

RESULTADOS NADA-CORRE LUGO

PREBENXAMÍN FEMININO

Posto	Dorsal	Nome	Apelidos	Cat	Club	Natación	Carreira	Total	P
1	2	ROSALÍA	CID REBOLLO	PBF	A.D. FOGAR	00:25,00	00:53,55	01:18,55	
2	3	CANDELA	MARTINEZ-RAPOSO DE AYMERICH	PBF	TRIATLON FERROL	00:29,42	00:52,21	01:21,63	
3	1	LEIRE	RAMOS LÓPEZ	PBF	A.D. NAUTICO DE NARON	00:41,89	00:54,49	01:36,38	

PREBENXAMÍN MASCULINO

Posto	Dorsal	Nome	Apelidos	Cat	Club	Natación	Carreira	Total	P
1	12	ALEJANDRO	FARIAS NOVOA	PBM	CIDADE DE LUGO FLUVIAL	00:21,58	00:47,86	01:09,44	
2	13	ADRIAN	ALARCÓN POSE	PBM	TRIATLON FERROL	00:23,00	00:46,70	01:09,70	
3	11	LEO	GARCÍA GÓMEZ	PBM	CLUB TRIATLON CORUÑA	00:28,17	00:52,61	01:20,78	
4	10	ÁNGEL	MERA BASANTA	PBM	C. NATACION CEDEIRA MUEBLES GARCIA	00:26,79	00:57,08	01:23,87	
5	14	ISMAEL	DÍAZ NODAR	PBM	C. NATACION CEDEIRA MUEBLES GARCIA	00:27,78	00:59,42	01:27,20	
6	7	MATEO	MASEDA VAZQUEZ	PBM	CLUB TRIATLON VILALBA	00:26,32	01:02,05	01:28,37	
7	6	LUIS	DÍAZ PÉREZ	PBM	CLUB TRIATLON CORUÑA	00:35,58	00:55,00	01:30,58	
8	15	MARIO	BENASACH LÓPEZ	PBM	TRIATLON FERROL	00:30,32	01:00,80	01:31,12	
9	9	ROI	PEREZ CABANELA	PBM	CIDADE DE LUGO FLUVIAL	00:38,31	01:09,02	01:47,33	
	8	EDUARDO	VAZQUEZ AMIGO	PBM	CIDADE DE LUGO FLUVIAL		01:03,45	01:03,45	NF
	5	HUGO	ALAGE GARCÍA	PBM	A.D. NAUTICO DE NARON			00:00,00	NP
	4	JULEN	CASTRO VARELA	PBM	LICENZA TEMPORAL 1 DIA			00:00,00	NP

BENXAMÍN FEMININO

Posto	Dorsal	Nome	Apelidos	Cat	Club	Natación	Carreira	Total	P
1	24	PAULA	CASTRO FREIRE	BNF	C. NATACION CEDEIRA MUEBLES GARCIA	00:42,12	01:59,70	02:41,82	
2	25	MARÍA	BENASACH LÓPEZ	BNF	TRIATLON FERROL	00:50,05	01:53,77	02:43,82	
3	26	AROA	PRADO FERNANDEZ	BNF	CIDADE DE LUGO FLUVIAL	00:51,04	01:56,30	02:47,34	
4	22	CARME	LORENZO TEIJEIRO	BNF	C. NATACION CEDEIRA MUEBLES GARCIA	00:46,42	02:01,14	02:47,56	
5	21	LARA	FREIRE SUÁREZ	BNF	C. NATACION CEDEIRA MUEBLES GARCIA	00:51,45	01:58,58	02:50,03	
6	23	UXÍA	PÉREZ GONZÁLEZ	BNF	C. NATACION CEDEIRA MUEBLES GARCIA	00:40,66	02:10,77	02:51,43	
7	16	NOAH	DE CASTRO VÁZQUEZ	BNF	LICENZA TEMPORAL 1 DIA	00:59,90	01:54,27	02:54,17	
8	17	GRETA	CALVO GALLUZZO	BNF	CLUB TRIATLON CORUÑA	01:03,86	02:13,67	03:17,53	
9	19	PAULA	RILO ALLEGUE	BNF	TRIATLON FERROL	01:04,24	02:23,33	03:27,57	
10	18	AROA	VÁZQUEZ ÁLVAREZ	BNF	CIDADE DE LUGO FLUVIAL	01:11,84	02:20,05	03:31,89	
11	20	ANTÍA	OLIVEIRA ÁLVAREZ	BNF	TRIATLON FERROL	02:03,11	02:26,45	04:29,56	

