	00:09:45.098	(39)	01:02:58.600	00:05:15.305
41	41	LIJO ARES Yago	CLUB TRIATLON RIANXO	CON CORTE	ABM	(29)	00:17:38.838	(30)	00:35:37.875	(45)	00:09:53.168	(47)	01:03:09.881	00:05:26.586
42	33	MARIN MOLLINEDO Nicolas	TRIATLON VILAGARCIA /ATENAS RU	CON CORTE	ABM	(30)	00:17:57.021	(39)	00:35:18.977	(40)	00:10:04.633	(54)	01:03:20.631	00:05:37.336
43	18	AGRA RIAL Carlos	TRIATLON VILAGARCIA /ATENAS RU	CON CORTE	ABM	(31)	00:18:17.404	(48)	00:34:58.414	(34)	00:10:04.840	(55)	01:03:20.658	00:05:37.363
44	62	DOMINGUEZ SILVA Andres	CLUB CERVECERIA O COTON NEGREI	CON CORTE	V1M	(11)	00:17:34.170	(28)	00:36:44.016	(53)	00:09:31.847	(29)	01:03:50.033	00:06:06.738
45	51	IGLESIAS CARRERA Pio	CLUB TRIATLON COMPOSTELA	CON CORTE	V1M	(12)	00:17:57.717	(40)	00:36:28.168	(50)	00:09:24.246	(24)	01:03:50.131	00:06:06.836
46	75	RODRIGUEZ COLLAZO Javier	ARTROGAL-TRI 498	CON CORTE	V1M	(13)	00:18:16.205	(46)	00:34:56.742	(33)	00:10:54.461	(88)	01:04:07.408	00:06:24.113
47	9	BELLO GARCIA Juan Jose	CLUB CERVECERIA O COTON NEGREI	CON CORTE	ABM	(32)	00:17:34.170	(28)	00:37:03.430	(58)	00:09:37.539	(32)	01:04:15.139	00:06:31.844
48	65	GONZALEZ REY Bonifacio	CLUB CICLISTA MUROS	CON CORTE	V1M	(14)	00:18:10.889	(43)	00:36:30.757	(51)	00:09:39.653	(33)	01:04:21.299	00:06:38.004
49	217	RODRIGUEZ PAZ Alexandre	TRIATLON ARTEIXO	SEN CORTE	V1M	(15)	00:18:35.377	(57)	00:35:53.437	(48)	00:10:09.368	(59)	01:04:38.182	00:06:54.887
50	15	FERNANDEZ VAZQUEZ Oscar	TRIATLON INFORHOUSE SANTIAGO	CON CORTE	ABM	(33)	00:18:43.693	(62)	00:35:35.430	(44)	00:10:29.066	(72)	01:04:48.189	00:07:04.894
51	20	MARTINEZ BARGIELA Bruno	CLUB ATLETISMO PORRIÑO	CON CORTE	ABM	(34)	00:18:32.639	(54)	00:36:10.347	(49)	00:10:05.368	(56)	01:04:48.354	00:07:05.059
52	180	SANCHEZ RAMOS Alejandro	CLUB TRIATLON CORUÑA	SEN CORTE	ABM	(35)	00:20:15.756	(98)	00:33:52.215	(20)	00:11:08.496	(99)	01:05:16.467	00:07:33.172
53	164	OLIVEIRA RODRIGUEZ David	CLUB ATLETISMO PORRIÑO	SEN CORTE	ABM	(36)	00:18:35.697	(58)	00:37:09.574	(62)	00:09:46.672	(43)	01:05:31.943	00:07:48.648
54	226	COSTA PEREIRA Marcos	CIDADE DE LUGO FLUVIAL	SEN CORTE	V1M	(16)	00:18:57.459	(66)	00:36:51.668	(54)	00:09:45.519	(40)	01:05:34.646	00:07:51.351
55	159	CODESAL JUL Marcos	A.D. TRI-PENTA TERRAS DE LUGO	SEN CORTE	ABM	(37)	00:18:27.857	(51)	00:37:20.762	(64)	00:09:48.457	(44)	01:05:37.076	00:07:53.781
56	24	ALVARADO RODRIGUEZ Felipe	TRIATLON RIAS BAIXAS	CON CORTE	ABM	(38)	00:19:16.314	(75)	00:35:51.610	(47)	00:10:37.558	(77)	01:05:45.482	00:08:02.187