BENXAMÍN MASCULINO



Posto	Dorsal	Nome	Apelidos	Cat	Club	Natación	Carreira	Total	P
1	41	JAVIER	LÓPEZ GONZÁLEZ	BNM	CLUB TRIATLON CORUÑA	00:42,10	01:43,77	02:25,87	
2	39	JORGE	LÓPEZ GONZÁLEZ	BNM	CLUB TRIATLON CORUÑA	00:43,33	01:45,14	02:28,47	
3	34	DYLAN	ALARCÓN POSE	BNM	TRIATLON FERROL	00:47,64	01:42,77	02:30,41	
4	36	IÑIGO	MARTINEZ-RAPOSO DE AYMERICH	BNM	TRIATLON FERROL	00:48,76	01:44,52	02:33,28	
5	35	ROI	AGRA PITA	BNM	TRIATLON FERROL	00:48,52	01:46,55	02:35,07	
6	43	WENCESLAO	OUBINA ALBACETE	BNM	A.D. FOGAR	00:52,62	01:43,30	02:35,92	
7	33	RAUL	ALVITE LÓPEZ	BNM	TRIATLON FERROL	00:52,88	01:45,77	02:38,65	
8	44	SIMÓN RODRIGO	CHACÍN AGULLÓ	BNM	C. NATACION CEDEIRA MUEBLES GARCIA	00:49,06	02:01,24	02:50,30	
9	40	DANIEL	SÁNCHEZ YÁÑEZ	BNM	TRIATLON FERROL	00:56,42	02:02,24	02:58,66	
10	27	IAGO	PERNAS NÚÑEZ	BNM	CLUB TRIATLON CORUÑA	01:07,47	02:01,61	03:09,08	
11	38	AITOR	CASARELLO JURJO	BNM	LICENZA TEMPORAL 1 DIA	00:52,39	02:17,33	03:09,72	
12	37	EIRIAN	QUIROGA VARON	BNM	CLUB MAR DE ARTABRIA	00:46,67	02:31,67	03:18,34	
13	30	ALAN	PLATAS SANTIN	BNM	CIDADE DE LUGO FLUVIAL	00:58,56	02:20,11	03:18,67	
14	32	GABRIEL	LOPEZ-COMPANIONI GARCÍA	BNM	TRIATLON FERROL	01:12,94	02:19,24	03:32,18	
15	28	JOSÉ	CARRO DIAZ	BNM	C. NATACION CEDEIRA MUEBLES GARCIA	01:02,14	02:30,99	03:33,13	
	29	MIKEL	CASTRO VARELA	BNM	LICENZA TEMPORAL 1 DIA			00:00,00	NP
	31	SAÚL	PÉREZ CASCUDO	BNM	CIDADE DE LUGO FLUVIAL			00:00,00	NP
	42	ADRIÁN	GÓMEZ CANEIRO	BNM	C. NATACION CEDEIRA MUEBLES GARCIA			00:00,00	NP