57	196	GARCIA-LOSA RODRIGUEZ Pelayo	CLUB TRIATLON BETANZOS	SEN CORTE	V1M	(17)	00:18:34.807	(56)	00:37:09.543	(61)	00:10:02.703	(52)	01:05:47.053	00:08:03.758
58	52	PINO PORTO Eduardo	CLUB ATLETISMO PORRIÑO	CON CORTE	V1M	(18)	00:19:12.221	(72)	00:36:40.062	(52)	00:10:11.129	(61)	01:06:03.412	00:08:20.117
59	26	CREO SABORIDO Alejandro	CLUB TRIATLON RIANXO	CON CORTE	ABM	(39)	00:18:32.818	(55)	00:37:55.563	(77)	00:09:46.043	(42)	01:06:14.424	00:08:31.129
60	176	SANTILLANA GARABANA Victor	NOSPORTLIMIT	SEN CORTE	ABM	(40)	00:18:37.873	(61)	00:37:13.379	(63)	00:10:31.625	(74)	01:06:22.877	00:08:39.582
61	185	ESPIÑEIRA MOSQUERA Martin	NOSPORTLIMIT	SEN CORTE	SUB23M	(3)	00:18:37.338	(60)	00:37:46.719	(74)	00:10:01.422	(51)	01:06:25.479	00:08:42.184
62	158	BALAYO GARCIA Alberto	CLUB CICLISTA MUROS	SEN CORTE	ABM	(41)	00:19:13.275	(73)	00:37:01.403	(55)	00:10:11.148	(62)	01:06:25.826	00:08:42.531
63	215	GONZALEZ VAZQUEZ Oscar	CIDADE DE LUGO FLUVIAL	SEN CORTE	V1M	(19)	00:19:18.686	(77)	00:37:05.632	(60)	00:10:05.606	(57)	01:06:29.924	00:08:46.629
64	191	RODRIGUEZ REY Carlos Jesus	CLUB TRIATLON COMPOSTELA	SEN CORTE	V1M	(20)	00:19:14.123	(74)	00:37:02.988	(56)	00:10:15.578	(66)	01:06:32.689	00:08:49.394
65	230	HERMO VILLAR Pablo	ARTROGAL-TRI 498	SEN CORTE	V1M	(21)	00:18:59.420	(67)	00:37:27.340	(66)	00:10:07.754	(58)	01:06:34.514	00:08:51.219
66	174	ALONSO ACEVEDO Anton	CLUB TRIATLON MAR DE VIGO	SEN CORTE	ABM	(42)	00:19:04.822	(70)	00:37:03.657	(59)	00:10:30.011	(73)	01:06:38.490	00:08:55.195
67	17	DOMINGUEZ SUAREZ Constantino Arturo	CLUB OLIMPICO DE VEDRA	CON CORTE	ABM	(43)	00:18:16.760	(47)	00:39:06.742	(96)	00:09:25.629	(25)	01:06:49.131	00:09:05.836
68	49	GARCIA BALEA Miguel	TRIATLON RIAS BAIXAS	CON CORTE	JVM	(1)	00:18:32.318	(53)	00:37:55.270	(76)	00:10:26.637	(71)	01:06:54.225	00:09:10.930
69	181	CASTRO TIELES Eloy	CLUB OLIMPICO DE VEDRA	SEN CORTE	ABM	(44)	00:18:36.135	(59)	00:37:50.945	(75)	00:10:47.684	(81)	01:07:14.764	00:09:31.469
70	167	SOLIS POSE Ivan	CLUB CERVECERIA O COTON NEGREI	SEN CORTE	ABM	(45)	00:18:31.061	(52)	00:38:39.871	(91)	00:10:04.300	(53)	01:07:15.232	00:09:31.937
71	55	COIRA LOJO Carlos	TRIATLON VILAGARCIA /ATENAS RU	CON CORTE	V1M	(22)	00:18:08.451	(42)	00:38:16.297	(84)	00:10:54.035	(87)	01:07:18.783	00:09:35.488
72	227	AGEITOS SAMPEDRO Juan Carlos	CLUB NATACION RIVEIRA	SEN CORTE	V1M	(23)	00:19:02.381	(69)	00:37:21.094	(65)	00:11:00.230	(96)	01:07:23.705	00:09:40.410
73	53	CANEIRO CANEIRO Marcos	TRIATLON FERROL	CON CORTE	V1M	(24)	00:19:32.080	(83)	00:37:29.223	(67)	00:10:24.281	(70)	01:07:25.584	00:09:42.289
74	58	VALLE LOPEZ Oscar	CLUB TRIATLON COMPOSTELA	CON CORTE	V1M	(25)	00:18:45.529	(63)	00:38:14.676	(82)	00:10:31.742	(75)	01:07:31.947	00:09:48.652
75	44	SOUTO PRIETO Antonio	CLUB TRIATLON COMPOSTELA	CON CORTE	SUB23M	(4)	00:18:47.420	(64)	00:37:40.719	(72)	00:11:10.941	(101)	01:07:39.080	00:09:55.785
76	160	VAZQUEZ GARCIA Ivan	TRIATLON VILAGARCIA /ATENAS RU	SEN CORTE	ABM	(46)	00:19:09.350	(71)	00:37:33.046	(69)	00:11:04.313	(98)	01:07:46.709	00:10:03.414
77	204	LISTE FAYA Rodrigo	CLUB TRIATLON CORUÑA	SEN CORTE	V1M	(26)	00:19:28.139	(82)	00:38:25.312	(88)	00:10:13.406	(65)	01:08:06.857	00:10:23.562
78	237	LEDO NOVOA Jose Eugenio	CLUB TRIATLON MAR DE VIGO	SEN CORTE	V2M	(1)	00:19:27.303	(81)	00:38:38.937	(90)	00:10:09.875	(60)	01:08:16.115	00:10:32.820
79	190	BOUZON OTERO Fernando Antonio	TRISADA	SEN CORTE	V1M	(27)	00:19:22.369	(79)	00:38:42.985	(92)	00:10:21.054	(68)	01:08:26.408	00:10:43.113
80	213	COSTA VAZQUEZ Rafael	CIDADE DE LUGO FLUVIAL	SEN CORTE	V1M	(28)	00:19:48.182	(88)	00:38:05.656	(80)	00:10:46.562	(80)	01:08:40.400	00:10:57.105



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127	182	MUÑOZ MILAN Pablo Ivan	A.D. NAUTICO DE NARON	SEN CORTE	ABM	(61)	00:20:00.705	(95)	00:44:25.793	(129)	00:12:14.805	(127)	01:16:41.303	00:18:58.008
128	177	PAZOS EIROA Juan	TRIATLON RIAS BAIXAS	SEN CORTE	ABM	(62)	00:22:02.635	(129)	00:41:22.082	(109)	00:13:17.371	(135)	01:16:42.088	00:18:58.793
129	222	CASTRO FERNANDEZ Xabier	TRIATLON INFORHOUSE SANTIAGO	SEN CORTE	V1M	(49)	00:20:45.967	(107)	00:45:17.000	(130)	00:12:03.168	(124)	01:18:06.135	00:20:22.840
130	234	BAUTISTA DAVILA Jose Carlos	CLUB ATLETISMO PORRIÑO	SEN CORTE	V2M	(10)	00:21:20.838	(120)	00:46:45.746	(133)	00:12:26.500	(130)	01:20:33.084	00:22:49.789
131	199	IGLESIAS PRADO Francisco Javier	TRIATLON INFORHOUSE SANTIAGO	SEN CORTE	V1M	(50)	00:22:26.666	(130)	00:46:39.746	(132)	00:12:41.715	(132)	01:21:48.127	00:24:04.832
132	228	ROMERO ONS Santiago	CLUB ATLETISMO PORRIÑO	SEN CORTE	V1M	(51)	00:24:00.350	(138)	00:44:03.714	(128)	00:13:47.903	(137)	01:21:51.967	00:24:08.672
133	187	SERRANO RIVAS Pablo	TRIATLON INFORHOUSE SANTIAGO	SEN CORTE	SUB23M	(8)	00:21:23.416	(121)	00:50:27.355	(137)	00:11:41.442	(118)	01:23:32.213	00:25:48.918