ALEVÍN FEMININO

Posto	Dorsal	Nome	Apelidos	Cat	Club	Natación	Carreira	Total	P
1	62	VEGA	YÁÑEZ AMENEIRO	ALF	A.D. NAUTICO DE NARON	01:25,34	01:39,05	03:04,39	
2	60	MAIA	PARDO BARRETO	ALF	C. NATACION CEDEIRA MUEBLES GARCIA	01:18,92	01:45,70	03:04,62	
3	63	ALMA	GARCIA GARCIA	ALF	CLUB TRIATLON CORUÑA	01:26,69	01:42,08	03:08,77	
4	64	ANNE	PORTO LÓPEZ	ALF	CLUB MAR DE ARTABRIA	01:27,30	01:43,70	03:11,00	
5	55	LUCÍA	ALVITE LÓPEZ	ALF	TRIATLON FERROL	01:34,60	01:36,86	03:11,46	
6	54	CECILIA	BENASACH LÓPEZ	ALF	TRIATLON FERROL	01:31,39	01:45,11	03:16,50	
7	56	MARTINA	SANTOMÉ GARCÍA	ALF	A.D. FOGAR	01:33,20	01:45,42	03:18,62	
8	59	CARLA	COLMENERO FERNÁNDEZ	ALF	TRIATLON FERROL	01:31,90	01:47,92	03:19,82	
9	48	IRIA	PERNAS NÚÑEZ	ALF	CLUB TRIATLON CORUÑA	01:46,82	01:44,42	03:31,24	
10	53	NEREA	RAMOS LÓPEZ	ALF	A.D. NAUTICO DE NARON	01:37,97	01:58,45	03:36,42	
11	57	CLOE	VARELA RODRÍGUEZ	ALF	CLUB MAR DE ARTABRIA	01:41,32	01:57,86	03:39,18	
12	58	LEIRE	CASTRO LUQUE	ALF	TRIATLON FERROL	01:41,25	01:58,21	03:39,46	
13	50	ANTONELLA	BELLON GARCIA	ALF	A.D. NAUTICO DE NARON	01:45,42	02:01,64	03:47,06	
14	52	ELBA	DIAZ SANMARTIN	ALF	CLUB TRIATLON BETANZOS	01:55,20	02:07,89	04:03,09	
15	51	ICIA	BALADO FLORES	ALF	CIDADE DE LUGO FLUVIAL	01:46,72	02:18,92	04:05,64	
16	61	ALBA	BLANCO GOMEZ	ALF	CLUB HERCULES TERMARIA	01:59,04	02:22,02	04:21,06	
17	45	ANNA	RAMOS LOPEZ	ALF	CIDADE DE LUGO FLUVIAL	01:58,77	02:25,08	04:23,85	
18	49	LÚA	FERNÁNDEZ GAYOSO	ALF	CIDADE DE LUGO FLUVIAL	01:51,61	02:43,55	04:35,16	
19	47	UXÍA	RODRÍGUEZ NOVO	ALF	CIDADE DE LUGO FLUVIAL	01:49,14	02:56,70	04:45,84	
	46	LEIRE	SANTIN DIAZ	ALF	CIDADE DE LUGO FLUVIAL			00:00,00	NP

ALEVÍN MASCULINO

Posto	Dorsal	Nome	Apelidos	Cat	Club	Natación	Carreira	Total	P
1	84	IVAN	GOMEZ CANEIRO	ALM	C. NATACION CEDEIRA MUEBLES GARCIA	01:14,72	01:33,08	02:47,80	
2	85	NICOLAS	VILLAR FERNANDEZ	ALM	CIDADE DE LUGO FLUVIAL	01:21,50	01:34,33	02:55,83	
3	78	ALVARO	DÍAZ PÉREZ	ALM	CLUB TRIATLON CORUÑA	01:26,00	01:46,58	03:12,58	
4	77	TADEO	SUAREZ FERNANDEZ	ALM	A.D. FOGAR	01:38,67	01:36,08	03:14,75	
5	76	IAGO	FREIRE SUÁREZ	ALM	C. NATACION CEDEIRA MUEBLES GARCIA	01:35,74	01:39,99	03:15,73	
6	70	JUAN	BRAÑAS LEONARDO	ALM	LICENZA TEMPORAL 1 DIA	01:37,77	01:38,52	03:16,29	
7	83	ADRIÁN	LÓPEZ LÓPEZ	ALM	CIDADE DE LUGO FLUVIAL	01:32,55	01:44,06	03:16,61	
8	86	ANTON	CASTRO FREIRE	ALM	C. NATACION CEDEIRA MUEBLES GARCIA	01:26,25	01:50,55	03:16,80	
9	68	ANTÓN	GARCIA GOMEZ	ALM	CLUB TRIATLON CORUÑA	01:38,24	01:42,49	03:20,73	
10	87	LEO	FONTEROSA PICO	ALM	TRIATLON FERROL	01:34,30	01:51,92	03:26,22	
11	81	NUNO	BARCIA BUGALLO	ALM	A.D. FOGAR	01:41,20	01:47,07	03:28,27	
12	75	FABIO	AVELLANEDA VÁZQUEZ	ALM	CLUB TRIATLON CORUÑA	01:44,45	01:47,58	03:32,03	
13	74	ROI	RABADE FERREIRO	ALM	CIDADE DE LUGO FLUVIAL	01:45,90	01:48,55	03:34,45	
14	79	DIEGO	BEREJO LOUREIRO	ALM	C. NATACION CEDEIRA MUEBLES GARCIA	01:46,74	01:56,24	03:42,98	
15	80	ETHAN	RODRIGUEZ CAMPOS	ALM	A.D. FOGAR	01:32,36	02:12,11	03:44,47	
16	71	LUCAS	FERNANDEZ FERNANDEZ	ALM	CLUB TRIATLON VILALBA	01:46,20	01:58,46	03:44,66	
17	73	MARTÍN	FERNÁNDEZ PRIETO	ALM	CLUB TRIATLON VILALBA	02:01,02	01:49,70	03:50,72	
18	67	ALEJANDRO	FERNÁNDEZ PERÉZ	ALM	A.D. NAUTICO DE NARON	01:53,65	02:03,95	03:57,60	
19	72	LEO	MATO LÓPEZ	ALM	A.D. FOGAR	02:01,06	01:57,86	03:58,92	
20	65	DAVID	LÓPEZ MARTÍNEZ	ALM	CIDADE DE LUGO FLUVIAL	01:55,03	02:30,74	04:25,77	
	69	SAMUEL	SECO RODRIGUEZ	ALM	CIDADE DE LUGO FLUVIAL			00:00,00	NP
	82	JAVIER	GÓMEZ RILO	ALM	CIDADE DE LUGO FLUVIAL			00:00,00	NP
	66	MAURO	VALES DAVID	ALM	A.D. FOGAR			00:00,00	NP

INFANTIL FEMININO

Posto	Dorsal	Nome	Apelidos	Cat	Club	Natación	Carreira	Total	P
1	103	IRENE	GARCIA NEBRIL	INF	C. NATACION CEDEIRA MUEBLES GARCIA	02:29,44	03:16,27	05:45,71	
2	102	NOA	VILLADONIGA SANESTEBAN	INF	C. NATACION CEDEIRA MUEBLES GARCIA	02:33,98	03:31,24	06:05,22	
3	104	ALBA	PORTO LÓPEZ	INF	CLUB MAR DE ARTABRIA	02:44,10	03:22,64	06:06,74	
4	101	AINHOA	DOPICO PENA	INF	C. NATACION CEDEIRA MUEBLES GARCIA	02:33,92	03:33,61	06:07,53	
5	100	CARMEN	GONZALEZ BURGO	INF	CIDADE DE LUGO FLUVIAL	02:46,56	03:32,67	06:19,23	
6	99	LEIRE	FERNANDEZ-PEITEADO ECHEVERRIA	INF	CLUB HERCULES TERMARIA	02:50,30	03:31,92	06:22,22	
7	97	CLOE	YÁÑEZ AMENEIRO	INF	A.D. NAUTICO DE NARON	02:44,48	03:41,99	06:26,47	
8	89	ESTELA	YÁÑEZ LOUREIRO	INF	CLUB TRIATLON CORUÑA	03:02,24	03:30,77	06:33,01	
9	105	ALOIA	ANDRADE SUAREZ	INF	A.D. NAUTICO DE NARON	02:55,21	03:42,64	06:37,85	
10	95	ITZIAR	FERNÁNDEZ RIVAS	INF	A.D. NAUTICO DE NARON	02:44,77	03:59,33	06:44,10	
11	96	CARMEN	DÍAZ PÉREZ	INF	CLUB TRIATLON CORUÑA	02:45,00	03:59,92	06:44,92	
12	94	LARA	RODRÍGUEZ NOVO	INF	CIDADE DE LUGO FLUVIAL	02:52,94	03:54,99	06:47,93	
13	98	CARLA	GUERRA IGLESIAS	INF	CLUB TRIATLON VILALBA	03:04,81	03:55,61	07:00,42	
14	91	MARTINA	CALVO GALLUZZO	INF	CLUB TRIATLON CORUÑA	03:15,66	03:58,77	07:14,43	
15	92	AMELIA	CARRILLO MELON	INF	CIDADE DE LUGO FLUVIAL	03:53,01	03:29,11	07:22,12	
16	90	CLAUDIA	VIVERO ALVAREZ	INF	CLUB TRIATLON VILALBA	03:30,90	04:04,17	07:35,07	
17	153	ADRIANA	CASARELLO JURJO	INF	LICENZA TEMPORAL 1 DIA	03:43,37	04:23,25	08:06,62	
	88	DANIELA	FERNANDEZ ALVAREZ	INF	CLUB MAR DE ARTABRIA			00:00,00	NP