134	184	PAIS MOSQUERA Nicolas	TRIATLON INFORHOUSE SANTIAGO	SEN CORTE	JVM	(2)	00:21:56.330	(128)	00:48:31.723	(134)	00:13:35.176	(136)	01:24:03.229	00:26:19.934
135	245	OGANDO ESPANTOSO Alvaro	TRIATLON RIAS BAIXAS	SEN CORTE	V3M	(2)	00:25:15.369	(139)	00:45:54.574	(131)	00:13:07.118	(133)	01:24:17.061	00:26:33.766
136	225	DASAIRAS BOUZADA Millan	TRINAT GALICIA	SEN CORTE	V1M	(52)	00:22:54.123	(134)	00:50:28.359	(138)	00:12:12.801	(126)	01:25:35.283	00:27:51.988
137	243	RODRIGUEZ CARAMES Jose Manuel	CLUB ATLETISMO PORRIÑO	SEN CORTE	V3M	(3)	00:23:50.959	(137)	00:49:44.305	(136)	00:14:12.422	(138)	01:27:47.686	00:30:04.391
138	223	RIVAS POMBO Marcelino	NOSPORTLIMIT	SEN CORTE	V1M	(53)	00:23:07.537	(135)	00:51:51.926	(139)	00:13:13.465	(134)	01:28:12.928	00:30:29.633
139	236	ABALDE MORIN Eduardo	TRIATLON INFORHOUSE SANTIAGO	SEN CORTE	V2M	(11)	00:26:41.873	(140)	00:49:04.191	(135)	00:16:49.645	(140)	01:32:35.709	00:34:52.414
140	210	VILAR REINA Victor Manuel	A.D. NAUTICO DE NARON	SEN CORTE	V1M	(54)	00:23:10.404	(136)	00:56:11.325	(140)	00:14:46.015	(139)	01:34:07.744	00:36:24.449
NP	5	DOSIL LAGO Manuel Domingo	CLUB CICLISTA MUROS	CON CORTE	ABM									
NP	7	BUSTELO CATOIRA Carlos Alberto	TRIATLON VILAGARCIA /ATENAS RU	CON CORTE	ABM									
NP	10	LAGO MONROY Ismael	CLUB TRIATLON POIO	CON CORTE	ABM									
NP	21	LEON VIÑAS Ricardo	ARTROGAL-TRI 498	CON CORTE	ABM									
NP	47	GONZALEZ MARTINEZ Cristian	TRIATLON ARTEIXO	CON CORTE	JNM									
NP	54	NERCELLAS MENDEZ Javier	TRIATLON INFORHOUSE SANTIAGO	CON CORTE	V1M									
NP	60	CEPEDA REBOIRAS Jose Juan	CLUB OLIMPICO DE VEDRA	CON CORTE	V1M									
NP	63	SANTOMIL LAPIDO Miguel	ARTROGAL-TRI 498	CON CORTE	V1M									
NP	64	CANTARIÑO TAJES Alvaro	CLUB CICLISTA MUROS	CON CORTE	V1M									
NP	66	MORAN GONZALEZ Enrique	CLUB ATLETISMO PORRIÑO	CON CORTE	V1M									
NP	157	CARAMES GIL Oscar Benigno	CIDADE DE LUGO FLUVIAL	SEN CORTE	ABM									
NP	162	SESTAYO SEOANE Eloy	ARTROGAL-TRI 498	SEN CORTE	ABM									
NP	169	NEGREIRA MARTINEZ Ruben	TRIATLON INFORHOUSE SANTIAGO	SEN CORTE	ABM									
NP	198	AGEITOS GUDE Humberto	CLUB NATACION RIVEIRA	SEN CORTE	V1M									
NP	220	DIAZ IGLESIAS Juan Sebastian	A.D. TRI-PENTA TERRAS DE LUGO	SEN CORTE	V1M									
NP	241	RAMOS BOTANA Javier	CLUB TRIATLON BETANZOS	SEN CORTE	V2M									
NF	8	PRESAS FARALDO Domingo Manuel	CLUB TRIATLON CORUÑA	CON CORTE	ABM									