INFANTIL MASCULINO

Posto	Dorsal	Nome	Apelidos	Cat	Club	Natación	Carreira	Total	P
1	126	DIEGO	SOUTO ANDÚJAR	INM	A.D. FOGAR	02:23,39	03:05,42	05:28,81	
2	125	MATEO	BOUZÓN BLANCO	INM	CLUB MAR DE ARTABRIA	02:36,44	03:10,92	05:47,36	
3	124	MATEO	CASTELO VARELA	INM	LICENZA TEMPORAL 1 DIA	02:23,56	03:31,64	05:55,20	
4	121	MIGUEL	BENASACH LÓPEZ	INM	TRIATLON FERROL	02:42,91	03:13,89	05:56,80	
5	118	HUGO	PITA PAZOS	INM	CLUB TRIATLON BETANZOS	02:43,98	03:13,11	05:57,09	
6	117	MARTÍN	OTERO VILLADONIGA	INM	C. NATACION CEDEIRA MUEBLES GARCIA	02:48,89	03:10,27	05:59,16	
7	116	JORGE	RODRIGUEZ COTROFE	INM	A.D. FOGAR	02:48,36	03:15,74	06:04,10	
8	113	ALEJANDRO	CASAL ALONSO	INM	CLUB TRIATLON CORUÑA	02:44,88	03:20,89	06:05,77	
9	119	MATEO	DIAZ SANMARTIN	INM	CLUB TRIATLON BETANZOS	02:40,94	03:25,74	06:06,68	
10	115	ANTON	VIÑA LOPEZ	INM	CLUB TRIATLON CORUÑA	03:02,56	03:04,83	06:07,39	
11	127	ALEJANDRO	YERA REGUEIRA	INM	A.D. FOGAR	02:33,52	03:37,99	06:11,51	
12	122	JUAN	GIRÁLDEZ DAFONTE	INM	A.D. FOGAR	02:35,40	03:39,30	06:14,70	
13	112	LUÁN	SANESTEBAN LÓPEZ	INM	C. NATACION CEDEIRA MUEBLES GARCIA	02:49,56	03:42,89	06:32,45	
14	120	BRUNO	PINTOS LOPEZ	INM	CLUB TRIATLON VILALBA	02:50,20	03:46,52	06:36,72	
15	114	MATEO	CUPEIRO LOPEZ	INM	CLUB TRIATLON VILALBA	03:13,63	03:28,95	06:42,58	
16	106	IAGO	LÓPEZ BAÑOBRE	INM	A.D. NAUTICO DE NARON	03:24,77	03:34,42	06:59,19	
17	111	XAVI	YANEZ AMADO	INM	CLUB TRIATLON VILALBA	03:18,55	04:12,58	07:31,13	
18	107	MAURO	MARTÍNEZ MANTIÑÁN	INM	CLUB HERCULES TERMARIA	03:15,36	04:21,80	07:37,16	
19	108	LUCAS	FERNANDEZ PRADO	INM	CLUB TRIATLON VILALBA	03:38,22	04:04,02	07:42,24	
20	110	PEDRO	RODRIGUEZ MACEIRAS	INM	A.D. FOGAR	03:16,28	04:47,17	08:03,45	
	109	ALEJANDRO	GARCIA REY	INM	CLUB HERCULES TERMARIA			00:00,00	NP
	123	ROQUE	CANEIRO FONTICOBA	INM	C. NATACION CEDEIRA MUEBLES GARCIA			00:00,00	NP

CADETE FEMININO

Posto	Dorsal	Nome	Apelidos	Cat	Club	Natación	Carreira	Total	P
1	139	CARMEN	RABADE REY	CDF	CIDADE DE LUGO FLUVIAL	03:48,54	05:10,86	08:59,40	
2	136	EUGENIA	VÉREZ SEOANE	CDF	CLUB TRIATLON VILALBA	03:59,42	05:09,36	09:08,78	
3	133	MARINA	ESMORIS VARELA	CDF	CLUB TRIATLON VILALBA	04:02,26	05:18,86	09:21,12	
4	130	CLAUDIA	MORAN GARCIA	CDF	CIDADE DE LUGO FLUVIAL	04:06,85	05:14,45	09:21,30	
5	141	IRENE	SANTOMÉ GARCÍA	CDF	A.D. FOGAR	04:10,30	05:38,67	09:48,97	
6	128	SABELA	PEREZ IGLESIAS	CDF	C. NATACION CEDEIRA MUEBLES GARCIA	04:12,30	05:41,89	09:54,19	
7	134	SARA	BASANTA PAZ	CDF	CLUB TRIATLON VILALBA	04:20,30	05:41,24	10:01,54	
8	131	JÁZMIN	RUBIO PARDO	CDF	A.D. NAUTICO DE NARON	04:02,24	06:41,83	10:44,07	
	138	DANIELA	BRUZOS ALONSO	CDF	CIDADE DE LUGO FLUVIAL	03:47,11		03:47,11	NF
	135	NEREA	GUERRA IGLESIAS	CDF	CLUB TRIATLON VILALBA	04:31,80		04:31,80	NF
	129	SARA	ROMERO GALDO	CDF	C. NATACION CEDEIRA MUEBLES GARCIA			00:00,00	NP
	132	CRISTINA	GÓMEZ RILO	CDF	CIDADE DE LUGO FLUVIAL			00:00,00	NP
	137	IRIA	MARTÍNEZ MANTIÑÁN	CDF	CLUB HERCULES TERMARIA			00:00,00	NP
	140	INES	DUARTE BAILON	CDF	A.D. FOGAR			00:00,00	NP

CADETE MASCULINO

Posto	Dorsal	Nome	Apelidos	Cat	Club	Natación	Carreira	Total	P
1	152	ARIEL	SOTO MEIZOSO	CDM	TRIATLON FERROL	03:42,47	04:37,02	08:19,49	
2	148	JAVIER	CAMPOS PACIO	CDM	A.D. NAUTICO DE NARON	03:40,33	04:45,40	08:25,73	
3	144	TOMAS	BAUTISTA BUGARIN	CDM	A.D. NAUTICO DE NARON	03:51,84	04:49,05	08:40,89	
4	151	IAGO	COSTA RODRIGUEZ	CDM	CIDADE DE LUGO FLUVIAL	03:51,66	05:07,40	08:59,06	
5	145	LINO	SOUTO TABOADA	CDM	A.D. FOGAR	04:04,78	04:57,08	09:01,86	
6	143	NICOLÁS	MATO LÓPEZ	CDM	A.D. FOGAR	04:07,17	04:57,90	09:05,07	
7	150	SAMUEL	LEGASPI VÁZQUEZ	CDM	CLUB TRIATLON VILALBA	03:51,30	05:17,58	09:08,88	
8	147	ALEX	FERNANDEZ FERNANDEZ	CDM	CLUB TRIATLON VILALBA	03:58,06	05:16,71	09:14,77	
9	149	KRISZTOFER	RUBIO PARDO	CDM	A.D. NAUTICO DE NARON	03:58,00	05:18,02	09:16,02	
10	146	ÁLVARO	GARCÍA LÓPEZ	CDM	CLUB TRIATLON BETANZOS	04:46,42	04:58,71	09:45,13	
11	142	DANIEL	BLANCO GOMEZ	CDM	CLUB HERCULES TERMARIA	04:39,40	06:37,65	11:17,05	