NF	14	LOSADA GARCIA Aitor	TRIATLON ARTEIXO	CON CORTE	ABM									
NF	25	ESCUDEIRO RIVAS Adrian	CLUB TRIATLON POIO	CON CORTE	ABM									
NF	69	JUANATEY GARCIA Carlos	ARTROGAL-TRI 498	CON CORTE	V1M									
NF	70	LOUREIRO AMENEIROS Jose Daniel	ARTROGAL-TRI 498	CON CORTE	V1M									
NF	154	PEREZ TABOADA Manuel Adrian	CLUB TRIATLON COMPOSTELA	SEN CORTE	ABM									
NF	229	PEREIRO ALONSO Diego	CLUB ATLETISMO PORRIÑO	SEN CORTE	V1M									
NC	12	QUINTELA PAIS Felix	CLUB TRIATLON COMPOSTELA	CON CORTE	ABM									
NC	40	VIAN PEREZ Gabriel	CIDADE DE LUGO FLUVIAL	CON CORTE	ABM									
NC	46	REY OLVEIRA Juan	A.D. NAUTICO DE NARON	CON CORTE	SUB23M									
NC	48	DE LA CRUZ CASALDERREY Andres	TRIATLON RIAS BAIXAS	CON CORTE	JVM									
NC	61	CANEIRO CANEIRO Alberto	TRIATLON FERROL	CON CORTE	V1M									
NC	73	SIERRA LOPEZ Rafael	TRIATLON RIAS BAIXAS	CON CORTE	V1M									
NC	200	CAO ESPIDO Gonzalo Antonio	TRIATLON INFORHOUSE SANTIAGO	SEN CORTE	V1M									
NC	202	CASTRO AMBOAGE Gustavo	TRIATLON INFORHOUSE SANTIAGO	SEN CORTE	V1M									



XIX DUATLÓN



EQUIPOS

1	28 FERNANDEZ NIETO Cristian	TRIATLON INFORHOUSE SANTIAGO	ABM	00:58:34.264	2:56:53
	4 MUIÑO VARELA Cristian	TRIATLON INFORHOUSE SANTIAGO	ABM	00:58:57.545	
	45 PEREZ BLANCO Xose	TRIATLON INFORHOUSE SANTIAGO	SUB23M	00:59:21.482	
2	1 SANTIAGO FERNANDEZ Gustavo	CLUB TRIATLON POIO	ABM	00:57:43.295	2:59:30
	57 JANEIRO LORENZO Jorge	CLUB TRIATLON POIO	V1M	01:00:23.412	
	39 JAMARDO ABOY Sergio	CLUB TRIATLON POIO	ABM	01:01:22.920	
3	56 DOPAZO MIGUEZ Alberto	CLUB TRIATLON COMPOSTELA	V1M	00:59:30.088	2:59:41
	6 CUTRIN LOPEZ David	CLUB TRIATLON COMPOSTELA	ABM	00:59:34.432	
	36 CENDAN LLORENS Francisco	CLUB TRIATLON COMPOSTELA	ABM	01:00:36.643	
4	2 MEDARD Facundo Ismael	TRIATLON ARTEIXO	ABM	00:57:46.818	2:59:42
	34 ESTEBAN FERREIRO David	TRIATLON ARTEIXO	ABM	01:00:34.326	
	72 SANCHEZ VAZQUEZ Ruben	TRIATLON ARTEIXO	V1M	01:01:21.111	
5	43 OTERO PEREIRA Cesar	CLUB OLIMPICO DE VEDRA	SUB23M	00:59:36.256	3:02:09
	23 GARCIA CARBALLO Ismael	CLUB OLIMPICO DE VEDRA	ABM	01:00:44.416	
	35 PICALLO MATO Adrian	CLUB OLIMPICO DE VEDRA	ABM	01:01:48.006	
6	59 GOMEZ RIOS Jose Antonio	ARTROGAL-TRI 498	V1M	00:59:44.951	3:03:51
	30 LESTIDO REY Martin	ARTROGAL-TRI 498	ABM	00:59:58.736	
	75 RODRIGUEZ COLLAZO Javier	ARTROGAL-TRI 498	V1M	01:04:07.408	
7	71 TRONCOSO SOBRINO Ramon	CLUB ATLETISMO PORRIÑO	V1M	01:00:59.646	3:05:38
	11 PEREZ VIEITES Diego	CLUB ATLETISMO PORRIÑO	ABM	01:01:40.166	
	22 VILA PORTO Javier	CLUB ATLETISMO PORRIÑO	ABM	01:02:58.600	
8	3 MARTINEZ LOUZAO Luis	TRIATLON RIAS BAIXAS	ABM	00:59:12.018	3:06:14
	31 ABOAL LOSADA Adrian	TRIATLON RIAS BAIXAS	ABM	01:01:16.674	
	24 ALVARADO RODRIGUEZ Felipe	TRIATLON RIAS BAIXAS	ABM	01:05:45.482	
9	68 GONZALEZ REY Jose	CLUB CICLISTA MUROS	V1M	01:01:03.045	3:06:50
	29 MALVAREZ LOURO Jesus	CLUB CICLISTA MUROS	ABM	01:01:25.893	
	65 GONZALEZ REY Bonifacio	CLUB CICLISTA MUROS	V1M	01:04:21.299	
10	37 OTERO IGLESIAS Alexandre	CLUB TRIATLON RIANXO	ABM	00:59:18.717	3:08:43
	41 LJO ARES Yago	CLUB TRIATLON RIANXO	ABM	01:03:09.881	
	26 CREO SABORIDO Alejandro	CLUB TRIATLON RIANXO	ABM	01:06:14.424	



XIX DUATLÓN



11	67 FERNANDEZ OTERO Gonzalo	TRIATLON VILAGARCIA /ATENAS RU	V1M	01:02:50.373	3:09:32
	33 MARIN MOLLINEDO Nicolas	TRIATLON VILAGARCIA /ATENAS RU	ABM	01:03:20.631	
	18 AGRA RIAL Carlos	TRIATLON VILAGARCIA /ATENAS RU	ABM	01:03:20.658	
12	168 SOUTO CORES Abel	CLUB TRIATLON CORUÑA	ABM	01:01:52.283	3:15:16
	180 SANCHEZ RAMOS Alejandro	CLUB TRIATLON CORUÑA	ABM	01:05:16.467	
	204 LISTE FAYA Rodrigo	CLUB TRIATLON CORUÑA	V1M	01:08:06.857	
13	62 DOMINGUEZ SILVA Andres	CLUB CERVECERIA O COTON NEGREI	V1M	01:03:50.033	3:15:20
	9 BELLO GARCIA Juan Jose	CLUB CERVECERIA O COTON NEGREI	ABM	01:04:15.139	
	167 SOLIS POSE Ivan	CLUB CERVECERIA O COTON NEGREI	ABM	01:07:15.232	
14	38 GÓMEZ OTERO Daniel	TRIATLON FERROL	ABM	00:59:25.252	3:15:46
	53 CANEIRO CANEIRO Marcos	TRIATLON FERROL	V1M	01:07:25.584	
	206 PEREZ VARGAS Francisco	TRIATLON FERROL	V1M	01:08:55.650	
15	171 JUMAA SALMEEN ALZAABI Faris Salem	A.D. TRI-PENTA TERRAS DE LUGO	ABM	01:02:19.393	3:17:21
	159 CODESAL JUL Marcos	A.D. TRI-PENTA TERRAS DE LUGO	ABM	01:05:37.076	
	175 FERNANDEZ GARCIA Ricardo	A.D. TRI-PENTA TERRAS DE LUGO	ABM	01:09:24.080	
16	226 COSTA PEREIRA Marcos	CIDADE DE LUGO FLUVIAL	V1M	01:05:34.646	3:20:45
	215 GONZALEZ VAZQUEZ Oscar	CIDADE DE LUGO FLUVIAL	V1M	01:06:29.924	
	213 COSTA VAZQUEZ Rafael	CIDADE DE LUGO FLUVIAL	V1M	01:08:40.400	
17	176 SANTILLANA GARABANA Victor	NOSPORTLIMIT	ABM	01:06:22.877	3:21:59
	185 ESPIÑEIRA MOSQUERA Martin	NOSPORTLIMIT	SUB23M	01:06:25.479	
	192 SOTO CAMPOS Alberto	NOSPORTLIMIT	V1M	01:09:10.561	
18	174 ALONSO ACEVEDO Anton	CLUB TRIATLON MAR DE VIGO	ABM	01:06:38.490	3:30:24
	237 LEDO NOVOA Jose Eugenio	CLUB TRIATLON MAR DE VIGO	V2M	01:08:16.115	
	161 MARTINEZ GRAÑA David	CLUB TRIATLON MAR DE VIGO	ABM	01:15:29.682	

